YOUR BANK HOLIDAY & VE DAY TV GUIDE

MORE CHANNELS THAN ANY OTHER TV MAG!

3-9 MAY 2025

TV & Satellite week

NEW

Long Way Home

Ewan McGregor and **Charley Boorman** get on their bikes for a trip around Europe

NEW

MARIE ANTOINETTE

There's danger and intrigue at the French palace

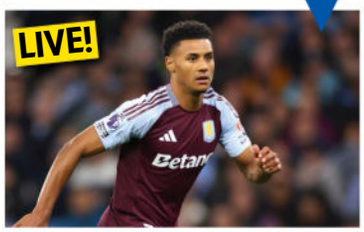
NEW

THE HANDMAID'S TALE

It's the twisted final season

HotList This week's 28

Saturday 3



Premier League
FOOTBALL *TNT Sports & Sky Sports*

With just a handful of games left of the season, Aston Villa play Fulham (TNT Sports 1, k-o 12.30pm). Later, it's Arsenal v Bournemouth (Sky Sports Main Event & Sky Sports Premier League, k-o 5.30pm).

Doctor Who
SCI-FI *BBC1, 7.10pm*

A familiar face pops up in the TARDIS this week as the Doctor's former companion Ruby Sunday returns to help out when Earth has to be saved from a terrifying new threat called The Shreek. *See feature, p12*

The Handmaid's Tale
DRAMA *C4, 9pm, & Prime Video*

The final season of the dystopian drama begins with June (Elisabeth Moss, above) on a train to Alaska, where Serena is also headed – as long as her identity can remain hidden. *See feature, page 11*

Families Like Ours
DRAMA *BBC4, 9pm & 9.50pm (box set, BBC iPlayer)*

A thought-provoking Danish seven-parter set in the not-too-distant future. Rising sea levels force Denmark's government to evacuate its entire population.

Full listings start on **p35**

Sunday 4

Star Wars: Tales of the Underworld
ANIMATION *Disney+*

This anthology series, which is set in the Star Wars galaxy, follows a pair of iconic villains – on-the-run bounty hunter Asajj Ventress and the outlaw Cad Bane (above).

World Championship
SNOOKER *BBC1 & BBC2, from 1pm*

After a fortnight of action in Sheffield, the tournament reaches its climax today and tomorrow, with the last two players standing battling it out in a best-of-35-frames final. *See Sport Week, page 28*

Antiques Roadshow
FACTUAL *BBC1, 8pm*

A special edition of the show to mark the 80th anniversary of VE Day. Fiona Bruce (above) heads to Karlshorst in Berlin and Bletchley Park, the home of Allied codebreakers.

Malpractice
DRAMA *ITV1, 9pm (box set, ITVX)*

As the medical drama returns, psychiatric registrar Dr James Ford (Tom Hughes) is the focus as he finds himself under investigation when a patient takes her own life. Continues to Tuesday. *See feature, p12*

Full listings start on **p45**

Holiday Mon 5

Harry Wild
CRIME DRAMA *Acorn TV*

The Irish crime drama starring Jane Seymour (above) as professor turned PI Harriet 'Harry' Wild returns. Harry and Fergus take on an unexpected new client. *See Your Watchlist, page 17*

VE Day 80: The Nation Pays Tribute
FACTUAL *BBC1, 10.30am*

Live coverage of the military procession through London to mark 80 years since the end of World War Two in Europe. *See feature, page 8*

Narrow Escapes
REALITY *C4, 4pm*

The series about people who call the UK's canal network home returns and starts with a retired couple who have swapped life working on the Underground for one on their boat *Rosé & Gin*. Continues all week.

Silence Is Golden
ENTERTAINMENT *U&Dave, 9pm (box set, U)*

Dermot O'Leary (above) hosts this *Last One Laughing*-esque game in which the studio audience is given £250K. They can keep the cash if they can stay quiet while teams of comics try to entertain them.

Full listings start on **p55**

Tuesday 6

Dad's Army at the BBC
COMEDY *BBC2, 7.30pm*

Toby Jones, who played Captain Mainwaring in the 2016 big-screen adaptation of the comedy, narrates a selection of classic clips featuring Walmington-on-Sea's Home Guard.

Champions League
FOOTBALL *Prime Video, kick-off 8pm*

Coverage of the semi-final second leg at the San Siro between continental heavyweights Inter Milan, who have won the European Cup three times, and five-time winners Barcelona.

Who Do You Think You Are?
FACTUAL *BBC1, 9pm*

This week it's the turn of former EastEnder Ross Kemp (above), who learns that his four-times great-grandfather was a drummer boy in the Napoleonic Wars. *See Documentaries, page 20*

David Hockney: A Life in Art – The Interview
FACTUAL *BBC4, 10pm*

Britain's most popular living artist (above), whose *Pieced Together* exhibition is currently at Bradford's National Science and Media Museum, talks about his life and career.

Full listings start on **p65**

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best shows

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3-9 MAY 2025

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ALL TRANSMISSION DETAILS GIVEN ARE CORRECT AT THE TIME OF GOING TO PRESS. COVER PHOTOS: APPLE TV+, BBC, C4, ADOBE STOCK. HOTLIST WORDS: LYNETTE BRIGHTON, RACHEL PRICE. HOTLIST PHOTOS: ALAMY, DISNEY+, GETTY, SHUTTERSTOCK

Wednesday 7

Champions League
FOOTBALL *TNT Sports 1, kick-off 8pm*
Arsenal will hope to have a first-leg semi-final lead to take with them to the Parc des Princes to meet Paris Saint-Germain, who, like the Gunners, have never lifted the European Cup.

The Repair Shop
FACTUAL *BBC1, 8pm*
The team mark the 80th anniversary of VE Day by taking on four special items, each with an extraordinary wartime story. John, a 101-year-old Royal Navy veteran, brings in a timepiece that hasn't worked for years.

Race Across the World
REALITY *BBC1, 9pm*
As the epic trek from the Great Wall of China to the southern tip of India continues, which of the five duos taking part will be forging ahead, and will any of them be proving savvy with the budget?

Dead Man Walking: Dan Walker on Death Row
DOCUMENTARY *5, 9pm*
Heading to the US to explore capital punishment, Dan Walker meets a man who has been on death row for more than 20 years. *See Documentaries, page 21*

Full listings start on **p75**

Thursday 8

Octopus!
DOCUMENTARY *Prime Video*
Fleabag's Phoebe Waller-Bridge produces and narrates this fascinating two-part documentary exploring one of the most intelligent and mysterious life forms on the planet.

VE Day 80: A Celebration to Remember
ENTERTAINMENT *BBC1, 8pm*
Following this morning's Service of Thanksgiving (BBC1, 10.45am), Zoe Ball hosts a concert at Horse Guards Parade. Samantha Barks (above) will perform. *See feature, p8*

Marie Antoinette
DRAMA *BBC2, 9pm (box set, BBC iPlayer)*
The French historical drama starring Emilia Schüle (above) as the last queen of France returns, and Marie Antoinette and King Louis are facing an unprecedented financial crisis. *See feature, page 6*

Poker Face
COMEDY DRAMA *Sky Max & Sky Showcase, 9pm, 10pm & 11pm*
Natasha Lyonne's quirky casino worker Charlie, who has an uncanny ability to spot a lie, is back – and on the run from crime boss Beatrix Hasp. *See feature, page 7*

Full listings start on **p85**

Friday 9

Nonnas
COMEDY *Netflix*
Vince Vaughn leads the cast in this heart-warming tale about a Staten Island restaurant serving food prepared by Italian grans! With Susan Sarandon and Talia Shire. *See Your Watchlist, page 14*

Long Way Home
TRAVELOGUE *Apple TV+*
Two decades after the original series, Ewan McGregor and Charley Boorman are hitting the road again for a 10,000-mile multi-country European trip on vintage motorcycles. *See feature, page 4*

Monster Summer
FANTASY DRAMA *Paramount+*
Mel Gibson (above) stars in this spooky family adventure in which a teenager teams up with a retired police detective to save the island where they live from supernatural forces.

Speak No Evil
HORROR *Sky Premiere, 12.05pm & 8pm*
James McAvoy (above) stars in this horror film as Paddy, who, with his wife, befriends an American couple while on holiday in Italy, and invites them to stay at their remote farmhouse. *See review, page 24*

Full listings start on **p95**

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Vroom with a view

NEW FROM tv+

Ewan McGregor and Charley Boorman explore Europe on 1970s vintage motorbikes

NEW TRAVELOGUE

Long Way Home

From Friday 9 May, Apple TV+ (first two episodes from Friday 9 May, then weekly)

Unbelievably, it has been more than 20 years since Star Wars and *Trainspotting* actor Ewan McGregor and his best friend Charley Boorman got on their motorcycles to ride from London to New York for their travelogue series *Long Way Round*.

This week, the chums, who met while filming 1997 romantic drama *The Serpent's Kiss*, are getting back on their bikes for a fourth instalment of their travel series: a 10,000-mile road trip across Europe, from McGregor's house in Perthshire, Scotland, to Boorman's home in Surrey, England – the long, scenic route!

Over two months and 10 episodes, the pair will travel through more than a dozen countries in a route that takes them across Scandinavia, into the Baltic nations, and through Eastern and Central Europe before crossing the Channel. And this time, they'll be riding a pair of vintage motorcycles, with McGregor, 54, on a 1974 Moto Guzzi Eldorado police bike and Boorman, 58, on a 1972 BMW.

Here, the pair tell us all about their latest jaunt…

Why did you choose to explore Europe this time?

McGregor We'd never explored this part of the world before, and we wanted to do a shorter, closer-to-home trip.

Boorman When you go on an adventure, most people head south towards Africa or South America, but neither of us had ever explored the northern part of Europe before.

What were your highlights?

McGregor I loved Norway. It's everything it's cracked up to be. Then there was a big lake in Finland that has a thousand islands that was beautiful. I also loved Poland.

Boorman This trip was much more compact than our usual ones, so we were able to experience it in a very different way and to meet so many more people.

What local sports did you discover along the way?

Boorman In the old days in

'Instead of being these slightly hipster guys, we ended up being rain guys'

CHARLEY BOORMAN

WORDS: NATASHA HOLT. PHOTOS: APPLE TV+, GETTY

Denmark, farmers would pole-vault over canals and ditches to get around their land. Now, it's been turned into a sport and I loved watching it.

McGregor In Finland, we also came across people racing snowmobiles on a river. Snowmobiles don't float and the only thing that keeps them on top of the water is their speed, so if you slow down, they immediately sink. It was unbelievable.

Did anything go wrong?

Boorman When we left Ewan's house in Scotland, we were wearing all this summer gear and we were full of the excitement of adventure. We got down to the end of the road and it started raining, and for about four and a half weeks, it never really stopped. After a few days, we had to completely change all of our gear, and instead of being these slightly hipster guys, we ended up being rain guys.

McGregor We dressed totally for the motorcycles but not for the elements. We looked right for the bikes in jeans, old-fashioned style leather jackets and open-face helmets but then it started raining and we were like, 'Can you send out those triple-waterproof trousers?'

Did you have any memorable meals on the trip?

McGregor Yes, in Latvia. It was a Scotch egg made from a seagull's egg surrounded by seal meat and it was horrible! That was bad enough but then I accidentally put some seal-liver pâté on a cracker – I've never tasted anything so disgusting in my life.

Boorman It was very funny watching Ewan's contorted face when he suddenly realised what he was eating.

Finally, do these trips test your friendship?

McGregor Not really, no. We have ups and downs like everybody does but we are very good at giving each other space. When we did our first trip together, we met a guy who said, 'When you do a trip like this with your friend, you have to be prepared to split up.' But we've never been at that place.

Best friends McGregor and Boorman

THE ROUTE

TOUR HIGHLIGHTS

SCOTLAND

After McGregor resurrects his old Californian police bike and Boorman brings a 1970s rust heap back from the dead, the pals are piped off from Scotland, taking a ferry to the Netherlands and visiting Boorman's mum's home town in Germany before heading to Denmark.

The Svalbard archipelago

NORWAY

The pair travel through Norway's scenic roads, including the spectacular mountain road at Lysevegen with its 27 hairpin bends, taking in Viking churches and ancient rock formations. The pair temporarily ditch their bikes to fly to Svalbard, an archipelago in the Arctic (not shown on the map, above) where the effects of climate change hit home.

FINLAND

The chums meet a man with a fascinating connection to the Lapland forest and come across two crazy motorsport events. Travelling to the Finnish lakes, they camp on a beautiful island and give logrolling a try.

McGregor with a pipe band in Scotland

ESTONIA

McGregor's bike finally gives out in Estonia and after mechanics step in, he and Boorman resume exploring the Baltic landscape. Feeling nostalgic, they retrace part of their route from their *Long Way Round* series 20 years ago and visit a Ukrainian refugee centre.

The hairpin bends at Lysevegen

SWITZERLAND

The pair round off an Alpine adventure with paragliding, Swiss golf and a brush with an eccentric artist – before making the long ride home to England.

Jeanne La Motte
Freya Mavor
Jeanne is a daring and cunning con artist who orchestrates the most audacious diamond heist in French history.

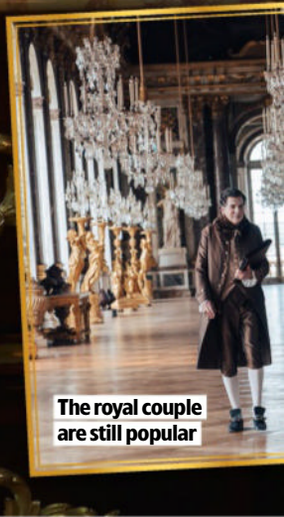
Chartres
Oscar Lesage
Formerly Marie Antoinette's friend, the royal cousin was exiled from Versailles after she rejected his advances. Now, he wants his revenge...

King Louis XVI
Louis Cunningham
Marie Antoinette's husband hopes to modernise the monarchy, but he is dealing with a failing economy and hiding a terrible secret from his wife.

Marie Antoinette
Emilia Schüle
The queen feels lonely at Versailles and takes solace in her children, and also battles with her feelings for Swedish soldier Axel von Fersen.

A **ruthless con woman** threatens Marie Antoinette's reign at Versailles

French connection


The royal couple are still popular

NEW DRAMA

Marie Antoinette

Thursday, 9pm, BBC2
(box set, BBC iPlayer)

The Palace of Versailles welcomes viewers back to its lavish but treacherous court this week as we rejoin Marie Antoinette and King Louis XVI for a second run of period drama *Marie Antoinette*.

And, surprisingly, as we catch up with the last-ever monarchs of France in 1783, we discover they are enjoying a harmonious period in their reign.

'Marie Antoinette is definitely not the teenager she was,' says Emilia Schüle, who plays her. 'She's a mother, she's a dedicated queen, she's quite popular. Her reign is at its peak. But it's not easy at Versailles – there are many, many forces working against her.'

Provence (Jack Archer)

CHALLENGING TIMES

In the first episode, France is in the grip of the coldest winter on record. Many of its people are starving, but the royal couple are adored for their compassion and charity. However, behind the scenes, the country is in debt and Louis (Louis Cunningham) is struggling with the burden.

His brother, Provence (Jack Archer), is determined to replace him on the throne and his cousin, Chartres (Oscar Lesage), has just become the richest man in France and he plans to use his new-found power to destroy Marie Antoinette, who rejected his advances and banished him from Versailles.

The scheming Chartres makes his own palace the epicentre of political dissent and tries to turn the French people against their beloved queen by painting her as a spoilt, greedy and selfish adulteress.

'Season 1 was like a walk in the park for Marie Antoinette, but Season 2 is much more high-stakes with everything leading up to the revolution,' says Schüle, 32. 'It's spicy and very exciting.'

However, for the moment, the monarchs stand united.

'They've settled into this new platonic love,' says Cunningham, 27. 'They have produced heirs, so they have done their duty, and they can really lean into that friendship they have. But there are these secrets that are going to grow throughout the season and will stand between them.'

One such secret is Marie Antoinette's yearning for her lover, Swedish soldier Axel von Fersen.

Meanwhile, she and Louis face a new threat in the shape of ruthless con artist Jeanne La Motte (*Industry*'s Freya Mavor). Jeanne wants to make her fortune at Versailles and is the instigator of the infamous 'diamond necklace affair' – a real-life plot to steal the world's most expensive necklace and blame it on Marie Antoinette.

NEW PLAYER

'Jeanne is very much outside the world of Versailles, but she wants to have control and influence there,' says Mavor, 31. 'She comes from an intensely brutal, poor and traumatic background and is a total fantasist. But she's incredibly ruthless in the way she acts, and will perform, lie and manipulate in order to get herself where she wants to be.'

'It's incredible how little we know about the diamond-necklace affair because it sheds light on this whole part of history,' adds Schüle. 'Jeanne was definitely one of the people who really harmed the reputation of the monarchy. It's an incredible story.'

The Princess of Lamballe (Jasmine Blackborow) looks out for Marie Antoinette

Charlie Cale's back in her Plymouth Barracuda

Raising the STAKES

Lie-detecting sleuth **Charlie is on the run** in *Poker Face*

NEW COMEDY DRAMA

Poker Face

Thursday, 9pm, 10pm & 11pm,
Sky Max & Sky Showcase

When crime caper *Poker Face* hit our screens in 2023, the playful 'howdunnit' was an immediate hit. Now, Natasha Lyonne is back with a second star-studded season of the murder-mystery series inspired by classic TV sleuthing shows *Columbo* and *Murder, She Wrote*.

As Season 2 opens, quirky former casino worker Charlie Cale (Lyonne) is on the run from crime boss Beatrix Hasp (Rhea Perlman) after refusing to let the gangster utilise her uncanny lie-detecting abilities.

With the Mob on her tail, Charlie encounters a fresh array of colourful characters as she travels across the US in her Plymouth Barracuda.

'Charlie is ultimately an optimist, but in Season 2, she is now a lone wolf,' says Lyonne, 46. 'We've taken her journey to the next level.'

STELLAR CAST

The new season features an array of guest stars including *Silicon Valley*'s Kumail Nanjiani as an alligator-loving cop, while *Yellowjackets*' Melanie Lynskey and *Star Trek*'s John Cho co-star in a story about con artists. Look out, too, for Katie Holmes, John Mulaney and Awkwafina, while *Wicked* favourite Cynthia Erivo appears in the opening episode – playing multiple siblings!

Natasha Lyonne

'Cynthia would do half of her scene, go and change, come back, do the other half, and somehow kept it all in her head,' reveals creator Rian Johnson, 51. 'The guests are a fun mixture of friends Natasha and I have worked with and people we've always respected.'

WEEKLY MYSTERIES

This time around, we find Charlie getting involved with animal-rights activists, the death of a minor-league baseball player, and foul play at a wedding. But don't expect any huge revelations about Charlie's backstory along the way.

'With *Poker Face*, we're thinking episode to episode. The overall arc is not what drives the show – that's not what keeps people watching,' says Johnson. 'What we reveal about Charlie this season is not her backstory but how she deals with each new situation. We want to keep her on the road, doing these mysteries for as long as we can.'

WORDS: NATASHA HOLT, ELAINE REILLY PHOTOS: BBC, SKY, PEACOCK

The celebrations in London's Piccadilly Circus on 8 May 1945

V for Victory!

A host of special shows and events commemorate the **80th anniversary of VE Day**

From left: Princess Elizabeth, the Queen, Winston Churchill, King George VI and Princess Margaret on the balcony of Buckingham Palace on VE Day

NEW FACTUAL

VE Day 80

Holiday Monday-Thursday, times vary, BBC1 & BBC2

On 8 May 1945, the nation finally welcomed a new dawn of peace as World War Two drew to a close across Europe when Germany unconditionally surrendered to the Allied forces.

This week, to celebrate the victory in Europe, there's a range of programming to mark the 80th anniversary of VE Day on Thursday.

'This is the moment to reflect on the whole war effort, not just those who fought abroad but also those on the home front,' says Sophie Raworth, who is helming the BBC's coverage, which includes a fly-past and a Service of Thanksgiving.

Raworth will also speak to those who lived through the war about their memories.

'Many people remember the celebrations, hearing the news that Germany had surrendered, and the relief that the air raids were over,' she says. 'It's important to keep telling their stories as their numbers dwindle. I feel privileged to help them do that.'

MILITARY PROCESSION

The key commemorations get under way on Holiday Monday with *VE Day 80: The Nation Pays Tribute* (10.30am, BBC1). A military procession begins at the Cenotaph and ends at Buckingham Palace, where the Royal Family will gather on the balcony to watch a fly-past of current and historical military aircraft. News channels will also feature coverage of the street parties that will be taking place across the country.

WE WILL REMEMBER THEM

On Tuesday, there will be an unveiling at the Tower of London of 30,000 ceramic poppies (which previously marked the centenary of World War One in 2014), and historic buildings around the UK will be lit up in red, white and blue that evening.

Presenter Sophie Raworth

The famous ceramic poppies will return to the Tower of London

Meanwhile, on Wednesday, news channels will also include footage of a concert by the Parliament Choir at Westminster Hall in the Palace of Westminster.

Then, on Thursday, *VE Day 80: The Nation Remembers* (10.45am, BBC1) will follow the 11am Service of Thanksgiving at Westminster Abbey, which is expected to be attended by King Charles, members of the Royal Family and the government, and veterans.

STARS OF THE SHOW

The anniversary will culminate with *VE Day 80:*

WORDS: CAREN CLARK. ALISON SLADE. PHOTOS: ADOBE STOCK, BBC, GETTY, ITV

A Celebration to Remember on Thursday (8pm, BBC1). Hosted by Zoe Ball, the live concert from Horse Guards Parade will see performances from stars including Fleur East, Calum Scott and Samantha Barks.

'I'm honoured to play a role in the celebrations of such a momentous occasion,' says Ball. 'My dear dad, Johnny Ball, was six on VE Day – his memories are incredible. Our great-grandparents and grandparents, our families and our nation went through so much. We must always remember the bravery and sacrifices of so many for our freedom, and this will be a special night with magnificent performances.'

Bletchley Park

OTHER HIGHLIGHTS

Antiques Roadshow: VE Day Special

Sunday, 8pm, BBC1

Filmed in Berlin and at Bletchley Park in Buckinghamshire, this special features memorabilia such as a pair of miniature clogs given to a British soldier who was helped by a Dutch family.

The One Show: VE Day 80 Special

Holiday Monday, 6.30pm, BBC1

Al Murray (left) meets 110-year-old former Desert Rat Donald Rose.

Dad's Army at the BBC

Tuesday, 7.30pm, BBC2

Narrated by Toby Jones, the one-off looks back at the much-loved sitcom's stars (pictured) in clips from the archives.

The Repair Shop: VE Day Special

Wednesday, 8pm, BBC1

The team restore treasured items such as a cockpit clock, a Jewish orphan's doll and a Royal Air Force cap.

The Repair Shop's team hear some wartime stories

Soap Diary

STORY OF THE WEEK

This week's soaps at a glance

Secrets are spilled when Cindy fights back

EASTENDERS

Cindy returns to Walford... as Lauren goes into labour

» **An engagement bash** is held at Harry's Barn for Lauren and Peter, but the bride-to-be struggles to get into the party spirit as her midwife has earlier raised possible complications with her pregnancy. After taking solace in the office following a clumsy remark from Ian, Lauren is eventually persuaded to rejoin the celebrations, but her happiness is short-lived when Cindy rocks up.

Fuming over the sight of her toxic future mother-in-law, Lauren leaves the bash and issues Peter with an ultimatum – choose between them. As the Beales and the Knights then make it clear that Cindy isn't welcome, she retaliates by exposing Kathy as her attacker, before heading over to 29A to have it out with her son's fiancée… only to find Lauren in labour.

Lauren is fearful

Putting their feud to one side, Cindy gets Lauren to hospital when the ambulance is delayed. Having proved that she's not all bad, will she be granted a second chance? And if she isn't, how will she respond?

» **PLUS** Ross tells Vicki the truth about 'his' debt, Zack threatens Nicola, Billy reaches out to Harry, Harvey's romantic plans for Kathy are scuppered, and The Vic reopens its doors as the residents celebrate VE Day.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Julie (above, with Eileen) passes away, Todd and Billy support Theo, Dee-Dee has second thoughts about giving up baby Laila, Kit's past comes back to haunt him, Lauren sets a trap, and Jenny considers her future.

EMMERDALE

» Joe (right) is in danger from his enemies during a party at Home Farm, Ross sleeps with Manpreet after Steph ends things, Victoria and Mack plan Aaron and John's stag night, and is it the end for Gail and Ryan?

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June (left) and Serena

Max Minghella as Nick

Elisabeth Moss plays June

Cloak & dagger

Can **June take down Gilead** as the dystopian drama bows out?

NEW FROM prime video

NEW DRAMA

The Handmaid's Tale

Saturday, 9pm, C4; & Prime Video

Blessed day! After an almost three-year hiatus, award-winning drama *The Handmaid's Tale* returns for a sixth and final season – and former handmaid June Osborne is laser-focused on rescuing her daughter, Hannah, and bringing Gilead to its knees.

The new 10-part run – airing weekly on C4 and Prime Video – picks up minutes after the Season 5 finale, with June (Elisabeth Moss) running into her adversary, Serena Joy Waterford (Yvonne Strahovski), on board a train full of refugees heading out of Toronto.

Serena prays for a safe haven for her baby boy, Noah, while June is now separated again from her husband, Luke (O-T Fagbenle), and is nursing broken bones and bruises following a targeted hit-and-run.

But when Serena's self-righteousness causes a situation with other passengers, will June's escape plans for her and her youngest daughter, Nichole, go off the rails?

TRUST ISSUES

'June and Serena's relationship is the love story of the show,' says Moss, 42, who also directs four episodes. 'Serena could have trusted June a long time ago, but can June trust Serena?

'June is on her way to becoming the heroine that she will be'
ELISABETH MOSS

'June is just trying to keep everyone safe, so she's furious when Luke signs up for the most dangerous of missions this season. He's been waiting a long time to join this fight and get Hannah back himself. But we also see June and Nick together for the first time in a while and they finally admit that they love each other, not just in the past.'

June's former flame, Nick (Max Minghella), finds himself on a tight leash when his powerful father-in-law, High Commander Wharton (*The Good Wife*'s Josh Charles, who joins the cast), arrives in Gilead.

Ann Dowd as Aunt Lydia

This final chapter also sees the return of the formidable Aunt Lydia (Ann Dowd) and her favourite handmaid, Janine (Madeline Brewer), as well as Commander Lawrence (Bradley Whitford).

But with a sequel based on Margaret Atwood's 2019 novel *The Testaments* in the works, this isn't the last we'll see of Gilead…

POWERFUL SYMBOL

'We do have the opportunity to continue the story, but as far as June goes, she's on her way to becoming the heroine that she will be,' says Moss.

'I'm so proud of what the handmaid's costume has come to represent for the resistance. It may have been a symbol of repression, but that red cloak has become a symbol of power, and this series it has become part of the cultural zeitgeist. It's an incredible, mind-blowing thing.'

The iconic costume

WORDS: REBECCA MAHONEY. PHOTOS: ©2025 DISNEY & ITS RELATED ENTITIES, HULU, C4, PRIME VIDEO

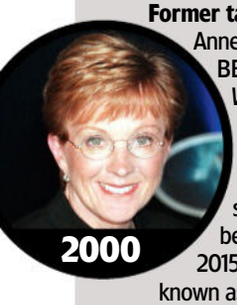
Look Who's Back...

A familiar face appearing in a new show this week

Anne Robinson

NEW You Be the Judge: Crime & Punishment

Tuesday, 9pm, 5



Former tabloid journalist Anne Robinson hosted BBC1's *Points of View* for many years and also presented consumer-affairs show *Watchdog* between 1993 and 2015. She is best known as the original 'Queen of Mean' quizmaster in *Weakest Link* (inset), and briefly hosted C4's *Countdown*.

HER NEW SHOW

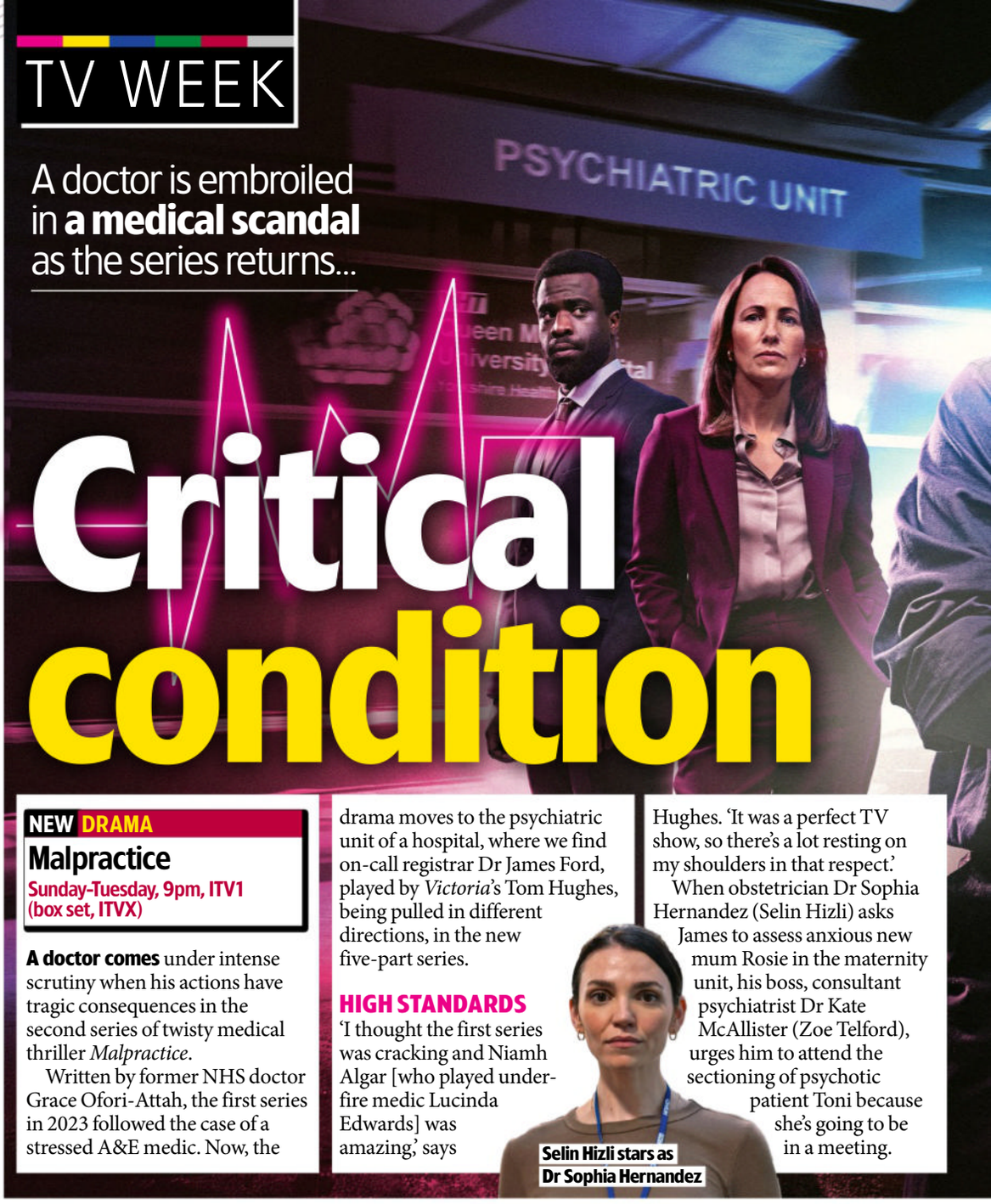
This week, Robinson presents a one-off documentary that re-creates the sentence hearings of four real criminal cases, including a man who punched a stranger to death in the street and a Just Stop Oil protester who caused traffic chaos. The details of the cases are relayed to groups of retired judges, former police officers, ex-prisoners and victims' families so they can decide on the sentence. Viewers can also make up their own minds – before hearing what sentence was actually handed out and why.

'I was astonished by what I learnt about sentencing,' says Robinson, 80. 'It was jaw-dropping to me.'

Anne Robinson

WORDS: MICHAEL DARLING, NATASHA HOLT, VICTORIA WILSON. STEVEN PERKINS. PHOTOS: 5, BBC, ITV, SKY, U&DAVE

A doctor is embroiled in **a medical scandal** as the series returns...



Critical condition

NEW DRAMA

Malpractice

Sunday-Tuesday, 9pm, ITV1 (box set, ITVX)

A doctor comes under intense scrutiny when his actions have tragic consequences in the second series of twisty medical thriller *Malpractice*.

Written by former NHS doctor Grace Ofori-Attah, the first series in 2023 followed the case of a stressed A&E medic. Now, the drama moves to the psychiatric unit of a hospital, where we find on-call registrar Dr James Ford, played by *Victoria*'s Tom Hughes, being pulled in different directions, in the new five-part series.

HIGH STANDARDS

'I thought the first series was cracking and Niamh Algar [who played under-fire medic Lucinda Edwards] was amazing,' says Hughes. 'It was a perfect TV show, so there's a lot resting on my shoulders in that respect.'

When obstetrician Dr Sophia Hernandez (Selin Hizli) asks James to assess anxious new mum Rosie in the maternity unit, his boss, consultant psychiatrist Dr Kate McAllister (Zoe Telford), urges him to attend the sectioning of psychotic patient Toni because she's going to be in a meeting.

Selin Hizli stars as Dr Sophia Hernandez

Jonah Hauer-King and Millie Gibson as Conrad and Ruby

Sunday sweethearts

Ruby and her boyfriend **battle the evil Shreek**

SCI-FI

Doctor Who

Saturday, 7.10pm, BBC1

From battling alien cosplayers to coming face to face with the god of death, Ruby Sunday (Millie Gibson) experienced many life-changing moments during her tenure in the TARDIS.

After finally tracking down her birth parents in last year's finale, foundling Ruby decided to give up travelling with the Doctor in order to spend some time getting to know her folks. But as she returns in this week's episode, *Lucky Day*, it's clear that adjusting to life back on Earth

Cast members Jordan Kouamé, Helen Behan and Tom Hughes

Deciding that he can do both, James zips through his psychiatric assessment of Rosie and heads off to complete Toni's sectioning. But later, events take a terrible turn when Rosie has a psychotic episode and takes her own life.

In the wake of the tragedy, James finds himself in the firing line as returning characters Dr Norma Callahan (Helen Behan) and Dr George Adjei (Jordan Kouamé) from the Medical Investigation Unit sweep in to find out what went wrong.

As the duo gradually unpick James' work and life, his career is left hanging in the balance. Is he solely to blame or are there other factors at play?

'James' connection with his patients is genuine on a very human level,' says Hughes. 'He is a compassionate, idealistic man who wants to fight for the best interests of his patients. He doesn't mind bending the rules if it seems to be for the right ethical or moral reason, as long as it's putting the patients first.'

has not been straightforward.

As well as reconnecting with both her birth parents and her adoptive family, there's been another big change in Ruby's life since we last saw her – she now has a boyfriend, Conrad Clark, played by *World on Fire* actor Jonah Hauer-King.

Ruby's boyfriend Conrad joins the adventures

MONSTER THREAT

'Conrad is so sweet and clumsy,' says Gibson, 20. 'Ruby loves being able to talk about her adventures with someone who is genuinely interested.'

This week's episode sees the debut of a new monster, The Shreek, which poses a dangerous threat to the world, prompting Ruby to team up with her old friends at UNIT to save the day once again – with Ruth Madeley also returning in this episode as UNIT scientific adviser Shirley Bingham.

The past year has been a busy time for Gibson, who is set to star as Irene in 5's upcoming adaptation of John Galsworthy's *The Forsyte Saga*, but she's pleased that her stint in the TARDIS isn't over yet.

'It feels like returning home after a long day,' she says. 'It's so nice to be playing Ruby Sunday in a whole new light. In this season, you see more of a mature, stronger version of Ruby – I'm excited to be back.'

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

NEW

The Trial

Thursday, 9pm, 5

Set in the UK in 2035, this one-off drama stars Ben Miles and Claire Skinner as David and Dione Sinclair, whose teen daughter commits a serious crime. Under a radical law, parents are held accountable for their kids' actions – and the Sinclairs are interrogated by government enforcer Sarah (Saoirse-Monica Jackson), who is determined to uncover every flaw in their parenting. If found guilty, the couple could face life behind bars...

NEW

Silence Is Golden

Holiday Monday, 9pm, U&Dave (box set, U)

Dermot O'Leary (left) hosts this entertainment show that pitches the studio audience against a group of performers headed up by Katherine Ryan. At the start of each episode, the audience is given £250,000 to share – but they can only keep the cash if they remain silent when faced by performers whose job it is to make them react. Every reaction means the prize pot reduces...

LAST ONE

The Righteous Gemstones

Wednesday, 9pm, Sky Comedy

In the US comedy's last-ever episode, the televangelist family bow out after an eventful fourth season that has explored the Gemstones' Civil War origins (including a guest role from Bradley Cooper). 'The story has reached its logical ending,' says creator Danny McBride, who plays Jesse in the show. 'You just follow your instincts.'

NEW

Families Like Ours

Sat, 9pm & 9.50pm, BBC4 (box set, BBC iPlayer)

Catastrophe strikes Denmark in a seven-part drama when the country's inhabitants are ordered to evacuate due to rising water levels. Those who can afford it, travel to affluent countries, while the less well-off depend on a government-funded relocation to more challenging destinations. Meanwhile, student Laura (Amaryllis August, left) is forced to choose between her boyfriend and her divorced parents.

YOUR WATCHLIST

NETFLIX

prime

BBC iPLAYER

Disney+

4

sky box sets

NOW

tv+

From left: Susan Sarandon, Talia Shire, Vince Vaughn, Brenda Vaccaro and Lorraine Bracco as Gia, Teresa, Joe, Antonella and Roberta

Recipe for success

Four grandmothers serve up love and lasagne in a feel-good comedy

NETFLIX Nonnas

NEW *Available:* ***Friday 9 May***
Genre: ***One-off comedy***

Vince Vaughn and a host of Italian-American stars cook up a storm when a grief-stricken entrepreneur opens a restaurant staffed by grandmas – or 'nonnas' – in a warm-hearted Netflix comedy.

The film is inspired by the true story of New Yorker Jody 'Joe' Scaravella, who quit his dead-end job to start an Italian restaurant on Staten Island after the death of his beloved mother. To honour her memory, he opens Enoteca Maria with money from his mother's inheritance – and to make sure the food is authentic, he decides only to employ grandmothers in his kitchen.

'I really enjoyed the connection of food and family,' explains Vaughn, 55. 'It's about the idea that love and culture are passed down through food and get-togethers, and that those gifts stay with us always.'

The four different yet passionate grandmas who answer Joe's call are Roberta (Lorraine Bracco), Antonella (Brenda Vaccaro), Teresa (Talia Shire) and Gia (Susan Sarandon).

'What a line-up of great Italian-American actresses,' explains Joe Manganiello, who plays Joe's supportive best friend Bruno. 'I remember talking to Susan about *Bull Durham*, to Lorraine about *Goodfellas* and *The Sopranos*, Talia telling stories about *The Godfather* and *Rocky*, and Brenda talking about *Midnight Cowboy*. It was the best!'

Meanwhile, Drea de Matteo, another ex-star of *The Sopranos*, plays Bruno's wife, Stella.

'She and I had a funny time filming together,' says Manganiello, 48, whose credits include *True Blood*. 'When Italian couples love each other, they have that way of yelling at each other, so we had a real blast. The film is so full of heart.'

Drea de Matteo, Joe Manganiello and Vince Vaughn as Stella, Bruno and Joe

KITCHEN THEATRE

The four nonnas don't immediately see eye to eye when they're united in the kitchen, but their passion for food and their Italian roots

Roberta (left) and Teresa get cooking

means they're determined to remember their loved ones by sharing their favourite recipes.

'The script was so moving,' says Bracco, 70. 'I cried, I laughed. I don't think you can ask for more than that.'

The film is written and directed by married couple Liz Maccie and Stephen Chbosky, who visited the real-life Enoteca Maria before filming.

'It was the greatest experience,' says Maccie. 'These grandmothers, they come over and talk to you, and Joe was incredible.'

For Vaccaro, filming the movie had a special resonance, as her late father owned an Italian restaurant in Dallas in the 1940s.

'My mother was the hostess and he was the chef,' recalls Vaccaro, 85. 'Jimmy Durante came in, Nat King Cole came in. It was quite a time.'

What we're watching...

The shows being enjoyed by the *TVSW* team

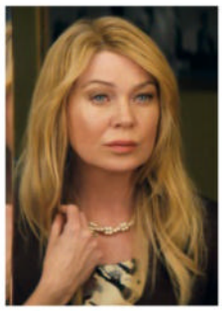
tv+ Your Friends & Neighbours

Genre: Drama Season: 1 Episodes: 9 (released weekly)

Mad Men's Jon Hamm (left) gives a typically smooth performance in a stylish satire as Andrew 'Coop' Cooper, who has it all until he doesn't. Divorced, after his wife (Amanda Peet) has an affair with his best friend, Coop is then fired from his job as a hedge-fund manager. Unemployable and with alimony to pay and two teenage children to support, Coop starts stealing expensive items from his wealthy neighbours in their exclusive New York suburb and in the process discovers their secrets.

Disney+ Good American Family

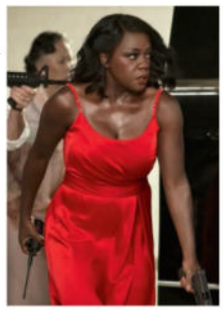
Genre: Drama Season: 1 Episodes: 8 (released weekly)



Grey's Anatomy's Ellen Pompeo (right) stars in the astonishing true story of a couple who adopt a seven-year-old girl with dwarfism, only to come to believe she is a dangerous adult.

prime G20

Genre: Action thriller Episodes: One-off



Viola Davis (right) kicks ass as US President Danielle Sutton, who needs all the combat skills she learnt in the Iraq War when armed mercenaries take hostages at a G20 summit in Cape Town.

Now in production...

Three upcoming shows to look out for soon

NETFLIX The Last Mrs. Parrish

Jennifer Lopez (above) is set to star in Netflix's adaptation of Liv Constantine's novel about a con artist who attempts to scam a rich couple by making friends with the wife and trying to embark on an affair with the husband and eventually marry him.

prime House of David

The biblical drama will return for a second season on Prime Video, which will continue to follow young shepherd David (Michael Iskander, above), who faces new challenges as he takes on his destined role of King of Israel.

NETFLIX Heartstopper

Netflix's romantic drama, exploring the love story between teens Nick and Charlie (Kit Connor and Joe Locke, both pictured), will conclude with a feature film based on Alice Oseman's graphic novels as the duo tackle the complications of a long-distance relationship.

WORDS: CAREN CLARK; JUDY EWENS; SEAN MARLAND. PHOTOS: APPLE TV+; GETTY; NETFLIX; PRIME VIDEO; ©2025 DISNEY & ITS RELATED ENTITIES

Justin (Michael Cooper Jr.) and Keisha (Lovie Simone)

Modern romance

Judy Blume's novel on first love is updated into a series...

NETFLIX Forever

NEW *Available: Thursday 8 May*
Genre: Drama Season: 1 Episodes: 8

Judy Blume's acclaimed 1975 novel *Forever…* told the story of a young couple's first serious relationship – and 50 years on, the bestseller has now been reimagined into a series for modern times.

Set in Los Angeles in 2018, it stars Lovie Simone and Michael Cooper Jr. as track athlete Keisha Clark and basketball prodigy Justin Edwards – two childhood friends who are reunited as teens. The youngsters fall head over heels in love, but must navigate not only their fledgling romance but also what a committed relationship means for their college studies and future lives.

'It covers all the questions everyone has to sort through – your first kiss, the first time you say, "I love you." The story resonated in 1975 and it resonates now,' says screenwriter and producer Mara Brock Akil. 'Judy Blume was one of the first writers I read who dared to be honest about the human condition in young people.

'And what better setting for this love story than Los Angeles? The city is a place for dreamers, and chasing dreams is no different than chasing love – it comes with the highs, the lows, the epic, and the intimate.'

KEEPING IT REAL

The series also stars *The Morning Show*'s Karen Pittman and *The Wire*'s Wood Harris as Justin's high-flying parents Dawn and Eric, while Xosha Roquemore is Keisha's hard-working mother Shelly.

'The original story has been updated, so we now get to see the role of social media in their romance and it feels very modern,' explains Simone, 26, who previously starred in Apple TV+'s *Manhunt*.

'People need this show right now because no one really knows what true, genuine love is like for teenagers. People think teenagers are just so lusty and that they have no idea what's good for them. But to be able to see two completely different types of teens and see how they manoeuvre through this and try to be honest to themselves… well, it's a beautiful thing.'

The two teenagers have big dreams

Cassian (Diego Luna) and K-2SO

Genevieve O'Reilly (centre) as rebel leader Mon Mothma

DROID warfare

Rogue One's K-2SO arrives as the **battle for Ghorman** turns deadly

Disney+ Andor

Available: Wednesday 7 May Genre: Sci-fi
Season: 2 Episodes: 7-9

As events in *Andor* move on a year in this week's three new episodes, a huge battle begins on Ghorman, where the Empire is secretly digging for the all-important mineral calcite, which will power the Death Star but which will also bring destruction to the planet.

By now, the ever-more suspicious inhabitants have had enough of the Empire's suppression and use of Ghorman's resources. But a big march on the capital's memorial plaza is met by force when Imperial security guards, stormtroopers and battle droids lie in wait…

TECH KNOWLEDGE

Taking part in this epic battle for Ghorman is the Imperial droid K-2SO, who appeared in 2016 movie *Rogue One*. From the film, Star Wars fans will know that K-2SO was reprogrammed by the Rebel Alliance to serve them and, in particular, space outlaw Cassian Andor (Diego Luna).

Cassian is now back on Ghorman for a secret assassination mission and viewers will at last learn how K-2SO (voiced again by Alan Tudyk) is snatched from the Empire's droid army and brought over to the rebels' side.

Events on Ghorman cause ructions in the Empire's capital, Coruscant, where senator Mon Mothma (Genevieve O'Reilly) makes a defiant speech.

'In Season 1, Mon Mothma operated in the shadows,' says O'Reilly. 'Now, she must take risks in a way we haven't seen before.'

WORDS: NICK CANNON, CAREN CLARK, JUDY EWENS, NATASHA HOLT. PHOTOS: ACORN TV, BBC, © 2025 DISNEY & ITS RELATED ENTITIES, NETFLIX, SKY, ADOBE STOCK, U&ALIBI, © 2025 LUCASFILM LTD – ALL RIGHTS RESERVED

Lines of duty

Jane Seymour returns as literature-loving private eye Harry Wild

Harry (Jane Seymour) and Fergus (Rohan Nedd)

Acorn TV Harry Wild

NEW *Available: Holiday Monday Genre: Crime drama Season: 4 Episodes: 6 (first two eps from Hol Mon, then weekly)*

Jane Seymour is back as retired literature professor turned private detective Harriet 'Harry' Wild in the fourth season of the Irish crime drama, co-starring Rohan Nedd as her young sleuthing partner Fergus and Kevin Ryan as her police-officer son Charlie.

In the first episode, Charlie asks for Harry's help with a case, while later in the run, she is hired by a former wild-child friend who's now a nun. There's also trouble afoot when a Dublin literary tour takes a bloody turn.

TV&Satellite Week caught up with Seymour, 74, for an exclusive chat…

Why does *Harry Wild* stand out from similar shows? I think it's because of the literature and history that you learn when Harry's solving crimes. She is such a fun character. So many older women come up to me and tell me how much they love her.

What do you like about playing Harry? She's amusing and fearless with a bit of a bad-girl streak. She is fervently independent and insists on being right – which she usually is!

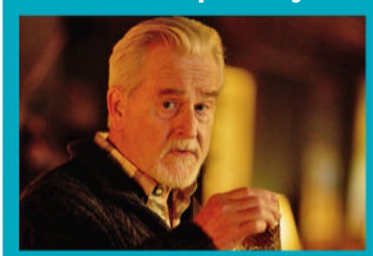
Why do you think her partnership with Fergus works so well? They come from completely different worlds and both learn a lot from their experience together. One of the things I love most is that it's a relationship you don't normally see on TV between an older woman and a younger man and it's nothing to do with sexuality or a love affair.

Do you think her son Charlie has a sneaking regard for her sleuthing skills? Harry irritates the living daylights out of Charlie because he feels that, as the real detective, he should be able to manage cases on his own. But he respects her and recognises that his mother keeps solving all of these crimes.

Looking back on your career, what would you pick out as the highlights? *Live and Let Die*, obviously, as it was the first big thing I did. *Somewhere in Time* was my favourite love story and working with the late Christopher Reeve was so special. *Dr. Quinn, Medicine Woman* was over five years in my life and I love that character. And how can I forget *Wedding Crashers*? I can't, nor can anyone else!

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up



Sky Box Sets / Virgin Media / NOW I, Jack Wright

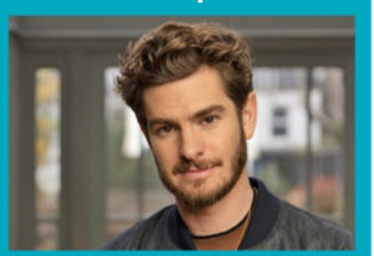
After the death of patriarch Jack (Trevor Eve) in U&Alibi's thriller, his family are shocked that most of them have been left very little in his will. But there are further twists as it seems he may have been killed...

BBC iPLAYER Race Across the World

The first leg gets under way in China as the BBC1 competition returns. Brothers Brian and Melvyn take a detour to marvel at a Buddhist grotto, but working at a busy restaurant brings a reality check.

Sky Box Sets / Virgin Media / NOW United States of Birmingham

Joe Lycett's series on Sky sees the Brummie comic travelling around various Birminghams across North America, starting in New Jersey, where the residents are pleased but baffled to meet him.



BBC iPLAYER Who Do You Think You Are?

The new run of BBC1's genealogy series sees actor Andrew Garfield make a harrowing discovery about how his paternal ancestors may have died at the Treblinka death camp during the Holocaust.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Star Wars: Tales of the Underworld

Sunday 4 May

The third instalment of the animated Tales of the... anthology series focuses on two iconic villains in the Star Wars galaxy. Former assassin and bounty hunter Asajj Ventress is given a new chance at life and must go on the run with an unexpected ally, while outlaw Cad Bane confronts an old friend who is now a marshal.

Britain and the Blitz

Holiday Monday

Documentary about Britain during the darkest days of World War Two. The film features restored archival footage and first-hand accounts from those who lived through the devastating German bombing campaign, which lasted from September 1940 to May 1941.

SpongeBob SquarePants

Holiday Monday

The 15th series of the animated children's series about SpongeBob SquarePants, who lives in a submerged pineapple in Bikini Bottom on the floor of the Pacific Ocean and works as a fry cook at the Krusty Krab fast-food restaurant.

Mighty Monsterwheelies

Holiday Monday

The second season of the animated children's adventure series. The half-monster, half-truck heroes team up to use their special powers to protect the all-vehicle city of Motorvania.

Recipes for Love and Murder

Saturday 3 May

The second season of the South African/Scottish comedy crime drama, previously shown on Acorn TV. Maria Doyle Kennedy plays recipe writer turned advice columnist Maria, who gets involved in solving mysteries.

Harry Wild

Holiday Monday

Business is booming at the Wild/Reid Detective Agency in the fourth series of the mystery comedy as Harriet 'Harry' Wild (Jane Seymour) and Fergus Reid (Rohan Nedd) have an unexpected client, Harry's son Charlie (Kevin Ryan). See feature, page 17.

The Devil's Plan

Tuesday 6 May

The second season of the Korean reality game show. Contestants face off in games of wit and strategy, with the winner taking home a big cash prize.

Untold: Shooting Guards

Tuesday 6 May

Documentary about a heated confrontation that shook the basketball world in 2009 when Washington Wizards teammates Gilbert Arenas and Javaris Crittenton brought guns into the locker room.

David Spade: Dandelion

Tuesday 6 May

Stand-up special from the American comedian and actor in which he gives his sardonic take on flying, charity auctions and the evolution of porn.

Paw Patrol: Aqua Pups

Wednesday 7 May

In a movie made up of special themed episodes of the animated kids' series, an unhappy mer-pup tries to float Puplantis to the surface, and it's up to the Paw Patrol and their newest member, Coral, to stop him and save the city.

Last Bullet

Wednesday 7 May

French action thriller and the third and final instalment in the Lost Bullet franchise. Skilled mechanic and getaway driver Lino (Alban Lenoir), who modifies cars for crime, returns to complete his vendetta against crooked cop Areski (Nicolas Duvauchelle).

Octopus!

Thursday 8 May

Fleabag's Phoebe Waller-Bridge narrates a docuseries on one of the most intelligent life forms on the planet as it follows the octopus through its lifespan. The series also features those with unique connections to the creatures, including a scientist trying to save them and *30 Rock* star Tracy Morgan, who is 'obsessed' with them.

Forever

Thursday 8 May

Judy Blume's 1975 young-adult novel is reimagined for a new generation. Set in Los Angeles in 2018, it tells the story of teenagers Keisha (*Manhunt*'s Lovie Simone) and Justin (Michael Cooper Jr.) as they experience the joy and heartbreak of being each other's first loves. See feature, p16.

Long Way Home

Friday 9 May

Ewan McGregor and Charley Boorman reunite for another epic road trip, riding their refurbished vintage motorbikes from McGregor's home in Scotland to Boorman's in England – the long way round. They go across the North Sea to Scandinavia, up to the Arctic Circle, then down to the Baltics and through continental Europe, before returning to the UK over the English Channel. See feature, page 4.

Monster Summer

Friday 9 May

Supernatural fantasy. When a mysterious force begins to disrupt their summer fun, teenager Noah (Mason Thames) and his friends team up with a retired police detective (Mel Gibson) to embark on a spooky adventure to save their island.

Nonnas

Friday 9 May

Comedy based on a true story. After losing his mother, New Yorker Joe Scaravella (Vince Vaughn) decides to honour her by opening an Italian restaurant with local grandmothers – nonnas – as the chefs... that's if the women can get on with each other! With Susan Sarandon, Brenda Vaccaro, Talia Shire and Lorraine Bracco. See feature, page 14.

Molly-Mae: Behind It All

Friday 9 May

The second part of the docuseries follows reality star Molly-Mae Hague after her break-up with her on-off other half, boxer Tommy Fury, as she adapts to the challenges of motherhood and prepares to launch her biggest business venture to date.

WORDS: JUDY EWENS. PHOTOS: NETFLIX, U, PRIME VIDEO

Documentaries

Wartime mystery

Ross Kemp travels to Casablanca to solve a family riddle involving an ancestor's shipwreck

FACTUAL

Who Do You Think You Are?

Tuesday, 9pm, BBC1

As the nation marks the 80th anniversary of VE Day this week, presenter Ross Kemp pays tribute to one of his ancestors who played his part in helping to defeat the Nazis.

The former *EastEnders* star grew up in Essex with the long-held family rumour that his great-grandfather Arthur Chalmers, known as Pop, had been shipwrecked while serving in the Merchant Navy. And in this week's *Who Do You Think You Are?*, Kemp finally gets to sort fact from fiction as he delves into Pop's remarkable life story.

'If half of what I've been told about my great-grandfather is true, then he was a very

The SS *Duchess of York*

Germanwings: What Happened on Flight 9525?

Wednesday, 9pm, Sky Documentaries & Sky Showcase

In March 2015, an Airbus owned by German airline Lufthansa crashed in the Alps, killing all 150 people on board. An investigation determined that the crash had been deliberately caused by co-pilot Andreas Lubitz. This one-off examines unanswered questions about the tragedy.

The Americas

Sunday, 6.15pm, BBC1

This week's final episode focuses on Patagonia, an untamed wilderness straddling Chile and Argentina that is home to puma and rockhopper penguins. There's also footage of orcas that have learnt to prey on elephant-seal cubs on dry land, rising out from the water to snatch them from the shoreline.

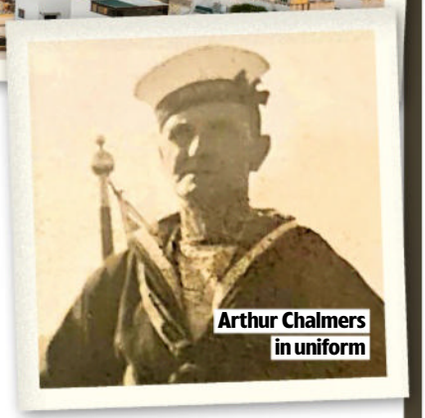
Martin Clunes' Islands of the Atlantic

Friday, 9pm, ITV1

As his travelogue continues, Clunes visits Madeira, where he is driven around by a rally driver and visits a vineyard producing Madeira wine. Then it's on to the Azores to do some whale spotting, race with female rowers, look round a tea plantation and sample a local stew that's cooked underground.

WORDS: HANNAH DAVIES, NATASHA HOLT, IAN MACEWAN. PHOTOS: ALAMY, BBC, C4, 5, GETTY/ITV, SHUTTERSTOCK, SKY

Casablanca, Morocco


Arthur Chalmers in uniform

interesting chap,' says Kemp, 60. 'But the big story always bandied about was that he was shipwrecked during his career as a merchant seaman.'

In a quest to find out more, Kemp's journey takes him to Southampton, where he learns how Pop joined the Merchant Navy in 1913, aged 21, before becoming a quartermaster on a ship transporting weapons and evacuating the wounded from France during World War One.

SETTING SAIL

As Kemp learns more about Pop's maritime adventures, he finally gets an answer to the burning family question of the shipwreck when an intriguing passenger list from 1943 leads him to Casablanca.

He discovers that during World War Two, Pop, then in his 50s, was working on a troop carrier called the *Duchess of York* when it was hit twice by the Luftwaffe and caught fire. Tragically, 89 men lost their lives, but Pop was rescued by an escort vessel and taken to a US military camp in Casablanca.

'What a life Pop had,' says Kemp, who travels to the Moroccan port. 'I was beginning to question what I'd been told had actually happened, and Casablanca is the last place I thought I'd end up. But I've been able to prove that Pop was shipwrecked. It's now a fact.'

During the programme, Kemp discovers more about his family's military past when he learns about his four-times great-grandfather Jeremiah Whall, who was just 13 when he joined the Royal Marines as a drummer boy and served during the Napoleonic Wars.

'Jeremiah was fighting the powers of Napoleon,' says Kemp. 'He was virtually the same age as my eldest son and I certainly wouldn't be sending him off to drum in a war!'

Classic Movies

Thursday, 8pm, Sky Arts

This week, critic Ian Nathan celebrates the 1949 British film *Kind Hearts and Coronets*, a classic Ealing black comedy about a shunned aristocrat (played by Dennis Price) who bumps off his relations in a bid to inherit the family title. Alec Guinness played all eight members of the ill-fated D'Ascoyne family.

Narrow Escapes

Holiday Monday-Friday, 4pm, C4

As cameras return to Britain's waterways, we catch up with rookie narrowboater Carrie and mother Della as they navigate a lock for the first time, 'bougie hippies' Adam and Lauren and their paddleboard-loving dog Shanti, and Mick and Debs, who used to work on the London Underground and are now enjoying a leisurely retirement.

CRIME and punishment

Dan Walker heads to Texas to explore the death-penalty debate

NEW FACTUAL

Dead Man Walking: Dan Walker on Death Row

Wednesday, 9pm, 5

The death penalty was abolished in the UK almost 60 years ago, but even now it remains a hot topic, with polls showing many people would support capital punishment in some murder cases.

Now, for a one-off documentary, Dan Walker heads to Huntsville in Texas – the 'execution capital of the world', where nearly 600 convicted criminals have met their deaths since 1982 – to talk to those on both sides of the debate.

Walker (right) with Charles Thompson

FACE TO FACE

'Capital punishment is such an important topic and rather than judging from 5,000 miles away, I wanted to get a better understanding of it up close,' says Walker. 'In Huntsville, you see how ingrained the death penalty is in the criminal-justice system. It was a real eye-opener.'

The former *Football Focus* and *BBC Breakfast* presenter is allowed on death row itself, and he meets Charles Thompson, who has been awaiting his fate for more than 20 years after being found guilty of a double murder.

'I felt quite manipulated by him,' admits Walker, 48. 'I don't know whether I met the murderer or the fella he was trying to portray.'

HIGH STAKES

Later, Walker meets Wade Hayslip, whose mother was one of the people killed by Thompson.

'What's interesting is that Wade is not a supporter of the death penalty but he says he needs some sort of finality,' he explains.

Walker also meets some of the state officials who have carried out executions as well as a priest campaigning against capital punishment. But, most notably, he is introduced to Daniel Gwynn, a man who spent nearly 30 years on death row for a crime he didn't commit.

'Where the rubber really hits the road for me is that for every eight people executed on death row, one person is later found innocent, exonerated and released,' says Walker.

'Some people seem unconcerned about innocent people being put to death, because a lot of the bad guys are executed. Personally, I don't think I'll ever square that circle. And although I can now understand a lot of where some people are coming from, I don't agree with it.'

Films ick of this

On the turn: Timothy, Tom, Forest and co

A storming **Tom Hardy** gets down 'n' dirty fighting criminals and corruption

MOVIE OF THE WEEK

HAVOC

ACTION THRILLER

Available now, Netflix ★★★★

Welsh writer-director Gareth Evans, maker of cult actioner *The Raid* and its sequel as well as being co-creator of *Gangs of London*, unleashes another round of action-movie mayhem with this bruising crime thriller starring Tom Hardy as a dirty cop trying to do the right thing in the midst of a drug war that has broken out in a nameless American city, which has seen better days (shooting actually took place in Cardiff).

He's up against trigger-happy Triad gangs and a crooked politician (Forest Whitaker), plus an even dirtier fellow cop (Timothy Olyphant) and his murderous police sidekicks, all after a couple (Quelin Sepulveda and Justin Cornwell) who have been set up as the instigators of this all-out gang war. It's only Hardy's taciturn detective, along with rookie cop Jessie Mei Li, who wants to keep them alive.

With videogame-style CGI all too evident in occasional scenes, *Havoc* can't match *The Raid* films, which both benefited from having stunning Indonesian martial artist Iko Uwais as their leading man. But Evans still delivers breathtaking fight choreography – the nightclub scene alone is a frenzy of bullets, machetes and carnage – with a bone-crunching ferocity to his work. And in Hardy, he has a star who doesn't do half measures, creating a gruff, fearsome protagonist who truly means business. 2025, 15, 105MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST JAMIE GRAHAM, NIGEL PIZEY. PICTURES: ALAMY, FANNY DE GAUVILLE

More premieres and Day by Day planner

week's Best Movies

CRIME DRAMA

The Night of the 12th

Wednesday, 9pm, Film4 ★★★★

From the very start of this French police procedural, we are told this is based on a real unsolved murder case. But, much like David Fincher's classic *Zodiac*, that doesn't stop this serpentine tale from being gripping. In the sleepy Alpine town of Grenoble, a 21-year-old woman (Lula Cotton-Frapier) is jogging home one night when she is confronted by a mystery man and burned to death. Detectives Vivès (Bastien Bouillon) and Marceau (Bouli Lanners) are assigned, but slowly realise they are missing anything substantial to link a suspect to the heinous crime. A thoughtful study of police work sits alongside quiet misogny, as the young Vivès discovers his older colleagues harbour sexist views that actively hinder the case. Superbly acted and intelligently scripted, it's utterly engrossing. Subtitled. 2022, 15, 115MIN

Struggling: Bastien and Bouli

ANIMATION

Flow

Available now, to buy or rent from digital stores including Sky Store and Prime Video ★★★★★

From an unknown studio in Latvia, *Flow* swept away Disney and Pixar to win the Oscar for Best Animated Feature Film. And it's easy to see why, being one of the most tender, moving and magical movies about animals you'll encounter. It follows a cat who – unwillingly at first – joins up with a menagerie of animals to find a safe haven when their world is flooded, all finding solace in a small boat. This is a post-human, wordless environment, with our disappearance never explained, rendered in sumptuous CGI that is abstracted so the animals' fur appears as brushstrokes. But their natural, realistic movements are beautifully captured, as we feel fully invested in the trials and tribulations of this heart-capturing feline. 2024, PG, 85min

FOLK CHILLER

The Damned

Sunday, 10.45am & 9.45pm, Sky Premiere ★★★★

Taking over her dead husband's fishing station on the Icelandic coast in the early 1870s, Odessa Young must corral her small crew through a particularly brutal winter. But when a foreign ship runs into trouble, she opts not to help it, as in doing so would put her men in danger. That decision will – quite literally – come back to haunt them, as paranoia becomes as fierce a foe as the undead Young and her men encounter. A foreboding atmosphere and jawdropping landscapes dominate this increasingly engrossing, masterfully creepy chiller. 2024, 15, 89MIN

Bleak outlook: Odessa

Go back: Ayo and Mary-Louise

SCI-FI DRAMA

Omni Loop

Saturday, 10.45am & 6pm, Sky Premiere ★★★★

About to die of a black hole in her chest on the eve of her 55th birthday, Mary-Louise Parker has a get-out – she has pills which can send her back in time seven days. With the aid of curious scientist Ayo Edebiri, Parker is determined to crack the code of the pills and give herself another crack at her life... Although on the surface a sci-fi movie, this sublime, wonderfully realised tale is really about missed opportunities, ignoring what's in front of you and the inevitability of death. It's charming, superbly acted and deeply heartfelt. 2024, 15, 112MIN

Films

HORROR THRILLER

Speak No Evil

Friday, 12.05pm & 8pm, Sky Premiere ★★★★

The brutal, wincing Danish-Dutch 2022 movie is given an English remake from director James Watkins, transposing most of the action from the Netherlands countryside to a farmhouse in Devon.

It starts sunnily enough in Tuscany, where milquetoast American couple Ben (Scoot McNairy) and Louise (Mackenzie Davis) are befriended on holiday by the more outgoing, mischievous Brit Paddy (James McAvoy) and his wife Ciara (Aisling Franciosi).The holiday ends with Paddy insisting that their new US pals visit them in Devon, which duly happens. Only something's ever-so-slightly off...

Watkins' film is, on one level, a pitch-black comedy of manners, with Ben and Louise suffering a series of incrementally escalating indignities because they simply don't wish to offend anyone. But eventually the microaggressions intensify, until Paddy's toxicity is fully unmasked. The film builds with great care, chiselling into cultural differences, gender disparities, relationship cracks and conflicting ideas of masculinity to ensure that every cause and effect is believable. It's shrewd, engrossing and pleasingly nasty. 2024, 15, 110MIN

Not a word: James

Hidden gems Great movies you might have missed...

DRAMA

CODA

streaming channel ★★★★

This bawdy, heart-warming, coming-of-age Oscar winner is a certified crowd-pleaser. As a 'Child of Deaf Adults', aspiring singer Ruby (a superb Emilia Jones) pinballs between school and the family fishing business that needs her to deal with the hearing world. Marlee Matlin and Troy Kotsur are great as Ruby's tough yet tender parents. But this is Jones' movie, her performance propelled by Ruby's stubborn energy and soulful tunes. 2021, 15, 111MIN

FAMILY MYSTERY

Enola Holmes

Netflix ★★★★

Enola Holmes (a zesty Millie Bobby Brown), the great detective's spirited teenage sister, proves her brother's equal in this highly enjoyably yarn. Why did her unconventional mother (Helena Bonham Carter) disappear on Enola's 16th birthday? Giving the slip to her aloof brothers Sherlock (Henry Cavill) and Mycroft (Sam Claflin), who want to send her to finishing school, Enola sets off for London to find her mother. A fun, peppy whodunnit. 2020, 12, 123MIN

PERIOD DRAMA

A Hidden Life

Disney+ ★★★★

As war rages in 1940s Europe, in an Alpine village Austrian farmer Franz Jägerstätter (August Diehl) puts the idyllic life he leads with his wife Fani (Valerie Plachner) and children on the line by refusing to take an oath of loyalty to Hitler, his status as a traitor to the Fatherland spreading. Director Terrence Malick delivers a visually lavish, quietly epic drama that, although long, is a moving tribute to an unsung hero and his quiet resistance to tyranny. 2019, 12, 174MIN

Saturday 3 May

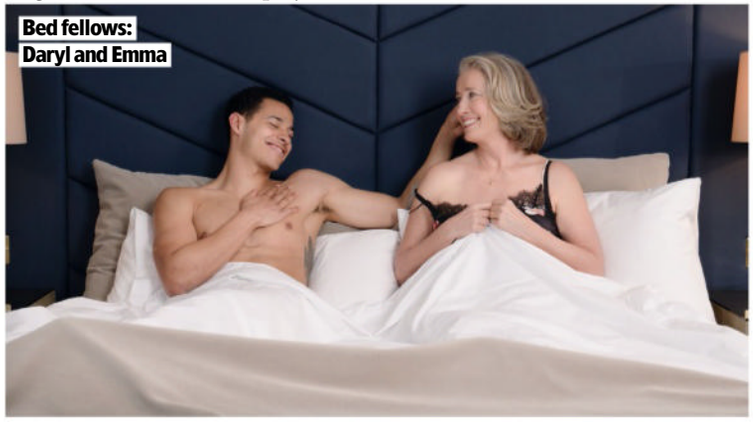
COMEDY DRAMA

Good Luck to You, Leo Grande

10pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

'It's all a dance!' says sex worker Leo Grande (Daryl McCormack), who's in a hotel room with widowed former teacher Nancy (Emma Thompson). 'I don't know the steps!' she replies, smartly establishing their inverted tutor-pupil relationship. Smooth and confident, Leo appears to hold all the cards in a two-hander that unfolds over the course of four clandestine assignations. Nancy, however, is no frustrated matron but a woman determined to have the orgasm she never experienced in 31 years of marriage. Both stars make the most of Katy Brand's perceptive script, though Thompson shines brightest in a welcome display of her formidable talent. 2022, 15, 97MIN



Bed fellows: Daryl and Emma

ANIMATION

The Lorax

7.40am, Sky Animation ★★★

Sex ●●● Violence ●●● Language ●●●

This jaunty romp is based on Dr Seuss' 1971 children's book, an eco-friendly fable about the dangers of greed. At the heart of the story is the bright orange figure of the Lorax (voiced by Danny DeVito), a forest guardian who presides over an idyllic valley of candyfloss-coloured trees and cute woodland critters. But then a wannabe entrepreneur (Ed Helms) chops down all the trees and in their place springs a synthetic city. The film doesn't quite translate the whimsical magic of the tale to the screen, but it is entertaining family fare. 2012, U, 86MIN

FAMILY CLASSIC

E.T. The Extra Terrestrial

3.55pm, Sky Family ★★★★★

Sex ●●● Violence ●●● Language ●●●

Steven Spielberg's child's-eye fantasy is the deceptively simple tale of a cute alien cut off from his spaceship and left behind on Earth. He is pursued by Peter Coyote's government agents, but is befriended and sheltered by young Elliott (Henry Thomas) and his brother and sister (Robert MacNaughton and Drew Barrymore). E.T. himself is a real charmer, whether raiding the family fridge or wrapped in a sheet trotting off to go trick-or-treating. A magical movie, which is full of colourful humour and genuine sorrow that still packs an emotional punch. 1982, U, 114MIN

COMEDY

Dazed and Confused

11.50pm, Sky Greats ★★★★

Sex ●●● Violence ●●● Language ●●●

It's 1976, and school's out for summer. Set over one night, writer-director Richard Linklater's film has a huge supply of funny moments and a great feel for the jargon, fashion and spaced-out ambience of the era. Alice Cooper and Black Sabbath are the highlights of the heavy metal soundtrack, while among the then mostly unknown cast are Ben Affleck, Matthew McConaughey, Parker Posey, Renée Zellweger and Milla Jovovich. Very little actually happens, but the words and actions of these 17-year-olds hit the bull's-eye. 1993, 15, 102MIN

WESTERN

3.10 to Yuma

12m't, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This thrilling remake of the classic 1957 Western is driven by the intense battle of wills between Russell Crowe's vicious outlaw and Christian Bale's cash-strapped farmer, who volunteers to put Crowe on the train that'll take him to jail. Meanwhile, Crowe's outlaw gang is doing all it can to set him free... Crowe's performane is impossible to fault – he's genial, flippant and deadly, but also strangely likeable, and with its rugged terrain and deadly gunplay, this is a winner. 2007, 15, 122MIN

■ Full listings start on p35

Sunday 4 May

BIOPIC

A Complete Unknown

From 30 April, Disney+ ★★★★

Sex ●●● Violence ●●● Language ●●●

Timothée Chalamet is utterly convincing as the young Bob Dylan in this hugely entertaining biopic, which charts the singer's rise to fame from his arrival on the folk scene in New York in 1961, aged 19, to the commotion he causes when he goes electric at the 1965 Newport Folk Festival. Chalamet brilliantly conveys Dylan's charisma, as well as his ruthlessness, and does an excellent job of capturing his unique singing and strumming. Dylan remains an enigma to the end (the title is particularly apt) and, while the film tweaks the truth in more than a few places, that seems fitting given its subject's lifelong self-invention and myth-making. 2024, 15, 140MIN

Riding high: Elle Fanning and Timothée

PERIOD DRAMA

Elizabeth: The Golden Age

2.10pm, Sky Drama ★★★

Sex ●●● Violence ●●● Language ●●●

Oscar-nominated Cate Blanchett is again superb as Queen Elizabeth I in this plush sequel to 1998's *Elizabeth*. It's 1585 and she's facing dastardly plots from Mary Queen of Scots (Samantha Morton) and King Philip II of Spain (Jordi Mollà). Geoffrey Rush's sinister Walsingham is as impressive as before, Abi Cornish is the queen's favourite lady in waiting and a film-stealing Clive Owen is a dashing Sir Walter Raleigh, back from the New World with potatoes and tobacco and on hand to offer romance as well as to coolly tackle the Spanish Armada. 2007, 12, 115MIN

FAMILY COMEDY

Paddington

4.25pm, BBC1 (3.55pm Wales) ★★★★★

Sex ●●● Violence ●●● Language ●●●

Winningly voiced by Ben Whishaw, Paddington's first film is a joy; a warm, witty and generous-hearted film to delight young and old alike. Perfectly capturing the spirit of Michael Bond's books, the plot sees the marmalade-loving bear arriving in London. He is taken in by the Brown family, headed by Sally Hawkins and Hugh Bonneville, and is soon causing all manner of hilarious mayhem. Meanwhile, menace looms in the form of Nicole Kidman's evil taxidermist and nosy neighbour Mr Curry (Peter Capaldi). 2014, PG, 95MIN

BIOPIC

Rush

10pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

This slick, exciting movie is set in the dangerous days of 1970s Formula 1 racing, focusing on British playboy James Hunt and his dour Austrian rival Niki Lauda. Hunt, played with cavalier swagger by a perfect Chris Hemsworth, cavorts about on the eve of a race, while Lauda (an equally excellent Daniel Brühl) methodically works with his mechanics. While the film doesn't delve too deeply, writer Peter Morgan and director Ron Howard get terrific mileage from these contrasting personalities and the tyre-scorching races are electrifying. 2013, 15, 122MIN

DRAMA

Herself

11.50pm, BBC2 (not NI) ★★★

Sex ●●● Violence ●●● Language ●●●

After fleeing from her abusive husband, a mother (Clare Dunne) is forced to live with her two daughters in a cramped hotel room. How can she possibly realise her dream of building her own home? Scripted by Dunne and directed by Phyllida Lloyd, this involving Irish drama juggles narrative tropes with clear-eyed social realism. While highlighting a system stacked against women seeking to escape domestic abuse, it offers an optimistic vision of female empowerment. 2020, 15, 97MIN

■ Full listings start on p45

Weekday movies over page

Films Weekday movies

Holiday Monday 5 May

ANIMATION

The Amazing Maurice

9.25am, Sky Animation ★★★★

Sex ●●● Violence ●●● Language ●●●

Talking cat Maurice (voiced by Hugh Laurie) scams gullible townsfolk by ridding them of an apparent rodent infestation with the aid of a clan of intelligent rats and a timid human (Himesh Patel). But they run into trouble when they arrive in Bad Blintz and encounter teen Malicia (Emilia Clarke) and a mysterious adversary. This pretty amazing version of Terry Pratchett's *The Amazing Maurice and His Educated Rodents* beautifully captures the author's ideas with its great gags and colourfully quirky characters. 2022, PG, 93MIN

Purrfect scam: Maurice and pal

CLASSIC THRILLER

D.O.A.

11am, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

'I don't think you fully understand, Bigelow, you've been murdered!' That's the doctor's prognosis that sends Edmond O'Brien off in an obsessive pursuit of the men who poisoned him. A tightly organised thriller, courtesy of O'Brien's tense performance and Rudolph Mate's direction, which pushes the story to its absolute limit. Also included is top-notch villainy from Luther Adler and Neville Brand. 1950, PG, 85MIN

COMEDY

Airplane!

8pm, Sky Greats ★★★★★

Sex ●●● Violence ●●● Language ●●●

Writer-directors Jim Abrahams and siblings Jerry and David Zucker's spoof of the *Airport* movies is still one of the most consistently funny movies of its type, in which the onslaught of visual and verbal gags never lets up. Robert Hays and Julie Hagerty star, full marks to veteran stars Robert Stack, Leslie Nielsen, Lloyd Bridges and Peter Graves for gamely sending themselves up and spot Ethel Merman in a hilarious cameo. 1980, 12, 86MIN

ADVENTURE

Uncharted

9pm, Film4 ★★★

Sex ●●● Violence ●●● Language ●●●

This videogame adaptation delivers a fun, globe-trotting quest. Serving as a prequel to the games, it sees Tom Holland's Nathan Drake recruited by his estranged brother's partner, Sully (Mark Wahlberg), to search for the lost treasure of Magellan, along with Sully's associate Chloe (Sophia Ali). Director Ruben Fleischer's action-packed film revels in all its clues and secret passages, while the stars bring plenty of energy to their roles. 2022, 12, 116MIN

BIOPIC

Raging Bull

10.30pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

A raw, open wound of a film, this is possibly director Martin Scorsese's finest hour and Robert De Niro has rarely been better. It is a dark depiction of the downward slide of middleweight boxing champ Jake La Motta from trim, arrogant contender in 1941 to bloated, pathetic nightclub host in 1964. Not easy viewing, but it's a contender for best film of the 1980s. 1980, 15, 119MIN

■ Full listings start on p55

Tuesday 6 May

SUPERHERO

Wonder Woman

8pm, Sky Heroes ★★★★

Sex ●●● Violence ●●● Language ●●●

Gal Gadot is perfectly cast as Wonder Woman/Amazon Diana in director Patty Jenkins' engaging origins tale. After growing up on her idyllic all-women island home, Diana leaves it for the first time when Chris Pine's 1918 American spy pulls her into the wider world and the Great War. There's some fun fish-out-of-water comedy in London as Diana gets to grips with a male-centred world, before she impressively tackles the bad guys with her trusty sword, shield and lasso of truth. 2017, 12, 141MIN

Fighting for the good: Gal

ACTION

The Meg

8pm, Sky Hits ★★★

Sex ●●● Violence ●●● Language ●●●

The title creature of this sci-fi action thriller makes *Jaws*' monster look like a shrimp. It is a 75ft megalodon, a prehistoric shark long thought to be extinct. Jason Statham's deep-sea diver finds this isn't the case when he comes out of retirement to go to the rescue of a band of scientists trapped in a submersible at the bottom of the Pacific Ocean. This is essentially a B-movie with a big budget and a sense of cheesy fun. 2018, 12, 113MIN

THRILLER

Buried

9pm, Legend Xtra ★★★★

Sex ●●● Violence ●●● Language ●●●

This tense thriller never loses its grip from its opening scene – when Ryan Reynolds' truck driver in Iraq wakes up inside a coffin – to its brilliant closing moment. The film focuses entirely on the superb Reynolds and his predicament as he realises he's been kidnapped and uses the only things at his disposal, a lighter and a mobile phone, to get help before his air runs out. The film is compelling and clever and Reynolds does it full justice. 2010, 15, 95MIN

HORROR CLASSIC

The Fly

10.25pm, Talking Pictures ★★★★

Sex ●●● Violence ●●● Language ●●●

A matter-transmitter experiment goes horribly wrong and leaves scientist David Hedison with the head and arm of a fly. Vincent Price is his brother and Patricia Owens his wife. Price admitted it was almost impossible to keep a straight face during filming, but a couple of scenes – notably, the creepy 'Help me!' ending in the garden and the fly's eye view of a screaming Owens – are genuinely haunting. 1958, PG, 95MIN

SCI-FI THRILLER

Paycheck

10.50pm, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

Crammed full of thrilling action, this clever sci-fi thriller stars Ben Affleck as a computer genius who agrees to have his memory erased after working on a secret project in return for $92million. But instead of a paycheck, he's targeted by killers and runs for his life with only an envelope full of cryptic clues and Uma Thurman to help him. 2003, 12, 119MIN

■ Full listings start on p65

Wednesday

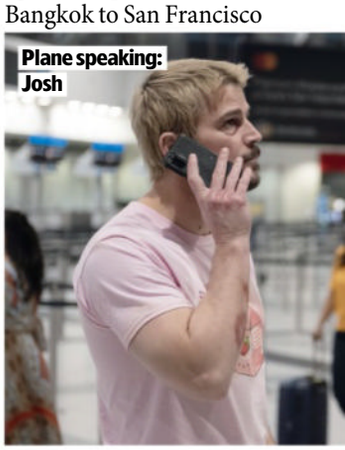
THRILLER

Fight or Flight

10pm, Sky Hits ★★★

Sex ●●● Violence ●●● Language ●●●

A knockabout, blood- spewing action comedy that comes over like a low-rent *Bullet Train*, what *Fight or Flight* really has going for it is a terrific Josh Hartnett. He's an ex-Special Service agent on a plane from Bangkok to San Francisco



Plane speaking: Josh

COMEDY

HouseSitter

2.10pm, Sky Greats ★★★

Sex ●●● Violence ●●● Language ●●●

Steve Martin is a stuck-in-a-rut architect whose girlfriend (Dana Delany) turns down him and his dream house. After a one-night stand with waitress Goldie Hawn, Martin arrives at the (empty) house one day to find that Hawn has moved in, having convinced his parents and the whole town that they're married. Gag-wise, this is sparsely furnished, but there are a few funny off-the-wall ideas and the stars spark together well. 1992, PG, 102MIN

COMEDY

Being John Malkovich

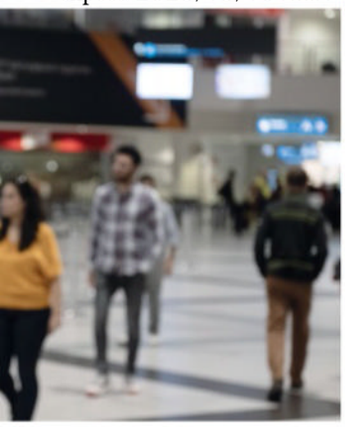
6pm, Sky Cinema Comedy ★★★★★

Sex ●●● Violence ●●● Language ●●●

At turns creepy, hysterically funny and surreal, director Spike Jonze's film has a unique charm. John Cusack stars as a doleful puppeteer who discovers a hole in an office wall that's a secret portal into the mind of actor John Malkovich (hilariously playing himself) and charges admission for members of the public to tour the thespian's cranium. Cameron Diaz and Catherine Keener co-star. 1999, 15, 112MIN

7 May

who must identify an elusive hacker and keep them safe – from half the passengers who are actually assassins. It's beyond daft but works thanks to Hartnett who has charm to spare, aided by Charithra Chandran as a spunky, sassy flight attendant. It's strictly B-movie fodder, but far more fun than you might expect. 2025, 15, 101MIN



COMEDY

Lady Bird

6.20pm, Sky Drama ★★★★★

Sex ●●○ Violence ○○○ Language ●●●

Saoirse Ronan is equal parts endearing and annoying as a snarky but vulnerable teen who longs to escape from her dull suburban roots and go to college in this beguiling coming-of-age comedy from Greta Gerwig. Set in California in 2002, the film revolves around Ronan's prickly love-hate relationship with mum Laurie Metcalf. It is whip-smart, achingly honest and piercingly funny. 2017, 15, 94MIN

CRIME COMEDY

Midnight Run

9pm, Legend Xtra ★★★★

Sex ○○○ Violence ●●○ Language ●●○

What makes this comedy thriller such a delight is the chemistry between Robert De Niro's hangdog bounty hunter and Charles Grodin's prissy accountant who has embezzled from the Mob and whom De Niro is attempting to get to LA from New York. With such brilliant casting, all director Martin Brest has to do is ensure that the action keeps moving. 1988, 18, 122MIN

■ Full listings start on p75

Thursday 8 May

COMEDY DRAMA

Their Finest

11pm, BBC2 (not Northern Ireland) ★★★★

Sex ●○○ Violence ●○○ Language ●○○

At the height of the Blitz, young Welshwoman Gemma Arterton lands a job with a unit making short propaganda films for the Ministry of Information, alongside jaded writer Sam Claflin, and ends up working on a morale-boosting feature about the exploits of a couple of seafaring sisters during the Dunkirk evacuation. The film within the film is hilarious and Arterton sparkles in this joyous, uplifting movie that is filled with humour, but also keeps us aware of the precariousness of life during wartime. 2016, 12, 117MIN

Doing their bit: Gemma and Sam

HORROR COMEDY

The Radleys

8.40am & 12.05am, Sky Hits ★★★

Sex ○○○ Violence ●●○ Language ●●○

In a British coastal town, the Radleys seem like any other family – mum and dad Kelly Macdonald and Damian Lewis and kids Bo Bragason and Harry Baxendale. But after Bragason wards off a sexual assaulter by flinging him across the forest floor and drinking his blood, Lewis and Macdonald fess up – they're (abstinent) vampires! This is a terrific black satire of suburban life, told with wit – and bite. 2024, 15, 115MIN

ACTION

The Beekeeper

4.15pm, Sky Hits ★★★

Sex ○○○ Violence ●●● Language ●●●

Requisite hard-nut star Jason Statham plays a seemingly tranquil beekeeper but, of course, he has a shadowy past and a particular set of skills that he calls on when some nasty types target his boss and friend (Phylicia Rashad). Director David Ayer's throwback to 1980s action thrillers is routinely handled, though Statham is on form and what starts off as a roaring rampage of personal revenge grows in scope. 2023, 15, 105MIN

COMEDY DRAMA

Parenthood

5.55pm, Sky Greats ★★★★

Sex ●○○ Violence ○○○ Language ●●○

Although it might ultimately be a little too sugary, director Ron Howard's fast-paced, multi-generational comedy drama has some genuinely hilarious moments. Most of the humour comes courtesy of Steve Martin as a neurotic suburban father, while Jason Robards, Dianne Wiest, Mary Steenburgen, Keanu Reeves, Tom Hulce, Martha Plimpton, Rick Moranis and Joaquin (as Leaf) Phoenix are among the fabulous cast. 1989, 15, 124MIN

PERIOD DRAMA

The Invisible Woman

10.10pm, BBC4 ★★★★

Sex ●○○ Violence ○○○ Language ○○○

A superbly acted, intelligent and involving drama about the secret affair between Victorian literary giant Charles Dickens (Ralph Fiennes, who also directed) and actress Nelly Ternan. As Nelly, Felicity Jones is superb, her subtly expressive face conveying her emotional turmoil of being passionately adored but forced by propriety and her lover's fame to remain invisible. 2013, 12, 111MIN

■ Full listings start on p85

Friday 9 May

ANIMATION

Ruby Gillman: Teenage Kraken

Starts today, Netflix ★★★

Sex ○○○ Violence ○○○ Language ○○○

After rescuing a drowning boy, insecure Ruby (voiced by Lana Condor) learns she's a kraken – a tentacled sea beast with bioluminescent skin and laser eyes. Turns out Ruby's mum (Toni Collette) has been hiding her brood on land to prevent them being sucked into a vendetta with their enemies, mermaids, who want to get hold of a fabled trident that decrees who rules above and below the waves. Until a tiresome finale, there's much to like, not least the genuine wit and the protagonists' elasticity. 2023, PG, 91MIN

Sea-ing the light: Ruby

ADVENTURE

The Mummy

5.50pm, Sky Heroes ★★★★

Sex ○○○ Violence ●○○ Language ○○○

Evil high priest Imhotep (Arnold Vosloo) may have been buried alive several thousand years ago, but that doesn't stop him from coming back from the dead to create mayhem in 1920s Egypt. Brendan Fraser, Rachel Weisz and John Hannah are the intrepid adventurers who try to keep him under wraps. Packed with fast-paced chases, exciting stunts and jokey banter, this rip-roaring adventure is tremendous fun all the way. 1999, 15, 124MIN

FANTASY

La La Land

11pm, BBC2 ★★★★★

Sex ○○○ Violence ○○○ Language ●○○

Writer-director Damien Chazelle's joyous and uplifting multi-Oscar-winning homage to the golden age of Hollywood musicals is a delight. Opening with a bravura sequence in which a traffic jam on an LA flyover turns into a stunningly choreographed dance routine, the movie goes on to explore the bittersweet love story of two Hollywood hopefuls – Emma Stone's aspiring actress and Ryan Gosling's purist jazz pianist. 2016, 12, 128MIN

FANTASY

The Shape of Water

11.35pm, Film4 ★★★★★

Sex ●●○ Violence ●●○ Language ●●○

Sally Hawkins' mute cleaner falls in love with a strange fish-man being (Doug Jones) and plots to free him from a top-secret US government lab in this deliriously strange, utterly enchanting movie. Setting the tale in the early-1960s, director Guillermo del Toro throws in splashy creature feature magic, fairy-tale wonder and Cold War paranoia, but it is Hawkins' guileless innocence and empathy that holds everything together. 2017, 15, 123MIN

ADVENTURE

Primal

1.40am, C4 ★★★

Sex ○○○ Violence ●●○ Language ●●○

This enjoyably hokey B-movie displays admirable chutzpah by managing to throw together Nicolas Cage's cocksure big-game hunter, a giant white jaguar and captured assassin Kevin Durand on board a cargo ship en route from South America to the US. Which caged beast will escape first? The plot doesn't hold water, but Cage is good fun, and so is the movie. 2019, 15, 97MIN

■ Full listings start on p95

Sport week

Your ultimate guide to the best of the week's li

2024's victor Kyren Wilson

World Championship final

Steve Davis

Who will succeed Kyren Wilson as king of the Crucible? **Steve Davis** previews the Sheffield showdown...

Lei Peifan of China knocked out defending champion Kyren Wilson in the first round

LIVE SNOOKER

Sunday-Holiday Monday, BBC1, BBC2, BBC iPlayer, TNT Sports 1 & TNT Sports 3

After a fortnight of top-class action from the Crucible Theatre in Sheffield, the last two men standing will play out a best-of-35-frames match over the course of four sessions before the new snooker world champion is crowned on Holiday Monday evening.

One man who knows all about the pressure of a Crucible final is BBC commentator Steve Davis, who won six titles in the 1980s.

We caught up with the 'Nugget', 67, for an exclusive chat…

How tense will the players be on the morning of the final? In a way, playing the final is the easy bit. It's the early rounds that are difficult, because you're waiting around in-between matches and starting early in the morning, which is unusual in snooker. The longer you're in the tournament, the more it becomes business as usual.

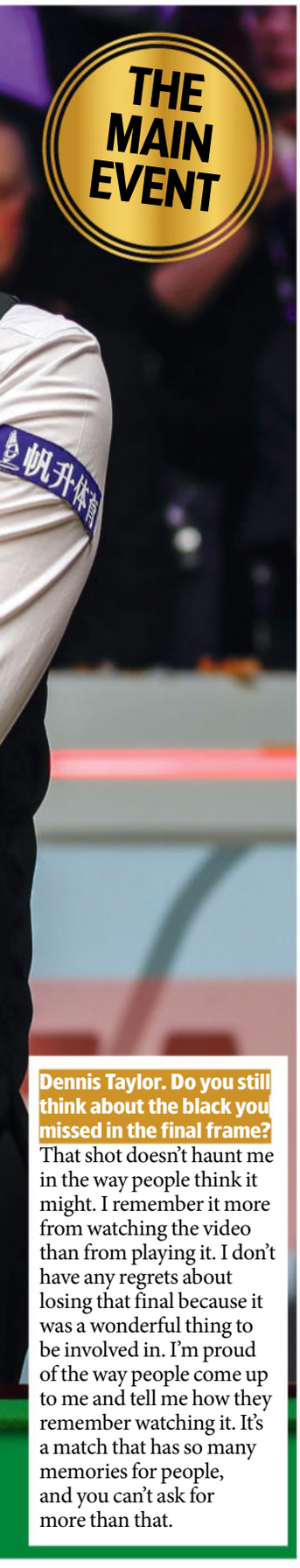
Did you have a special routine ahead of the final? Well, you've just won a semi-final, so you've got to grab some food, get some sleep and then stay in the zone. If you're fortunate, you'll have a team with you, or maybe just a friend to have a laugh with and take the pressure off a bit. Getting sleep can be tricky, though, because you're in a hotel room rather than your own bed.

What would you have for a pre-match meal? I found it difficult to eat because I was so nervous, and you certainly don't want to be playing on a full stomach, but you have to try to shovel something down when you get a chance. One year, I weighed myself after I won the tournament, and I was half a stone lighter than I was at the start. All that nervous energy burns it off pretty fast.

You won six titles at the Crucible, but which was your favourite? In 1989, I beat John Parrott 18-3, and it became a procession. I don't think I've ever felt so at home at the Crucible; I felt like I owned the place, and every time I went to the table, I was going to clear up.

This year is the 40th anniversary of your classic final against

WORDS: SEAN MARLAND, RICHARD MCCLURE. PHOTOS: GETTY



THE MAIN EVENT

Dennis Taylor. Do you still think about the black you missed in the final frame?
That shot doesn't haunt me in the way people think it might. I remember it more from watching the video than from playing it. I don't have any regrets about losing that final because it was a wonderful thing to be involved in. I'm proud of the way people come up to me and tell me how they remember watching it. It's a match that has so many memories for people, and you can't ask for more than that.

LIVE FOOTBALL

Champions League semi-finals

Tuesday & Wednesday, kick-offs 8pm, Prime Video & TNT Sports 1

The inspirational Declan Rice was sensational in the quarter-finals, and the England midfielder could play a vital role again as Arsenal travel to Paris on Wednesday (TNT Sports 1) for the second leg of their last-four tie against Paris Saint-Germain. Midfielder Thomas Partey is available for selection again following his suspension for the first leg as Mikel Arteta bids to lead the Gunners to only a second-ever final after losing to Barcelona in 2006. On Tuesday (Prime Video), Barcelona travel to the San Siro to face an Inter Milan side that includes ex-Premier League veterans Henrikh Mkhitaryan and Marko Arnautovic. The final takes place in Munich on Saturday 31 May.

Inter Milan's Henrikh Mkhitaryan

Arsenal's Declan Rice

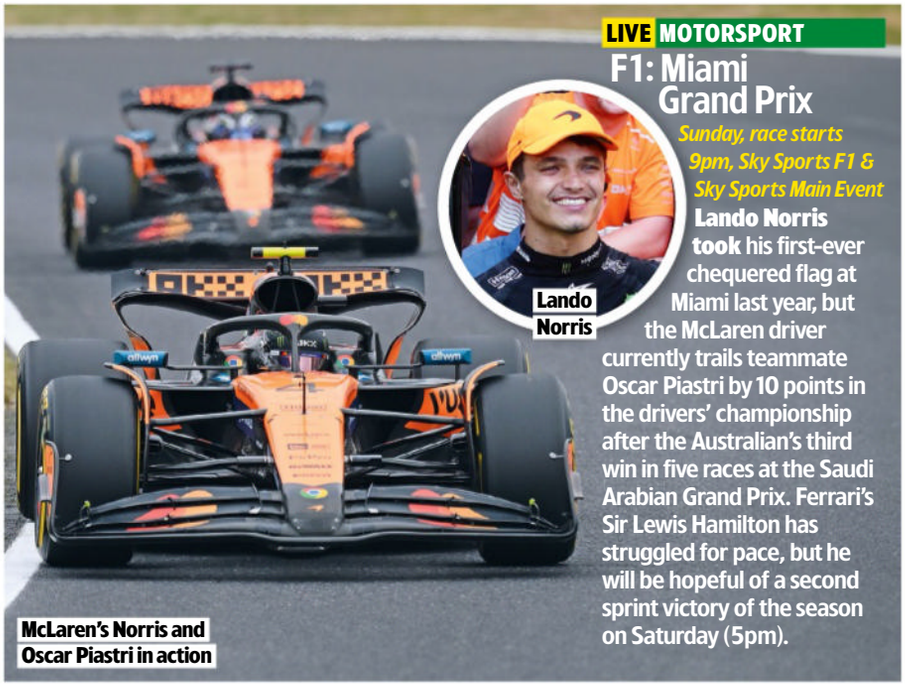
Wigan Warriors' Bevan French

LIVE RUGBY LEAGUE

Magic Weekend

Saturday & Sunday, Sky Sports Action & Sky Max

As Super League's annual extravaganza returns to St James' Park in Newcastle, the action kicks off on Saturday with the clash between Leigh Leopards and Catalans Dragons (kick-off 3pm). Sunday's highlights include a struggling and injury-hit Huddersfield Giants against Hull FC (1pm), while Wigan Warriors take on Warrington (3.15pm) in a repeat of their Las Vegas clash in March when Warriors' Bevan French was man of the match.



Lando Norris

McLaren's Norris and Oscar Piastri in action

LIVE MOTORSPORT

F1: Miami Grand Prix

Sunday, race starts 9pm, Sky Sports F1 & Sky Sports Main Event

Lando Norris took his first-ever chequered flag at Miami last year, but the McLaren driver currently trails teammate Oscar Piastri by 10 points in the drivers' championship after the Australian's third win in five races at the Saudi Arabian Grand Prix. Ferrari's Sir Lewis Hamilton has struggled for pace, but he will be hopeful of a second sprint victory of the season on Saturday (5pm).

Leinster's James Lowe

LIVE RUGBY UNION

European Champions Cup

Sat & Sun, Premier Sports 1

Northampton Saints will be out for revenge when they face tournament favourites Leinster in the weekend's first semi-final in Dublin on Saturday (kick-off 5.30pm). The teams met in the last four 12 months ago when a hat-trick of tries from James Lowe helped the Irish side to a 20-17 victory. On Sunday, champions Toulouse take on Bordeaux Bègles in a mouth-watering all-French tie (kick-off 3pm).

Sport A-Z and football planner »»

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Sport week A-Z GUIDE

ATHLETICS

LIVE Grand Slam Track
Sat 10.30pm & Sun 8.30pm TNT Sports 1
The second round from Miami.

AUSTRALIAN RULES

LIVE Adelaide Crows v Carlton Blues
Sat 7am TNT Sports 1

LIVE Sydney Swans v GWS Giants
Sat 4am TNT Sports 2

LIVE Hawthorn Hawks v Richmond Tigers
Sun 6am TNT Sports 4

LIVE Brisbane Lions v Gold Coast Suns
Sun 10am TNT Sports 4

LIVE Fremantle Dockers v Collingwood Magpies
Thu 11am TNT Sports 1

LIVE St Kilda Saints v Carlton Blues
Fri 10.30am TNT Sports 4

LIVE Melbourne Demons v Hawthorn Hawks
Fri 4am TNT Sports 1

BASEBALL

LIVE Pittsburgh Pirates v San Diego Padres
Sat 9pm TNT Sports 2

LIVE Baltimore Orioles v Kansas City Royals
Sat 12m't TNT Sports 2

LIVE New York Yankees v Tampa Bay Rays
Sun 6.30pm TNT Sports 4

LIVE Atlanta Braves v Los Angeles Dodgers
Sun 12m't TNT Sports 1

LIVE Chicago Cubs v San Francisco Giants
Mon 12.30am TNT Sports 2

LIVE New York Yankees v San Diego Padres
Tue 12m't TNT Sports 1

LIVE Milwaukee Brewers v Houston Astros
Wed 6pm TNT Sports 2

LIVE Miami Marlins v Los Angeles Dodgers
Wed 9.30pm TNT Sports 2

LIVE Minnesota Twins v Baltimore Orioles
Wed 12.45am TNT Sports 2

LIVE Arizona Diamondbacks v Los Angeles Dodgers
Thu 2.30am TNT Sports 2

Cycling
Britain's Cat Ferguson is due to ride for Movistar Team in La Vuelta Femenina

LIVE Cleveland Guardians v Philadelphia Phillies
Fri 12m't TNT Sports 1

BASKETBALL

LIVE NBA Play-offs
Sat 12m't TNT Sports 3; Mon 12.30am, Wed 1am & Thu 12m't TNT Sports 1; Tue & Fri 2.30am TNT Sports 2

BOXING

LIVE Naoya Inoue v Ramon Cardenas
Sun 1am Sky Sports Action & 2am Sky Sports Main Event

COMBAT SPORTS

LIVE UFC Fight Night Prelims
Sat 1am TNT Sports 1

LIVE Cory Sandhagen v Deiveson Figueiredo
Sat 3am TNT Sports 1

CRICKET

LIVE Royal Challengers Bengaluru v Chennai Super Kings
Sat 2.50pm Sky Sports Cricket

LIVE Quetta Gladiators v Islamabad United
Sat 7pm Sky Sports Cricket

LIVE Kolkata Knight Riders v Rajasthan Royals
Sun 10.50am Sky Sports Cricket

LIVE Punjab Kings v Lucknow Super Giants
Sun 3pm Sky Sports Cricket

LIVE Lahore Qalandars v Karachi Kings
Sun 3.50pm Sky Sports+ & 7pm Sky Sports Cricket

LIVE Sunrisers Hyderabad v Delhi Capitals
Mon 2.50pm Sky Sports Cricket

LIVE Multan Sultans v Peshawar Zalmi
Mon 3.50pm Sky Sports+ & 7pm Sky Sports Cricket

LIVE Mumbai Indians v Gujarat Titans
Tue 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Islamabad United v Quetta Gladiators
Wed 11.20am Sky Sports Mix

LIVE Kolkata Knight Riders v Chennai Super Kings
Wed 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Pakistan Super League
Wed & Thu 3.50pm Sky Sports Mix & 7pm Sky Sports Cricket

LIVE Punjab Kings v Delhi Capitals
Thu 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Lucknow Super Giants v Royal Challengers Bengaluru
Fri 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

CYCLING

LIVE Tour of Turkey
Sat 10.30am TNT Sports 4; Sun 9.30am TNT Sports 1
Stages seven and eight.

LIVE Tour of Romandy
Sat 1pm TNT Sports 4; Sun 1.15pm TNT Sports 1
The fourth and fifth stages.

LIVE La Vuelta Femenina
Sun 11.30am, Mon-Thu 2.30pm, Fri 11.45am TNT Sports 1
The first to sixth stages.

LIVE Giro d'Italia
Fri 12noon TNT Sports 3 & 1.45pm TNT Sports 1
The first stage of the race in Italy.

DARTS

LIVE Premier League
Thu 7pm Sky Sports Action

EQUESTRIAN

LIVE Global Champions Tour
Sun 6.45am TNT Sports 1

GOLF

LIVE CJ Cup Byron Nelson
Sat & Sun 1pm Sky Sports Golf
Days three and four staged at TPC Craig Ranch in McKinney, Texas.

LIVE Black Desert Championship
Sat & Sun 11pm Sky Sports Golf; Sat 11.30pm & Sun 12m't Sky Sports Main Event
Days three and four staged at Black Desert Resort in Ivins, Utah.

LIVE LIV Golf
Sat 4.30am ITV1
The third and final day in Incheon.

LIVE Truist Championship Creator Classic
Wed 9pm Sky Sports Golf & 10pm Sky Sports Main Event

LIVE Turkish Open
Thu & Fri 11am Sky Sports Golf
Days one and two from Regnum Carya Golf & Spa Resort in Antalya.

LIVE Truist Championship
Thu & Fri 1pm Sky Sports+ & 4pm Sky Sports Golf
Days one and two at Philadelphia Cricket Club in Chestnut Hill.

LIVE Mizuho Americas Open
Thu & Fri 4pm Sky Sports+
Days one and two at Liberty National Golf Club in New Jersey.

LIVE Aramco Korea Championship
Fri 6.30am Sky Sports Main Event & Sky Sports Golf
Day one at New Korea Country Club.

HORSE RACING

LIVE Newmarket
Sat & Sun 1.30pm ITV1

LIVE Chester
Wed-Fri 1.10pm ITV4

ICE HOCKEY

LIVE NHL Play-offs
Sat-Fri 12m't Premier Sports 2; Sat & Sun 2.30am, Mon-Fri 2am Premier Sports 1

LIVE Switzerland v Czechia
Fri 3.15pm Premier Sports 1

MOTORCYCLING

LIVE Superbike World Championship
Sat 8am, 9.30am & 12.15pm, Sun 9.30am & 12.15pm TNT Sports 2

LIVE Speedway Grand Prix
Sat 5.30pm TNT Sports 2

LIVE British Superbikes
Sun & Mon 1pm TNT Sports 4; Sun 3.30pm & Mon 4.30pm TNT Sports 1; Mon 1pm Quest

LIVE Dackarna v Lejonen
Tue 5.55pm Premier Sports 1

LIVE MotoGP
Fri 8am & 12.15pm TNT Sports 2
Grand Prix of France practice sessions.

MOTORSPORT

LIVE Women's Circuit Racing World Championship
Sat & Sun 11.30am TNT Sports 2

LIVE Formula E
Sat 1pm, Sun 9.30am & 1pm ITV4
Monaco E-Prix at Circuit de Monaco.

LIVE F1 Academy
Sat 3.20pm & 7.50pm, Sun 3pm Sky Sports F1

LIVE Formula 1
Sat 4pm Sky Sports F1
Miami Grand Prix sprint race.

LIVE Indycar
Sat 4.30pm & 7.30pm, Sun 6.30pm Sky Sports Mix

LIVE Formula 1
Sat 8.35pm Sky Sports Main Event & Sky Sports F1
Miami Grand Prix qualifying session.

LIVE Indy NXT
Sun 4.30pm Sky Sports F1

LIVE Formula 1
Sun 7.30pm Sky Sports Main Event & Sky Sports F1
The Miami Grand Prix. See p29.

LIVE NASCAR
Sun 7.30pm Premier Sports 1

LIVE Indycar
Fri 2.30pm, 6pm & 9pm Sky Sports F1

LIVE MotoE
Fri 3.45pm TNT Sports 2

LIVE Indy NXT
Fri 11.30pm Sky Sports F1

LIVE V8 Supercars Championship
Fri 3am TNT Sports 3

RUGBY LEAGUE

LIVE South Sydney Rabbitohs v Newcastle Knights
Sat 6am Sky Sports Main Event & Sky Sports Action

LIVE New Zealand Warriors v North Queensland Cowboys
Sat 8.30am Sky Sports Main Event & Sky Sports Action

LIVE Wests Tigers v St George Illawarra Dragons
Sat 10.45am Sky Sports Action

LIVE Leigh Leopards v Catalans Dragons
Sat 2.30pm Sky Sports Action (kick-off 3pm) The Super League Magic Weekend match. See p29.

LIVE Hull Kingston Rovers v Salford Red Devils
Sat 5pm Sky Sports Action (kick-off 5.15pm) The Super League Magic Weekend game. See p29.

LIVE St Helens v Leeds Rhinos
Sat 7.15pm Sky Sports Action & Sky Max (kick-off 7.30pm)
The Super League Magic Weekend game from St James' Park. See p29.

LIVE Gold Coast Titans v Canterbury Bulldogs
Sat 4.45am Sky Sports Main Event & Sky Sports+

LIVE Penrith Panthers v Brisbane Broncos
Sun 7.05am Sky Sports Action

LIVE Melbourne Storm v Canberra Raiders
Sun 9.25am Sky Sports Action

LIVE Huddersfield Giants v Hull FC
Sun 12.30pm Sky Sports Action (kick-off 1pm) The Super League Magic Weekend match. See p29.

LIVE Wigan Warriors v Warrington Wolves
Sun 3pm Sky Sports Action (kick-off 3.15pm) The Super League Magic Weekend match. See p29.

LIVE Castleford Tigers v Wakefield Trinity
Sun 5.15pm Sky Sports Action (kick-off 5.30pm) The Super League Magic Weekend game. See p29.

Sport A-Z and football planner >>>

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Football planner

LIVE South Sydney Rabbitohs v Brisbane Broncos
Fri 11am Sky Sports Action

RUGBY UNION

LIVE Hurricanes v Chiefs
Sat 8am Sky Sports Mix

LIVE Brumbies v NSW Waratahs
Sat 10.30am Sky Sports Mix

LIVE Edinburgh v Bath
Sat 2.30pm Premier Sports 2 (kick-off 3pm) The Challenge Cup semi-final staged at Hive Stadium.

LIVE Leinster v Northampton Saints
Sat 4.30pm Premier Sports 1 (kick-off 5.30pm) Champions Cup semi-final at Aviva Stadium. See p29.

LIVE Llandovery v Pontypool
Sat 5pm S4C (kick-off 5.15pm)

LIVE HSBC SVNS
Sat 6pm & Sun 9.45pm TNT Sports 4

LIVE Highlanders v Moana Pasifika
Sat 4.30am Sky Sports Mix

LIVE Lyon v Racing 92
Sun 12noon Premier Sports 1 (kick-off12.30pm) The Challenge Cup semi-final.

LIVE Bordeaux v Toulouse
Sun 2.30pm Premier Sports 1 (kick-off 3pm) The Champions Cup semi-final from Matmut Atlantique.

LIVE Fijian Drua v Blues
Fri 8am Sky Sports Mix

LIVE NSW Waratahs v Queensland Reds
Fri 10.30am Sky Sports Mix

LIVE Sharks v Ospreys
Fri 5.30pm Premier Sports 2 & 5.55pm BBC2 (Wales only) (kick-off 6pm) The United Rugby Championship match.

LIVE Leicester Tigers v Sale Sharks
Fri 7pm TNT Sports 1 (kick-off 7.45pm) The Premiership match from Welford Road Stadium.

LIVE Munster v Ulster
Fri 7pm Premier Sports 1 (kick-off 7.35pm) The United Rugby Championship match.

SNOOKER

LIVE World Championship
Sat 10am & 7pm BBC2, 10am, 2.15pm & 6.30pm TNT Sports 3, 2pm BBC1 & 3.15pm TNT Sports 1
Semi-finals from the Crucible.

LIVE World Championship
Sun & Mon 12.45pm & 6.30pm TNT Sports 3; Sun 1pm BBC1; Sun 7pm, Mon 1pm & 7pm BBC2; Mon 6.30pm TNT Sports 1
The final at the Crucible. See p28.

LIVE World Seniors Championship
Wed-Fri 12noon 5, 7pm 5Action
Days one to three from the Crucible.

TENNIS

LIVE Madrid Open
Sat 2.30pm Sky Sports Tennis
Men's doubles and women's finals.

LIVE Madrid Open
Sun 2.30pm Sky Sports Tennis
Women's doubles and men's final.

LIVE Internazionali BNL d'Italia
Tue & Thu 10am, Wed 10am & 7pm, Fri 10.30am Sky Sports Main Event; Tue-Fri 10am Sky Sports+ & Sky Sports Tennis

LIVE EUROPA LEAGUE

Manchester United v Athletic Bilbao

Thu, kick-off 8pm, TNT Sports

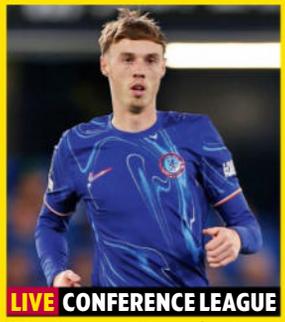
In their semi-final second leg, United host Ernesto Valverde's Spanish outfit whose squad consists entirely of Basque players, including Euros hero Nico Williams. Bilbao have the incentive of the final being held in their home stadium on Wednesday 21 May.

LIVE EUROPA LEAGUE

Bodø/Glimt v Tottenham Hotspur

Thu, kick-off 8pm, TNT Sports

Spurs head north of the Arctic Circle to face the Norwegian champions who tasted victory over Ange Postecoglou when he was boss of Celtic in 2022. Tottenham are targeting a first trophy in 17 years and a possible all-English Europa League final against Manchester United.



LIVE CONFERENCE LEAGUE

Chelsea v Djurgårdens

Thu, kick-off 8pm, TNT Sports

Star striker Cole Palmer has struggled for goals in recent weeks, but the Blues will start as favourites in their semi-final second leg against their Swedish opponents. The winners of the tie will meet Fiorentina or Real Betis in the final in Wrocław, Poland on Wednesday 28 May.

Saturday 3

LIVE Melbourne City v Sydney FC
8am TNT Sports 3 (kick-off 8am)

LIVE Championship
11am Sky Sports Main Event (kick-off 12.30pm)
A game on the season's final day.

LIVE Championship
11am Sky Sports Football (kick-off 12.30pm)
A match on the season's final day.

LIVE Aston Villa v Fulham
11am TNT Sports 1 (kick-off 12.30pm)
Premier League game at Villa Park.

LIVE Championship
12.25pm Sky Sports+ (kick-off 12.30pm)
A game on the season's final day.

LIVE Alaves v Atlético Madrid
12.55pm Premier Sports 1 (kick-off 1pm)
LaLiga match from Mendizorrotza.

LIVE Cliftonville v Dungannon Swifts
2pm BBC2 (N Ireland only) (kick-off 2.30pm)
Irish Cup final at Windsor Park.

LIVE RB Leipzig v Bayern Munich
2.20pm Sky Sports Mix (kick-off 2.30pm) The Bundesliga match from Red Bull Arena.

LIVE League One
2.45pm Sky Sports Football (kick-off 3pm)

LIVE League One/League Two
2.45pm Sky Sports+ (kick-off 3pm)
A match on the season's final day.

LIVE Arsenal v Bournemouth
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
The Premier League match staged at Emirates Stadium. The visitors won the reverse fixture back in October as they ended the Gunners unbeaten start to the season with a 2-0 victory.

LIVE Las Palmas v Valencia
5.25pm Premier Sports 2 (kick-off 5.30pm) The LaLiga match from Estadio Gran Canaria.

LIVE Borussia Dortmund v VfL Wolfsburg
5.30pm Sky Sports+ & 6pm Sky Sports Football (kick-off 5.30pm)
The Bundesliga match staged at Signal Iduna Park.

LIVE Serie A
7.30pm TNT Sports 1

LIVE Real Valladolid v Barcelona
7.55pm Premier Sports 2 (kick-off 8pm) The LaLiga match staged at Estadio Jose Zorrilla.

Sunday 4

LIVE Melbourne Victory v Newcastle Jets
8am TNT Sports 3 (kick-off 8am)

LIVE Rangers v Celtic
11am Sky Sports Main Event & Sky Sports Football (kick-off 12noon)
The Scottish Premiership match.

LIVE Manchester United v Manchester City
11.30am Sky Sports+ & Sky Showcase (kick-off 12noon)
The WSL match from Old Trafford. The most recent encounter was just three weeks ago and saw United prevail 2-0 in a Women's FA Cup semi-final at Joie Stadium.

LIVE Real Madrid v Celta Vigo
12.55pm Premier Sports 2 (kick-off 1pm) The LaLiga match from Bernabeu.

LIVE Brighton & Hove Albion v Newcastle United
1pm Sky Sports Premier League & 2pm Sky Sports Main Event (kick-off 2pm)
The Premier League match staged at AMEX Stadium, as the Magpies look for three more vital points in their quest for Champions League football next season, but the hosts have already beaten them twice in this campaign.

LIVE Tottenham Hotspur v Chelsea
2pm BBC2 (kick-off 2.15pm)
The WSL match staged at Tottenham Hotspur Stadium.

LIVE FC Augsburg v Holstein Kiel
2.20pm Sky Sports Mix & 3pm Sky Sports Football (kick-off 2.30pm)
Bundesliga game at WWK ARENA.

LIVE Sevilla v Leganes
3.10pm Premier Sports 2 (kick-off 3.15pm) LaLiga match at Estadio Ramon Sanchez Pizjuan.

LIVE SWPL
4pm BBC Alba

LIVE Chelsea v Liverpool
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)
The Premier League match staged at Stamford Bridge. Mohamed Salah provided a goal and an assist in the reverse fixture in October as the visitors won the game 2-1.

LIVE SC Freiburg v Bayer Leverkusen
4.30pm Sky Sports Football (kick-off 4.30pm) The Bundesliga fixture from Europa-Park Stadion.

LIVE Barcelona v Deportivo Abanca
4.30pm TNT Sports 2 (kick-off 4.30pm)
The Spanish Women's Liga F game.

LIVE Espanyol v Real Betis
5.25pm Premier Sports 2 (kick-off 5.30pm) The LaLiga match from Stage Front Stadium.

LIVE FSV Mainz 05 v Eintracht Frankfurt
6.30pm Sky Sports Football (kick-off 6.30pm) The Bundesliga match staged at Mewa Arena.

LIVE Serie A
7.30pm TNT Sports 2

LIVE Real Sociedad v Athletic Bilbao
7.55pm Premier Sports 2 (kick-off 8pm)
The LaLiga match at Reale Arena.

LIVE San Diego Wave FC v Bay FC
1am TNT Sports 2 (kick-off 1am)
NWSL game at Snapdragon Stadium.

Holiday Monday

LIVE Brighton & Hove Albion v Arsenal
3.30pm Sky Sports Main Event, Sky Sports Football & Sky Showcase (kick-off 4pm)
WSL match at Broadfield Stadium.

LIVE Baller League
5.15pm Sky Sports Mix & 6.30pm Sky Sports Football
Round seven of the six-a-side league from Copper Box Arena.

LIVE Crystal Palace v Nottingham Forest
6.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
The Premier League match staged at Selhurst Park. Chris Wood scored the only goal of the game in the reverse fixture in October.

LIVE Girona v Mallorca
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga match from Estadi Montilivi.

Tuesday 6

LIVE Inter Milan v Barcelona
6.30pm Prime Video (k-o 8pm)
The Champions League semi-final second-leg tie at San Siro. See p29.

LIVE Scottish Premiership Play-off
7.30pm BBC Scotland (kick-off 7.45pm)
The first leg of the quarter-final, as the team that finished fourth in the Championship hosts third place.

Wednesday 7

LIVE Paris Saint-Germain v Arsenal
7pm TNT Sports 1 (kick-off 8pm)
The Champions League semi-final second leg at Parc des Princes. The hosts are looking to reach their first final in this competition since their 1-0 defeat to Bayern Munich in 2020, while Arsenal haven't reached a final at this level since their loss to Barcelona in 2006. These two sides met in the league phase of this year's tournament in October, when the Gunners came out on top with a 2-0 victory thanks to first-half goals from Kai Havertz and Bukayo Saka. See p29.

Thursday 8

LIVE Championship
7pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The first play-off semi-final first leg.

LIVE Bodø/Glimt v Tottenham Hotspur
7pm TNT Sports (kick-off 8pm)
The Europa League semi-final second-leg encounter.

LIVE Manchester United v Athletic Bilbao
7pm TNT Sports (kick-off 8pm)
The Europa League semi-final second-leg clash.

LIVE Chelsea v Djurgårdens
7.45pm TNT Sports (k-o 8pm)
The semi-final second leg in the Conference League.

LIVE Fiorentina v Real Betis
7.45pm TNT Sports (k-o 8pm)
The Conference League semi-final second leg fixture.

Friday 9

LIVE Championship
7pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The play-off semi-final first leg.

LIVE VfL Wolfsburg v TSG 1899 Hoffenheim
7.20pm Sky Sports+ (kick-off 7.30pm) The Bundesliga match staged at Volkswagen Arena.

LIVE Scottish Premiership Play-off
7.30pm BBC Scotland (kick-off 7.45pm)
The second leg of the quarter-final.

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Saturday

3 May

Evening Planner

Football

Premier League

TNT Sports & Sky Sports

Aston Villa, who are hoping to secure a place in Europe next season, take on Fulham, and Arsenal face Bournemouth.

Sci-Fi

Doctor Who

BBC1, 7.10pm

Former companion, Ruby Sunday (Millie Gibson), makes a surprise appearance tonight, adjusting to life back on Earth.

Drama

The Handmaid's Tale

C4, 9pm & Prime Video

We've had to wait over two years but we finally learn what June and Serena's fates will be as their train heads to Alaska.

Drama

Families Like Ours

BBC4, 9pm & 9.50pm (box set, iPlayer)

Danish drama set in the near future, where rising sea levels force evacuation, changing lives and dividing families.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.10 Doctor Who	7.55 Blankety Blank	8.30 Pointless Celebrities	9.20 Casualty		10.10 News	10.30 Match of the...
	102 BBC2	7.00 Snooker: World Championship – Live: The concluding session of a semi-final						10.00 Film: The Commitments	
	103 ITV1	7.00 Britain's Got Talent: Live Semi-Final				9.00 The 1% Club		10.05 Fake	
	104 CHANNEL 4	7.00 Two Men on a Bike		8.00 24 Hours: The Fall of Nazi Germany		9.00 The Handmaid's Tale		10.00 Film: Good Luck to You, Leo Grande	
	105 5	7.00 Inside Windsor Castle: A Royal...		8.00 Secrets of the Royal Traditions		9.00 The 70s: The Decade That Made Queen Elizabeth			10.30 When Classic...
	106 SKY SHOWCASE	7.00 F1: Miami Grand Prix Sprint Race...		8.00 Shark: British Isles Special with Steve...		9.00 Film: Forrest Gump			
ENTERTAINMENT	115 BBC3	7.00 My Mate's...	7.25 EastEnders	7.55 Doctor Who...	8.25 Film: Divergent				10.35 Two Pints...
	116 BBC4		7.10 All Creatures Great and Small			9.00 Families Like Ours			10.40 Wogan
	118 ITV2	‹ 6.35 Film: Raiders of the Lost Ark				9.00 Film: Batman Begins			
	136 MORE4	‹ 6.55 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Best of Nothing to Declare		9.00 The Equalizer		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.00 Game of Thrones				9.00 The Penguin		10.10 Homicide: Life on the Street	
	110 U&GOLD		7.05 Only Fools and Horses						
	111 U&DAVE	7.00 Would I Lie to You?				9.00 Red Dwarf			
	119 ITV3	7.00 Midsomer Murders				9.00 Vera			
	120 ITV4	‹ 6.20 Film: For Your Eyes Only				9.00 English Football League Highlights			10.30 Film: AVP...
	112 COMEDY CENTRAL	‹ 6.50 Film: Splash				9.00 Film: Bad Neighbours 2			
	139 SKY SCI-FI	7.00 Star Trek: Voyager				9.00 Stephen King's It			
	113 SKY MAX		7.15 Betfred Super League – Live: St Helens v Leeds Rhinos (Kick-off 7.30)					10.00 Strike Back: Silent War	
	109 U&ALIBI	‹ 6.20 Death in Paradise	7.40 Beyond Paradise			9.00 Death in Paradise		10.00 Film: An Officer and a Murderer	
	130 SKY ARTS	‹ 6.05 The Music of Buddy Holly and the...		8.00 Beach Boys: Good Vibrations Tour		9.00 Suzi Q			
	132 U&W	‹ 6.30 Outnumbered				9.00 The Catherine Tate Show			
DOCUMENTARY	125 DISCOVERY	‹ 6.00 Gold Rush: White Water		8.00 Expedition Unknown		9.00 Naked and Afraid			
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Guardians of Rescue		9.00 Growing Up		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Seconds from Disaster		8.00 World War II: Secrets from Above					
	123 SKY HISTORY	7.00 June 6, 1944 – The Light of Dawn				9.00 Auschwitz – Countdown to Liberation			
	155 U&YESTERDAY	7.00 James May's Man Lab				9.00 Bangers & Cash			
	121 SKY DOCS	‹ 6.45 Mr Dynamite: The Rise of James Brown				9.00 Hijacked: Flight 73			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 Omni Loop		8.00 Cleaner			9.45 Twisters		
	302 FAVOURITES	‹ 6.10 Back to the Future Part II		8.00 Barbie				10.00 Bad Boys	
	303 HITS	‹ 5.50 Bad Boys for Life		8.00 Bad Boys: Ride or Die				10.10 Django Unchained	
	304 GREATS	‹ 6.10 Beverly Hills Cop		8.00 Beverly Hills Cop II				10.00 Beverly Hills Cop 3	
	305 ANIMATION	‹ 5.40 Hotel...	7.25 The Garfield Movie			9.15 Rango			
	306 FAMILY	‹ 5.55 Johnny English Reborn	7.40 Ghostbusters: Frozen Empire				9.40 A Tiger's Journey		
	307 HEROES	‹ 6.10 Cleaner		8.00 Twisters				10.05 Twister	
	308 COMEDY	‹ 6.15 About Last Night		8.00 Borat Subsequent Moviefilm			9.40 48 Hrs		
	309 THRILLER	‹ 5.25 The Da Vinci Code		8.00 State of Play				10.15 Goodfellas	
	310 DRAMA	‹ 5.15 Funny Girl		8.00 Ben-Hur					
	311 SCI-FI	‹ 6.10 Insidious		8.00 I Am Legend			9.45 Men in Black		
	313 FILM4	‹ 6.45 The Eagle				9.00 Moonfall			
SPORT	401 MAIN EVENT	‹ 5.00 SNF – Live: Arsenal v Bournemouth (Kick-off 5.30)			8.35 F1: Miami Grand Prix Qualifying Session – Live (Start-time 9.00)				
	402 PREMIER LEAGUE	‹ 5.00 SNF – Live: Arsenal v Bournemouth (Kick-off 5.30)			8.30 Game of the Day				10.30 PL Highlights
	403 FOOTBALL	‹ 6.00 Bundesliga...	7.30 EFL						
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL			
	410 TNT SPORTS 1	7.00 UEFA Magazine	7.30 Serie A – Live: Football from Italy's top division				9.45 Superbike World		10.30 Grand Slam...
	411 TNT SPORTS 2	‹ 5.30 FIM Speedway Grand Prix – Live: Coverage from the first round of the season				9.00 MLB – Live: Pittsburgh Pirates v San Diego Padres (Start-time 9.05)			

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition Matt Tebbutt is joined by chefs Julie Lin and Theo Randall. (S)
11.30 **Mary Berry: Love to Cook** (S)(R)
12.00 NOON **Football Focus** (S)
1.00 PM **BBC News** (S)
1.15 **Bargain Hunt** (S)(R)
2.00 **LIVE Snooker: World Championship** Hazel Irvine presents coverage of the fourth and final session of a semi-final on day 15 from the Crucible Theatre in Sheffield. (S)
4.30 **Final Score** Results round-up. (S)
5.20 **BBC News** (S)
5.30 **Local News** (S)
5.40 **Celebrity Bridge of Lies** New edition 2/10. With Charlotte Hawkins, Kaye Adams, Ade Adepitan and Matt Allwright. (S)

9.20 Casualty

6 PM

6.20 **The Hit List** New edition 8/12. Rick Edwards and Harry Judd, *Morning Live*'s Dr Xand Van Tulleken and Michelle Ackerley, and *Gladiators* Steel and Dynamite take part. (S)

7 PM

7.10 **Doctor Who** New episode *Lucky Day:* 4/8. Millie Gibson returns as Ruby Sunday, who faces a new threat without the Doctor's help. *See feature, page 12.* (S15) (S)(AD)

8 PM

7.55 **Blankety Blank** New edition 3/9. With Rob Beckett, Jordan Banjo, Emma Barton, Joe Swash, Joanne McNally and Su Pollard. (S)
8.30 **Pointless Celebrities** New edition Contestants include Clare Balding, Alice Arnold, Ella Vaday, Charlie Ross and Emmanuel Sonubi. (S)

9 PM

9.20 **Casualty** Stevie receives a good prognosis following her surgery, but discovers that one of her fellow patients is planning to die at home. (S)(AD)

10 PM

10.10 **BBC News** (S)
10.30 **Match of the Day** Gary Lineker presents today's Premier League highlights, including West Ham United v Tottenham Hotspur and Arsenal v Bournemouth. (S)
■ *Match of the Day 2* is tomorrow at 10.30pm
11.40 **Ashley Cain: Into the Danger Zone** 5/6. Ashley heads to Sweden where he joins police at the frontline of the ongoing gang war and meets with gang bosses in underground car parks. (S)(R)(AD)
12.40 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.25 AM **Children's Programmes**
9.00 **Gardeners' World** (S)(R)
10.00 **LIVE Snooker: World Championship** Coverage of the third session of a semi-final from the Crucible Theatre, Sheffield. (S)
12.35 PM **Marcus Wareing's Tales from a Kitchen Garden** (S)(R)
1.35 **Interior Design Masters with Alan Carr** 4/8. The designers create a home from home for rescue dogs at Battersea. (S)(R)
2.35 **FILM The Bridge at Remagen** World War Two drama starring George Segal and Robert Vaughn. (S) (1968, PG, 115min) ★★★
4.30 **The Hairy Bikers' Pubs That Built Britain** The duo explore the history of the nation's inns, beginning in Yorkshire. (S)(R)(AD)
5.00 **Flog It!** From Somerset. (S)(R)

10.00 The Commitments

6 PM

6.00 **Motorway: The Secret Genius of Modern Life** 5/5. Hannah Fry delves into the world of motorways, visiting the National Highways control centre and learning about the history behind these super-roads. (S)(R)

7 PM

7.00 **LIVE Snooker: World Championship** Coverage of the fourth and concluding session of a semi-final on day 15 from the Crucible Theatre in Sheffield, as the line-up for the showpiece match is confirmed. With commentary and analysis from Steve Davis, Ken Doherty, Stephen Hendry, Shaun Murphy, John Parrott, Dennis Taylor and John Virgo. (S)

8 PM

9 PM

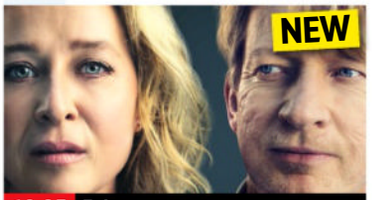
10 PM

10.00 **FILM The Commitments** Alan Parker's comedy drama about the struggles of a soul band in Dublin. Stars Robert Arkins and Angeline Ball. (S) (AD) (1991, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.50 **FILM Pan's Labyrinth** Guillermo del Toro's horror fantasy starring Ivana Baquero. A young girl encounters a strange fantasy world and real-life horror when she travels to a war-torn region of northern Spain in 1944. Subtitled. (2006, 15, 110min) ★★★★★
1.40 AM **Sign Zone: This City Is Ours** 6/8. Michael and Jamie agree to a winner-takes-all fight. (S1) (S)(R)
2.40 **to 6.20** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **A Year in the Beacons** (S)(R)
6.30 **FILM Sing** Animated comedy. (S)(AD) (2016, U, 115min) ★★★
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Matt Goss. (S)
11.40 **Prue Leith's Cotswold Kitchen** New edition (S)(AD)
12.40 PM **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
1.10 **ITV News** (S)
1.30 **LIVE Racing** From Newmarket, Goodwood and Thirsk. (S)
4.00 **In for a Penny** (S)(R)(AD)
4.30 **ITV News** (S)
4.45 **Local News** (S)
5.00 **The Chase Celebrity Special** With Karim Zeroual, Christopher Biggins, Ellie Leach and Des Clarke. (S)(R)



10.05 Fake

6 PM

6.00 **99 to Beat** New edition 7/8. The last 16 contestants must balance on a seesaw, lick lollipops until they are small enough to fit inside a bottle, race inside a sleeping bag and pack up a pop-up tent. (S)

7 PM

7.00 **Britain's Got Talent: Live Semi-Final** New edition 10/14. Ant and Dec host the second semi-final as more acts that made it through the auditions perform in front of judges Simon Cowell, Amanda Holden, Alesha Dixon and Bruno Tonioli and a live audience for a chance to win a place in the final. (S)

8 PM

9 PM

9.00 **The 1% Club** New edition Quiz show hosted by Lee Mack in which the questions are all about logic and common sense, with 100 contestants having a chance of winning up to £100,000. (S)(AD)

10 PM

10.05 **NEW SERIES Fake** *Lanolin:* 1/8. Drama with Asher Keddie. Writer Birdie is matched with wealthy grazier Joe on a dating app. (S1) (S)(AD)
■ Entire series on ITVX
10.50 **ITV News** (S)
11.10 **English Football League Highlights** Action from the final day of the regular EFL season. (S)
12.30 AM **Teleshopping**
3.00 **The Assembly** (S)(SL)(R)
3.25 **Unwind with ITV** (S)
4.30 **LIVE Golf: LIV** Coverage of the third and final day from Jack Nicklaus Golf Club in Incheon, South Korea. *Continues on ITVX.* (S)
5.30 **to 6.00** AM **Made in Britain** (S)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.00 AM **Cheers** 16&17/22. (S1) (S)(R)
6.55 **Everybody Loves Raymond** (S)(R)
8.15 **Frasier** 13&14/24. (S6) (S)(R)(AD)
9.10 **The Simpsons** (S)(R)(AD)
11.10 **F1: Miami Grand Prix Sprint Qualifying Highlights** Action from the sixth round of the season at Miami International Autodrome. (S)
11.40 **Four in a Bed** (S)(R)
2.20 PM **FILM Kindergarten Cop** Comedy thriller starring Arnold Schwarzenegger as a detective who goes undercover as a playschool teacher. (S)(AD) (1990, 15, 125min) ★★★
4.25 **The Piano** The line-up in Sheffield Station includes a professional footballer with a sweet voice and the surprise appearance of a trumpet. (S)(R)(AD)
5.30 **News** (S)

8.00 24 Hours: The Fall of Nazi...

6 PM

6.00 **Our Dream Farm with Matt Baker** Series finale 8/8. The last two applicants must take part in a sheepdog trail to prove their ability to work with the farm's Welsh Mountain sheep. (S)(AD)

7 PM

7.00 **Two Men on a Bike** 3/4. David Baddiel and Hugh Dennis travel along the Canal du Midi. Along the way, they visit an artisanal dye expert who reveals the ancient magic behind turning things blue. (S)(R)(AD)

8 PM

8.00 **NEW 24 Hours: The Fall of Nazi Germany** Documentary going behind the scenes of the German and Allied negotiations to end the war in Europe. (S)(AD)

9 PM

9.00 **NEW SERIES The Handmaid's Tale** *Train:* 1/10. Return of the dystopian drama with Elisabeth Moss. June and Serena's journey takes an unexpected turn. *See feature, page 11.* (S6) (S)(AD)

10 PM

10.00 **FILM PREMIERE Good Luck to You, Leo Grande** Comedy drama starring Emma Thompson. A retired school teacher is yearning for adventure, and begins by hiring a charming young sex worker. (S)(AD) (2022, 15, 120min) ★★★★ *See review, page 25.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T **FILM 3.10 to Yuma** Western remake starring Russell Crowe. (S)(AD) (2007, 15, 125min) ★★★★
2.05 AM **The Dog House** (S)(R)(AD)
3.00 **Food Unwrapped** (S)(SL)(R)(AD)
3.25 **The Simpsons** (S)(R)(AD)
5.05 **Kirstie's Fill Your House for Free**
5.15 **to 6.10** AM **Location, Location, Location** (S)(R)

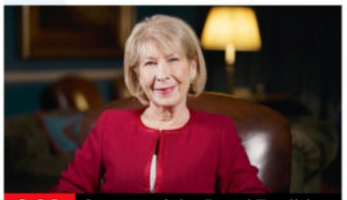
+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.10 **Entertainment News** (S)
9.20 **Bargain-Loving Brits in the Sun** Five editions. (S)(R)
2.00 PM **The Cruise: Below Deck** *Scarlet Lady* nears the end of a Caribbean cruise. (S)(R) **3.00** Scottish grandmother Alison boards *Scarlet Lady*, eager to embrace everything the ship has to offer. (S)(R)
4.00 **Beyond the Yorkshire Farm: Reuben & Clive** 1/4. Clive Owen and his son Reuben embark an exciting digging business venture. (S)(R) **5.00** 2/4. Clive, Reuben and his best friend Tom begin the business's biggest stonework project to date. (S)(R)



8.00 Secrets of the Royal Traditions

6.00 **News** (S)
6.05 **Inside Windsor Castle: A Royal Residence** 3/6. Documentary looking at how Queen Victoria and Prince Albert made the castle their home. (S)(R)
7.00 **Inside Windsor Castle: A Royal Residence** 4/6. JJ Chalmers finds out about a huge party staged by Edward VII that ended up with people pocketing castle cutlery as souvenirs. (S)(R)
8.00 **Secrets of the Royal Traditions** New edition 2/6. Exploring the history of state visits, and a look at how royal make-up can send powerful messages of defiance. (S)
9.00 **NEW The 70s: The Decade That Made Queen Elizabeth** An insight into Queen Elizabeth II's travels in the 1970s, including archive footage of journeys on the royal yacht *Britannia*. (S)
10.30 **When Classic Comedy Goes Horribly Wrong** A compilation of on-air disasters, featuring moments from classic comedy shows and stars including Peter Kay, and Vic and Bob. (S)(R)
12.30 AM **Friends** 12/25. Joey attends an audition for a Broadway musical. (S3) (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Secrets of the Imperial War Museum** Documentary. (S)(R)
3.50 **Me & My 10 Kids** (S)(R)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **Planet Shark** (S)(R)(AD)
10.00 **F1: Miami Grand Prix Sprint Qualifying Session** Action from the sixth round of the season.
11.00 **Sport's Funniest Moments** Farcical moments from the sporting world. (S)(R)(AD)
12.00 NOON **The Simpsons** (S)(R)
3.00 PM **Gillette Labs Soccer Saturday** Up-to-the-minute scores from today's matches.
5.00 **Greatest Escapes of WWII** 1/6. A look at some of the most incredible escapes of the conflict, as captured soldiers, sailors and airmen on both sides dared the impossible to win their freedom. (S)(R)

9.00 Forrest Gump

6.00 **Commando Missions** 3/4. The story of Musketoon Operation, a raid on a German-held electricity station at Glomfjord, carried out by British and Norwegian commandos in 1942. (S)(R)
7.00 **F1: Miami Grand Prix Sprint Race Highlights** Action from the sixth round of the season, held at Miami International Autodrome in Miami Gardens, Florida.
8.00 **Shark: British Isles Special with Steve Backshall** Naturalist Steve Backshall goes in search of some of the 30-plus shark species that inhabit waters of the British Isles. (S)(R)(AD)
9.00 **FILM Forrest Gump** Multi-Oscar-winning whimsical fable starring Tom Hanks as an Alabama-born man who leads a charmed existence over four turbulent decades of US history. With Robin Wright, Gary Sinise, Sally Field and Mykelti Williamson. (S)(AD) (1994, 12, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.30 **F1: Miami Grand Prix Qualifying Session** The battle for grid positions in the sixth round of the season at Miami International Autodrome.
1.30 AM **Ted's Notebook** Ted Kravitz reviews the Miami Grand Prix qualifying session.
2.00 **An Idiot Abroad 2** (S)(R)(AD)
3.00 **Road Wars** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
4.30-5.20pm Sportscene: Open All Mics (S) **11.40** Sportscene: Premiership Highlights (S)(R) **12.55am** Ashley Cain: Into the Danger Zone (S)(R)(AD) **1.55** Weather for the Week Ahead (S) **2.00-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
11.40pm FILM A Cock and Bull Story (S) (2005, 15, 90min) ★★★★ **1.10-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
1.35pm Weather Watchers with Barra Best (S)(R) **2.00 LIVE** Irish Cup Final (S) **4.45-5.00** Gardening Together with Diarmuid Gavin (S)(R) **6.00-7.00pm** Anna Haugh's Big Irish Food Tour (S)(R)

WALES
Sky 968, Freesat 968
1.35pm The Hairy Bikers' Pubs That Built Britain (S)(R)(AD) **2.05** A to Z of TV Gardening (S)(R) **2.25** Gareth Malone's Messiah: The Concert (S)(R) **4.30** Flog It! (S)(R) **5.30** Interior Design Masters with Alan Carr (S)(R)(AD) **6.30-7.00pm** Springwatch in Wales (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Annibendod **10.10** Canu gyda Fy Arwr **11.05** Dim Byd i'w Wisgo **11.30** Codi Pac **12.00noon** Richard Holt: Yr Academi Felys **12.30pm** Cais Quinnell **1.00** Sgwrs Dan y Lloer **1.30** Siwrna Scandi Chris **2.30** Am Dro! (AD) **3.30** Ysbyty **4.30** Garddio a Mwy **5.00 LIVE** Clwb Rygbi **7.15** Newyddion a Chwaraeon **7.30** Cysgu O Gwmpas (AD) **8.00** Alun, Chris a Kiri yn Seland Newydd **9.00** Llofruddiaeth y Bwa Croes **10.00** Iolo: Natur Fregus Cymru (AD) **11.00** Strip **11.20-11.40pm** Strip

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **My Mate's a Bad Date** Khalil from Nottingham cannot get a second date.
7.25 **EastEnders** Teddy tries to take control, and Tommy is embarrassed at a party.
7.55 **Doctor Who: Unleashed** New edition 4/8. Behind the scenes of the sci-fi series.
8.25 **FILM Divergent** Sci-fi drama starring Shailene Woodley and Kate Winslet. A teenager in a strictly ordered future society discovers a conspiracy to wipe out a group of outsiders. (2014, 12, 136min) ★★★
10.35 **Two Pints of Lager and a Packet of Crisps** 1/8. Donna pursues a new dream. **11.05** 2/8. Gaz challenges David to a drinking contest. **11.35** 3/8. Jonny ruins his first date with Kate. (S4)
12.05 AM **Man Like Mobeen**
12.55 **Glow Up: Britain's Next Make-Up Star**
1.55 **Laugh Lessons**
2.00 **to 4.00** AM **Two Pints of Lager and a Packet of Crisps**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Four in a Bed**
11.35 **George Clarke's Amazing Spaces** A pair of newlyweds transform an old army truck.
12.35 PM **Ugly House to Lovely House with George Clarke**
1.40 **Location, Location, Location** Double bill.
3.50 **Come Dine with Me**
6.25 **Four in a Bed** The contest kicks off in Portsmouth at the Seacrest Hotel. **6.55** The contenders head to the White Horse Hotel in Storrington, West Sussex.
7.25 **Four in a Bed** The third visit is to Deri-Down Guest House in Abergavenny. **7.55** The final visit is to Royle Farm in Staffordshire. **8.30** Payment day arrives.
9.00 **24 Hours in A&E** A 52-year-old is rushed in after falling over and hitting his head on a concrete step, while a 21-year-old woman is assessed after she woke up with pain and swelling in her leg. **10.00** An 86-year-old man is rushed to St Georges after a suspected stroke, while an 80-year-old woman is seen after falling and sustaining an open fracture to her leg.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **999: On the Front Line** Documentary.
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Eider Duck Island** Following eider ducklings as they travel across Inner Farne.
7.10 **All Creatures Great and Small** *One of Nature's Little Miracles:* Siegfried's new assistant arrives. **8.05** *Barks and Bites:* A wild dog causes havoc in the market at Skeldale.
9.00 **NEW SERIES Families Like Ours** 1/7. Danish drama starring Amaryllis August. Denmark faces an evacuation due to rising water levels, changing the lives of a teen and her family forever. **9.50** New episode 2/7. Everyone is relying on Jacob to find the money needed to relocate. Subtitled. (S1) ■ Entire series on BBC iPlayer
10.40 **Wogan** Felicity Kendal steps in as host, with guests including Paul Eddington.
11.25 **Parkinson** With guests Paul Daniels, William Rushton and Englebert Humperdinck.
12.25 AM **All Creatures Great and Small** Double bill.
2.15 **to 3.00** AM **Wogan**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Rude(ish) Tube Shorts**
6.05 **The Goldbergs**
8.30 **Lego Masters New Zealand** The teams build a bridge that spans two metres.
9.30 **Ramsay's Kitchen Nightmares USA**
10.30 **Made in Chelsea**
11.35 **Married at First Sight Australia** Reality series.
1.05 PM **The Big Bang Theory**
4.20 **FILM Home Alone** John Hughes' family comedy starring Macaulay Culkin. (1990, PG, 100min) ★★★★
6.30 **The Simpsons** *Replaceable You:* Homer gets a new assistant. **7.00** *Treehouse of Horror XXII:* Halloween tales. **7.30** *The Food Wife:* Marge, Bart and Lisa taste success in the world of food blogging. **8.00** *The Dad-Feelings Limited:* Comic Book Guy's origin story is revealed. **8.30** *Diary Queen:* Bart finds his old teacher's diary.
9.00 **Celebrity Gogglebox** Famous faces appraise *Little Fires Everywhere, Casino Royale* and *Naked Attraction*.
10.00 **Gogglebox** Opinions on *The Day of the Jackal, RuPaul's Drag Race UK* and *University Challenge*.
11.05 **Gogglebox**
12.10 AM **First Dates**
2.20 **Gogglebox**
4.10 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hr 235/236 306 30 123 256

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **UK Border Force**
8.00 **Motorway Patrol**
9.00 **Highway Patrol**
10.00 **Border Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **UK Border Force** The enforcement team raid a nail bar in Southampton, and a traveller with an unusual name makes an impression on officer Neil Newbury.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.

10.00 Blue Bloods

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Game of Thrones** (S7)
12.55 PM **Game of Thrones** 1/6. The Stark children are finally reunited in Winterfell. **2.00** 2/6. Daenerys learns the truth about her relationship with Jon. **3.00** 3/6. The Night King and the army of the dead finally reach Winterfell. **4.30** 4/6. Jon shares a secret with his siblings. **6.00** 5/6. The final battle for the Iron Throne begins. (S8)

9.00 The Penguin

Sky Max

113/114 109/110 111 346 361

6.00 AM **Grimm** 13-16/22. (S3)
10.00 **The Walking Dead** Six episodes, including at: **2.00** PM 1/16. Rick and the survivors face new dangers as life begins to return to normal. **3.05** 2/16. Walkers gather around the prison fences. (S4)
4.10 **Dynamo: Beyond Belief** 1/3. Following the magician on tour around the globe. **5.15** 2/3. The magician faces difficulties as his medication starts to take hold. **6.15** 3/3. The magician tests out a new medicine.

10.00 Strike Back: Silent War

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Dress to Impress**
10.00 **Deal or No Deal**
1.00 PM **American Ninja Warrior**
2.45 **The Masked Singer US**
3.45 **Celebrity Catchphrase** Featuring Jane Danson, Eddie Kadi and Tom Rosenthal.
4.45 **FILM Trolls** Animation with the voice of Anna Kendrick. A pair of fuzzy-headed trolls embark on a daring rescue mission when members of their tribe are kidnapped. (2016, U, 92min) ★★★

9.00 Batman Begins

ITV3

119 123 117 10 115 7

6.00 AM **Mr Bean**
6.35 **Lewis** As shown at 11.00pm.
8.45 **A Touch of Frost**
10.55 **Doc Martin** 4/8. (S4)
11.55 **Agatha Christie's Poirot** Triple bill, including at: **2.05** PM *The Adventure of the Cheap Flat*: Plans for a new submarine are stolen.
3.10 PM **Midsomer Murders** *The Blacktrees Prophecy:* A survivalist is murdered. **5.05** *A Dying Art:* The launch of a new sculpture park is marred by murder.

11.00 Lewis

7 PM

7.00 Nothing to Declare A couple's travel itinerary raises alarm bells. **7.30** A drug dog takes an interest in a man's luggage.

7.30 Game of Thrones *The Iron Throne:* 6/6. In the aftermath of the battle at King's Landing, Daenerys declares her intentions for Westeros, and Tyrion faces the consequences of his actions. (S8)

7.15 LIVE Rugby League: Super League St Helens v Leeds Rhinos: Coverage of the Magic Weekend match, held at St James' Park, Newcastle. Kick-off is at 7.30.

6.35 FILM Raiders of the Lost Ark Action adventure with Harrison Ford and Karen Allen. Archaeologist Indiana Jones tries to stop the Ark of the Covenant from falling into Nazi hands. (1981, PG, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

7.00 Midsomer Murders *Breaking the Chain:* When an international cycling competition comes to Midsomer and the race leader is murdered, DCI Barnaby and DS Nelson are drawn into a world of blackmail, bribery and bloodshed.

8 PM

8.00 The Best of Nothing to Declare Double bill featuring highlights from the fly-on-the-wall documentary series.

9 PM

9.00 The Equalizer *Trust No One:* 12/18. McCall and the team are on the hunt for buried treasure after a professor is killed. (S5)

9.00 The Penguin *Bliss:* 3/8. Victor is torn between his new life and what remains of his old. (S1)

9.00 FILM Batman Begins Dark comic-book thriller starring Christian Bale. Young billionaire Bruce Wayne creates a formidable alter-ego to strike fear into the crooks of Gotham City. (2005, 12, 140min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Vera *Cuckoo:* The detective investigates the discovery of an unidentified teenage boy's body in a coastal town's shipyard, and discovers that the quiet community conceals a serious drugs problem. Guest stars Mark Addy.

10 PM

10.00 Blue Bloods *Guilt:* 16/20. Frank, Baker, Garrett and Gormley experience guilt when an officer they worked with is shot. (S12)
11.00 FBI: Most Wanted 20/22. The team search for a murderer recreating the chilling killings of a notorious mobster. (S3)
12.00 M'T **The Good Doctor** (S3)
1.00 AM **Caught on Dashcam**
2.00 **to 6.00** AM **Nothing to Declare**

10.10 Homicide: Life on the Street *Map of the Heart:* 19/22. A well-known attorney is murdered. (S4)
11.10 Homicide: Life on the Street 20/22. Lewis and Kellerman investigate a series of murders.
12.10 AM 21/22. A radio host is murdered. (S4)
1.10 Double bill. (S4&5)
3.10 **The Outsider** 1/10. (S1)
4.20 **to 6.00** AM **Urban Secrets**

10.00 Strike Back: Silent War 3/10. Section 20 and Katrina Zarkova race to locate the stolen nuclear missile. (S7)
11.00 An Idiot Abroad 2 7/8. Karl Pilkington prepares for his final journey, a 15-hour trek to the summit of Mount Fuji in Japan, receives sumo-wrestling training and experiences state-of-the-art robotics.
12.00 M'T **The Force: Manchester**
2.00 AM **Road Wars** Double bill.
4.00 **to 6.00** AM **Sun, Sea and A&E**

11.45 Family Guy 7/21. Lois becomes a theatre director and stages *The King and I*. (S2)
12.15 AM 6/7. Lois becomes a gambling addict. (S1)
12.40 **American Dad!** (S6&5)
1.45 **CelebAbility**
2.30 **to 3.00** AM **Unwind with ITV**

11.00 Lewis *The Dead of Winter:* A body is found on a tour bus. Guest stars Nathaniel Parker.
12.45 AM **Martin Clunes: Islands of the Pacific** 2/3. Martin climbs an active volcano.
1.40 **Mr Bean** Double bill.
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** The latest top-flight action, including Dundee v Motherwell.
8.30 **Paramedics on Scene** A man calls emergency services threatening to detonate a bomb.
9.30 **Sacked in the Morning** 1/10. Craig Levein and Amy Irons explore the ins and outs of football management.
10.00 **Mrs Brown's Boys** 1/7. Agnes falls under a hypnotist's spell. (S3)
10.30 **Two Doors Down** 5/6. Everyone is encouraged to reveal their hidden talents. (S3)
11.00 PM **to 12.00** M'T **Susie McCabe: Femme Fatality** A stand-up show from the King's Theatre in Glasgow.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S4)
10.30 **Veep** 1-5/7. (S7)
1.30 PM **Insecure** (S1)
2.45 **Curb Your Enthusiasm**
6.35 **The Office (US)** 15/25. Michael invites a Benjamin Franklin impersonator to Phyllis's wedding shower. **7.00** 16/25. Michael causes problems at Phyllis's wedding. **7.30** 17/25. Michael is asked to speak at a business school. **8.00** 18/25. Michael and Jan reveal their romance. **8.30** 19/25. Michael demands a pay rise. (S3)
9.00 **Lucy Beaumont: Live from the Royal Court Theatre** Stand-up show.
10.00 **And Just Like That...**
11.40 **Entourage** (S7)
1.00 AM **Barry** 7&8/8. (S2)
2.15 **Girls** 7&8/10. (S2)
3.35 **Veep** 7/7. (S7)
4.25 **to 5.00** AM **How to Make It in America**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Arts Uncovered**
6.10 **Rumpelstilzchen**
7.30 **Bagpipes: A Celebration**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **FILM The Ladykillers** Ealing comedy. (1955, U, 97min) ★★★★★
2.45 **Classic Movies: The Story of The Ipcress Files**
3.45 **Classic Albums**
4.45 **Close to You: Remembering the Carpenters**
6.05 **The Music of Buddy Holly and the Crickets**
8.00 **Beach Boys: Good Vibrations Tour**
9.00 **Suzi Q**
11.00 **Down the Tracks: The Music That Influenced Led Zeppelin**
1.00 AM **The Doors Live at the Hollywood Bowl '68**
2.35 **Brian Wilson Plays Baloise Session**
4.30 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **Trolls: Trollstopia**
8.25 **Let's Go, Bananas!**
8.50 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Nothing to Declare**
11.00 **Patagonia**
12.00 NOON **In for the Kill**
1.00 PM **Monkey Life**
2.00 **Baby Animals**
3.00 **Dogs with Extraordinary Jobs**
4.00 **Nature's Fast Attacks**
6.00 **Kalahari: Land of Secret Alliances**
7.00 **Land of Primates** A profile of the gelada, a rare monkey that lives in Ethiopia's Simien Mountains.
8.00 **Caught on Dashcam**
9.00 **Love You to Death**
10.00 **Sex and the City** (S4)
12.35 AM **Caught on Dashcam** Documentary.
1.30 **Brit Cops: War on Crime**
2.30 **Nothing to Declare**
4.00 **to 6.00** AM **Highway Patrol**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.45 **Be Beautiful**
7.55 **Olivia Meets Her Match**
8.55 **The Bardsley Bunch**
9.55 **Dinner Date**
1.00 PM **Project Bakeover**
2.55 **The Only Way Is Essex**
3.55 **The Bardsley Bunch**
4.55 **The Real Housewives of Cheshire** Reality series.
6.00 **Celebrity Dinner Date**
9.00 **Botched** Dr Terry Dubrow transforms a woman's chest, while Dr Paul Nassif fixes the nose of a woman who had her dentist perform her rhinoplasty.
10.00 **Loaded in Paradise** Faith's decision to swipe the gold card from Kieran proves divisive. **11.00** Spenders Faith and Chelise's dreams of immunity are dashed.
12.00 M'T **Botched**
12.55 AM **Backyard Builds**
1.25 **to 1.30** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
1.00 PM **Highway to Heaven** Eight episodes of the drama, including at: **7.00** *Time in a Bottle:* 15/24. An ambitious district attorney clashes with an alcoholic lawyer. **8.00** *Back to Oakland:* 16/24. Mark returns to his old police precinct, but is shocked to hear the racist views expressed by a former colleague. (S4)
9.00 **An Aurora Teagarden Mystery: Last Scene Alive** Crime drama with Candace Cameron Bure.
10.55 **An Aurora Teagarden Mystery: The Julius House** Crime drama with Candace Cameron Bure.
12.50 AM **The Avengers**
3.00 **Randall and Hopkirk (Deceased)** 15/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.20 **Minder**
7.20 **The Sweeney**
8.25 **The Saint**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.35 **The Derby Through the Years**
11.55 **Underwater Grand Fishing Adventure**
1.00 PM **LIVE Formula E** The first race of the Monaco E-Prix.
3.35 **The Car Years**
4.30 **FILM Carry On Don't Lose Your Head** Costume comedy. (1966, PG, 90min) ★★★

4.30 Carry On Don't Lose Your...

6.20 **FILM For Your Eyes Only** James Bond adventure starring Roger Moore. Agent 007 strives to trace a top secret military device sunk off the Greek coast. With Carole Bouquet and Topol. (1981, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **English Football League Highlights** Action from Burnley v Millwall and Sheffield United v Blackburn Rovers.

10.30 **FILM AVP: Alien Vs Predator** Sci-fi thriller starring Sanaa Lathan. Explorers encounter two deadly species of aliens in an ancient temple under the Antarctic ice. (2004, 15, 101 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Wrestling: AEW Dynamite**
2.20 **Motorsport Mundial**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** Five episodes, including at: **2.00** PM 21/26. Archer and Mayweather are imprisoned. **3.00** 22/26. An alien creature invades the ship. (S1)
4.00 **Star Trek: Voyager** 16/26. Life forms are detected aboard a Hirogen ship. **5.00** 17/26. Seven reacts violently to an arms dealer. **6.00** 18/26. Part one of two. Aliens take over the ship. (S4)

9.00 Stephen King's It

7.00 **Star Trek: Voyager** *The Killing Game – Part Two:* 19/26. The crew remain trapped in a holodeck simulation.

8.00 **Star Trek: Voyager** *Vis-a-Vis:* 20/26. The sole occupant of an alien vessel makes contact with the crew. (S4)

9.00 **Stephen King's It** 1/2. Adaptation of the best-selling horror novel about seven friends forced into a terrifying confrontation with a supernatural enemy. Stars Tim Curry, Richard Thomas, Tim Reid, John Ritter and Olivia Hussey.

11.00 **The Walking Dead** 12/16. Rick and the residents of Alexandria face a new enemy. **12.00** M'T 13/16. Some of Rick's fellow survivors are taken hostage by new rivals. **1.00** AM 14/16. Supply excursions are in real danger. **2.00** 15&16/16. (S6)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S12)
10.00 **Father Brown** Triple bill.
1.00 PM **Death in Paradise** 1/8. A masked man stabs a woman in her own home. **2.20** 2/8. An acclaimed artist is found dead in suspicious circumstances. **3.40** 3/8. A cyclist is murdered during the Tour des Antilles race. With Nina Wadia. **5.00** 4/8. A man's body is found on a boat out at sea. **6.20** 5/8. A woman is found dead in a hotel bathtub. (S9)

7.40 Beyond Paradise

7.40 **Beyond Paradise** 1/6. The Shipton Abbott Players rope in Humphrey to play a detective, but the fictional crime becomes real when the amateur murder victim gets a real knife in his back. (S2)

9.00 **Death in Paradise** *Murder on Mosquito Island:* 6/8. A survival challenge goes badly wrong when the leader is found dead. (S9)

10.00 **FILM An Officer and a Murderer** Fact-based drama starring Gary Cole. (2012, 12, 85min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Father Brown** *The Celestial Choir:* A saboteur tries to stop Kembleford winning the Three Counties choir competition. **12.45** AM *The Queen Bee:* A beekeeper is found dead.
1.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **The Green Green Grass**
7.50 **Hi-de-Hi!**
8.30 **Porridge**
9.10 **Only Fools and Horses**
12.30 PM **Only Fools and Horses** Eight episodes, including at: **4.30** The Trotters are caught up in an attempted robbery. **5.10** Tempers flare between the Trotter brothers as they fall for the same woman. **5.50** Rodney's plans to make a film are spoiled by Del. **6.30** An old friend offers Del a share in his business empire.

7.05 Only Fools and Horses

7.05 **Only Fools and Horses** The Trotters journey to Holland to dabble in the diamond import business – with old foe Inspector Slater hot on their trail. Guest stars Jim Broadbent.

9.10 **Only Fools and Horses** Christmas special from 1988. Del embarks on a new romance with Raquel, an actress he meets through a computer dating agency, while Rodney takes 'Nervous Nerys' out for a burn in the three-wheeler.

11.05 **Only Fools and Horses**
1.00 AM **The Outlaws** The group discover a bag of cash in the community centre's ceiling.
2.15 **Miranda** A shopping expedition ends in disaster.
2.45 **Avoidance**
3.30 **to 4.00** AM **Miranda**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Gordon's Great Escape**
7.55 **Storage Hunters UK**
9.25 **James May's Toy Stories**
10.25 **Top Gear: Driving Home for Christmas** A yuletide trek.
11.25 **Top Gear: From A-Z**
2.00 PM **How Britain Worked**
3.00 **Cape Carnage: Killer Catch**
4.00 **Motorhoming with Merton & Webster** From Norfolk.
5.00 **Cornwall with Simon Reeve**
6.00 **Special Ops: To Catch a Criminal** Dorset police uncover an international gang posing as couriers.

9.00 Red Dwarf

7.00 **Would I Lie to You?** Contestants include Greg Davies and Konnie Huq. **7.40** With Frank Skinner, Bill Oddie, Sarah Millican and Jon Richardson. **8.20** Mackenzie Crook, Chris Packham, Victoria Coren Mitchell and Rhod Gilbert take part.

9.00 **Red Dwarf** 1/6. Rimmer tries to be transferred to a ship crewed by holograms. **9.40** 2/6. The Inquisitor arrives on board *Red Dwarf* to eliminate worthless beings. **10.20** 3/6. Rimmer is taken prisoner by creations of his own mind. (S5)

11.00 **Not Going Out** Lee tries to prove his masculinity after failing to stop a mugging.
11.35 **Not Going Out** Double bill.
12.55 AM **Have I Got a Bit More News for You** Double bill.
2.45 **to 4.00** AM **Alan Davies: As Yet Untitled**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Location, Location, Location** Double bill.
11.00 **A New Life in the Sun: Where Are They Now?**
4.00 PM **A Place in the Sun**
8.00 **Grand Designs Revisited** Catching up with a couple in Hackney.
9.00 **The Piano** The line-up in Sheffield Station includes a professional footballer with a sweet voice and a composition inspired by anglerfish.
10.00 **24 Hours in Police Custody** Feature-length special telling the inside story of an armed siege in a tower block.
11.45 **24 Hours in A&E**
12.50 AM **Gogglebox**
1.55 **The Great Celebrity Bake Off for Stand Up to Cancer** With Danny Dyer, Rhod Gilbert, Leigh Francis and Yinka Bokinni.
2.55 **Millionaire Hoarders**
3.55 **to 4.55** AM **Stacey Solomon's Renovation Rescue**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Car Pound Cops**
9.40 **Blue Bloods** (S7&3)
3.25 PM **Jesse Stone: Innocents Lost** Detective thriller.
5.15 **Jesse Stone: Benefit of the Doubt** Thriller starring Tom Selleck.
7.10 **Jesse Stone: Lost in Paradise** The police chief heads to Boston to investigate a murder case in which the prime suspect is behind bars.
9.00 **Criminal Minds** *Tribute:* Emily Prentiss tracks an international serial killer to American soil. (S19) **10.00** *Inner Beauty:* 20/22. The agents hunt a killer who disfigures their victims. (S11)
11.00 **Law & Order: Special Victims Unit** (S21&20)
2.45 AM **The Good Wife**
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Dogs Behaving (Very) Badly**
10.00 **Car Pound Cops**
2.00 PM **Nightmare Tenants, Slum Landlords**
5.00 **FILM Miss Potter** Biopic starring Renée Zellweger as Beatrix Potter. (2006, PG, 93min) ★★★
7.00 **An Invitation to Murder** Feature-length mystery starring Mischa Barton and Chris Browning.
9.00 **FILM Flowers in the Attic** Drama starring Heather Graham, Mason Dye and Ellen Burstyn. (2014, 12, 86min) ★★★
10.55 **Who Killed JonBenet Ramsey? A Suburban Nightmare** One-off documentary exploring the unsolved murder.
1.00 AM **Accused: Guilty or Innocent?** Double bill.
2.45 **Police Interceptors**
3.35 **to 4.00** AM **Motorway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Motorway Patrol**
9.40 **Shop Smart, Save Money** Documentary.
10.40 **Police Interceptors**
2.45 PM **FILM Decision at Sundown** Western. (1957, PG, 77min) ★★
4.25 **FILM Stagecoach** Western. (1939, b/w, U, 99min) ★★★★★
6.30 **FILM Drums Across the River** Western starring Audie Murphy. (1954, PG, 75min) ★★
8.10 **FILM Walk the Proud Land** Western starring Audie Murphy. (1956, U, 88min) ★★★
10.00 **FILM End of Days** Action thriller starring Arnold Schwarzenegger. (1999, 18, 121 min) ★★
12.20 AM **FILM Wake of Death** Action drama. (2004, 18, 86min) ★★★
2.20 **Trucking Hell**
3.20 **Motorway Patrol**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.15 PM **My Family**
5.10 **Outnumbered** Pete's goddaughter comes to stay from Australia. **5.50** Ben shows off his survival skills. **6.30** Sue gets to grips with new software. **7.10** Auntie Angela visits when Grandad falls ill. **7.50** Chaos ensues when Sue loses her keys. **8.25** Ben develops his talent for telling lies.
9.00 **The Catherine Tate Show** Triple bill of the comedy sketch show.
11.00 **Life in Pieces** (S1)
11.55 **Spinal Destination** New episode 4/6. (S1)
12.25 AM **Inside the Ambulance**
12.55 **MasterChef USA: United Tastes of America**
1.50 **to 3.00** AM **Reclaiming Amy**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.15 AM **Birds of a Feather**
7.50 **Bergerac**
11.15 **Lovejoy**
1.40 PM **Call the Midwife**
3.00 **Father Brown**
5.00 **Darby and Joan**
7.00 **The Brokenwood Mysteries** *Motorcycle Mamas:* 6/6. A grisly murder casts suspicion among the ranks of an all-women motorcycle club. (S9)
9.00 **The Split** 5/6. Hannah is confronted with painful questions about her marriage. **10.15** 6/6. Oscar's second wife arrives in London, while Hannah and Nathan fight to save their marriage. (S1)
11.40 **Hotel Portofino** 5/6. Rose tries to resolve her marital difficulties. (S2)
12.55 AM **The Heart Guy**
1.55 **to 4.00** AM **Signora Volpe**

+1 hr 243 316 60 260

SATURDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In Sandbanks.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Triple bill.
1.00 PM **Antiques Road Trip**
6.00 **The Hotel Inspector**
8.00 **Rich House, Poor House** A retired couple and a single mother from Swindon swap homes, lives and budgets.
9.00 **The Repair Shop** The team give a beloved clarinet its tune back.
10.00 The team restore a 1970s electric go-kart and a much-loved teddy bear with a missing leg.
11.00 The team repair a shattered gold ring, a dilapidated fire bucket and a jewellery box.
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Bruce's Price Is Right**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **All Star Family Fortunes** Triple bill.
1.00 PM **Strike It Lucky**
3.00 **Bullseye** Double bill.
4.00 **The Chase Celebrity Special** Adrian Chiles, Gemma Merna, Rosie Marcel and Jon Snow compete for charity.
5.00 Kym Marsh, Tracey Cox, Louie Spence and Greg Rusedski take part.
6.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
9.00 **The Family Chase** The Holt family from Lanarkshire take part in the quiz show.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions of the darts-based quiz.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.50 **War Machines**
10.00 **Wanted: Dead or Alive**
11.00 **FILM Halls of Montezuma** War drama. (1950, U, 109min) ★★★
1.25 PM **FILM In Old California** Western. (1942, b/w, PG) ★★
3.20 **FILM The Fighting Kentuckian** Western. (1949, b/w, U) ★★★
5.35 **FILM Death Rides a Horse** Spaghetti Western. (1969, 15, 111 min) ★
8.00 **FILM Sink the Bismarck!** World War Two naval drama. (1959, b/w, U, 97min) ★★★
10.10 **FILM Who Dares Wins** Thriller with Lewis Collins. (1982, 18, 124min) ★
12.55 AM **FILM Once Upon a Texas Train** Western. (1987, PG, 100min) ★★
2.50 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM **Saving Lives at Sea**
10.10 **FILM Nanny Beware** Thriller. (2023, 15) ★★
12.15 PM **FILM Lost Letter Mysteries: Freedom to Give** (2014, PG) ★★
2.10 **Lost Letter Mysteries** *Family Reunited:* 10/10. Drama. (S1)
4.05 **FILM Star Trek: Generations** Sci-fi. (1994, PG, 118min) ★★★
6.35 **FILM Star Trek: First Contact** Sci-fi. (1996, 12, 110min) ★★★★
9.00 **FILM Annihilation** Fantasy drama. (2017, 15, 115min) ★★★★
11.35 **FILM Alien: Covenant** Sci-fi horror thriller. (2017, 15, 117min) ★★★
2.05 AM **FILM Disturbing the Peace** Thriller. (2019, 15, 91 min) ★
4.00 **to 6.00** AM **FILM Pretty Cheaters, Deadly Lies** Thriller. (2020, PG, 88min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Strawberry Summer** (2012, U) ★★
10.05 **FILM You Had Me at Aloha** (2021, PG) ★★
12.00 NOON **FILM Love in Translation** Drama. (2021, U, 88min) ★★
2.00 PM **FILM Love Blossoms** Romance. (2017, PG, 80min) ★★
4.00 **FILM Love, Romance and Chocolate** Drama. (2019, U, 84min) ★★
6.00 **FILM The Secret Ingredient** Comedy. (2020, PG, 83min) ★★
8.00 **FILM Love Afloat** Romantic drama. (2022, PG, 85min) ★★
9.55 **FILM Brimming with Love** Romantic drama. (2017, PG, 90min) ★★
11.50 **FILM Ms. Matched** Comedy. (2016, PG) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Can't Buy My Love** Comedy. (2017, PG, 90min) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **FILM A Stitch in Time** As 3.15pm.
7.45 **Auto Rewind**
8.00 **The Fantastic Journey**
9.00 **The Monkees** (S1)
11.30 **Please Sir!** 1&2/7. (S1)
1.10 PM **Roobarb**
1.15 **Born Free** 9/13. (S1)
2.15 **Bubblegum & Cheese**
3.15 **FILM A Stitch in Time** Comedy. (1963, b/w, U, 94min) ★★★
5.00 **Stereo Underground**
6.00 **The Fantastic Journey**
7.00 **Carry On Laughing**
8.00 **Please Sir!** 1&2/7. (S1)
9.40 **Mitch** 5/10. (S1)
10.40 **The Zoo Gang** *The Counterfeit Trap:* 5/6. The gang plan to smash a gold-smuggling ring. (S1)
11.40 **Stereo Underground**
12.35 AM **Bubblegum & Cheese** Pop music.
1.30 **That's My Dog**
2.30 **Time After Time**
3.30 **Born Free** 9/13. (S1)
4.30 **That's My Dog**
5.00 **to 6.00** AM **Watching**

DMAX

159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Aussie Gold Hunters**
2.00 PM **Outback Opal Hunters** Five editions of the series, including at:
6.00 Peter and Mick Cooke build a monster opal hunting machine.
7.00 **Extinct or Alive** Forrest Galante scours the lakes and rivers of Vietnam in search of one of the last living specimens of the giant softshell turtle.
8.00 Forrest searches for the Saola, also known as the 'Asian unicorn'.
9.00 **The Hair Loss Clinic** Pierre seeks help following two disastrous hair transplants.
10.00 James wants a hair transplant to regain his confidence.
11.00 **Monsters Inside Me**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Barefoot Contessa: Back to Basics**
11.00 **James Martin's French Adventure** From Paris.
12.00 NOON **James Martin's Brittany** Six editions.
3.00 PM **Ainsley's Good Mood Food** Double bill.
5.00 **Ainsley's Caribbean Kitchen** Four editions.
9.00 **Mystery Diners** A restaurant owner is worried about a drop in memorabilia sales.
9.30 Rumours about an unauthorised boat delivery service.
10.00 The manager of Hawaii Yacht Club hears complaints about non-members.
10.30 A restaurant owner notices discrepancies in sales.
11.00 **Secret Eats with Adam Richman** Four editions.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **The Twilight Zone**
8.00 **FILM Moby Dick** Thriller. (2010, 12, 87min) ★★
10.00 **Knight Rider** (S1)
3.00 PM **FILM Gunsmoke: The Long Ride** Western. (1993, 15, 95min) ★★
4.50 **FILM The Last Command** Western. (1955, PG, 110min) ★★★
7.00 **FILM Eagle's Wing** Western adventure with Martin Sheen. (1978, PG, 111 min) ★★★★
9.00 **FILM Flight of the Intruder** Vietnam War drama starring Danny Glover and Willem Dafoe. (1991, 15, 113min) ★
11.15 **FILM Steel Sharks** Action adventure. (1996, 18, 91 min) ★
1.10 AM **FILM Vengeance: A Love Story** Thriller. (2017, 15, 99min) ★★
3.10 **to 5.00** AM **FILM Await Further Instructions** Horror. (2018, 15, 91 min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Asteroid v Earth** Disaster movie. (2014, 15, 91 min) ★★
8.00 **FILM Dragonquest** Fantasy adventure. (2009, 12, 90min) ★★
10.00 **FILM Meteor Apocalypse** Adventure. (2010, 15, 90min) ★
12.00 NOON **FILM Eye of the Beast** Monster movie. (2007, 15, 90min) ★★
2.00 PM **FILM Shark Season** Disaster thriller starring Michael Madsen. (2020, PG, 87min) ★★
4.00 **Farscape** 11-15/22. (S4)
9.00 **FILM Daylight** Disaster drama starring Sylvester Stallone. (1996, 12, 114min) ★★★
11.15 **FILM A Kiss Before Dying** Thriller with Matt Dillon and Sean Young. (1991, 18, 90min) ★★
1.10 **to 3.00** AM **FILM Assault on Station 33** Thriller. (2021, 15, 85min) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Storage Wars**
8.00 **Swamp People**
11.00 **Contraband: Seized at Sea** Documentary.
12.00 NOON **Airport Security: USA**
1.00 PM **Mega Disasters**
3.00 **Ancient Aliens** Five editions, including at:
7.00 Examining the belief that gifted children may have been born from ancient aliens.
8.00 The Earth's north 37th parallel, dubbed the UFO Superhighway.
9.00 **The Next Nostradamus** The story of Dr Bueno de Mesquita, who claims to have an algorithm that predicts future events.
11.00 **Strange Evidence**
1.00 AM **Cops Who Kill with Will Mellor** The case of Stephanie Lazarus.
2.00 **Beyond Borders**
3.00 **Dog Patrol** Double bill.
4.00 **to 6.00** AM **Hardcore Pawn**

5SELECT

153 166 138 46 133 30

9.00 AM **Bagshot Park: A Royal Residence**
10.00 **Inside Hampton Court Palace** Double bill.
12.00 NOON **Murder, She Wrote** Five episodes.
5.00 PM **The Dambusters** Triple bill, including at:
7.00 3/3. Dan Snow concludes with the story of the raid on Germany's dams.
8.00 **How the Nazis Lost the War** How nepotism and corruption led to the Nazis' downfall.
9.00 **NEW SERIES** **WW2: The End** 1/2. Documentary reliving the story of World War Two through the eyes of its combatants.
10.00 Series finale 2/2. The mounting horrors that preceded the joy of VE and VJ Day.
11.00 **Secret Spitfires: How Britain Won the War**
12.10 **to 4.00** AM **The Pacific War in Colour**

HGTV

158 153 191 44 149 40

7.00 AM **Man v Food**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Five editions of the series, including at:
7.00 A couple from Cheshire search for a rural home in Cumbria.
8.00 **Love Your Garden** Alan Titchmarsh helps create a dream garden in Hemel Hempstead.
9.00 Alan and his team help transform the garden of a Hull nurse.
10.00 **Escape to the Country** Helping a couple who want to swap their urban lives for the Cornish countryside.
11.00 Searching for a home in the countryside of Cambridgeshire.
12.00 M'T A property in rural Herefordshire.
1.00 AM **Rock the Block**
2.00 **to 4.00** AM **Flip or Flop**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: UK** Double bill.
8.00 **Say Yes to the Vegas Dress** Double bill.
10.00 **Little People, Big World**
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Say Yes to the Dress: Atlanta** Double bill.
7.00 **1000-lb Best Friends**
8.00 **Dr Pimple Popper** Four editions, including at:
10.00 Eric hopes that Dr Lee can remove the unsightly giant growth from his backside.
11.00 Robert has thousands of unique bumps on his arms.
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Mr Bean**
10.00 **Michael McIntyre's Big Show** As 5.50pm.
11.00 **Friends** 1-14/24. (S2)
5.50 PM **Michael McIntyre's Big Show** With music by Paloma Faith, and Nile Rodgers and Chic.
6.50 **FILM Splash** Romantic comedy fantasy starring Tom Hanks and Daryl Hannah. (1984, PG, 110min) ★★★★
9.00 **FILM Bad Neighbours 2** Comedy sequel with Seth Rogen and Zac Efron. (2016, 15, 90min) ★★
10.45 **Whose Line Is It Anyway? USA**
11.45 **8 Out of 10 Cats**
12.45 AM **Kevin Bridges: The Story Continues**
1.45 **Reno 911!** 2/11. (S8)
2.10 **Beavis and Butt-Head**
2.30 **Whose Line Is It Anyway? USA**
4.15 **to 5.00** AM **Blockbusters**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Home Improvement**
11.00 **Takeshi's Castle**
3.00 PM **Whose Line Is It Anyway? USA**
7.00 **Friends** 15/24. Monica falls for a family friend.
7.30 16/24. Joey decides to move out.
8.00 17/24. Rachel feels smothered by Ross.
8.30 18/24. Eddie becomes annoying.
9.00 19/24. Rachel's sister Amy joins the gang for Thanksgiving.
9.30 20/24. Ross plans his future with Rachel.
10.00 21/24. Chandler and Ross face two bullies at Central Perk. (S2)
11.00 **Friends** (S2&3)
3.00 AM **Impractical Jokers**
3.45 **Ahir Shah: Dots**
4.30 **Al Murray: My Gaff, My Rules** Stand-up.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **911 Crisis Centre**
9.00 **Four Weddings**
11.00 **Celebrity Four Weddings** Reality series.
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **Blood & Treasure**
7.00 **Motorway Patrol**
9.00 **The Flight Attendant** *Seeing Double:* 1/8. Cassie starts afresh in LA.
10.00 *Mushrooms, Tasers and Bears, Oh My!* 2/8. Cassie sets out to find her impersonator.
11.00 *The Reykjavik Ice Sculpture Festival Is Lovely This Time of Year:* 3/8. Cassie searches for Megan in Reykjavik. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** Double bill.
3.00 **Four Weddings**
4.00 **Celebrity Four Weddings** Reality series.
5.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **16 and Pregnant**
7.15 **Teen Mom: The Next Chapter** Double bill.
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Four editions.
5.00 **Catfish: The Dramatic**
6.00 **Catfish: The TV Show**
9.00 **MTV's Greatest Cribs Ever!** AJ Odudu takes a look back at the best cribs from the series
10.00 **FILM Resident Evil: Extinction** Sci-fi thriller sequel starring Milla Jovovich. A superhuman survivor of a zombie plague strives to evade capture by an evil corporation. With Odeh Fehr and Ali Larter. (2007, 15, 90min) ★★
12.00 M'T **Dating Naked UK**
1.00 AM **Aussie Shore**
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **MTV Cribs UK**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Salvage Hunters**
12.00 NOON **Filthy Fortunes** The team hunt for rare liquor. **1.00** PM The team tackle a barn of military paraphernalia. **2.00** The team tackle the largest hoard they've seen.
3.00 PM **Gold Divers** Chaotic El Niño conditions impact the ice. **4.00** Shawn takes advantage of an unexpected deal. **5.00** Vernon's crew attempt their first dive.
6.00 **Gold Rush: White Water** Dustin Hurt and his crew risk it all in the creeks of Alaska.

6.00 Salvage Hunters

Gold Rush: White Water (started at 6.00pm)

8.00 **Expedition Unknown** Spanning Europe and Africa, Josh's chase for Alexander's fortune starts to gain momentum.

9.00 **Naked and Afraid** Two survival instructors put their skills to the test during 21 days in the Philippine jungle while fighting king cobras and debilitating illness.

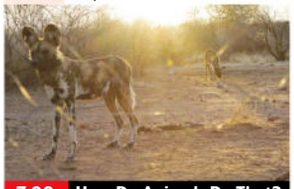
11.00 **Expedition X** Heather Amaro and Phil Torres continue their study of Nazi occult activity in Poland, where they investigate Nazi strongholds harbouring terrifying secrets.
12.00 M'T **Moonshiners**
4.00 **to 5.00** AM **How Do They Do It?**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Animal Cops Phoenix**
10.00 **Dogs 101** Dog grooming.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Animal Cops Phoenix**
2.00 **Great White Invasion**
3.00 **Man-Eating Super Snake**
4.00 **Bad Dog!** A dog digs ditches in its owners' back garden.
5.00 **Alaska: Homestead Rescue** Stuart and Toni Rinker's Idaho homestead is under threat.
6.00 **Tanked** Building an aquarium for prankster Roman Atwood.



7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** Exploring how a lizard can walk on water. **7.30** How a barn owl catches prey it can't see.

8.00 **Guardians of Rescue** Group founder Rob and investigators Marceline, Bill and Elle attempt to unmask a puppy flipper.

9.00 **Growing Up** Following a year in the lives of baby marsupials being raised by humans in Tasmania.

10.00 **Alaskan Bush People** Matt, Bam, Bear and Gabe begin to feel the strain of making deliveries in harsh conditions.

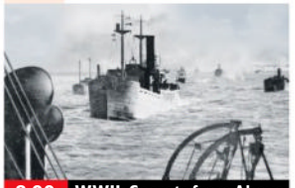
11.00 **I Was Prey** A woman is attacked by a crocodile during a relaxing river swim. **12.00** M'T A man finds a grizzly bear outside his cabin.
1.00 AM **Alaskan Bush People**
2.00 **Bad Dog!** As 4.00pm.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
11.00 **Destruction Decoded**
12.00 NOON **Titanic: Case Closed**
2.00 PM **Titanic: The Final Secret**
3.00 **Lost Gold of the Dark Ages: Treasure Hoard** A collection of treasure found by a metal detector enthusiast in 2009.
4.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a classic 1960s Mercedes. **5.00** Fuzz and Tim attemp to restore an Aston Martin DB6. **6.00** Tim and Fuzz set out to restore a VW Polo G40.



8.00 WWII: Secrets from Above

7.00 **Seconds from Disaster** The story behind the sinking of the HMS *Coventry* during the Falklands War in 1982.

8.00 **World War II: Secrets from Above** German battleships attack key ports, but the British Navy are on their tail.

9.00 **World War II: Secrets from Above** The new Nazi battleship *Bismarck* set out to destroy Allied convoys in the Atlantic.

10.00 **World War II: Secrets from Above** In Autumn 1942, German and Italian forces threaten British-controlled Egypt.

11.00 **David Blaine: Do Not Attempt** In Japan, David explores the concept of mastery.
11.45 **Ice Road Rescue**
1.45 AM **Lords of War**
2.45 **Food Factory** Double bill.
3.45 **Made in a Day**
4.35 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
7.00 **Flipping Bangers**
9.00 **The Curse of Oak Island**
10.00 **Pawn Stars** Double bill.
12.00 NOON **The Abyss: Rise & Fall of the Nazis** Five editions of the documentary, including at: **4.00** PM How discrimination against Jews was evident in Nazi Germany in 1934.
5.00 **Greatest Escapes of WWII** Some of the most incredible escapes of the conflict.
6.00 **Commando Missions** A look at Musketoon Operation.

7.00 June 6, 1944...

7.00 **NEW SERIES June 6, 1944: The Light of Dawn** 1/2. The story of Operation Overlord during World War Two.

8.00 **June 6, 1944: The Light of Dawn** Series finale 2/2. Delving deeper into Operation Overlord.

9.00 **Auschwitz: Countdown to Liberation** Events leading to the liberation of the camp in southern Poland in January 1945. Six million people, mostly Jewish, were murdered by the Nazis, more than a million in the camp.

11.00 **Mysteries Unearthed with Danny Trejo** A Chinese curse that has gained a reputation for being more than a myth, and the discovery of human remains in a basement.
12.00 M'T **Forged in Fire**
2.00 AM **Pawn Stars** Double bill.
4.00 **Greatest Escapes of WWII**
5.00 **to 6.00** AM **Commando Missions**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **American Pickers**
9.00 **Find It, Fix It, Flog It**
1.00 PM **One Foot in the Grave**
3.00 **How to Build a Motor Car** A look into how Briggs Automotive Company make the BAC Mono R. **4.00** The 35-hour build of a Land Rover Defender. **5.00** Following the configuration of a £120,000 Mercedes-Benz S-Class.
6.00 **James May's Man Lab** James and Oz Clarke escape from Dartmoor Prison and try to evade a team of trackers.

3.00 How to Build a Motor Car

7.00 **James May's Man Lab** James goes on a ghost hunt to control his fears and fells a tree to demonstrate his axe skills.

8.00 **James May's Man Lab** James teaches men how to cheat at playing the guitar, and promotes a redesigned boiler suit.

9.00 **Bangers & Cash** Derek collects an unusual haul, including a Blue Star truck and a mysterious Lion Omnibus Reliant.

10.00 **Bangers & Cash** Vehicles going up for auction include a Mini Cooper and Chevrolet pick-up truck.

11.00 **Bangers & Cash** A rare 1980s Sierra Cosworth draws in a crowd of admiring Ford fans.
12.00 M'T **Bangers & Cash: Restoring Classics** A Volvo 144 rolls in with just 15,000 miles on the clock.
1.00 **to 3.00** AM **James May's Man Lab**

+1hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **World's Greatest Motorcycle Rides**
8.00 **Shed and Buried: Classic Cars**
9.00 **The Ultimate Cycling Show** A comprehensive guide to bike racing.
10.00 **Wheeler Dealers**
2.00 PM **Shed and Buried: Classic Cars**
3.00 **Shed and Buried**
6.00 **Find It, Fix It, Flog It**
9.00 **Adam Richman Eats Football** Double bill.
10.00 **Adam Richman Eats Britain** Adam samples the Eton Mess in Eton. **10.30** In south Wales, Adam tries Glamorgan sausage in Glamorgan.
11.00 **Outback Opal Hunters**
12.00 M'T **Outback Crystal Hunters** Documentary.
1.00 AM **Treasure Quest: Snake Island**
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Four editions.
9.00 **Say Yes to the Dress**
10.00 **Say Yes... Lancashire**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Murder in the Heartland** Six editions.
9.00 **A Killer's Mistake** New edition When Tiffany Hill is shot dead in her car, her ex-husband is the prime suspect.
10.00 **999 Murderer Calling** New edition The case of Collin Reeves, who stabbed his neighbours to death following a parking dispute.
11.00 **Faking It: Tears of a Crime** Chris Parker.
12.00 M'T **A Faking It Special: Gary Glitter**
1.00 AM **Faking It: Jimmy Savile** True-crime.
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fraud Squad**
7.00 **Forensic Factor** A sniper targets abortion doctors then disappears into the shadowy underground. **8.00** A series of fires rip through San Joaquin Valley, killing four people.
9.00 **Cult Justice** Exploring how Bernie Hoffman became known as the Hollywood Prophet. **10.00** How General Deborah Green and her husband created a sinister organisation. **11.00** The story of how Anna Young and her husband founded the House of Prayer.
12.00 M'T **Cult Justice**
1.00 AM **Banaz: An Honour Killing** Documentary.
2.00 **A Stranger in My Home**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder by the Sea**
2.00 PM **Medical Detectives** A rare clue helps police track down a killer. **2.30** A man is found shot dead in his home. **3.00** Sonic technology helps unravel a murder. **3.30** A man's motives for killing an intruder are called into question. **4.00** A man is accused of shooting his wife. **4.30** A family are found dead after a house fire.
5.00 **Evidence of Evil** The investigation into the kidnapping and murder of Brianna Denison.
6.00 **Judge Judy** Real-life small-claims cases.
2.00 AM **Donal MacIntyre's Murder Files** The case of Sylvia and Peter Stuart. **3.00** The murder of Tom ap Rhys Pryce.
4.00 **48 Hours** Documentary.
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
8.00 **Highway Patrol**
9.00 **Brit Cops: Law & Disorder** Documentary.
10.00 **The Force: Manchester**
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My Village** Vikki Thompson.
1.00 PM **How I Caught the...**
2.00 **Murdered at First Sight**
3.00 **Murders That Shocked the Nation** Double bill.
5.00 **The Real Manhunter**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **World's Most Evil Killers**
10.00 **Murder Uncut**
11.00 **Killing Mum and Dad**
12.00 M'T **Murder Next Door**
1.00 AM **What the Killer Did Next** Joy Morgan.
2.00 **Killer Siblings**
3.00 **An Unexpected Killer**
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Secret Bunkers**
9.05 **The Six Queens of Henry VIII** Four editions.
1.00 PM **The Endurance**
3.00 **Ancient Apocalypse**
6.10 **The Six Queens of Henry VIII** Focusing on Katherine of Aragon and Anne Boleyn. **7.05** The King's marriage to Anne Boleyn, which ended when she failed to provide a male heir. **8.00** Focusing on the King's third and fourth wives, Jane Seymour and Anne of Cleves. **9.00** The stories of Catherine Howard and Catherine Parr.
9.55 **The Endurance** The story of Ernest Shackleton's expedition to Antarctica following the death of explorer Robert Falcon Scott.
12.00 M'T **Secret Bunkers**
1.10 **to 2.00** AM **America the Bountiful**

SATURDAY

Saturday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Sigourney Weaver**
7.00 **Discovering: Hugh Grant**
8.00 **The Directors**
10.00 **Spring Awakening: Those You've Known**
11.40 **The Man Who Stole The Scream** Documentary.
1.40 PM **Laurel and Hardy: Their Lives and Magic**
3.40 **Wise Guy: David Chase and The Sopranos** The story behind the drama series.
6.45 **Mr Dynamite: The Rise of James Brown** The career of the singer, musician and producer.
9.00 **Hijacked: Flight 73** The hijacking of Pan Am Flight 73 in Karachi in 1986.
11.00 **Who Killed the KLF?** A look at the rise and fall of The KLF.
12.50 AM **Look Away** The stories of women groomed in their early teenage years by rock stars.
2.40 **I Am Evidence** Investigating the way sexual assault cases are handled by police departments across the US.
4.20 **to 6.00** AM **United Skates**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** Six editions.
11.45 **Taking the Stand**
12.40 PM **Killer in Plain Sight**
1.05 **Ozark Law** Double bill.
3.00 **Spring Break Murders**
4.00 **Tell Me How I Died**
5.00 **Accident, Suicide or Murder?**
7.00 **Gypsy Rose: Life After Lock Up** Ryan tells Gypsy he misses her as divorce day approaches.
8.00 **Secrets of Polygamy**
9.00 **Fatal Family Feuds**
10.00 **Beyond the Headlines: Black Girl Missing** Documentary.
11.00 **Vanished: The Kamiyah Mobley Story** True-crime.
12.00 M'T **Missing Presumed Dead**
1.00 AM **Britain's Darkest Taboos**
2.00 **Gypsy Rose: Life After Lock Up** New edition Following Gypsy Rose Blanchard as she navigates life outside of prison.
3.00 **Spring Break Murders**
4.00 **to 6.00** AM **On the Case with Paula Zahn**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 151

9.00 AM **Top of the Pops**
11.00 **Celebrity Mastermind**
1.00 PM **The Onedin Line**
3.00 **Top of the Pops**
5.00 **Celebrity Mastermind**
7.00 **The Onedin Line** *Beyond the Upper Sea:* 9/14. James and Albert Frazer sail to Turkey to inspect a steam engine. **8.00** *An Inch of Candle:* 10/14. James finds an abandoned schooner and decides to tow it to shore. (S2)
9.00 **Top of the Pops** Triple bill.
11.00 **Celebrity Mastermind** Frank Gardner, Levi Roots, Helen Chamberlain and Pam Rhodes take part in the quiz. **11.40** With David Threlfall, James Redmond, Hattie Hayridge and Ortis Deley. **12.20** AM Featuring Adam Boulton, Toby Buckland, Kirsten O'Brien and Rhys Thomas.
1.00 **The Onedin Line**
3.00 **Top of the Pops**
4.30 **The Onedin Line**
5.20 **to 6.00** AM **Top of the Pops**

+1 hour 266 376

Sky Nature

124/125 113/114 189 354 369

6.00 AM **City Wildlife Rescue**
7.00 **Planet Shark**
10.00 **Wild Canary Islands**
11.00 **Woodpeckers: The Hole Story**
12.00 NOON **Wild Crusades**
2.00 PM **Wild Sky**
3.00 **Extreme Snakes: Australia**
4.00 **Extreme Snakes: Africa**
5.00 **The Bachelor King**
6.30 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** Documentary.
7.30 **Micro Monsters with David Attenborough**
8.00 **Age of the Big Cats** The stories of the cheetah, snow leopard and jaguar. **9.00** Exploring how lions conquered the world. **10.00** The stories of the puma and the leopard.
11.00 **After the Wildfires**
12.00 M'T **Africa's Hunters**
1.00 AM **Battle of the Alphas**
2.00 NEW SERIES **Europe's Amazon** Documentary.
3.00 NEW SERIES **Survival of the Beast** Survival skills of animals.
4.00 **to 6.00** AM **Cub Camp**

WILD

165 145/133 182

8.00 AM **Fish Tank Kings**
9.00 **Secrets of the Zoo: Tampa**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Polar Worlds with Bertie Gregory** The wildlife filmmaker travels through both poles.
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Savage Kingdom** As drought turns Mombo to dust, Phefo the leopard must travel for food.
8.00 **Secrets of the Zoo** A cheetah undergoes surgery never attempted before, while in a conservation park, polar bear cubs learn to swim. **9.00** Tiger cubs explore their new habitat at the zoo, and an orphaned manatee is rescued from the wild.
10.00 **Africa's Hidden Wonders** Animals that have adapted to survive in the Sahara.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

ID

154 141 166

8.00 AM **Hometown Homicide: Local Mysteries**
10.00 **Homicide City: Charlotte**
12.00 NOON **The Wonderland Murders** Double bill.
2.00 PM **Pandora's Box: Unleashing Evil**
4.00 **Never Say Goodbye**
6.00 **The Perfect Murder** A car passenger apparently shot dead by a stranger on the road. **7.00** A Belgian honeymoon that came to a tragic end.
8.00 **People Magazine Investigates** The disappearance of a pilot in the mountains of Colorado, who left her baby behind.
9.00 **Grave Mysteries** How Samantha Lezark's struggle to find love had a fatal ending.
10.00 **How (Not) to Get Rid of a Body** The case of a missing 17-year-old girl goes cold.
11.00 **Body Cam** True-crime.
12.00 M'T **Your Worst Nightmare**
2.00 AM **Living a Nightmare**
4.00 **to 6.00** AM **Diabolical: Deadly Love**

+1 hour 254 366

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
7.00 **Ancient Aliens: Secret Science**
8.00 **Ancient Aliens**
9.00 **Secrets of Great British Castles** Triple bill of editions.
12.00 NOON **Ancient Aliens**
1.00 PM **Ancient Aliens: Secret Science** Documentary.
2.00 **Mystery Places**
3.00 **How to Lose a War**
4.00 **WWII's Most Daring Raids**
5.00 **Deadman's Curse**
6.00 **How Disney Built America**
7.00 **Instruments of Death** The development of body armour.
8.00 **History's Greatest Myths** The top theories surrounding enigmatic unsolved mysteries.
9.00 **Colosseum** Emperor Trajan throws the games of AD 107.
10.00 **Scary Tales of New York**
11.10 **Ancient Aliens**
12.05 AM **Ancient Aliens: Secret Science** Documentary.
1.00 **Ancient Aliens**
2.00 **Clash of the Gods**
3.00 **Secrets of Great British Castles** Double bill of editions.
5.00 **to 6.00** AM **How to Lose a War**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** The artisan restorers behind Drew Pritchard's antiques empire save an iconic chair. **4.00** A pre-World War One carousel horse is rescued. **5.00** The experts get to work on a Chesterfield sofa rescued from the scrapheap.
6.00 **How the Universe Works** An invisible scaffold of dark matter known as the Cosmic Web. **7.00** The risk to manned space exploration of cosmic rays. **8.00** Exploring how close the Earth has come to destruction.
9.00 **Storm Chasers** The TIV-2's resilience is put to the test. **10.00** A huge tornado trails the TIV through Arkansas. **11.00** The Doppler on Wheels team are thrown into chaos.
12.00 M'T **Massive Engineering Mistakes** Double bill.
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Street Outlaws: Fastest in America** Four editions.
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Massive Engineering Mistakes** Five editions.
5.00 PM **Kindig Customs** Triple bill of the series, including at: **7.00** Dave buys a 1929 Roadster to fix up and sell.
8.00 **Mega Shippers** Rain threatens to ruin an incoming shipment of fertiliser worth £45million. **9.00** A 90-tonne locomotive is loaded onto a truck. **10.00** A 23,000-tonne oil rig needs offloading in Melbourne.
11.00 **Three Men Four Wheels** Racing driver Marino Franchitti champions the Ferrari F40. **11.30** Drew Pritchard takes a Stovebolt Special for a spin. **12.00** M'T Marino takes a drive in an iconic Lotus 72. **12.30** AM Andy Jaye champions the Mini Cooper S.
1.00 **to 5.00** AM **Street Outlaws: Fastest in America**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.20 AM **My Penguin Friend** Drama starring Jean Reno. (2024, PG, 100min) ★★★★
9.00 **Transformers One** As 4.15pm.
10.45 PREMIERE **Omni Loop** (2024)
12.45 PM **Cleaner** As 8.00pm.
2.25 **Trap** As shown at 11.50pm.
4.15 **Transformers One** Animation. (2024, PG, 104min) ★★★★
6.00 PREMIERE **Omni Loop** Sci-fi drama starring Mary-Louise Parker. (2024, 12, 112min) ★★★★ *See review, page 23.*

6.00 Omni Loop

8.00 Cleaner Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. With Clive Owen and Matthew Tuck. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Twisters Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Trap** M Night Shyamalan's thriller starring Josh Hartnett. (2024, 15, 105min) ★★★★
1.40 AM **Smile 2** Horror thriller sequel starring Naomi Scott. (2024, 18, 127min) ★★★★
3.50 **A Mistake** Medical drama. (2024, 15, 101min) ★★★
5.40 **to 7.20** AM **The Parenting** Horror comedy with Brian Cox. (2025, 15, 94min) ★★★

Sky Cinema Hits

303 303 403 503 517

6.15 AM **Please Don't Destroy: The Treasure of Foggy Mountain** (2023, 15) ★★★
7.50 **Ride On** (2023, PG) ★★★
10.00 **The Beekeeper** As 3.25am.
12.00 NOON **The Fast and the Furious** (2001, 15) ★★★
2.00 PM **2 Fast 2 Furious** Thriller sequel. (2003, 12) ★★★
4.00 **The Fast and the Furious: Tokyo Drift** (2006, 12) ★★
5.50 **Bad Boys for Life** Thriller sequel. (2020, 15) ★★★

10.10 Django Unchained

8.00 Bad Boys: Ride or Die Action comedy sequel starring Will Smith and Martin Lawrence. Miami cops Mike Lowrey and Marcus Burnett go on the run to clear their late captain's name. With Vanessa Hudgens. (2024, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Django Unchained Quentin Tarantino's Western starring Jamie Foxx. A former slave becomes a deadly bounty hunter and embarks on a perilous mission to rescue his wife from a Mississippi plantation. (2012, 18, 165min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **Monkey Man** Thriller. (2024, 18, 121min) ★★★★
3.25 **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
5.25 **to 7.05** AM **Some Other Woman** Thriller starring Tom Felton. (2023, 15, 85min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.10 AM **Ben-Hur** As 8.00pm.
11.00 **Footloose** Teen dance drama. (1984, 12, 107min) ★★★
1.00 PM **Chicago** Oscar-winning musical with Renée Zellweger. (2002, 12, 112min) ★★★★
3.10 **One Life** Fact-based drama. (2023, 12, 105min) ★★★★
5.15 **Funny Girl** Musical biopic starring Barbra Streisand. (1968, U, 169min) ★★★★

8.00 Ben-Hur Multi-Oscar-winning epic starring Charlton Heston. In 1st-century Palestine, a Jewish prince and a Roman tribune become mortal enemies. With Stephen Boyd. (1959, PG, 212min) ★★★★★
11.45 **Footloose** Teen dance drama remake starring Kenny Wormald, Julianne Hough and Dennis Quaid. A Boston teenager moves to a small Southern town where dancing is banned. (2011, 12, 113min) ★★★

1.45 AM **Quadrophenia** Cult drama starring Phil Daniels and Leslie Ash. (1979, 15, 115min) ★★★★
3.55 **Holiday Inn** Musical comedy. (1942, b/w, U, 101min) ★★★★
5.45 **to 7.10** AM **My First Summer** Drama with Markella Kavenagh. (2020, 15, 80min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.35 AM **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy. (2001, 12, 145min) ★★★★
10.15 **Little Bone Lodge** Horror. (2023, 15, 93min) ★★★
12.00 NOON **Passengers** Sci-fi drama. (2016, 12, 116min) ★★★
2.05 PM **Star Trek Beyond** Adventure. (2016, 12, 122min) ★★★★
4.15 **Congo** Adventure with Laura Linney. (1995, 12, 108min) ★★★

6.10 **Insidious** Horror starring Rose Byrne and Patrick Wilson. (2010, 15, 103min) ★★★★
8.00 **I Am Legend** Sci-fi horror thriller starring Will Smith, Alice Braga and Dash Mihok. (2007, 15, 101min) ★★★★
9.45 **Men in Black** Sci-fi action comedy starring Tommy Lee Jones and Will Smith. A streetwise New York cop joins a secret government agency that polices alien activity on Earth. (1997, PG, 94min) ★★★★

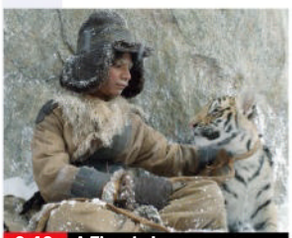
11.25 **Concrete Utopia** Disaster drama. (2023, 15, 130min) ★★★★
1.35 AM **MaXXXine** Crime thriller. (2024, 18, 110min) ★★★
3.25 **If You Were the Last** Comedy. (2023, 15, 92min) ★★★★
5.05 **to 6.55** AM **Next Exit** Comedy. (2022, 15, 106min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.45 AM **The SpongeBob SquarePants Movie** Animation. (2004, U, 87min) ★★★★
8.25 **Ghostbusters: Frozen Empire**
10.30 **Wonka** (2023, PG) ★★★★
12.35 PM **Bean** Comedy spin-off. (1997, PG, 90min) ★★★
2.15 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
3.55 **E.T. The Extra Terrestrial** Fantasy. (1982, U) ★★★★★
5.55 **Johnny English Reborn** Comedy. (2011, PG) ★★★


9.40 A Tiger's Journey

7.40 **Ghostbusters: Frozen Empire** Supernatural comedy adventure sequel starring Paul Rudd, Carrie Coon, Mckenna Grace and Finn Wolfhard. (2023, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **A Tiger's Journey** Drama starring Sunny Pawar. In the valleys of the Himalayas, an orphan boy and a Bengal tiger cub head off on an adventure. (2023, PG, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Daddy Day Camp** Comedy sequel starring Cuba Gooding Jr. (2007, PG, 88min) ★★
12.55 AM **The Little Rascals** Family comedy starring Travis Tedford. (1994, U, 83min) ★★
2.25 **Robo-Dog** Sci-fi adventure starring Michael Campion. (2015, PG, 87min) ★★★
4.00 **The Secret Kingdom** Fantasy starring Sam Everingham. (2023, PG, 98min) ★
5.45 **to 7.20** AM **Daddy Day Camp**

Sky Cinema Heroes

307 307 407 507 521

6.05 AM **The Huntsman: Winter's War** Fantasy. (2016, 12) ★★★
8.05 **Madame Web** Adventure. (2024, 12, 116min) ★★★
10.10 **Cleaner** As shown at 6.10pm.
12.00 NOON **A Quiet Place** Horror. (2018, 15, 90min) ★★★★
1.45 PM **Charlie's Angels: Full Throttle** (2003, 12) ★★
3.45 **Wonder Woman** Fantasy. (2017, 12, 121min) ★★★★
6.10 **Cleaner** Thriller starring Daisy Ridley. (2025, 15, 97min) ★★★

8.00 Twisters

8.00 **Twisters** Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. With Anthony Ramos and Brandon Perea. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Twister** Disaster movie starring Helen Hunt and Bill Paxton as an estranged married couple of meteorologists who reunite to chase tornadoes across the American Midwest. (1996, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Wanted** Action thriller. (2008, 18, 105min) ★★★
2.00 **Yes, Madam!** Action comedy. (1985, 18, 93min) ★★★
3.40 **Cult Killer** Thriller with Alice Eve. (2024, 15, 105min) ★★★
5.30 **to 7.20** AM **Charlie's Angels: Full Throttle** As 1.45pm.

Sky Cinema Comedy

308 308 408 508 522

7.20 AM **The Death of Stalin** Satire. (2017, 15) ★★★★
9.15 **About Last Night** As 6.15pm.
11.05 **Ferris Bueller's Day Off** Comedy. (1986, 12) ★★★★
12.55 PM **Daddy's Home 2** Comedy sequel. (2017, 12, 100min) ★★★
2.40 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
4.10 **The Five-Year Engagement**
6.15 **About Last Night** Romantic comedy remake with Michael Ealy. (2014, 15, 98min) ★★

11.20 The Five-Year Engagement

8.00 **Borat Subsequent Moviefilm** Spoof sequel starring Sacha Baron Cohen. Borat returns to America intent on giving his 15-year-old daughter to the vice president. (2020, 15, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **48 Hrs** Action comedy starring Nick Nolte and Eddie Murphy. A tough cop springs a smooth-talking criminal from jail on a two-day pass to help him track down two escaped convicts. With James Remar. (1982, 15, 97min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Five-Year Engagement** Romantic comedy with Jason Segel. (2012, 15, 119min) ★★★
1.25 AM **I Love My Dad** Comedy. (2022, 15, 96min) ★★★
3.15 **Sweethearts** Comedy. (2024, 15, 94min) ★★★
5.05 **to 6.50** AM **Borat Subsequent Moviefilm** (2020)

Sky Cinema Thriller

309 309 409 509 523

6.55 AM **To Catch a Killer** Thriller. (2023, 15, 119min) ★★★★
9.00 **RocknRolla** Comedy thriller. (2008, 15, 110min) ★★
11.00 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★
12.50 PM **The Sum of All Fears** Thriller starring Ben Affleck. (2002, 12, 119min) ★★★★
3.00 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★
5.25 **The Da Vinci Code** Thriller. (2006, 12, 149min) ★★★

10.15 Goodfellas

8.00 **State of Play** Political thriller starring Russell Crowe, Ben Affleck and Rachel McAdams. A veteran Washington reporter reluctantly joins forces with a novice online journalist to investigate a political conspiracy involving an old college friend. (2009, 12, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

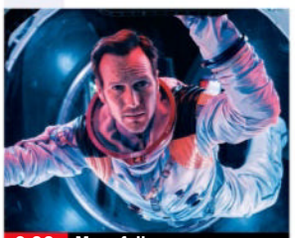
10.15 **Goodfellas** Martin Scorsese's gangster drama based on the memoirs of a real-life Mafia hood, starring Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Detroit** Fact-based drama starring John Boyega. (2017, 15, 143min) ★★★★
3.10 **The Punisher** Action thriller. (2004, 18, 123min) ★★★
5.25 **to 6.50** AM **Barber** Mystery. (2023, 15, 90min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Tad the Lost Explorer and the Curse of the Mummy** Animation. (2022, PG) ★★★
12.45 PM **One Million Years BC** Adventure. (1966, PG) ★★★
2.50 **Napoleon Dynamite** Comedy. (2004, PG, 95min) ★★★★
4.40 **My Best Friend's Wedding** Comedy starring Julia Roberts. (1997, 12, 104min) ★★★★
6.45 **The Eagle** Action adventure. (2011, 12, 113min) ★★★


9.00 Moonfall

The Eagle (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Moonfall** Sci-fi thriller starring Patrick Wilson and Halle Berry. A mysterious force knocks the moon from its orbit and two astronauts join forces to avert catastrophe. With John Bradley and Donald Sutherland. (2022, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.35 **Armageddon** Sci-fi action adventure starring Bruce Willis. An oil driller and his team of roughnecks try to intercept and destroy a giant asteroid that is on a collision course with Earth. (1998, 12, 151min) ★★★
2.35 **to 4.00** AM **The Fits** Drama starring Royalty Hightower. (2015, 12, 72min) ★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Favourites

302 302 402 502 516

6.00 AM **The Adventures of Tom Thumb and Thumbelina** Animation. (2002, U, 72min) ★★
7.20 **Forrest Gump** Whimsical fable. (1994, 12, 136min) ★★★★
9.45 **Back to the Future** Time-travel comedy fantasy. (1985, PG, 115min) ★★★★★
11.45 **The Karate Kid** Martial arts adventure with Ralph Macchio. (1984, 12, 127min) ★★★★

1.55 PM **Airplane!** As 12.05am.
3.25 **Mission: Impossible – Dead Reckoning Part One** Thriller. (2023, 12, 163min) ★★★★
6.10 **Back to the Future Part II** Time-travel comedy adventure sequel starring Michael J Fox. (1989, PG, 107min) ★★★
8.00 **Barbie** Comedy starring Margot Robbie and Ryan Gosling. (2023, 12, 114min) ★★★★
10.00 **Bad Boys** Action comedy with Martin Lawrence and Will Smith. (1995, 15, 118min) ★★★

12.05 AM **Airplane!** Disaster spoof. (1980, 12, 86min) ★★★★★
1.40 **Airplane II** Disaster spoof sequel. (1982, 15, 81min) ★★★
3.10 **Mean Girls** Musical adaptation. (2023, 12, 112min) ★★★
5.05 **to 7.00** AM **Save the Cinema** Drama. (2021, 12, 109min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.55 AM **The Quiet Man** As 1.40am.
9.05 **I'm All Right, Jack** As 4.00am.
11.05 **Revenge of the Pink Panther** Comedy sequel starring Peter Sellers. (1978, PG, 98min) ★★★
12.50 PM **The Warriors** Urban thriller. (1979, 15, 94min) ★★★
2.25 **Indiana Jones and the Last Crusade** Adventure starring Harrison Ford and Sean Connery. (1989, PG, 127min) ★★★★★

4.35 **Planes, Trains and Automobiles** Comedy. (1987, 15, 92min) ★★★★★
6.10 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
8.00 **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy and Judge Reinhold. (1987, 15, 99min) ★★★
10.00 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy and Judge Reinhold. (1994, 15, 104min) ★★

11.50 **Dazed and Confused** Comedy drama starring Jason London. (1993, 15, 102min) ★★★★
1.40 AM **The Quiet Man** Romantic drama. (1952, U, 129min) ★★★
4.00 **to 6.00** AM **I'm All Right, Jack** Comedy starring Peter Sellers. (1959, b/w, U, 105min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Rock Dog** Animation. (2016, PG, 90min) ★★★
7.40 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
9.15 **The Nut Job** Animated comedy. (2014, U, 85min) ★★★
10.45 **Migration** Animated comedy. (2023, U, 83min) ★★★
12.15 PM **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★

2.05 **Sing** Animation. (2016, U) ★★★
4.00 **Trolls Band Together** Animated musical. (2023, U, 91min) ★★★
5.40 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
7.25 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
9.15 **Rango** Animated Western spoof. (2011, PG, 103min) ★★★★
11.05 **Rock Dog 3: Battle the Beat** Animated adventure sequel. (2022, U, 90min) ★★
12.45 AM **Noah's Ark** Animation. (2024, U, 96min) ★★★

2.25 **Batman Unlimited: Monster Mayhem** (2015, PG) ★★★
3.50 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** Animation. (2021, PG, 78min) ★★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Movies 24

312 313 419

7.00 AM **Our Take on Love** Drama. (2022, PG, 87min) ★★
9.00 **Sense and Sensibility** Drama. (2024, U, 84min) ★★
11.00 **Moriah's Lighthouse** Romantic comedy. (2022, PG, 84min) ★★
1.00 PM **Return to Office** Romantic drama. (2025, PG, 84min) ★★
3.00 **Inspiring Love** Romantic drama starring Donna Benedicto. (2023, PG, 85min) ★★

5.00 **The Engagement Back-Up** Romantic comedy starring Elise Gatien. (2022, PG, 91min) ★★
7.00 **CrimeTime: Freefall** Mystery starring Lyndie Greenwood and Danny Dworkis. The leading actor in a crime series helps a real-life detective to solve a murder. (2024, PG, 90min) ★★
9.00 **Love in Whitbrooke** Romantic drama starring Brittany Bristow. An executive returns home to help out at her parents' cafe. (2021, PG, 88min) ★★

11.00 **Junebug** Fantasy starring Mila Jones. (2024, PG, 84min) ★★
1.00 AM **A Paris Proposal** Romantic comedy. (2023, PG, 84min) ★★
3.00 **to 5.00** AM **A Pinch of Portugal** Drama. (2023, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Cotton Queen** Comedy. (1937, b/w, U, 80min) ★★★
7.40 **Murder at the Grange** Thriller. (1952, b/w, PG, 33min) ★★
8.15 **What's On TPTV with Noel**
8.25 **Space Patrol** 8/39. (S1)
9.00 **Batman** 15/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Supercar** 4/26. (S1)
10.30 **The Rescue Squad** Drama. (1963, b/w, U, 54min) ★★

11.30 **The Adventures of Robin Hood**
12.00 NOON **The Time Travellers** Adventure. (1964, PG) ★★
1.35 PM **One Step Beyond** (S1)
2.10 **Dick Barton: Special Agent**
2.25 **Fireball XL5**
3.00 **Captain Scarlet and the Mysterons** 17/32. (S1)
3.35 **Playtime** Comedy with Jacques Tati. (1967, U, 114min) ★★★★
5.55 **A Gunman Has Escaped** Drama. (1948, b/w, PG, 53min) ★★
7.00 **Z Cars** 13/13. (S11)
8.00 **A Family at War** 11/13. (S1)

9.05 **The Cassandra Crossing** Thriller. (1977, PG, 129min) ★★★
11.40 **Cause Célèbre** Crime drama. (1987, 12, 133min) ★★
2.00 AM **The Velvet Touch** Mystery. (1948, b/w, PG, 92min) ★★
3.55 **Captain Scarlett** (1952, U) ★★
5.30 **to 6.00** AM **Out of Town**

SATURDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE NRL South Sydney Rabbitohs v Newcastle Knights.** Coverage from Suncorp Stadium. Kick-off **6.00am**.
8.00 **Good Morning Sports Fans**
8.30 **LIVE NRL New Zealand Warriors v North Queensland Cowboys.** From Suncorp Stadium. Kick-off **8.30am**.
10.30 **Fantasy Football Pre-Match**
11.00 **LIVE EFL** A match on the final day of the regular Championship season. Kick-off **12.30pm**.
2.45 PM **Gillette Soccer Saturday**
5.00 **LIVE SNF Arsenal v Bournemouth.** The Premier League match from the Emirates Stadium. Kick-off is at **5.30pm**.
8.35 **LIVE Formula 1** The Miami Grand Prix qualifying session ahead of the sixth round of the season. Start-time **9.00pm**.
11.00 **Ted's Notebook**
11.30 **LIVE LPGA Tour Golf** The Black Desert Championship third day at Black Desert Resort in Ivins.
2.00 AM **Sky Sports News**
4.45 **to 6.45** AM **LIVE NRL Gold Coast Titans v Canterbury Bulldogs.** From Suncorp Stadium in Brisbane. Kick-off **4.50am**.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **The Big Interview**
9.30 **FNF** Manchester City v Wolves.
10.00 **Saturday Social**
11.00 **FNF** Manchester City v Wolves.
11.30 **Fantasy Show**
12.00 NOON **Gillette Soccer Saturday: Build-Up**
3.00 PM **Gillette Soccer Saturday**
5.00 **LIVE SNF Arsenal v Bournemouth.** Coverage of the Premier League match from the Emirates Stadium. The visitors won the reverse fixture back in October as they ended the Gunners unbeaten start to the season with a 2-0 victory at the Vitality Stadium. Kick-off **5.30pm**.
8.30 **Game of the Day**
10.30 **Premier League Highlights** Everton v Ipswich Town. **11.00** Highlights from Leicester City v Southampton. **11.30** Action from Arsenal v Bournemouth at Emirates Stadium.
12.00 M'T **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Championship Retro**
8.00 **Best Goals: EFL Cup 2021/22**
8.30 **EFL Trophy** The 2021/22 final.
9.00 **EFL Greatest Games**
10.00 **Saturday Social**
11.00 **LIVE EFL** A match on the final day of the regular Championship season. Kick-off **12.30pm**.
2.45 PM **LIVE EFL** A match from the final day of the regular season in League One. Kick-off **3.00pm**.
6.00 **LIVE Bundesliga Borussia Dortmund v VfL Wolfsburg.** Coverage of the German top-flight match at Signal Iduna Park, joining 30 minutes after kick-off. These teams have faced each other twice during this campaign, with Dortmund winning 3-1 at Volkswagen Arena in the reverse league fixture last December, while Wolfsburg triumphed 1-0 in a DFB-Pokal match at the same venue two months prior to that.
7.30 **EFL** A replay of a match from the final day of the season.
9.30 **EFL** A match on the final day.
11.30 **EFL Highlights** Action from Bristol City v Preston North End. **11.45** Burnley v Millwall.
12.00 M'T **to 6.00** AM **EFL Highlights**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A match replay.
10.10 **Ashes Greats** Action from 2001.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent highlights from India.
2.50 PM **LIVE IPL Royal Challengers Bengaluru v Chennai Super Kings.** Coverage of the T20 match from M. Chinnaswamy Stadium. The hosts won this fixture last year thanks to a 27-run victory in a high-scoring match, as Bengaluru posted 218-5 in their 20 overs.
7.00 **LIVE Pakistan Super League Quetta Gladiators v Islamabad United.** Coverage of the T20 match from Gaddafi Stadium. The hosts won this fixture by three wickets last year in a low-scoring affair, as they chased down their target of 139 with 10 balls to spare.
8.00 **Best of ICC WT20**
9.00 **IPL** Royal Challengers Bengaluru v Chennai Super Kings. **10.00** Highlights from Gujarat Titans v Sunrisers Hyderabad.
11.00 **Pakistan Super League** Quetta Gladiators v Islamabad United.
12.00 M'T **IPL** Recent action from India.
5.10 AM **Ashes Greats** Player profiles.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **DP World Tour**
7.00 **PGA Tour** Highlights.
10.00 **LPGA Tour**
12.00 NOON **PGA Tour Champions Learning Centre**
12.30 PM **Tour Golf Highlights**
1.00 **LIVE PGA Tour** Coverage of the early stages of day three of the CJ Cup Byron Nelson.
6.00 **LIVE PGA Tour** Further coverage of day three of the CJ Cup Byron Nelson in McKinney.
11.00 **LIVE LPGA Tour** The Black Desert Championship third day at Black Desert Resort in Ivins.
2.00 AM **Golf Academy**
3.00 **PGA Tour** Recent action.
4.00 **Nick Dougherty's Tee Time Tips**
5.00 **to 6.00** AM **PGA Tour**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP**
10.00 **ATP Tour This Week**
10.30 **WTA & ATP**
2.30 PM **LIVE WTA & ATP** Madrid Open men's doubles final.
5.00 **LIVE WTA** Coverage of the Madrid Open women's final.
7.30 **WTA All Access**
8.00 **WTA** Recent finals.
2.00 AM **Bitesize Tennis**
3.00 **to 6.00** AM **WTA**

TNT Sports 1

410 413 521 408 430

6.00 AM **The Fantasy Show**
6.30 **Premier League Preview**
7.00 **LIVE AFL Adelaide Crows v Carlton Blues.** Coverage from Adelaide Oval. Bounce-up **7.15am**.
10.00 **The Fantasy Show**
10.30 **Premier League Preview**
11.00 **LIVE Premier League Aston Villa v Fulham.** Coverage of the top-flight match staged at Villa Park. Kick-off **12.30pm**.
3.00 PM **Xtra Time**
3.15 **LIVE Snooker World Championship** Coverage of the semi-finals from the Crucible.
5.30 **Discovery Golf**
6.00 **MLB Highlights**
7.00 **Champions League Magazine**
7.30 **LIVE Serie A** Coverage of a game from Italy's top division.
9.45 **Superbike World Championship**
10.15 **TNT Sports Reload**
10.30 **LIVE Grand Slam Track Athletics** Coverage from Miami.
12.30 AM **TNT Sports Reload**
1.00 **LIVE UFC** The preliminary bouts.
3.00 **to 6.30** AM **LIVE UFC Cory Sandhagen v Deiveson Figueiredo.** The bantamweight bout from Wells Fargo Arena.

TNT Sports 2

411 414 522 409 431

6.00 AM **Snooker World Championship** The 14th day.
8.00 **LIVE Superbike World Championship** From Lombardy.
8.30 **Premier League Preview**
9.00 **Champions League Magazine**
9.30 **LIVE Superbike World Championship** From Lombardy.
10.30 **Grand Slam Track Athletics**
11.30 **LIVE Women's Circuit Racing World Championship** The first race from the Cremona Circuit.
12.15 PM **LIVE Superbike World Championship** From Lombardy.
3.15 **MotoGP Rewind**
3.30 **NBA on Fire** The latest news.
4.00 **NBA** A play-off match.
5.30 **LIVE FIM Speedway Grand Prix** Coverage from Landshut.
9.00 **LIVE MLB Pittsburgh Pirates v San Diego Padres.** Coverage of the National League match at PNC Park. Start-time **9.05pm**.
12.00 M'T **LIVE MLB Baltimore Orioles v Kansas City Royals.** American League game at Camden Yards. Start-time is at **12.15am**.
3.15 AM **MLB: Off the Bat**
3.45 **MotoGP Rewind**
4.00 **to 7.00** AM **LIVE AFL Sydney Swans v GWS Giants.**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **LIVE NRL South Sydney Rabbitohs v Newcastle Knights.** Kick-off **6.00am**.
8.00 **Super League Highlights**
8.30 **LIVE NRL New Zealand Warriors v North Queensland Cowboys.** Kick-off **8.30am**.
10.30 **Super League Highlights**
10.45 **LIVE NRL Wests Tigers v St George Illawarra Dragons.** Coverage of the match at Suncorp Stadium. Kick-off **10.45am**.
12.45 PM **State of Origin**
2.30 **LIVE Super League Leigh Leopards v Catalans Dragons.** Coverage of the magic weekend match. Kick-off is at **3.00pm**.
5.00 **LIVE Super League Hull Kingston Rovers v Salford Red Devils.** Coverage from the Magic Weekend game. Kick-off **5.15pm**.
7.15 **LIVE Super League St Helens v Leeds Rhinos.** Coverage of the match from the Magic Weekend at St James' Park. Kick-off **7.30pm**.
10.00 **Women's Super League**
10.15 **World Club Challenge**
10.30 **Super League Highlights**
10.45 **State of Origin Rugby League**
11.00 **Super League** Match replays.

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **Soccer Saturday Pre-Match**
11.00 **EFL Build-Up** A look ahead to all the day's football action.
12.25 PM **LIVE EFL** A Championship match on the final day of the season. Kick-off **12.30pm**.
2.45 **LIVE EFL** Coverage of a match on the final day of the regular season. Kick-off **3.00pm**.
5.30 **LIVE Bundesliga Borussia Dortmund v VfL Wolfsburg.** Coverage of the German top-flight match staged at Signal Iduna Park. These teams have already faced each other twice during this campaign, with Dortmund winning 3-1 at Volkswagen Arena in the reverse league fixture last December, while Wolfsburg triumphed 1-0 in a DFB-Pokal match at the same venue two months prior to that. Kick-off **5.30pm**.
7.30 **Sky Sports News**
4.45 **to 6.45** AM **LIVE NRL Gold Coast Titans v Canterbury Bulldogs.** The match from the magic round of fixtures at Suncorp Stadium. Kick-off **4.50am**.

Sky Sports Mix

416 412 510 429 449

6.00 AM **Pakistan Super League**
7.00 **IPL** Recent action from India.
8.00 **LIVE Super Rugby Hurricanes v Chiefs.** Kick-off is at **8.05am**.
10.00 **Super League Highlights**
10.30 **LIVE Super Rugby Brumbies v NSW Waratahs.** From GIO Stadium. Kick-off is at **10.35am**.
12.30 PM **Super League Highlights**
1.15 **IPL** Recent action from India.
2.15 **Bundesliga Legends**
2.20 **LIVE Bundesliga RB Leipzig v Bayern Munich.** K-o **2.30pm**.
4.30 **LIVE Indycar** Coverage of the Children's of Alabama Indy Grand Prix second practice session.
6.00 **Formula 1** Saudi Arabian GP.
7.00 **F1 Features**
7.30 **LIVE Indycar** The Children's of Alabama Indy Grand Prix qualifying.
9.00 **WTA Tennis** Stuttgart Open final.
10.00 **Super League** A match replay.
12.45 AM **Pakistan Super League**
1.45 **IPL** Recent highlights from India.
3.45 **Best of ICC WT20**
4.00 **Super League Highlights**
4.30 **to 6.30** AM **LIVE Super Rugby Highlanders v Moana Pasifika.** Kick-off is at **4.35am**.

TNT Sports 3

413 415 523 410 432

7.00 AM **The Football's On**
8.00 **LIVE Isuzu UTE A-League Melbourne City v Sydney FC.** At AAMI Park. Kick-off **8.00am**.
10.00 **LIVE Snooker World Championship** The semi-finals at the Crucible Theatre, Sheffield.
1.00 PM **MLB Highlights**
2.00 **TNT Sports Reload**
2.15 **LIVE Snooker World Championship** Further coverage from the semi-finals.
5.30 **Men's Cycling Pro Series**
6.30 **LIVE Snooker World Championship** Continued coverage from the semi-finals.
10.00 **Cycling** Tour of Romandy.
11.00 **Superbike World Championship**
11.30 **NBA on Fire** The latest news.
12.00 M'T **LIVE NBA** Coverage from a play-off match.
2.30 AM **Snooker World C'ship**
4.30 **Formula E Highlights**
5.30 **to 6.00** AM **Superbike World Championship**

TNT Sports 4

414 416 524 411 434

6.00 AM **MotoGP Highlights**
7.00 **Men's Cycling** Recent action.
9.00 **The Ultimate Cycling Show**
10.00 **TNT Sports Reload**
10.30 **LIVE Men's Cycling Pro Series** Coverage of stage seven of the Tour of Turkey, a 144.2km route from Selçuk to Çesme.
12.30 PM **Playing for Our Future**
12.45 **TNT Sports Reload**
1.00 **LIVE Cycling** Coverage from the men's fourth stage of the Tour of Romandy, which starts in Sion and ends in Thyon 2000.
3.30 **MLB Highlights**
5.00 **Grand Slam Track Athletics**
6.00 **LIVE HSBC SVNS** Coverage of day one of the final round of the season staged at Dignity Health Sports Park in Los Angeles.
3.15 AM **Men's Cycling**
4.15 **Champions League Magazine**
4.45 **Discovery Golf**
5.15 **TNT Sports Reload**
5.30 **to 6.00** AM **NBA Action**

Premier Sports 1

419 551

6.00 AM **Scottish Football**
7.00 **DTM Highlights**
8.00 **Transworld Sport** Magazine.
9.00 **PSA Squash Highlights**
10.00 **Top 14 Rugby Union Highlights**
10.30 **Football** Highlights and features.
12.00 NOON **LIVE LaLiga Alaves v Atletico Madrid.** Kick-off **1pm**.
3.00 **Football's Greatest**
3.30 **Champions Cup Highlights**
4.30 **LIVE Champions Cup Leinster v Northampton Saints.** The semi-final. Kick-off **5.30pm**.
8.00 **Rugby Union Highlights**
9.30 **Transworld Sport** Magazine.
10.30 **Football's Greatest**
11.00 **Sporting Greats**
11.30 **NHL: This is Hockey**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
2.00 AM **NHL: This is Hockey**
2.30 **LIVE NHL Ice Hockey** Coverage of a play-off match.
5.30 **to 6.00** AM **Sporting Countdowns**

Premier Sports 2

420 552

6.00 AM **United Rugby Championship**
8.00 **NHL Ice Hockey**
10.00 **LaLiga** Rayo Vallecano v Getafe.
12.00 NOON **EPCR Challenge Cup** A replay of Bath v Gloucester.
2.00 PM **Bike World** Magazine.
2.30 **LIVE EPCR Challenge Cup Edinburgh v Bath.** Coverage of the semi-final staged at Hive Stadium. Kick-off **3.00pm**.
5.25 **LIVE LaLiga Las Palmas v Valencia.** Coverage of the Spanish top-flight game at Estadio Gran Canaria. Kick-off **5.30pm**.
7.30 **LIVE LaLiga Real Valladolid v Barcelona.** Coverage of the Spanish top-flight game at Estadio Jose Zorrilla. Kick-off **8.00pm**.
11.00 **Bike World** Magazine.
11.30 **Temples of Sport**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Temples of Sport**
4.00 **to 6.00** AM **IIHF World Championships**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Miami Grand Prix.
8.00 **GB3 Championship Highlights**
9.00 **British GT Championship**
10.00 **Formula 1** Miami Grand Prix.
11.00 **F1 Academy** A race review.
11.30 **Formula 1** Highlights.
1.45 PM **F1 Academy** A race review.
2.15 **F1 Explainer: Marshalls**
2.20 **Formula 1** Miami Grand Prix.
3.20 **LIVE F1 Academy** The Miami Grand Prix qualifying session.
4.00 **LIVE Formula 1** The Miami Grand Prix sprint race in Florida.
6.30 **F1 Features**
7.50 **LIVE F1 Academy** The Miami Grand Prix first race in Florida.
8.35 **LIVE Formula 1** The Miami Grand Prix qualifying session.
11.00 **Ted's Notebook**
11.30 **Formula 1** Miami Grand Prix.
1.30 AM **Ted's Notebook**
2.00 **Formula 1** Miami Grand Prix.
3.00 **F1 Academy Highlights**
4.30 **F1 Features**
5.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

4 May

Evening Planner

Snooker

World Championship

BBC1 & BBC2, from 1pm & TNT Sports 3, from 12.45pm

Coverage of the final from the Crucible Theatre in Sheffield. Continues tomorrow.

Factual

Antiques Roadshow

BBC1, 8pm

Fiona Bruce presents a special edition filmed in Berlin and Bletchley Park, featuring interviews from war veterans.

Drama

Malpractice

ITV1, 9pm (box set, ITVX)

As the medical drama returns for a second series, a psychiatric consultant is investigated after the death of a patient.

OnDemand

Star Wars: Tales of the Underworld

Available today

Spin-off focusing on two villains – bounty hunter Asajj Ventress and outlaw Cad Bane.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Countryfile		8.00 Antiques Roadshow: VE Day Special		9.00 This City Is Ours		10.00 News	10.30 Match of the...
	102 BBC2	7.00 Snooker: World Championship – Live: The second session of the final						10.00 Film: Rush	
	103 ITV1	7.00 Celebrity Catchphrase		8.00 Who Wants to Be a Millionaire?		9.00 Malpractice		10.00 The Assembly	10.30 News
	104 CHANNEL 4	7.00 Stacey Solomon's Renovation Rescue		8.00 The Great Celebrity Bake Off for...		9.00 The Piano		10.00 Gogglebox	
	105 5	‹ 6.30 All Change!...	7.30 The Best of Eurovision in the 70s			9.00 Police: Suspect No 1		10.00 Forensics: Crash Scene Investigators	
	106 SKY SHOWCASE	7.00 Friends: The Reunion				9.00 Film: Mission: Impossible			
ENTERTAINMENT	115 BBC3	7.00 EastEnders		8.00 Stacey & Joe		9.00 Top Gear		10.00 Ashley Cain: Into the Danger Zone	
	116 BBC4		7.15 Showstoppers			8.50 Anything Goes: The Musical			
	118 ITV2	‹ 6.40 Film: Indiana Jones and the Temple of Doom				9.00 Film: The Dark Knight			
	136 MORE4	‹ 6.50 Four in a Bed				9.00 999: On the Front Line		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Film: Paul			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 The Best of Nothing to Declare		9.00 Fire Country		10.00 Matlock	
	108 SKY ATLANTIC	‹ 6.45 House of the Dragon				9.00 Gangs of London		10.00 The Wire	
	110 U&GOLD	‹ 6.15 Only Fools and Horses			8.55 Dad's Army		9.35 Billy Connolly Does...		10.35 Only Fools...
	111 U&DAVE	7.00 Border Force: America's Gatekeepers		8.00 Cape Carnage: Killer Catch		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	‹ 5.55 Midsomer Murders		8.00 Doc Martin				10.00 Vera	
	120 ITV4	‹ 6.20 Film: Octopussy				9.00 Film: Ronin			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Couples Retreat			
	139 SKY SCI-FI	7.00 Stargate Universe				9.00 Stephen King's It			
	113 SKY MAX	7.00 Friends: The Reunion				9.00 Welcome to Wrexham			
	109 U&ALIBI	‹ 6.20 Death in Paradise						10.00 I, Jack Wright	
	130 SKY ARTS	‹ 6.05 The Rolling Stones: Grrr Live!				9.00 Classic Movies: The Story of The...		10.00 Isle of Wight Festival 2022	
	132 U&W	7.00 Inside the Ambulance				9.00 Katie Piper: Locked Up in Louisiana		10.00 Inside the Operating Theatre	
DOCUMENTARY	125 DISCOVERY	7.00 Building Off the Grid		8.00 Alaska: Homestead Rescue				10.00 Filthy Fortunes	
	162 ANIMAL PLANET	7.00 Animal Cops Phoenix		8.00 Treetop Cat Rescue		9.00 Tanked		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Churchill's German Army		8.00 Liberation: D-Day to Berlin				10.00 Erased: WWII Heroes of Colour	
	123 SKY HISTORY	7.00 WWII Lost Films				9.00 A Serial Killer in Nazi Paris			
	155 U&YESTERDAY		7.15 'Allo 'Allo!	8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	121 SKY DOCS	‹ 6.50 The Inventor: Out for Blood In Silicon Valley				9.00 Film: Going Clear: Scientology and the Prison of Belief			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.10 Trap		8.00 Cleaner			9.45 The Damned		
	302 FAVOURITES	‹ 6.00 Back to the Future Part III		8.00 Robin Hood: Prince of Thieves				10.25 The Fall Guy	
	303 HITS	‹ 5.50 Charlie and the Chocolate Factory		8.00 Mission: Impossible – Dead Reckoning Part One					
	304 GREATS	‹ 6.30 Ace Ventura Pet Detective		8.00 Ace Ventura: When Nature Calls			9.40 National Lampoon's Animal House		
	305 ANIMATION		7.10 The Adventures of Tintin: The Secret of the Unicorn			9.00 Noah's Ark			10.40 Swan...
	306 FAMILY	‹ 5.50 Spiderwick...	7.30 The Flintstones			9.10 The Flintstones in Viva Rock Vegas			
	307 HEROES	‹ 6.20 Gravity		8.00 Hanna				10.00 Furiosa: A Mad Max Saga	
	308 COMEDY	‹ 6.30 Airplane II – The Sequel		8.00 Along Came Polly			9.40 Dumb and Dumber		
	309 THRILLER	‹ 5.45 State of Play		8.00 Inferno				10.10 The Punisher	
	310 DRAMA	‹ 6.30 Sundown		8.00 Lost in Translation			9.55 Anatomy of a Murder		
	311 SCI-FI	‹ 5.45 Star Trek Into Darkness		8.00 Interstellar					
	313 FILM4	‹ 5.10 Titanic				9.00 Commando			
SPORT	401 MAIN EVENT	‹ 4.00 Super...	7.30 F1: The Miami Grand Prix – Live: Coverage of the sixth round of the season at Miami International Autodrome in Miami Gardens, Florida (Start-time 9.00)						
	402 PREMIER LEAGUE	‹ 4.00 Super...	7.30 Gary Neville's...	8.00 PL Stories	8.30 Premier League Highlights		9.30 SNF	10.00 Premier League Highlights	
	403 FOOTBALL	‹ 6.30 Bundesliga – Live: FSV Mainz 05 v Eintracht Frankfurt			8.30 WSL	9.00 SPFL			
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL			
	410 TNT SPORTS 1	‹ 6.30 Speedway...	7.30 Superbike World Championship		8.30 Grand Slam Track Athletics – Live: Day three of the second round of the competition				10.30 Reload
	411 TNT SPORTS 2	7.00 UEFA Magazine	7.30 Serie A – Live: Football from Italy's top division				9.45 UFC		

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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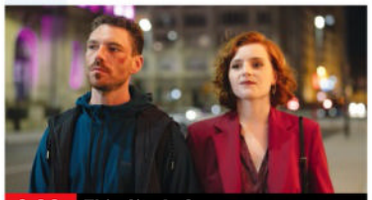
BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
7.45 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg** (S)
10.00 **Politics England** (S)
10.30 **Sikh Boxing Warriors** (S)(R)(AD)
11.10 **Homes Under the Hammer** (S)(R)
12.10 PM **Songs of Praise** New edition Pam Rhodes marks the 80th anniversary of VE Day. (S)
12.45 **BBC News** (S)
1.00 LIVE **Snooker: World Championship** Hazel Irvine presents coverage of the opening session of the final from the Crucible Theatre in Sheffield. *See feature, page 28.* (S)
3.55 **The Bidding Room** (S)(R)
4.25 FILM **Paddington** Family comedy starring Hugh Bonneville. (S)(AD) (2014, PG, 85min) ★★★★★
5.50 **BBC News** (S)



9.00 This City Is Ours

6 PM
6.05 **Local News** (S)
6.15 **The Americas** Series finale 10/10. The behaviour of animals living in and near Patagonia, including rockhopper penguins, pumas and Chilean stag beetles. (S)(AD)

7 PM
7.00 **Countryfile** New edition Adam Henson, Sammi Kinghorn and Matt Baker present a special edition for lambing season, revealing how they handle the challenges on their own farms. (S)

8 PM
8.00 **Antiques Roadshow: VE Day Special** New edition Fiona Bruce marks the 80th anniversary of VE Day in Berlin and Bletchley Park, featuring interviews with veterans who helped liberate Europe. (S)

9 PM
9.00 **This City Is Ours** New episode 7/8. Michael and Jamie's rivalry is pushed to the limit, causing Michael to reevaluate his life. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day 2** Mark Chapman presents the latest Premier League action, including Chelsea v Liverpool and Brighton & Hove Albion v Newcastle United. (S)
11.45 **The Women's Football Show** Highlights of the weekend's games in the Super League, including Manchester United v Manchester City, Tottenham Hotspur v Chelsea and Liverpool v Everton. (S)
12.30 AM **Doctor Who: Unleashed** 4/8. A look behind the scenes on the sci-fi series. (S)(R)(AD)
1.00 **Weather for the Week Ahead** (S)
1.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.20 AM **Countryfile** (S)(R)
7.15 **Landward** New edition (S)
7.45 **Breakfast** (S)
9.00 **Beechgrove Garden** New edition
9.30 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.00 **The A to Z of TV Cooking** (S)(R)
11.20 **This Farming Life** (S)(R)
12.20 PM FILM **Move Over, Darling** Comedy starring Doris Day, James Garner and Polly Bergen. (S) (1963, U, 100min) ★★★★
2.00 LIVE **Football: Women's Super League** Tottenham Hotspur v Chelsea: The top-flight match from the Tottenham Hotspur Stadium. Kick-off is at 2.15. (S)
4.25 **Flog It!** From Haddon Hall. (S)(R)
5.15 **Race Across the World** 2/9. The teams head to the second checkpoint in Sanya, China. (S)(R)

7.00 Snooker: World Championship

6 PM
6.15 **Expedition with Steve Backshall** 8/10. Steve and his team head to Greenland in the Arctic. Kayaking the world's largest fjord, they dodge giant icebergs and polar bears. (S)(R)(AD)

7 PM
7.00 LIVE **Snooker: World Championship** Hazel Irvine presents coverage of the second session of the final on day 16 from the Crucible Theatre in Sheffield. After trailing 7-1 at the start of last year's corresponding session Jak Jones made something of a fightback to trail 11-6 at the end of the evening. With commentary and analysis from Steve Davis, Ken Doherty, Stephen Hendry, Shaun Murphy, John Parrott, Dennis Taylor and John Virgo. (S)

8 PM

9 PM

10 PM
10.00 FILM **Rush** Fact-based drama starring Chris Hemsworth and Daniel Brühl as 1970s Formula 1 drivers James Hunt and Niki Lauda, whose intense rivalry came to a head during the dramatic and dangerous 1976 season. (S) (2013, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.50 FILM **Herself** Drama starring Clare Dunne. After escaping from her abusive husband, a woman on a long housing waiting list chances upon a website that changes her life. (S) (2020, 15, 95min) ★★★★
1.25 AM **Sign Zone: Beyond Paradise** 6/6. A nurse vanishes. (S3) (S)(R)
2.25 **Sign Zone: Stacey & Joe** (S)(R)
3.25 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
6.25 **James Martin's Saturday Morning** With Matt Goss. (S)(R)
8.25 **Katie Piper's Weekend Escape** New edition Talk show. (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.25 **Alan Titchmarsh's Gardening Club** A community garden. (S)(R)
12.25 PM **ITV News** (S)
12.30 **Prue Leith's Cotswold Kitchen** Chocolate roulade. (S)(R)(AD)
1.30 LIVE **Racing** From Newmarket, Salisbury and Hamilton. (S)
4.00 **In for a Penny** (S)(R)(AD)
4.30 **The Chase Celebrity Special** With Lance Ellington, Beth Tweddle, Bob Champion and Sally Lindsay. (S)(R)
5.30 **99 to Beat** Game show. (S)(R)

10.00 The Assembly

6 PM
6.30 **ITV News** (S)
6.45 **Local News** (S)

7 PM
7.00 **Celebrity Catchphrase** New edition Stephen Mulhern hosts the game show, with Mark Chapman, Sue Cleaver and Asim Chaudhry competing for the chance to win £50,000 for good causes. (S)(AD)

8 PM
8.00 **Who Wants to Be a Millionaire?** New edition Big-prize quiz hosted by Jeremy Clarkson in which another line-up of contestants answer questions that could change their lives. (S)

9 PM
9.00 NEW SERIES **Malpractice** 1/5. Return of the medical thriller. The MIU investigates the consequences of a doctor torn between two patients. *See feature, page 12.* (S2) (S)(AD)
■ Continues tomorrow

10 PM
10.00 **The Assembly** New edition 3/4. Pop star Jade Thirlwall faces the grilling of a lifetime. (S)
10.30 **ITV News** (S)
10.45 FILM **The Equalizer** Action thriller starring Denzel Washington. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. (S)(AD) (2014, 15, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.05 AM **Teleshopping**
3.00 **Gary Barlow's Wine Tour: South Africa** (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Prue Leith's Cotswold Kitchen** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 | 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.10 AM **Cheers** 18&19/22. (S1) (S)(R)
7.05 **Everybody Loves Raymond** (S)(R)
7.30 **The Great Big Tiny Design Challenge with Sandi Toksvig** 4/8. The miniaturists tackle an Elizabethan bedroom. (S)(R)(AD)
8.30 **F1: Miami Grand Prix Qualifying Highlights** Action from the sprint race and qualifying session in the sixth round of the season. (S)
10.00 **Sunday Brunch** New edition With Mark Hoppus, Elis James, Amanza Smith, Michelle Wolf, Leomie Anderson and Kellie Shirlie. Plus, live music from Nick Mulvey. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
3.00 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
5.35 **George Clarke's Old House, New Home** 4/5. George visits a Georgian town house in Cheshire. (S)(R)(AD)

9.00 The Piano

6 PM
6.30 **News** (S)

7 PM
7.00 **Stacey Solomon's Renovation Rescue** 3/6. Stacey helps a father and daughter in Suffolk finish a building job that went wrong and left them thousands of pounds out of pocket. (S)(R)(AD)

8 PM
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** Oti Mabuse, Gabby Logan, David O'Doherty and Suzi Ruffell take part in the baking challenge. (S)(R)(AD)

9 PM
9.00 **The Piano** New edition Claudia Winkleman, Mika and Jon Batiste gather at Newcastle Station to judge performances by a romantic tram driver and an 87-year-old widow. (S)(AD)

10 PM
10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching on TV, with cameras capturing their instant reactions. (S)(R)(AD)
11.00 FILM **Hunter Killer** Action thriller starring Gerard Butler. (S)(AD) (2018, 15, 135min) ★★★
1.15 AM **Kirstie's Fill Your House for Free** A flat in Essex. (S)(R)
1.30 **F1: Miami Grand Prix Highlights** Action from the sixth round. (S)
2.55 **Guy Martin's Lost WW2 Bomber** Documentary. (S)(SL)(R)(AD)
4.15 **The Simpsons** (S)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

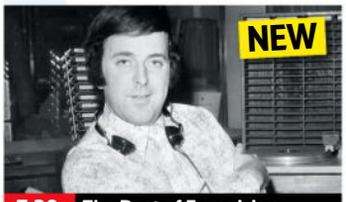
+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.05 **Entertainment News** (S)
9.15 **Cruising with Jane McDonald** Highlights from Miami. (S)(R)
9.25 **22 Kids & Counting** (S)(R)
11.25 **22 Kids and Counting at Christmas** Festive edition. (S)(R)
12.25 PM **22 Kids & Counting** (S)(R)
1.25 **Inside the Tower of London** Double bill of editions. (S)(R)
3.25 **The Great Plague** Xand van Tulleken, Raksha Dave and John Sergeant trace the spread of the Great Plague of 1665 week by week and discover parallels with the COVID-19 pandemic. (S)(R)
5.25 **Lidl: Middle Aisle Secrets & More** The inner workings of the supermarket chain. (S)(R)



7.30 The Best of Eurovision...

6.25 **News** (S)
6.30 NEW **All Change! The Year We Went Decimal** The decimalisation of British currency in 1971, when the ancient system of pounds, shillings and pence was replaced – leading to the largest public information campaign ever seen. (S)
7.30 NEW **The Best of Eurovision in the 70s** Examining an iconic decade of the Eurovision Song Contest, featuring archive performances from ABBA, Brotherhood of Man, Dana, Mary Hopkin, Cliff Richard and The New Seekers. (S)
9.00 **Police: Suspect No 1** Humberside officers try to find two men, one armed with a meat cleaver, the other with a kitchen knife, carrying out violent crimes by robbing shop tills. (S)(R)
10.00 **Forensics: Crash Scene Investigators** A man is killed after being thrown from his car, and a stranded motorist is hit from behind by a van. (S)(R)
11.05 **Forensics: Crash Scene Investigators** A crash involving five young soldiers leaves two seriously injured. (S)(R)
12.05 AM **Ambulance: Code Red** (R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Ian Hislop's Trains That Changed the World** (S)(R)
4.40 **Me & My 10 Kids** (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (R)
7.05 **Monkey Life** (S)(R)(AD)
8.00 **F1: Miami Grand Prix Qualifying Highlights** (R)
10.00 **The Office (US)** (S3) (S)(R)
11.30 LIVE **Football: WSL** Manchester United v Manchester City: The Women's Super League match from Old Trafford. Kick-off is at 12.00.
2.30 PM FILM **The Amazing Maurice** Animation with the voice of Hugh Laurie. (S)(AD) (2022, PG, 93min) ★★★★
4.20 FILM **The BFG** Steven Spielberg's fantasy adventure based on Roald Dahl's book, starring Mark Rylance. (S) (2016, PG, 117min) ★★★★

9.00 Mission: Impossible

6.30 **The Simpsons** *Viva Ned Flanders:* Homer takes Ned Flanders to Las Vegas, where they go on a drunken binge at a casino. Featuring the guest voices of The Moody Blues. (S)(R)
7.00 **Friends: The Reunion** One-off special in which Jennifer Aniston, Courteney Cox, Lisa Kudrow, David Schwimmer, Matt LeBlanc and Matthew Perry get together to reminisce about the hit comedy. The six walk around the original set at Warner Bros Studios in California, take part in a trivia game and do a table read of well-known scenes, and answer questions from James Corden. (S)(R)(AD)
9.00 FILM **Mission: Impossible** Brian De Palma's action thriller based on the cult 1960s TV series, starring Tom Cruise, Jon Voight and Emmanuelle Béart. An undercover agent devises a risky plan to expose the traitor who betrayed him and his colleagues. (S) (1996, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.00 **Saturday Night Live** With guest host Quinta Brunson and music from Benson Boone. (R)
12.30 AM **F1: Miami Grand Prix Highlights** Action from the sixth round of the season at Miami International Autodrome.
1.30 **Ted's Notebook**
2.00 **Brassic** 5/8. (S3) (S)(R)(AD)
3.00 **Road Wars** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S) **11.45pm** Sportscene: Premiership Highlights (S)(R) **12.45am** The Women's Football Show (S) **1.30** Doctor Who: Unleashed (S)(R)(AD) **2.00** Weather for the Week Ahead (S) **2.05-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
3.55pm FILM Paddington (S)(AD) (2014, PG, 85min) ★★★★★ **5.20-5.50pm** Best of Weatherman Walking: Mid-Wales Marvels (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm Live at the Apollo (S)(R) **10.30** Sunday Politics (S)(R) **11.00** FILM Rush (S) (2013, 15, 115min) ★★★★ **12.55-1.25am** Detectorists (S)(R)

WALES
Sky 968, Freesat 968
4.25pm Flog It! (S)(R) **4.45** Race Across the World (S)(R)(AD) **5.45-6.15pm** SOS: Extreme Rescues (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.50** Penblwyddi Cyw **9.00** Y Cosmos **10.00** Garddio a Mwy **10.30** Priodas Pum Mil **11.30** Bwrdd i Dri (AD) **12.00noon** Iolo: Natur Fregus Cymru (AD) **1.00pm** Y Fets **2.00** Pen Llyn Harri Parri (AD) **2.30** Ralio+ **3.00** Cefn Gwlad (AD) **3.30** Sgorio **6.15** Pobol y Cwm Omnibws (AD) **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Prosiect Pum Mil New edition **9.00** Bariau New episode (AD) **9.40** Troseddau Cymru Gyda Sian Lloyd (AD) **10.40** Cartrefi Cymru **11.10-11.45pm** Welsh Whisperer – Ni'n Teithio Nawr! (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Nicola and Teddy are at odds. **7.30** A dangerous situation unfolds at Harry's Barn.
8.00 **Stacey & Joe** 5/6. Stacey and Rose celebrate their birthdays, while Zach and Leighton are invited to appear as extras in *Hollyoaks*.
9.00 **Top Gear** Jeremy Clarkson and James May look at tall hatchbacks known as crossovers, and Richard Hammond drives a pair of Lamborghinis in Italy.
10.00 **Ashley Cain: Into the Danger Zone** 5/6. Ashley heads to Sweden where he joins police at the frontline of the ongoing gang war and meets with gang bosses in underground car parks.
11.00 **Bad Education** (S4)
12.00 M'T **Who Stole Tamara Ecclestone's Diamonds?**
12.55 AM **Glow Up: Britain's Next Make-Up Star**
1.55 **Top Gear** As 9.00pm.
2.55 **Bad Education** (S4)
3.25 **to 3.55** AM **Doctor Who: Unleashed**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
3.35 PM **Come Dine with Me** University lecturer Amanda hosts the first dinner party of the week in Lincolnshire. **4.10** Retail manager Ali hosts the second night. **4.40** Farmer Chris plans a beetroot-themed dinner. **5.15** Jack hopes to win over his guests with a creative evening on night four. **5.45** Proud Geordie Alex Coxon hosts the fifth and final party in Lincolnshire.
6.20 **Four in a Bed** The contest begins at The Coachman in Hartford, Cheshire. **6.50** The Foxhall Village Guest House in Blackpool is this week's second venue. **7.25** The third visit is to The Douglas Hotel in Hartlepool. **7.55** The rivals spend the final night at Gables Pod Camping, Co Durham. **8.30** Payment day arrives.
9.00 NEW SERIES **999: On the Front Line** Paramedics treat a woman in the advanced stages of labour.
10.00 **24 Hours in A&E** A 74-year-old man is brought in with signs of a brain injury.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **999: On the Front Line** Documentary.
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM NEW **Gary Wilmot Remembers... Showstoppers** Gary takes a look back at the 1995 musical series.
7.15 **Showstoppers** Gary Wilmot presents songs from stage and screen musicals, with Tom Conti, Barbara Dickson and Michael Feinstein. **8.00** Featuring Brian Conley, Sarah Brightman and Dennis Waterman.
8.50 **Anything Goes: The Musical** A production of the classic musical comedy filmed at London's Barbican, featuring a cast led by Broadway star Sutton Foster, with Robert Lindsay, Felicity Kendal and Gary Wilmot.
11.10 **Big Night of Musicals by the National Lottery** From Manchester's AO Arena.
12.40 AM **Gershwin's Summertime: The Song That Conquered the World** How the song *Summertime* became a standard around the world.
1.40 **to 3.20** AM **Showstoppers**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.15 **Ramsay's Kitchen Nightmares USA**
8.10 **Married at First Sight Australia** Triple bill.
12.55 PM FILM **Hotel Transylvania** Animation featuring the voices of Adam Sandler and Andy Samberg. (2012, U, 91min) ★★★★
2.40 **The Big Bang Theory**
4.05 FILM **Home Alone 2: Lost in New York** Comedy sequel with Macaulay Culkin. (1992, PG, 120min) ★★
6.30 **The Simpsons** *A Star Is Born – Again:* A Hollywood star visits Springfield. **7.00** *Mr Spritz Goes to Washington:* Krusty agrees to run for Congress. **7.30** *CE D'oh:* Homer manages to become the owner of the power plant. **8.00** *'Scuse Me While I Miss the Sky:* Lisa resolves to pursue a career in astronomy. **8.30** *Three Gays of the Condo:* Homer moves into the home of a gay couple.
9.00 FILM **Paul** Sci-fi comedy starring Simon Pegg, Nick Frost and Kristen Wiig. (2011, 15, 104min) ★★★★
11.05 **Gogglebox**
12.10 AM **Naked Attraction**
1.10 **Modern Family**
3.30 **Ramsay's Kitchen Nightmares USA**
4.25 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: Canada's Front Line**
7.00 **Send in the Dogs**
8.00 **Border Security: America's Front Line** Double bill.
9.00 **Stop, Search, Seize**
10.00 **Paramedics Australia**
11.00 **The Real A&E** A woman is left in agony when her horse bolts and lands on top of her.
12.00 NOON **Caught on Dashcam**
1.00 PM **Border Patrol** Double bill.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.

6.00 Nothing to Declare

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 The Best of Nothing to Declare Double bill featuring highlights from the fly-on-the-wall documentary series.

9 PM
9.00 Fire Country *Happy to Help:* 7/22. Bode's crew are accused of taking an expensive watch during a fire mop-up. (S1)

10 PM
10.00 Matlock *The Johnson Case:* 16/19. Olympia seeks to impress the board by tackling a complex case. (S1)
11.00 FBI: International 14/22. The team investigate a bomb threat on a plane flying from New York to Athens. (S2)
12.00 M'T **Bull** 4/16. (S5)
1.00 AM **Chicago Fire** 3/13. (S12)
2.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **In Treatment** (S1)
6.40 **Dune: Prophecy** 1&2/6. (S1)
9.00 **House of the Dragon** Nine episodes, including at: **3.05** PM 6/10. Daemon and Laena consider an offer from Pentos. **4.20** 7/10. King Viserys calls for an end to infighting between the Great Houses. **5.30** 8/10. Rhaenyra tries to strike a bargain with Rhaenys. **6.45** 9/10. Otto gathers members of the Great Houses of Westeros to affirm their allegiance. (S1)

10.00 The Wire

7.50 House of the Dragon *The Black Queen:* 10/10. While mourning a tragic loss, Rhaenyra tries to hold the realm together and Daemon prepares for war. (S1)

9.00 Gangs of London 7/8. Elliot finds himself the most wanted man in London, and Ed visits an old contact. (S3)

10.00 The Wire *A New Day:* 11/13. Freamon has a revelation regarding the hiding place of the missing bodies. (S4)
11.05 The Baby 7/8. Bobbi struggles to rally for her audition redo with Sam. (S1)
11.40 Succession 4&5/10. (S4)
2.00 AM **The Last of Us** New episode 4/7. (S2)
3.05 The Leftovers 3/10. (S1)
4.05 to 6.00 AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highway Patrol**
7.10 **TV's Greatest Gameshows**
9.10 **Grimm** 17-20/22. (S3)
1.15 PM **Poker Face** 1/10. Crime drama with Natasha Lyonne. **2.35** 2/10. Charlie is forced to make a pitstop in New Mexico. **3.50** 3/10. Charlie takes a job at a Texas barbecue joint. **4.55** 4/10. Charlie goes on tour with a heavy metal band. **5.55** 5/10. Charlie works at a retirement home and makes friends with two rebellious women. (S1)

9.00 Welcome to Wrexham

7.00 Friends: The Reunion One-off special in which Jennifer Aniston, Courteney Cox, Lisa Kudrow, David Schwimmer, Matt LeBlanc and Matthew Perry get together to reminisce about the hit comedy.

9.00 Welcome to Wrexham New edition Wrexham fan Arthur Massey reflects on his life as his 100th birthday approaches.

10.00 Welcome to Wrexham New edition The team can't seem to win away from the Racecourse.
11.00 FILM Game of Death Martial arts thriller starring Bruce Lee. (1978, 18, 82min) ★★★
1.00 AM **Flintoff: From Lord's to the Ring** 3/3. Andrew decides whether or not he should continue boxing.
2.00 Brassic 5/8. (S3)
3.00 Road Wars
4.00 to 6.00 AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Dress to Impress**
11.00 **Deal or No Deal**
1.00 PM **The Masked Singer US**
1.55 **Celebrity Catchphrase** Mark Charnock, Kerry Godliman and Janet Street-Porter compete.
2.55 **Britain's Got Talent: Live Semi-Final** With Ant and Dec.
4.55 **FILM Madagascar** Animated comedy with the voice of Ben Stiller. Four animals from a New York zoo have to discover how to survive in the wild. (2005, U, 86min) ★★★

4.55 Madagascar

6.40 FILM Indiana Jones and the Temple of Doom Action adventure starring Harrison Ford. The archaeologist escapes a gang boss in Shanghai and encounters an evil cult in India. (1984, PG, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM The Dark Knight Dark comic-book action thriller starring Christian Bale. Batman encounters a new adversary when criminal mastermind The Joker unleashes a wave of violent anarchy. (2008, 12, 152min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.05 AM **Family Guy** 8/21. Peter is punished for telling a sexist joke. (S2) **12.30** 7/7. Brian is embarrassed by Peter. (S1)
1.00 **American Dad!** (S6&5)
1.55 **World's Funniest Videos**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Lewis**
8.00 **A Touch of Frost**
10.00 **Agatha Christie's Poirot**
12.15 PM **Downton Abbey** Five episodes, including at: **2.45** 3/7. Mary is smitten by a handsome houseguest. **3.45** 4/7. Mrs Hughes is at the centre of speculation. **4.50** 5/7. Mary is introduced to a potential suitor. (S1)
5.55 **Midsomer Murders** *The Debt of Lies:* The newest resident of a police retirement community is found dead.

12.15 Downton Abbey

Midsomer Murders (started at 5.55pm)

8.00 Doc Martin *The Departed:* 5/8. The doctor heads to London and Aunt Joan locks a mischievous boy in a chicken coop.

9.00 Doc Martin *Midwife Crisis:* 6/8. The new midwife proves unpopular with Martin. Guest stars Gemma Craven. (S4)

10.00 Vera *Cold River:* The detective investigates when a businesswoman's sister is found dead in the River Tyne.
11.50 Agatha Christie's Poirot *Wasps' Nest:* Hastings' new interest in photography provides Poirot with the clue to solve a mystery involving cyanide and failing brakes.
12.50 AM **The Bay** 3&4/6. (S5)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Extended action from Rangers v Celtic at Ibrox.
8.15 **Sportscene: Lower League Highlights** Action from the final day of the regular season.
8.45 **Growing Up Scottish** Comedians recall their school days.
9.00 **Scotland: The New Wild** 2/3. A look at life in the Lowlands.
10.00 **Still Game** 1/6. First episode of the sitcom starring Ford Kiernan and Greg Hemphill. (S1)
10.30 **Scot Squad** 4/4. Miekelson heads back to the streets. (S1)
11.00 **The Sunday Show** The main issues from the world of politics.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S4)
10.30 **Veep** 6&7/7. (S7)
12.15 PM **Insecure** (S1)
2.15 **Curb Your Enthusiasm**
6.15 **The Office (US)** 20/25. The staff take part in a safety training day. **6.40** 21/25. Michael calls a press conference. **7.05** 22/25. Phyllis falls victim to a flasher. **7.30** 23/25. Michael is considered for a new job. **8.00** 24/25. Michael, Jim and Karen vie for a corporate position. **8.30** 25/25. Jan moves in with Michael. (S3)
9.00 **Saturday Night Live** New edition With guest host Quinta Brunson.
10.30 **Nikki Glaser: Good Clean Filth** Stand-up.
11.35 **Saturday Night Live**
1.05 AM **The Righteous Gemstones** 8/9. (S4)
1.45 **Sex and the City** (S4)
3.05 **Divorce** 3&4/6. (S3)
4.20 **to 5.00** AM **How to Make It in America**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **André Rieu: And the Waltz Goes On**
9.00 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Classic Albums**
2.00 **Clint Eastwood: A Life in Film**
3.45 **Elton John: Million Dollar Piano**
6.05 **The Rolling Stones: Grrr Live!** A 2012 concert by the band.
9.00 **Classic Movies: The Story of The Ipcress Files** A celebration of cinematic masterpiece *The Ipcress Files.*
10.00 **Isle of Wight Festival 2022** The main stage set by Madness.
11.05 **Foo Fighters: Live at Wembley Stadium**
1.30 AM **Live from the Artists Den** Featuring rock band Soundgarden.
2.45 **Classic Albums**
4.00 **The Great Songwriters**
5.00 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Trolls: Trollstopia**
8.25 **Let's Go, Bananas!**
8.50 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Caught on Dashcam**
12.00 NOON **Stop, Search, Seize** Documentary.
1.00 PM **Send in the Dogs**
3.00 **Nothing to Declare**
5.00 **Stop, Search, Seize**
6.00 **Send in the Dogs**
8.00 **NCIS: Los Angeles** *All The Little Things:* 11/22. A newborn baby is found abandoned on a US Navy ship. **9.00** *Murmuration:* 12/22. An unidentified aircraft enters US airspace. (S13)
10.00 **Britain's Most Evil Killers** John Cannan.
11.00 **Snapped**
12.00 M'T **Caught on Dashcam**
1.00 AM **Brit Cops: War on Crime** Documentary.
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Backyard Builds**
8.05 **Olivia Meets Her Match**
9.05 **Jason Atherton's Dubai Dishes**
10.05 **Dinner Date**
12.10 PM **The Real Housewives of New York City** Five editions.
4.55 **The Only Way Is Essex**
5.55 **John and Lisa's Food Trip Down Under**
7.00 **Celebrity Dinner Date**
8.00 **The Bardsley Bunch**
9.00 **The Only Way Is Essex** Series finale The gang celebrate Jordan's birthday with a *Moulin Rouge*-themed party.
10.05 **The Real Housewives of Cheshire** Paige delivers controversial invitations with a bang.
11.05 **Botched** Medical series.
12.00 M'T **Abbey Clancy: Celebrity Homes**
1.00 **to 1.30** AM **Backyard Builds**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **7.00** *Dead Man's Gold:* A suspicious death hinders a treasure hunt. **8.00** *The Days Dwindle Down:* Jessica looks into a 30-year-old murder case that may have led to the imprisonment of an innocent man.
9.00 **An Aurora Teagarden Mystery: Reap What You Sew** Drama starring Candace Cameron Bure.
10.55 **The Teagarden Mysteries: Three Bedrooms, One Corpse** Crime drama.
12.50 AM **The New Avengers**
3.00 **Randall and Hopkirk (Deceased)** 16/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Motorsport Mundial**
6.30 **Auto Mundial**
7.00 **World Rally Championship Highlights** Recent action.
8.00 **EFL Highlights**
9.30 **LIVE Formula E** The qualifying session for race two of the Monaco E-Prix.
11.25 **British Touring Car Championship Highlights**
1.00 PM **LIVE Formula E** Race two of the Monaco E-Prix.
3.35 **The Motorbike Show**
5.35 **The Car Years**
6.10 **Dramatic Finishes**

6.20 Octopussy

6.20 **FILM Octopussy** James Bond adventure starring Roger Moore. British secret agent 007 tangles with an international smuggling gang led by the mysterious Octopussy. With Maud Adams. (1983, PG, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **FILM Ronin** Action thriller starring Robert De Niro and Jean Reno. A group of intelligence officers are hired to steal a mysterious briefcase. With Natascha McElhone and Jonathan Pryce. (1998, 15, 121 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **FILM The Krays** British crime drama starring Gary and Martin Kemp as gangster twins Reg and Ronnie Kray. (1990, 18, 119min) ★★★
1.35 AM **Underwater Grand Fishing Adventure**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** Five episodes of the sci-fi drama, including at: **3.00** PM 11/26. A search and rescue team find a boy in the wreckage of a vessel. (S5)
4.00 **Stargate Universe** 12/20. Rush suspects a tracker has been planted on the *Destiny*. **5.00** 13/20. The crew discover an idyllic planet. **6.00** 14/20. Rush resorts to desperate measures. (S1)

11.00 Grimm

7.00 **Stargate Universe** *Lost:* 15/20. Greer is trapped in rubble and left for dead on a desolate planet.

8.00 **Stargate Universe** *Sabotage:* 16/20. The crew are unsettled when the *Destiny* crosses into another galaxy. (S1)

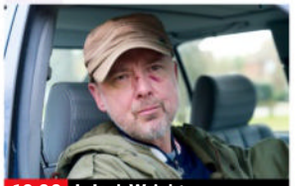
9.00 **Stephen King's It** 2/2. Conclusion of the two-part adaptation of the best-selling horror novel about seven friends forced into a terrifying confrontation with a supernatural enemy. Stars Tim Curry, Richard Thomas and Tim Reid.

11.00 **Grimm** 13/22. Nick joins forces with an old enemy to catch a serial arsonist. **12.00** M'T 14/22. Nick comes to terms with a revelation. **1.00** AM 15/22. Monroe goes undercover to trap two wormlike creatures. (S4) **2.00** 16&17/22. (S4)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S13)
10.00 **Father Brown** Triple bill.
1.00 PM **Death in Paradise** 3/8. A cyclist is murdered during the Tour des Antilles race. **2.20** 4/8. A man's body is found on a boat out at sea. **3.40** 5/8. DI Neville Parker is called in when a woman is found dead in a hotel bathtub. **5.00** 6/8. The leader of a survival course is found dead. **6.20** 7/8. The owner of a hair salon is killed in puzzling circumstances. (S9)


10.00 I, Jack Wright

7.40 **Death in Paradise** *Now You See Him, Now You Don't:* 8/8. A blind actress is the only witness to her husband's murder, but it remains to be seen whether she can really be trusted.

9.00 **Death in Paradise** *Music to My Ears:* 5/9. Part one of two. A concert pianist is shot dead during an apparent burglary. (S10)

10.00 **I, Jack Wright** *Fight Like Hell:* 2/6. Sally begins the formal process of challenging the will. (S1)

11.00 **Death in Paradise** 6/9. Part two of two. Neville probes a concert pianist's murder. **12.00** M'T 7/9. A fishing trip ends in tragedy. (S10)
1.00 AM **Father Brown**
3.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.20 AM **Only Fools and Horses**
12.20 PM **Only Fools and Horses** Five episodes, including at: **4.25** Christmas special from 1988. Del embarks on a new romance with Raquel, an actress he meets through a dating agency, while Rodney takes 'Nervous Nerys' out for a burn in the three-wheeler. **6.15** The council reject Del's application for a home improvement grant, but his spirits are raised by news of a fancy-dress party across town.

9.35 Billy Connolly Does...

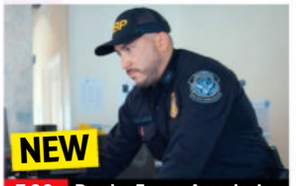
7.35 **Only Fools and Horses** Del buys a new manual to show him how to make positive decisions, but it only succeeds in helping the Trotters' finances hit an all-time low.
8.55 **Dad's Army** Mainwaring and the platoon are asked to provide a guard of honour for a royal train carrying King George VI.
9.35 **Billy Connolly Does...** Billy ruminates about dream locations and nightmare family holidays.
10.35 **Only Fools and Horses** Raquel's father finds an old watch among the Trotters' junk, which he claims could net them a fortune at auction.
11.55 **Miranda** Penny urges Miranda to improve her prospects.
12.35 AM **The Outlaws**
1.55 **Avoidance**
3.10 **to 4.00** AM **Miranda**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **James May's Cars of the People** A look at advances in motoring that never caught on.
8.00 **Storage Hunters UK**
9.00 **Speed with Guy Martin**
10.30 **Top Gear: Africa Special**
1.00 PM **Top Gear: India Special**
3.00 **Hairy Bikers' Best of British**
5.00 **Cornwall with Simon Reeve** 1/2. The environmental challenges facing the county.
6.00 **Turkey with Simon Reeve** 1/2. Simon explores the country that lies at the crossroads between Europe and Asia.


NEW
7.00 Border Force: America's...

7.00 **NEW SERIES Border Force: America's Gatekeepers** Officers in Eagle Pass unveil a new drug-smuggling tactic.

8.00 **Cape Carnage: Killer Catch** New edition Captain Bruce steers the *Wildcard* to a spot that has never failed them before.

9.00 **Have I Got a Bit More News for You** Rhod Gilbert hosts the quiz, with guests Lucy Prebble and Armando Iannucci.

10.00 **QI** With guest panellists Jo Brand, John Sessions and Dara O Briain.
10.40 **Mock the Week** With Ed Byrne and Maisie Adam.
11.20 **Mock the Week** With Tom Allen, Angela Barnes, Ed Byrne and Milton Jones.
12.00 M'T **QI XL** With Nina Conti, Sean Lock and Bill Bailey.
1.00 AM **Red Dwarf**
2.50 **Mock the Week**
3.25 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location** Double bill.
4.00 **A Place in the Sun**
8.00 **The Dog House** A family of four meet a cheeky cockapoo puppy.
9.00 **Gogglebox** The households' opinions on recent TV shows.
10.00 **FILM Good Luck to You, Leo Grande** Comedy drama starring Emma Thompson and Daryl McCormack. A retired school teacher is yearning for adventure, and begins by hiring a charming young sex worker. (2022, 15, 97min) ★★★★
12.00 M'T **FILM 3.10 to Yuma** Western remake starring Russell Crowe, Christian Bale and Peter Fonda. (2007, 15, 122min) ★★★★
2.30 AM **Celebrity Gogglebox**
3.35 **to 4.35** AM **Two Men on a Bike**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S4)
1.05 PM **NCIS** (S17,18&18)
7.00 **NCIS** *Blood and Treasure:* 3/16. Two dead bodies are found in a forest. **8.00** *Sunburn:* 4/16. Gibbs worries when his search for Fornell leads to blood. (S18)
9.00 **NCIS: Hawaii** *Sudden Death:* 5/22. The team investigate the death of a US Navy sailor. (S2)
10.00 **Law & Order: Special Victims Unit** *Counselor, It's Chinatown:* 7/20. The squad pursue a human trafficking ring. **11.00** *We Dream of Machine Elves:* 8/20. Benson helps the victims of an assault. (S21)
11.00 **Law & Order: Special Victims Unit**
2.50 AM **The Good Wife**
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 **Shoplifters & Scammers: At War with the Law**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Bob and BoBo pursue a white van through the back streets. **6.00** A pursuit comes to a devastating end. **7.00** Officers search an estate for suspects involved in a shooting. **8.00** A driver leaves his vehicle on a railway line.
9.00 **999: Killer on the Line** Examining the case of a lethal Cambridgeshire pub landlord.
10.00 **Killer at the Crime Scene** Documentary.
11.00 **Murder Suspect No 1**
12.00 M'T **Cause of Death**
1.00 AM **Prodigal Son** (S1)
2.45 **Casualty 24/7: Every Second Counts**
3.35 **to 4.00** AM **Motorway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
12.00 NOON **Trucking Hell: After Dark**
1.00 PM **Red Bull Soapbox Race** Action from the Netherlands.
2.00 **World's Deadliest Weather: Caught on Camera** Double bill.
4.00 **FILM The Man from the Alamo** Western. (1953, U, 76min) ★★★
5.45 **FILM Sierra** Western starring Wanda Hendrix. (1950, PG, 83min) ★★
7.25 **FILM Waterworld** Sci-fi action adventure starring Kevin Costner. (1995, 12, 134min) ★★★
10.00 **FILM Cliffhanger** Action adventure with Sylvester Stallone. (1993, 15, 112min) ★★★★
12.15 AM **FILM Blood of Redemption** Adventure starring Billy Zane. (2013, 15, 81 min) ★★
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.10 **My Family**
3.00 PM **Outnumbered**
7.00 **Inside the Ambulance** Jamie and Debbie rush to an unconscious man in a diabetic coma. **8.00** Loz and Dan rush to help a a man with sudden chest pains.
9.00 **Katie Piper: Locked Up in Louisiana** New edition Katie meets Candice, who is facing a second-degree murder charge. ■ Entire series on U
10.00 **Inside the Operating Theatre** A patient has urgent surgery to repair a detached retina.
11.00 **Missing Persons Investigation**
1.00 AM **MasterChef USA: United Tastes of America** Culinary series.
1.55 **to 3.00** AM **Fashion's Dirty Secrets: Stacey Dooley Investigates**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.10 AM **Hamish Macbeth**
8.00 **The Bill**
1.00 PM **Lark Rise to Candleford** Double bill.
3.40 **Catherine Cookson's The Dwelling Place** Feature-length drama starring James Fox.
7.00 **Cranford** *May 1843:* 5/5. Miss Matty receives devastating news. (S1)
8.00 **Sister Boniface Mysteries** *House of Misfit Dolls:* 2/10. Sister Boniface finds herself on the hunt for a killer doll when a toymaker is found stabbed to death in a locked room. (S3)
9.00 **Silent Witness** *Matters of Life and Death:* Nikki's students make an alarming discovery while dissecting a body.
11.15 **Signora Volpe** 1/3. (S2)
1.15 AM **Gunpowder**
2.25 **to 4.00** AM **The Brokenwood Mysteries**

+1 hr 243 316 60 260

SUNDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In Northumbria.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family**
3.00 **A Place in the Sun**
7.00 **Long Lost Family** Davina McCall and Nicky Campbell present the stories of two people trying to unravel family mysteries, with both looking for a birth parent they have never met. **8.00** The stories of two women who are trying to find birth parents after half a century apart.
9.00 **Dr Pimple Popper**
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge

145 159 139 48 142 43

7.00 AM **The Bidding Room**
9.00 **Friends Like These**
11.00 **Play Your Cards Right**
12.00 NOON **Dickinson's Real Deal** From Llandudno.
1.00 PM **Lily Savage's Blankety Blank** Triple bill of the comedy quiz.
3.00 **Through the Keyhole** Double bill of editions.
4.00 **Friends Like These** Double bill of the game show with Ant and Dec.
6.00 **The Chase Celebrity Special** With Louise Hazel, Joel Dommett, Sinitta and Les Dennis.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Family Chase** Four relatives from Milton Keynes take part in the quiz show.
10.00 **The Chase** Six editions of the quiz show.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.00 AM **Wild West Chronicles** Double bill.
9.00 **War in the Atlantic**
10.15 **FILM Hell and High Water** Thriller. (1954, PG, 103min) ★★★
12.35 PM **FILM Alvarez Kelly** Western. (1966, PG) ★★
3.00 **FILM The Ox-Bow Incident** Western. (1943, b/w, PG) ★★★★★
4.45 **FILM The Tin Star** Western. (1957, b/w, U, 93min) ★★★★
6.45 **FILM The Last Wagon** Western drama. (1956, PG, 99min) ★★★
9.00 **FILM All the Pretty Horses** Western. (2000, 15, 118min) ★★
11.30 **FILM Johnson County War – Part 1** Western. (2002, 12, 85min) ★★
1.25 AM **FILM Johnson County War – Part 2** Western. (2002, 12) ★★
3.30 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM **Saving Lives at Sea**
10.10 **FILM Abducted: Fugitive for Love** Thriller. (2007, PG, 89min) ★★★
12.05 PM **FILM Martha's Vineyard Mysteries: A Beautiful Place to Die** Drama. (2020, PG) ★★
2.00 **FILM Star Trek: Insurrection** Sci-fi adventure. (1998, PG, 105min) ★★★
4.15 **FILM Star Trek: Nemesis** Sci-fi. (2002, 12, 116min) ★★★
6.45 **FILM Signs** Sci-fi drama with Mel Gibson. (2002, 12, 106min) ★★★★
9.00 **FILM Predators** Sci-fi action thriller sequel. (2010, 15, 102min) ★★★
11.20 **FILM The Recall** Thriller. (2017, 15, 90min) ★★
1.20 AM **Jack Hunter** (S1)
3.30 **Air Rescue**
4.00 **to 6.00** AM **FILM Killer in Red** Thriller. (2018, 12, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Shifting Gears** Drama. (2024, U) ★★
10.05 **FILM Love in Store** Romantic comedy. (2020, PG, 82min) ★★
12.00 NOON **FILM Love Locks** Drama. (2017, PG) ★★
2.05 PM **FILM Paris, Wine and Romance** Drama. (2019, PG, 84min) ★★
4.00 **FILM Her Pen Pal** Romantic drama. (2021, PG, 84min) ★★
5.55 **FILM Wedding at the Hamptons** Romance. (2022, PG, 90min) ★★
8.00 **FILM Romance Retreat** Romantic comedy. (2019, PG, 90min) ★★
9.55 **FILM This Little Love of Mine** Romantic drama. (2021, U, 91 min) ★★
11.55 **FILM Recipe for Love** Comedy. (2014, PG) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM My One and Only** Drama. (2019, PG, 85min) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **FILM The Early Bird**
8.00 **Watching** (S6&7)
9.30 **Dick Turpin** (S1&2)
12.00 NOON **Carry On Laughing** 1&2/6. (S1)
1.00 PM **Hancock** 13/13. (S1)
1.30 **Tracing the Rails**
2.00 **Secrets of the Coast**
2.30 **Mitch** 5/10. (S1)
3.30 **FILM The Early Bird** Comedy. (1965, U) ★★
5.30 **The Zoo Gang** 5/6. (S1)
6.30 **Shine on Harvey Moon** 3/6. Maggie announces that she is pregnant. **7.30** 4/6. Maggie has a secret admirer. **8.30** 5/6. Harvey worries about his son. **9.30** 6/6. Rita is offered a Mayfair home. (S2) **10.30** 1/9. Harvey is given the brush-off. (S3)
11.30 **Watching** (S6&7)
2.00 AM **Dick Turpin**
4.30 **Hancock** 13/13. (S1)
5.00 **Tracing the Rails**
5.30 **to 6.00** AM **Secrets of the Coast**

DMAX

159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Wheeler Dealers: Dream Car** Five editions.
7.00 **Expedition Bigfoot** Ronny and Mireya launch a sound trap. **8.00** Strange sounds lead to a discovery.
9.00 **Unexplained: Caught on Camera** A sailor is shocked when a sinister sound calls out at sea. **10.00** A woman's life is turned upside down when dark energies target her children.
11.00 **Expedition X** The team investigate America's most haunted town. **12.00** M'T The team head to a Texas swamp. **1.00** AM Investigating one of America's oldest witch stories.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Man v Food**
11.00 **James Martin's Brittany**
11.30 **James Martin's Champagne**
12.00 NOON **James Martin's Brittany** In Lamballe.
12.30 PM **James Martin's Champagne**
1.00 **James Martin's Brittany**
1.30 **James Martin's Champagne**
2.30 **James Martin's Brittany**
3.00 **The Great British Bake Off** Six editions.
9.00 **Ainsley's Good Mood Food** Fruits and berries take centre stage. **10.00** Ainsley Harriott celebrates everything that the sea and the seaside has to offer.
11.00 **Ainsley's Caribbean Kitchen** A culinary tour of the Caribbean. **12.00** M'T Ainsley explores Jamaica.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **The Twilight Zone**
8.00 **FILM Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
10.00 **Six Million Dollar Man**
3.00 PM **FILM Coast of Skeletons** Action adventure sequel. (1964, U, 90min) ★★
4.50 **FILM Raise the Titanic** Action adventure starring Jason Robards. (1980, PG, 112min) ★★
7.05 **FILM Shark** Thriller starring Burt Reynolds. (1969, 15, 88min) ★★
9.00 **FILM Rogue** Horror starring Megan Fox. (2020, 15, 105min) ★★
11.05 **FILM The Gunman** Drama with Sean Penn. (2015, 15, 115min) ★★★
1.20 AM **FILM Lonesome Dove Church** Western. (2014, 15, 89min) ★★
3.10 **to 4.55** AM **FILM Vampire Circus** Horror. (1971, 15, 87min) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM The Fabulous Journey to the Centre of the Earth** Fantasy. (1978, PG, 87min) ★★
8.00 **FILM Warbirds** Drama. (2008, 15, 87min) ★★
10.00 **FILM Triassic Hunt** Action adventure starring Michael Paré. (2021, 15, 86min) ★★
12.00 NOON **The Gambler Returns: The Luck of the Draw** Western.
4.00 PM **The A-Team** (S1)
9.00 **FILM Dracula: Prince of Darkness** Hammer horror chiller starring Christopher Lee. (1965, 15, 90min) ★★★
10.50 **FILM The Plague of the Zombies** Hammer horror starring André Morell and Diane Clare. (1966, 15, 91 min) ★★★
12.50 **to 3.00** AM **FILM The Young Cannibals** Horror starring Megan Purvis. (2020, 15, 100min) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Storage Wars: Texas**
8.00 **Junk and Disorderly**
10.00 **The Proof Is Out There: Alien Edition**
11.00 **Alien Files: Unsealed**
12.00 NOON **Close Encounters**
1.00 PM **Weird Britain**
7.00 **Beyond Skinwalker Ranch** How the most compelling investigations contain shocking evidence, stunning documentation and bizarre experiments.
8.00 **Curse of Skinwalker Ranch** Double bill.
9.00 **Ancient Superstructures** The Sphinx in Egypt. **10.00** Exploring the Castle of Chambord.
11.00 **Medieval Murder Mysteries** The death of Christopher Marlowe.
12.00 M'T **Weird or What? with William Shatner**
2.00 AM **MonsterQuest**
3.00 **UFOs Declassified**
4.00 **to 6.00** AM **Mega Disasters**

5SELECT

153 166 138 46 133 30

9.00 AM **Shop Smart, Save Money** Men's jeans.
10.00 **Waitrose: Britain's Poshest Supermarket**
11.00 **Columbo** Five episodes of the drama, including at: **5.30** PM *Etude in Black:* A conductor murders his mistress for threatening to reveal their affair.
7.30 **Kate Middleton: Her Life in Pictures** A profile of Catherine, Princess of Wales.
9.00 **The Day The Queen Died: Minute by Minute** Recounting the events of 8 September 2022.
10.30 **Queen Camilla: For King & Country** The life of the Queen Consort.
11.55 **Princess Margaret: Queen of Mustique**
12.55 AM **Princess Anne: The 7 Loves of Her Life**
2.00 **Inside Hampton Court Palace** Double bill.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **My Lottery Dream Home** Eight editions.
11.00 **Escape to the Country**
1.00 PM **Escape to the Country** Searching for a home in rural Wiltshire. **2.00** A couple look for a home in West Sussex. **3.00** Searching for a rural home in Cumbria. **4.00** A couple hope to find a country home in rural Herefordshire. **5.00** A couple search for a home in Somerset. **6.00** Helping a couple who want to swap their urban lives for the Cornish countryside. **7.00** Searching for a home in the countryside of Cambridgeshire.
8.00 **A Place in the Sun**
11.00 **A Place in the Sun: Home or Away**
12.00 M'T **A Place in the Sun**
1.00 **to 4.00** AM **Bargain Mansions**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: UK** Reality series.
8.00 **Say Yes to the Vegas Dress** Double bill.
10.00 **Little People, Big World**
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Sister Wives**
7.00 **Good Bones**
8.00 **7 Little Johnstons**
9.00 **Forbidden Love** Lindsey and Elmer head into Amish country.
10.00 **Love & Translation** Sangita presents a kissing challenge.
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Love & Translation**
3.00 **Sex Sent Me to the ER**
4.00 **7 Little Johnstons**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Mr Bean**
10.00 **Friends** 15-20/24. (S2)
1.00 PM **FILM Hook** Steven Spielberg's fantasy adventure. (1991, U, 140min) ★★★
3.45 **Friends** (S2&3)
9.00 **FILM Couples Retreat** Relationship comedy starring Jon Favreau, Vince Vaughn and Jason Bateman. A couple on the verge of divorce sign up for a marital retreat in the South Pacific. (2009, 15, 113min) ★★★
11.15 **Kevin Bridges: The Story Continues**
12.15 AM **Whose Line Is It Anyway? USA**
1.15 **South Park** (S1)
3.15 **Beavis and Butt-Head**
3.25 **Whose Line Is It Anyway? USA**
4.15 **Blockbusters: Britain's Got Talent Special**
4.35 **to 5.00** AM **Blockbusters**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Criminally Funny**
1.00 PM **Friends**
3.00 **Criminally Funny**
7.00 **Whose Line Is It Anyway? USA**
9.00 **Friends** 3/24. Chandler dates Rachel's boss. **9.30** 4/24. Joey help the building's caretaker with his dance practice to stop him evicting Rachel and Monica. **10.00** 5/24. Chandler falls for Joey's latest date. **10.30** 6/24. Ross's love life improves. **11.00** 7/24. Chandler tries to stop Joey from discovering the truth. **11.30** 8/24. Chandler spends Thanksgiving in a packing crate. (S4)
12.00 M'T **Friends**
3.00 AM **The Daily Show**
4.55 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **911 Crisis Centre**
10.00 **Four Weddings**
11.00 **Nothing to Declare**
2.00 PM **Blood & Treasure**
3.00 **Supergirl** Four episodes, including at: **6.00** *Livewire:* 4/20. Kara and her boss come under threat from a CatCo employee.(S1)
7.00 **Motorway Patrol** Six editions of the series following the New Zealand highway patrol.
10.00 **The Flight Attendant** *Blue Sincerely Reunion:* 4/8. Cassie fears she is being framed for murder when two bodies are found in Echo Park. **11.00** *Drowning Women:* 5/8. Cassie seeks assurances from Shane after finding potentially incriminating photos. (S2)
12.00 M'T **A League of Their Own** Triple bill.
3.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **16 and Pregnant**
7.10 **Teen Mom: The Next Chapter** Reality series.
8.00 **Fresh Out Live**
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Reality series.
2.00 **Catfish: Scammed**
3.00 **Catfish: The TV Show** Six editions, including at: **8.00** Cristian has fallen for a streamer who never shows her face.
9.00 **Teen Mom: The Next Chapter** Following teenage mothers as they navigate life together.
10.00 **Sex on the Streets**
11.00 **Dating Naked UK**
12.00 M'T **The Challenge: All Stars** The Final Challenge.
1.00 AM **Beavis and Butt-Head** (S3)
1.30 **Jackass** Sumo wrestling.
2.00 **Catfish: Wannabees**
2.45 **Catfish: The TV Show**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers: Dream Car** Six editions.
12.00 NOON **Alaska: The Last Frontier** Autumn brings fresh challenges for the Kilchers. **1.00** PM The Kilchers continue to work together as a family. **2.00** Atz races to finish his cabin before the freeze sets in. **3.00** Atz Sr passes on survival skills as winter approaches. **4.00** Kelli braces for news regarding her health condition. **5.00** The Kilchers work to save their family legacy.
6.00 **Border Control Sweden**

7.00 Building Off the Grid New edition A couple plan to build their own home out of straw bales in the Arizona desert.

8.00 Alaska: Homestead Rescue The Raneys scramble to ready their 40-acre homestead for winter, while Marty helps a fellow Alaskan who has lost access to his riverside homestead.

10.00 Filthy Fortunes Matt Paxton tackles two out-of-control California hoards, and hunts for rare, high-priced toys.
11.00 **Filthy Fortunes** In New England, the team tackle the largest hoard they've seen.
12.00 M'T **Alaskan Bush People** The Browns race to pull together a unique celebration.
1.00 AM **Alaskan Bush People**
4.00 **to 5.00** AM **How Do They Do It?**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Animal Cops Phoenix**
10.00 **Dogs 101** How different breeds of dogs behave.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked** With 2 Chainz.
1.00 PM **Animal Cops Phoenix**
2.00 **Project Grizzly** Double bill.
4.00 **Bad Dog!** Featuring a pug that is obsessed with pizza.
5.00 **Alaska: Homestead Rescue** A wildfire prompts Marty to create an evacuation ark.
6.00 **Tanked** A science centre requests a ship-shaped tank.

7.00 Animal Cops Phoenix Rescuing a dog whose limbs have been bound together before being left to die in a skip.

8.00 Treetop Cat Rescue Shaun braves wet conditions to rescue a cat. **8.30** Tom is called out on a late-night mission.

9.00 Tanked Baseball star Pete Rose wants Riverfront Stadium transformed into an aquarium.

10.00 Alaskan Bush People A storm hits the island, threatening the Browns' safety as they set out for an addition to Browntown.
11.00 **Guardians of Rescue** The team attempt to unmask a puppy flipper. **12.00** M'T A look into the early lives of marsupials.
1.00 AM **Alaskan Bush People**
2.00 **Bad Dog!** As 4.00pm.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Northwoods Survival**
9.00 **Hitler's Last Stand**
12.00 NOON **Air Crash Investigation**
3.00 PM **Apocalypse: Hitler Takes on the West** 1/2. Nazi offensives on Western nations during World War Two. **4.00** 2/2. France under German occupation.
5.00 **Hitler's Teen Killers** The teenage soldiers of Hitler's 12th SS Panzer Division.
6.00 **Nazi Megastructures** Hitler's plan to land troops in southern England in 1940.

7.00 Churchill's German Army Documentary telling the story of the Germans who fought for the Allies during World War Two.

8.00 NEW SERIES Liberation: D-Day to Berlin Exploring the end of World War Two in western Europe from various perspectives.

9.00 Liberation: D-Day to Berlin New edition How Belgium and the Netherlands were freed from Nazi occupation.

10.00 Erased: WWII Heroes of Colour The stories of people of colour during World War Two, focusing on the soldiers who fought on D-Day.
11.00 **Air Crash Investigation** The 1989 Kegworth air disaster.
12.00 M'T **Air Crash Investigation**
2.00 AM **Lords of War**
2.55 **Food Factory** Double bill.
3.45 **Made in a Day**
4.35 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **June 6, 1944: The Light of Dawn** Double bill.
8.00 **Pawn Stars** Double bill.
10.00 **Storage Wars** Six editions.
1.00 PM **Beyond the Myth: The SS Unveiled** Six editions of the series, including at: **4.00** The Waffen-SS, a military elite intended to attract the best German soldiers. **5.00** The SS Death Head's Unit, tasked with guarding concentration camps. **6.00** A cult surrounding 'old comrades' and SS symbolism. that remains to this day.

7.00 WWII Lost Films In 1944, pilot Bert Stiles joins the decimated 8th Air Force to clear the Normandy skies.

8.00 WWII Lost Films As Lt Charles Scheffel leads his unit in France, Marine Nolen Marbrey is wounded in the Battle of Peleliu.

9.00 NEW A Serial Killer in Nazi Paris The crimes of psychotic doctor Marcel Petiot, who stalked the streets of occupied Paris during World War Two.

10.40 The UnBelievable with Dan Aykroyd Unusual ways in which people have died.
11.40 **Storage Wars** New buyers make their debut at the oldest facility in Los Angeles. **12.05** AM The buyers hit Dan's home town. **12.35** Kenny starts seeing things during a very hot day.
1.00 **Storage Wars** Double bill.
2.00 **WWII Lost Films** As 8.00pm.
3.00 **to 6.00** AM **Beyond the Myth: The SS Unveiled**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Find It, Fix It, Flog It**
7.10 **Retro Electro Workshop**
9.00 **Antiques Roadshow**
1.00 PM **Great Canal Journeys**
3.00 **Canal Boat Diaries** Robbie Cumming explores the picturesque Staffordshire and Worcestershire Canal. **4.00** Robbie travels from Wolverhampton to Anglesey. **5.00** Robbie gets marooned.
6.00 **One Foot in the Grave** Margaret comes into money. **6.35** An unlikely job offer leads to disaster for Victor.

7.15 'Allo 'Allo! First-ever episode. The Resistance commandeers Rene's cafe in order to conceal two British airmen.

8.00 Bangers & Cash: Restoring Classics The team are shocked when a Volvo 144 rolls in with just 15,000 miles on the clock.

9.00 Bangers & Cash Derek drags a Mini pick-up out of a barn, and a 1950 350cc Douglas Mark V goes under the hammer.

10.00 Bangers & Cash Four camper vans pitch up at the auction house looking for a home, and Derek picks up an Austin 16.
11.00 **Great British Railway Journeys** Michael explores the Britain of his youth. **11.30** Michael learns about the birth of the NHS.
12.00 M'T **Repair Lot** The team work on a Triumph Herald.
1.00 **to 3.00** AM **Cop Car Workshop**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Combat Dealers**
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Money for Nothing** Double bill.
2.00 PM **The Repair Shop**
5.00 **Celebrity Yorkshire Auction House**
6.00 **The Yorkshire Auction House** Angus helps a cruise ship singer who wants to downsize her kitsch collection of mid-century ornaments.
7.00 **The Derbyshire Auction House** Irita Marriott visits the home of a former popstar and uncovers a never-before-seen photo of an undressed David Bowie.
8.00 **The Repair Shop** Four editions of the series.
12.00 M'T **Disasters at Sea**
2.00 AM **NASA's Unexplained Files**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Four editions.
9.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Lancashire** Double bill.
12.00 NOON **FBI Files**
3.00 PM **A Killer's Mistake**
7.00 **A Killer's Mistake** The disappearance of Denise Williams' husband. **8.00** A wife plots to cash in on her husband's life insurance policy.
9.00 **The Injustice Files: Sundown Towns** Communities where African-Americans are denied equal rights.
10.00 **A Killer's Mistake**
11.00 **999 Murderer Calling**
12.00 M'T **Michael Jackson: A Faking It Special**
1.00 AM **The Grindr Killer: A Faking It Special**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fraud Squad**
7.00 **Forensic Factor** Two undertakers are killed while at work. **8.00** Sin City reveals its darker side when detectives discover charred remains.
9.00 **Cold Cases Reopened** New edition Patricia Ann Jacob's body is discovered on the bank of the Neches River.
10.00 **Murder: Fight for the Truth** The mysterious death of Jake Embert. **11.00** A woman is killed on her doorstep. **12.00** M'T Detectives return to a 35-year-old case, determined to solve it once and for all.
1.00 AM **Cold Cases Reopened** As 9.00pm.
2.00 **A Stranger in My Home**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder by the Sea**
2.00 PM **Medical Detectives** Investigating the murder of a gay couple. **2.30** A dog helps to solve a murder case. **3.00** A look into the murder of a TV producer. **3.30** A woman is thought to have accidentally shot herself. **4.00** A woman dies after appearing to suffer side-effects from drugs. **4.30** Officers struggle to catch a killer when vital evidence is lost.
5.00 **Evidence of Evil** The investigation into the death of Nikitta Grender and the forensics that identified her killer.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Psychic Private Eyes**
4.00 **48 Hours** Documentary.
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Motorway Patrol**
9.00 **Brit Cops: Law & Disorder** Documentary.
10.00 **The Force: Manchester**
11.00 **Britain's Most Evil Killers** Colin Campbell.
12.00 NOON **Killer in My Village** Yang Lui.
1.00 PM **How I Caught the Killer** Wendy Mann.
2.00 **The Suzy Lamplugh Mystery** 1&2/2.
4.00 **Murdered at First Sight**
5.00 **The Real Manhunter**
6.00 **Killer in My Village**
7.00 **Britain's Most Evil Killers** Adrian Prout.
8.00 **How I Caught the Killer**
9.00 **Fred West: The Glasgow Girls** 1-3/3.
12.00 M'T **An Unexpected Killer** Documentary.
1.00 AM **The Real Manhunter**
2.50 **The Force: North East**
3.55 **Stop, Search, Seize**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **Inside Japan's War**
1.00 PM **America the Bountiful** Documentary.
1.35 **Ancient Apocalypse**
4.55 **Inside Japan's War** An insight into Imperial Japan's military motives and culture. **6.00** How Japan secured victory in Malaya and the fall of Singapore. **7.10** Examining the experiences of those in the occupied territories. **8.15** American bombing pounds the Japanese home islands.
9.25 **The Vietnam War** The Watergate scandal forces President Nixon to resign, while North Vietnamese troops pour into the south.
12.00 M'T **Secret Bunkers** Nuclear-era shelters.
1.15 **to 2.00** AM **America the Bountiful**

SUNDAY

Sunday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Leonardo DiCaprio**
7.00 **Discovering: Kate Winslet**
8.00 **The Directors**
10.00 **Money Electric: The Bitcoin Mystery** Documentary.
12.00 NOON **Schmeichel**
2.00 PM **The Kid Stays in the Picture** Profile of film producer Robert Evans, whose hits included *The Godfather*.
4.00 **Discovering: Harrison Ford**
5.00 **The Alpinist** Documentary about elusive Canadian climber Marc-André Leclerc.
6.50 **The Inventor: Out for Blood In Silicon Valley** Investigating the rise and fall of Theranos, the one-time multibillion-dollar healthcare company founded by Elizabeth Holmes.
9.00 **Going Clear: Scientology and the Prison of Belief** Looking at the history of the Church of Scientology's leaders.
11.15 **The Dark Money Game**
4.15 **to 6.00** AM **Gabon: Earth's Last Chance**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **City Wildlife Rescue**
8.00 **Alien Abyss** Triple bill.
11.00 **Planet Weird** Triple bill.
2.00 PM **Colombia's Wild Coast**
4.00 NEW SERIES **Survival of the Beast** Exploring the survival skills of Earth's animals.
5.00 NEW SERIES **Europe's Amazon** Following a 750km journey down the Drava river.
6.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1&2/2. Exploring the evolution of vertebrates.
8.00 **Arctic from Above** Liz Bonnin travels to one of Earth's last great wildernesses to reveal fresh insights about its wildlife, including polar bears. **9.00** Liz abseils down a cliff to study gyrfalcons and helps catch seals in Svalbard. **10.00** Liz discovers how plastic pollution is affecting seabirds.
11.00 **Europe's Amazon**
12.00 M'T **Survival of the Beast**
1.00 AM **My Best Friend's an Animal** Triple bill of editions.
4.00 **to 6.00** AM **Shadowlands**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Mayhem! The Secret Lives of the Georgian Kings**
10.00 **Hitler's Secret Bomb**
11.00 **Greatest Heists with Pierce Brosnan** The Lufthansa heist.
12.00 NOON **Mystery Places**
3.00 PM **Ancient Aliens**
5.00 **Weeks of War**
6.00 **Ancient Superstructures** The Holy Sepulchre of Jerusalem. **7.00** The story behind the temple complex Angkor Wat.
8.00 **Ancient Aliens** Exploring the ancient site of Gobekli Tepe.
9.00 **Myths & Monsters** Stories of mythological heroes and villains.
10.00 **Behind History** Significant breakthroughs in human history.
11.00 **Ancient Aliens** Legends about the 'gods' in Japan. **12.00** M'T Strange discs discovered in a cave in China. **1.00** AM As shown at 8.00pm.
2.00 **Colosseum** Documentary.
3.00 **Secrets of Great British Castles** Arundel Castle.
4.00 **to 6.00** AM **Ancient Superstructures**

Crime+Investigation

156 142 133

6.00 AM **When Missing Turns to Murder** Double bill of editions.
8.00 **Crimes That Shook Britain**
10.00 **Murdertown** True-crime.
11.00 **999: Killer on the Line**
1.00 PM **Killed Without a Trace**
3.00 **Gypsy Rose: Life After Lock Up**
7.00 **When Missing Turns to Murder** Documentary.
8.00 **Fatal Family Feuds**
9.00 **Gypsy Rose: Life After Lock Up** New edition Following Gypsy Rose Blanchard as she navigates life outside of prison.
10.00 **Cold Case Files** A quest for answers to the disappearance of Lisa Marto Gaudenzi.
11.00 **Cold Case Files: DNA Speaks**
12.00 M'T **My Strange Arrest**
1.00 AM **Gypsy Rose: Life After Lock Up** As shown at 9.00pm.
2.00 **999: Killer on the Line**
3.00 NEW SERIES **Interview with a Killer** David Scott goes into high-security prisons to interview convicted murderers.
4.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Penguins**
11.00 **Ice Road Rescue**
1.00 PM **Ultimate Enemies**
2.00 **War of the Lions**
3.00 **Natural Treasures**
5.00 **Secrets of the Zoo: Tampa**
6.00 NEW SERIES **Secrets of the Zoo: Tampa Wild Sides** Following Florida zoo staff as they care for the animals and also rescue and rehabilitate wild creatures in need.
7.00 **Freaks & Creeps** Lucy Cooke searches for strange creatures.
8.00 **World's Weirdest Animals: Freaky Families** A look at unusual animal families.
9.00 **Man Vs Octopus** The sea creatures' talents are put to the test against a human.
10.00 **Kingdom of the White Wolf** Photographer Ronan Donovan documents a pack of wolves.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa** Double bill of editions.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Treasure Quest: Snake Island**
12.00 NOON **Combat Dealers**
3.00 PM **The Dino Hunters**
5.30 **Shed and Buried**
6.00 **The Alaska Triangle**
7.00 **Aliens in Alaska** An otherworldly beast stalks a family over three generations. **8.00** Strange men in suits knock on the door of a UFO witness.
9.00 **The 1980s: The Deadliest Decade** The murder of violinist Helen Mintiks in July 1980. **10.00** The death of vaudeville producer Roy Radin, who was the victim of a murder-for-hire plot at the age of 33 in 1983. **11.00** Investigating the case of Judge Vincent Sherry and his wife Margaret, who were found murdered in their home in September 1987.
12.00 M'T **Alien Invasion: Hudson Valley** A look at an alleged recent spike in extra-terrestrial activity across New York.
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Top of the Pops**
11.00 **Celebrity Mastermind**
1.00 PM **The Onedin Line**
3.00 **Top of the Pops**
5.00 **Celebrity Mastermind**
7.00 **The Onedin Line** *Goodbye, Goodbye:* 11/14. The Frazers' marriage comes under strain when Elizabeth moves out. **8.00** *Bloody Week:* 12/14. James ignores the political unrest and travels to Paris to recover an old debt. (S2)
9.00 **Top of the Pops** Triple bill.
11.00 **Celebrity Mastermind** Robert Webb, Helen Skelton, Stephen Mangan and Clive Sinclair take part in the quiz. **11.40** With Michael Buerk, Cerrie Burnell, Elaine C Smith and Robert Llewellyn. **12.20** AM Featuring Simon O'Brien, Jason Merrells, Digby Jones and Terry Christian.
1.00 **The Onedin Line**
3.00 **Top of the Pops**
4.35 **The Onedin Line**
5.25 **to 6.00** AM **Top of the Pops**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder in the Heartland**
10.00 **American Detective with Lt Joe Kenda** Documentary.
11.00 **The Perfect Suspect**
12.00 NOON **Faking It: Tears of a Crime** Double bill of editions.
2.00 PM **Forbidden: Dying for Love**
4.00 **Murder Under the Friday Night Lights** Double bill.
6.00 **In Pursuit with John Walsh**
8.00 **Disappeared**
9.00 **Murder at Carter Caves** A couple go missing from their rural Kentucky home.
10.00 **Megan Thee Stallion vs Tory Lanez: Five Shots** The Deputy DA who prosecuted Megan Thee Stallion's case recounts the inside story. **11.00** Tory Lanez and his supporters cast doubts on the evidence from the shooting.
12.00 M'T **Crime Scene Confidential**
1.00 AM **The Interrogator**
2.00 **Disappeared** Double bill.
4.00 **to 6.00** AM **Someone You Thought You Knew**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **American Chopper**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Wheeler Dealers** Mike gambles on a Ford P100 imported from South Africa. **1.00** PM Mike finds an Alfa Romeo GTV with some issues, but he thinks Elvis can fix them. **2.00** Mike surprises Elvis with a Caterham Seven. **3.00** Mike is seduced by a Land Rover Discovery Mk1. **4.00** Mike and Elvis work on an Audi RS6 estate car.
5.00 **Lucky!** Double bill.
7.00 **Wheeler Dealers** Mike surprises Elvis with a Caterham Seven. **8.00** After years of searching, Mike finds a Renault 5 GT Turbo. **9.00** A Lotus Elan M100 is given a new lease of life. **10.00** Mike hopes to find a Lotus Elise at a bargain price. **11.00** Mike and Edd take on a Jensen Interceptor. **12.00** M'T A Lotus Elan.
1.00 **to 5.00** AM **American Chopper**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.20 AM **Transformers One** Animated sci-fi adventure. (2024, PG, 104min) ★★★★
9.05 **Cleaner** As shown at 8.00pm.
10.45 PREMIERE **The Damned**
12.20 PM **Omni Loop** As 1.35am.
2.20 **Cleaner** As shown at 8.00pm.
4.05 **Twisters** Disaster drama sequel with Daisy Edgar-Jones. (2024, 12, 122min) ★★★★
6.10 **Trap** M Night Shyamalan's thriller starring Josh Hartnett. (2024, 15, 105min) ★★★★

9.45 The Damned

8.00 Cleaner Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. With Clive Owen and Matthew Tuck. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 PREMIERE The Damned Horror mystery starring Odessa Young and Joe Cole. A 19th-century widow must make an unimaginable choice when, during a cruel winter, a ship sinks off the coast of her fishing village. (2024, 15, 89min) ★★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Smile 2** Horror thriller sequel. (2024, 18, 127min) ★★★★
1.35 AM **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
3.35 **Cleaner** As shown at 8.00pm.
5.20 **to 7.05** AM **The Parenting** Horror comedy with Brian Cox. (2025, 15, 94min) ★★★

Sky Cinema Hits

303 303 403 503 517

7.05 AM **Ride On** Action drama. (2023, PG, 126min) ★★★
9.25 **Charlie's Angels** As 10.45pm.
11.10 **Bad Boys for Life** Comedy thriller sequel. (2020, 15) ★★★
1.30 PM **Bad Boys: Ride or Die** Action comedy thriller sequel. (2024, 15, 115min) ★★★
3.40 **Ghostbusters: Frozen Empire** Comedy. (2023, 12) ★★★
5.50 **Charlie and the Chocolate Factory** Tim Burton's fantasy. (2005, PG, 115min) ★★★★

3.40 Ghostbusters: Frozen...

8.00 Mission: Impossible – Dead Reckoning Part One Action thriller starring Tom Cruise. The IMF team race to acquire two halves of an interlocking key that can regain control of a lethal artificial intelligence. With Hayley Atwell. (2023, 12, 163min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 Charlie's Angels Comedy thriller with Cameron Diaz, Drew Barrymore and Lucy Liu. Three private eyes are sent on a mission to investigate a kidnapping. (2000, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Jules** Comedy drama. (2023, 12, 87min) ★★★
2.10 **Robin and the Hoods** Comedy. (2024, PG, 101min) ★★
4.00 **Under the Boardwalk** Animated musical comedy. (2023, PG, 83min) ★★★
5.45 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.10 AM **Anatomy of a Murder**
10.00 **Mo' Better Blues** As 4.20am.
12.20 PM **Holiday Inn** Musical comedy. (1942, b/w, U, 101min) ★★★★
2.10 **Elizabeth: The Golden Age** Drama starring Cate Blanchett. (2007, 12, 114min) ★★★
4.15 **Gorillas in the Mist** Drama. (1988, 12, 124min) ★★★★
6.30 **Sundown** Drama starring Tim Roth. (2021, 15, 82min) ★★★★

8.00 Lost in Translation Bittersweet romantic comedy starring Bill Murray and Scarlett Johansson. A jaded Hollywood actor and a young woman strike up a tender friendship in a Tokyo hotel. (2003, 15, 102min) ★★★★★
9.55 Anatomy of a Murder Courtroom drama starring James Stewart as a small-town lawyer defending an army lieutenant on a murder charge. With Ben Gazzara and Lee Remick. (1959, b/w, 12, 160min) ★★★★★

12.45 AM **Quadrophenia** Cult drama starring Phil Daniels and Leslie Ash. (1979, 15, 115min) ★★★★
2.50 **My First Summer** Drama. (2020, 15, 80min) ★★★
4.20 **to 6.35** AM **Mo' Better Blues** Drama with Denzel Washington. (1990, 15, 127min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.55 AM **I.S.S** As shown at 12.40am.
8.35 **Star Trek Into Darkness** (2013)
10.50 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★
12.40 PM **If You Were the Last** Sci-fi comedy with Anthony Mackie. (2023, 15, 92min) ★★★★
2.20 **I Am Legend** Sci-fi horror. (2007, 15, 101min) ★★★★
4.05 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★

5.45 **Star Trek Into Darkness** Sci-fi adventure starring Chris Pine. (2013, 12, 132min) ★★★★
8.00 Interstellar Sci-fi drama with Matthew McConaughey, Anne Hathaway and Michael Caine. (2014, 12, 166min) ★★★★
10.50 Next Exit Sci-fi comedy starring Katie Parker and Rahul Kohli. Two strangers embark on a road trip to partake in a scientist's radical experiment which appears to prove an afterlife. (2022, 15, 106min) ★★★

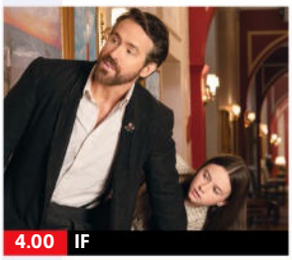
12.40 AM **I.S.S** Drama starring Ariana DeBose. (2023, 15, 95min) ★★★
2.20 **The Purge: Election Year** Action horror sequel with Frank Grillo. (2016, 15, 108min) ★★★
4.15 **to 6.10** AM **Ex Machina** Sci-fi drama with Domhnall Gleeson. (2014, 15, 104min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.20 AM **A Tiger's Tail** Family drama. (2014, U, 81min) ★★★
8.45 **The Little Rascals** Family comedy. (1994, U, 83min) ★★
10.15 **Batteries Not Included** Sci-fi fantasy. (1987, PG) ★★★★
12.15 PM **E.T. The Extra Terrestrial** Fantasy. (1982, U) ★★★★★
2.10 **Johnny English Reborn** Comedy. (2011, PG) ★★★
4.00 **IF** Fantasy. (2024, U) ★★★
5.50 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★


4.00 IF

7.30 **The Flintstones** Family comedy starring John Goodman, Rick Moranis, Elizabeth Perkins and Rosie O'Donnell. (1994, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.10 **The Flintstones in Viva Rock Vegas** Comedy prequel with Mark Addy and Stephen Baldwin. Fred and Barney take their girlfriends to Rock Vegas. (2000, PG, 91min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Robo-Dog** Family sci-fi adventure starring Michael Campion. (2015, PG, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Secret Kingdom** Fantasy. (2023, PG, 98min) ★
2.05 **Muppets from Space** Comedy. (1999, U, 85min) ★★★
3.40 **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy. (2005, U, 98min) ★★
5.20 **to 6.55** AM **Big Fat Liar** Comedy. (2002, PG) ★★★

Sky Cinema Heroes

307 307 407 507 521

7.20 AM **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
9.10 **A Quiet Place** Horror thriller. (2018, 15, 90min) ★★★★
10.50 **Cleaner** As shown at 4.40pm.
12.30 PM **Twister** Disaster movie. (1996, PG, 114min) ★★★
2.30 **Twisters** Disaster sequel. (2024, 12, 122min) ★★★★
4.40 **Cleaner** Action thriller. (2025, 15, 97min) ★★★
6.20 **Gravity** Space thriller. (2013, 12, 91min) ★★★★★

8.00 Hanna

8.00 **Hanna** Action thriller starring Saoirse Ronan, Eric Bana and Cate Blanchett. A 16-year-old girl, trained by her father to be the perfect assassin, embarks on a dangerous globe-hopping quest. With Olivia Williams. (2011, 12, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

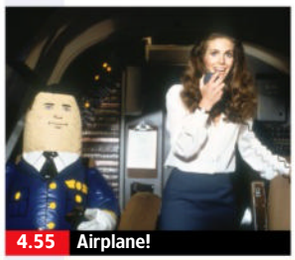
10.00 **Furiosa: A Mad Max Saga** Adventure starring Anya Taylor-Joy and Chris Hemsworth. A warrior seeks vengeance against a biker horde led by the crazed Dementus. (2023, 15, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Men in Black: International** Fantasy sequel starring Chris Hemsworth. (2019, 12, 110min) ★★★
2.30 **Yes, Madam!** Action comedy. (1985, 18, 93min) ★★★
4.10 **Gravity** As shown at 6.20pm.
5.45 **to 6.05** AM **The Cinema List: Men in Black Films**

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **The Naked Gun** Spoof. (1988, 15, 85min) ★★★★
8.30 **Airplane!** As 4.55pm.
10.10 **Airplane II** As 6.30pm.
11.45 **Along Came Polly** (2003)
1.25 PM **Dumb and Dumber**
3.20 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel. (1991, 15, 81min) ★★★
4.55 **Airplane!** Disaster spoof. (1980, 12, 86min) ★★★★★
6.30 **Airplane II** Spoof sequel. (1982, 15, 81min) ★★★


4.55 Airplane!

8.00 **Along Came Polly** Romantic comedy starring Ben Stiller and Jennifer Aniston. An overly-cautious risk assessor begins dating a free-spirited woman. (2003, 12, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Dumb and Dumber** Comedy starring Jim Carrey and Jeff Daniels. Two friends embark on a frantic cross-country journey to return a beautiful woman's briefcase. With Lauren Holly and Mike Starr. (1994, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **I Love My Dad** Comedy. (2022, 15, 96min) ★★★
1.25 AM **Sweethearts** Comedy. (2024, 15, 94min) ★★★
3.10 **Avanti!** Romantic comedy. (1972, 15, 144min) ★★★
5.45 **to 7.45** AM **Bye Bye Birdie** Musical starring Janet Leigh. (1963, PG, 112min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.50 AM **We Own the Night**
8.50 **The Cinema List: Thriller**
9.05 **Detroit** Fact-based drama. (2017, 15, 143min) ★★★★
11.30 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★
1.50 PM **Marnie** Hitchcock thriller. (1964, 15, 130min) ★★★★
4.05 **Retribution** Thriller with Liam Neeson. (2023, 12, 91min) ★★
5.45 **State of Play** Political thriller starring Russell Crowe. (2009, 12, 127min) ★★★★

10.10 The Punisher

8.00 **Inferno** Director Ron Howard's adaptation of the Dan Brown thriller, starring Tom Hanks, Felicity Jones and Irrfan Khan. While suffering from amnesia, Professor Robert Langdon tries to stop a lethal virus from killing millions of people. (2016, 12, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **The Punisher** Thriller starring Tom Jane and John Travolta. A grieving ex-cop launches a series of revenge attacks on a psychopathic crook. (2004, 18, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **We Own the Night** Crime drama with Joaquin Phoenix. (2007, 15, 117min) ★★★
2.25 **Oldboy** South Korean revenge thriller. Subtitled. (2003, 18, 120min) ★★★★
4.35 **to 6.15** AM **Parallel** Fantasy starring Danielle Deadwyler. (2024, 15, 88min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Faintheart** Comedy starring Eddie Marsan. (2008, 12, 90min) ★★★
12.50 PM **Lawrence of Arabia** David Lean's epic biopic starring Peter O'Toole. (1962, PG, 221min) ★★★★★
5.10 **Titanic** Director James Cameron's Oscar-winning drama starring Kate Winslet and Leonardo DiCaprio. (1997, 12, 195min) ★★★★

9.00 Commando

Titanic (film started at 5.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Commando** Action thriller starring Arnold Schwarzenegger and Rae Dawn Chong. A retired commando returns to combat when his daughter is kidnapped by a renegade former comrade. (1985, 18, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Bad Times at the El Royale** Mystery thriller with Jeff Bridges, Cynthia Erivo, Dakota Johnson and Chris Hemsworth. (2018, 15, 141min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.35 **to 3.30** AM **Bad Teacher** Comedy with Cameron Diaz, Justin Timberlake and Jason Segel. (2011, 15, 92min) ★★★

+1hour 314 430 47 301 257

Sky Cinema Favourites

302 302 402 502 516

7.00 AM **Death Becomes Her** (1992)
8.50 **Barbie** Comedy starring Margot Robbie and Ryan Gosling. (2023, 12, 114min) ★★★★
10.50 **Back to the Future Part II** Comedy adventure sequel. (1989, PG, 107min) ★★★
12.40 PM **Wayne's World** (1992)
2.20 **Wayne's World 2** Comedy sequel starring Mike Myers. (1993, PG, 95min) ★★★

4.05 **School of Rock** Comedy. (2003, PG, 109min) ★★★★
6.00 **Back to the Future Part III** Time-travel comedy adventure sequel starring Michael J Fox and Christopher Lloyd. (1990, PG, 112min) ★★★★
8.00 **Robin Hood: Prince of Thieves** Adventure starring Kevin Costner and Alan Rickman. (1991, PG, 138min) ★★
10.25 **The Fall Guy** Comedy starring Ryan Gosling and Emily Blunt. (2023, 12, 126min) ★★★★

12.35 AM **Wayne's World** Comedy spin-off starring Mike Myers. (1992, PG, 95min) ★★★★
2.15 **Wayne's World 2** As 2.20pm.
4.05 **to 6.00** AM **Death Becomes Her** Fantasy comedy starring Meryl Streep and Goldie Hawn. (1992, PG, 103min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Funny Girl** As 1.35am.
8.40 **Planes, Trains and Automobiles** Comedy. (1987, 15, 92min) ★★★★★
10.20 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
12.20 PM **Beverly Hills Cop II** Comedy sequel. (1987, 15, 99min) ★★★
2.20 **Beverly Hills Cop 3** Comedy sequel. (1994, 15, 104min) ★★

4.20 **Parenthood** As 11.30pm.
6.30 **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
8.00 **Ace Ventura: When Nature Calls** Comedy sequel starring Jim Carrey and Ian McNeice. (1995, PG, 89min) ★★★
9.40 **National Lampoon's Animal House** Comedy starring John Belushi and Donald Sutherland. A group of students declare war on their snobbish rivals. (1978, 15, 109min) ★★★★★

11.30 **Parenthood** Ron Howard's comedy drama with Steve Martin. (1989, 15, 124min) ★★★★
1.35 AM **Funny Girl** Musical biopic. (1968, U, 169min) ★★★★
4.10 **to 6.00** AM **The Breakfast Club** John Hughes' comedy. (1984, 15, 97min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Tom and Jerry Cowboy Up!** Animation. (2021, U) ★★★
7.25 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
9.00 **Sing** Animation. (2016, U) ★★★
10.50 **Trolls Band Together** Animated musical. (2023, U, 91min) ★★★
12.25 PM **Rango** Animated Western. (2011, PG, 103min) ★★★★
2.15 **The Garfield Movie** Animation. (2023, U, 101min) ★★★

4.00 **Home** Animated adventure. (2014, U, 94min) ★★★
5.35 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
7.10 **The Adventures of Tintin: The Secret of the Unicorn** Animation. (2011, PG) ★★★★★
9.00 **Noah's Ark** Animated adventure. (2024, U, 96min) ★★★
10.40 **The Swan Princess: The Secret of the Castle** Animated sequel. (1997, U, 89min) ★★
12.00 M'T **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★

1.40 AM **Fox and Hare Save the Forest** Animated adventure. (2024, U, 71min) ★★★
3.00 **Boonie Bears: Guardian Code** Animation. (2023, PG) ★★★
4.40 **to 6.20** AM **The Canterville Ghost** Animated adventure. (2023, PG, 89min) ★★

Movies 24

312 313 419

7.00 AM **Falling Together** Drama. (2024, U, 90min) ★★
9.00 **A Scottish Love Scheme** Drama. (2024, PG, 84min) ★★
11.00 **Branching Out** Romantic drama. (2024, PG, 90min) ★★
1.00 PM **Luckless in Love** Romantic comedy. (2023, PG, 86min) ★★
3.00 **PREMIERE** **The Reluctant Royal** Romantic comedy. (2025, PG, 84min) ★★

5.00 **The Story of Love** Romantic comedy. (2022, PG, 91min) ★★
7.00 **An Easter Bloom** Drama with Aimee Teegarden. A woman suffering a crisis of faith enters a flower arranging contest in the hope of saving her late father's farm. (2024, PG, 84min) ★★
9.00 **Sweet as Pie** Comedy starring Rhiannon Fish. An entrepreneur in crisis resumes a relationship with an old friend while trying to keep her family's orchard going. (2022, PG, 93min) ★★

11.00 **Paging Mr Darcy** Romantic drama. (2024, PG, 84min) ★★
1.00 AM **Our Take on Love** Drama. (2022, PG, 87min) ★★
3.00 **to 5.00** AM **Sense and Sensibility** (2024, U) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Dick Tracy vs Crime Inc** Adventure. (1941, b/w, PG) ★★
8.10 **Look at Life** Documentary.
8.20 **Stage 7** 1/25. (S1)
8.50 **Beachhead** World War Two drama. (1954, PG, 89min) ★★
10.35 **The Beverly Hillbillies** (S1)
11.10 **The Naked Hills** Western. (1956, U, 85min) ★★
12.40 PM **Larry Adler**
1.10 **Look at Life** Documentary.

1.25 **Batman** 15/60. (S2)
2.00 **The Hasty Heart** Drama. (1949, b/w, U, 107min) ★★★★★
4.00 **The Adventures of Robin Hood**
4.30 **Out of Town**
5.00 **The Footage Detectives**
6.00 **Last Holiday** Comedy drama. (1950, b/w, U, 88min) ★★★
7.45 **Nine, Dalmuir West** Short film.
8.00 **Gideon's Way** 18/26. (S1)
9.05 **The Wheeltappers and Shunters Social Club**
9.55 **Accident** Drama starring Dirk Bogarde. (1967, PG, 105min) ★★

12.00 M'T **Budgie** 12/13. (S1)
1.05 AM **The Heritage Chart Show**
2.10 **The Story of Shirley Yorke** Drama starring Dinah Sheridan. (1948, b/w, PG, 92min) ★★
4.00 **The Ice House** Ghost story.
4.45 **The Texan** 27/37. (S1)
5.20 **to 6.00** AM **The Larkins**

8 PM
9 PM
10 PM
11 PM

Sunday

Sky Sports Main Event

401 401 511 501 419 439

6.45 AM **NRL Grand Final**
7.00 **Good Morning Sports Fans**
10.00 **Super Sunday Matchday**
11.00 **LIVE SPFL Rangers v Celtic.** Coverage of the Scottish Premiership match from Ibrox Stadium. Kick-off **12.00noon**.
2.00 PM **LIVE Super Sunday Brighton & Hove Albion v Newcastle United.** Coverage of the Premier League match at the AMEX Stadium. Kick-off **2.00pm**.
4.00 **LIVE Super Sunday Chelsea v Liverpool.** The Premier League match from Stamford Bridge. Kick-off **4.30pm**.
7.30 **LIVE Formula 1** The Miami Grand Prix, the sixth round of the season at Miami International Autodrome in Miami Gardens, Florida. Start-time **9.00pm**.
12.00 M'T **LIVE LPGA Tour Golf** Coverage of the Black Desert Championship fourth day from Black Desert Resort in Ivins, Utah.
2.00 **to 6.00** AM **LIVE Fight Night International Naoya Inoue v Ramon Cardenas.** Coverage of the bout for the WBC, WBO and IBF world super-bantamweight titles at T-Mobile Arena in Nevada.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **Premier League Highlights**
10.00 **Super Sunday Matchday**
12.00 NOON **Sports Sunday**
1.00 PM **LIVE Super Sunday Brighton & Hove Albion v Newcastle United.** Coverage of the Premier League match staged at the AMEX Stadium, as the Magpies look for three more vital points in their quest for Champions League football next season. Kick-off **2.00pm**.
4.00 **LIVE Super Sunday Chelsea v Liverpool.** Coverage of the Premier League match staged at Stamford Bridge. Mohamed Salah provided a goal and an assist in the reverse fixture in October as the visitors won the match 2-1. Kick-off **4.30pm**.
7.30 **Gary Neville's Soccerbox**
8.00 **Premier League Stories**
8.30 **Premier League Highlights** Everton v Ipswich Town.
9.00 Leicester v Southampton.
9.30 Arsenal v Bournemouth.
10.00 **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
11.00 **LIVE SPFL Rangers v Celtic.** Coverage of the Scottish Premiership match from Ibrox Stadium. Kick-off **12.00noon**.
3.00 PM **LIVE Bundesliga FC Augsburg v Holstein Kiel.** The German top-flight match from WWK ARENA. Kick-off **2.30pm**.
4.30 **LIVE Bundesliga SC Freiburg v Bayer Leverkusen.** The German top-flight match at Europa-Park Stadion. Kick-off **4.30pm**.
6.30 **LIVE Bundesliga FSV Mainz 05 v Eintracht Frankfurt.** The German top-flight match from Mewa Arena. Kick-off **6.30pm**.
8.30 **WSL** Man United v Man City.
9.00 **SPFL** Rangers v Celtic.
11.00 **EFL Greatest Games**
11.10 **Bundesliga Legends**
11.15 **EFL Highlights** Championship.
12.00 M'T **SPFL Highlights**
12.30 AM **EFL Greatest Games**
1.00 **EFL Cup Retro** The 2010 final.
3.00 **Best Moments from the Championship Play-Off Final**
3.30 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 2020/21**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** Recent action from India.
9.00 **ICC Champions Trophy**
9.55 **IPL** Highlights from India.
10.50 **LIVE IPL Kolkata Knight Riders v Rajasthan Royals.** Coverage of the T20 match staged at Eden Gardens, Kolkata. Jos Buttler hit another century for the Royals to lead them to victory in this fixture last year.
3.00 PM **LIVE IPL Punjab Kings v Lucknow Super Giants.** Coverage of the T20 match staged at HPCA Cricket Stadium. These two sides met just the once last season with Lucknow coming away with a 21-run victory.
7.00 **LIVE Pakistan Super League Lahore Qalandars v Karachi Kings.** Coverage of the T20 game at Gaddafi Stadium, Lahore. The visitors won this meeting last year in a tightly-contest game that saw them come out on top with a two-wicket victory.
8.00 **Best of ICC WT20**
9.00 **IPL** Recent highlights.
11.00 **Pakistan Super League**
12.00 M'T **IPL** Recent action from India.
5.10 AM **Ashes Greats** Player profiles.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour Champions Learning Centre** Expert tips.
6.30 **Tour Golf Highlights**
7.00 **PGA Tour** Recent action.
10.00 **LPGA Tour**
12.00 NOON **PGA Tour Champions Learning Centre** Expert tips.
12.30 PM **Tour Golf Highlights**
1.00 **LIVE PGA Tour** Coverage of the early stages of day three of the CJ Cup Byron Nelson from TPC Craig Ranch in McKinney.
6.00 **LIVE PGA Tour** Further coverage of day four of the CJ Cup Byron Nelson from McKinney.
11.00 **LIVE LPGA Tour Golf** The Black Desert Championship fourth day at Black Desert Resort in Ivins.
2.00 AM **Playing Lessons**
3.00 **PGA Tour Champions**
4.00 **The Open Zone**
5.00 **to 6.00** AM **PGA Tour Golf**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **ATP** Recent finals.
8.00 **WTA** Madrid Open final.
10.00 **ATP Tour This Week**
10.30 **WTA & ATP**
2.30 PM **LIVE WTA & ATP** Coverage of the Madrid Open women's doubles final in Spain.
5.00 **LIVE ATP** Coverage of the Madrid Open men's final.
7.30 **ATP Tour This Week**
8.00 **ATP** Monte-Carlo Masters.
9.00 **WTA** Madrid Open final.
10.00 **ATP** Recent finals.
2.00 AM **Bitesize Tennis**
2.15 **Frances Tiafoe Podcast 2024**
2.30 **Mirra Andreeva Podcast 2024**
2.45 **Bitesize Tennis** Halle Open.
3.00 **to 6.00** AM **WTA & ATP**

TNT Sports 1

410 413 521 408 430

6.30 AM **MotoGP Rewind**
6.45 **LIVE Longines Global Champions Tour** The third stage of the season in Shanghai.
9.00 **TNT Sports Reload**
9.30 **LIVE Men's Cycling Pro Series** Coverage of the eighth stage of the Tour of Turkey.
11.30 **LIVE Cycling** The first stage of the women's Vuelta España.
1.15 PM **LIVE Cycling** Coverage from the men's fifth stage of the Tour of Romandy, which ends in Geneve.
3.30 **LIVE British Superbikes** Coverage from the first day of the opening round of the season staged at Oulton Park in Cheshire.
6.00 **Premier League: Big Interview**
6.30 **FIM Speedway Grand Prix**
7.30 **Superbike World Championship**
8.30 **LIVE Grand Slam Track Athletics** Coverage from day three of the second round of the season at Ansin Sports Complex.
10.30 **TNT Sports Reload**
11.00 **British Superbikes**
12.00 M'T **LIVE MLB Atlanta Braves v Los Angeles Dodgers.** The National League match staged at Truist Park. Start-time **12.10am**.
3.15 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

7.00 AM **Serie A** Action from Italy.
8.00 **Playing for Our Future: Rugby**
8.15 **Superbike World Championship**
9.30 **LIVE Superbike World Championship** In Lombardy.
10.30 **Grand Slam Track Athletics**
11.30 **LIVE Women's Circuit Racing World Championship** Coverage of the second race at the Cremona Circuit in Lombardy.
12.15 PM **LIVE Superbike World Championship** Coverage from Cremona Circuit in Lombardy.
3.15 **FIM Speedway Grand Prix**
4.15 **MotoGP Rewind**
4.30 **LIVE Spanish Women's Liga F Barcelona v Deportivo Abanca.** Coverage from Johan Cruyff Stadium. Kick-off **4.30pm**.
6.30 **UEFA Europa League & Conference League Magazine**
7.30 **LIVE Serie A** Coverage of a game from Italy's top division.
9.45 **UFC** Sandhagen v Figueiredo.
12.45 AM **TNT Sports Reload**
1.00 **LIVE NWSL San Diego Wave v Bay.** Kick-off **1.00am**.
3.15 **Serie A** Action from Italy.
4.15 **Spanish Women's Liga F**
5.15 **to 6.00** AM **Sign Up – Into Football**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Women's State of Origin**
6.45 **My Icon** Sporting influences.
7.05 **LIVE NRL Penrith Panthers v Brisbane Broncos.** K-o 7.05am.
9.05 **My Icon** Sporting influences.
9.25 **LIVE NRL Melbourne Storm v Canberra Raiders.** At Suncorp Stadium. Kick-off **9.25am**.
11.25 **My Icon** Sporting influences.
11.45 **Women's State of Origin**
12.30 PM **LIVE Super League Huddersfield Giants v Hull FC.** Coverage of the Magic Weekend match. Kick-off **1.00pm**.
3.00 **LIVE Super League Wigan Warriors v Warrington Wolves.** Coverage of the match from the Magic Weekend at St James' Park. Kick-off **3.15pm**.
5.15 **LIVE Super League Castleford Tigers v Wakefield Trinity.** Coverage of the match from the Magic Weekend at St James' Park. Kick-off **5.30pm**.
8.00 **Women's State of Origin**
9.30 **Super League** Recent action.
1.00 **to 6.00** AM **LIVE Fight Night International Naoya Inoue v Ramon Cardenas.** The bout for the WBC, WBO and IBF world super-bantamweight titles.

Sky Sports Sky Sports+

412 410 518 508 427 447

6.45 AM **NRL Grand Final Bitesize Highlights** Melbourne Storm v Penrith Panthers from 2024.
7.00 **Good Morning Sports Fans**
10.00 **Super Sunday Matchday**
11.30 **LIVE WSL Manchester United v Manchester City.** Coverage of the Women's Super League match from Old Trafford, as the teams meet for the fourth time this season. The most recent encounter was just three weeks ago and saw United prevail 2-0 in a Women's FA Cup semi-final at Joie Stadium. Kick-off **12.00noon**.
2.30 PM **Sports Sunday**
3.50 **LIVE Pakistan Super League Lahore Qalandars v Karachi Kings.** Coverage of the T20 match at Gaddafi Stadium. The visitors won this meeting last year in a game that saw them come out on top with a two-wicket victory. Lahore made 175-6 in their innings before Kieron Pollard led the way for the Kings with 58 from 33 balls to help them win the game off the last ball of the match.
8.00 **Sky Sports News**
12.00 M'T **Premier League Darts**
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.30 AM **Super League**
12.30 PM **Pakistan Super League**
2.15 **Bundesliga Legends**
2.20 **LIVE Bundesliga FC Augsburg v Holstein Kiel.** Coverage of the German top-flight match from WWK ARENA. Kick-off **2.30pm**.
4.30 **Super League Highlights**
5.00 **Formula 1** Miami Grand Prix.
6.00 **Ted Drives: F1 Car**
6.15 **72 Hours with Jack Doohan**
6.30 **LIVE Indycar** Coverage of the Children's of Alabama Indy Grand Prix. Start-time **6.30pm**.
9.00 **Super League** A replay of Huddersfield Giants v Hull FC.
11.45 **Super League** Match replays.
5.15 **to 6.00** AM **Super League Highlights** Top-flight action.

TNT Sports 3

413 415 523 410 432

6.00 AM **Premier League Stories**
6.30 **Premier League**
8.00 **LIVE Isuzu UTE A-League Melbourne Victory v Newcastle Jets.** Coverage of the Australian top-flight match from AAMI Park. Kick-off is at **8.00am**.
10.00 **TNT Sports Reload**
10.15 **Champions League Magazine**
10.45 **Snooker World Championship**
12.45 PM **LIVE Snooker World Championship** The opening session of the final at the Crucible Theatre. *See feature, page 28.*
4.00 **NBA** A play-off match.
5.30 **MLB Highlights**
6.30 **LIVE Snooker World Championship** Coverage from the second session of the final at the Crucible Theatre in Sheffield.
10.00 **Cycling** Recent action.
1.00 AM **Snooker World C'ship**
3.00 **Formula E Highlights**
4.00 **WRC Review** Rally Islas Canarias.
5.00 **to 6.00** AM **MotoGP Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **LIVE AFL Hawthorn Hawks v Richmond Tigers.** Coverage from Melbourne Cricket Ground. Bounce-up **6.20am**.
9.00 **UEFA Europa League & Conference League Magazine**
10.00 **LIVE AFL Brisbane Lions v Gold Coast Suns.** Coverage of the match from Brisbane Cricket Ground. Bounce-up **10.20am**.
1.00 PM **LIVE British Superbikes** Coverage from the opening day of the first round of the season staged at Oulton Park in Cheshire.
6.00 **NBA on Fire** The latest news.
6.30 **LIVE MLB New York Yankees v Tampa Bay Rays.** Coverage of the match from Yankee Stadium. Start-time **6.35pm**.
9.45 **LIVE HSBC SVNS** Day two of the final round of the season from Dignity Health Sports Park in LA.
2.45 AM **MotoGP Rewind**
3.00 **Men's Cycling** Recent action.
5.00 **to 6.00** AM **Women's Cycling**

Premier Sports 1

419 551

6.00 AM **PSA Squash Highlights**
7.00 **Transworld Sport** Magazine.
8.00 **Asian Le Mans Series**
9.00 **World Surf League**
10.00 **Champions Cup** A replay of Leinster v Northampton Saints.
12.00 NOON **LIVE EPCR Challenge Cup Lyon v Racing 92.** The semi-final from Matmut Stadium de Gerland. Kick-off **12.30pm**.
2.30 PM **LIVE Champions Cup Bordeaux v Toulouse.** Coverage of the semi-final from Matmut Atlantique. Kick-off **3.00pm**.
5.30 **Top 14 Rugby Union Highlights**
6.00 **Sporting Countdowns**
6.30 **NASCAR Highlights**
7.30 **LIVE NASCAR** Coverage of the Wurth 400 at Texas Motor Speedway in Fort Worth, Texas.
12.00 M'T **Sporting Greats**
12.30 AM **NHL Ice Hockey**
2.30 **LIVE NHL Ice Hockey** Coverage of a play-off match.
5.30 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **United Rugby Championship** Scarlets v Leinster.
8.00 **LaLiga** Villarreal v Osasuna.
10.00 Real Madrid v Celta Vigo.
12.00 NOON **LIVE LaLiga Real Madrid v Celta Vigo.** Coverage of the Spanish top-flight match from Bernabeu. Kick-off **1.00pm**.
3.00 **LIVE LaLiga Sevilla v Leganes.** Coverage of the Spanish top-flight match staged at Estadio Ramon Sanchez Pizjuan. Kick-off **3.15pm**.
5.15 **LIVE LaLiga Espanyol v Real Betis.** Coverage of the Spanish top-flight match staged at Stage Front Stadium. Kick-off **5.30pm**.
7.30 **LIVE LaLiga Real Sociedad v Athletic Bilbao.** Coverage of the Spanish top-flight match from Reale Arena. Kick-off **8.00pm**.
11.30 **Bike World** Magazine.
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Temples of Sport**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Miami Grand Prix.
10.00 **Ted's Notebook**
10.30 **Formula 1** Miami Grand Prix.
2.30 PM **Ted's Notebook**
3.00 **LIVE F1 Academy** The Miami Grand Prix race two at Miami International Autodrome, Florida.
4.00 **F1 Features**
4.30 **LIVE Indy NXT** The Grand Prix of Alabama at Barber Motorsports Park. Start-time **4.30pm**.
5.30 **Ted's Notebook**
6.00 **F1 Features**
6.30 **F1 Academy** A race review.
7.00 **Ted's Notebook**
7.30 **LIVE Formula 1** The Miami Grand Prix at Miami International Autodrome. Start-time **9.00pm**.
12.00 M'T **Ted's Notebook**
12.30 AM **Formula 1** Miami Grand Prix.
1.30 **Ted's Notebook**
2.00 **F1 Academy Highlights**
3.00 **Karun Meets Kimi Antonelli**
3.15 **Formula 1** Recent highlights.
4.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Holiday Monday

5 May Planner

Monday

Factual

VE Day 80: The Nation Pays Tribute

BBC1, 10.30am

Live coverage of the military procession and spectacular flypast over London.

Reality

Narrow Escapes

C4, 4pm

Following some of the people who have made their homes on Britain's canal network. Continues all week.

Entertainment

Silence Is Golden

U&Dave, 9pm (box set, U)

Dermot O'Leary hosts this game show in which a studio audience attempts to stay silent and win a share of £250,000.

OnDemand

Acorntv

Harry Wild

Available today

Jane Seymour is back as the professor-turned-PI for a fourth season of the Irish-set murder mystery drama.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 6.30 The One...	7.30 EastEnders †	8.00 Film: Darkest Hour				10.00 News	10.30 Have I Got... †
	102 BBC2	7.00 Snooker: World Championship – Live: The fourth and concluding session of the final						10.00 Inside No. 9	10.30 Film: Raging...
	103 ITV1	‹ 6.30 The Chase...	7.30 Emmerdale	8.00 Coronation Street		9.00 Malpractice		10.00 News	10.20 The 1% Club
	104 CHANNEL 4	7.00 Food Unwrapped's Nordic Adventure		8.00 Secrets of Supermarket Buyers		9.00 999: The Critical List		10.00 24 Hours in Police Custody...	
	105 5	7.00 Police Interceptors		8.00 Motorway Cops: Catching Britain's...		9.00 Wandsworth Prison: Out of Control		10.00 The Plot to Kill Holly Willoughby	
	106 SKY SHOWCASE	‹ 6.15 Film: Dr Seuss' The Lorax		8.00 Film: The Beatles: Eight Days a Week – The Touring Years				10.00 Rob Beckett: Wallop	
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Dragons' Den US – Shark Tank		9.00 Stranger in My Family		10.00 Glow Up: Britain's Next Make-Up Star	
	116 BBC4	7.00 Wainwright: The Man Who Loved the...		8.00 David Attenborough: A Life on Air		9.00 Attenborough and the Giant Dinosaur		10.00 Jonathan...	10.30 After the...
	118 ITV2	7.00 Deal or No Deal		8.00 Wheel of Fortune		9.00 Film: The Dark Knight Rises			
	136 MORE4	‹ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 Warplane Workshop		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Married at First Sight Australia		9.00 The Honesty Box		10.00 Married at First Sight...	10.40 Made...
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 Blue Bloods		10.00 Law & Order: Organized Crime	
	108 SKY ATLANTIC	‹ 6.20 House of the Dragon				9.00 The Last of Us		10.05 The Penguin	
	110 U&GOLD	7.00 Dad's Army	7.40 Only Fools and Horses			9.00 The Fast Show	9.35 Bottom		10.15 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Silence is Golden		10.00 QI XL	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Scott & Bailey	
	120 ITV4	7.00 Formula E Highlights		8.00 Beat the Chasers – Celebrity Special		9.00 Film: Mission: Impossible			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans Live from the West End			10.30 Al Murray...
	139 SKY SCI-FI		7.10 Film: The Lost Future			9.00 Film: Treasure Guards			
	113 SKY MAX	7.00 Joe Lycett's United States of...		8.00 Film: Stargate					10.15 Film: Game of Death II
	109 U&ALIBI	‹ 6.20 Death in Paradise				9.00 Shakespeare & Hathaway: Private Investigators			
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: Live in Brazil				10.00 Pavarotti: The Duets – The Best of...	
	132 U&W	7.00 Pete Wicks: For Dogs' Sake		8.00 Inside the Ambulance: Coast and...		9.00 Killer Women with Piers Morgan			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Hoffman Family Gold		9.00 Alaska: Homestead Rescue			
	162 ANIMAL PLANET	7.00 Animal Cops Phoenix		8.00 Killer Whales		9.00 Swimming with Monsters		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Hitler's Death Army: Das Reich		8.00 Liberation: D-Day to Berlin				10.00 To Catch a Smuggler: Tropical...	
	123 SKY HISTORY	7.00 WWII Battles in Colour		8.00 World War Weird		9.00 Commando Missions		10.00 Hell on Earth: WWII	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Caribbean with Simon Reeve		9.00 Bangers & Cash		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 I Am Heath Ledger				9.00 I Am Luke Perry			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.10 A Mistake		8.00 Cleaner			9.45 The Damned		
	302 FAVOURITES	‹ 5.50 Ghost		8.00 The Fall Guy				10.10 Mamma Mia!	
	303 HITS	‹ 5.05 Mission: Impossible – Dead...		8.00 We're the Millers				10.00 Talladega Nights: The Ballad of Ricky...	
	304 GREATS	‹ 6.15 Dad's Army		8.00 Airplane!			9.30 Airplane II – The Sequel		
	305 ANIMATION	‹ 5.40 Hotel...	7.25 The Prince of Egypt			9.10 Boonie Bears: Guardian Code			
	306 FAMILY	‹ 6.25 Cats & Dogs		8.00 Muppets from Space			9.35 The Adventures of Sharkboy and Lavagirl in 3-D		
	307 HEROES	‹ 6.15 Charlie's Angels		8.00 Charlie's Angels: Full Throttle				10.00 Cleaner	
	308 COMEDY	‹ 6.05 You, Me and Dupree		8.00 Horrible Bosses			9.40 Blades of Glory		
	309 THRILLER	‹ 5.40 Vertigo		8.00 Ocean's Eight				9.55 Ocean's Eleven	
	310 DRAMA	‹ 6.15 The Last Rifleman		8.10 Dunkirk				10.05 Speak Like a Child	
	311 SCI-FI	‹ 6.20 The First Purge		8.00 A Quiet Place: Day One			9.45 The Woman in Black		
	313 FILM4	‹ 6.55 Central Intelligence				9.00 Uncharted			
SPORT	401 MAIN EVENT	‹ 6.30 MNF – Live: Crystal Palace v Nottingham Forest (Kick-off 8.00)							
	402 PREMIER LEAGUE	‹ 6.30 MNF – Live: Crystal Palace v Nottingham Forest (Kick-off 8.00)							
	403 FOOTBALL	‹ 6.30 Baller League – Live: Coverage from the seventh round of the UK-based version of the six-a-side football league							
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL			
	410 TNT SPORTS 1	‹ 6.30 Snooker World Championship – Live: Coverage from the fourth session of the final of the tournament						10.00 Fight Week	10.30 NBA on Fire
	411 TNT SPORTS 2	7.00 Longines Global Champions Tour		8.00 HSBC SVNS Highlights		9.00 Fishing: On the Bank		10.00 British Superbikes	

‹ Denotes programmes starting before 7.00pm † Regions vary

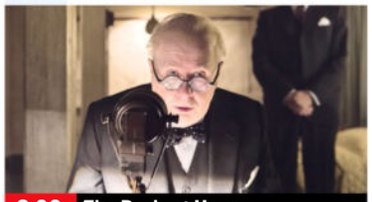
HOLIDAY MONDAY

Monday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.25 **The Boy, the Mole, the Fox and the Horse** Animated adaptation of Charlie Mackesy's book. (S)(R)(AD)
10.00 **Animal Park** (S)(R)(AD)
10.30 **VE Day 80: The Nation Pays Tribute** The first day of the VE Day 80 celebrations begins with a military procession and flypast to honour World War Two generation. *See feature, page 8.* (S)
2.00 PM **BBC News** (S)
2.20 **Local News** (S)
2.30 **Planet Earth III** 6/8. Wildlife that lives in the world's most extreme conditions. (S)(R)(AD)
3.30 **Escape to the Country** A newlywed couple look for their first home in Cumbria. (S)(R)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)


8.00 The Darkest Hour

6 PM
6.00 **BBC News** (S)
6.20 **Local News** (S)
6.30 **The One Show: VE Day 80 Special** Alex Jones and Roman Kemp host a special edition to celebrate the 80th anniversary of VE Day. Plus, Sophie Raworth shares details of the week's events. (S)

7 PM
7.30 **EastEnders** Lauren is concerned when the midwife discusses potential complications. (S)(AD)

8 PM
8.00 **FILM Darkest Hour** Wartime drama starring Gary Oldman, Lily James and Kristin Scott Thomas. British Prime Minister Winston Churchill seeks to rally the nation against Germany's advance across Western Europe. (S)(AD) (2017, PG, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

9 PM

10 PM
10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **Have I Got a Bit More News for You** Sue Perkins hosts the satirical quiz, with guest panellists Tom Peck and Michelle Wolf. (S)(R)
11.15 **Just Act Normal** 5/6. Tiana enjoys a night out but things begin to fall apart at home. (S)(R)(AD)
12.00 M'T 6/6. Tiana, Tionne and Dr Feelgood rally together when Tanika goes missing. (S1) (S)(R)(AD)
12.40 AM **Blankety Blank** With Rob Beckett, Jordan Banjo, Emma Barton, Joe Swash, Joanne McNally and Su Pollard. (S)(R)
1.15 **Weather for the Week Ahead** (S)
1.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.00 AM **The Bidding Room** (S)(R)
6.45 **Sign Zone: The Repair Shop** (R)
7.45 **Match of the Day 2** (S)(R)
9.00 **BBC News** (S)
10.30 **The Farmers' Country Showdown** Two farmers compete in a sheepdog trial. (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** From the Oswestry Showground. (S)(R)
1.00 **LIVE Snooker: World Championship** Hazel Irvine presents coverage of the third session of the final from the Crucible Theatre in Sheffield. (S)
4.00 **The Crucible: 40 Golden Snooker Years** Steve Davis celebrates 40 years of the World Snooker Championship. (S)(R)
5.00 **Flog It!** A collection of interesting finds from across the country. (S)(R)

6.30 Anna Haugh's Big Irish Food Tour

6 PM
6.00 **Richard Osman's House of Games** With Rosie Jones. (S)(R)
6.30 **NEW SERIES Anna Haugh's Big Irish Food Tour** 1/15. A visit to Cork City. (S)
■ Entire series on BBC iPlayer

7 PM
7.00 **LIVE Snooker: World Championship** Coverage of the fourth and concluding session of the final on day 17 from the Crucible Theatre in Sheffield, where the first player to reach 18 frames will be crowned champion. With commentary and analysis from Steve Davis, Ken Doherty, Stephen Hendry, Shaun Murphy, John Parrott, Dennis Taylor and John Virgo. (S)

8 PM

9 PM

10 PM
10.00 **Inside No. 9** *The Referee's a W***er:* 1/6. Four officials get ready to oversee a vital football match. Stars David Morrissey. (S5) (S)(R)(AD)
10.30 **FILM Raging Bull** Martin Scorsese's powerful biopic of American boxer Jake LaMotta starring Oscar-winning Robert De Niro. (S) (1980, 15, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.35 AM **Sign Zone: Countryfile** Margherita Taylor and Joe Crowley visit the Forest of Bowland. (S)(R)
1.30 **Sign Zone: Race Across the World** 2/9. The teams head to the second checkpoint. (S)(R)(AD)
2.30 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.45 **ITV News** (S)
1.50 **Local News** (S)
2.00 **Alan Titchmarsh's Gardening Club** New edition Alan and the team visit the world-famous Hampton Court Gardens, while Henry Agg provides a masterclass on utilising focal points in outdoor spaces. (S)
3.00 **Jeopardy!** Quiz show hosted by Stephen Fry. (S)(R)
4.00 **Deal or No Deal Celebrity Special** With *Coronation Street* star Simon Gregson. (S)(R)(AD)
5.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)

9.00 Malpractice

6 PM
6.00 **Local News** (S)
6.10 **ITV News** (S)
6.30 **The Chase Celebrity Special** Bradley Walsh hosts as Catherine Tyldesley, Levi Roots, Chris McCausland and Rick Wakeman take on one of the Chasers in a bid to secure a charity prize. (S)(R)(AD)
7.30 **Emmerdale** Clemmie makes a discovery, Ross feels devastated, while Moira attempts to make Cain see sense. (S)(AD)

8 PM
8.00 **Coronation Street** Julie and Eileen go for a day out, Billy witnesses Theo in despair, Dee-Dee admits to forming a bond with Laila, and Rita orders Jenny to stop wallowing in self-pity. (S)(AD)

9 PM
9.00 **Malpractice** New episode 2/5. Pressure mounts on Dr Ford as he clashes with colleagues, and the MIU investigation takes an unexpected turn. (S2) (S)(AD)
■ Continues tomorrow

10 PM
10.00 **ITV News** (S)
10.20 **The 1% Club** Quiz show hosted by Lee Mack in which 100 contestants have a chance of winning up to £100,000. (S)(R)(AD)
11.10 **The Essex Millionaire Murders** 1/2. A look at the investigation into the 2023 murders of Carol and Stephen Baxter. (S)(R)(AD)
12.05 AM 2/2. Police seize a huge stash of prescription drugs from Luke D'Wit's home. (S)(R)(AD)
12.55 **Teleshopping**
3.00 **Bali 2002** (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Wheel of Fortune** (R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.30 AM **Cheers** (S1&2) (S)(R)
8.15 **Frasier** 15-17/24. (S6) (S)(R)(AD)
9.45 **F1: Miami Grand Prix Highlights** Action from the sixth round. (S)(R)
11.15 **Undercover Boss USA** (S)(R)
12.10 PM **Help! We Bought a Village** A Scottish lawyer of Italian origin falls in love with the village his forefathers left behind. (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **NEW SERIES Narrow Escapes** Following a retired couple who swapped life working on the London Underground for cruising on their boat *Rosé and Gin*. (S)(AD)
5.00 **Chateau DIY** New edition Janet and Phillip are approaching the end of rebuilding their two-bedroom tower suite. (S)(AD)

8.00 Secrets of Supermarket Buyers

6 PM
6.00 **A Place in the Sun** Craig Rowe helps a couple to find a property near Estepona on Spain's Costa del Sol. (S)(R)
6.30 **News** (S)

7 PM
7.00 **Food Unwrapped's Nordic Adventure** Jimmy Doherty and Briony May Williams embark on an epic journey through the Nordic region. (S)(R)(AD)

8 PM
8.00 **Secrets of Supermarket Buyers** New edition Denise van Outen discovers amazing truths behind the scenes at Tesco, including meal deals and Clubcard prices. (S)(AD)

9 PM
9.00 **999: The Critical List** New edition A smoker has been bumped to the top of the waiting list with his leg at risk of turning septic, and a care worker is confronted with a life-altering diagnosis. (S)(AD)

10 PM
10.00 **24 Hours in Police Custody: The Murder of Rikki Neave** 1&2/2. Two-part special exploring the largest ever unsolved murder case in the history of Cambridgeshire Police – the murder of a six-year-old child in 1994. (S)(R)(AD)
12.05 AM **Gypsy Rose: Life After Lock Up** 8/8. Gypsy settles into her life with Rod and Kristy. (S)(AD)
12.55 **Groomed: A National Scandal** (R)
2.15 **Ramsay's Kitchen Nightmares USA** From Colorado. (S)(SL)(R)
3.05 **Jamie's One-Pan Wonders** (S)(R)
3.30 **Kirstie's Fill Your House for Free**
3.45 **Hollyoaks Omnibus** (S)(SL)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5 May Holiday Monday

Monday primetime

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** Discussion show hosted by Vanessa Feltz. (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **A Rose for Her Grave** Drama starring Chrishell Stause and Colin Egglesfield. After the death of her friend, a woman starts to uncover disturbing evidence about the late woman's husband. (S)(AD) (2023, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** In Fuengirola, Andy and Matt prepare a fundraiser at their new bar. (S)(R)(AD)
5.00 **News** (S)

9.00 Wandsworth Prison

6.00 **GPs: Behind Closed Doors** In Birmingham, a man who has been experiencing allergic reactions isn't sure what's triggering them. (S)(R)
6.55 **News** (S)

7.00 **Police Interceptors** There is a high-stakes pursuit when a motorist's erratic behaviour signals imminent disaster. (S)(R)
7.55 **News** (S)

8.00 **Motorway Cops: Catching Britain's Speeders** New edition PCs Jamie Leslie and Jan Simsela pull over a truck driver who happily admits he has been drinking while driving. (S)(AD)

9.00 NEW **Wandsworth Prison: Out of Control** Documentary investigating one of Britain's most troubled jails, where inexperienced staff are struggling to cope. (S)

10.00 **The Plot to Kill Holly Willoughby** A look at the story of how Gavin Plumb plotted to kidnap, rape and kill the TV presenter after spending nearly a decade developing a twisted fixation on her. (S)(R)

11.25 **Friends** (S)(R)(AD)
11.55 **Police Interceptors** (S)(R)(AD)
1.00 AM **PlayOJO Live Casino Show**
3.00 **Friends** (S3) (S)(R)(AD)
3.50 **Secrets of the Imperial War Museum** A new exhibition about the Holocaust. (S)(R)
4.40 **Me & My 10 Kids** (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Monkey Life** (S)(R)(AD)
6.30 **David Attenborough's First Life** 1&2/2. Documentary. (S)(R)
9.00 **F1: Miami Grand Prix Highlights** Action from the sixth round of the season at Miami International Autodrome. (R)
10.00 **The Simpsons** (S)(R)
11.00 **VE Day 80th Anniversary** Sarah-Jane Mee presents from Buckingham Palace as celebrations take place for the 80th anniversary of VE Day.
3.00 PM **Football's Funniest Moments** Comical incidents from the football world. (S)(R)
3.30 LIVE **Football: WSL** Brighton & Hove Albion v Arsenal: The Women's Super League encounter from Broadfield Stadium. Kick-off is at 4.00.

8.00 The Beatles: Eight Days...

6.15 FILM **Dr Seuss' The Lorax** Animated comedy adventure based on the children's book by Dr Seuss, featuring the voices of Danny DeVito, Ed Helms, Zac Efron and Taylor Swift. A plucky young boy sets out from a plastic city on a quest to find a real tree. (S) (2012, U, 86min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8.00 FILM **The Beatles: Eight Days a Week – The Touring Years** Director Ron Howard's documentary charting the brief but successful period The Beatles spent on the road. Contributors include Paul McCartney, Elvis Costello, Richard Curtis and Whoopi Goldberg. (S)(AD) (2016, 12, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.00 **Rob Beckett: Wallop** The comedian's first stand-up special, recorded at the Cliffs Pavilion in Southend-on-Sea. (S)(R)

11.15 **Joe Lycett's United States of Birmingham** 2/4. Joe visits Ohio, the state with the most Birminghams. (S)(R)(AD)
12.15 AM **Last Week Tonight with John Oliver** Talk show. (R)
1.00 **Veep** 7/7. (S7) (S)(R)(AD)
1.50 **The Force: Manchester** (S)(R)
2.45 **Brit Cops: Rapid Response** (R)
3.40 **Road Wars** Double bill. (S)(R)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-8.00pm Scotland's Home of the Year New edition (S)(AD) **10.30** EastEnders (S)(AD) **11.00** Have I Got a Bit More News for You (S)(R) **11.45** Sportscene: SWPL Highlights (S)(R) **12.15am** Scotcast (S)(R) **12.45** Just Act Normal (S)(R)(AD) **2.10** Weather for the Week Ahead (S) **2.15-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.30pm In the Footsteps of Blair Mayne (S)(R) **11.30** Have I Got a Bit More News for You (S)(R) **12.15am** Just Act Normal (S)(R)(AD) **1.40-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
8.00pm The Bidding Room (S)(R) **8.30** The Travelling Auctioneers (S)(R) **9.00-10.00** Saving Lives in Cardiff New edition (S) **10.30** FILM Darkest Hour (S)(AD) (2017, PG, 115min) ★★★ **12.25am** Just Act Normal (S)(R)(AD) **1.50-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Sgwrs Dan y Lloer **12.30pm** Heno **1.00** Ty am Ddim **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Iaith ar Daith **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cartrefi Cymru **6.30** Rownd a Rownd (AD) **7.00** Heno New edition **7.45** Newyddion a'r Tywydd **8.00** Colleen Ramsey: Bywyd a Bwyd **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Cefn Gwlad New edition (AD) **9.58** Y Tywydd **10.00** Gwesty Aduniad **11.00-11.35pm** Y Sin (AD)

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Jeremy Clarkson takes the Jaguar F-Type for a spin on some of Britain's finest roads.
8.00 **Dragons' Den US: Shark Tank** New edition 19/24. A vegan take on a beloved drink is promoted.
8.45 **Glen Powell: The Story So Far** The actor talks about his career.
9.00 **Stranger in My Family** One-off documentary following a man's search for his biological father in Portugal, enlisting the help of genealogists, family friends and distant relations he finds online.
10.00 **Glow Up: Britain's Next Make-Up Star** 1/8. Ten make-up artists create looks for fashion house HARRI.
11.00 **Cuckoo** 1&2/7. (S3)
11.55 **Top Gear** As 7.00pm.
12.55 AM **Just Act Normal** (S1)
2.15 **Hunting the Rolex Rippers** The search for the watch-stealing gang.
2.45 **Lazy Susan**
3.00 **to 4.00** AM **Cuckoo**

MORE4

136/137 127 147 18 124 15

8.55 AM **Kirstie's Handmade Treasures** From Devon.
9.15 **Heir Hunters**
10.05 FILM **Little Women** Screen version of Louisa May Alcott's classic tale, starring Winona Ryder, Susan Sarandon, Gabriel Byrne and Christian Bale. (1994, U, 114min) ★★★
12.30 PM **A Place in the Sun**
2.35 **Come Dine with Me** Five editions from Lichfield.
5.15 **Four in a Bed** Four editions of the B&B challenge.
7.25 **Four in a Bed** The winning guest house is announced.
7.55 **Kirstie and Phil's Love It or List It** The presenters help Joanne and Nick decide whether to renovate their three-bedroom chalet bungalow in Lancashire or move somewhere new.
9.00 **Warplane Workshop** New edition 4/6. The story of a group of Scottish pensioners who spent 25 years building a replica World War One biplane.
10.00 **24 Hours in A&E** A carpenter is rushed in after partially severing his hand with a power saw.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line** Documentary.
1.15 **Warplane Workshop**
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Wainwright: The Man Who Loved the Lakes** Profile of Alfred Wainwright.
8.00 **David Attenborough: A Life on Air** The broadcaster discusses his years at the BBC.
9.00 **Attenborough and the Giant Dinosaur** Nature documentary.
10.00 NEW **Jonathan Dimbleby: My Father and Belsen** Jonathan Dimbleby reflects on his father Richard's trips, in 1959 and 1965, to the Belsen concentration camp.
10.15 **Richard Dimbleby at Belsen** Richard Dimbleby returns to Bergen-Belsen.
10.30 **After the Battle: Germany – Richard Dimbleby Reports**
11.00 **Belsen: What They Found**
11.40 **Quentin Blake: The Drawing of My Life**
12.40 AM **Wainwright: The Man Who Loved the Lakes**
1.40 **David Attenborough: A Life on Air** As 8.00pm.
2.40 **to 3.40** AM **Attenborough and the Giant Dinosaur**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **Hollyoaks** Misbah awaits updates on Donny's condition.
7.30 **The Simpsons** *Beware My Cheating Bart:* Bart falls for the wrong girl.
8.00 **Married at First Sight Australia** New edition Part one of two. The final couples face a monumental decision.
9.00 **The Honesty Box** New edition 4/9. The Honesty Box causes chaos.
10.00 **Married at First Sight Australia** New edition Part two of two. The Final Vows.
10.40 **Made in Chelsea** New edition The gang leave Chelsea behind for Dorset.
11.40 **Gogglebox**
12.50 AM **Married at First...**
2.20 **The Honesty Box**
3.15 **Made in Chelsea**
4.10 **The Simpsons**
4.35 **The Goldbergs**
5.25 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

HOLIDAY MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Customs UK**
10.00 **Bondi Rescue**
11.00 **Caught Red Handed** Four editions of the documentary.
2.00 PM **Caught on Dashcam** Triple bill featuring road disasters captured on video by drivers' dashboard cameras.
5.00 **Nothing to Declare** Four editions of the documentary series following the work of customs officers in Australia.

10.00 Law & Order: Organized...

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 Nothing to Declare Double bill of the series accessing the world of national security at Australia's biggest airports.

9 PM

9.00 Blue Bloods *Hidden Motive:* 17/20. Danny and Baez investigate the murder of a wealthy college student. (S12)

10 PM

10.00 Law & Order: Organized Crime *Missing Persons:* 5/13. A rescued victim from Stabler's past goes missing. (S4)
11.00 **The Rookie** 22/22. (S5)
12.00 M'T **FBI** 4/19. (S2)
1.00 AM **FBI: Most Wanted** (S4)
2.00 **Matlock** New episode *I Was That, Too:* 17/19. (S1)
3.00 **The Good Doctor** 6/20. (S4)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **UK Border Force**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Dune: Prophecy** (S1)
11.00 **House of the Dragon** Seven episodes, including at: **1.25** PM 3/8. Daemon arrives at Harrenhal to raise an army. **2.45** 4/8. Rhaenys tries to keep the peace on the Black Council as Cole mounts a campaign into the Crownlands. **3.50** 5/8. Daemon enlists the help of Lord Willem Blackwood. **5.00** 6/8. With few options left, Rhaenyra summons a trusted knight for a risky venture. **6.20** 7/8. Daemon puts pressure on Oscar Tully. (S2)

9.00 The Last of Us

7.40 House of the Dragon *The Queen Who Ever Was:* 8/8. As Aemond becomes more volatile, Larys plots an escape and Rhaenyra looks to press home her advantage. (S2)

9.00 The Last of Us New episode 4/7. Post-apocalyptic drama starring Pedro Pascal and Bella Ramsey. (S2)

10.05 The Penguin *Cent'anni:* 4/8. Sofia makes plans for a more hopeful future. Cristin Milioti stars. (S1)
11.20 **Homicide: Life on the Street** 2/22. Part two of two. The hostage crisis takes a turn for the worse. (S5)
12.20 AM **The Gilded Age** (S1)
2.25 **The Leftovers** 4/10. (S1)
3.25 **In Treatment** (S2)
4.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Highway Patrol**
10.00 **Rob & Romesh vs F1**
12.00 NOON **Football's Funniest Moments** Comical incidents.
1.40 PM **Poker Face** 6/10. Charlie's job at a theatre is interrupted. **2.40** 7/10. Charlie sees a feud between an race car driver and a hot-headed young upstart. **3.40** 8/10. A special effects artist looks to find closure. **4.45** 9/10. Charlie is stranded at a motel in a blizzard. **5.55** 10/10. Charlie faces her greatest challenge. (S1)

8.00 Stargate

7.00 Joe Lycett's United States of Birmingham 2/4. The comedian visits Ohio – the state with the most Birminghams.

8.00 FILM Stargate Sci-fi adventure starring Kurt Russell and James Spader. An Egyptologist and a US military team pass through a teleportation gate leading to another world. (1994, PG, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 FILM Game of Death II Hong Kong martial arts adventure sequel starring Bruce Lee. Subtitled. (1980, 18, 96min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Hacks** 5/10. (S4)
12.30 AM **Road Wars** Double bill.
2.00 **Joe Lycett's United States of Birmingham** New edition 3/4. Joe's quest continues into the American Midwest.
3.00 **Brit Cops: Rapid Response**
4.00 **Road Wars**
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.55 **Dress to Impress**
11.55 **Dinner Date**
12.55 PM **Deal or No Deal**
1.55 **Wheel of Fortune**
2.55 **FILM Scoob!** Animated comedy with the voices of Will Forte, Mark Wahlberg, Jason Isaacs and Zac Efron. (2020, PG, 93min) ★★★
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With guests Kate Garraway, Pete Wicks and Bradley Wiggins.

8.00 Wheel of Fortune

7.00 Deal or No Deal Stephen Mulhern hosts as Harry takes on the Banker for the chance to win a life-changing prize.

8.00 Wheel of Fortune Graham Norton invites Ati, Adam and Tracey to spin the wheel to win a possible £50,000.

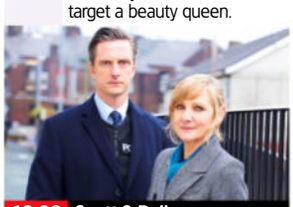
9.00 FILM The Dark Knight Rises Crime action drama sequel starring Christian Bale and Tom Hardy. Batman returns to Gotham City to battle a terrorist. With Anne Hathaway and Marion Cotillard. (2012, 12, 164min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.20 AM **Family Guy** 9/21. Peter claims Chris is dying. (S2)
12.50 **Family Guy** 1/21. (S2)
1.20 **American Dad!** (S6&5)
2.15 **The Stand Up Sketch Show**
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.25 **The Royal** *Skin Deep.*
11.30 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 6/7. Sybil's political interests lead her into danger. (S1)
6.00 **Heartbeat** *Pretty Woman:* Some mysterious attackers target a beauty queen.


10.00 Scott & Bailey

7.00 Heartbeat *Little White Lies:* The police search for a boy who went missing after finding out his mother was having an affair.

8.00 Midsomer Murders *Saints and Sinners:* When the leader of an archaeological dig is found murdered, DCI Barnaby and DS Nelson embark on a complex investigation as they hunt for the perpetrator.

10.00 Scott & Bailey 5/8. Janet interviews serial killer Geoff Hastings, who has vowed to reveal the full extent of his crimes. (S2)
11.00 **Scott & Bailey** 6/8. Rachel meets Sean's son. (S2)
11.55 **Cracker** 6/7. (S1)
12.55 AM **Where the Heart Is**
1.50 **The Royal** *Skin Deep.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: This Farming Life**
3.00 **Sign Zone: Beechgrove Garden**
3.30 **Sign Zone: Landward**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.15 **Sportscene: SWPL Highlights** Action from the latest matches.
7.45 **Beechgrove Repotted**
8.00 **Scotland's Sacred Islands with Ben Fogle** 4/4. Ben discovers spiritual power and faith on the Isle of Skye.
9.00 **Body on the Beach: What Happened to Annie?** Double bill.
10.00 **Designing the Hebrides** Double bill.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Show People: Licensed to Thrill**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Office (US)**
6.10 PM **The Office (US)** 21/25. Dwight finally gets his black belt in karate. **7.00** 22/25. Jim hatches a scheme to derail Dwight's plan. **7.30** 23/25. Andy goes all out to nail his audition. **8.00** 24/25. Dwight and Angela's wedding has a special guest. **8.30** 25/25. Ryan makes a strange grand gesture for Kelly. (S9)
9.00 **Brett Goldstein: The Second Best Night of Your Life** Stand-up show.
10.10 **Rob Beckett: Wallop**
11.20 **Real Time with Bill Maher** New edition
12.30 AM **Last Week Tonight with John Oliver** New edition Talk show.
1.15 **Veep** 7/7. (S7)
2.15 **Last Week Tonight with John Oliver**
3.00 **Silicon Valley** (S5)
4.20 **to 5.00** AM **How to Make It in America**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Arts Uncovered**
6.20 **Matthew Bourne's Edward Scissorhands**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of Architecture**
12.00 NOON **Landscape...**
1.00 PM **Tales of the...**
1.55 **Wuthering Heights**
3.05 **The Art of Architecture**
4.00 **Discovering**
5.00 **Landscape Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: Live in Brazil** From Sao Paulo.
10.00 **Pavarotti: The Duets – The Best of Pavarotti and Friends**
11.35 **Golden Age: Milos at Blenheim Palace**
12.40 AM **Birmingham Opera Company Presents Rhinegold**
3.35 **Anna X**
5.00 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Nothing to Declare**
10.00 **Caught on Dashcam**
11.00 **Border Security: America's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **Caught on Dashcam**
3.00 **Nothing to Declare**
4.00 **Primeval** 2/6. (S5)
5.00 **Stargate SG-1** (S3)
6.00 **Stargate Atlantis** *Quarantine:* 13/20. (S4)
7.00 **Star Trek: Voyager** *Virtuoso:* 13/26. The crew encounter an alien race who have never heard music. (S10)
9.00 **FBI** 13&14/22. (S1)
11.00 **Grimm** 9/22. (S2)
12.00 M'T **Stargate SG-1** (S3)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Be Beautiful**
7.50 **Billie and Greg: The Family Diaries**
8.55 **Abbey Clancy: Celebrity Homes**
9.55 **Buying and Selling**
10.50 **The Real Housewives of Atlanta** Reality series.
11.45 **Billie and Greg...**
12.50 PM **The Only Way Is Essex** Reality series.
1.50 **Fletchers' Family Farm**
6.00 **Fletchers' Family Farm at Christmas**
7.00 **Dermot O'Leary's Taste of Ireland**
8.00 **Dinner Date**
9.00 **The Real Housewives of Cheshire** New edition
10.00 **The Real Housewives of Orange County**
11.00 **My Mum, Your Dad**
12.00 M'T **The Only Way Is Essex** Reality series.
1.00 AM **Backyard Builds**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 17/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 15/19. (S1)
1.00 PM **Hart to Hart** (S1)
2.00 **Father Dowling Mysteries** 22/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 11–14/20. (S9)
9.00 **Randall and Hopkirk (Deceased)** *Money to Burn:* 20/26. (S1)
10.00 **The New Avengers** *The Midas Touch:* 4/13. The agents come up against a man who carries deadly diseases. (S1)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S9)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Dramatic Finishes**
6.05 **The Protectors**
6.40 **The Sweeney**
7.45 **The Saint**
8.45 **Magnum, PI**
9.50 **Kojak**
10.55 **Giant Lobster Hunters**
11.55 **The Saint**
1.00 PM **Magnum, PI**
2.00 **FILM Aces High** War drama starring Malcolm McDowell. (1976, PG, 114min) ★★
4.20 **FILM MacArthur the Rebel General** War biopic. (1977, PG, 130min) ★★★

8.00 Celebrity Beat the Chasers

7.00 **Formula E Highlights** Nicki Shields presents action from the Monaco E-Prix, which took place at Circuit de Monaco.

8.00 **Celebrity Beat the Chasers** With Gregg Wallace, Brenda Edwards, Jake Wood, Dom Joly and Krishnan Guru-Murthy.

9.00 **FILM Mission: Impossible** Brian De Palma's action thriller based on the cult 1960s TV series, starring Tom Cruise. An undercover agent devises a risky plan to expose the traitor who betrayed him and his colleagues. (1996, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

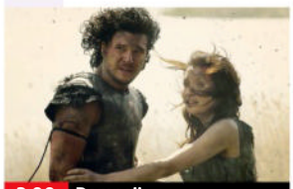
11.15 **FILM Sudden Death** Thriller with Jean-Claude Van Damme. (1995, 18, 110min) ★★★
1.20 AM **Two and a Half Men**
2.10 **The Protectors**
2.40 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM Jurassic Domination** Horror starring Eric Roberts. (2022, PG, 90min) ★★
1.00 PM **FILM Jurassic Attack** Sci-fi action drama with Corin Nemec. (2013, 15, 83min) ★★
3.00 **FILM Pompeii** Disaster drama starring Kit Harington. (2014, 12, 104min) ★★
4.50 **FILM Gods of Egypt** Fantasy adventure with Nikolaj Coster-Waldau and Brenton Thwaites. (2016, 12, 127min) ★★★



3.00 Pompeii

7.10 **FILM The Lost Future** Sci-fi adventure starring Sean Bean and Corey Sevier. In a post-apocalyptic world, humans live in caves and must fight mutant monsters and a devastating virus. (2010, 15, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

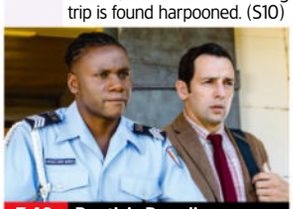
9.00 **FILM Treasure Guards** Adventure starring Anna Friel. An archaeologist finds herself in a tense race to locate an ancient treasure. With Raoul Bova and Volker Bruch. (2011, PG, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Wynonna Earp** 13/13. Willa and Wynonna face off, while Dolls is in a bad way. (S1)
12.00 M'T 1/12. Wynonna may be confirmed as the Earp heir, but the town is still a hot bed of arcane activity. (S2)
1.00 AM **True Blood** 9&10/12. (S3)
3.10 **Twin Peaks: The Return** (S1)
4.10 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown** Four episodes.
1.00 PM **Death in Paradise** 7/8. The owner of a hair salon is killed in strange circumstances.
2.20 8/8. A blind actress is the only witness to her husband's murder. (S9)
3.40 5/9. Part one of two. A concert pianist is shot dead during an apparent burglary.
5.00 6/9. Part two of two. Neville continues to probe a concert pianist's murder.
6.20 7/9. The host of a fishing trip is found harpooned. (S10)



7.40 Death in Paradise

7.40 **Death in Paradise** *I'll Never Let You Go:* 8/9. A man confesses to murdering his boss, despite being unable to remember what happened. (S10)

9.00 **Shakespeare & Hathaway: Private Investigators** 3/10. An undertaker is given only 24 hours to live.

10.00 **Shakespeare & Hathaway: Private Investigators** 4/10. A woman dies in a magic trick gone wrong. (S1)
11.00 **Father Brown** *The Curse of the Aesthetic:* An artist is killed.
12.00 M'T *The Fall of the House of St Gardner:* A gossip columnist is murdered.
1.00 AM **Death in Paradise** (S10)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.20 AM **Highlights**
9.10 **My Hero**
9.50 **Hi-de-Hi!**
10.30 **Porridge**
11.10 **Last of the Summer Wine**
12.30 PM **The Green Green Grass**
1.10 **My Hero**
1.50 **Dad's Army**
2.25 **Porridge**
3.00 **Hi-de-Hi!**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

9.35 Bottom

7.00 **Dad's Army** The platoon take part in an efficiency test to prove their worth.
7.40 **Only Fools and Horses** Rodney joins the residents' committee, a situation Del decides to exploit.
8.20 Rodney tires of being Del's dogsbody and sets up a rival business.

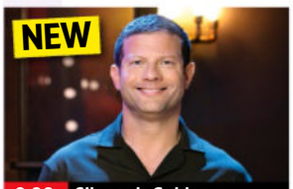
9.00 **The Fast Show** Unlucky Alf manages to find himself a girlfriend.
9.35 **Bottom** The duo hear of a fixed horse race and come up with a plan.
10.15 **Absolutely Fabulous** Patsy hits the headlines.
10.55 **Not Going Out** Lucy announces her pregnancy.
11.35 **Porridge**
12.15 AM **The Fast Show** As 9pm.
12.55 **Bottom** As 9.35pm.
1.35 **Absolutely Fabulous**
2.25 **Not Going Out** As 10.55pm.
2.55 **Miranda**
3.25 **to 4.00** AM **Only Fools and Horses**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Storage Hunters UK**
7.40 **Special Ops: Crime Squad UK**
8.40 **Top Gear: Bolivia Special**
10.20 **Top Gear: Nepal Special**
12.00 NOON **Gavin & Stacey** A chance to see series two of the comedy, including at:
4.35 PM The couple make a surprise announcement.
6.00 **Rick Stein's Cornwall** Rick champions the food, history and culture of the county.
6.30 Rick makes heritage cider and meets a sea shanty group with a difference.



9.00 Silence is Golden

7.00 **Would I Lie to You?** With Lucy Beaumont, Anton Du Beke, Desiree Burch and Ralf Little.
7.40 **Richard Osman's House of Games** With Charlie Baker and Val McDermid.
8.20 With Dev Griffin, Debbie McGee, Alex Horne and June Sarpong.

9.00 **NEW SERIES Silence is Golden** Big-money game show hosted by Dermot O'Leary.
■ Entire series on U

10.00 **QI XL** Professor Brian Cox, Sue Perkins and Ross Noble join regular panellist Alan Davies and host Stephen Fry.
11.00 **8 Out of 10 Cats** With guests Jack Dee, Gemma Cairney, Jamie Laing and Rob Beckett.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.50 **Gavin & Stacey**
3.05 **to 4.00** AM **Would I Lie to You?**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** Five editions.
2.30 PM **A Place in the Sun**
3.00 **A New Life in the Sun: Where Are They Now?**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** From London.
7.00 **Stacey Solomon's Renovation Rescue**
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With Oti Mabuse, Gabby Logan and David O'Doherty.
9.00 **Gogglebox** Double bill.
11.05 **Taskmaster**
12.05 AM **FILM I'm Your Man** Comedy drama starring Maren Eggert and Dan Stevens. (2021, 15, 105min) ★★★★
2.15 **24 Hours in Police Custody: The Murder of Rikki Neave**
4.15 **to 4.45** AM **Britain's Most Expensive Houses**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S2)
11.00 **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Head of the Snake:* 5/16. Gibbs and Fornell strive to find the head of the drug ring.
7.00 *1mm:* 6/16. Bishop and Torres engage in a shootout in a former sheriff's residence.
8.00 *The First Day:* 7/16. The officers investigate the murder of a US Navy officer. (S18)
9.00 **NCIS: Hawaii** New episode *Changing Tides:* 6/22. A Marine Corporal dies in a tide pool after being exposed to fentanyl. (S2)
10.00 **Law & Order: Special Victims Unit** (S21 &20)
1.50 AM **Person of Interest**
2.45 **The Good Wife** (S4)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **GPs: Behind Closed Doors** Medical series.
9.00 **Rich Kids Go Skint**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Dogs Behaving (Very) Badly**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Ambulance: Code Red**
10.00 **A&E After Dark**
11.00 **Skin A&E**
12.00 M'T **NEW SERIES Absentia** 1/10. Drama with Stana Katic. An FBI agent returns after being presumed dead.
1.00 AM New episode 2/10. Emily's alleged serial killer is released from prison. (S1)
2.00 **to 4.00** AM **The Block** New editions

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell: Rollover Specials**
10.00 **Traffic Cops**
11.00 **Police Interceptors**
12.00 NOON **FILM Ride a Crooked Trail** Western. (1959, U, 87min) ★★
1.50 PM **FILM Angel and the Badman** Western. (1947, b/w, U, 100min) ★★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
8.00 **Police Interceptors** A 20-strong team raid two houses linked to a suspected drug dealer.
9.00 **Warship: Life at Sea**
10.00 **Coastguard: Search & Rescue SOS**
11.00 **Yellowstone** 1/10. (S2)
12.00 M'T **Outback Truckers**
2.00 AM **New York Undercover** (S1)
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Pete Wicks: For Dogs' Sake** Four editions.
8.00 **Inside the Ambulance: Coast and Country** Paramedics rush to treat a woman who was kicked by a horse.
9.00 **Killer Women with Piers Morgan** Piers meets a woman who killed her entire family at the age of 16.
10.00 The broadcaster meets two very different female murderers.
11.00 **Missing Persons Investigation**
1.00 AM **MasterChef USA: United Tastes of America** Culinary show.
1.55 **to 3.00** AM **Emily Atack: Asking for It?**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **At Home with the...**
8.25 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Eldorado**
3.15 **Hetty Wainthropp Investigates**
4.20 **At Home with the Braithwaites**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Inspector Lynley Mysteries** *Playing for the Ashes:* A famous cricketer is murdered.
10.00 **New Tricks**
11.20 **Bergerac**
12.20 AM **Dancing on the Edge: Interviewing Louis**
1.45 **Sister Boniface Mysteries** 3/10. (S3)
2.45 **Birds of a Feather**
3.20 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

HOLIDAY MONDAY Entertainment

Monday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Suffolk.
7.00 **Teleshopping**
8.00 **The Repair Shop**
2.00 PM **Celebrity Antiques Road Trip** Triple bill.
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Charles Hanson and Ochuko Ojiri search for bargains in Yorkshire. **8.00** Charles picks up an item for pennies.
9.00 NEW SERIES **The Derbyshire Auction House** Irita Marriott and her team hope to uncover hidden gems.
10.00 **The Derbyshire Auction House**
11.00 **The Yorkshire Auction House** A collection of vintage telephones.
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Who Wants to Be a Millionaire?** Quiz show.
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room** Items include a vase and a piece of religious art.
7.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Tenable** Charity volunteers from London take part in the quiz.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **Wild West...**
8.40 FILM **Texas** Western. (1941, b/w, PG) ★★★
10.40 FILM **Jesse James** Western drama. (1939, U, 106min) ★★★
1.00 PM FILM **Johnny Guitar** Western. (1953, PG, 110min) ★★★★
3.25 FILM **The Westerner** Western. (1940, b/w, U, 100min) ★★★★
5.40 FILM **The Comancheros** Western adventure. (1961, PG, 102min) ★★★
8.00 FILM **High Noon** Vintage Western. (1952, b/w, U, 85min) ★★★★★
9.55 FILM **The Texican** Western with Grace Kelly. (1966, PG, 91min) ★★
11.50 FILM **Seraphim Falls** Western drama. (2006, 15, 111min) ★★★★
2.15 AM FILM **Absolute Zero** Thriller. (2005, 12) ★
4.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.10 AM **Saving Lives at Sea**
10.10 FILM **Summer House** Supernatural thriller. (2008, PG, 90min) ★★
12.05 PM FILM **Cast Away** Survival drama. (2000, 12, 143min) ★★★★
3.00 FILM **Exodus: Gods and Kings** Biblical drama. (2014, 12, 147min) ★★★
6.05 FILM **War for the Planet of the Apes** Adventure sequel. (2017, 12, 140min) ★★★★
9.00 FILM **A Quiet Place** Horror thriller. (2018, 15, 90min) ★★★★
11.05 FILM **The Road** Apocalyptic drama with Viggo Mortensen. (2009, 15, 111min) ★★★★
1.30 AM FILM **Playing It Cool** Romantic comedy. (2014, 15, 91min) ★★
3.30 **Air Rescue**
4.00 **to 6.00** AM FILM **Lethal Beauty** Thriller. (2018, 12, 90min) ★★

+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM FILM **Secret Millionaire** Comedy. (2018, PG, 84min) ★★
10.05 FILM **October Kiss** Drama. (2015, PG) ★★
12.00 NOON FILM **Autumn in the City** Romance. (2022, U, 84min) ★★
1.55 PM FILM **Rome in Love** Romantic drama. (2019, PG, 90min) ★★
4.00 FILM **Meet Me in New York** Romantic drama. (2022, PG, 90min) ★★
6.00 FILM **Once Upon a Holiday** Romantic drama. (2015, PG, 85min) ★★
8.00 FILM **Pearl in Paradise** Romantic comedy. (2018, 90min) ★★
10.00 FILM **Aloha With Love** Romantic comedy. (2022, PG, 90min) ★★
11.55 FILM **Love's Second Chance** (2020, PG) ★★
1.55 AM **Highway to Heaven**
2.55 **to 5.00** AM FILM **Rome in Love** (2019, PG) ★★

+1 hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
9.00 **Stereo Underground**
10.00 **Surgical Spirit** (S3)
10.30 **Watching** 2/7. (S7)
11.00 **A Fine Romance** (S2)
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **Carry On Laughing**
1.00 **Please Sir!** 3/7. (S1)
1.50 **Roobarb**
2.00 **Bramwell** 2/7. (S1)
3.00 **Shine on Harvey Moon**
4.00 **Stereo Underground**
5.00 **A Fine Romance** (S2)
5.30 **The Monkees** (S1)
6.00 **Watching** 2/7. (S7)
6.30 **Don't Drink the Water**
7.00 **Bramwell** 2/7. (S1)
8.00 **Please Sir!** 3/7. (S1)
8.50 **Roobarb**
9.00 **Carry On Laughing** (S1)
9.30 **The Cuckoo Waltz** (S1)
10.00 **Don't Drink the Water**
10.30 **Game On** (S3)
11.05 **Department S** (S2)
12.05 AM **Heather Ann**
1.05 **Shine on Harvey Moon**
2.05 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The crew of the *Northwestern* struggle to keep up with the pace of Captain Sig. **8.00** A distress call is issued when a crew member suffers a heart attack, leading the coastguard to attempt a dangerous rescue.
9.00 **My Feet Are Killing Me**
11.00 **Aussie Gold Hunters**
12.00 M'T **Speedway Grand Prix** Recent action.
12.30 AM **Wheeler Dealers**
1.00 **Naked and Afraid**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Paul Hollywood: City Bakes** Double bill.
7.00 **The Great British Bake Off** Six editions.
1.00 PM **Nigel Slater's Simple Cooking**
5.00 **Nigel Slater's Dish of the Day** Eight editions of the series, including at: **7.00** Simple cookery ideas including herby artichoke stew. **7.30** Butternut squash soup with crisps, rib ragout and cherry chocolate iced rice. **8.00** Foods to suit various moods, including duck and citrus salad. **8.30** Comfort food, including tumbler trifle.
9.00 **River Cottage Every Day** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 2/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 10/22. (S1)
11.00 FILM **D.O.A. (Dead on Arrival)** Thriller. (1950, b/w, PG, 80min) ★★
12.45 PM FILM **Invasion of the Body Snatchers** Sci-fi chiller. (1956, b/w, PG, 80min) ★★★★★
2.20 FILM **Journey to the Centre of the Earth** Fantasy. (1959, U) ★★★
5.00 **Star Trek** 23/24. (S3)
6.00 **Knight Rider** 11/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 FILM **Machete Kills** Action thriller sequel. (2013, 15, 105min) ★★
11.10 FILM **Hammer of the Gods** Action adventure. (2013, 18, 94min) ★
1.05 AM FILM **Never Let Go** Thriller. (2015, 15) ★★
3.00 **to 4.50** AM FILM **She Never Died** Thriller. (2019, 15, 89min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM FILM **Apocalypse of Ice** As 5.00pm.
8.00 FILM **Shark Season** Disaster thriller. (2020, PG, 87min) ★★
10.00 **Farscape** 15/22. (S4)
11.00 **The Gambler Returns: The Luck of the Draw**
1.00 PM FILM **Beware! The Blob** Sci-fi horror sequel. (1972, 15, 87min) ★★
3.00 **Farscape** 15/22. (S4)
4.00 **The A-Team** 7/14. (S1)
5.00 FILM **Apocalypse of Ice** Sci-fi disaster drama. (2020, PG, 88min) ★★
7.00 **Farscape** 16/22. (S4)
8.00 **The A-Team** 8/14. (S1)
9.00 FILM **Rules of Engagement** Military courtroom thriller. (2000, 15, 128min) ★★
11.30 FILM **Death Race 2000** Sci-fi action thriller. (1975, 15, 90min) ★★★
1.05 **to 3.00** AM FILM **Stake Land II** Horror sequel. (2016, 15, 85min) ★★

+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **Alien Disclosure Files**
11.10 **Curse of Skinwalker...**
12.10 PM **Proof Is Out There**
1.05 **Secrets in the Ice**
2.05 **Storage Hunters**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **Alien Disclosure Files**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** Documentary.
10.00 **Cities of the Underworld**
11.00 **Secrets in the Jungle**
12.00 M'T **Book of Secrets**
1.00 AM **Alien Disclosure Files** Double bill.
2.00 **Weird or What?**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Entertainment News**
9.10 **The Wonderful World of Chocolate**
9.40 **Amazing Railway Journeys with Nick Knowles** In Slovenia.
10.40 FILM **Gone With the Wind** Romance. (1939, PG, 224min) ★★★★★
3.00 PM **Murder, She Wrote**
4.00 **Columbo**
6.00 **World's Most Scenic Railway Journeys**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Susan Calman's Grand Day Out** The comedian visits the Lake District.
10.00 **Jane McDonald: My Yorkshire** Jane visits the station featured in *The Railway Children*.
11.00 **Prisoner: Cell Block H**
1.00 AM **Bargain-Loving Brits in the Sun**
3.00 **Amazing Railway Journeys with Nick...**
3.55 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Derelict Rescue**
1.00 PM **Derelict Rescue**
7.00 **Derelict Rescue** After years of living in London, Rob and Ashley are returning to the countryside.
8.00 **Love Your Garden** Alan Titchmarsh and the team create a suitable outdoor area for a wheelchair user.
9.00 **Unsellable Houses** A retiree calls on Leslie and Lyndsay to help sell her mid-century home.
10.00 **Celebrity IOU** New edition Laurence Fishburne challenges Jonathan and Drew Scott to craft a resort-level backyard retreat.
11.00 **Home Town**
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Cheapskates**
7.30 **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **7 Little Johnstons** **8.00** New edition
9.00 **Welcome to Plathville**
10.00 **I am Shauna Rae**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **I am Shauna Rae**
3.00 **Sex Sent Me to the ER**
4.00 **7 Little Johnstons**
5.00 **to 6.00** AM **Extreme Cheapskates**

+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Most Ridiculous**
9.00 **Mr Bean**
1.00 PM **Friends** (S3)
7.00 **Friends** 21/25. Heartbroken Ross makes a sacrifice for Rachel. **7.30** 22/25. Joey's play gets terrible reviews. **8.00** 23/25. Ross finds a growth on his buttocks. **8.30** 24/25. Guest stars Robin Williams and Billy Crystal. (S3)
9.00 **Lee Evans Live from the West End** From London's Lyric Theatre.
10.30 **Al Murray: My Gaff, My Rules** Stand-up.
11.30 **Whose Line Is It Anyway? USA**
12.30 AM **South Park**
2.00 **Your Face or Mine**
3.00 **CC Live: Stand Up**
3.25 **Rosie Jones Tries to Help** With Ed Gamble.
3.30 **Lost Voice Guy: Cerebral LOLsy**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **New Girl** 8&9/23. (S3)
10.00 **Becker** 1&2/22. (S1)
11.00 **Friends** 14–17/24. (S5)
1.00 PM **Criminally Funny**
2.30 **Mr Bean**
7.00 **Mr Bean** The bungling buffoon meets royalty. **7.30** The bumbling hero visits the swimming pool. **8.00** The bungling buffoon goes shopping. **8.30** A trip to the dentist ends disastrously. **9.00** Mr Bean jets off for the holiday of a lifetime. **9.30** Christmas slapstick starring Rowan Atkinson. **10.00** Mr Bean gives his hotel room a makeover.
10.30 **Friends** (S3)
2.30 AM **The Ren & Stimpy Show** 8/14. (S4)
3.00 **Reno 911!** 9&10/13. (S3)
3.45 **Becker** 1&2/22. (S1)
4.30 **Ahir Shah: Dots**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Bondi Rescue**
12.00 NOON **Freddie Fries Again** Six editions.
6.00 PM **Supergirl** *How Does She Do It?* 5/20. Kara struggles to juggle her two lives. **7.00** *Red Faced:* 6/20. Kara's anger flares during a training exercise with Red Tornado. (S1)
8.00 **Caught on Dashcam** Double bill of editions.
10.00 **The Force: North East** Officers pursue two thieves in a stolen car.
11.00 **The Flight Attendant**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Guz Khan.
2.00 **Last King of the Cross**
3.00 **Duck Quacks Don't Echo** With Roisin Conaty.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **16 and Pregnant**
7.15 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
12.00 NOON **Catfish: Scammed** Reality series.
1.00 PM **Catfish: On the Run**
2.00 **Catfish: Scammed**
3.00 **Catfish: Wannabees**
4.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Teen Mom: The Next Chapter** Reality series.
9.00 **Catfish UK** Esther thinks she has finally found her match in Theo.
10.00 **Skin A&E** Documentary.
11.00 **Aussie Shore**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Nina Agdal are joined by Mike Sorrentino.
12.30 AM **Ridiculousness**
1.00 **Just Tattoo of Us**
2.00 **Ink Master: Revenge**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

5 May Holiday Monday

Monday

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Roadworthy Rescues**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Divers** Vern's access to his ice diver gets cut off. **4.00** The fleet wage one last icy battle with Mother Nature.
5.00 **Deadliest Catch** John risks capsizing with a slack tank.
6.00 **Junkyard Empire** Andy tries to convert a Dodge pick-up into a vintage Power Wagon.

6.00 Junkyard Empire

7.00 **Wheeler Dealers** Mike Brewer discovers a true Japanese legend from the 1990s – the Nissan 300ZX twin turbo.

8.00 **Hoffman Family Gold** When state inspectors make a surprise visit to the mine, the Hoffmans race to save their operation.

9.00 **Alaska: Homestead Rescue** The Raneys tackle the unexplained disappearances of a Virginia homestead's water and food sources.

11.00 **Border Control Sweden** At Arlanda, a man tries to sneak a large amount of cash abroad.
12.00 M'T **Mountain Monsters**
1.00 AM **Alaska: Homestead Rescue** As shown at 9.00pm.
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** As 2.00pm.
9.00 **Animal Cops Phoenix**
10.00 **Dogs 101** Canine facts.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked** An aquarium.
1.00 PM **Animal Cops Phoenix**
2.00 **Tanked** A ship-shaped tank.
3.00 **Animal Cops Phoenix**
4.00 **Dogs 101** The perfect canine companions for active people.
5.00 **Alaska: Homestead Rescue** A homestead is at serious risk from a torrential rainstorm.
6.00 **Tanked** Wayde and Brett make a DJ-booth aquarium.

7.00 Animal Cops Phoenix

7.00 **Animal Cops Phoenix** Investigator Marisa McHugh helps to save the life of a puppy that was left for dead.

8.00 **Killer Whales** Examining killer whales' feeding behaviour, including flipping great white sharks and dolphin hunting.

9.00 **Swimming with Monsters with Steve Backshall** Steve hopes to encounter a great white shark in Mexico.

10.00 **Alaskan Bush People** The Browns face danger in the form of bears scavenging on Chichagof Island.

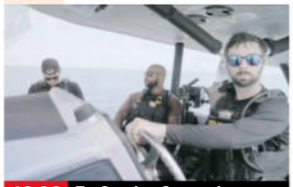
11.00 **Treetop Cat Rescue** Shaun braves wet conditions. **11.30** Tom is called out on a late-night mission.
12.00 M'T **Tanked** An aquarium.
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101** As 4.00pm.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Food Factory USA**
9.00 **Destruction Decoded**
10.00 **Car S.O.S** Triple bill.
1.00 PM **Secrets of Neuschwanstein Castle**
2.00 **Drain the Oceans: Deep Dive** Uncovering sea mines.
3.00 **Hitler's Last Stand**
5.00 **The Battle for Britain: Drain the Oceans** The wrecks of planes and ships from the Battle of Britain.
6.00 **Hitler's Death Army: Das Reich** 1/2. Documentary about elite German soldiers.



10.00 To Catch a Smuggler

7.00 **Hitler's Death Army: Das Reich** 2/2. How elite German soldiers perpetrated massacres on the Eastern Front.

8.00 **Liberation: D-Day to Berlin** New edition In late 1944, Hitler launches a surprise attack into liberated Belgium.

9.00 **Liberation: D-Day to Berlin** Series finale Exploring the final days of World War Two in western Europe.

10.00 **To Catch a Smuggler: Tropical Takedown** New edition HSI foil a port smuggling operation.

11.00 **Air Crash Investigation**
12.00 M'T **To Catch a Smuggler**
1.00 AM **History: The Interesting Bits** A look at revolutions.
2.00 **Food Factory** Ginger beer.
2.30 **Lords of War** Double bill.
3.20 **Food Factory**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Secrets in the Ice**
8.45 **Forged in Fire**
9.35 **Pawn Stars** Five editions.
12.00 NOON **Titanic: A Dead Reckoning** Examining whether the sinking of the *Titanic* was also the scene of a crime.
1.00 PM **How Disney Built America** Four editions.
5.00 **WWII Battles in Colour** Life and death on the battlefield of El Alamein. **6.00** The Battle of Kursk, an engagement between German and Soviet forces.

9.00 Commando Missions

7.00 **WWII Battles in Colour** The Battle of the Bulge, a major German offensive campaign on the Western Front in World War Two.

8.00 **World War Weird** The story of Herman Goering's younger brother Albert, who was opposed to Nazism.

9.00 **Commando Missions** New edition Operation Raincoat, a 1943 mission conducted to break through the Germans.

10.00 **Hell on Earth: WWII** New edition How the attack on Pearl Harbour saw the Japanese armies celebrate their victory.

11.00 **Hell on Earth: WWII** New edition Examining World War Two in its third year, including the Battle of Midway.
12.00 M'T **Kings of Pain** Rob and Adam take on an assassin bug, a Jerusalem cricket and a brown widow spider.
1.00 AM **Greatest Escapes of WWII**
2.00 **How Disney Built America**
4.00 **to 6.00** AM **Pawn Stars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Hunters** As 4.00pm.
11.00 **The World at War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Nazi Hunters** How Martin Bormann was tracked down.
5.00 **The World at War** The Allied offensive in the Pacific.
6.00 **Antiques Roadshow** A special edition dedicated to the history of nursing.

9.00 Bangers & Cash

7.00 **Canal Boat Diaries** Robbie Cumming heads to Stoke-on-Trent. **7.30** A low canal tunnel proves to be problematic.

8.00 **Caribbean with Simon Reeve** Simon visits Barbados, St Vincent, Venezuela and Colombia.

9.00 **Bangers & Cash** A restorer delights buyers with his 1966 Sunbeam Rapier, while Sarah takes a shine to a caravan.

10.00 **Bangers & Cash: Restoring Classics** Derek encourages the team to buy a Francis Barnett Plover at auction.

11.00 **Bangers & Cash** Derek heads to Scotland to pick up a Jaguar E-type and a MGC convertible.
12.00 M'T **Dream Car Fixers** Peter and Sheldon meet Norman, who has dreamt of owning a Volvo 850R since the 1990s.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Ant Anstead: Born Mechanic**
1.00 PM **LIVE British Superbikes** Coverage of the opening round of the season at Oulton Park.
6.00 **Wheeler Dealers**
7.00 **The Repair Shop** Dominic Chinea takes on the restoration of a wooden carousel horse.
8.00 **Shed and Buried** Double bill of editions.
9.00 **Shed and Buried: Classic Cars** New edition Henry and Fuzz find a rare custom IRIS Sporting Trials Car.
10.00 **Find It, Fix It, Drive It**
11.00 **British Superbikes** Highlights of the opening round of the season from Oulton Park.
12.00 M'T **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress: UK** Double bill.
9.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Lancashire**
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Susan Powell: An ID Murder Mystery**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** April Millsap.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **New Scotland Yard Files** Detectives look for links between the death of a father and son.
8.00 **48 Hours** Series finale Dr Eric Scott Sills calls 911 to report finding his wife and business partner unresponsive.
9.00 **NEW SERIES Storm of Suspicion** A shocking tip sends detectives on a search in brutal temperatures.
10.00 **NEW SERIES Donal MacIntyre's UK Killer Evidence** Police investigate the murder of one of their own – PCSO Julia James.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Donal MacIntyre's UK Killer Evidence**
3.00 **48 Hours** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder by the Sea**
11.00 **Medical Detectives**
2.00 PM **Murder by the Sea**
3.00 **To Catch a Killer**
4.00 **Medical Detectives** An 11-year-old girl's body is discovered 10 days after she disappeared. **4.30** A woman about to testify against her attacker is murdered. **5.00** The story of a man who told the police he would kill 12 people in New York. **5.30** An apparently healthy man dies mysteriously in his sleep. **6.00** The investigation into the murder of Kathleen Lipscomb. **6.30** A retired police officer is found murdered in his bed.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Patrol**
6.30 **Highway Cops**
7.00 **Road Wars**
8.00 **Send in the Dogs**
9.00 **The Force: Manchester**
10.00 **Brit Cops: Rapid Response** Documentary.
11.00 **Caught on Dashcam**
12.00 NOON **Death on the Beach** 1-3/3. Triple bill.
3.00 PM **World's Most Evil...**
4.00 **Britain's Most Evil Killers** Geoffrey Evans.
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers** Ben Field.
9.00 **Dating Death**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murdered at First Sight**
3.00 **Ireland's Most Evil Killers** Joe O'Reilly.
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** From Virginia.
8.35 **Ambassadors in Berlin: The Whistleblowers of WWII** The diplomatic whistleblowers who tried to point out the dangers of the Nazi Party in 1933.
9.50 **Hitler's Power**
1.00 PM **WWII in Color: Road to Victory** Five editions of the series.
6.45 **Blitz Spirit with Lucy Worsley** The stories of six people who lived through the Blitz.
8.40 **Hitler's Power** Exploring the events that led to Hitler coming to power in Germany. **9.50** How Hitler changed a republic into a 'Fuhrer state'. **10.55** How Hitler went from emphasising his will for peace to starting a war of extermination.
12.00 M'T **to 2.00** AM **Blitz Spirit with Lucy Worsley**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

HOLIDAY MONDAY

Monday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Eighties**
7.00 **Discovering: Jamie Foxx**
8.00 **The Directors**
9.00 **Natalie Wood: What Remains Behind** A unique insight into the movie star's life, from her daughter's perspective.
11.00 **Val** Documentary.
1.00 PM **Gary** Documentary.
3.00 **I Am Jackie O** A profile of Jackie Kennedy Onassis.
5.00 **I Am Paul Walker** A profile of the *Fast and Furious* star.
6.50 **My Icon: Shaun Gayle**
7.00 **I Am Heath Ledger** Celebrating the life and work of the Australian actor.
8.50 **My Icon: Linford Christie**
9.00 NEW **I Am Luke Perry** Documentary celebrating the life and career of the actor.
10.45 **Mr Dynamite: The Rise of James Brown** The career of the singer, musician and producer.
1.00 AM **15 Minutes of Shame**
2.45 **Atomic Homefront**
4.45 **My Icon: Nasser Hussain**
5.00 **to 6.00** AM **Discovering: Jamie Foxx**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **City Wildlife Rescue**
6.30 **David Attenborough's First Life**
9.00 **Volcanic Odysseys**
11.00 **Planet Weird**
2.00 PM **Macaque Island**
5.00 **David Attenborough's Kingdom of Plants** The wonders of the botanical world. **6.00** David explores how plants change through the seasons. **7.00** A look at how some species have reduced their dependence on water.
8.00 **Woodpeckers: The Hole Story** An intimate look at what makes woodpeckers so special.
9.00 **Nature's Mass Attacks** Double bill of the documentary using high-speed cameras to show brutal co-ordinated attacks by predators.
11.00 **Land of the Far North** A look at the challenges for nature in the Arctic Circle. **12.00** M'T Life in the Arctic Circle during the winter months.
1.00 AM **My Best Friend's an Animal**
4.00 **Shadowlands**
5.00 **to 6.00** AM **In for the Kill**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Ice**
9.00 **The Plane That Led D-Day**
10.00 **Mystery Places**
11.00 **Ancient Aliens**
1.00 PM **Cursed Treasures**
2.00 **WW2 Treasure Hunters**
3.00 **Ancient Superstructures**
4.00 **The Plane That Led D-Day**
5.00 **Mysteries from Above**
6.00 **Mystery Places**
7.00 **Alien Files: Unsealed**
8.00 **Curse of the Ancients** Professor Alice Roberts assesses the Roman Empire.
9.00 **Ross Kemp: Shipwreck Treasure Hunter** The actor dives on the wreck of a steam-age ship in north Devon.
10.00 **Secrets in the Ice** An insect able to survive in South America's Andes Mountain.
11.00 **Lost Cities of the Trojans**
12.00 M'T **Ancient Aliens**
2.00 AM **WW2 Treasure Hunters**
3.00 **Ancient Superstructures**
4.00 **Alien Files: Unsealed**
5.00 **to 6.00** AM **Mysteries from Above**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **When Missing Turns to Murder**
10.00 **Murdered By Morning**
11.00 **An Hour to Kill**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **The Real Murders of Atlanta**
3.00 **When Missing Turns to Murder**
4.00 **Murdered By Morning**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files: DNA Speaks**
7.00 **The First 48 Presents: Critical Minutes** Documentary.
8.00 **Imperfect Murder**
9.00 **999: Killer on the Line**
10.00 NEW SERIES **Interview with a Killer** David Scott interviews convicted murderers.
11.00 **Jo Frost on Britain's Killer Kids**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interview With A Killer**
2.00 **Jo Frost on Britain's Killer Kids**
3.00 **Green Eyed Killers**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **America's National Parks**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Chimp School**
3.00 **Secrets of the Zoo: Tampa Wild Sides**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 NEW SERIES **Built to Survive** Animals that live in Australia's most extreme conditions. **7.30** New edition In the desert heat, Phil Breslin encounters Australia's largest lizard.
8.00 **Wild Australia: Fierce Families, Tough Terrain**
9.00 **Sky Safari: Australia**
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Lawless Island**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Creating the X-Craft**
8.00 **Extreme Engineering**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Doing Da Vinci**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Experts investigate dead stars, known as white dwarfs.
8.00 **Creating the X-Craft** The development of the US Navy's latest warship, the *X-Craft*, going behind the scenes at America's Naval Surface Warfare Centre where the vessel is being designed.
9.00 **Unexplained and Unexplored**
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.25 **Parkinson** Double bill.
2.00 PM **The Onedin Line**
4.00 **Parkinson** With Rod Stewart.
5.20 **Doctor Who** *Spearhead from Space – Part One:* 1/25. The Time Lord faces an evil race. **5.55** *Spearhead from Space – Part Two:* 2/25. The Doctor tries to convince UNIT of the threat. **6.30** *Spearhead from Space – Part Three:* 3/25. Ransome escape from the plastics factory. **7.00** *Spearhead from Space – Part Four:* 4/25. UNIT's investigation is blocked. (S7)
7.35 **The Onedin Line** *The Challenge:* 13/14. James is fearful of Fogarty's expansion. **8.35** *Race for Power:* 14/14. The stakes are high when James and Fogarty race from Foochow to Liverpool. (S2)
9.40 **Parkinson** Double bill.
12.15 AM **Doctor Who**
2.30 **The Onedin Line**
3.20 **Parkinson** Double bill.
5.25 **to 6.00** AM **Doctor Who**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder in the Heartland**
9.00 **Reasonable Doubt**
11.00 **Murder Under the Friday Night Lights** Double bill.
1.00 PM **Murder Chose Me**
3.00 **Never Say Goodbye**
5.00 **Murder Comes to Town** A case in which a loving couple were gunned down and killed. **6.00** The story of Susan Casey.
7.00 **Living a Nightmare** The body of a 27-year-old woman is found in a deserted alley. **8.00** A long-term case in Pulaski, Tennessee.
9.00 **Faking It: Tears of a Crime** The murder conviction against Russell Bishop.
10.00 **The Happy Face Killer: Mind of a Monster** A detective suspects a long-haul trucker may be the so-called Happy Face Killer, one of history's most disturbed serial killers.
12.00 M'T **Dead of Night**
2.00 AM **Murder Comes to Town**
4.00 **to 6.00** AM **Living a Nightmare**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **Massive Engineering Mistakes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Massive Engineering Mistakes**
4.00 **Wheeler Dealers**
5.00 **Richard Hammond's Workshop** Richard's team complete work on a 1950s Alvis.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried** Double bill.
8.00 **Last Chance Garage** The team attempt to give a 2008 Smart Car form and function.
9.00 **Motor Pickers** Double bill.
10.00 **Massive Engineering Mistakes**
11.00 **Shed and Buried**
12.00 M'T **Last Chance Garage**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **World's Top 5**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.05 AM **The Damned** As 9.45pm.
8.45 **Between the Temples**
10.40 **Greedy People** Comedy starring Joseph Gordon-Levitt. (2024, 15, 108min) ★★★★
12.35 PM **Cleaner** As 8.00pm.
2.20 **Omni Loop** As 11.25pm.
4.20 **Transformers One** Animated sci-fi action adventure. (2024, PG, 104min) ★★★★
6.10 **A Mistake** Medical drama starring Elizabeth Banks. (2024, 15, 101min) ★★★

8.00 Cleaner

8.00 Cleaner Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. With Clive Owen and Matthew Tuck. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 The Damned Horror mystery starring Odessa Young. A 19th-century widow must make an unimaginable choice when, during a cruel winter, a foreign ship sinks off the coast of her fishing village. With Joe Cole. (2024, 15, 89min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Omni Loop** Sci-fi drama starring Mary-Louise Parker. (2024, 12, 112min) ★★★★
1.25 AM **Smile 2** Horror sequel. (2024, 18, 127min) ★★★★
3.45 **A Mistake** As 6.10pm.
5.45 **to 7.40** AM **Between the Temples** Comedy drama. (2024, 15, 111min) ★★★★

Sky Cinema Hits

303 303 403 503 517

6.30 AM **The Shamrock Spitfire** Biopic. (2024, 12) ★★★
8.35 **Jules** (2023, 12) ★★★
10.20 **The Book of Clarence** (2023)
12.45 PM **Ghostbusters: Frozen Empire** Supernatural comedy. (2023, 12, 115min) ★★★
2.55 **Charlie and the Chocolate Factory** Tim Burton's fantasy. (2005, PG, 115min) ★★★★
5.05 **Mission: Impossible – Dead Reckoning Part One** Thriller. (2023, 12, 163min) ★★★★

5.05 Mission: Impossible: Dead...

8.00 We're the Millers Comedy starring Jennifer Aniston, Jason Sudeikis, Will Poulter and Emma Roberts. A drug dealer, a stripper and two troubled teens pose as a family to smuggle marijuana across the US-Mexico border. (2013, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Talladega Nights: The Ballad of Ricky Bobby Action comedy starring Will Ferrell, John C Reilly, Sacha Baron Cohen and Gary Cole. (2006, 15, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Three Musketeers: Milady** Swashbuckling sequel starring François Civil. (2023, 12, 115min) ★★★★
2.10 **Get Away** Horror comedy with Nick Frost and Aisling Bea. (2024, 15, 100min) ★★★★
3.45 **to 6.05** AM **The Book of Clarence** Biblical comedy. (2023, 15, 129min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.35 AM **Speak Like a Child** (1998)
8.10 **Elizabeth: The Golden Age** Historical drama sequel. (2007, 12, 114min) ★★★
10.15 **Gorillas in the Mist** Drama. (1988, 12, 124min) ★★★★
12.35 PM **Sundown** Drama with Tim Roth. (2021, 15, 82min) ★★★★
2.10 **Lost in Translation** Bittersweet romantic comedy drama. (2003, 15, 102min) ★★★★★
4.05 **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
6.15 **The Last Rifleman** Drama. (2022, 15, 115min) ★★★
8.10 **Dunkirk** Christopher Nolan's drama starring Kenneth Branagh and Tom Hardy. Allied soldiers surrounded by the German army wait for evacuation during World War Two. (2017, 12, 106min) ★★★★★
10.05 **Speak Like a Child** Dark drama starring Cal Macaninch. (1998, 18, 80min) ★★
11.30 **The Hanging Sun** Drama. (2022, 15, 93min) ★★
1.15 AM **The Last Rifleman** (2022)
3.00 **Wildhood** Drama starring Steve Lund. (2021, 15, 108min) ★★★
5.00 **to 6.40** AM **High Noon** Oscar-winning Western. (1952, b/w, U, 85min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

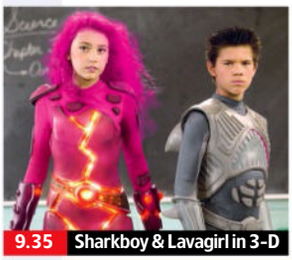
6.10 AM **Arcadian** As 1.30am.
7.45 **The Collector** As 11.25pm.
9.50 **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★
12.40 PM **The Purge: Election Year** Action horror sequel. (2016, 15, 108min) ★★★
2.35 **Ex Machina** Sci-fi drama. (2014, 15, 104min) ★★★★
4.25 **Children of Men** Sci-fi thriller. (2006, 15, 109min) ★★★★★
6.20 **The First Purge** Thriller prequel with Y'lan Noel and Lex Scott Davis. (2018, 15, 98min) ★★
8.00 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. A cancer patient attempts to survive Earth's first contact with sightless creatures which hunt by sound. With Joseph Quinn. (2024, 15, 100min) ★★★★
9.45 **The Woman in Black** Chiller based on Susan Hill's ghost story, starring Daniel Radcliffe. (2012, 12, 91min) ★★★★
11.25 **The Collector** Thriller. (1965, 15, 119min) ★★★
1.30 AM **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
3.05 **Haunting of the Queen Mary** Horror. (2023, 18, 125min) ★★
5.15 **to 7.20** AM **Paycheck** Thriller. (2003, 12, 119min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.55 AM **Bicentennial Man** (1999)
9.10 **IF** Fantasy. (2024, U) ★★★
11.00 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
12.40 PM **The Flintstones** Comedy. (1994, U, 93min) ★★★
2.20 **The Flintstones in Viva Rock Vegas** Comedy prequel. (2000, PG, 91min) ★★
4.00 **Hook** Fantasy adventure. (1991, U, 140min) ★★★
6.25 **Cats & Dogs** Fantasy comedy. (2001, PG, 87min) ★★★



9.35 Sharkboy & Lavagirl in 3-D

8.00 **Muppets from Space** Family sci-fi comedy. Believing himself to be an extraterrestrial, the Great Gonzo goes in search of his origins. (1999, U, 85min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

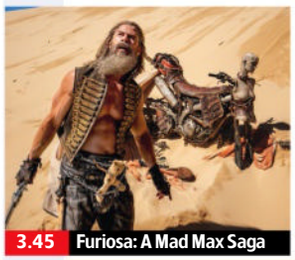
9.35 **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy adventure starring Taylor Lautner and Taylor Dooley. A boy with an active imagination discovers his amazing superhero creations have come to life. (2005, U, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
12.45 AM **Bicentennial Man** Romantic sci-fi melodrama. (1999, PG, 131min) ★★★
3.00 **Hot Dog Derby** Family comedy. (2013, U, 82min) ★★
4.30 **to 6.05** AM **Ghost Squad** Fantasy starring Will Spencer. (2015, PG, 86min) ★★★

Sky Cinema Heroes

307 307 407 507 521

6.05 AM **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
7.45 **300** As shown at 3.35am.
9.45 **The Legend of Zorro** (2005)
12.00 NOON **Hanna** Action thriller. (2011, 12, 106min) ★★★★
2.00 PM **Cleaner** As 10.00pm.
3.45 **Furiosa: A Mad Max Saga** Fantasy with Chris Hemsworth. (2023, 15, 148min) ★★★★
6.15 **Charlie's Angels** Comedy thriller with Drew Barrymore. (2000, 15, 97min) ★★★★



3.45 Furiosa: A Mad Max Saga

8.00 **Charlie's Angels: Full Throttle** Comedy thriller sequel with Cameron Diaz, Drew Barrymore and Lucy Liu. The Angels run into a fallen former Angel when they try to retrieve two rings containing top-secret information. (2003, 12, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

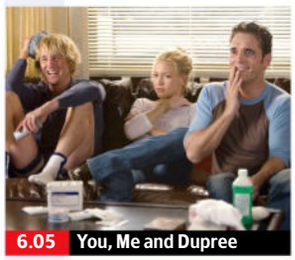
10.00 **Cleaner** Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. With Clive Owen and Matthew Tuck. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Yes, Madam!** Action comedy. (1985, 18, 93min) ★★★
1.20 AM **The Legend of Zorro** Action adventure sequel. (2005, PG, 130min) ★★★
3.35 **300** Epic adventure. (2006, 15, 116min) ★★★★
5.35 **to 7.35** AM **Cult Killer** Thriller. (2024, 15, 105min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.45 AM **Blades of Glory** (2007)
9.30 **The Naked Gun 2½: The Smell of Fear** (1991, 15) ★★★
11.05 **Superbad** As 11.15pm.
1.00 PM **Weird Science** Comedy. (1985, 12, 94min) ★★★
2.35 **The Naked Gun 33⅓: The Final Insult** (1994, 12) ★★★
4.10 **Dumb and Dumber To** Comedy sequel starring Jim Carrey. (2014, 15, 107min) ★★
6.05 **You, Me and Dupree** Comedy. (2006, 12, 109min) ★★★



6.05 You, Me and Dupree

8.00 **Horrible Bosses** Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three longtime friends hatch a plot to get rid of their tyrannical employers. (2011, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

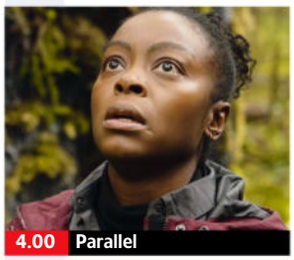
9.40 **Blades of Glory** Sports comedy starring Will Ferrell and Jon Heder. Two ice skating rivals who have been banned from the sport for life make a comeback by teaming up as the first all-male figure skating pair in history. (2007, 12, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
1.15 AM **Avanti!** Comedy. (1972, 15, 144min) ★★★
3.40 **Bye Bye Birdie** Musical. (1963, PG, 112min) ★★★
5.35 **to 7.30** AM **Earth Girls Are Easy** Musical comedy. (1988, PG, 100min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **Jericho Ridge** As 1.50am.
7.50 **Marnie** Hitchcock thriller. (1964, 15, 130min) ★★★★
10.10 **Marlowe** As 11.55pm.
12.10 PM **Inferno** Adventure thriller. (2016, 12, 121min) ★★★
2.20 **Retribution** Action thriller. (2023, 12, 91min) ★★
4.00 **Parallel** Fantasy thriller. (2024, 15, 88min) ★★★★
5.40 **Vertigo** Classic Hitchcock thriller starring James Stewart. (1958, PG, 128min) ★★★★★



4.00 Parallel

8.00 **Ocean's Eight** Crime caper starring Sandra Bullock. Following in the footsteps of brother Danny, light-fingered Debbie Ocean plans a complex heist. With Cate Blanchett and Anne Hathaway. (2018, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

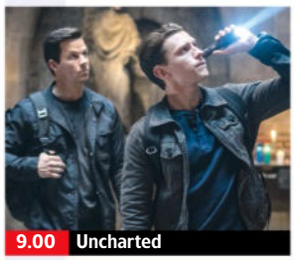
9.55 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt, Julia Roberts and Matt Damon. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Marlowe** Crime thriller. (2022, 15, 110min) ★★
1.50 AM **Jericho Ridge** Thriller. (2023, 15, 87min) ★★★
3.25 **True Romance** Crime thriller. (1993, 18, 118min) ★★★★
5.30 **to 7.45** AM **Chinatown** Roman Polanski's thriller. (1974, 15, 131min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Reach for the Sky** Biopic. (1956, b/w, U, 130min) ★★★★
1.45 PM **Anzio** World War Two drama with Robert Mitchum. (1967, PG, 117min) ★★★
4.05 **Independence Day** Sci-fi adventure starring Will Smith. (1996, 12, 145min) ★★★★
6.55 **Central Intelligence** Action comedy starring Dwayne Johnson and Kevin Hart. (2016, 12, 107min) ★★★



9.00 Uncharted

Central Intelligence (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Uncharted** Action adventure starring Tom Holland and Mark Wahlberg. A pair of treasure hunters embark on a globetrotting search for a fortune that was lost 500 years previously. With Antonio Banderas. (2022, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Angel Has Fallen** Thriller sequel starring Gerard Butler and Morgan Freeman. Secret Service agent Mike Banning is framed for an assassination attempt on the US president. (2019, 15, 121min) ★★★
1.35 **to 3.55** AM **American Woman** Drama starring Sienna Miller and Christina Hendricks. (2018, 15, 111min) ★★★★

8 PM
9 PM
10 PM
11 PM

+1 hour 314 430 47 301 257

Sky Cinema Favourites

302 302 402 502 516

6.00 AM **Beethoven** As 2.05am.
7.35 **School of Rock** Comedy. (2003, PG, 109min) ★★★★
9.25 **Mamma Mia!** As 10.10pm.
11.25 **Mamma Mia! Here We Go Again**
1.25 PM **Back to the Future Part III** Time-travel comedy adventure. (1990, PG, 112min) ★★★★
3.25 **Robin Hood: Prince of Thieves** Fantasy adventure starring Kevin Costner. (1991, PG, 138min) ★★

5.50 **Ghost** Romantic fantasy thriller. (1990, 12, 127min) ★★★★
8.00 **The Fall Guy** Action comedy starring Ryan Gosling and Emily Blunt. A down-and-out stuntman sets out to find the missing star of his ex-girlfriend's blockbuster. (2023, 12, 126min) ★★★★
10.10 **Mamma Mia!** Musical based on the hit stage show inspired by ABBA songs, starring Meryl Streep, Pierce Brosnan, Colin Firth and Stellan Skarsgård. (2008, PG, 108min) ★★★★

12.05 AM **Mamma Mia! Here We Go Again** Musical comedy sequel. (2018, PG, 114min) ★★★★
2.05 **Beethoven** Family comedy. (1992, U, 87min) ★★★
3.40 **The Portable Door** Fantasy. (2023, PG, 130min) ★★★
5.40 **to 6.00** AM **The Cinema List**

Sky Cinema Greats

304 304 404 504 518

6.00 AM **All That Jazz** As 5.10am.
8.05 **Fletch** As shown at 11.00pm.
9.45 **Fletch Lives** As 12.40am.
11.25 **National Lampoon's Animal House** Comedy. (1978, 15, 109min) ★★★★★
1.15 PM **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
2.45 **Ace Ventura: When Nature Calls** Comedy sequel with Jim Carrey. (1995, PG, 89min) ★★★

4.25 **We're No Angels** Action comedy. (1989, 15, 106min) ★★
6.15 **Dad's Army** Film spin-off from the much-loved TV comedy series. (1971, U, 95min) ★★★★
8.00 **Airplane!** Spoof of air-disaster movies, starring Robert Hays, Julie Hagerty and Leslie Nielsen. (1980, 12, 86min) ★★★★★
9.30 **Airplane II: The Sequel** Spoof sequel starring Robert Hays as a pilot at the controls of a disaster-prone moon shuttle. (1982, 15, 81min) ★★★

11.00 **Fletch** Comedy adventure. (1985, PG, 96min) ★★★
12.40 AM **Fletch Lives** Comedy thriller. (1989, PG, 95min) ★
2.20 **We're No Angels** As 4.25pm.
4.10 **Sky Cinema Preview**
5.10 **to 7.15** AM **All That Jazz** Musical fantasy. (1979, 15, 123min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.20 AM **The Road to El Dorado**
7.55 **Curious George** As 2.25am.
9.25 **The Amazing Maurice** Animated family adventure. (2022, PG, 93min) ★★★★
11.00 **Home** Animated adventure. (2014, U, 94min) ★★★
12.35 PM **The Adventures of Tintin: The Secret of the Unicorn** Animated family adventure. (2011, PG, 106min) ★★★★★

2.25 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
4.00 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
5.40 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
7.25 **The Prince of Egypt** Animation. (1998, U, 99min) ★★★★
9.10 **Boonie Bears: Guardian Code** Animated family adventure. (2023, PG, 96min) ★★★
10.55 **The Canterville Ghost** Animation. (2023, PG) ★★

12.40 AM **The Road to El Dorado** Animation. (2000, U) ★★★
2.25 **Curious George** Animation. (2006, U, 87min) ★★★★
4.00 **Lego DC Comics Super Heroes: The Flash** (2018, U) ★★★
5.25 **to 6.00** AM **Sky Cinema Preview**

Movies 24

312 313 419

7.00 AM **Moriah's Lighthouse** Comedy. (2022, PG, 84min) ★★
9.00 **Inspiring Love** Romantic drama. (2023, PG, 85min) ★★
11.00 **A Costa Rican Wedding** Comedy. (2024, PG, 84min) ★★
1.00 PM **CrimeTime: Freefall** Mystery. (2024, PG, 90min) ★★
3.00 **Love in Whitbrooke** Romantic drama starring Brittany Bristow. (2021, PG, 88min) ★★

5.00 **Junebug** Fantasy drama. (2024, PG, 84min) ★★
7.00 **A Paris Proposal** Romantic comedy drama starring Alexa PenaVega and Nicholas Bishop. (2023, PG, 84min) ★★
9.00 **A Pinch of Portugal** Romantic drama starring Heather Hemmens and Luke Mitchell. A cook finds herself unexpectedly hosting a TV show when the celebrity chef she works for abruptly quits. (2023, PG, 84min) ★★

11.00 **The Engagement Back-Up** Comedy. (2022, PG, 91min) ★★
1.00 AM **Love, Fashion, Repeat** Comedy. (2022, PG, 89min) ★★
3.00 **to 5.00** AM **A Scottish Love Scheme** Drama. (2024, PG) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Flight from Vienna** Drama. (1956, b/w, U, 57min) ★★★
7.10 **Dead Man's Evidence** Thriller. (1962, b/w, 15, 62min) ★★
8.30 **The Hangman Waits** Drama. (1947, b/w, PG, 63min) ★★★
9.45 **Third Party Risk** Thriller. (1955, b/w, U, 70min) ★★
11.15 **The Tall Men** Western adventure starring Clark Gable. (1955, PG, 122min) ★★★

1.45 PM **Sherlock Holmes and the Secret Weapon** Thriller. (1942, b/w, PG, 68min) ★★
3.05 **Out of the Fog** Crime drama. (1962, b/w, PG, 69min) ★★★
4.25 **The Beverly Hillbillies** (S2)
4.55 **Scotland Yard** 12/39. (S1)
5.30 **Dixon of Dock Green** (S22)
6.30 **Out of Town**
7.00 **The Footage Detectives**
8.00 **Public Eye** 6/13. (S6)
9.05 **The Tell-Tale Heart** Horror starring Laurence Payne. (1960, b/w, 18, 78min) ★★★

10.45 **Fedora** Billy Wilder's suspense drama. (1978, PG, 115min) ★★★
12.55 AM **Murphy's Law** Thriller. (1986, 18, 96min) ★★★
2.55 **The Spiritualist** Thriller. (1948, b/w, PG, 79min) ★★★
4.30 **Beyond the Truth**
5.30 **to 6.00** AM **Tell Me Another**

HOLIDAY MONDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

- 6.00 AM **Sky Sports News**
- 7.00 **Good Morning Sports Fans**
- 10.00 **The Football Show**
- 11.00 **Ref Watch** Refereeing decisions.
- 12.00 NOON **The Football Show**
- 1.00 PM **Lunchtime Live**
- 2.00 **Sports Desk** Sports news with live analysis and comments.
- 3.30 LIVE **WSL Brighton & Hove Albion v Arsenal.** Coverage of the Women's Super League match from Broadfield Stadium. The Gunners have scored nine goals in the last two games against their hosts including a 5-0 victory in the reverse fixture back in November. Kick-off 4.00pm.
- 6.30 LIVE **MNF Crystal Palace v Nottingham Forest.** Coverage of the Premier League match from Selhurst Park. Chris Wood scored the only goal of the game in the reverse fixture at the City Ground in October, as Palace continued their poor start to the season. Palace have greatly improved since and are still in with a chance of qualifying for one of the European competitions next season. Kick-off is at 8.00pm.
- 11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

- 6.00 AM **PL Greatest Games**
- 7.00 **Premier League Highlights**
- 10.00 **The Football Show**
- 11.00 **Ref Watch** Refereeing decisions.
- 12.00 NOON **The Football Show**
- 1.00 PM **Premier League Highlights** Everton v Ipswich Town.
- 1.30 Leicester City v Southampton.
- 2.00 Arsenal v Bournemouth.
- 2.30 Everton v Ipswich Town.
- 3.00 Brentford v Man United.
- 3.30 Action from West Ham United v Tottenham Hotspur.
- 4.00 Highlights of Brighton & Hove Albion v Newcastle United.
- 4.30 Chelsea v Liverpool.
- 5.00 **Premier League Best Goals**
- 6.00 **Ref Watch** Refereeing decisions.
- 6.30 LIVE **MNF Crystal Palace v Nottingham Forest.** Coverage of the Premier League match at Selhurst Park. Kick-off 8.00pm.
- 11.00 **Premier League Icons**
- 12.00 M'T **MNF Hits** Recent action.
- 12.30 AM **Gary Neville's Soccerbox**
- 1.00 **PL Retro** Liverpool v Blackburn Rovers from the 1994/95 season.
- 3.00 **PL Greatest Games**
- 4.00 **Best PL Goals 23/24**
- 5.00 **Premier League Best Goals**
- 5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 513 503 421 441

- 6.00 AM **SPFL Greatest Games**
- 8.00 **Best Goals: EFL Cup 2022/23**
- 8.30 **EFL Trophy** Bolton v Plymouth.
- 9.00 **Scottish Premiership Round-Up**
- 9.15 **SPFL Highlights**
- 9.45 **EFL Greatest Games**
- 10.00 **SPFL Greatest Games**
- 12.00 NOON **SPFL Highlights**
- 12.30 PM **EFL Trophy**
- 1.00 **Best Moments from the League 1 & 2 Play-Off Final (1993-2019)** Archive action.
- 1.30 **EFL Greatest Games**
- 2.00 **Best Goals: EFL Cup 2022/23**
- 2.30 **SPFL Highlights**
- 3.00 **WSL** Man United v Man City.
- 3.30 LIVE **WSL Brighton & Hove Albion v Arsenal.** The Women's Super League match at Broadfield Stadium. Kick-off 4.00pm.
- 6.30 LIVE **Baller League** Coverage from the seventh round of the six-a-side football league at Copper Box Arena in London.
- 11.00 **Bundesliga Highlights Show**
- 12.00 M'T **WSL** Brighton v Arsenal.
- 12.30 AM **EFL Cup** The 2011 final.
- 2.30 **EFL Greatest Games**
- 4.00 **Championship Season Review**
- 5.00 **Best Goals: EFL Cup 2021/22**
- 5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

404 404 514 504 422 442

- 6.00 AM **IPL** Royal Challengers Bengaluru v Chennai Super Kings.
- 10.10 **Ashes Greats** Andrew Flintoff.
- 10.30 **Best of ICC WT20**
- 11.00 **IPL** Recent highlights from India.
- 2.50 PM LIVE **IPL Sunrisers Hyderabad v Delhi Capitals.** Coverage of the T20 match from Rajiv Gandhi International Cricket Stadium. The hosts easily won the only meeting between these two sides last year as they came away with a 67-run victory in Delhi.
- 7.00 LIVE **Pakistan Super League Multan Sultans v Peshawar Zalmi.** The T20 match staged at Multan Cricket Stadium. The visitors came out on top in this meeting last year in a close match that saw them win by five runs.
- 8.00 **Best of ICC WT20**
- 9.00 **IPL** Action from Sunrisers Hyderabad v Delhi Capitals.
- 10.00 Highlights from Kolkata Knight Riders v Rajasthan Royals.
- 11.00 **Pakistan Super League Highlights** Action from Multan Sultans v Peshawar Zalmi.
- 12.00 M'T **IPL** Tournament action.
- 5.10 AM **Ashes Greats** Player profiles.
- 5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

- 6.00 AM **PGA Tour Champions**
- 7.00 **DP World Tour**
- 8.00 **PGA Tour** A replay of day four of the CJ Cup Byron Nelson.
- 1.00 PM **LPGA Tour** Day four of the Black Desert Championship.
- 3.00 **Playing Lessons**
- 4.00 **Golf's Greatest Holes**
- 5.00 **LPGA Tour** Action from the Black Desert Championship.
- 7.00 **PGA Tour** Highlights from the CJ Cup Byron Nelson.
- 8.00 **Legends Tour** Highlights from the Barbados Legends.
- 9.00 **PGA Tour** Event highlights.
- 10.00 **Golf's Greatest Holes**
- 11.00 **Legends Tour**
- 12.00 M'T **PGA Tour**
- 1.00 AM **Legends Tour**
- 2.00 **to 6.00** AM **PGA Tour**

Sky Sports Tennis

407 407 537 520 425 445

- 6.00 AM **ATP** Action from the Monte-Carlo Masters singles final.
- 7.00 **WTA** Madrid Open final.
- 8.00 **ATP** Madrid Open final.
- 10.00 Indian Wells Open.
- 11.00 **WTA** Madrid Open final.
- 1.00 PM **ATP** Madrid Open.
- 3.00 The Italian Open final.
- 4.00 **WTA & ATP** Highlights from the Madrid Open finals.
- 6.00 Action from the Italian Open finals at Foro Italico, Rome.
- 8.00 **WTA & ATP** Highlights from the Madrid Open finals.
- 10.00 Action from the Italian Open finals at Foro Italico, Rome.
- 11.30 **ATP Tour This Week**
- 12.00 M'T **to 6.00** AM **WTA & ATP**

TNT Sports 1

410 413 521 408 430

- 6.00 AM **Serie A** Italian football.
- 7.00 **Premier League Stories**
- 7.30 **Premier League: Big Interview**
- 8.00 **Premier League**
- 9.30 **Champions League Magazine**
- 10.00 **UEFA Europa League & Conference League Magazine**
- 11.00 **Grand Slam Track Athletics**
- 12.00 NOON **FIM Speedway Grand Prix** From Landshut, Germany.
- 1.00 PM **PL: Big Interview**
- 1.30 **Cycling** Women's Vuelta Espana.
- 2.30 LIVE **Cycling** The second stage of the women's Vuelta España.
- 4.30 LIVE **British Superbikes** From Oulton Park in Cheshire.
- 6.00 **A-League Highlights**
- 6.30 LIVE **Snooker World Championship** The concluding session of the final at the Crucible Theatre. *See feature, page 28.*
- 10.00 **Fight Week** UFC 315 preview.
- 10.30 **NBA on Fire** The latest news.
- 11.00 **NBA** A play-off match.
- 12.30 AM LIVE **NBA** Coverage of a play-off match from America.
- 3.00 **NBA Action** Highlights.
- 3.30 **NBA on Fire** The latest news.
- 4.00 **British Superbikes**
- 5.00 **to 6.00** AM **Superbike World Championship Highlights**

TNT Sports 2

411 414 522 409 431

- 6.00 AM **Snooker World Championship** Action from the first day of the final.
- 8.00 **A-League** Action from matches in the Australian football league.
- 11.00 **Serie A** Italian football action.
- 1.00 PM **MLB Highlights**
- 2.00 **NBA** A play-off match.
- 3.30 **NBA on Fire** The latest news.
- 4.00 **NBA Action** Highlights.
- 4.30 **Premier League Stories**
- 5.00 **ABB FIA Formula E World Championship Highlights** Action from the Monaco ePrix.
- 7.00 **Longines Global Champions Tour** Highlights of the third round of the season in Shanghai.
- 8.00 **HSBC SVNS Highlights** Round seven in Los Angeles.
- 9.00 **Fishing: On the Bank**
- 10.00 **British Superbikes** The second day of the first round of the season at Oulton Park, Cheshire.
- 11.00 **Superbike World Championship Highlights**
- 12.00 M'T **MLB Classic** Archive action.
- 12.30 AM LIVE **MLB Chicago Cubs v San Francisco Giants.** The National League match staged at Wrigley Field. Start-time 12.40am.
- 3.45 **to 6.00** AM **MLB Classic**

Sky Sports Action

408 408 517 507 426 446

- 6.00 AM **Super League** A replay of Huddersfield Giants v Hull FC.
- 8.30 **Super League** A replay of Wigan Warriors v Warrington Wolves.
- 10.45 **Super League** Another chance to see Castleford Tigers v Wakefield Trinity from the Magic Weekend of fixtures staged at St James' Park in Newcastle.
- 1.30 PM **Super League** A chance to see Leigh Leopards v Catalans Dragons at St James' Park.
- 4.00 **Super League** A replay of Hull Kingston Rovers v Salford Red Devils from the Magic Weekend of fixtures at St James' Park.
- 6.15 **Super League** Another chance to see St Helens v Leeds Rhinos from the Magic Weekend of fixtures at St James' Park.
- 9.00 **Super League** A replay of Huddersfield Giants v Hull FC from the Magic Weekend of fixtures at St James' Park.
- 11.30 **Super League** A replay of Wigan Warriors v Warrington Wolves from the Magic Weekend of fixtures at St James' Park.
- 1.45 AM **Super League** Castleford Tigers v Wakefield Trinity.
- 4.30 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

412 410 518 508 427 447

- 6.00 AM **Sky Sports News**
- 7.00 **Good Morning Sports Fans**
- 10.00 **The Football Show**
- 11.00 **Ref Watch** Refereeing decisions.
- 12.00 NOON **The Football Show**
- 1.00 PM **Lunchtime Live** A look at all the lunchtime sports stories.
- 2.00 **Sports Desk**
- 3.50 LIVE **Pakistan Super League Multan Sultans v Peshawar Zalmi.** Coverage of the T20 match at Multan Cricket Stadium in Multan. The visitors came out on top in this meeting last year in a close match that saw them win by five runs. Peshawar made 179-8 in their 20 overs before bowling Multan out for 174, despite Dawid Malan hitting 52 from 25 balls for the hosts.
- 8.00 **Sky Sports News**
- 10.30 **Back Pages Tonight**
- 11.00 **Sky Sports News**
- 12.00 M'T **Super League** A replay of Leigh Leopards v Catalans Dragons from St James' Park.
- 2.30 AM **Super League** A replay of Hull Kingston Rovers v Salford Red Devils at St James' Park.
- 4.45 **My Icon** Keegan Hirst.
- 5.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

- 6.00 AM **EFL Greatest Games**
- 6.30 **Pakistan Super League** Lahore Qalandars v Karachi Kings.
- 7.30 **IPL** Highlights from Punjab Kings v Lucknow Super Giants.
- 8.30 **Super League** A replay of Wigan Warriors v Warrington Wolves.
- 11.15 **Super League** Castleford Tigers v Wakefield Trinity.
- 2.00 PM **Pakistan Super League**
- 3.00 **IPL** Highlights from Punjab Kings v Lucknow Super Giants.
- 4.00 **EFL Greatest Games**
- 5.15 LIVE **Baller League** Coverage from the seventh round of the six-a-side football league at Copper Box Arena in London.
- 11.00 **Formula 1** Miami Grand Prix.
- 12.00 M'T **PGA Tour Golf**
- 1.00 AM **Super League**
- 5.00 **to 6.00** AM **IPL**

TNT Sports 3

413 415 523 410 432

- 6.00 AM **British Superbikes**
- 7.00 **FIM Speedway Grand Prix**
- 8.00 **Men's Cycling** Recent action.
- 10.00 **Sign Up – Into Football**
- 10.45 **Snooker World Championship**
- 12.45 PM LIVE **Snooker World Championship** Coverage of the final. *See feature, page 28.*
- 4.00 **Grand Slam Track Athletics**
- 5.00 **MLB Highlights**
- 6.00 **MLB Classic** Archive action.
- 6.30 LIVE **Snooker World Championship** Coverage of the concluding session of the final at the Crucible Theatre in Sheffield.
- 10.00 **Cycling** The second stage of the women's Vuelta España.
- 11.00 **IFSC Climbing World Cup**
- 12.00 M'T **Grand Slam Track Athletics**
- 1.00 AM **Snooker World Championship** The final.
- 3.00 **Women's Cycling**
- 4.00 **Global Champions Tour**
- 5.00 **to 6.00** AM **IFSC Climbing World Cup Highlights**

TNT Sports 4

414 416 524 411 434

- 6.00 AM **AFL** Essendon Bombers v North Melbourne Kangaroos.
- 7.30 **AFL** A chance to see St Kilda Saints v Fremantle Dockers.
- 9.00 **AFL** A replay of Western Bulldogs v Port Adelaide Power.
- 10.30 **Playing for Our Future**
- 11.00 **Superbike World Championship**
- 12.00 NOON **British Superbikes**
- 1.00 PM LIVE **British Superbikes** Day two of the first round of the season at Oulton Park in Cheshire.
- 6.00 **FIM Speedway Grand Prix**
- 7.00 **NBA** A play-off match.
- 8.30 **UEFA Champions League Magazine** News and updates.
- 9.00 **UEFA Europa League & Conference League Magazine**
- 10.00 **NBA Action** Highlights.
- 10.30 **MLB Highlights**
- 11.30 **A-League Highlights**
- 12.00 M'T **AFL** Three match replays.
- 4.30 AM **Fight Week** UFC 315.
- 5.00 **to 6.00** AM **Europa League & Conference League Magazine**

Premier Sports 1

419 551

- 6.00 AM **Ultimate Karting Championship** Highlights.
- 8.00 **Asian Le Mans Series**
- 9.00 **Euro Le Mans Highlights**
- 10.00 **UK Independent Kart Racing**
- 11.30 **Sporting Greats**
- 12.00 NOON **Transworld Sport**
- 1.00 PM **PSA Squash Highlights**
- 2.00 **DTM Highlights**
- 3.00 **Ultimate Karting Championship** Highlights.
- 5.00 **LaLiga Highlights**
- 6.00 **Viva LaLiga** The latest news.
- 7.30 LIVE **LaLiga Girona v Mallorca.** Coverage from Estadi Montilivi. Kick-off 8.00pm.
- 10.30 **Temples of Sport**
- 11.00 **LaLiga Highlights**
- 12.00 M'T **URC in 60** Recent action.
- 1.00 AM **Temples of Sport**
- 1.30 **NHL: This is Hockey**
- 2.00 LIVE **NHL Ice Hockey** Coverage of a play-off match.
- 5.00 **NHL: This is Hockey**
- 5.30 **to 6.00** AM **Temples of Sport**

Premier Sports 2

420 552

- 6.00 AM **NASCAR Xfinity Series**
- 9.00 **Bike World** Magazine.
- 9.30 **EPCR Challenge Cup** Another chance to see Lyon v Racing 92.
- 11.30 **GP Confidential**
- 12.00 NOON **LaLiga** Another chance to see Alaves v Atletico Madrid.
- 2.00 PM **LaLiga News**
- 2.30 **LaLiga** Another chance to see Real Madrid v Celta Vigo.
- 4.30 **EPCR Challenge Cup** Another chance to see Edinburgh v Bath.
- 6.30 **Bike World** Magazine.
- 7.00 **Champions Cup** Another chance to see Leinster v Northampton Saints in the first semi-final.
- 9.00 **Champions Cup** Bordeaux v Toulouse in a semi-final.
- 11.00 **FastZone** Motorsports highlights.
- 11.30 **Bike World** Magazine.
- 12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
- 3.00 AM **Temples of Sport**
- 3.30 **Football's Greatest**
- 4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

406 406 516 506 424 444

- 6.00 AM **Formula 1** Another chance to see the Miami Grand Prix.
- 10.30 **Ted's Notebook**
- 11.00 **Graham Hill: World Champion**
- 11.30 **British GT Championship**
- 12.30 PM **Formula 1** Highlights.
- 12.55 **Stefano Domenicali: No Paints**
- 1.00 **The F1 Show** A look ahead.
- 2.00 **Formula 1** The Miami Grand Prix sprint qualifying session.
- 3.00 Highlights from the Miami Grand Prix sprint race.
- 4.00 **Formula 1** Season highlights.
- 4.30 **Formula 1** A replay of the Miami Grand Prix qualifying session.
- 6.30 **Ted's Notebook**
- 7.00 **Formula 1** Another chance to see the Miami Grand Prix.
- 9.15 **Ted's Notebook**
- 9.45 **Piastri Drawing**
- 9.50 **Rachel & Lando Norris**
- 10.00 **GT World Challenge Europe** Highlights from Brands Hatch.
- 12.00 M'T **Formula 1** Miami Grand Prix.
- 1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

6 May

Evening Planner

Comedy

Dad's Army at the BBC

BBC2, 7.30pm

Toby Jones, who played Captain Mainwaring in the 2016 film adaptation, narrates a selection of classic clips.

Factual

Who Do You Think You Are?

BBC1, 9pm

Ross Kemp reveals some of his family's stories, including his great-grandfather, Pop, who served as a merchant marine.

Factual

David Hockney: A Life in Art

BBC4, 10pm

Britain's most popular living artist talks to Katie Razzell about his life and career.

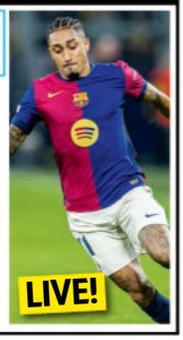
OnDemand

prime

Champions League

Kick-off 8pm

The semi-final second leg between Inter Milan and Barcelona, staged at the San Siro.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Stacey & Joe		9.00 Who Do You Think You Are?		10.00 News; Local News	10.40 Glow...
	102 BBC2	7.00 Iolo's River...	7.30 Dad's Army at the BBC		8.30 Dad's Army	9.00 QI XL	9.45 Hypothetical		10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Bradley &...	8.30 For the Love...	9.00 Malpractice		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 George Clarke's Remarkable...		9.00 Night Coppers		10.00 Murder Case: The Digital Detectives	
	105 5	7.00 The Motorway		8.00 Vigilante & Proud: Catching the Street...		9.00 You Be the Judge: Crime & Punishment			10.30 The Drowning...
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Galapagos		9.00 Joe Lycett's United States of...		10.00 Never Mind the Buzzcocks	
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Dragons' Den US – Shark Tank		9.00 Ashley Cain: Into the Danger Zone		10.00 Man Like Mobeen	
	116 BBC4	7.00 Pubs, Ponds...	7.30 Wainwright...	8.00 Hidden History: The Lost Portraits of...		9.00 The Good Life	9.30 Yes, Minister	10.00 David...	10.25 Imagine...
	118 ITV2	7.00 Deal or No Deal		8.00 Celebrity Wheel of Fortune		9.00 Family Guy		10.00 Plebs	
	136 MORE4	‹ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 Our Farm Next Door: Amanda, Clive...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 The Honesty Box		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Matlock		10.00 The Cleaning Lady	
	108 SKY ATLANTIC	‹ 6.50 Billions		7.55 Game of Thrones		9.00 Gangs of Milan: Blocco 181			
	110 U&GOLD	7.00 Dad's Army	7.40 Only Fools and Horses			9.00 The Fast Show	9.40 Bottom		10.20 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Scott & Bailey	
	120 ITV4	‹ 6.55 The Motorbike Show		8.00 World Superbike Highlights		9.00 Underwater Grand Fishing Adventure		10.00 Film: Mad Max 2	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Bad Neighbours 2			
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Flintoff's Road to Nowhere		9.00 Joe Lycett's United States of...		10.00 Never Mind the Buzzcocks	
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise				10.00 I, Jack Wright	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Stories from the National Gallery		9.00 Titanic: The Musical			
	132 U&W	‹ 6.35 Interior Design Masters with Alan Carr		8.00 Don't Hate Your House with the...		9.00 Border Force: America's Gatekeepers		10.00 Katie Piper: Locked Up in Louisiana	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Hoffman Family Gold		9.00 Gold Rush: White Water		10.00 Gold Rush: Mine Rescue with Freddy...	
	162 ANIMAL PLANET	7.00 Animal Cops Phoenix		8.00 Flying Wild Alaska		9.00 Pit Bulls & Parolees: Tia's Tales		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Apocalypse: The Fall of Hitler				10.00 Hitler: The Lost Tapes of the Third...	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 World War Weird		9.00 Greatest Escapes of WWII		10.00 The Tattooist's Son: Journey to...	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Bangers & Cash: Restoring Classics					
	121 SKY DOCS	7.00 The Wimbledon Kidnapping				9.00 Love to Love You, Donna Summer			
FILMS – Sky Cinema	301 PREMIERE	‹ 5.55 Twisters		8.00 Cleaner			9.45 Trap		
	302 STAR TREK	‹ 5.45 Star Trek The Motion Picture		8.00 Star Trek II: The Wrath of Khan				9.55 Star Trek III – The Search for Spock	
	303 HITS	‹ 6.00 Click		8.00 The Meg				10.00 Meg 2: The Trench	
	304 GREATS	‹ 6.05 Brewster's Millions		8.00 HouseSitter			9.45 Dumb and Dumber		
	305 ANIMATION		7.20 Over the Hedge		8.50 Monsters vs Aliens				10.40 Lego...
	306 FAMILY		7.15 Ride On			9.25 A Tiger's Tail			
	307 HEROES	‹ 5.15 Mission: Impossible – Dead...		8.00 Wonder Woman					10.25 Men in Black...
	308 COMEDY	‹ 6.20 Kangaroo Jack		8.00 Ride Along			9.50 Ride Along 2		
	309 THRILLER	‹ 6.00 Force of Nature: The Dry 2		8.00 Split				10.05 Ocean's Twelve	
	310 DRAMA	‹ 6.30 High Noon		8.00 Meet Joe Black					
	311 SCI-FI	‹ 5.50 World War Z		8.00 Dune: Part Two					
	313 FILM4	‹ 6.45 Gemini Man				9.00 Nope			
SPORT	401 MAIN EVENT	7.00 Sky Sports News						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Review		8.00 Gary Neville's Soccerbox		9.00 PL Review		10.00 PL Icons	
	403 FOOTBALL		7.15 EFL Highlights	8.00 Bundesliga Highlights Show		9.00 EFL Highlights			10.30 SPFL Highlights
	404 CRICKET	7.00 Ashes Greats	7.30 Best of ICC...	8.00 IPL					
	410 TNT SPORTS 1	7.00 The Football's On		8.00 British Superbikes Highlights		9.00 Women's Cycling World Tour		10.00 Superbike...	10.30 MLB Highlights
	411 TNT SPORTS 2	‹ 6.30 UEFA...	7.30 Snooker World Championship				9.30 Fight Week	10.00 UFC	

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** New edition In Somerset. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** New edition Scammers force a woman to miss a vital medical appointment. (S)
2.30 **Expert Witness** (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **The Bidding Room** New edition Items include a sideboard and a meditation rug. (S)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Stacey & Joe

7 PM

7.00 **The One Show** Alex Jones and Clara Amfo present the topical show. (S)
7.30 **EastEnders** The partygoers at Harry's Barn reel at Cindy's return, with Lauren issuing Peter with a choice – her or Cindy. (S)(AD)

8 PM

8.00 **Stacey & Joe** Series finale 6/6. Christmas is coming, but before the family can get into the festive spirit, Stacey and Joe get their work commitments wrapped up. Joe has a role in panto, while Stacey is shooting a TV advert. (S)(AD)

9 PM

9.00 **Who Do You Think You Are?** New edition 3/8. Actor and documentary-maker Ross Kemp traces his ancestry, looking into his great-grandfather's experiences in the Merchant Navy during the two world wars. *See feature, page 20.* (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **NEW TO BBC1 Glow Up: Britain's Next Make-Up Star** 1/8. Leomie Anderson hosts as 10 new make-up artists create looks for fashion designer HARRI before taking on an Art of Influence-themed Creative Brief. *Previously on BBC3.* (S)(AD)
11.40 **The Repair Shop** The experts restore a portable drum kit from the 1940s, an oil painting thought to be 175 years old, a patchwork toy hippopotamus and a pair of baby shoes. (S)(R)(AD)
12.40 AM **Ambulance** 2/6. Paramedics rush to help an eight-year old in the grip of a sickle cell crisis. (S)(R)
1.40 **Weather for the Week Ahead** (S)
1.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Saturday Kitchen Best Bites** Series highlights. (S)(R)
8.00 **Sign Zone: Doorbell: The Secret Genius of Modern Life** (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Double bill. (S)(R)
2.30 **Lightning** Quiz show. (S)(R)
3.00 **Saved and Remade** (S)(R)
3.45 **Between the Covers** (S)(R)
4.15 **Great Barrier Reef** (S)(R)
5.15 **Flog It!** From the RAF Museum at Hendon in London. (S)(R)
6.00 **Richard Osman's House of Games** Guests Chris Hoy, Rosie Jones, Ian 'H' Watkins and Ola Labib test their trivia skills. (S)(R)
6.30 **Anna Haugh's Big Irish Food Tour** New edition 2/15. Anna joins Dennis Taylor in Tyrone at the snooker hall where his career began. (S)

9.45 Hypothetical

7.00 **NEW SERIES Iolo's River Valleys** 1/4. Presenter Iolo Williams explores the Rheidol Valley. (S)
7.30 **NEW Dad's Army at the BBC** Toby Jones shares a selection of classic clips that feature Britain's favourite Home Guard platoon in appearances that took them beyond the confines of Walmington-on-Sea. (S)(AD)
8.30 **Dad's Army** *Branded:* The platoon raise questions about whether Private Godfrey is brave enough for the job. (S)(R)(AD)
9.00 **QI XL** *University XL:* Guz Khan, Joe Lycett and Morgana Robinson join regular panellist Alan Davies and host Sandi Toksvig. (S)(R)
9.45 **Hypothetical** 6/8. James Acaster and Josh Widdicombe host as Roisin Conaty, Victoria Coren-Mitchell, Darren Harriott and Phil Wang are posed increasingly absurd hypothetical situations. (S)(R)
10.30 **Newsnight** (S)
11.00 **Saving Lives in Cardiff** 4/6. An unexpected issue pushes neurosurgeon Amr Mohamed to his limit while he attempts to remove a tumour from his patient's brain. (S)(R)(AD)
12.00 M'T **Sign Zone: Interior Design Masters with Alan Carr** (S)(R)(AD)
1.00 AM **Sign Zone: Antiques Roadshow** From Thirlestane Castle. (S)(R)
2.00 **Sign Zone: Rishi Sunak – Lessons from Downing Street** (S)(R)
3.00 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Celebrity Catchphrase** Stephen Mulhern hosts the game show as Bill Bailey, Kathy Burke and Gok Wan try to win £50,000 for their chosen charities. (S)(R)(AD)
3.00 **Jeopardy!** Quiz show hosted by Stephen Fry. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 For the Love of Dogs

7.30 **Emmerdale** Joe attempts to bribe Clemmie, Billy is furious, while Ryan is taken aback. (S)(AD)
8.00 **Bradley & Barney Walsh: Breaking Dad** Series finale 6/6. The duo reach northern Thailand. (S)(AD)
8.30 **For the Love of Dogs with Alison Hammond** Series finale 6/6. Alison helps a Bichon control its bark. (S)(AD)
9.00 **Malpractice** New episode 3/5. The MIU turn the spotlight on Hernandez and the obstetric department, while a rattled Ford unravels when he discovers new information. (S2) (S)(AD) ■ Entire series on ITVX
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **The Assembly** 3/4. Pop star Jade Thirlwall faces the grilling of a lifetime from an audience of autistic and learning-disabled interviewers. (S)(R)
11.15 **Martin Clunes' Islands of the Atlantic** 1/3. The actor embarks on an epic journey to explore the ocean's islands, beginning with Sao Tome and Principe, and the Bijagos Islands. (S)(R)
12.10 AM **Teleshopping**
3.00 **Fake** 1/8. Drama starring Asher Keddie. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 2-5/22. (S2) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 18-21/24. (S6) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** New edition Debs and Mick meet a Canal and River Trust legend on their way into Liverpool. (S)(AD)
5.00 **Chateau DIY** New edition In the Nouvelle-Aquitaine region, Jon and Carmen renovate their Roman-inspired swimming pool. (S)(AD)
6.00 **A Place in the Sun** New edition A mother and son search for a holiday home near La Duquesa on the Costa del Sol, Spain. (S)

9.00 Night Coppers

7.00 **News** (S)
7.55 **The Political Slot** Kettering MP Rosie Wrighting sets out the Government's plan to tackle the housing crisis by building more homes. (S)
8.00 **George Clarke's Remarkable Renovations** Rollo and Olivia have decided to swap city life for the rolling Chiltern Hills, snapping up an old barber's shop and its attached 17th-century building in Amersham. (S)(R)(AD)
9.00 **NEW SERIES Night Coppers** Return of the documentary. Officer Phil scours Brighton for a suspect who has violently thrown a victim out of a vehicle, while Leanne races against time to find someone who is suicidal on a cliff edge. (S)(AD)
10.00 **Murder Case: The Digital Detectives** Focusing on the discovery of the burnt body of a 27-year-old man on remote land in Scotland. Detectives turn to Police Scotland's Digital Forensics Unit to help solve the case. (S)(R)
11.05 **Gogglebox** (S)(SL)(R)(AD)
12.05 AM **Celebrity Gogglebox** Famous faces appraise *Beat the Chasers* and *The Nevermets*. (S)(SL)(R)(AD)
1.05 **Taskmaster** (S)(SL)(R)(AD)
2.00 **Ramsay's Kitchen Nightmares USA** From New York. (S)(SL)(R)
2.50 **Remarkable Places to Eat** (S)(R)
3.45 **Grand Designs** (S)(SL)(R)(AD)
4.40 **Jamie's Comfort Food** (S)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM PREMIERE **Deadly Wives Club** Thriller starring Erin Boyes and Matt Hamilton. (S) (2024, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** Comedian Lucy hopes to convince her friend Carla to give stand-up a try. (S)(R)(AD)
5.00 **News** (S)
6.00 **The Yorkshire Vet** Julian Norton visits a farm on a historic estate in Leeds to help a goat with one horn. (S)(R)
6.55 **News** (S)

8.00 Vigilante & Proud

7.00 **The Motorway** An emergency patrol team deal with a freak accident in which a lorry's wheel has come off and destroyed a family's car. (S)(R)
7.55 **News** (S)

8.00 NEW **Vigilante & Proud: Catching the Street Thieves** Documentary following ex-police detective Rebecca Mason as she helps victims of street crimes get justice. (S)

9.00 NEW **You Be the Judge: Crime & Punishment** Anne Robinson presents an exploration of the British public's view of sentencing in the UK. Viewers are offered a chance to compare their judgements about convicted criminals against those of real judges. (S)
10.30 **The Drowning of Paula Leeson** A look into the death of Paula Leeson, who was found floating face down in the pool at a Danish holiday home on a weekend break with her husband Donald McPherson. (S)(R)
12.25 AM **Killer at the Crime Scene** Police find a body buried in a shallow grave. (S)(R)(AD)
1.20 **PlayOJO Live Casino Show** (S)
3.20 **Friends** (S3) (S)(R)(AD)
3.45 **Secrets of the Imperial War Museum** Documentary. (S)(R)
4.30 **Me & My 10 Kids** (S)(R)
5.20 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S6) (S)(R)
11.00 **Wild Family Ties** (S)(R)
12.00 NOON **Manifest** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S5) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 13/23. (S2) (S)(R)(AD)
5.00 **The Simpsons** *Make Room for Lisa:* Lisa has to share a bedroom with Bart. (S)(R) **5.30** *Marge Simpson in 'Screaming Yellow Honkers':* Marge's driving habits come under scrutiny. (S)(R)
6.00 **The Office (US)** 5/19. Part one of two. The staff prepare for the website's launch party. (S)(R) **6.30** 6/19. Part two of two. Dwight and Michael kidnap a pizza delivery boy. (S4) (S)(R)

9.00 United States of Birmingham

7.00 **The Simpsons** *Maximum Homerdrive:* Homer and Bart deliver a dead trucker's cargo. (S)(R) **7.30** *Simpsons Bible Stories:* The family have biblical dreams when they fall asleep at church. (S)(R)

8.00 **David Attenborough's Galapagos** 3/3. The broadcaster reveals the differences between the 19 islands and encounters giant Pinta Island tortoise Lonesome George. (S)(R)

9.00 **Joe Lycett's United States of Birmingham** New edition 3/4. Joe's quest continues into the American Midwest, tackling an underwater ghost town, and the world's largest BBQ competition. (S)(AD)
10.00 **Never Mind the Buzzcocks** Guests Paloma Faith, Benji Webbe and Judi Love join the regulars. (S)(R)(AD) **10.45** Roisin Murphy, Dermot Kennedy and Billy Porter take part. (S)(R)(AD)
11.30 **Brassic** 6/8. Erin's brother Ronnie returns to Hawley claiming he has turned over a new leaf, so she persuades farmer Jim to let him stay in his spare room. (S3) (S)(R)(AD)
12.30 AM **The Force: Manchester** Crime documentary. (S)(R)
1.30 **Road Wars** Double bill. (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 13/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.40pm Scotcast (S)(R) **12.10am** The Repair Shop New edition (S)(AD) **1.10** Ambulance (S)(R) **2.10** Weather for the Week Ahead (S) **2.15-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The Crime I Can't Forget New edition (S) **11.40** Glow Up: Britain's Next Make-Up Star (S)(R)(AD) **12.40-1.40am** The Repair Shop (S)(R)(AD)

WALES
Sky 965, Virgin 864, Freesat 965
7.00-7.30pm NEW SERIES Iolo's River Valleys (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
1.45pm First Minister's Questions (S) **2.40** Impossible (S)(R) **3.25** Lightning (S)(R) **3.55** Saved and Remade (S)(R) **4.40** Great Barrier Reef (S)(R)(AD) **5.40-6.00** Flog It! (S)(R) **7.00-7.30** The One Show (S) **11.00pm-12.00m't** Motorway: The Secret Genius of Modern Life (S)(R)(AD)

ITV1

As main ITV1 except:
WALES
8.30-9.00pm Wales This Week New edition (S) **10.45** Sharp End (S) **11.40pm-12.10am** For the Love of Dogs with Alison Hammond Series finale (S)(AD)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Heno **12.50** Dan Do **1.00** Arfordir Cymru: Sir Benfro (AD) **1.30** Bwrdd i Dri (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cefn Gwlad (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ceffylau Cymru **6.30** Cymry ar Gynfas **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** NEW SERIES Y Llinell Las (AD) **10.00** Clwb Rygbi New edition **10.30-11.35pm** Iaith ar Daith

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Older hot hatches are put to the test.
8.00 **Dragons' Den US: Shark Tank** New edition 20/24. Featuring an invention that helps prevent the spread of germs.
8.45 **The Catch Up**
8.50 **Press X on the BBC**
9.00 **Ashley Cain: Into the Danger Zone** Series finale 6/6. Ashley heads to the Philippines to find out if joining a gang is the only way to survive in extreme poverty. ■ Entire series on BBC iPlayer
10.00 **Man Like Mobeen** 1/6. Mobeen's plan to get to Aqsa goes wrong. **10.20** 2/6. Nida offers to get Mobeen a fake passport if he can steal something from the Turks. (S5)
10.50 **The Young Offenders**
11.50 **Top Gear** As 7.00pm.
12.50 AM **Ashley Cain: Into the Danger Zone** As 9.00pm.
1.50 **Man Like Mobeen** (S5)
2.40 **Donkey** Comedy.
2.55 **to 3.55** AM **Ashley Cain: Into the Danger Zone**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Heir Hunters**
11.00 **A New Life in the Sun**
12.00 NOON **A Place in the Sun**
2.35 PM **Come Dine with Me** Five editions from Harrogate.
5.15 **Four in a Bed** The week's contest begins at the Shelley Guest House in Aberystwyth. **5.45** From Ixworth House in Bury St Edmunds, Suffolk. **6.20** A visit to the Georgian House & Mews in York. **6.50** The week's fourth visit takes place at the George Hotel in Orton, Cumbria.
7.25 **Four in a Bed** The week's winner is announced.
7.55 **Kirstie and Phil's Love It or List It** In Hamilton, Scott and Jaqui need help deciding whether to renovate or sell their four-bedroom home.
9.00 **Our Farm Next Door: Amanda, Clive and Kids** New edition Builder Richard grapples with the challenge of moving oak ceiling beams into position while Clive picks up the tweezers to get his sheep looking their best for the sales.
10.00 **24 Hours in A&E** A teenager is rushed in after putting his hand through a pane of glass.
11.05 **999: On the Front Line**
12.10 AM **Our Farm Next Door: Amanda, Clive and Kids**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Pubs, Ponds and Power: The Story of the Village** The history of Cromford in Derbyshire.
7.30 **Wainwright Walks** The work of Alfred Wainwright.
8.00 **Hidden History: The Lost Portraits of Bradford** The discovery of thousands of photographs in a skip in the 1980s.
9.00 **The Good Life** The Goods decide to keep some pigs.
9.30 **Yes, Minister** First episode of the comedy series.
10.00 **David Hockney: A Life in Art – The Interview** Britain's most popular living artist talks to Katie Razzall.
10.25 **Imagine: David Hockney – A Bigger Picture**
11.20 **Hockney: Double Portrait**
12.10 AM **Face to Face with David Hockney**
12.50 **Wainwright Walks**
1.20 **Pubs, Ponds and Power...**
1.50 **Hockney: Double Portrait**
2.40 **to 3.40** AM **Hidden History: The Lost Portraits of Bradford**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Married at First Sight Australia** Reality series.
12.35 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **Hollyoaks** A resident makes a shocking confession.
7.30 **Married at First Sight Australia** New edition After nearly three months, the experiment concludes with the Final Vows, when the couples choose to take their love story out into the real world or leave it all behind.
9.00 **The Honesty Box** New edition 5/9. The ladies venture outside of Truetopia, but what seems like harmless fun spirals into something with major consequences.
10.00 **Gogglebox** Opinions on *Simply Nigella* and *Top Gear*.
11.05 **First Dates**
12.10 AM **Naked Attraction**
1.15 **Married at First Sight Australia** As 7.30pm.
2.40 **The Honesty Box**
3.35 **The Goldbergs**
4.25 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

Tuesday primetime

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Customs UK**
10.00 **Bondi Rescue**
11.00 **Bull** 18/22. (S6)
12.00 NOON **The Good Doctor** (S4)
1.00 PM **The Rookie: Feds** 1/22. Special Agent Simone sets her sights on joining Garza's new unit. (S1)
2.00 **FBI** 1/22. A bomb devastates an apartment building. (S1)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Matlock

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **Boardwalk Empire** (S3)
10.05 **Billions** 7&8/12. (S2)
12.15 PM **Game of Thrones** (S2)
1.15 **Das Boot** 6&7/8. (S1)
3.35 **Boardwalk Empire** 8/12. Nucky pays a visit to treasury secretary Andrew Mellon.
4.40 9/12. Nucky vows to eliminate his Gyp Rosetti. (S3)
5.45 **Billions** 7/12. Axe assembles a war room in the Hamptons.
6.50 8/12. Axe looks into who caused a breakdown in his dealings in Sandicot. (S2)

9.00 Gangs of Milan: Blocco 181

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S4)
8.00 **Manifest** 10/13. (S3)
9.00 **Stargate SG-1** 17&18/22. (S6)
11.00 **Supergirl** 10/23. (S3)
12.00 NOON **Manifest** 11/13. (S3)
1.00 PM **Hawaii Five-0** (S5)
3.00 **Magnum P.I.** 14/20. (S5)
4.00 **S.W.A.T.** 13/23. (S2)
5.00 **Supergirl** 9/23. Kara investigates the origins of a mysterious symbol popping up all over National City. (S3)
6.00 **Stargate SG-1** 17/22. Foreign ambassadors learn of the Stargate programme. (S6)

7.00 Stargate SG-1

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Wheel of Fortune**
3.00 **Hart of Dixie** 2/22. Zoe avoids Wade. (S2)
4.00 **Gilmore Girls** 2/22. Rory is aggrieved when a long-planned trip to Asia is cancelled. (S7)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With guests Adjoa Andoh, Adrian Chiles and Trevor Nelson.

10.00 Plebs

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.25 **The Royal** *Cliffhanger.*
11.25 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.25 **Classic Coronation Street**
3.25 **Agatha Christie's Poirot**
4.30 **Downton Abbey** 7/7. Robert makes a shocking announcement. (S1)
6.00 **Heartbeat** *Hearts and Flowers:* A sniper terrorises the residents of Aidensfield.

7.00 Heartbeat

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

7.55 Game of Thrones *Blackwater:* 9/10. Tyrion defends King's Landing against Stannis Baratheon's assault in a battle that will determine the fate of the seven kingdoms. (S2)

7.00 Stargate SG-1 *Forsaken:* 18/22. The team try to help a stranded ship's crew struggling for survival on a remote planet. (S6)

7.00 Deal or No Deal Stephen Mulhern hosts as Jemma takes on the Banker for the chance to win a life-changing cash prize.

7.00 Heartbeat *Stumped:* Walker manages to arrest one member of a robber gang when a sting operation goes wrong.

8 PM

8.00 FBI: Most Wanted *Succession:* 3/22. A diamond heist reveals a connection to Kristin's undercover past. (S4)

8.00 Flintoff's Road to Nowhere 1/2. Former England cricketer Andrew Flintoff cycles through the Amazon.

8.00 Celebrity Wheel of Fortune Graham Norton hosts the game show, with AJ Odudu, Gok Wan and Charlotte Church.

8.00 Vera *The Seagull:* The detective reopens an unsolved case when a skeleton is discovered, and suspects the bones belong to a notorious criminal who was once a friend of her father.

9 PM

9.00 Matlock New episode *I Was That, Too:* 17/19. Olympia helps a pregnant woman in divorcing her husband. (S1)

9.00 Gangs of Milan: Blocco 181 New episode 3/8. Italian drama set in a drug-ridden neighbourhood. Stars Laura Osma.

9.00 Joe Lycett's United States of Birmingham New edition 3/4. Joe's quest continues into the American Midwest.

9.00 Family Guy 10/21. Peter and Lois compete for a place on the school board.
9.30 11/21. Chris's artistic talents come to light. (S2)

10 PM

10.00 The Cleaning Lady *Paradise Lost:* 6/12. An unexpected trio team up to take down Cortes. (S2)

10.00 Gangs of Milan: Blocco 181 New episode 4/8. Italian drama starring Laura Osma and Andrea Dodero. Subtitled. (S2)

10.00 Never Mind the Buzzcocks With guests Paloma Faith, Benji Webbe and Judi Love.
10.45 With guests Roisin Murphy, Dermot Kennedy and Billy Porter.

10.00 Plebs 5/8. A crime wave sweeps the city.
10.35 6/8. Marcus and Stylax help invent a new office-based sport. (S3)

10.00 Scott & Bailey 7/8. Andy punishes Janet by keeping her out of an investigation into a gangland killing. (S2)

11.00 **The Rookie** 1/10. (S6)
12.00 M'T **FBI** 5/19. (S2)
1.00 AM **FBI: Most Wanted** (S4)
2.00 **The Equalizer** New episode *A Few Good Women:* 13/18. (S5)
3.00 **The Good Doctor** 7/20. (S4)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **UK Border Force**

+1 hour 207 310

11.00 **Homicide: Life on the Street** 3/22. A prison riot breaks out and two inmates are killed. (S5)
12.00 M'T **Penelope** 3&4/8. (S1)
1.20 AM **The Wire** 11/13. (S4)
2.25 **The Baby** 8/8. (S1)
3.00 **Game of Thrones** As 7.55pm.
4.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

11.30 **Brassic** 6/8. (S3)
12.30 AM **Road Wars**
1.00 **The Force: Manchester**
2.00 **Road Wars**
3.00 **Magnum P.I.** 14/20. (S5)
4.00 **S.W.A.T.** 13/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

11.05 **Family Guy** 2/21. Peter's father moves in. (S2)
11.35 **American Dad!** (S6)
12.35 AM **Bob's Burgers** (S10)
1.35 **Plebs** 5&6/8. (S3)
2.40 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

11.00 **Scott & Bailey** 8/8. Rachel is suspected of assault. (S2)
11.55 **Cracker** 7/7. (S1)
12.55 AM **Where the Heart Is**
1.50 **The Royal** *Cliffhanger.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **LIVE Football: Sportscene – Premiership Play-off** Coverage of the first-leg of the quarter-final, as the team that finished fourth in the Championship hosts the third-placed side. Kick-off is at 7.45.
10.00 **Paramedics on Scene** New edition 6/10. In East Ayrshire, a crew from the special operations team attend a two-car crash, treating a patient and reassuring her startled and worried husband and son.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Anton Danyluk on Body Shame** Exploring the male body-image crisis.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S4)
9.15 **The Conners** (S5)
10.15 **Veep** 7/7. (S7)
11.15 **Insecure** 6&7/8. (S1)
12.35 PM **Curb Your Enthusiasm** (S11)
2.05 **Veep** 7/7. (S7)
3.05 **Silicon Valley** (S4)
4.15 **Insecure** 6&7/8. (S1)
5.30 **The Office (US)** (S4)
6.30 **The Conners** (S5)
7.25 **Curb Your Enthusiasm** 1/10. Larry and Jeff pitch an idea to Netflix.
8.15 2/10. Jeff employs Larry's detective skills to unravel a mystery. (S11)
9.00 **And Just Like That...**
10.40 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
11.40 **Divorce** 3&4/6. (S3)
12.50 AM **Barry** 1&2/8. (S3)
2.00 **The Righteous Gemstones** Series finale 9/9. (S4)
2.50 **Silicon Valley** (S5)
4.15 **to 5.00** AM **How to Make It in America**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Rising Stars with Julian Lloyd Webber**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of Architecture**
12.00 NOON **Landscape Artist of the Year 2023**
1.00 PM **Tales of the...**
2.00 **Art's Wildest Movement: Mannerism**
3.00 **The Art of Architecture**
4.00 **Discovering**
5.00 **Portrait Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Stories from the National Gallery**
9.00 **Titanic: The Musical**
11.20 **The Pilgrimage of Gilbert & George**
1.20 AM **Statues Redressed**
3.20 **Unmuted**
3.50 **Offended by Irvine Welsh** Documentary.
4.50 **Arts Uncovered**
5.00 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Nothing to Declare**
10.00 **Caught on Dashcam**
11.00 **Border Security: America's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **Caught on Dashcam**
3.00 **Nothing to Declare**
4.00 **Primeval** 3/6. (S5)
5.00 **Stargate SG-1** (S3)
6.00 **Stargate Atlantis** (S4)
7.00 **Star Trek: Voyager** (S6)
8.00 **Hawaii Five-0** (S10)
9.00 **FBI: Most Wanted** *Iron Pipeline:* 1/22. A family of four are found dead in a motel room. (S4)
10.00 **FBI: International** (S2)
11.00 **Grimm** 10/22. (S2)
12.00 M'T **Stargate SG-1** (S3)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Backyard Builds**
8.05 **The Family Diaries**
9.10 **Dermot O'Leary's...**
10.10 **Worst to First**
12.05 PM **The Family Diaries**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Scott's Vacation House Rules** Property series.
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
7.00 **Dermot O'Leary's Taste of Ireland**
8.00 **Dinner Date**
9.00 **The Real Housewives of Orange County** New edition Reality show.
10.00 **Botched** Medical series.
10.55 **My Mum, Your Dad**
11.55 **The Only Way Is Essex**
12.55 AM **Backyard Builds**
1.20 **Unwind**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 18/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 16/19. (S1)
1.00 PM **Hart to Hart** (S1)
2.00 **Father Dowling Mysteries** 1/8. (S1)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 15-18/20. (S9)
9.00 **Randall and Hopkirk (Deceased)** *The Ghost Talks:* 21/26. Marty recalls an old case. (S1)
10.00 **The New Avengers** *Cat Among the Pigeons:* 5/13. An ecologist faces a deadly threat. (S1)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S9)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Football League Legends**
6.10 **Minder**
7.10 **The Sweeney**
8.10 **The Saint**
9.20 **Magnum, PI**
10.25 **Kojak**
11.25 **Giant Lobster Hunters**
12.25 PM **The Saint**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Professionals**
5.55 **The Chase** Quiz show hosted by Bradley Walsh.

10.00 **Mad Max 2**

6.55 The Motorbike Show Henry Cole rides an Indian Scout across the North Wessex Downs to a bijou motor museum in Calne.

8.00 World Superbike Highlights Action from the fourth round of the season staged at Cremona Circuit in Italy.

9.00 Underwater Grand Fishing Adventure New edition Ali Hamidi and Bobby Zamora's are at Iktus in France.

10.00 FILM Mad Max 2 Action thriller sequel starring Mel Gibson as a lone road warrior rescuing a beleaguered community. (1981, 18, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

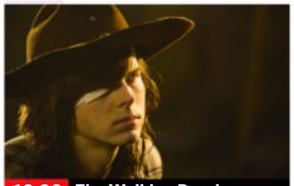
11.55 **Two and a Half Men** (S2)
12.50 AM **Minder**
1.50 **The Professionals**
2.45 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 12/26. (S5)
2.00 **Atlantis** 6/13. (S2)
3.00 **Stargate Universe** 17/20. (S1)
4.00 **Star Trek: Voyager** (S4)
5.00 **Star Trek: The Next Generation** 12/26. Troi falls into a mysterious coma. (S5)
6.00 **Star Trek: Enterprise** 23/26. A Vulcan ambassador is transported home. (S1)



10.00 **The Walking Dead**

7.00 Atlantis *The Grey Sisters:* 6/13. Jason feels guilty about Ariadne and resolves to do everything he can to save her. (S2)

8.00 Stargate Universe *Pain:* 17/20. Tamara is concerned when strange visions begin to plague the crew members. (S1)

9.00 Grimm *Mishipeshu:* 18/22. The spirit of a vengeful Native American inhabits the body of a troubled teenager. (S4)

10.00 The Walking Dead *The Day Will Come When You Won't Be:* 1/16. Negan sets about cementing his rule. (S7)

11.00 **Wynonna Earp** 2/12. New girl Rosita has plenty yet to prove.
12.00 M'T 3/12. The residents host a homecoming. (S2)
1.00 AM **The Ark** 3/12. The crew save the future of humanity.
2.00 4/12. Two alternative realities intertwine. (S2)
3.00 **Twin Peaks: The Return** (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 3/13. (S2)
11.00 **Hudson & Rex** 1/16. (S1)
12.00 NOON **The Mentalist** (S7)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S16)
4.00 **Father Brown**
5.00 **Hudson & Rex** 1/16. Rex proves himself when he tails a kidnapper. (S1)
6.00 **Body of Proof** 14/20. The owner of an Italian restaurant is found dead in a freezer. (S2)

7.00 **The Mentalist**

7.00 The Mentalist *Green Light:* 6/13. The FBI are brought in to consult following a botched raid by the DEA. (S7)

8.00 Death in Paradise *Murder Most Animal:* 2/8. A zoo owner is killed by a tranquilliser dart in an empty park. (S8)

9.00 Death in Paradise *The Complex Murder:* 1/8. A millionaire environmentalist is shot dead on his boat. (S5)

10.00 I, Jack Wright *Fight Like Hell:* 2/6. Sally begins the formal process of challenging the will. (S1)

11.00 **The Mentalist** As 7pm.
12.00 M'T **Body of Proof** As 6pm.
1.00 AM **Elementary** 24/24. Sherlock tries to exonerate Mycroft for the charges of murder and treason.(S2)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.15 **My Hero**
9.55 **Hi-de-Hi!**
10.35 **Porridge**
11.15 **Last of the Summer Wine**
12.30 PM **The Green Green Grass**
1.10 **My Hero**
1.50 **Dad's Army**
2.30 **Porridge**
3.05 **Hi-de-Hi!**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

10.20 **Absolutely Fabulous**

7.00 Dad's Army Wilson inherits a title following the death of a relative.
7.40 Only Fools and Horses Del latest scheme to make millions involves a spot of salmon-poaching.
8.20 Del falls for an antiques dealer who comes to view a cabinet.

9.00 The Fast Show The *That's Amazing* presenter shows off a magical pen.
9.40 Bottom An unexpected guest disrupts Richie and Eddie's Christmas plans.
10.20 Absolutely Fabulous Edina becomes obsessed by mortality following the death of her father.

11.00 **Live at the Apollo**
12.00 M'T **Porridge** As 6.20pm.
12.40 AM **The Fast Show** As 9pm.
1.20 **Bottom** As 9.40pm.
2.00 **Absolutely Fabulous**
2.30 **Live at the Apollo**
3.35 **to 4.00** AM **Only Fools and Horses**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Outback Pilots**
8.00 **Special Ops: Crime Squad UK**
10.00 **Outback Pilots**
12.00 NOON **Storage Hunters UK**
1.00 PM **Storage Hunters UK: Celebrity Special**
2.00 **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Food found in woodlands.
6.00 **Rick Stein's Cornwall** The chef visits Europe's largest tea plantation on the River Fal.
6.30 Rick visits one of the UK's last live cattle markets.

10.00 **QI XL**

7.00 Would I Lie to You? Wuth Stephen Bailey, Asim Chaudhry, Gemma Collins and Sally Lindsay.
7.40 Richard Osman's House of Games With Charlie Baker and Martin Offiah.
8.20 With Dev Griffin, Debbie McGee, Alex Horne and June Sarpong.

9.00 Have I Got a Bit More News for You Jo Brand hosts the current affairs quiz, with guests Miles Jupp and Quentin Letts.

10.00 QI XL Sandi Toksvig, Clive Anderson and Henning Wehn join regular panellist Alan Davies and host Stephen Fry.

11.00 **8 Out of 10 Cats** With Henry Winkler and Henning Wehn.
11.50 **Mock the Week**
12.30 AM **Would I Lie to You?**
1.50 **8 Out of 10 Cats**
2.40 **Mock the Week**
3.15 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** Five editions.
2.30 PM **A Place in the Sun**
3.00 **A New Life in the Sun: Where Are They Now?**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** Property show.
7.00 **The Great Celebrity Bake Off for Stand Up to Cancer**
8.00 **Secrets of Supermarket Buyers** Going behind the scenes at Tesco.
9.00 **24 Hours in A&E**
10.00 **Building Monaco's Superhomes**
11.05 **Britain's Most Expensive Houses**
12.05 AM **999: The Critical List**
1.05 **24 Hours in A&E**
2.10 **Gogglebox**
3.10 **Secrets of Supermarket Buyers**
4.10 **to 4.35** AM **Jamie's One-Pan Wonders**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods**
10.00 **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *True Believer:* 8/16. Sloane's name is found in Afghanistan at the site of an abandoned bus with a dead driver.
7.00 *Winter Chill:* 9/16. A man is found frozen to death in the back of a food truck.
8.00 *Watchdog:* 10/16. A case involving a dog-fighting ring pushes Gibbs' limits. (S18)
9.00 **Law & Order: Special Victims Unit** *The Punch List:* 3/13. The unit help a man come to terms with being victimised. (S25)
10.00 **Law & Order: Special Victims Unit** (S21&20)
1.50 AM **Quantum Leap** (S1)
2.45 **The Good Wife** (S4)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **GPs: Behind Closed Doors** Medical series.
9.00 **Casualty 24/7: Every Second Counts**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Dogs Behaving (Very) Badly** Documentary.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Call the Bailiffs: Time to Pay Up** New edition Agents Mark and Sam chase a builder.
10.00 **999: Killer on the Line**
11.00 **Skin A&E**
12.00 M'T **Love You to Death: For Love or Money** New edition
1.05 AM **The Block** New editions Double bill.
3.10 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.15 **Trucking Heavy**
10.15 **Traffic Cops**
11.15 **Police Interceptors**
12.20 PM **FILM The Yellow Mountain** Western. (1954, U, 77min) ★★
2.00 **FILM Streets of Laredo** Western adventure. (1949, U, 93min) ★★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Triple bill, including at:
8.00 Paul Jackson is forced to draw his Taser.
9.00 **Motorway Cops: Catching America's Speeders** Officer Pat Reynolds searches a truck and makes an unexpected find.
10.00 **Scam City** Con artists in Marrakech, Morocco.
11.00 **Yellowstone** 2/10. (S2)
12.00 M'T **Outback Truckers**
2.05 AM **New York Undercover** (S1)
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Michael McIntyre's The Wheel** With Big Narstie.
5.20 **Gavin & Stacey**
6.35 **Interior Design Masters with Alan Carr**
8.00 **Don't Hate Your House with the Property Brothers**
9.00 **Border Force: America's Gatekeepers**
10.00 **Katie Piper: Locked Up in Louisiana**
11.00 **Gemma and Gorka: Life Behind the Lens**
12.00 M'T **Pete Wicks: For Dogs' Sake**
1.00 AM **MasterChef USA: United Tastes of America** Culinary show.
1.55 **to 3.00** AM **Freddie Flintoff: Living with Bulimia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.15 AM **At Home with the Braithwaites**
8.10 **Doctors**
9.25 **Holby City**
10.20 **Classic Casualty**
11.25 **The Bill**
12.30 PM **Classic EastEnders**
1.50 **Eldorado**
3.05 **Hetty Wainthropp Investigates**
4.05 **At Home with the Braithwaites**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Dalziel & Pascoe** *A Killing Kindness:* The detectives trail a serial killer known as the 'Wetherton Choker.'
10.05 **New Tricks**
11.25 **Bergerac**
12.30 AM **Sister Boniface Mysteries** 1/10. (S1)
1.30 **The Last Detective**
3.20 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

TUESDAY Entertainment

Tuesday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** North Wales.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Celebrity Antiques Road Trip** Triple bill.
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Long Lost Family: What Happened Next** Davina McCall and Nicky Campbell revisit more of the programme's most memorable searches.
10.00 **Rich House, Poor House** A millionaire property developer swaps his penthouse for a single mother's council house.
11.00 **Long Lost Family**
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Classic Who Wants to Be a Millionaire?**
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room** Items include a unique 1960s vase and a mirror.
7.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show.
8.00 **The Chase** Double bill of the quiz show.
10.00 **Tenable** A team of five friends from Brighton take part in the quiz.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West Chronicles** Western.
8.50 **War Machines**
10.00 **The Avengers** (S5)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Fort Ti** Western (1953, U) ★★
2.55 **FILM Alvarez Kelly** Western adventure. (1966, PG, 116min) ★★
5.30 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers**
9.00 **FILM Shadow Man** Espionage thriller starring Steven Seagal. (2006, 15, 92min) ★
11.05 **FILM Out of Reach** Action thriller starring Steven Seagal. (2004, 15, 82min) ★
1.10 AM **FILM Asteroid: Final Impact** Thriller. (2015, PG, 86min) ★
2.50 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Coast Guard Alaska**
11.00 **Saving Lives at Sea**
12.00 NOON **Paddington Station: The Big Weekend Getaway**
1.00 PM **FILM The Lease** Thriller. (2017, PG) ★★
3.00 **FILM Dangerous Company** Thriller. (2015, PG, 87min) ★
5.05 **FILM Garage Sale Mysteries: Murder in D Minor** Crime drama. (2018, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Bunraku** Fantasy starring Josh Hartnett. (2010, 15, 119min) ★★★
11.35 **FILM 6 Below: Miracle on the Mountain** Fact-based adventure. (2016, 12, 98min) ★★★
1.40 AM **FILM Exposed** Crime thriller. (2016, 15, 100min) ★★
4.00 **to 6.00** AM **FILM Fatal Trust** Thriller. (2016, 12, 89min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Harvest Moon** Drama. (2015, PG) ★★
10.05 **FILM Forever in My Heart** (2019, U) ★★
12.00 NOON **FILM Key to Love** Drama. (2023, U) ★★
2.00 PM **FILM Flowers and Honey** Romantic drama. (2021, PG, 90min) ★★
4.00 **FILM When Love Blooms** Comedy. (2021, PG, 90min) ★★
6.00 **FILM Zoe's Having a Baby** Comedy drama. (2023, U, 90min) ★★
8.00 **FILM Team Bride** Romantic drama. (2023, U, 91min) ★★
10.00 **FILM A Picture Perfect Wedding** Romance. (2021, PG, 90min) ★★
12.00 M'T **FILM Romantic Rewrite** Comedy. (2022, PG, 82min) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Flowers and Honey** Drama. (2021, PG) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Surgical Spirit** (S3)
10.30 **Watching** 3/7. (S7)
11.00 **A Fine Romance** (S2)
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **Carry On Laughing**
1.00 **Please Sir!** 4/7. (S1)
1.50 **Roobarb**
2.00 **Bramwell** 3/7. (S1)
3.00 **Shine on Harvey Moon**
4.00 **Bubblegum & Cheese**
5.00 **A Fine Romance** (S2)
5.30 **The Monkees** (S1)
6.00 **Watching** 3/7. (S7)
6.30 **Don't Drink the Water**
7.00 **Bramwell** 3/7. (S1)
8.00 **Please Sir!** 4/7. (S1)
8.50 **Roobarb**
9.00 **Carry On Laughing** (S1)
9.30 **The Cuckoo Waltz** (S1)
10.00 **Don't Drink the Water**
10.30 **Game On** (S3)
11.05 **Department S** (S2)
12.05 AM **Clive James Meets Katharine Hepburn**
1.05 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Captain Phil's good mood turns sour when his son reveals a secret. **8.00** On the *Northwestern*, Jake Anderson uncovers details about his father's disappearance. **9.00** Freak tides trap Sig in dangerous seas, and Rick attempts to turn a heart-wrenching tragedy into a triumph.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **River Cottage Every Day**
7.00 **30 Minute Meals**
9.00 **Jamie's 15 Minute Meals**
11.00 **The Great British Bake Off** Double bill.
1.00 PM **River Cottage Every Day**
2.00 **James Martin's French Adventure**
3.00 **30 Minute Meals**
5.00 **Jamie's 15 Minute Meals**
7.00 **The Great British Bake Off** The hopefuls prepare biscuits and traybakes. **8.00** The remaining contestants face tasks involving sweet dough.
9.00 **Jamie's Quick & Easy Food** Double bill.
10.00 **Nadiya's Family Favourites** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 4/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 11/22. (S1)
11.00 **FILM True Grit: A Further Adventure** Western adventure. (1978, PG, 104min) ★★
12.55 PM **FILM Western World** Western. (2017, 12, 78min) ★★
2.30 **FILM The Sting** Period crime comedy. (1973, PG, 129min) ★★★★★
5.00 **Star Trek** 24/24. (S3)
6.00 **Knight Rider** 12/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Papillon** Drama. (2017, 15, 133min) ★★★
11.35 **FILM Unchained** Thriller. (2017, 15, 110min) ★★
1.25 AM **FILM A Reason to Live, A Reason to Die** Spaghetti Western. (1972, PG, 92min) ★★★
3.15 **to 5.00** AM **FILM Mercy Black** Horror. (2019, 15, 88min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM The Philadelphia Experiment** As 5.00pm.
8.00 **FILM Beware! The Blob** Sci-fi comedy sequel. (1972, 15, 87min) ★★
10.00 **Farscape** 16/22. (S4)
11.00 **FILM Apocalypse of Ice** Sci-fi disaster drama. (2020, PG, 88min) ★★
1.00 PM **FILM 2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
3.00 **Farscape** 16/22. (S4)
4.00 **The A-Team** 8/14. (S1)
5.00 **FILM The Philadelphia Experiment** Sci-fi mystery thriller remake. (2012, 15, 89min) ★★
7.00 **Farscape** 17/22. (S4)
8.00 **The A-Team** 9/14. (S1)
9.00 **FILM Buried** Thriller with Ryan Reynolds. (2010, 15, 94min) ★★★★
10.55 **FILM The Man Called Noon** Western drama. (1973, 15, 98min) ★★
1.00 **to 3.00** AM **FILM Buried**

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **Alien Disclosure Files**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Proof Is Out There**
1.05 **Secrets in the Ice**
2.05 **Storage Hunters**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **Alien Disclosure Files**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Contraband: Seized at Sea** New edition
10.00 **Airport Security: USA** New edition
11.00 **Cops Who Kill**
12.00 M'T **UFOs Declassified**
1.00 AM **Alien Disclosure...**
2.00 **Weird or What?**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **Susan Calman's Grand Day Out** The Irish coast.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **World's Most Scenic Railway Journeys**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **How the Nazis Lost the War** How the Nazis' racist quest to realise the Aryan ideal led to the death of millions.
10.00 **Nazi Megastructures** Documenatry uncovering what is left of Hitler's sea-faring structures.
11.00 **Prisoner: Cell Block H**
1.00 AM **Bargain-Loving Brits in the Sun**
3.00 **Susan Calman's Grand Day Out** The Irish coast.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun: Home or Away**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **Love Your Garden**
3.00 **Escape to the Country**
5.00 **A Place in the Sun: Home or Away**
6.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Married to Real Estate** New edition Egypt Sherrod's friends ask her to revamp their kitchens.
10.00 **Bargain Block** New edition The team plan to bring the Las Vegas strip to Detroit.
11.00 **Home Town**
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **Unbelievable Me** A paralympian shares her scars with the world.
9.00 **Take My Tumour**
10.00 **My Feet Are Killing Me**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **My Feet Are Killing Me**
3.00 **Sex Sent Me to the ER**
4.00 **Unbelievable Me**
5.00 **to 6.00** AM **Extreme Cheapskates**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S3)
8.00 **Friends** 6/24. Ross's love life improves. **8.30** 7/24. Chandler tries to stop Joey from finding out the truth. (S4)
9.00 **FILM Bad Neighbours 2** Comedy sequel starring Seth Rogen, Zac Efron and Rose Byrne. (2016, 15, 90min) ★★
10.45 **Whose Line Is It Anyway? USA**
11.45 **South Park** (S1)
1.15 AM **Lee Evans Live from the West End**
2.45 **CC Live: Stand Up**
3.10 **Rosie Jones Tries to Help** With Tom Allen.
3.15 **Reno 911!** 2/11. (S8)
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 3&4/22. (S1)
11.00 **Friends** 16-19/24. (S5)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: Outtakes and Chill**
3.00 **Daria** 11 & 12/13. (S3)
4.00 **Guessable?**
5.00 **Becker** 3&4/22. (S1)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 16/23. Jess is reluctant to introduce her sister, Abby, to her friends. **9.30** 17/23. Abby announces that she has decided to stay in LA on a permanent basis. (S3)
10.00 **Friends** (S3)
2.00 AM **The Ren & Stimpy Show** 8/14. (S4)
3.00 **Reno 911!** 11 & 12/13. (S3)
3.45 **Becker** 3&4/22. (S1)
4.30 **New Girl** 16&17/23. (S3)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense...**
8.00 **Four Weddings**
10.00 **Border Security USA**
11.00 **Nothing to Declare**
12.00 NOON **DC's Legends of Tomorrow** (S5)
2.00 PM **Caught on Dashcam**
3.00 **Motorway Patrol**
4.00 **Border Security USA**
5.00 **Border Patrol**
6.00 **Supergirl** *Human for a Day:* 7/20. A huge earthquake hits the city. **7.00** *Hostile Takeover:* 8/20. Kara goes head to head with Astra. (S1)
8.00 **Caught on Dashcam**
10.00 **The Force: North East**
11.00 **The Flight Attendant**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Alex Brooker.
2.00 **Last King of the Cross**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

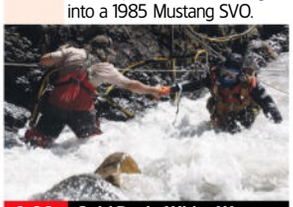
6.00 AM **MTV Cribs**
6.25 **16 and Pregnant**
7.15 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Help! I'm in a Secret Relationship!**
9.00 **MTV's Greatest Cribs Ever** AJ Odudu takes a look back at the show's best ever cribs.
10.00 **Aussie Shore** New edition Tensions rise when a reality star arrives on Catia's birthday.
11.00 **Dating Naked UK**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Nina Agdal find out who's 'screen possessed'.
12.30 AM **Ridiculousness**
1.00 **Just Tattoo of Us**
2.00 **Ink Master: Revenge**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Roadworthy Rescues**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Divers** 1&2/2. Mining empires clash in an epic battle to dominate Nome.
5.00 **Deadliest Catch** Sig suffers a system failure, and John bets the farm on sea mammals.
6.00 **Junkyard Empire** Andy tries to transplant a modern engine into a 1985 Mustang SVO.



9.00 Gold Rush: White Water

7.00 **Wheeler Dealers** Mike Brewer hunts down a Swedish classic – the 2001 Saab 9-3.

8.00 **Hoffman Family Gold** Frustrations reach a breaking point between Chambo and Andy.

9.00 **Gold Rush: White Water** New edition Issues with the new dredge push the crew to the brink, but a Red Zone win lifts morale.

10.00 **Gold Rush: Mine Rescue with Freddy & Juan** Freddy and Juan deliver a mining masterclass and revisit their best fixes.

11.00 **Border Control Sweden** Drug checks take place on a cruise.
12.00 M'T **Mountain Monsters**
1.00 AM **Gold Rush: White Water**
2.00 **Gold Rush: Mine Rescue with Freddy & Juan**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Animal Cops Phoenix**
10.00 **Bad Dog!** A cat knocks over a Christmas tree.
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Animal Cops Phoenix**
2.00 **Guardians of Rescue**
3.00 **Animal Cops Houston**
4.00 **Dogs 101** The dogs that make the best family pets.
5.00 **Alaska: Homestead Rescue** A family whose crops are failing.
6.00 **Tanked** Wayde and Brett create two giant aquariums.

8.00 Flying Wild Alaska

7.00 **Animal Cops Phoenix** Investigator Marlynn Barkley tries to save a dog that has been left for dead by its owners.

8.00 **Flying Wild Alaska** Following a family-run airline in Alaska that must battle the Arctic elements.

9.00 **Pit Bulls & Parolees: Tia's Tales** Tia's daughter Mariah recounts her experience of being born into the rescue life.

10.00 **Alaskan Bush People** Billy's dream of achieving a self-sustaining lifestyle is tested as the Browns begin a huge project.

11.00 **Killer Whales** Examining killer whales' feeding behaviour, including flipping great white sharks and dolphin hunting.
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101** As 4.00pm.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Colossal Machines**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Vikings: The Rise and Fall** Double bill of editions.
2.00 PM **Hitler's Last Stand**
4.00 **Seconds from Disaster** The sinking of the HMS *Coventry* during the Falklands War.
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw try to restore a 1974 Corvette Stingray.
6.00 **Lost Treasures of Egypt** Egypt's New Kingdom era.

5.00 Car S.O.S

7.00 **Air Crash Investigation** Documentary exploring the terrorist bombing of Pan Am Flight 103 in December 1988.

8.00 **Apocalypse: The Fall of Hitler** In 1943, the Allies prepare to rid the world of the Nazi leader once and for all.

9.00 **Apocalypse: The Fall of Hitler** It's 1944, and the Allied forces take over the west and Nazis retreat in the east.

10.00 **Hitler: The Lost Tapes of the Third Reich** How Hitler turned Germany into a dictatorship.

11.00 **Air Crash Investigation**
12.00 M'T **David Blaine: Do Not Attempt** In Japan, David looks into the concept of mastery.
12.45 AM **Destruction Decoded**
1.45 **Food Factory**
2.15 **Lords of War**
3.15 **Food Factory**
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **World War Weird**
6.50 **Secrets in the Ice**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Storm Stories**
2.00 **Soviet Storm: WWII in the East** Double bill of editions.
4.00 **Britain's Most Historic Towns**
5.00 **Pawn Stars** Two *Star Wars* Lego minifigures are brought in.
6.00 **American Pickers** Mike and Jersey encounter a multi-generational carnival collection.

9.00 Greatest Escapes of WWII

7.00 **Forged in Fire** The contest moves to the heart of North Carolina's Appalachian Mountains.

8.00 **World War Weird** How the inmates of the Death Camp at Sobibor staged a rebellion to fight back against their oppressors.

9.00 **Greatest Escapes of WWII** New edition A look at some of the most incredible escapes of World War Two.

10.00 **The Tattooist's Son: Journey to Auschwitz** Gary Sokolov explores the horrors that were confronted by his parents.

11.35 **Alien Disclosure Files** Alleged physical evidence of aliens.
12.05 AM **Kings of Pain** Rob and Adam test the pain dished out by a trio of unlikely creatures commonly kept in home aquariums.
1.00 **Pawn Stars** As 5.00pm.
2.00 **The Curse of Oak Island**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Hunters** As 4.00pm.
11.00 **The World at War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Nazi Hunters** Tracking down Gestapo officers.
5.00 **The World at War** America drops the first atomic bomb.
6.00 **Antiques Roadshow** Fiona Bruce hosts from the grounds of Belmont House in Kent.

6.00 Antiques Roadshow

7.00 **Canal Boat Diaries** Robbie journeys from Marple to Huddersfield. **7.30** Robbie travels along the Rochdale Canal.

8.00 **Bangers & Cash: Restoring Classics** The team snap up a slightly saggy 1970s Saab 96 in need of restoration.

9.00 **Bangers & Cash: Restoring Classics** The team are shocked when a Volvo 144 rolls in with just 15,000 miles on the clock.

10.00 **Bangers & Cash: Restoring Classics** Derek believes that a 29,000-mile Ford Capri should be kept original.

11.00 **Bangers & Cash** There's a surprise for Derek in Hull – an MGSA sports car that once had a tree growing through it.
12.00 M'T **Dream Car Fixers** Retired GP John asks Sheldon and Peter to find him an Alfa Spider.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Salvage Hunters: Classic Cars**
7.00 **Salvage Hunters: The Restorers**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Documentary.
1.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop** The team tackle a radio that survived the evacuation from Dunkirk.
8.00 **Adam Richman Eats Britain** Double bill.
9.00 **Adam Richman Eats Football** Double bill.
10.00 **Shed and Buried: Classic Cars**
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress: UK** Double bill.
9.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Lancashire**
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories** Documentary.
8.00 **Murder on CCTV**
9.00 **The Night That Didn't End** True-crime.
10.00 **Bloodline Detectives**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **New Scotland Yard Files** A string of elderly people are found dead in their beds across south London.
8.00 **See No Evil** DJ Ervin Holton is found dead on his friend's porch.
9.00 **Storm of Suspicion** New edition A man suddenly goes missing from a small beach community in New York.
10.00 **Donal MacIntyre's UK Killer Evidence** New edition The body of a woman is found in Bolton's red-light district, but a tyre print is the police's only lead.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Donal MacIntyre's UK Killer Evidence**
3.00 **See No Evil**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder by the Sea**
10.00 **To Catch a Killer**
11.00 **Medical Detectives**
2.00 PM **Crimes That Shook Australia** Double bill.
4.00 **Medical Detectives** The bodies of two women are found after an apartment fire. **4.30** How a discarded sweet wrapper proved to be vital evidence in a murder investigation. **5.00** How a forensic anthropologist found out the truth about a businessman's death. **5.30** A bomb detonates in a rural home. **6.00** How detectives caught a murder suspect within 12 hours. **6.30** Computer forensics help catch a killer.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Send in the Dogs**
9.00 **The Force: Manchester**
10.00 **Brit Cops**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **Catching the Killer**
2.00 **Murders That Shocked the Nation**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Killing Mum and Dad**
10.00 **The Real Manhunter**
11.00 **Catching the Killer**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murdered at First Sight**
3.00 **Ireland's Most Evil Killers** Colin Whelan.
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
8.35 **Britain's Biggest Dig**
9.50 **A Cold War of Spies**
10.55 **The Dambusters' Great Escape: Secret History**
11.55 **WW2: Battle of Crete**
1.00 PM **America the Bountiful** Documentary.
1.35 **Britain's Biggest Dig**
2.55 **A Cold War of Spies**
4.00 **The Dambusters' Great Escape: Secret History**
5.00 **WW2: Battle of Crete**
6.15 **Britain's Biggest Dig**
7.35 **A Cold War of Spies**
8.40 **The Dambusters' Great Escape: Secret History** The RAF's defeat of the German battleship *Tirpitz* in November 1944.
9.45 **WW2: Battle of Crete** Telling the story of the World War Two battle.
10.55 **A Cold War of Spies**
12.00 M'T **The Dambusters' Great Escape: Secret...**
1.05 **to 2.00** AM **America the Bountiful**

TUESDAY

Tuesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Nineties**
7.00 **Discovering: Ryan Gosling**
8.00 **The Directors**
9.00 **Charlie Hustle & the Matter of Pete Rose**
10.00 **Hostages**
11.05 **Dark Horses: Italy's World Cup Triumph**
12.00 NOON **Who Killed the KLF?**
1.50 PM **My Icon: Anthony Joshua**
2.00 **Stasi FC**
3.50 **My Icon: Chris Hughton**
4.00 **The Directors**
5.00 **Discovering: Ryan Gosling**
6.00 **The Story of Late Night**
7.00 **The Wimbledon Kidnapping**
9.00 **Love to Love You, Donna Summer** A profile of the singer.
11.00 **Wise Guy: David Chase and The Sopranos** 1&2/2. The story behind the drama.
2.00 AM NEW **Germanwings: What Happened on Flight 9525?** The circumstances surrounding the deliberate crashing of an Airbus in 2015.
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Ryan Gosling**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Patrick Aryee's Wild World**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Orangutan Jungle School**
10.00 **The Wadden Sea**
11.00 **Wild Family Ties**
12.00 NOON **Africa's Wild Horizons**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Orangutan Jungle School**
4.00 **The Wadden Sea**
5.00 **Australia's Hidden Islands**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life** Double bill.
8.00 **David Attenborough's Galapagos** The differences between the 19 islands.
9.00 **Survival of the Beast**
10.00 **Africa's Wild Horizons**
11.00 **Australia's Hidden Islands**
12.00 M'T **Wild Family Ties**
1.00 AM **Africa's Claws and Jaws**
2.00 **David Attenborough's Galapagos** As 8.00pm.
3.00 **Survival of the Beast**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Ice**
9.00 **The Plane That Led D-Day**
10.00 **Mystery Places**
11.00 **Ancient Aliens**
1.00 PM **Cursed Treasures**
2.00 **WW2 Treasure Hunters**
3.00 **Empire Builders**
4.00 **The Plane That Led D-Day**
5.00 **Mysteries from Above**
6.00 **Mystery Places**
7.00 **Alien Files: Unsealed**
8.00 **Al Murray: Why Does Everyone Hate the British Empire?** The history of British colonial rule in India.
9.00 **History's Greatest Myths** The world's most enigmatic unsolved mysteries.
10.00 **Secrets in the Ice** Ancient Celtic relics in Lake Neuchâtel, Switzerland.
11.00 **The Lost Pirate Kingdom**
12.05 AM **Ancient Aliens**
2.00 **WW2 Treasure Hunters**
3.00 **Ancient Superstructures**
4.00 **Alien Files: Unsealed**
5.00 **to 6.00** AM **Mysteries from Above**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files: DNA Speaks** Documentary.
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **When Missing Turns to Murder**
10.00 **Murdered By Morning**
11.00 **An Hour to Kill**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **The Real Murders of Atlanta**
3.00 **When Missing Turns to Murder**
4.00 **Murdered By Morning**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files: DNA Speaks**
7.00 **The First 48 Presents: Critical Minutes** Documentary.
8.00 **Imperfect Murder**
9.00 **Fatal Family Feuds** New edition
10.00 **Spring Break Murders** New edition Documentary.
11.00 **Cruise Ship Killers**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **Fatal Family Feuds**
2.00 **Spring Break Murders**
3.00 **The Real Murders of Atlanta**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **America's National Parks**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Built to Survive**
3.00 **Building Penguin Paradise**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa** The team fight to keep the orphaned manatees alive.
8.00 **Something Bit Me** In Florida, the animal kingdom bites back.
9.00 **America's Deadliest** The most dangerous animals in the USA.
10.00 **Alaska: The Next Generation** With spring approaching, young Alaskans struggle to complete necessary tasks.
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Lawless Island**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Coast Guard at War**
8.00 **Extreme Engineering**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Doing Da Vinci**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Experts hunt for the next deadly supernova.
8.00 **Coast Guard at War** A look at the role of the Coast Guard in the Vietnam War.
9.00 **Unexplained and Unexplored** Justin Fornal and Emiliano Ruprah travel to Florida and Arkansas in search of a source of water said to grant eternal life.
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.25 **Parkinson** Double bill.
2.00 PM **Bargain Hunt**
4.00 **Parkinson** As 9.30pm.
5.15 **Doctor Who** 5-8/25. (S7)
7.30 **Bargain Hunt** The 500th edition of the show sees antiques experts Kate Bliss, James Lewis, Mark Stacey and Charles Hanson competing against one another, with all proceeds going to charity. **8.30** Tim Wonnacott is at Gateshead Stadium as two pairs of contestants compete under the guidance of David Harper and Paul Laidlaw.
9.30 **Parkinson** With actor John Hurt, TV presenter Ulrika Jonsson and impressionist Alistair McGowan. Plus, music from The Corrs. **10.45** With pop star Ronan Keating, veteran actor David Jason and comedian Jack Dee.
12.00 M'T **Doctor Who**
2.15 AM **Bargain Hunt**
3.10 **Parkinson** Double bill.
5.10 **to 6.00** AM **Bargain Hunt**

+1 hour 266 376

ID

154 141 166

8.00 AM **Murder Comes to Town**
9.00 **Murder Chose Me**
11.00 **Never Say Goodbye**
1.00 PM **Pandora's Box: Unleashing Evil** Double bill.
3.00 **In Pursuit with John Walsh**
5.00 **The Wonderland Murders**
7.00 **Diabolical: Deadly Love** A case triggered by a farmer's discovery of a body in a car. **8.00** How, when the body of army sergeant and father Re'Mano Campbell was found in his house in Prichard, Alabama, local investigators unravelled a web of lies.
9.00 **Feuds Turned Fatal** A feud between a man and his stepfather boils over when they fight over the family home. A night of violence finally tears the family apart for good.
10.00 **Megan Thee Stallion vs Tory Lanez: Five Shots**
12.00 M'T **Britain's Deadliest Kids**
2.00 AM **The Wonderland Murders**
4.00 **to 6.00** AM **Diabolical: Deadly Love**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **Massive Engineering Mistakes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Massive Engineering Mistakes**
4.00 **Last Chance Garage**
5.00 **Richard Hammond's Workshop** Richard tries to raise emergency funds.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried** Double bill.
8.00 **Last Chance Garage** Despite several issues, a 1968 Chevelle is transformed by the team.
9.00 **Motor Pickers** Double bill.
10.00 **Massive Engineering Mistakes**
11.00 **Shed and Buried**
12.00 M'T **Last Chance Garage**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **World's Top 5**

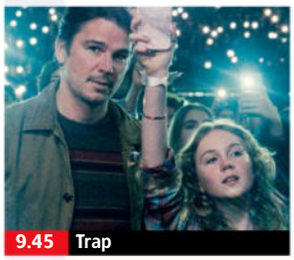
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.40 AM **Sky Cinema Preview**
8.40 **Transformers One** Animation. (2024, PG, 104min) ★★★★
10.30 **Greedy People** Comedy. (2024, 15, 108min) ★★★★
12.30 PM **Cleaner** As 8.00pm.
2.15 **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
4.15 **The Damned** Horror mystery. (2024, 15, 89min) ★★★★
5.55 **Twisters** Disaster drama sequel with Daisy Edgar-Jones. (2024, 12, 122min) ★★★★



9.45 Trap

8.00 Cleaner Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. With Clive Owen and Matthew Tuck. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Trap Director M Night Shyamalan's thriller starring Josh Hartnett. A serial killer attempts to evade a police blockade while attending a concert with his daughter. (2024, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Smile 2** Horror sequel with Naomi Scott and Kyle Gallner. (2024, 18, 127min) ★★★★
1.45 AM **Omni Loop** Sci-fi drama starring Mary-Louise Parker. (2024, 12, 112min) ★★★★
3.45 **The Damned** As 4.15pm.
5.20 **to 6.55** AM **Sneaks** Animated family comedy featuring the voice of Anthony Mackie. (2025, PG, 92min) ★★

Sky Cinema Hits

303 303 403 503 517

6.05 AM **The Shamrock Spitfire** Biopic. (2024, 12) ★★★
8.05 **The Dry** As 3.45am.
10.15 **Jules** (2023, 12) ★★★
12.00 NOON **The Three Musketeers: Milady** Adventure sequel. (2023, 12, 115min) ★★★★
2.00 PM **57 Seconds** As 1.50am.
3.55 **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15, 108min) ★★★★
6.00 **Click** Fantasy comedy. (2006, 12, 103min) ★★★★

8.00 The Meg

8.00 The Meg Action thriller starring Jason Statham. A rescue diver is hired to save the crew of a deep-sea submersible from a 75ft-long prehistoric shark. With Bingbing Li, Rainn Wilson and Ruby Rose. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Meg 2: The Trench Thriller sequel starring Jason Statham. When a mining operation unleashes a school of megalodon sharks, rescue expert Jonas Taylor attempts to save the day. (2023, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Get Away** Horror comedy. (2024, 15, 100min) ★★★★
1.50 **57 Seconds** Fantasy thriller. (2023, 15, 99min) ★★★
3.45 **The Dry** Crime drama. (2020, 15, 117min) ★★★★
5.45 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.40 AM **Meet Joe Black** As 8.00pm.
9.50 **The Hanging Sun** Drama. (2022, 15, 93min) ★★
11.40 **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
1.50 PM **Dunkirk** Wartime drama. (2017, 12, 106min) ★★★★★
3.45 **Out of Africa** Romantic epic. (1985, PG, 162min) ★★★★
6.30 **High Noon** Classic Western. (1952, b/w, U, 85min) ★★★★★

8.00 Meet Joe Black Supernatural romantic drama starring Brad Pitt, Anthony Hopkins and Claire Forlani. Death comes to Earth and experiences love after giving a temporary reprieve to a media tycoon. (1998, 12, 181min) ★★★★
11.00 Wildhood Drama starring Steve Lund and Michael Greyeyes. After discovering that their mother could still be alive, two boys make a run for a better life. (2021, 15, 108min) ★★★

1.00 AM **Take Me High** Romantic musical. (1973, U, 90min) ★
2.45 **Five Easy Pieces** Cult drama starring Jack Nicholson. (1970, 15, 98min) ★★★★★
4.40 **to 6.25** AM **When Tomorrow Comes** Romantic drama. (1939, U, 92min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.20 AM **The Frighteners** (1996)
9.15 **The Harbinger** As 2.50am.
10.50 **Children of Men** Sci-fi thriller. (2006, 15, 109min) ★★★★★
12.45 PM **The First Purge** Thriller prequel. (2018, 15, 98min) ★★
2.25 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
4.10 **The Woman in Black** Chiller. (2012, 12, 91min) ★★★★

5.50 World War Z Apocalyptic action thriller starring Brad Pitt. (2013, 15, 116min) ★★★★
8.00 Dune: Part Two Sci-fi drama starring Timothée Chalamet Zendaya and Rebecca Ferguson. Freedom fighters Paul and Chani galvanise the Fremen to strike down conspirators against the Atreides dynasty. (2024, 12, 166min) ★★★★★
10.50 Paycheck Sci-fi thriller starring Ben Affleck and Uma Thurman. (2003, 12, 119min) ★★★★

12.55 AM **The Frighteners** Horror comedy starring Michael J Fox. (1996, 15, 110min) ★★★
2.50 **The Harbinger** Horror with Emily Davis. (2022, 15, 87min) ★★★★
4.20 **to 6.05** AM **Dark Skies** Paranormal thriller starring Keri Russell. (2013, 15, 97min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.05 AM **A Tiger's Tail** As 9.25pm.
7.30 **Little Vampire** As 2.00am.
9.00 **Hot Dog Derby** As 10.55pm.
10.30 **Ghost Squad** As 12.25am.
12.05 PM **Hook** Fantasy adventure. (1991, U, 140min) ★★★
2.30 **Cats & Dogs** Fantasy comedy. (2001, PG, 87min) ★★★
4.00 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
5.35 **Goosebumps 2: Haunted Halloween** Comedy sequel. (2018, PG, 86min) ★★

5.35 Goosebumps 2: Haunted...

7.15 **Ride On** Chinese action drama with Jackie Chan, Liu Haocun and Kevin Guo. Subtitled. (2023, PG, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.25 **A Tiger's Tail** Drama starring Will Spencer. A boy finds an escaped tiger cub and sets off on an epic journey to return the animal to its home in a wildlife sanctuary. (2014, U, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 **Hot Dog Derby** Family comedy starring Jason London and Alicia Witt. (2013, U, 82min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Ghost Squad** Fantasy. (2015, PG, 86min) ★★★
2.00 **Little Vampire** Animation. (2020, PG, 85min) ★★★
3.30 **Beethoven's 2nd** Comedy sequel. (1993, U, 89min) ★★
5.05 **to 7.05** AM **The Horse Dancer** Drama. (2017, PG) ★★★

Sky Cinema Heroes

307 307 407 507 521

7.35 AM **Robin Hood: Prince of...**
10.00 **Men in Black: International**
12.00 NOON **Charlie's Angels** Action comedy thriller. (2000, 15, 97min) ★★★★
1.40 PM **Charlie's Angels: Full Throttle** Comedy thriller sequel. (2003, 12, 106min) ★★
3.35 **Cleaner** Action thriller. (2025, 15, 97min) ★★★
5.15 **Mission: Impossible – Dead Reckoning Part One** Thriller. (2023, 12, 163min) ★★★★

10.25 Men in Black: International

8.00 **Wonder Woman** Fantasy adventure starring Gal Gadot. An Amazon princess leaves her isolated island during World War One, aiming to bring the conflict to an end. With Chris Pine and David Thewlis. (2017, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Men in Black: International** Fantasy comedy sequel starring Chris Hemsworth and Tessa Thompson. The intergalactic law enforcers tackle their biggest threat – a mole in the Men in Black organisation. (2019, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Wanted** Fantasy thriller. (2008, 18, 105min) ★★★
2.20 **The Killer** Crime thriller. (2024, 15, 125min) ★★★★
4.30 **to 6.55** AM **Robin Hood: Prince of Thieves** Adventure. (1991, PG, 138min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.30 AM **The Naked Gun 33⅓: The Final Insult** (1994, 12) ★★★
9.00 **Weird Science** Teen comedy. (1985, 12, 94min) ★★★
10.35 **Dumb and Dumber To** Comedy sequel. (2014, 15) ★★
12.35 PM **You, Me and Dupree** Comedy. (2006, 12) ★★★
2.35 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
4.25 **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★
6.20 **Kangaroo Jack** (2003, PG) ★

8.00 Ride Along

8.00 **Ride Along** Comedy starring Ice Cube and Kevin Hart. A tough cop takes his sister's boyfriend with him on duty, leading to a dangerous encounter with the city's most wanted criminal. (2014, 12, 97min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Ride Along 2** Comedy sequel starring Ice Cube and Kevin Hart. An excitable beat cop is reluctantly recruited by his fiancée's detective brother to help bring a drug dealer to justice. (2016, 12, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Earth Girls Are Easy** Musical. (1988, PG, 100min) ★★★
1.30 AM **The Brits Are Coming** Crime caper. (2018, 15) ★
3.15 **Dinner for Schmucks** Comedy. (2010, 12, 113min) ★★★
5.20 **to 7.05** AM **Sumotherhood** Comedy with Adam Deacon. (2023, 15, 97min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.45 AM **Force of Nature: The Dry 2** As 6.00pm.
9.40 **Vertigo** Hitchcock thriller. (1958, PG, 128min) ★★★★★
11.55 **Split** As shown at 8.00pm.
2.00 PM **Ocean's Eight** Crime caper starring Sandra Bullock. (2018, 12, 110min) ★★★★
3.55 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★
6.00 **Force of Nature: The Dry 2** Thriller sequel with Eric Bana. (2024, 15, 120min) ★★★

6.00 Force of Nature: The Dry 2

8.00 **Split** Director M Night Shyamalan's thriller starring James McAvoy and Anya Taylor-Joy. After being abducted by a kidnapper with multiple personalities, three young women are engaged in a fight for survival. (2016, 15, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Ocean's Twelve** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon, Catherine Zeta-Jones and Julia Roberts. (2004, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Chinatown** Roman Polanski's thriller starring Jack Nicholson and Faye Dunaway. (1974, 15, 131min) ★★★★★
2.40 **Eileen** Thriller with Thomasin McKenzie and Anne Hathaway. (2023, 15, 97min) ★★★★
4.25 **to 6.00** AM **Assassin** Action thriller starring Bruce Willis. (2023, 15, 88min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Enemy Below** World War Two adventure. (1957, PG, 98min) ★★★★
1.00 PM **Ride Lonesome** Western. (1959, 12, 73min) ★★★★
2.30 **Carrington VC** Military drama. (1954, b/w, PG, 106min) ★★★
4.40 **One Million Years BC** Prehistoric adventure. (1966, PG, 100min) ★★★
6.45 **Gemini Man** Action drama. (2019, 12, 117min) ★★

11.35 Our Kind of Traitor

Gemini Man (film started at 6.45pm) 8 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Nope** Writer-director Jordan Peele's sci-fi thriller starring Daniel Kaluuya, Keke Palmer and Steven Yeun. The residents of a lonely valley in inland California bear witness to an uncanny and chilling discovery. (2022, 15, 130min) ★★★★ 9 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Our Kind of Traitor** Thriller, starring Ewan McGregor and Damian Lewis. A couple are thrown into the murky world of espionage when a Russian gangster asks them to smuggle classified information. (2016, 15, 105min) ★★★ 10 PM
1.45 **to 3.45** AM **The Novice** Drama with Isabelle Fuhrman. (2021, 15, 97min) ★★★★

+1hour 314 430 47 301 257

Sky Cinema Star Trek

302 302 402 502 516

6.00 AM **Star Trek The Motion Picture** As shown at 5.45pm.
8.10 **Star Trek II: The Wrath of Khan** As shown at 8.00pm.
10.10 **Star Trek III: The Search for Spock** As shown at 9.55pm.
12.00 NOON **Star Trek IV: The Voyage Home** As 11.45pm.
2.00 PM **Star Trek V: The Final Frontier** Sci-fi adventure. (1989, PG, 100min) ★★
3.50 **Star Trek VI: The Undiscovered Country** Sci-fi adventure. (1991, PG, 109min) ★★★★
5.45 **Star Trek The Motion Picture** Sci-fi adventure. (1979, U) ★★★
8.00 **Star Trek II: The Wrath of Khan** : Sci-fi adventure. (1982, 12, 113min) ★★★★
9.55 **Star Trek III: The Search for Spock** Sci-fi adventure. (1984, PG, 105min) ★★
11.45 **Star Trek IV: The Voyage Home** Sci-fi adventure. (1986, PG, 119min) ★★★★
1.45 AM **Star Trek V: The Final Frontier** As shown at 2.00pm.
3.35 **Star Trek VI: The Undiscovered Country** (1991)
5.30 **to 7.30** AM **Star Trek: Generations** Sci-fi adventure starring Patrick Stewart. (1994, PG, 118min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.15 AM **Let's Dance** As 2.50am.
9.20 **The Little Rascals** As 1.15am.
11.00 **Dad's Army** Film spin-off from the much-loved TV comedy series. (1971, U, 95min) ★★★★
12.50 PM **Airplane!** Disaster spoof. (1980, 12, 86min) ★★★★★
2.35 **Airplane II: The Sequel** Spoof sequel. (1982, 15, 81min) ★★★
4.15 **48 Hrs** Action comedy thriller. (1982, 15, 97min) ★★★★★
6.05 **Brewster's Millions** Comedy starring Richard Pryor and John Candy. (1985, PG, 97min) ★★★
8.00 **HouseSitter** Romantic comedy starring Steve Martin and Goldie Hawn. (1992, PG, 102min) ★★★
9.45 **Dumb and Dumber** Comedy starring Jim Carrey, Jeff Daniels and Lauren Holly. Two nerdy friends embark on a frantic cross-country journey to return a beautiful woman's briefcase. (1994, 12, 107min) ★★★
11.35 **48 Hrs** As shown at 4.15pm.
1.15 AM **The Little Rascals** Family comedy starring Travis Tedford. (1994, U, 83min) ★★
2.50 **Let's Dance** Musical with Betty Hutton. (1950, U, 112min) ★★
4.45 **to 6.55** AM **Mo' Better Blues** Director Spike Lee's drama. (1990, 15, 127min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Sinbad: Legend of the...**
7.30 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
9.15 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
11.10 **Batman: Return of the Caped Crusaders** As shown at 1.50am.
12.40 PM **Monsters vs Aliens** (2009)
2.30 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
4.00 **PAW Patrol: The Mighty Movie** Animation. (2023, U) ★★★
5.35 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
7.20 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
8.50 **Monsters vs Aliens** Animation. (2009, PG, 90min) ★★★
10.40 **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U, 78min) ★★★
12.10 AM **Sinbad: Legend of the Seven Seas** Animation. (2003, U, 85min) ★★★★
1.50 **Batman: Return of the Caped Crusaders** Animated adventure. (2016, PG, 78min) ★★★★
3.20 **Maya the Bee** Animated adventure. (2014, U, 86min) ★★
5.00 **to 6.25** AM **The Adventures of Tom Thumb and Thumbelina** Animation. (2002, U, 72min) ★★

Movies 24

312 313 419

7.00 AM **Luckless in Love** Romantic comedy. (2023, PG, 86min) ★★
9.00 **May the Best Wedding Win** Romantic comedy drama. (2023, PG, 85min) ★★
11.00 **Falling Together** Drama. (2024, U, 90min) ★★
1.00 PM **An Easter Bloom** Drama. (2024, PG, 84min) ★★
3.00 **Sweet as Pie** Romantic comedy. (2022, PG, 93min) ★★
5.00 **Branching Out** Drama. (2024, PG, 90min) ★★
7.00 **Our Take on Love** Romantic drama starring Lesa Wilson. (2022, PG, 87min) ★★
9.00 **Sense and Sensibility** Romantic drama with Deborah Ayorinde. After a change in circumstances, Marianne is torn between two men, while Elinor longs for a man beyond reach. (2024, U, 84min) ★★
11.00 **The Story of Love** Romantic comedy. (2022, PG, 91min) ★★
1.00 AM **Moriah's Lighthouse** Romantic comedy drama. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **Paging Mr Darcy** Romantic drama with Mallory Jansen. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Ticket to Paradise** Drama. (1961, b/w, U, 61min) ★★★
7.15 **Beyond the Curtain** Thriller. (1960, b/w, U, 88min) ★★
9.00 **A Touch of the Sun** Comedy. (1956, b/w, U, 80min) ★★
10.35 **Lunch Hour** Romantic comedy. (1962, b/w, PG, 64min) ★★
11.50 **Carry On Spying** James Bond spoof starring Kenneth Williams. (1964, b/w, U, 84min) ★★★★
1.30 PM **Up in the World** Comedy. (1956, b/w, U, 91min) ★★★
3.15 **The Long and the Short and the Tall** War drama. (1960, b/w, PG, 110min) ★★★★
5.20 **Solo for Sparrow** 5/6. (S3)
6.30 **Man from Interpol** 4/39. (S1)
7.05 **Batman** 7/60. (S2)
7.35 **Dial 999** 2/39. (S1)
8.10 **Whistle and I'll Come to You**
9.15 **Love for Lydia** 13/13. (S1)
10.20 **Cellar Club with Caroline Munro**
10.25 **The Fly** Horror with Al Hedison. (1958, PG, 95min) ★★★★
12.15 AM **Cellar Club with Caroline...**
12.20 **Deadly Instincts** Sci-fi horror thriller. (1997, 18, 90min) ★★★
2.10 **Cellar Club with Caroline Munro**
2.15 **Legend of the Witches**
3.55 **The Cuckoo Patrol** Musical. (1967, b/w, U, 75min) ★★★
5.30 **to 6.00** AM **Beverly Hillbillies**

Tuesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE WTA & ATP Tennis** Coverage of day one of the Internazionali BNL d'Italia at Foro Italico. The women's first round takes centre stage today with the men not due to commence play until tomorrow, and it is the qualifiers, wild-card entrants and unseeded players who will get their campaigns underway. Sara Errani was the most prominent Italian in action at this stage 12 months ago, and she delighted the home crowd with a 4-6, 6-2, 6-1 victory over Amanda Anisimova.
3.00 PM **LIVE IPL Mumbai Indians v Gujarat Titans.** Coverage of the T20 match staged at Wankhede Stadium in Mumbai. These two sides met just the once last season in a game that saw the visitors win by six runs. The Titans hit 168-6 in their innings with Sai Sudharsan top-scoring with 45 from 39 balls. In reply, the Indians fell short as they could only reach 162-9.
7.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Highlights** Brentford v Manchester United.
1.30 West Ham v Tottenham.
2.00 Action from Brighton & Hove Albion v Newcastle United.
2.30 Chelsea v Liverpool.
3.00 Highlights from Crystal Palace v Nottingham Forest.
3.30 Everton v Ipswich Town.
4.00 Highlights from Leicester City v Southampton.
4.30 Action from Arsenal v Bournemouth at Emirates Stadium.
5.00 **Premier League Best Goals**
6.00 **Netbusters** Recent action.
6.30 **Premier League 100 Club**
7.00 **Premier League Review**
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Review**
10.00 **Premier League Icons**
11.00 **Premier League Years**
1.00 AM **PL Retro** Chelsea v Wigan Athletic in the 2009/10 season.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Celtic's Invincibles**
7.00 **Henrik Larsson: 20 Years On**
8.00 **Best Goals: EFL Cup 2023/24**
8.30 **EFL Trophy** This year's final.
9.00 **WSL** Recent highlights.
10.00 **EFL Cup Highlights**
11.00 **Old Firm Derby Best Goals**
11.30 **Edinburgh Derby Best Goals**
12.00 NOON **EFL Highlights**
12.30 PM **Bundesliga Highlights Show**
1.30 **EFL Highlights**
2.00 **WSL** Man United v Man City.
2.30 **Scottish Premiership Round-Up**
2.45 **SPFL Highlights**
3.15 **EFL Highlights** Championship.
4.30 **Bundesliga Highlights Show**
5.30 **EFL Highlights**
6.00 **WSL** Man United v Man City.
6.30 **Scottish Premiership Round-Up**
6.45 **SPFL Highlights**
7.15 **EFL Highlights**
8.00 **Bundesliga Highlights Show**
9.00 **EFL Highlights** Championship.
10.15 **Scottish Premiership Round-Up**
10.30 **SPFL Highlights**
11.00 **WSL** Brighton v Arsenal.
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 2022/23**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A replay of Sunrisers Hyderabad v Delhi Capitals.
10.10 **Ashes Greats** Action from 2001.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent highlights from India.
2.50 PM **LIVE IPL Mumbai Indians v Gujarat Titans.** Coverage of the T20 match staged at Wankhede Stadium in Mumbai. These two sides met just the once last season in a close game that saw the visitors win by just six runs. The Titans hit 168-6 in their innings with Sai Sudharsan top-scoring with 45 from 39 balls. In reply, the Indians fell short as they could only reach 162-9.
7.00 **Ashes Greats** Action from 2001.
7.30 **Best of ICC WT20** England v the Netherlands from 2009.
7.45 Highlights from New Zealand v Pakistan in 2010.
8.00 **IPL** Recent highlights, including Sunrisers Hyderabad v Delhi Capitals, Mumbai Indians v Gujarat Titans and Punjab Kings v Lucknow Super Giants.
1.00 AM **IPL** Another chance to see Mumbai Indians v Gujarat Titans.
5.10 AM **Ashes Greats** Player profiles.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Best of the Open Zone 2024**
7.00 **Golf Academy** With Nick Faldo.
8.00 **Playing Lessons**
9.00 **LPGA Tour**
11.00 **PGA Tour** Highlights.
12.00 NOON **Legends Tour**
1.00 PM **Best of the Open Zone 2024**
2.00 **Golf Academy**
3.00 **Playing Lessons**
4.00 **LPGA Tour** The Black Desert Championship fourth day.
6.00 **PGA Tour** Highlights of the CJ Cup Byron Nelson.
7.00 **Legends Tour** Highlights from the Barbados Legends.
8.00 **How the 1995 Ryder Cup Was Won** From Oak Hill Country Club.
10.00 **PGA Tour** Highlights of the CJ Cup Byron Nelson.
11.00 **Legends Tour**
12.00 M'T **Best of the Open Zone**
1.00 AM **Golf Academy**
2.00 **Playing Lessons**
3.00 **Nick Dougherty's Tee Time Tips**
4.00 **The Open Zone**
5.00 **to 6.00** AM **Best of the Open Zone 2024**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **ATP Tour This Week**
6.30 **WTA & ATP**
10.00 **LIVE WTA & ATP Tennis** Coverage of day one of the Internazionali BNL d'Italia at Foro Italico. The women's first round takes centre stage today with the men not due to commence play until tomorrow, and it is the qualifiers, wild-card entrants and unseeded players who will get their campaigns underway.
6.00 PM **WTA All Access**
6.30 **WTA** Madrid Open.
7.00 **ATP** Madrid Open review.
8.00 **WTA & ATP Tennis** The Internazionali BNL d'Italia.
12.00 M'T **ATP Tennis** Madrid Open.
1.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
7.00 **Women's Cycling** Vuelta España.
8.00 **Snooker World Championship**
10.00 **ABB FIA Formula E World Championship Highlights**
12.00 NOON **Premier League Review**
1.00 PM **Formula E Flashback**
1.30 **Women's Cycling** Vuelta España.
2.30 **LIVE Cycling** The third stage of the women's Vuelta España, a route from Barbastro to Huesca.
4.30 **Premier League**
6.00 **Premier League Netbusters**
6.30 **Premier League Stories**
7.00 **The Football's On**
8.00 **British Superbikes Highlights**
9.00 **Women's Cycling** Vuelta España.
10.00 **Superbike Rewind**
10.15 **Premier League Reload**
10.30 **MLB Highlights**
11.30 **MLB Lead Off**
12.00 M'T **LIVE MLB New York Yankees v San Diego Padres.** The inter-league match at Yankee Stadium. Start-time **12.05am**.
3.15 AM **MLB Closer** Highlights.
3.45 **Isuzu A-League Highlights**
4.15 **Fight Week** UFC 315 preview.
4.45 **Superbike Rewind**
5.00 **to 6.00** AM **UEFA Champions League – Stories of the Finals**

TNT Sports 2

411 414 522 409 431

6.00 AM **Serie A** Action from Italy.
8.00 **Isuzu UTE A-League**
11.00 **UEFA Europa League & Conference League Magazine**
12.00 NOON **UEFA Champions League Magazine**
12.30 PM **Isuzu A-League Highlights**
1.00 **MLB Highlights**
2.00 **The Football's On** A humorous look at the week's football stories with Ian Stone and guests.
3.00 **Premier League: Big Interview** An interview with a Premier League star of the past or present.
3.30 **What I Wore** With Glenn Hoddle.
4.00 **Longines Global Champions Tour** Highlights from the third round of the season in Shanghai.
5.00 **MLB Highlights**
6.00 **UEFA Champions League Magazine** News and updates.
6.30 **UEFA Europa League & Conference League Magazine**
7.30 **Snooker World Championship**
9.30 **Fight Week** UFC 315 preview.
10.00 **UFC** Another chance to see Cory Sandhagen v Deiveson Figueiredo.
1.00 AM **NBA** Play-offs.
2.30 **LIVE NBA** Coverage of a game in the end-of-season play-offs.
5.00 **to 6.00** AM **NBA Originals**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **The Rugby Championship** Another chance to see Australia v South Africa from 2024.
8.00 New Zealand v Argentina staged at Sky Stadium in 2024.
10.00 Another chance to see Australia v South Africa at Optus Stadium in Perth from 2024.
12.00 NOON **The Rugby Championship** A replay of New Zealand v Argentina from 2024.
2.00 PM Another chance to see Argentina v Australia from 2024.
4.00 A chance to see South Africa v New Zealand staged at Emirates Airline Park in 2024.
6.15 **The Rugby Championship** Argentina v Australia from 2024.
8.15 Another chance to see South Africa v New Zealand at DHL Stadium in 2024.
10.15 A chance to see Argentina v South Africa at Estadio Unico Madre de Ciudades in 2024.
12.15 AM **The Rugby Championship** Another chance to see Australia v New Zealand from 2024.
2.15 **State of Origin Rugby League** New South Wales Blues v Queensland Maroons from 2024.
5.15 **to 6.00** AM **Darts Gold**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE WTA & ATP Tennis** Coverage of the opening day of the Internazionali BNL d'Italia, a clay-court event at Foro Italico in Rome. The women's first round takes centre stage today with the men not due to commence play until tomorrow, and it is the qualifiers, wild-card entrants and unseeded players who will get their campaigns underway. Sara Errani was the most prominent Italian in action at this stage 12 months ago, and she delighted the home crowd with a 4-6, 6-2, 6-1 victory over Amanda Anisimova.
5.00 PM **Sports Centre**
7.00 **Sky Sports News** Round-up of the sports news with live analysis and comment, plus extended interviews with headline-makers.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **Super League** A chance to see St Helens v Leeds Rhinos.
2.45 AM Another chance to see Huddersfield Giants v Hull FC.
5.15 **My Icon** Sporting influences.
5.45 **to 6.00** AM **Super League**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Pakistan Super League**
8.00 **IPL** Recent action from India.
9.00 **PGA Tour Golf**
10.00 **Legends Tour Golf**
11.00 **Formula 1** Miami Grand Prix.
1.00 PM **Tennis** Madrid Open finals.
3.00 **EFL Greatest Games**
4.00 **Premier League Legends**
5.00 **Pakistan Super League**
6.00 **IPL** Highlights from Sunrisers Hyderabad v Delhi Capitals.
7.00 **PGA Tour Golf** Highlights of the CJ Cup Byron Nelson.
8.00 **Formula 1** The Miami Grand Prix at Miami International Autodrome.
9.00 **WTA Tennis** The Madrid Open final at Park Manzanares in Spain.
10.00 **ATP Tennis** Madrid Open final.
11.00 **IPL** Recent action from India.
1.00 AM **WTA & ATP Tennis**
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **Best of the Open Zone 2024**

TNT Sports 3

413 415 523 410 432

6.00 AM **Motocross World Championship** From Agueda.
9.00 **British Superbikes**
10.00 **Superbike World Championship Highlights**
11.00 **FIM Speedway Grand Prix**
12.00 NOON **NBA Classic** A look back at Boston Celtics v Miami Heat from the 2011/12 season.
1.00 PM **NBA** A play-off match.
2.30 **NBA Originals** A look back at the Hall of Fame Class of 2022.
3.00 **Serie A** Highlights from Italy.
5.00 **ABB FIA Formula E World Championship Highlights**
7.00 **NBA** A play-off match.
8.30 **NBA Classic** A look back at Denver Nuggets v Oklahoma City Thunder in the 2016/17 season.
10.00 **HSBC SVNS Highlights**
11.00 **IFSC Climbing World Cup Highlights** From Bali, Indonesia.
12.00 M'T **Serie A** Action from Italy.
2.00 AM **Women's Cycling**
3.00 **to 6.00** AM **Motocross World Championship**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Another chance to see Adelaide Crows v Carlton Blues.
7.30 A replay of Collingwood Magpies v Geelong Cats.
9.00 A chance to see West Coast Eagles v Melbourne Demons.
10.30 **The Football's On**
11.30 **IFSC Climbing World Cup Highlights** From Bali, Indonesia.
12.30 PM **Motocross World Championship** Highlights from MX2 and MXGP races in Agueda.
3.30 **Isuzu UTE A-League** Recent action, featuring Wellington Phoenix v Perth Glory, Central Coast Mariners v Brisbane Roar, Western United v Auckland FC and Melbourne City v Sydney FC.
9.30 **ABB FIA Formula E World Championship Highlights** Action from the Monaco ePrix.
11.30 **AFL** Another chance to see Adelaide Crows v Carlton Blues.
1.00 AM **AFL** Two match replays.
4.00 **to 6.00** AM **Snooker World Championship**

Premier Sports 1

419 551

6.00 AM **UK Independent Kart Racing**
7.30 **Top 14 Rugby Union Highlights**
8.00 **British Minibikes**
10.00 **Scottish Football Social Club**
11.00 **LaLiga Match Highlights**
11.30 **Michelin Le Mans Cup**
12.00 NOON **PSA Squash Highlights**
1.00 PM **DTM Highlights**
2.00 **LaLiga Highlights**
3.00 **British Minibikes**
4.55 **NASCAR Highlights**
5.55 **LIVE Swedish Speedway Dackarna v Lejonen.**
8.00 **LaLiga Match Highlights**
8.30 **Temples of Sport**
9.00 **Scottish Football Social Club**
10.00 **LaLiga Highlights**
11.00 **NASCAR Highlights**
12.00 M'T **PSA Squash Highlights**
1.00 AM **Top 14 Rugby Union**
1.30 **NHL: This is Hockey**
2.00 **LIVE NHL Ice Hockey** Coverage of a play-off match.
5.00 **NHL: This is Hockey**
5.30 **to 6.00** AM **Temples of Sport**

Premier Sports 2

420 552

6.00 AM **NASCAR Trucks**
9.00 **GP Confidential**
9.30 **LaLiga** Alaves v Atletico Madrid.
11.30 **EPCR Challenge Cup** Another chance to see Edinburgh v Bath.
1.30 PM **Bike World** Magazine.
2.00 **LaLiga News**
2.30 **FastZone** Motorsports highlights.
3.00 **LaLiga** Another chance to see Real Valladolid v Barcelona.
5.00 **LaLiga Specials**
6.00 **Viva LaLiga** The latest news.
7.30 **Bike World** Magazine.
8.00 **LaLiga Specials**
9.00 **FastZone** Motorsports highlights show covering everything from prototypes to endurance racing.
9.30 **EPCR Challenge Cup** Another chance to see Lyon v Racing 92.
11.30 **GP Confidential** The latest news.
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Temples of Sport**
3.30 **Football's Greatest**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Miami Grand Prix.
8.15 **Ted's Notebook**
8.45 **Formula 1** Recent action.
1.00 PM **Ted's Notebook**
1.30 **Formula 1** Another chance to see the Miami Grand Prix.
6.00 **Formula 1** Season highlights.
6.30 **Indycar** The Children's of Alabama Indy Grand Prix.
10.00 **Formula 1** Miami Grand Prix.
11.00 **Indycar** The Children's of Alabama Indy Grand Prix.
12.00 M'T **Formula 1** Miami Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 7 May

Evening Planner

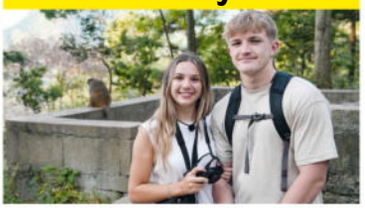
Football

Champions League
TNT Sports 1, kick-off 8pm
The last remaining Premier League club in the competition, Arsenal take on PSG in tonight's semi-final second-leg match.

Factual

The Repair Shop
BBC1, 8pm
In a VE Day 80 special, the team take care of four special items,including an RAF cap and a nurse's autograph book.

Reality



Race Across the World
BBC1, 9pm
As the race from China to India hots up, the five couples make their way to the next checkpoint – the city of Shangri-La.

Documentary

Dead Man Walking: Dan Walker on Death Row
5, 9pm
The presenter investigates the truth about capital punishment in the US.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop: VE Day Special		9.00 Race Across the World		10.00 News; Local News	10.40 UEFA...
	102 BBC2	7.00 Grand Tours of...	7.30 Dad's Army	8.00 Mortimer &...	8.30 Jules and...	9.00 Saving Lives in Cardiff		10.00 Upstart Crow	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Genius Game		10.15 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Worst House on the Street		9.00 True Crime Investigation		10.00 Gogglebox: 10 Year Anniversary Special	
	105 5	7.00 Shop Smart, Save Money		8.00 Shoplifting Gangs: Inside Operation...		9.00 Dead Man Walking: Dan Walker on Death Row			10.30 The World's...
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Shark: British Isles Special with Steve...		9.00 Germanwings: What Happened on Flight 9525?			
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Glow Up: Britain's Next Make-Up Star		9.00 Cocaine Capital of the World: Stacey...		10.00 Thailand's Drug Craze: Stacey Dooley...	
	116 BBC4	7.00 Pubs, Ponds...	7.30 Wainwright...	8.00 Atlantic: The Wildest Ocean on Earth		9.00 Shipwrecks: Britain's Sunken History		10.15 Common	
	118 ITV2	7.00 Deal or No Deal		8.00 Celebrity Wheel of Fortune		9.00 Family Guy		10.00 Plebs	
	136 MORE4	‹ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 24 Hours in A&E			
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.05 The Honesty Box		10.15 First Dates	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 The Equalizer		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.40 Billions		7.45 Game of Thrones		9.00 The Last of Us		10.05 Gangs of London	
	110 U&GOLD	7.00 Dad's Army	7.40 Only Fools and Horses			9.00 The Fast Show	9.40 Bottom		10.20 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 McDonald & Dodds				10.00 Scott & Bailey	
	120 ITV4	7.00 The Motorbike Show		8.00 Film: Never Say Never Again					
	112 COMEDY CENTRAL	7.00 Friends				9.00 Kevin Bridges Live in Glasgow		10.00 8 Out of 10...	10.30 8 Out of 10...
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Friends: The Reunion				10.00 Joe Lycett's United States of...	
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 I, Jack Wright		10.00 Catch Me a Killer	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Chaplin: The Birth of the Tramp		9.15 Stephen King on Screen			
	132 U&W	‹ 6.35 Interior Design Masters with Alan Carr		8.00 Ambulance Australia		9.00 Pete Wicks: For Dogs' Sake		10.00 One Born Every Minute	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Hoffman Family Gold		9.00 Kindig Customs		10.00 Wheeler Dealers World Tour	
	162 ANIMAL PLANET	7.00 Animal Cops Phoenix		8.00 Deadliest Sharks		9.00 How Sharks Hunt		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Destruction Decoded		9.00 Construction Fails		10.00 Car S.O.S.	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Hunters		9.00 The Curse of Oak Island		10.00 Ghost Ships	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Great British Railway Journeys		9.00 Simon Reeve's Return to Cornwall		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 Chernobyl: The Lost Tapes				9.00 Germanwings: What Happened on Flight 9525?			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 Omni Loop		8.00 Cleaner			9.45 The Damned		
	302 STAR TREK	‹ 5.30 Star Trek...	7.30 Star Trek: First Contact				9.25 Star Trek: Insurrection		
	303 HITS	‹ 6.00 Meg 2: The Trench		8.00 The Beekeeper				10.00 Fight or Flight	
	304 GREATS	‹ 5.50 A League of Their Own		8.00 Forrest Gump					10.25 Scent of a Woman
	305 ANIMATION	‹ 5.55 Turbo	7.35 The Lego Ninjago Movie				9.20 Maya the Bee		
	306 FAMILY		7.20 Stuart Little		8.50 Stuart Little 2				10.15 The Horse Dancer
	307 HEROES	‹ 5.35 Wonder Woman		8.00 Hanna				10.00 Cleaner	
	308 COMEDY	‹ 6.00 Being John Malkovich		8.00 School of Rock				10.05 Dinner for Schmucks	
	309 THRILLER	‹ 6.05 Layer Cake		8.00 Miami Vice					10.20 Ocean's Thirteen
	310 DRAMA	‹ 6.20 Lady Bird		8.00 Bob Marley: One Love				10.00 To Olivia	
	311 SCI-FI	‹ 6.05 The Nun II		8.00 The Nun			9.40 Five Nights at Freddy's		
	313 FILM4	‹ 6.20 Midway				9.00 The Night of the 12th			
SPORT	401 MAIN EVENT	7.00 Tennis – Live: The Internazionali BNL d'Italia						10.00 PGA Tour Golf – Live	
	402 PREMIER LEAGUE	7.00 PL Stories	7.30 PL 100	8.00 PL Review		9.00 PL Stories	9.30 PL 100 Club	10.00 PL Icons	
	403 FOOTBALL	7.00 WSL	7.30 EFL Highlights			9.00 Bundesliga Highlights Show		10.00 EFL Highlights	
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL		10.00 Pakistan Super League	
	410 TNT SPORTS 1	7.00 UEFA Champions League – Live: Paris Saint-Germain v Arsenal (Kick-off 8.00)							10.30 UEFA Europa...
	411 TNT SPORTS 2	‹ 6.00 MLB – Live: Milwaukee Brewers v Houston Astros (Start-time 6.10); Miami Marlins v Los Angeles Dodgers (Start-time 9.40)							

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Scam Interceptors** New edition A scammer manages to take control of a man's computer. (S)
2.30 **Expert Witness** A pathologist analyses stab wounds. (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **The Bidding Room** New edition Including a Sindy doll collection and ballet costume designs. (S)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Alex Jones and JB Gill present the topical show. (S)
7.30 **EastEnders** Cindy decides to take matters into her own hands to get Lauren to hospital when their ambulance is delayed. (S)(AD)

8 PM

8.00 **The Repair Shop: VE Day Special** New edition The team mark the 80th anniversary of the end of World War Two in Europe by restoring four items with wartime stories, including a very special timepiece. (S)(AD)

9 PM

9.00 **Race Across the World** New edition 3/9. The five pairs are challenged to race from the island of Sanya to the mysterious Shangri-La, which sits on the edge of the Tibetan plateau towards the foothills of the Himalayas. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Match of the Day: Champions League** Gabby Logan presents action from the semi-final second-leg matches, featuring Paris Saint-Germain v Arsenal at Parc des Princes and Inter Milan v Barcelona at the San Siro. (S)
11.30 **Matt Willis: Fighting Addiction** The Busted bassist shares his experiences battling drug and alcohol addiction. (S)(R)(AD)
12.30 AM **Pointless Celebrities** Contestants include Clare Balding, Alice Arnold and Ella Vaday. (S)(R)
1.20 **The Hit List** Contestants include Rick Edwards and Harry Judd. (S)(R)
2.05 **Weather for the Week Ahead** (S)
2.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Homes Under the Hammer** (R)
7.30 **Beechgrove Garden** (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** Geeta and Krishnan Guru-Murthy compete. (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Impossible** Quiz show. (S)(R)
1.45 **Lightning** Game show. (S)(R)
2.15 **Unbeatable** Quiz show. (S)(R)
3.00 **Saved and Remade** (S)(R)
3.45 **Between the Covers** (S)(R)
4.15 **Great Barrier Reef** (S)(R)(AD)
5.15 **Flog It!** From Basingstoke. (S)(R)
6.00 **Richard Osman's House of Games** With Chris Hoy, Rosie Jones, Ola Labib and Ian 'H' Watkins. (S)(R)
6.30 **Anna Haugh's Big Irish Food Tour** New edition 3/15. *Mrs Brown's Boys* star Eilish O'Carroll joins Anna to explore Dublin. (S)

9.00 Saving Lives in Cardiff

7.00 **Grand Tours of Scotland's Rivers** The history of the River Nith in south-west Scotland. (S)(R)
7.30 **Dad's Army** *Ring Dem Bells:* The bumbling platoon are selected to appear in an army training film. (S)(R)

8.00 **Mortimer & Whitehouse: Gone Fishing** 5/6. From Burgh Island on the south coast of Devon. (S)(R)(AD)
8.30 **Jules and Greg's Wild Swim** New edition 5/6. The couple sample the rock pools and ancient waterfalls of Skye. (S)

9.00 **Saving Lives in Cardiff** New edition 5/6. Neurosurgery consultant George Eralil performs life-changing surgery on a 65-year-old man, while surgeon Tom Combellack must remove a tumour that's pressing on his patient's heart. (S)(AD)

10.00 **Upstart Crow** *The Most Unkindest Cut of All:* 5/6. Will decides to write a play about the life of Julius Caesar. (S3) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** The week's major global news stories. (S)
11.30 **VE Day 80: We Were There** Veterans share their memories of the VE Day celebrations. (S)(R)(AD)
12.30 AM **Sign Zone: Make Me Perfect: Manufacturing Beauty in China** A look inside China's booming cosmetic surgery industry. (S)(R)
1.30 **Sign Zone: Louis Theroux: The Settlers** (S)(R)(AD)
2.35 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Celebrity Catchphrase** Stephen Mulhern hosts as Lucrezia Millarini, Judi Love and Ben Miller attempt to guess well-known phrases to win £50,000 for their chosen charities. (S)(R)(AD)
3.00 **Jeopardy!** Quiz show hosted by Stephen Fry. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Genius Game

7.30 **Emmerdale** Charity reels from a revelation, Caleb encourages Billy, and Ryan begs Gail. (S)(AD)

8.00 **Coronation Street** George fears for his relationship with a grief-stricken Eileen, Kit conducts an uncomfortable interview with Mick, Roy triggers emotion in Dee-Dee, while Theo's daughter Millie seeks some answers. (S)(AD)

9.00 **Genius Game** New edition 3/8. Having said goodbye to another player, nine return for their third Main Match and compete to try to crack a 10-letter code word in Codebreakers. (S)(AD)
■ Continues tomorrow

10.15 **ITV News** (S)
10.45 **Local News** (S)
11.00 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.55 **British Touring Car Championship Highlights** (S)(R)
1.10 AM **Teleshopping**
3.00 **Tonight: After the Inferno – LA from the Ashes** (S)(SL)(R)
3.25 **The Dry** 7/8. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **99 to Beat** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 6-9/22. (S2) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S6&7) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A clergyman hopes to move to Cyprus. (S)(R)
4.00 **Narrow Escapes** New edition Adam and Lauren travel towards Milton Keynes to collect the first copy of Adam's new book. (S)(AD)
5.00 **Chateau DIY** New edition Sassan and Christina want to transform a storage room into a library. (S)(AD)
6.00 **A Place in the Sun** New edition A couple search for a new apartment in the heart of Seville with a budget of £150,000. (S)

8.00 Worst House on the Street

7.00 **News** (S)
7.55 **The Political Slot** Plaid Cymru leader Rhun ap Iorwerth MS discusses the ongoing threat posed by coal tips left over from quarrying and mining in Wales. (S)

8.00 **Worst House on the Street** New edition Scarlette and Stuart Douglas help Demi, who has recently bought her first home in Croydon and hopes to move out of her mother Thelma's house before her 30th birthday. (S)(AD)

9.00 **NEW True Crime Investigation** One-off documentary. *This programme is subject to change.* (S)(AD)

10.00 **Gogglebox: 10 Year Anniversary Special** Highlights from the first 10 years of the show, looking at how a nation survived lockdowns, a revolving door of prime ministers, and Ed Balls dancing *Gangnam Style*. (S)(R)(AD)
11.35 **First Dates** (S)(R)(AD)
12.30 AM **Ramsay's Kitchen Nightmares USA** From Woodland Park, Colorado. (S)(SL)(R)
1.20 **Remarkable Places to Eat** (S)(R)
2.15 **Food Unwrapped's Veg Box** (S)(R)
3.10 **Jamie's One-Pan Wonders** (S)(R)
3.40 **The Piano** (S)(SL)(R)(AD)
4.35 **Kirstie's Fill Your House for Free** From Wrexham. (S)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.00 NOON **LIVE Snooker: World Seniors Championship** Coverage of the opening day from the Crucible Theatre in Sheffield, featuring last-16 matches. Pre-tournament favourite Joe Perry faces Brazil's Fabio Luersen, while Welsh star Dominic Dale takes on European qualifier Craig Steadman. (S)
5.00 PM **News** (S)
6.00 **Police Interceptors** Firearms officers enter a property to discover an arsenal of weapons and a recently harvested cannabis crop. (S)(R)(AD)
6.55 **News** (S)

12.00 Snooker: World Seniors...

7.00 **Shop Smart, Save Money** New edition Gaby Roslin and Ortis Deley test barbecues as three expert chefs put various models through their paces. (S)
7.55 **News** (S)

8.00 **NEW Shoplifting Gangs: Inside Operation Vulture** A look at how retailers, private security and the police are fighting back against the rise of shoplifting in the UK. Featuring the takedown of an organised crime gang. (S)

9.00 **NEW Dead Man Walking: Dan Walker on Death Row** The presenter embarks on a hard-hitting investigation to uncover the truth about capital punishment in the US, while exploring the reality of life on death row. *See feature, page 21.* (S)

10.30 **The World's Most Luxurious Prison** Ann Widdecombe visits Norway's Halden Prison, where inmates share plush flats, dine on sushi and even record rap records. (S)(R)

11.30 **Skin A&E** Dr Natalia Spierings performs a mole removal. (S)(R)
12.30 AM **Friends** 13/25. Monica bumps into ex-boyfriend Richard. (S3) (S)(R)(AD)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S4) (S)(R)(AD)
3.50 **Secrets of the Imperial War Museum** Documentary. (S)(R)
4.40 **Me & My 10 Kids** (S)(R)
5.35 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S)(R)
11.00 **Wild Family Ties** (S)(R)
12.00 NOON **Manifest** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S5) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 14/23. (S2) (S)(R)(AD)
5.00 **The Simpsons** *Mom and Pop Art:* Homer accidentally becomes an artist. (S)(R)
5.30 *Make Room for Lisa:* Lisa has to share a bedroom with Bart but finds it difficult to cope with the stress. (S)(R)
6.00 **The Office (US)** 7/19. Part one of two. Michael asks his employees for a loan. (S)(R)
6.30 8/19. Part two of two. Michael runs away, and Dwight pines over Angela. (S4) (S)(R)

9.00 Germanwings

7.00 **The Simpsons** *The Old Man and the C Student:* Bart undertakes community service. (S)(R)
7.30 *Monty Can't Buy Me Love:* Mr Burns tries to improve his public image on radio talk shows. (S)(R)

8.00 **Shark: British Isles Special with Steve Backshall** Naturalist Steve Backshall goes in search of some of the 30-plus shark species that inhabit waters of the British Isles. (S)(R)(AD)

9.00 **NEW Germanwings: What Happened on Flight 9525?** One-off documentary exploring the circumstances surrounding the crash of an Airbus A320-211 in 2015, which killed 150 people and was found to have been deliberately caused by the co-pilot.

11.00 **A League of Their Own** With guests Tyson Fury, Maya Jama and Rob Beckett. (S)(R)(AD)
12.00 M'T **An Idiot Abroad 2** 7/8. Karl Pilkington treks to the summit of Mount Fuji. (S)(R)
1.00 AM 8/8. Karl arrives back in the UK. (S)(R)(AD)
2.00 **Road Wars** (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.30pm Politics Scotland New edition (S) **3.15-3.45** Expert Witness (S)(R) **11.30** Debate Night (S)(R) **12.30am** Scotcast (S)(R) **1.00** Matt Willis: Fighting Addiction (S)(R)(AD) **2.00** Pointless Celebrities (S)(R) **2.50** Weather for the Week Ahead (S) **2.55-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Birdsong (S)(R) **11.40** Match of the Day: Champions League (S) **12.30am** Matt Willis: Fighting Addiction (S)(R)(AD) **1.35-2.05am** Blankety Blank (S)(R)

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm Walescast (S) **11.10** Match of the Day: Champions League (S) **12.00m't** Have I Got a Bit More News for You (S)(R) **12.45-1.20am** Blankety Blank (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Hardy Bucks New episode (S)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Codi Pac **12.30** Heno **1.00** Welsh Whisperer – Ni'n Teithio Nawr! (AD) **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Y Cosmos **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Sir Benfro (AD) **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Cartrefi Cymru New edition **8.55** Newyddion a'r Tywydd **9.00** Bariau (AD) **9.40** Prosiect Pum Mil **10.40-11.45pm** Wrecsam – Clwb Ni!

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BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** The McLaren P1 hypercar is put to the test.
7.55 **The Catch Up**
8.00 **Glow Up: Britain's Next Make-Up Star** New edition 2/8. Drag icon Courtney Act flies in to surprise the MUAs in the Glow-Up studio and judge their drag-inspired 'serving realness' make-up.
9.00 **Cocaine Capital of the World: Stacey Dooley Investigates** 1/3. Stacey meets people involved in the global drugs trade.
10.00 **Thailand's Drug Craze: Stacey Dooley Investigates** 2/3. A look at the rise in the use of the methamphetamine yaba.
10.55 **Suits** 13/16. Time is running out before Mike's trial. **11.35** 14/16. Mike wants to represent himself. (S5)
12.20 AM **Top Gear** As 7.00pm.
1.20 **Glow Up: Britain's Next Make-Up Star**
2.20 **Just Act Normal** (S1)
3.35 **to 4.00** AM **My Mate's a Bad Date**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Heir Hunters**
11.00 **A New Life in the Sun**
12.00 NOON **A Place in the Sun**
2.35 PM **Come Dine with Me** Five editions from Winchester.
5.15 **Four in a Bed** The week's contest begins at the Angel Inn in Wangford, Suffolk. **5.45** A visit to Moaps Farm in Dane Hill, East Sussex. **6.20** From Jabajak in Carmarthenshire, Wales. **6.50** The fourth visit takes place at the Clarendon Royal Hotel in Gravesend, Kent.
7.25 **Four in a Bed** The winning guest house is announced.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help the Clayton-Fishers, who have fallen out of love with their home in Walthamstow.
9.00 **24 Hours in A&E** A 52-year-old cyclist is rushed in to St George's after being hit by a car, while a 92-year-old former Baptist minister is admitted after a fall while out walking. **10.00** A man comes in having severed three of his fingers with an electric saw, and a patient with motor neurone disease is rushed to hospital with severe sepsis.
11.05 **Emergency Helicopter Medics** Documentary.
1.15 AM **999: On the Front Line** Medical series.
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Pubs, Ponds and Power: The Story of the Village** The history of Lavenham in Suffolk.
7.30 **Wainwright Walks** Scaling the demanding mountain Blencathra.
8.00 **Atlantic: The Wildest Ocean on Earth** 1/3. The natural forces underpinning life in the Atlantic.
9.00 **Shipwrecks: Britain's Sunken History** 1/3. The stories behind the *Mary Rose* and the Spanish Armada.
10.00 **NEW Jimmy McGovern Remembers... Common** The screenwriter remembers his 2014 drama, *Common*.
10.15 **Common** Jimmy McGovern's one-off drama starring Nico Mirallegro.
11.45 **Africa Turns the Page: The Novels That Shaped a Continent**
12.45 AM **Quentin Blake: The Drawing of My Life**
1.45 **Wainwright Walks**
2.15 **Pubs, Ponds and Power...**
2.45 **to 3.45** AM **Atlantic: The Wildest Ocean on Earth**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Married at First Sight Australia** Reality series.
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons**
7.00 **Hollyoaks** Tempers flare as accusations begin to fly.
7.30 **Married at First Sight Australia** New edition Part one of two. Four weeks after the end of the experiment, the participants gather for one final reunion dinner party, with multiple bombshells and secrets set to rock the group.
9.05 **The Honesty Box** New edition 6/9. One couple are tested yet again, and two new arrivals enter.
10.15 **First Dates** Teacher Marie returns for a date with lighting technician Adam.
11.20 **Naked Attraction**
12.25 AM **Gogglebox**
1.30 **Married at First Sight Australia** As 7.30pm.
3.05 **The Honesty Box**
4.00 **The Goldbergs**
4.50 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

primetime

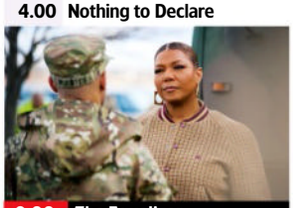
WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Customs UK**
10.00 **Bondi Rescue**
11.00 **Bull** 19/22. (S6)
12.00 NOON **The Good Doctor** (S4)
1.00 PM **The Rookie: Feds** 2/22. Simone tracks a suspect on the FBI's Most Wanted list. (S1)
2.00 **FBI** 2/22. The agents look into a string of fatal poisonings at a New York deli. (S1)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

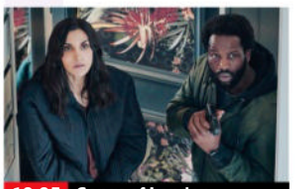


9.00 The Equalizer

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
7.40 **Boardwalk Empire** (S3)
9.45 **Billions** 9&10/12. (S2)
11.50 **Game of Thrones** 10/10. (S2)
1.05 PM **Das Boot** (S1&2)
3.25 **Boardwalk Empire** 10/12. Nucky tries to neutralise Gyp Rosetti's alliance with Mafia don Joe Masseria.
4.30 11/12. Rosetti makes his move in Atlantic City. (S3)
5.35 **Billions** 9/12. Lara plans a birthday celebration for Axe.
6.40 10/12. Axe deals with a family disturbance. (S2)



10.05 Gangs of London

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S5)
8.00 **Manifest** 11/13. (S3)
9.00 **Stargate SG-1** 19&20/22. (S6)
11.00 **Supergirl** 11/23. (S3)
12.00 NOON **Manifest** 12/13. (S3)
1.00 PM **Hawaii Five-0** (S5)
3.00 **Magnum P.I.** 15/20. (S5)
4.00 **S.W.A.T.** 14/23. (S2)
5.00 **Supergirl** 10/23. Mon-El hopes Brainiac-5 can snap Kara out of her coma. (S3)
6.00 **Stargate SG-1** 19/22. Teal'c suffers from recurring dreams in which he takes on the role of a firefighter. (S6)

5.00 Supergirl

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Celebrity Wheel of Fortune**
3.00 **Hart of Dixie** 3/22. A journalist describes Zoe as 'retired'. (S2)
4.00 **Gilmore Girls** 3/22. Lorelai tells her parents she and Luke have split up. (S7)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Les Dennis, Rebecca Sarker and Jordan Stephens.

9.00 Family Guy

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.25 **The Royal**
11.25 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.25 **Classic Coronation Street**
3.25 **Agatha Christie's Poirot**
4.30 **Downton Abbey** 1/9. Bates returns from London with life-changing news for Anna. (S2)
6.00 **Heartbeat** *Give Peace a Chance:* An anti-war protest has serious consequences.

8.00 McDonald & Dodds

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

7.45 Game of Thrones *Valar Morghulis:* 10/10. Theon Greyjoy stirs his men into action, Daenerys enters the House of the Undying, and Jon proves his worth to Qhorin Halfhand. (S2)

7.00 Stargate SG-1 *Memento:* 20/22. The team search for a Stargate to get back home after becoming stranded in space. (S6)

7.00 Deal or No Deal Stephen Mulhern hosts as Tina takes on the Banker for the chance to win a life-changing prize.

7.00 Heartbeat *Dead Men Do Tell Tales:* A Swedish sailor may not be telling the whole truth about the contents of a coffin.

8 PM

8.00 FBI: Most Wanted *Gold Diggers:* 4/22. After a professor is murdered, the team encounter a dangerous fugitive. (S4)

8.00 Friends: The Reunion One-off special in which Jennifer Aniston, Courteney Cox, Lisa Kudrow, David Schwimmer, Matt LeBlanc and Matthew Perry get together to reminisce about the hit comedy.

8.00 Celebrity Wheel of Fortune Tom Allen, Michelle Visage and Eddie Kadi playing for their chosen charities.

8.00 McDonald & Dodds *A Billion Beats:* 2/4. The duo are sucked into the fast and furious world of Formula 1 after a promising young driver dies in suspicious circumstances. (S3)

9 PM

9.00 The Equalizer New episode *A Few Good Women:* 13/18. The team search for a soldier who has gone AWOL. (S5)

9.00 The Last of Us 4/7. Post-apocalyptic drama starring Pedro Pascal and Bella Ramsey. (S2)

9.00 Family Guy 4/21. Brian falls in love with Lois.
9.30 12/21. The Griffins are offered their own reality TV show. (S2)

10 PM

10.00 Fire Country *Bad Guy:* 8/22. A harrowing rescue involving two children brings back difficult memories for Vince. (S1)
11.00 **The Rookie** 2/10. (S6)
12.00 M'T **FBI** 6/19. (S2)
1.00 AM **FBI: Most Wanted** (S4)
2.00 **Law & Order: Special Victims Unit** New episode 6/20. (S26)
3.00 **The Good Doctor** 8/20. (S4)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **UK Border Force**
+1 hour 207 310

10.05 Gangs of London 7/8. Elliot finds himself the most wanted man in London, and Ed visits an old contact. (S3)
11.10 **Homicide: Life on the Street** 4/22. Lewis tackles a homicide with a little help from a female detective in narcotics. (S5)
12.10 AM **Succession** 6&7/10. (S4)
2.40 **The Pacific** 5/10. (S1)
3.40 **Game of Thrones** As 7.45pm.
4.55 **to 6.00** AM **The Guest Wing**
+1 hour 208/209

10.00 Joe Lycett's United States of Birmingham 3/4. The comedian's quest continues into the American Midwest.
11.00 **Hacks** 5/10. Comedy drama starring Jean Smart. (S4)
11.30 **An Idiot Abroad 2** 7/8. Karl Pilkington prepares for a 15-hour trek to the summit of Mount Fuji in Japan.
1.30 AM **Road Wars** Double bill.
3.00 **Magnum P.I.** 15/20. (S5)
4.00 **S.W.A.T.** 14/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

10.00 Plebs 7/8. Marcus invites Delphine to move in.
10.30 8/8. Marcus tries to bring excitement to his relationship. (S3)
11.00 **Family Guy** 5/21. Peter fights with his friends. (S2)
11.30 **American Dad!** 9&2/19. (S6)
12.35 AM **Bob's Burgers** (S10&11)
1.35 **Plebs** 7&8/8. (S3)
2.35 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**
+1 hour 218 315 29 114 254

10.00 Scott & Bailey 1/8. Janet makes a gruesome discovery in a couple's home and Rachel starts to feel claustrophobic. (S3)
11.00 **Scott & Bailey** 2/8. A retrospective episode. (S3)
11.55 **Cracker** 1/9. (S2)
12.55 AM **Where the Heart Is**
1.50 **The Royal**
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**
+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** The judges view properties in the east.
8.00 **Scotland's VE Day: Countdown to Victory** World War Two veterans reflect on the final week of the conflict.
9.00 **Debate Night** New edition Debate on the big issues affecting Scotland and beyond.
10.00 **Martin Compston's Scottish Fling** 2/6. The actor and his friend Phil MacHugh head to the Western Isles.
10.30 **Jules and Greg's Wild Swim** 1/5. Julie Wilson Nimmo and Greg Hemphill head to Barra.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S4)
9.15 **The Conners** (S5)
10.15 **Entourage** (S1)
11.20 **Insecure** (S1&2)
12.40 PM **Curb Your Enthusiasm** (S11)
2.05 **Entourage** (S1)
3.10 **Silicon Valley** (S4)
4.20 **Insecure** (S1&2)
5.40 **The Office (US)** (S4)
6.30 **The Conners** (S5)
7.30 **Curb Your Enthusiasm** 3/10. Cheryl helps Larry with a project.
8.15 4/10. Larry plans to cash in a favour. (S11)
9.00 **The Righteous Gemstones** Series finale *That Man of God May Be Complete:* 9/9. (S4)
9.50 **Rob Beckett: Wallop**
11.00 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.00 M'T **Entourage** (S8)
1.15 AM **Sex and the City**
2.35 **Girls** 7&8/10. (S2)
3.45 **to 5.00** AM **Silicon Valley**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Opera North's Resonance**
6.15 **LSO: Rattle Conducts Sibelius & Bruckner**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of Architecture**
12.00 NOON **Portrait Artist of the Year 2023**
1.00 PM **Tales of the...**
1.55 **Inside Guggenheim**
3.05 **The Art of Architecture**
4.00 **Discovering: Tommy Lee Jones**
5.00 **Portrait Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Chaplin: The Birth of the Tramp** Documentary.
9.15 **Stephen King on Screen**
11.15 **Hammer: Heroes, Legends and Monsters**
1.10 AM **I Am Heath Ledger**
3.05 **Walden**
4.50 **Arts Uncovered**
5.00 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Nothing to Declare**
10.00 **Caught on Dashcam**
11.00 **Border Security: America's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **Caught on Dashcam**
3.00 **Nothing to Declare**
4.00 **Primeval** 4/6. (S5)
5.00 **Stargate SG-1** (S3)
6.00 **Stargate Atlantis** (S4)
7.00 **Star Trek: Voyager** *Tsunkatse:* 15/26. Seven of Nine is forced to fight to save Tuvok's life. With Dwayne Johnson. (S6)
8.00 **Hawaii Five-0** (S10)
9.00 **The Rookie** (S3)
11.00 **Grimm** 11/22. (S2)
12.00 M'T **Stargate SG-1** (S3)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Backyard Builds**
8.10 **Billie and Greg: The Family Diaries**
9.10 **Taste of Ireland**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Atlanta** Reality series.
12.05 PM **Billie and Greg...**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Scott's Vacation House Rules**
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City**
6.00 **Buying and Selling**
7.00 **Taste of Ireland**
8.00 **Dinner Date**
9.00 **The Bardsley Bunch** New edition
10.00 **The Only Way Is Essex**
11.00 **My Mum, Your Dad**
12.05 AM **The Only Way Is...**
1.10 **Unwind**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**
+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 19/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 17/19. (S1)
1.00 PM **Hart to Hart** (S1)
2.00 **Father Dowling Mysteries** 2/8. (S1)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** (S9&10)
9.00 **Randall and Hopkirk (Deceased)** *It's Supposed to Be Thicker Than Water:* 22/26. A family reunion turns into a grim affair. (S1)
10.00 **The New Avengers** *Target:* 6/13. (S1)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S9&10)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**
+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through...**
6.15 **Minder**
7.15 **The Professionals**
8.20 **The Saint**
9.25 **Magnum, PI**
10.25 **Kojak**
11.30 **Giant Lobster Hunters**
12.30 PM **The Protectors**
1.10 **LIVE Racing** Coverage from Chester and Newton Abbot.
4.00 **The Derby Through the Years**
4.20 **River Monsters**
4.50 **The Professionals**
6.00 **The Chase** Quiz show.

1.10 Racing

7.00 **The Motorbike Show** Henry Cole tells the story of the V-max, meets Maria Costello, and experiences the Suzuki JiXR.

8.00 **FILM Never Say Never Again** James Bond adventure starring Sean Connery. After stealing two US cruise missiles, international crime syndicate SPECTRE holds the world to ransom. Only Bond can save the day. With Kim Basinger and Klaus Maria Brandauer. (1983, PG, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Wrestling: AEW Collision** The latest hard-hitting action.

12.45 AM **LIV Golf Highlights** Action from all three days at Jack Nicklaus Golf Club in Incheon, South Korea.
1.40 **On the Road**
2.40 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 13/26. (S5)
2.00 **Atlantis** 7/13. (S2)
3.00 **Stargate Universe** 18/20. (S1)
4.00 **Star Trek: Voyager** (S4)
5.00 **Star Trek: The Next Generation** 13/26. Picard saves an endangered society. (S5)
6.00 **Star Trek: Enterprise** 24/26. Archer and Trip are lured to an alien planet. (S1)

7.00 Atlantis

7.00 **Atlantis** *A Fate Worse Than Death:* 7/13. News of Ariadne and Jason's wedding plans reaches Pasiphae. (S2)

8.00 **Stargate Universe** *Subversion:* 18/20. Rush comes to suspect Telford is a spy after a disturbing dream. (S1)

9.00 **Grimm** *Iron Hans:* 19/22. Nick and Hank learn that the murder of a hitchhiker is linked to a Wesen rite of passage. (S4)

10.00 **The Walking Dead** *The Well:* 2/16. Carol and Morgan meet King Ezekiel, the eccentric leader of The Kingdom. (S7)

11.00 **Stephen King's It** 1&2/2. Adaptation of the best-selling horror novel about seven friends forced into a terrifying confrontation with a supernatural enemy. Stars Tim Curry, Richard Thomas, Tim Reid and John Ritter.
3.00 AM **Twin Peaks: The Return**
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 4/13. (S2)
11.00 **Hudson & Rex** 2/16. (S1)
12.00 NOON **The Mentalist** (S7)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S16)
4.00 **Father Brown**
5.00 **Hudson & Rex** 2/16. The duo unravel a conspiracy within the city's parkour community. (S1)
6.00 **Body of Proof** 15/20. A corpse is discovered in the boot of a car. (S2)

10.00 Catch Me a Killer

7.00 **The Mentalist** *Little Yellow House:* 7/13. Lisbon's brother Jimmy is wanted as a witness to a murder. (S7)

8.00 **Death in Paradise** *Wish You Weren't Here:* 3/8. The body of a TV presenter is washed up on the shore. (S8)

9.00 **I, Jack Wright** New episode *A Tougher Love:* 3/6. John forms new alliances. (S1)
■ Entire series on U

10.00 **Catch Me a Killer** *The Station Strangler – Part Two:* 2/11. Micki attends the post-mortem of the latest victim. (S1)

11.00 **The Mentalist** As 7pm.
12.00 M'T **Body of Proof** As 6pm.
1.00 AM **Elementary** 1/24. Holmes and Watson assist on a manhunt when a serial bomber returns to New York. (S5)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
9.15 **My Hero**
9.55 **Hi-de-Hi!**
10.35 **Porridge**
11.15 **Last of the Summer Wine**
12.30 PM **The Green Green Grass**
1.10 **My Hero**
1.50 **Dad's Army**
2.30 **Porridge**
3.10 **Hi-de-Hi!**
3.45 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

5.00 The Green Green Grass

7.00 **Dad's Army** The platoon are forced to spend the night in a spooky house.
7.40 **Only Fools and Horses** Rodney unwittingly causes a family crisis by bringing home a stranger. **8.20** Rodney tries to help a drunken woman, but his good deed backfires.

9.00 **The Fast Show** Competitive Dad plays a game of Monopoly.
9.40 **Bottom** Wretched flatmates Richie and Eddie decide to go camping in the country.
10.20 **Absolutely Fabulous** Edina, Patsy and Saffy head to Morocco.

11.00 **Not Going Out** Lee wins £1,000 in a writing competition.
11.40 **Porridge** As 6.20pm.
12.20 AM **The Fast Show** As 9pm.
1.00 **Bottom** As 9.40pm.
1.35 **Absolutely Fabulous**
2.25 **Miranda** Double bill.
3.30 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Outback Pilots**
8.00 **Special Ops: Crime Squad UK**
10.00 **Outback Pilots**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Celebrity Storage Hunters** Double bill.
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Britain's taste for exotic food.
6.00 **Rick Stein's Cornwall** The chef uncovers the story of Cornwall's ancient capital. **6.30** Rick visits a deer farm near Bodmin Moor.

12.00 Celebrity Storage Hunters

7.00 **Would I Lie to You?** With Tom Allen, Sarah Greene, Ugo Monye and Morgana Robinson.
7.40 **Richard Osman's House of Games** Guests include Rebecca Lucy Taylor. **8.20** With Dev Griffin, Debbie McGee, Alex Horne and June Sarpong.

9.00 **QI XL** Guests Jo Brand, Ben Goldacre, Andy Hamilton join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts the satirical quiz, with Henry Blofeld and Sara Pascoe.

11.00 **8 Out of 10 Cats** Guests include Tom Rosenthal, Roisin Conaty and Rob Delaney.
11.45 **Mock the Week**
12.25 AM **Would I Lie to You?**
1.45 **Australian Ninja Warrior**
3.10 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** In Gloucestershire.
2.30 PM **A Place in the Sun**
3.00 **Narrow Escapes**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location Revisited**
7.00 **Millionaire Hoarders** An expert sifts through the contents of Bamburgh Castle.
8.00 **Food Unwrapped's Nordic Adventure** Jimmy Doherty and Briony May Williams embark on an epic journey through the Nordic region.
9.00 **Gogglebox**
10.00 **24 Hours in Police Custody: The Murder of Rikki Neave**
12.10 AM **Night Coppers**
1.10 **999: The Critical List**
2.10 **24 Hours in A&E**
3.15 **Celebrity Gogglebox**
4.15 **to 4.45** AM **Food Unwrapped**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S2)
10.00 **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Gut Punch:* 11/16. McGee, Torres and Bishop are assigned to compliance duties. **7.00** *Sangre:* 12/16. Torres meets his father. **8.00** *Misconduct:* 13/16. The team investigate a biker killed in a hit-and-run incident. (S18)
9.00 **Criminal Minds** *Devil's Backbone:* 21/22. The agents try to elicit important information from a convicted killer. **10.00** *The Storm:* 22/22. Hotch is shocked to be arrested on suspicion of conspiracy. (S11)
11.00 **Law & Order: Special Victims Unit** (S21)
2.45 AM **The Good Wife**
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Entertainment News**
8.10 **Motorway Patrol**
8.45 **Casualty 24/7: Every...**
9.45 **Caught Red Handed**
10.45 **Traffic Cops**
1.45 PM **Home and Away**
2.15 **FILM PREMIERE A Wedding to Die For: Vows & Vendettas** Drama. (2023, 12) ★★
4.00 **Nightmare Tenants, Slum Landlords**
5.00 **Dogs Behaving Badly**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition**
10.00 **A&E: Crash Scene Emergency**
11.00 **Call the Bailiffs**
12.00 M'T **Killer at the Crime Scene** Documentary.
1.00 AM **Junior Doctors Down Under**
2.00 **to 4.00** AM **The Block** New editions

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.20 **Trucking Heavy**
10.20 **Traffic Cops**
11.20 **Police Interceptors**
12.20 PM **FILM Last Train from Gun Hill** Western starring Kirk Douglas. (1959, 15, 90min) ★★
2.15 **FILM Six Black Horses** Western starring Audie Murphy and Dan Duryea. (1961, PG, 80min) ★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **LIVE Snooker: World Seniors Championship** Coverage of day one at the Crucible Theatre in Sheffield, featuring last-16 matches.
11.00 **Yellowstone** 3/10. New enemies look to block Rainwater and Jenkins' plans. (S2)
12.00 M'T **Outback Truckers**
2.00 AM **New York Undercover** (S1)
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **MasterChef Australia** Culinary show.
7.20 **Simply Nigella**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Michael McIntyre's The Wheel** With Joey Essex.
5.20 **Gavin & Stacey**
6.35 **Interior Design Masters with Alan Carr**
8.00 **Ambulance Australia**
9.00 **Pete Wicks: For Dogs' Sake**
10.00 **One Born Every Minute**
11.00 **Katie Piper: Locked Up in Louisiana** Katie meets Candice, who is facing a second-degree murder charge.
12.00 M'T **Missing Persons Investigation** A girl walks out of her family home.
1.00 AM **MasterChef USA: United Tastes of America** Culinary show.
1.45 **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.20 AM **At Home with the Braithwaites**
8.25 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.45 PM **Classic EastEnders**
2.00 **Eldorado**
3.15 **Hetty Wainthropp Investigates**
4.20 **At Home with the Braithwaites**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Miss Marple** *Sleeping Murder:* A newlywed sees disturbing visions of a corpse in the hallway of her dream home.
10.00 **New Tricks**
11.20 **Bergerac**
12.20 AM **Sister Boniface Mysteries** 2/10. (S1)
1.20 **The Last Detective**
3.00 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

Wednesday

7 PM
8 PM
9 PM
10 PM

WEDNESDAY Entertainment

Wednesday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In East Sussex.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Celebrity Antiques Road Trip** Triple bill.
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 NEW SERIES **1000-lb Sisters** Tammy's surgery is still up in the air as she struggles to kick bad habits, and Amy's got a new roommate.
10.00 **My 600lb Life: Where Are They Now?** New edition Siblings Carlton and Shantel enable one another with their eating habits.
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Classic Who Wants to Be a Millionaire?**
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room** Items include a pair of 1930s suitcases and a wind-up tin toy.
7.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
8.00 **The Chase** Double bill.
10.00 **Tenable** Quiz show hosted by Warwick Davis.
11.00 **Bullseye** Double bill.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West Chronicles**
8.50 **Battle Honours**
10.00 **The Avengers**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM FILM **Texas** Western adventure. (1941, b/w, PG, 93min) ★★★
3.05 FILM **The Texican** Western adventure starring Audie Murphy. (1966, PG, 91min) ★★
5.00 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers**
9.00 FILM **American Siege** Thriller with Bruce Willis. (2021, 15, 91min) ★★
11.00 FILM **First Kill** Thriller starring Bruce Willis. (2017, 15, 97min) ★★
1.10 AM FILM **Firequake** Sci-fi disaster movie. (2014, 12, 90min) ★
2.50 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Coast Guard Alaska**
11.00 **Saving Lives at Sea**
12.00 NOON **Paddington Station 24/7**
1.00 PM FILM **The Neighbourhood Nightmare** Thriller. (2018, 12, 89min) ★★
3.00 FILM **Ties That Bind** Thriller. (2010, PG) ★★
5.10 FILM **The Gourmet Detective** Mystery. (2015, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 FILM **Annihilation** Fantasy drama starring Natalie Portman. (2017, 15, 115min) ★★★★
11.35 FILM **Arctic** Thriller starring Mads Mikkelsen. (2018, 12, 98min) ★★★
1.40 AM FILM **The Longest Week** Comedy drama. (2014, 15, 86min) ★★
3.30 **Air Rescue**
4.00 **to 6.00** AM FILM **A Deadly Lullaby** Thriller. (2020, 12) ★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM FILM **Blueprint to the Heart** (2020) ★★
10.05 FILM **Love By Chance** Comedy. (2016, PG) ★★
12.00 NOON FILM **Farmer Seeking Love** Comedy. (2022, PG, 90min) ★★
2.00 PM FILM **Raise a Glass to Love** Romantic drama. (2021, PG, 84min) ★★
3.55 FILM **Eat, Drink and Be Married** Drama. (2019, U, 90min) ★★
5.55 FILM **Sincerely, Yours, Truly** Romantic drama. (2020, PG, 90min) ★★
8.00 FILM **The Engagement Plot** Romantic comedy. (2022, PG, 87min) ★★
10.00 FILM **The Last Bridesmaid** Drama. (2019, PG, 90min) ★★
11.55 FILM **Date with Love** Comedy. (2016, U) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Raise a Glass to Love** Drama. (2021, PG, 84min) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
10.00 **Surgical Spirit** (S3)
10.30 **Watching** 4/7. (S7)
11.00 **A Fine Romance** (S2)
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **Carry On Laughing**
1.00 **Please Sir!** (S1)
1.50 **Roobarb**
2.00 **Bramwell** 4/10. (S3)
3.00 **Shine on Harvey Moon**
4.00 **Stereo Underground**
5.00 **A Fine Romance** (S2)
5.30 **The Monkees** (S1)
6.00 **Watching** 4/7. (S7)
6.30 **Lucky Feller**
7.00 **Bramwell** 4/10. (S3)
8.00 **Please Sir!** (S1)
8.50 **Roobarb**
9.00 **Carry On Laughing**
9.30 **The Cuckoo Waltz** (S1)
10.00 **Lucky Feller**
10.30 **Game On** (S3)
11.05 **Department S** (S2)
12.05 AM **Clive James on Safari** Tracing Ernest Hemingway's final safari.
2.05 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Skipper Phil Harris gets airlifted to hospital. **8.00** Skipper Phil fights for his life while his sons feud, and Captain Sig's brother contemplates quitting.
9.00 **Alaska: Homestead Rescue** Marty, Misty and Matt address food, water and shelter concerns so both homes may survive winter.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Jamie's Quick & Easy Food** Double bill.
7.00 **30 Minute Meals**
9.00 **Jamie's 15 Minute Meals**
11.00 **Great British Bake Off**
1.00 PM **Jamie's Quick & Easy Food** Double bill.
2.00 **James Martin's French Adventure** In Normandy.
3.00 **30 Minute Meals**
5.00 **Jamie's 15 Minute Meals**
7.00 **Great British Bake Off**
9.00 **Ottolenghi's Mediterranean Island Feast** Exploring Mallorca.
10.00 **Marcus Wareing's Tales from a Kitchen Garden** The chef gets a lesson in perfecting compost. **10.30** A trip to Kent inspires a nutty addition.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
1.30 **Man v Food Nation**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 4/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 12/22. (S1)
11.00 FILM **Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
1.00 PM FILM **Incident at Phantom Hill** Western. (1966, U, 88min) ★★
3.00 FILM **The Gambler, the Girl and the Gunslinger** Western comedy. (2009, PG, 95min) ★★★
5.00 **Star Trek** 2/30. (S1)
6.00 **Knight Rider** 13/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 FILM **Safe** Action thriller. (2012, 15, 90min) ★★★
10.55 FILM **Driven to Kill** Crime action thriller. (2009, 18, 94min) ★★
12.50 AM FILM **Who Dares Wins** Action thriller. (1982, 18, 124min) ★
3.20 **to 4.55** AM FILM **Deadsight** Horror thriller. (2018, 18, 81min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM FILM **Super Cyclone**
8.00 FILM **2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
10.00 **Farscape** 17/22. (S4)
11.00 FILM **The Philadelphia Experiment** Mystery. (2012, 15, 89min) ★★
1.00 PM FILM **Monster Island** Sci-fi thriller. (2019, PG, 90min) ★★
3.00 **Farscape** 17/22. (S4)
4.00 **The A-Team** 9/14. (S1)
5.00 FILM **Super Cyclone** Action disaster movie. (2012, 12, 90min) ★
7.00 **Farscape** 18/22. (S4)
8.00 **The A-Team** 10/14. (S1)
9.00 FILM **Midnight Run** Comedy thriller starring Robert De Niro. (1988, 18, 122min) ★★★★
11.30 FILM **Black Rock** Horror thriller. (2012, 15, 78min) ★★★
1.05 **to 3.00** AM FILM **The Abominable Snowman** Chiller. (1957, 12) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **Alien Disclosure Files**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Proof Is Out There**
1.05 **Secrets in the Ice**
2.05 **Storage Hunters**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **Alien Disclosure Files**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 NEW SERIES **Weird Britain** Double bill.
11.00 **Bermuda Triangle: Into Cursed Waters**
12.00 M'T **MonsterQuest**
1.00 AM **Alien Disclosure Files** Double bill.
2.00 **Weird or What?**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **Susan Calman's Grand Day Out** Lyme Regis.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **World's Most Scenic Railway Journeys** From Brisbane to Cairns.
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Europe's Greatest Train Journeys** A journey across the island of Corsica on the Trinicellu.
10.00 **Amazing Railway Adventures with Nick Knowles** The presenter heads to Mexico.
11.00 **Prisoner: Cell Block H**
1.00 AM **Bargain-Loving Brits in the Sun**
3.00 **Susan Calman's Grand Day Out** Lyme Regis.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun: Home or Away**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **Love Your Garden**
3.00 **Escape to the Country**
5.00 **A Place in the Sun: Home or Away**
6.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Rich House, Poor House** A retired couple and a single mother swap homes, lives and budgets.
10.00 **Home Town Takeover** Ben and Erin restore an iconic house that was in a Tim Burton film.
11.00 **Home Town**
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Sister Wives**
8.00 **You, Me & My Ex**
9.00 **Love & Translation** New edition
10.00 **Forbidden Love** New edition
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Forbidden Love**
3.00 **Sex Sent Me to the ER**
4.00 **You, Me & My Ex**
5.00 **to 6.00** AM **Extreme Cheapskates**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S3&4)
9.00 **Kevin Bridges Live in Glasgow** The comedian performs at the SECC.
10.00 **8 Out of 10 Cats**
10.30 **8 Out of 10 Cats: Best Bits** Series highlights.
11.00 **Reno 911!** New episode 3/11. Lt Dangle trains his new bike squad. (S8)
11.30 **Whose Line Is It Anyway? USA**
12.30 AM **South Park**
2.00 **Lost Voice Guy: Cerebral LOLsy**
3.00 **Al Murray: My Gaff, My Rules** Stand-up show.
3.45 **Rosie Jones Tries to Help** Featuring guest Harriet Kemsley.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 5&6/22. (S1)
11.00 **Friends** 18–21/24. (S5)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: The Inspired Unemployed**
3.00 **Daria** (S3&4)
4.00 **Guessable?**
5.00 **Becker** 5&6/22. (S1)
6.00 **Home Improvement**
8.00 **Last Man Standing** 6/22. Bonnie, Vanessa's mother, wants to mend fences with her daughter. **8.30** 7/22. Mandy sets her sights on an Italian vacation, but her folks are concerned. (S7)
9.00 **South Park** (S4&1)
12.00 M'T **The Ren & Stimpy Show** (S4&5)
3.00 AM **Reno 911!** (S3&4)
3.45 **Becker** 5&6/22. (S1)
4.30 **Al Murray: My Gaff, My Rules**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Celebrity Four Weddings** Reality series.
9.00 **Four Weddings**
10.00 **Border Security USA**
11.00 **Nothing to Declare**
12.00 NOON **DC's Legends of Tomorrow** (S5)
2.00 PM **Caught on Dashcam**
3.00 **Motorway Patrol**
4.00 **Border Security USA**
5.00 **Border Patrol**
6.00 **Supergirl** 9&10/20. Double bill. (S1)
8.00 **Caught on Dashcam**
10.00 **The Force: North East**
11.00 **The Flight Attendant**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Big Zuu.
2.00 **Last King of the Cross**
3.10 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **16 and Pregnant**
7.15 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Teen Mom: The Next Chapter** New edition Mackenzie surprises her family as she reveals she's pregnant with twins.
9.00 **Catfish: The TV Show**
10.00 **Snatched and Sold for Sex** Documentary.
11.00 **The Challenge: All Stars** New edition
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Nina Agdal get secondhand hurt in 'contagious pain'.
12.30 AM **Ridiculousness**
1.00 **Just Tattoo of Us**
2.00 **Ink Master: Revenge**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

7 May Wednesday

Wednesday

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Roadworthy Rescues**
10.00 **Mega Shippers**
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** A Hawaiian family struggle to homestead between two active volcanoes.
3.00 **Gold Divers** Double bill.
5.00 **Building Off the Grid**
6.00 **Junkyard Empire** George cuts an F350 in half to create a single cab short bed diesel pick-up truck.

9.00 Kindig Customs

7.00 **Wheeler Dealers** A 1979 Jeep CJ-7 Renegade rolls into the workshop, but it is rusted out.

8.00 **Hoffman Family Gold** Todd promises a gold bonus to all miners who finish the season – but one greenhorn struggles.

9.00 NEW SERIES **Kindig Customs** The shop is finally ready to take the Outlaw Porsche project to its conclusion.

10.00 **Wheeler Dealers World Tour** In northern Italy, Mike and Elvis tackle the last truly analogue Ferrari, the 348.
11.00 **Border Control Sweden** A man gets aggressive when his bags are being checked.
12.00 M'T **Mountain Monsters** What lurks in the Tygart Valley.
2.00 AM **Kindig Customs**
3.00 **Wheeler Dealers World Tour**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** Two aquariums.
9.00 **Animal Cops Phoenix**
10.00 **Bad Dog!**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Animal Cops Phoenix**
2.00 **Treetop Cat Rescue**
3.00 **Tanked** With Pete Rose.
4.00 **Dogs 101** Travel companions.
5.00 **Alaska: Homestead Rescue** A family struggle on their move to the wilderness of Michigan.
6.00 **Tanked** DJ Steve Aoki asks the team to add a three-headed dragon to his tank.

9.00 How Sharks Hunt

7.00 **Animal Cops Phoenix** A cat is brought into the shelter after having its paws removed in an act of deliberate cruelty.

8.00 **Deadliest Sharks** A look into whether oceanic whitetip sharks deserve their reputation as the 'world's deadliest sharks'.

9.00 **How Sharks Hunt** A look at what makes the hunting strategies of tiger sharks and great whites so effective.

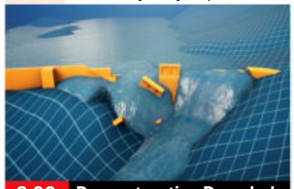
10.00 **Alaskan Bush People** The *Integrity* begins to show its age, stranding the Browns in the middle of the water.
11.00 **Flying Wild Alaska** A look at a family-run airline in Alaska.
12.00 M'T **Pit Bulls & Parolees: Tia's Tales** Mariah recounts her first solo rescue.
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101** As 4.00pm.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Colossal Machines**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Area 51: The CIA's Secret Files**
1.00 PM **Drain the Oceans**
2.00 **Apocalypse: The Fall of Hitler** Double bill of editions.
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** Restoring a 1954 Citroen Traction Avant.
6.00 **Lost Treasures of Egypt** Archaeologists unearth clues about a dynasty of pharaohs.



8.00 Deconstruction Decoded

7.00 **Air Crash Investigation** A look into the implications of the worst aviation disaster in Norwegian history.

8.00 **Destruction Decoded** New edition History's most devastating dam collapses, which can be as catastrophic as a tsunami.

9.00 **Construction Fails** Investigating how asbestos turned out to be a product that was too good to be true.

10.00 **Car S.O.S** Tim Shaw and Fuzz Townshend restore a VW Polo G40.
11.00 **Air Crash Investigation**
12.00 M'T **To Catch a Smuggler**
1.00 AM **History: The Interesting Bits** Criminals and con artists.
2.00 **Food Factory**
2.30 **Lords of War**
2.55 **Bid & Destroy**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Britain's Most Historic Towns** From Edinburgh.
6.50 **World War Weird**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Storm Stories**
2.00 **Soviet Storm: WWII in the East** Double bill.
4.00 **Britain's Most Historic Towns**
5.00 **Pawn Stars** Documentary.
6.00 **American Pickers**

9.00 The Curse of Oak Island

7.00 **Forged in Fire** Three of Michigan's finest blacksmiths face some of the most challenging tests they've ever encountered.

8.00 **Storage Hunters** Brandon and Jesse vie over a movie monster. **8.30** Lori finds a piece of rock 'n' roll history.

9.00 **The Curse of Oak Island** New edition As the team dig a prime location in the Money Pit area, its members unearth clues.

10.00 **Ghost Ships** The *Ghost Ship of Northumberland Strait*, a ghost ship said to sail ablaze within the Northumberland Strait.
11.00 **Alien Disclosure Files** Alien life elsewhere in the Universe. **11.30** Real people who have experienced alien-life up close.
12.00 M'T **Kings of Pain**
1.00 AM **Pawn Stars**
2.00 **The UnBelievable with Dan Aykroyd**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Hunters** Joachim Peiper.
11.00 **The World at War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Nazi Hunters** Joachim Peiper.
5.00 **The World at War** Investigating superpower tensions in the post-war era.
6.00 **Antiques Roadshow** Fiona Bruce and the team visit Sefton Park in Liverpool.

9.00 Return to Cornwall

7.00 **Canal Boat Diaries** Robbie Cumming travels to Liverpool Docks. **7.30** Robbie battles through blanket weed.

8.00 **Great British Railway Journeys** Michael Portillo visits the Peak District. **8.30** Michael travels from Wakefield to Leeds.

9.00 **Simon Reeve's Return to Cornwall** The explorer finds out what life is like after the summer crowds have gone.

10.00 **Bangers & Cash: Restoring Classics** Derek picks out a solid-looking 1969 MGB for the team to look out for at auction.
11.00 **Bangers & Cash** Derek picks up a Ford Zodiac Farnham Estate, while Dave collects a Triumph Toledo.
12.00 M'T **Dream Car Fixers** Turning a mint imported Beetle Cabriolet into a client's dream.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Salvage Hunters: Classic Cars**
7.00 **Salvage Hunters: The Restorers**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Documentary.
1.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop** The team tackle a concertina and a vintage jigsaw.
8.00 **The Yorkshire Auction House** Double bill.
10.00 **The Derbyshire Auction House** A vast collection of gramophones and vintage radios get the auction buzzing.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress: UK** Reality series.
9.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Lancashire**
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **I'd Kill for You**
10.00 **Deadly Women**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **New Scotland Yard Files** Examining the case of Laila Rezk, who was discovered badly beaten in her own home.
8.00 **See No Evil** Student Julissa Brisman is found shot and bound in a hotel room in Boston.
9.00 **Storm of Suspicion** New edition The New York State Dive team search the Hudson River for clues in the case of missing 21-year-old Noel Alkaramla.
10.00 **Millionaire Murders** New edition In 2015, the bodies of the Smith family were found in Pensacola.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Millionaire Murders**
3.00 **See No Evil** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Crimes That Shook Australia** Double bill.
11.00 **Medical Detectives**
2.00 PM **Crimes That Shook Australia** Double bill.
4.00 **Medical Detectives** A forensic geologist tries to solve a murder of a man who was killed in a drive-by shooting. **4.30** Two men confess to the same murder. **5.00** Forensic science is used to discover the fate of a missing teacher. **5.30** A girl who was killed by her parents. **6.00** Investigating whether sabotage is to blame when a thriving company is crippled. **6.30** Two agents are killed during a routine motorcade.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Send in the Dogs**
9.00 **The Force: Manchester**
10.00 **Brit Cops UK**
11.00 **Killer in My Village**
12.00 NOON **How I Caught the Killer** True-crime.
1.00 PM **Catching the Killer**
2.00 **Murders That Shocked the Nation**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Murder Uncut**
10.00 **Catching the Killer**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murdered at First Sight**
3.00 **Ireland's Most Evil Killers** True-crime.
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Britain's Biggest Dig**
9.35 **A Cold War of Spies**
10.35 **The Ghettos & the Holocaust**
11.50 **WW2: Battle of Crete**
1.00 PM **America the Bountiful** Learning about crabs in Maryland.
1.35 **Britain's Biggest Dig**
2.55 **A Cold War of Spies**
3.55 **The Ghettos & the Holocaust**
5.05 **WW2: Battle of Crete**
6.15 **Britain's Biggest Dig**
7.35 **A Cold War of Spies**
8.35 **The Ghettos & the Holocaust** Using new evidence to examine the role ghettos played in the Holocaust.
9.45 **WW2: Battle of Crete** An evacuation mission costs the lives of almost 1,000 soldiers.
10.55 **A Cold War of Spies**
12.00 M'T **The Ghettos & the Holocaust**
1.15 **to 2.00** AM **America the Bountiful**

WEDNESDAY

Wednesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Nineties**
7.00 **Discovering: John Mills**
8.00 **The Directors**
9.00 **Charlie Hustle & the Matter of Pete Rose**
10.00 **Hostages**
11.05 **Dark Horses: Italy's World Cup Triumph**
12.00 NOON **The Man Who Stole The Scream** Documentary.
2.00 PM **15 Minutes of Shame**
3.45 **My Icon: John Amaechi**
4.00 **The Directors**
5.00 **Discovering: John Mills**
6.00 **Urban Secrets**
7.00 **Chernobyl: The Lost Tapes**
9.00 NEW **Germanwings: What Happened on Flight 9525?** A look at the circumstances surrounding the deliberate crashing of an Airbus in 2015.
11.00 **Hijacked: Flight 73** Exploring the hijacking of Pan Am Flight 73 in Karachi in 1986.
1.00 AM **The Ibiza Affair: Uncovered** Documentary.
3.00 **Forced Out** Documentary.
5.00 **to 6.00** AM **Discovering: John Mills**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Patrick Aryee's Wild World**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Orangutan Jungle School**
10.00 **The Wadden Sea**
11.00 **Wild Family Ties**
12.00 NOON **Africa's Wild Horizons**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Orangutan Jungle School**
4.00 **The Wadden Sea**
5.00 **Australia's Hidden Islands**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life** Double bill.
8.00 **Europe's Amazon**
9.00 **Africa's Underwater Wonders** Mafia Island, off Tanzania's coast.
10.00 **Africa's Wild Horizons** How the desert of the Kalahari dominates southwestern Africa.
11.00 **Australia's Hidden Islands**
12.00 M'T **Wild Family Ties**
1.00 AM **Africa's Claws and Jaws**
2.00 **Europe's Amazon**
3.00 **Africa's Underwater Wonders**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Ice**
9.00 **The Plane That Led D-Day**
10.00 **Mystery Places**
11.00 **Ancient Aliens**
1.00 PM **Cursed Treasures**
2.00 **WW2 Treasure Hunters**
3.00 **Empire Builders**
4.00 **The Plane That Led D-Day**
5.00 **Mysteries from Above**
6.00 **Mystery Places**
7.00 **Alien Files: Unsealed** Alleged wreckages of otherworldly crafts. **7.30** The flying saucer.
8.00 **Great Escapes with Morgan Freeman** Focusing on a daring jailbreak orchestrated by Quawntay Adams.
9.00 **How Disney Built America** Walt Disney's creation of his first theme park.
10.00 **Secrets in the Ice**
11.00 **Clash of the Gods**
12.00 M'T **Ancient Aliens**
2.00 AM **WW2 Treasure Hunters**
3.00 **Empire Builders**
4.00 **Alien Files: Unsealed**
5.00 **to 6.00** AM **Mysteries from Above**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files: DNA...**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **When Missing Turns to Murder**
10.00 **Murdered By Morning**
11.00 **An Hour to Kill**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **The Real Murders of Atlanta**
3.00 **When Missing Turns to Murder**
4.00 **Sin City Murders**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files: DNA Speaks**
7.00 **The First 48 Presents: Critical Minutes** Documentary.
8.00 **Imperfect Murder**
9.00 **When Missing Turns to Murder** New edition
10.00 **Beyond The Headlines: The Tanya Kach Story**
11.00 **Gypsy Rose: Life After Lock Up**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **When Missing Turns to...**
2.00 **Beyond the Headlines: The...**
3.00 **Green Eyed Killers**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **An Hour to Kill**

+1hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **America's National Parks**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **India's Elephant Mountain**
3.00 **India's Wild Leopards**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa** A team of doctors rush to a leopard's side, a monkey gets a rare physical, and birds take cover from avian flu.
8.00 **Amazonia** A look at the rarely seen creatures of the Amazon. **9.00** The rarely seen predators of the Amazon.
10.00 **Alaska: The Next Generation** Spring is fast approaching.
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Lawless Island**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Day After D-Day**
8.00 **How Do They Do It?**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Doing Da Vinci**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** The significance of neutrinos.
8.00 **Day After D-Day** Survivors of the Normandy invasion recall their experiences.
9.00 **Secret Space Escapes** Astronauts and mission control staff share tales of disaster in space, beginning with accounts of a life-threatening fire on board the Russia's Mir space station.
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.25 **Parkinson** Double bill.
2.00 PM **Bargain Hunt**
4.00 **Parkinson** As 9.50pm.
5.30 **Doctor Who** Four episodes of the sci-fi drama, including at: **7.15** *The Ambassadors of Death – Part One:* 12/25. The Doctor suspects something has gone terribly wrong in space. (S7)
7.50 **Bargain Hunt** Thomas Plant and Mark Stacey help teams to find bargains at an antiques fair near Ardingly in West Sussex. **8.50** Catherine Southon and James Braxton help teams find items of interest at an antiques fair in Oswestry, Shropshire.
9.50 **Parkinson** With golden couple David and Victoria Beckham, football legend George Best and pop icon Elton John. **11.20** Michael Parkinson welcomes Victoria Wood, Bob Geldof and Ann Widdecombe.
12.35 AM **Doctor Who**
2.45 **Bargain Hunt**
3.35 **to 6.00** AM **Parkinson**

+1hour 266 376

ID

154 141 166

8.00 AM **The Wonderland Murders**
9.00 **Pandora's Box: Unleashing Evil**
11.00 **In Pursuit with John Walsh**
1.00 PM **The Perfect Murder**
3.00 **Evil Lives Here** Double bill.
5.00 **Homicide City: Charlotte**
7.00 **Faking It: Tears of a Crime** The murder of 16-year-old Bristol student Becky Watts. **8.00** Focusing on the 2002 murder of April Barber.
9.00 **Body Cam** How a relationship break-up turned deadly and a minor traffic stop risked a child's life. Plus, how a killer on the run left a state trooper fighting for his life.
10.00 **Crime Scene Confidential** CSI Alina Burroughs travels to the Colorado mountains to investigate the 1995 death of Bruce Dodson, who was killed while hunting deer.
11.00 **Good Cop, Bad Cop**
12.00 M'T **The Murder Tapes**
2.00 AM **Homicide City: Charlotte**
4.00 **to 6.00** AM **Faking It: Tears of a Crime**

+1hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **Massive Engineering Mistakes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Massive Engineering Mistakes**
4.00 **Last Chance Garage**
5.00 **Richard Hammond's Workshop** Richard helps a friend fulfil a childhood dream.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried** Double bill.
8.00 **Last Chance Garage** A 1953 Bel Air with a turbulent history awaits completion.
9.00 **Motor Pickers** Double bill.
10.00 **Massive Engineering Mistakes**
11.00 **Shed and Buried**
12.00 M'T **Last Chance Garage**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **World's Top 5**

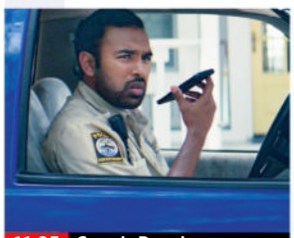
+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.55 AM **The Parenting** As 1.25am.
8.35 **Omni Loop** As 6.00pm.
10.35 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★
12.40 PM **Cleaner** As 8.00pm.
2.25 **Transformers One** Animation. (2024, PG, 104min) ★★★★
4.10 **Trap** M Night Shyamalan's thriller starring Josh Hartnett. (2024, 15, 105min) ★★★★
6.00 **Omni Loop** Sci-fi drama starring Mary-Louise Parker. (2024, 12, 112min) ★★★★



11.25 Greedy People

8.00 **Cleaner** Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. With Clive Owen and Matthew Tuck. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Damned** Horror mystery starring Odessa Young. A 19th-century widow must make an unimaginable choice when, during a cruel winter, a foreign ship sinks off the coast of her fishing village. With Joe Cole. (2024, 15, 89min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Greedy People** Crime comedy starring Himesh Patel. (2024, 15, 108min) ★★★★
1.25 AM **The Parenting** Horror comedy starring Nik Dodani. (2025, 15, 94min) ★★★
3.05 **Touch** Romantic drama. (2024, 15, 121min) ★★★★
5.15 **to 7.00** AM **The Damned**

Sky Cinema Hits

303 303 403 503 517

6.30 AM **Jules** Comedy drama. (2023, 12, 87min) ★★★
8.15 **Ordinary Angels** As 1.55am.
10.15 **Sweethearts** Comedy. (2024, 15, 94min) ★★★
11.55 **Lee** Biopic with Kate Winslet. (2023, 15, 117min) ★★★
2.05 PM **Click** Fantasy comedy. (2006, 12, 103min) ★★★★
4.00 **The Meg** Action thriller. (2018, 12, 113min) ★★★
6.00 **Meg 2: The Trench** Thriller sequel. (2023, 12) ★★★

8.00 The Beekeeper

8.00 **The Beekeeper** Action thriller starring Jason Statham. An apparently unassuming man finds someone important to him has been scammed and driven to harm, so seeks vengeance on those responsible. (2023, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Fight or Flight** Action thriller starring Josh Hartnett. A mercenary is assigned a target on a flight, but when rival assassins board the plane, the hunter and the hunted team up. (2025, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Monkey Man** Thriller starring Dev Patel and Sharlto Copley. (2024, 18, 121min) ★★★★
1.55 AM **Ordinary Angels** Drama. (2024, 12, 113min) ★★★★
4.00 **Sky Cinema Preview**
4.35 **to 6.45** AM **Lee** As 11.55am.

Sky Cinema Drama

310 310 410 510 524

6.25 AM **Out of Africa** Romantic epic. (1985, PG, 162min) ★★★★
9.10 **All That Jazz** As 11.40pm.
11.20 **Take Me High** Romantic musical. (1973, U, 90min) ★
1.00 PM **Five Easy Pieces** Drama. (1970, 15, 98min) ★★★★★
2.50 **When Tomorrow Comes** Drama. (1939, U, 105min) ★★★
4.35 **Jackie** Biopic of Jackie Kennedy. (2016, 15, 100min) ★★★★

6.20 **Lady Bird** Comedy drama starring Saoirse Ronan and Laurie Metcalf. An artistic teenager endures a difficult relationship with her mother while growing up in California. (2017, 15, 94min) ★★★★★
8.00 **Bob Marley: One Love** Biopic starring Kingsley Ben-Adir as the reggae music icon. (2023, 12, 104min) ★★★
10.00 **To Olivia** Drama starring Hugh Bonneville and Keeley Hawes. (2021, PG, 90min) ★★★★

11.40 **All That Jazz** Musical fantasy from director-choreographer Bob Fosse. (1979, 15, 123min) ★★★
1.55 AM **The Quiet Man** Romantic drama. (1952, U, 129min) ★★★
4.10 **to 6.25** AM **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.05 AM **The Watched** As 11.35pm.
7.50 **Monolith** As 1.20am.
9.30 **Dune: Part Two** Sci-fi drama. (2024, 12, 166min) ★★★★★
12.15 PM **World War Z** Action thriller. (2013, 15, 116min) ★★★★
2.20 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
4.05 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise. (2014, 12, 113min) ★★★★

6.05 **The Nun II** Horror sequel with Taissa Farmiga and Storm Reid. (2023, 15, 110min) ★★
8.00 **The Nun** Horror starring Taissa Farmiga and Demián Bichir. (2018, 15, 96min) ★★★
9.40 **Five Nights at Freddy's** Horror thriller starring Josh Hutcherson and Piper Rubio. A man accepts a position as a night-time security guard at an abandoned pizzeria, but is soon locked in a fight for survival. (2023, 15, 109min) ★★

11.35 **The Watched** Horror thriller. (2024, 15, 102min) ★★★
1.20 AM **Monolith** Mystery thriller. (2022, 15, 90min) ★★★
3.00 **Chappie** Sci-fi thriller with Dev Patel. (2015, 15, 120min) ★★
5.10 **to 7.05** AM **Dorian Gray** Gothic horror. (2009, 15, 112min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.05 AM **Ride On** (2023, PG) ★★★
9.15 **Beethoven's 2nd** (1993) ★★
10.55 **The Horse Dancer** As 10.15pm.
12.50 PM **Harold and the Purple Crayon** (2024, PG) ★★★
2.25 **Goosebumps 2: Haunted Halloween** (2018, PG) ★★
4.00 **Journey to the Center of the Earth** (2008, PG) ★★
5.40 **Journey 2: The Mysterious Island** (2012, PG) ★★★
7.20 **Stuart Little** Adventure. (1999, U, 84min) ★★★★★

7.20 Stuart Little

8.50 Stuart Little 2 Fantasy adventure sequel with the voices of Michael J Fox and Melanie Griffith, and co-starring Geena Davis and Hugh Laurie. (2002, U, 78min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 The Horse Dancer Drama starring Sophie Bolen and Kristen Ryda. (2017, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Batteries Not Included** Sci-fi fantasy starring Hume Cronyn and Jessica Tandy. (1987, PG, 105min) ★★★★
2.05 **Pups United** Adventure with Matthew James Roberts. (2015, U, 89min) ★★★
3.40 **Mee-Shee: The Water Giant** Family fantasy adventure starring Bruce Greenwood. (2005, PG, 94min) ★★★
5.20 **to 6.05** AM **Sky Cinema Preview**

Sky Cinema Heroes

307 307 407 507 521

6.55 AM **Crouching Tiger, Hidden Dragon** Ang Lee's adventure. (2000, 12, 120min) ★★★★★
9.00 **A Quiet Place** As 11.40pm.
10.40 **Madame Web** Fantasy. (2024, 12, 116min) ★★★
12.40 PM **The Killer** Action thriller. (2024, 15, 125min) ★★★★
2.50 **Mission: Impossible – Dead Reckoning Part One** Thriller. (2023, 12, 163min) ★★★★
5.35 **Wonder Woman** Fantasy. (2017, 12, 121min) ★★★★

11.40 A Quiet Place

8.00 Hanna Action thriller starring Saoirse Ronan, Eric Bana and Cate Blanchett. A 16-year-old girl, trained by her father to be the perfect assassin, embarks on a dangerous globe-hopping quest. With Tom Hollander. (2011, 12, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Cleaner Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. With Clive Owen and Matthew Tuck. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 A Quiet Place Horror thriller. (2018, 15, 90min) ★★★★
1.20 AM **Last Action Hero** Fantasy with Arnold Schwarzenegger. (1993, 15, 130min) ★★★
3.35 **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
5.10 **to 6.10** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **Dad's Army** As 12.10am.
8.50 **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★
10.40 **Kangaroo Jack** Comedy. (2003, PG, 89min) ★
12.15 PM **Ride Along** Police comedy. (2014, 12, 97min) ★★
2.00 **Ride Along 2** (2016, 12) ★★
3.50 **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15, 108min) ★★★★
6.00 **Being John Malkovich** Comedy. (1999, 15) ★★★★★

6.00 Being John Malkovich

8.00 School of Rock Comedy starring Jack Black and Joan Cusack. A wannabe rock guitarist poses as a substitute teacher at an elite private school and attempts to turn his young pupils into a rock band. With Mike White. (2003, PG, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Dinner for Schmucks Comedy starring Steve Carell and Paul Rudd. A corporate climber brings a dumb acquaintance to amuse his boss at a dinner party for idiots. (2010, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Dad's Army** Comedy. (1971, U, 95min) ★★★★
1.55 **Sumotherhood** Comedy drama. (2023, 15, 97min) ★★★
3.40 **The Young Ones** Musical. (1960, U, 104min) ★★★
5.40 **to 7.40** AM **Coming 2 America** Comedy sequel. (2021, 12, 108min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **The Dry** As 1.45pm.
8.00 **The Cinema List: Thriller**
8.15 **A Place Called Silence**
10.20 **He Went That Way** (2023)
12.05 PM **Eileen** Suspense thriller. (2023, 15, 97min) ★★★★
1.50 **The Dry** Crime drama. (2020, 15, 117min) ★★★★
3.55 **Ocean's Twelve** Caper thriller sequel with George Clooney. (2004, 12, 125min) ★★★★
6.05 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★

8.00 Miami Vice

8.00 Miami Vice Crime thriller based on the 1980s TV cop series, starring Colin Farrell and Jamie Foxx. A pair of undercover cops infiltrate a ruthless drug smuggling cartel in order to catch the killers of two federal agents. With Gong Li, Naomie Harris and Ciarán Hinds. (2006, 15, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Ocean's Thirteen Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon, Al Pacino and Ellen Barkin. (2007, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **A Place Called Silence** Chinese thriller. Subtitled. (2024, 15, 119min) ★★★
2.35 **He Went That Way** Crime drama starring Zachary Quinto. (2023, 15, 96min) ★★★
4.15 **to 6.35** AM **K-19: The Widowmaker** Cold War thriller. (2002, 12, 138min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Colditz Story** Classic World War Two escape drama. (1954, b/w, U, 97min) ★★★
1.00 PM **13 Rue Madeleine** Wartime spy thriller. (1946, b/w, U, 95min) ★★★
2.55 **Arizona Raiders** Western. (1965, PG, 88min) ★★
4.40 **They Rode West** Western. (1954, U, 97min) ★★
6.20 **Midway** World War Two drama. (2019, 12, 138min) ★★★★

6.20 Midway

Midway (film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 PREMIERE The Night of the 12th French crime drama starring Bastien Bouillon. An obsessive police detective looks into a woman's murder and becomes fixated on solving the crime. Subtitled. (2022, 15, 114min) ★★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **xXx** Espionage thriller starring Vin Diesel as a rebellious extreme sports fanatic who is recruited by America's secret services and sent to Prague on a dangerous mission. (2002, 12, 124min) ★★
1.45 **to 4.00** AM **Amanda** French drama with Vincent Lacoste and Isaure Multrier. Subtitled. (2018, 15, 107min) ★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Star Trek

302 302 402 502 516

7.30 AM **Star Trek: First Contact**
9.25 **Star Trek: Insurrection**
11.10 **Star Trek: Nemesis** As 11.10pm.
1.10 PM **Star Trek Into Darkness**
3.25 **Star Trek Beyond** Sci-fi adventure starring Chris Pine. (2016, 12, 122min) ★★★★
5.30 **Star Trek: Generations** Sci-fi adventure starring Patrick Stewart and William Shatner. (1994, PG, 118min) ★★★

7.30 Star Trek: First Contact Sci-fi adventure starring Patrick Stewart. Captain Jean-Luc Picard and the *Enterprise* crew travel back in time to 21st-century Earth to thwart the Borg, the Federation's deadliest enemies. (1996, 12, 110min) ★★★★
9.25 Star Trek: Insurrection Sci-fi adventure with Patrick Stewart. (1998, PG, 105min) ★★★
11.10 Star Trek: Nemesis Sci-fi adventure with Patrick Stewart. (2002, 12, 116min) ★★★

1.10 AM **Star Trek Into Darkness** Sci-fi adventure starring Chris Pine. (2013, 12, 132min) ★★★★
3.25 **Star Trek Beyond** As 3.25pm.
5.30 **to 7.45** AM **Star Trek The Motion Picture** Sci-fi adventure starring William Shatner. (1979, U, 132min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.55 AM **Nineteen Nineteen**
8.35 **...And Justice for All** As 3.10am.
10.35 **Brewster's Millions** Comedy. (1985, PG, 97min) ★★★
12.20 PM **Dumb and Dumber** Comedy starring Jim Carrey. (1994, 12, 107min) ★★★
2.10 **HouseSitter** Romantic comedy. (1992, PG, 102min) ★★★
3.55 **Nobody's Fool** Comedy drama. (1994, 15, 111min) ★★★★

5.50 A League of Their Own Comedy drama starring Tom Hanks and Geena Davis. (1992, PG, 124min) ★★★★
8.00 Forrest Gump Whimsical fable starring Tom Hanks as an Alabama-born man who leads a charmed existence over four turbulent decades of US history. (1994, 12, 136min) ★★★★
10.25 Scent of a Woman Coming-of-age drama starring Al Pacino and Chris O'Donnell. (1992, 15, 157min) ★★★★

1.00 AM **Mo' Better Blues** Director Spike Lee's drama. (1990, 15, 127min) ★★★
3.10 **...And Justice for All** Satirical comedy. (1979, 15, 119min) ★★★
5.10 **to 6.50** AM **Nineteen Nineteen** Period drama. (1984, 15, 99min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.25 AM **Under the Boardwalk**
8.00 **The Ogglies** Animation. (2021, PG, 85min) ★★★
9.30 **The Wild Thornberrys Movie** Animated family adventure. (2002, U, 85min) ★★★★
11.10 **PAW Patrol: The Mighty Movie** Animated family adventure. (2023, U, 92min) ★★★
12.40 PM **Smallfoot** Animation. (2018, U, 96min) ★★★

2.25 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
4.00 **The Adventures of Tintin: The Secret of the Unicorn** Animation. (2011, PG) ★★★★★
5.55 **Turbo** Animated comedy. (2013, U, 92min) ★★★★
7.35 **The Lego Ninjago Movie** Animation. (2017, U, 101min) ★★
9.20 **Maya the Bee** Animated adventure. (2014, U, 86min) ★★
10.55 **The Adventures of Tom Thumb and Thumbelina** Animated adventure. (2002, U, 72min) ★★

12.20 AM **Under the Boardwalk** Animation. (2023, PG) ★★★
1.55 **DC Super Hero Girls: Legends of Atlantis** (2018, PG) ★★★
3.15 **Scooby-Doo! The Sword and the Scoob** (2021, PG) ★★★
4.40 **to 6.30** AM **The Inventor** Animation. (2023, PG) ★★★

Movies 24

312 313 419

7.00 AM **CrimeTime: Freefall** Mystery. (2024, PG, 90min) ★★
9.00 **Love in Whitbrooke** Romantic drama. (2021, PG, 88min) ★★
11.00 **Junebug** Fantasy drama. (2024, PG, 84min) ★★
1.00 PM **A Paris Proposal** Romantic comedy. (2023, PG, 84min) ★★
3.00 **A Pinch of Portugal** Romantic drama with Heather Hemmens. (2023, PG, 84min) ★★

5.00 **To Her, With Love** Romantic drama. (2022, PG, 84min) ★★
7.00 **Planning on Forever** Romantic comedy starring Emily Tennant. (2022, PG, 89min) ★★
9.00 **A Scottish Love Scheme** Drama starring Erica Durance and Jordan Young. Two childhood friends are reunited during a holiday in Scotland, and their mothers plot to bring them together. (2024, PG, 84min) ★★
11.00 **Inspiring Love** Romantic drama. (2023, PG, 85min) ★★

1.00 AM **Luckless in Love** Romantic comedy starring Paniz Zade. (2023, PG, 86min) ★★
3.00 **to 5.00** AM **The Engagement Back-Up** Romantic comedy. (2022, PG, 91min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West** (S1)
7.05 **Murder in Eden** Crime drama. (1961, b/w, U, 64min) ★★★
8.25 **Look at Life**
8.35 **Port of Escape** Thriller. (1955, b/w, PG, 73min) ★★
10.10 **Break in the Circle** Spy drama. (1955, U, 92min) ★★★
12.00 NOON **Forbidden** Thriller. (1948, b/w, PG, 87min) ★★★
1.45 PM **Look at Life**

1.55 **The Brothers** 9/14. (S4)
3.00 **Yuma** Western starring Clint Walker. (1971, PG, 73min) ★★
4.30 **Tarnished Heroes** Wartime adventure with Dermot Walsh. (1961, b/w, U, 75min) ★★★
6.00 **The Super Secret Service**
6.25 **Strange But True** 1/8. (S1)
7.00 **Z Cars** 11/13. (S11)
8.00 **Manhunt** 23/26. (S1)
9.05 **Maigret** 3/3. (S9)
11.00 **We Were Strangers** Adventure starring John Garfield. (1949, b/w, PG, 106min) ★★★

1.10 AM **The Leather Boys** Drama starring Rita Tushingham. (1963, b/w, PG, 107min) ★★
3.20 **Mister Kingstreet's War** Wartime drama starring John Saxon. (1972, PG, 105min) ★★
5.10 **to 6.00** AM **MR James: A View from a Hill** Spooky drama.

Wednesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE WTA & ATP Tennis** Coverage of the second day of the Internazionali BNL d'Italia staged at Foro Italico in Rome.
3.00 PM **LIVE IPL Kolkata Knight Riders v Chennai Super Kings.** Coverage of the T20 match staged at Eden Gardens, Kolkata.
7.00 **LIVE WTA & ATP Tennis** Further coverage of the second day of the Internazionali BNL d'Italia at Foro Italico in Rome. Dan Evans and Jack Draper provided British representation in the men's competition in 2024 and experienced contrasting fortunes, with Evans being defeated 6-4, 3-6, 6-2 by Italy's Fabio Fognini, while Draper triumphed 7-5, 6-1 over Borna Coric to progress to round two.
10.00 **LIVE PGA Tour Golf** Coverage of the Truist Championship Creator Classic, in which internet golf content creators compete at Philadelphia Cricket Club in Chestnut Hill, Philadelphia.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **MNF Hlts** Action from Crystal Palace v Nottingham Forest.
7.30 **SNF** Arsenal v Bournemouth.
8.00 **Premier League Highlights**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **MNF Hlts** Action from Crystal Palace v Nottingham Forest.
1.30 **Premier League Highlights**
2.30 **SNF** Arsenal v Bournemouth.
3.00 **Premier League Highlights**
5.00 **Premier League Best Goals**
6.00 **PL 100: Thierry Henry**
6.30 **Premier League 100 Club**
7.00 **Premier League Stories**
7.30 **PL 100: David Seaman**
8.00 **Premier League Review**
9.00 **Premier League Stories**
9.30 **Premier League 100 Club** A look at Matt Le Tissier's goals.
10.00 **Premier League Icons** Paolo Di Canio and Cristiano Ronaldo.
11.00 **Premier League Years** Memorable moments from the 1994/95 season.
1.00 AM **PL Retro** Liverpool v Manchester City from 2018.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** Championship.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights** Liverpool v Newcastle United at Wembley.
11.00 **1983: When Aberdeen Ruled Europe** Documentary.
12.00 NOON **WSL** Man Utd v Man City.
12.30 PM **Scottish Premiership Round-Up** Top-flight action.
12.45 **SPFL Highlights**
1.00 **EFL Highlights**
2.00 **Bundesliga Highlights Show**
3.00 **EFL Highlights**
4.30 **Scottish Premiership Round-Up** Top-flight action.
4.45 **SPFL Highlights**
5.00 **WSL** Recent highlights.
6.00 **EFL Highlights**
7.00 **WSL** Man United v Man City.
7.30 **EFL Highlights**
9.00 **Bundesliga Highlights Show**
10.00 **EFL Highlights** Action from Plymouth Argyle v Leeds United.
10.15 Portsmouth v Hull City.
10.30 **EFL Highlights** Championship.
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup** The 2013 final.
2.00 AM **EFL Trophy**
2.30 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 23/24**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A match replay.
10.10 **Ashes Greats** Glenn McGrath.
10.30 **Best of ICC WT20**
11.00 **IPL** Action from Kolkata Knight Riders v Rajasthan Royals.
12.00 NOON Punjab Kings v Lucknow Super Giants.
1.00 PM Highlights of Sunrisers Hyderabad v Delhi Capitals.
1.55 Highlights of Mumbai Indians v Gujarat Titans.
2.50 **LIVE IPL Kolkata Knight Riders v Chennai Super Kings.** Coverage of the T20 match from Eden Gardens, Kolkata.
7.00 **LIVE Pakistan Super League** Coverage of a match from the Twenty20 cricket league.
8.00 **Best of ICC WT20**
9.00 **IPL** Action from Kolkata Knight Riders v Chennai Super Kings.
10.00 **Pakistan Super League** Islamabad Utd v Quetta Gladiators.
11.00 **Pakistan Super League Highlights** Recent action.
12.00 M'T **IPL** Highlights of Mumbai Indians v Gujarat Titans.
1.00 AM Kolkata Knight Riders v Chennai Super Kings.
5.10 **Ashes Greats** Player profiles.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **LPGA Tour**
7.00 **Playing Lessons**
7.30 **Golf Academy**
8.00 **LPGA Tour**
10.00 **Ladies European Tour**
4.00 PM **LPGA Tour**
6.00 **PGA Tour Champions**
7.00 **PGA Tour: The Cut**
7.30 **LPGA Tour**
8.30 **PGA Tour: The Cut**
9.00 **LIVE PGA Tour** Coverage of the Truist Championship Creator Classic, in which internet golf content creators compete at Philadelphia Cricket Club.
12.00 M'T **PGA Tour Champions**
1.00 AM **Legends Tour**
2.00 **PGA Tour** Recent action.
3.00 **DP World Tour**
4.00 **to 6.00** AM **PGA Tour**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **LIVE WTA & ATP Tennis** Coverage of the second day of the Internazionali BNL d'Italia staged at Foro Italico in Rome.
6.00 PM **LIVE WTA & ATP Tennis** Continued coverage of day two of the Internazionali BNL d'Italia staged at Foro Italico. Dan Evans and Jack Draper provided British representation in the men's competition in 2024 and experienced contrasting fortunes.
10.00 **ATP Tennis** Madrid Open.
11.00 **ATP Tour This Week**
11.30 **WTA Tennis** Madrid Open.
12.00 M'T **Tie Break Tens**
1.00 AM **WTA Tennis** Stuttgart Open.
2.00 **Bitesize Tennis** Highlights.
3.00 **US Open Classic Matches**
4.00 **ATP Tennis** The Madrid Open.
5.00 **ATP Tour This Week**
5.30 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Snooker World Championship** The final.
8.00 **Women's Cycling**
9.00 **Premier League Review**
10.00 **Serie A** Football from Italy.
12.00 NOON **Premier League Review**
1.00 PM **Premier League Netbusters**
1.30 **Cycling** The third stage of the women's Vuelta España.
2.30 **LIVE Cycling** Coverage from the fourth stage of the women's Vuelta España, a route of 111.6km from Pedrola to Borja.
4.30 **Isuzu A-League Highlights** Action from the 29th round.
5.00 **Serie A – Full Impact**
5.30 **TNT Sports Reload**
6.00 **Premier League Stories**
6.30 **Premier League Netbusters**
7.00 **LIVE UEFA Champions League Paris Saint-Germain v Arsenal.** Coverage of the semi-final second-leg from Parc des Princes. Kick-off **8.00pm**.
10.30 **UEFA Europa League & Conference League Magazine**
11.30 **NBA** A play-off match.
1.00 AM **LIVE NBA** Coverage of a game in the play-offs.
3.30 **Women's Cycling** Highlights.
4.30 **to 6.00** AM **Ultimate Pool**

TNT Sports 2

411 414 522 409 431

6.00 AM **British Superbikes**
7.00 **Superbike World Championship Highlights**
8.00 **ABB FIA Formula E World Championship Highlights**
10.00 **IFSC Climbing World Cup**
11.00 **UEFA Champions League – Classics** The top ten finals.
1.00 PM **MLB Highlights**
2.00 **Sign Up – Into Football**
2.45 **No Filter** Freddie Ljungberg.
3.00 **ABB FIA Formula E World Championship Highlights**
5.00 **MLB Highlights**
6.00 **LIVE MLB Milwaukee Brewers v Houston Astros.** The inter-league match from American Family Field. Start-time **6.10pm**.
9.15 **MLB Classic** From 1973.
9.30 **LIVE MLB Miami Marlins v Los Angeles Dodgers.** The National League match from LoanDepot Park. Start-time **9.40pm**.
12.45 AM **LIVE MLB Minnesota Twins v Baltimore Orioles.** Coverage of the American League match from Target Field, joining the game in progress.
3.45 **Superbike Rewind**
4.00 **to 6.00** AM **Snooker World Championship**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night International**
10.00 **Fight Night International**
1.00 PM **Fight Night International** Another chance to see Efe Ajagba v Joe Goodall in 2023.
2.00 Efe Ajagba v Stephan Shaw from January 2023.
3.00 Emanuel Navarrete v Eduardo Baez from August 2022.
4.00 **Fight Night International** Emanuel Navarrete v Oscar Valdez from August 2023.
5.00 George Kambosos Jr v Maxi Hughes from July 2023.
6.00 George Kambosos Jr v Devin Haney from June 2022.
7.00 **Fight Night International** Naoya Inoue v Michael Dasmarinas from June 2021.
8.00 Jose Pedraza v Richard Commey from August 2022.
9.00 Jose Ramirez v Jose Pedraza from March 2022.
10.00 Vasyl Lomachenko v Masayoshi Nakatani from 2021.
11.00 Miguel Berchelt v Jeremiah Nakathila from 2022.
12.00 M'T **Fight Night International** Naya Inoue v Marlon Tapales from December 2023.
1.00 **to 6.00** AM **Fight Night International**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE WTA & ATP Tennis** Coverage of the second day of the Internazionali BNL d'Italia staged at Foro Italico in Rome. Dan Evans and Jack Draper provided British representation in the men's competition in 2024 and experienced contrasting fortunes, with Evans being defeated 6-4, 3-6, 6-2 by Italy's Fabio Fognini, while Draper triumphed 7-5, 6-1 over Borna Coric to progress to round two.
8.00 PM **Sky Sports News**
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News**
12.00 M'T **Super League** Wigan Warriors v Warrington Wolves: Another chance to see the match from the magic round of fixtures at St James' Park in Newcastle.
2.15 AM Castleford Tigers v Wakefield Trinity: Another chance to see the match from the magic round of fixtures staged at St James' Park in Newcastle.
5.00 **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA & ATP Tennis**
9.00 **Best of ICC WT20**
9.30 **IPL** Recent highlights.
10.25 **Pakistan Super League Highlights** From Multan.
11.20 **LIVE Pakistan Super League Islamabad United v Quetta Gladiators.** The T20 match at Rawalpindi Cricket Stadium.
3.30 PM **Ashes Greats**
3.50 **LIVE Pakistan Super League** Coverage of a match from the Twenty20 cricket league.
8.00 **Best of ICC WT20**
8.30 **WTA & ATP Tennis**
10.00 **Pakistan Super League**
12.00 M'T **Formula 1** Miami Grand Prix.
1.00 AM **Legends Tour Golf**
2.00 **PGA Tour Golf** Recent action.
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **PGA Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **Isuzu UTE A-League**
12.00 NOON **UEFA Europa League & Conference League Magazine**
1.00 PM **NBA** A play-off match.
2.30 **NBA Originals** Stephen Curry.
3.00 **HSBC SVNS Highlights**
4.00 **Snooker World Championship** The final from the Crucible.
6.00 **Grand Slam Track Athletics** The second slam event in Miami.
7.00 **Discovery Golf** The latest news.
7.30 **What I Wore** Emmanuel Petit.
8.00 **FIM Speedway Grand Prix Highlights** From Landshut.
9.00 **UFC Countdown** UFC 315.
10.00 **Cycling** Action from stage four of the women's Vuelta España.
11.00 **Training Day** At Brighton.
11.15 **Sign Up – Into Football**
12.00 M'T **UEFA Champions League**
1.00 AM **UFC** Cory Sandhagen v Deiveson Figueiredo.
4.00 **UFC Countdown**
5.00 **to 6.00** AM **FIM Speedway Grand Prix Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Another chance to see Sydney Swans v GWS Giants.
7.30 A chance to see Hawthorn Hawks v Richmond Tigers.
9.00 Another chance to see Brisbane Lions v Gold Coast Suns.
10.30 **British Superbikes Highlights**
11.30 **HSBC SVNS Highlights**
12.30 PM **FIM Speedway Grand Prix**
1.30 **Superbike World Championship Highlights** The fourth round of the season in Italy.
2.30 **British Superbikes Highlights**
3.30 **Motocross World Championship** Highlights from MX2 and MXGP races in Agueda.
6.30 **NBA** A play-off match.
8.00 **Ultimate Pool** Action from Group B in the last-16 phase.
9.30 **Discovery Golf** The latest news.
10.00 **UFC Fight Flashback**
11.30 **Fight Week** Preview of UFC 315.
12.00 M'T **AFL** Recent action.
4.30 AM **Grand Slam Track Athletics**
5.30 **to 6.00** AM **Discovery Golf**

Premier Sports 1

419 551

6.00 AM **British Minibikes**
8.00 **World Surf League**
9.00 **Scottish Football Social Club**
10.00 **Transworld Sport** Magazine.
11.00 **PSA Squash Highlights**
12.00 NOON **DTM Highlights**
1.00 PM **LaLiga Highlights**
2.00 **UK Independent Kart Racing**
3.30 **Top 14 Rugby Union Highlights**
4.00 **Euro Le Mans Highlights**
5.00 **URC in 60** Recent action.
6.00 **Viva LaLiga** The latest news.
7.30 **Women's Football Weekly**
8.00 **Scottish Football Social Club**
9.00 **LaLiga Highlights**
10.00 **NASCAR** The Wurth 400.
11.00 **British Minibikes** Highlights from the second round of the season.
1.00 AM **PSA Squash Highlights** Action from the Grasshopper Cup.
2.00 **LIVE NHL Ice Hockey** Coverage of a play-off match.
5.00 **NHL: This is Hockey**
5.30 **to 6.00** AM **Top 14 Rugby Union Highlights**

Premier Sports 2

420 552

6.00 AM **Bike World** Magazine.
6.30 **GP Confidential**
7.00 **Champions Cup** Bordeaux v Toulouse in a semi-final.
9.00 **Temples of Sport**
9.30 **NHL Ice Hockey**
11.30 **FastZone** Motorsports highlights.
12.00 NOON **Swedish Speedway** Dackarna v Lejonen.
2.00 PM **LaLiga News**
2.30 **Bike World** Magazine.
3.00 **Champions Cup** Another chance to see Leinster v Northampton Saints in the first semi-final.
5.00 **FastZone** Motorsports highlights.
5.30 **LaLiga** Alaves v Atletico Madrid.
7.30 **EPCR Challenge Cup** Another chance to see Edinburgh v Bath.
9.30 **NHL Ice Hockey** Play-off action.
11.30 **FastZone** Motorsports highlights.
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Temples of Sport**
3.30 **Football's Greatest**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **F1 Academy Highlights**
8.00 **GB3 Championship Highlights**
9.00 **British GT Championship**
10.00 **Indycar** From Alabama.
12.30 PM **Indy NXT** From Alabama.
1.30 **Formula 1** Season highlights.
2.00 **GT World Challenge Europe**
4.00 **Formula 1** Miami Grand Prix.
6.15 **Ted's Notebook**
6.45 **F1 Explainer: Flexi-Wings**
6.50 **Ted Talks Ferrari**
7.00 **F1 Academy Highlights**
9.00 **Formula 1** Miami Grand Prix.
11.15 **Ted's Notebook**
11.45 **F1 Explained: G-Force**
11.50 **Rookies Play Bowls**
12.00 M'T **Indycar** From Alabama.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

8 May

Evening Planner

Entertainment

VE Day 80: A Celebration to Remember

BBC1, 8pm

Coverage of the celebratory concert, where performers include Fleur East.

Drama

Marie Antoinette

BBC2, 9pm (box set, BBC iPlayer)

Return of the historical drama. King Louis and Marie Antoinette show the French people their mercy and compassion.

Comedy Drama

Poker Face

Sky Showcase & Sky Max, from 9pm

Natasha Lyonne returns as Charlie, the quirky casino waitress with an uncanny ability to spot a lie, who is on the run.

OnDemand

prime

Octopus!

Available today

Phoebe Waller-Bridge narrates this documentary on one of the world's most mysterious and smartest creatures.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 VE Day 80: A Celebration to Remember				10.00 News; Local News	
	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Digging for Britain		9.00 Marie Antoinette		10.00 Detectorists	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale		8.30 Tonight †	9.00 Genius Game		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bad Dog Academy		9.00 Taskmaster		10.00 Ramsay's Kitchen Nightmares USA	
	105 5	7.00 Michael Portillo's Travel Diaries		8.00 The Yorkshire Vet		9.00 The Trial		10.00 The Real Adolescence: Our Killer Kids	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Rob & Romesh vs Heavy Metal		9.00 Poker Face			
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Dragons' Den US – Shark Tank		9.00 Man Like Mobeen	9.50 Spinster	10.05 Film: Baby Done	
	116 BBC4	7.00 Pubs, Ponds...	7.30 Wainwright...	8.00 Film: Jesus Christ Superstar			9.40 Abi Morgan...	10.10 Film: The Invisible Woman	
	118 ITV2	7.00 Deal or No Deal		8.00 Wheel of Fortune		9.00 Family Guy		10.00 Olivia Attwood: Getting Filthy Rich	
	136 MORE4	‹ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 £5 Million Restoration: Historic House...		10.00 The Good Doctor	
	135 E4	7.00 The Simpsons	7.30 Married at First Sight Australia				9.15 The Inbetweeners		10.25 Gogglebox
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Law & Order: Special Victims Unit		10.00 FBI: International	
	108 SKY ATLANTIC	‹ 6.50 Billions		8.00 Game of Thrones		9.00 Big Little Lies		10.00 Penelope	
	110 U&GOLD	7.00 Dad's Army	7.40 Only Fools and Horses...	8.20 Only Fools and Horses		9.00 The Fast Show	9.40 Bottom		10.20 Mrs Brown's Boys
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Scott & Bailey	
	120 ITV4	7.00 The Motorbike Show		8.00 Underwater Grand Fishing Adventure		9.00 Film: The Rock			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Couples Retreat			
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob & Romesh vs Heavy Metal		9.00 Poker Face			
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 Murdoch Mysteries		10.00 Father Brown	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Classic Movies: The Story of Kind...		9.00 Film: Ten Little Indians			
	132 U&W	‹ 6.35 Interior Design Masters with Alan Carr		8.00 Ambulance Australia		9.00 Katie Piper: Locked Up in Louisiana		10.00 One Born Every Minute	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Hoffman Family Gold		9.00 Naked and Afraid			
	162 ANIMAL PLANET	7.00 Animal Cops Phoenix		8.00 Project Grizzly				10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				10.00 Northwoods Survival	
	123 SKY HISTORY	7.00 Hitler v Churchill: The Eagle and the Lion		8.00 The Sound and the Fury					
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Bangers & Cash: Restoring Classics					
	121 SKY DOCS	7.00 Spitfire				9.00 Lancaster			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.20 The Parenting		8.00 Cleaner				9.45 Twisters	
	302 STAR TREK	‹ 5.15 Star Trek...	7.30 Star Trek II: The Wrath of Khan				9.25 Star Trek III – The Search for Spock		
	303 HITS	‹ 6.15 A Quiet Place		8.00 A Quiet Place: Day One				9.55 Monkey Man	
	304 GREATS	‹ 5.55 Parenthood		8.00 See No Evil, Hear No Evil				9.45 Death Becomes Her	
	305 ANIMATION		7.15 Surf's Up			9.00 The Inventor			
	306 FAMILY		7.05 Look Who's Talking Now		8.50 Harriet the Spy				
	307 HEROES	‹ 6.15 Aeon Flux		8.00 Charlie's Angels				9.45 Cleaner	
	308 COMEDY	‹ 6.35 Bernard and the Genie		8.00 Daddy's Home 2				9.45 The Young Ones	
	309 THRILLER	‹ 6.25 Dead Shot		8.00 Captain Phillips					10.20 Along Came a Spider
	310 DRAMA	‹ 6.35 The Man with the Answers		8.00 Horizon: An American Saga – Chapter 1					
	311 SCI-FI	‹ 6.30 The Purge		8.00 Terminator Salvation				10.00 Dorian Gray	
	313 FILM4	‹ 6.25 Hidden Figures				9.00 Wild Card			
SPORT	401 MAIN EVENT	7.00 EFL – Live: Coverage of the first Championship play-off semi-final first-leg match (Kick-off 8.00)						10.00 Premier League Darts – Live	
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 Gary Neville's Soccerbox		9.00 Big Interview	9.30 PL Stories	10.00 PL Icons	
	403 FOOTBALL	7.00 EFL – Live: Coverage of the first Championship play-off semi-final first-leg match (Kick-off 8.00)							10.30 Jimmy Glass...
	404 CRICKET	7.00 Pakistan Super League – Live		8.00 Best of ICC WT20		9.00 IPL			
	410 TNT SPORTS 1	7.00 UEFA Europa League – Live: Coverage of a semi-final second-leg tie (Kick-off 8.00)							10.30 UEFA...
	411 TNT SPORTS 2	7.00 UEFA Europa League – Live: Coverage of a semi-final second-leg tie (Kick-off 8.00)							10.30 Serie A...

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

VE Day 80: 8 May 1945

Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **VE Day 80: The Nation Remembers** Coverage of a service of thanksgiving at Westminster Abbey. *See feature, page 8.* (S)
1.30 PM **BBC News** (S)
1.45 **Local News** (S)
1.55 **BBC News** (S)
2.00 **Scam Interceptors** Series finale Scammers posing as the National Crime Agency. (S)
2.30 **Expert Witness** (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **The Bidding Room** Items include a doll's house, a circus sign and a pair of monk paintings. (S)(R)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

2.00 Scam Interceptors

7 PM
7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Nigel is excited to celebrate the historic anniversary of VE Day, so Jean tries to organise a last-minute party. (S)(AD)

8 PM
8.00 **VE Day 80: A Celebration to Remember** Zoe Ball introduces a live concert from Horse Guards parade in London featuring stars of stage and screen. Included are special performances of *The White Cliffs of Dover* and *We'll Meet Again*. Plus, veterans tell their stories of love, loss and resilience, as they share their unique experiences of VE Day when they could finally smile again. Sophie Raworth is in nearby St James's Park to chat to celebrity guests. *See feature, page 8.* (S)(AD)

9 PM

10 PM
10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce presents the topical debate, inviting a panel of politicians and other guests in Kingston-upon-Hull to answer questions from an invited audience on subjects that have made the headlines over the past week. (S)
11.40 **Newscast** Light-hearted discussion of the week's political events. (S)
12.10 AM **Who Do You Think You Are?** With actor and documentary-maker Ross Kemp. (S)(R)(AD)
1.10 **Celebrity Bridge of Lies** With Ade Adepitan, Charlotte Hawkins, Matt Allwright and Kaye Adams. (S)(R)
1.55 **Weather for the Week Ahead** (S)
2.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **The Bidding Room** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
10.45 **Homes Under the Hammer** (S)(R)
11.15 **Bargain Hunt** (S)(R)(AD)
12.00 NOON **Two Minutes Silence** (S)
12.05 PM **Blue Planet II: Into the Blue**
12.15 **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Lightning** Game show. (S)(R)
2.15 **Unbeatable** Quiz show. (S)(R)
3.00 **Saved and Remade** (S)(R)
3.45 **Between the Covers** (S)(R)
4.15 **Great Barrier Reef** (S)(R)(AD)
5.15 **Flog It!** From Norwich. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Anna Haugh's Big Irish Food Tour** New edition Ed Byrne escapes to the Wicklow Mountains. (S)

9.00 Marie Antoinette

7.00 **Celebrity Antiques Road Trip** Friends and 1980s pop stars Samantha Fox and Sinitta travel through Kent and Surrey on the lookout for items to sell at auction, aided by Steven Moore and Tim Medhurst. (S)(R)

8.00 **Digging for Britain** 6/6. Alice Roberts and the team examine a Roman fort on Hadrian's Wall, evidence of early writing by the Picts in Scotland, and a 3,000-year-old Bronze Age coffin. (S)(R)(AD)

9.00 **NEW SERIES** **Marie Antoinette** *The Worst Winter:* 1/8. Return of the drama starring Emilia Schüle. It is 1783, and the Queen elevates Yolande. *See feature, page 7.* (S2) (S)(AD)
■ Entire series on BBC iPlayer

10.00 **Detectorists** 5/6. After recent revelations, Lance, Andy, Becky and Sophie try to come to terms with an uncertain future. (S2) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **FILM** **Their Finest** Comedy drama starring Gemma Arterton. An ex-secretary appointed as a scriptwriter for propaganda films joins the crew of a production while the Blitz rages around them. (S) (2016, 12, 115min) ★★★★
12.55 AM **Sign Zone: Saving Lives in Cardiff** 4/6. An unexpected issue pushes neurosurgeon Amr Mohamed to his limit. (S)(R)(AD)
1.55 **Sign Zone: Doctor Who** (S)(R)(AD)
2.40 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Celebrity Catchphrase** Stephen Mulhern hosts the game show, with Ade Adepitan, Clare Balding and Robert Webb trying to guess the well-known phrases to win £50,000 for charity. (S)(R)(AD)
3.00 **Jeopardy!** Quiz show hosted by Stephen Fry. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** Charity is up to something, bad feeling towards Joe is circulating, and there is a party at Home Farm. (S)(AD)

8.30 **Tonight: How to Get Healthy at Home** New edition Dr Amir Khan investigates what works and what doesn't when it comes to staying healthy at home when it is difficult to see GPs. (S)

9.00 **Genius Game** New edition 4/8. The competition continues with Lights Off as players desperately try to avoid the Black Block in order to stay out of the Death Match, but tensions rise and tempers flare. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Bradley & Barney Walsh: Breaking Dad** 6/6. The Walshes view the jungle of northern Thailand from a rollercoaster. (S)(R)(AD)
11.15 **Vicky McClure: My Grandad's War** To mark the anniversary of D-Day, Vicky embarks on a journey with her 97-year-old grandfather to learn about his role in the most extraordinary single day of World War Two. (S)(R)
12.05 AM **Teleshopping**
3.00 **The Essex Millionaire Murders** (R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 10-13/22. (S2) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 2-5/24. (S7) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** New edition Julie and Martin travel through the Midlands and head closer to Martin's nemesis, the supposedly haunted Harecastle Tunnel. (S)(AD)
5.00 **Chateau DIY** New edition Terry and Ashley reinstate their centuries-old formal gardens at Château de Lalacelle. (S)(AD)
6.00 **A Place in the Sun** New edition A couple seek their dream home in the Abruzzo region of Italy. (S)

9.00 Taskmaster

7.00 **News** (S)
7.55 **The Political Slot** Victoria Collins, MP for Harpenden and Berkhamsted, sets out the Liberal Democrats' plan to improve mental health services for young people. (S)

8.00 **Bad Dog Academy** New edition Josh contacts trainers Kamal and Sean to help him combat his French bulldog's separation anxiety, while Charlotte seeks tips on making her Dobermann behave on a lead. (S)(AD)

9.00 **Taskmaster** New edition 2/10. The first team task of the series brings the usual awkwardness for competitors Fatiha El-Ghorri, Jason Mantzoukas, Mathew Baynton, Rosie Ramsey and Stevie Martin. (S)(AD)

10.00 **Ramsay's Kitchen Nightmares USA** New edition *Iberville – The Nightmare Continues:* Gordon continues to help the owners of Iberville Cuisine in the French Quarter of New Orleans. (S)
10.55 **24 Hours in A&E** A mother-of-three is in resus after an asthma attack. (S)(R)
12.00 M'T **24 Hours in A&E** (S)(R)(AD)
12.55 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.45 **Food Unwrapped Gets Fruity** (R)
2.40 **FILM** **Hit the Road** Iranian comedy drama. Subtitled. (S) (2021, 12, 95min) ★★★★
4.15 **Jamie's One-Pan Wonders** (S)(R)
4.40 **Jamie's Comfort Food** (S)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

ARTWORK: ALAMY

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.00 NOON **LIVE Snooker: World Seniors Championship** Coverage of day two from the Crucible Theatre in Sheffield, featuring last-16 matches. Four-time champion and long-time fan favourite Jimmy White begins his campaign against Alfie Burden. (S)
5.00 PM **News** (S)
6.00 **Britain's Poshest Farm Shop** Celebrating the finest farm shops in the country, including one in rural Wales whose customers include members of the Royal Family. (S)(R)
6.55 **News** (S)

9.00 The Trial

7.00 **Michael Portillo's Travel Diaries** Michael takes in heavenly views of Milan and visits the shopping arcade of Galleria Vittorio Emanuele II. (S)(R)
7.55 **News** (S)

8.00 **The Yorkshire Vet** New edition Peter Wright and the team operate on a pet goat that is unable to urinate, while Julian Norton asks animal artist Lucy Pittaway to immortalise his pet dog Emmy on canvas. (S)

9.00 **NEW The Trial** One-off drama starring Ben Miles and Claire Skinner. When their teenage daughter commits a grave crime, Dione and David Sinclair find themselves at the centre of a legal ordeal. (S)(AD)

10.00 **NEW The Real Adolescence: Our Killer Kids** As murder convictions for minors in England and Wales have quadrupled since 2016, this documentary investigates the disturbing rise in youth violence. (S)
11.30 **Wandsworth Prison: Out of Control** Inside one of Britain's most troubled jails. (S)(R)
1.00 AM **PlayOJO Live Casino Show**
3.00 **Ian Hislop's Trains That Changed the World** (S)(R)
3.50 **Secrets of the Imperial War Museum** Documentary. (S)(R)
4.40 **Me & My 10 Kids** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S6) (S)(R)
11.00 **Wild Family Ties** (S)(R)
12.00 NOON **Manifest** (S3) (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S5) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 15/23. (S2) (S)(R)(AD)
5.00 **The Simpsons** *They Saved Lisa's Brain:* Lisa joins Mensa. With the voice of Stephen Hawking. (S)(R) **5.30** *Maximum Homerdrive:* Homer and Bart deliver a dead trucker's cargo. (S)(R)
6.00 **The Office (US)** 9/19. The Scranton branch is asked to participate in an advert. (S)(R) **6.30** 10/19. Karen tries to lure Stanley away from Scranton, leading to a declaration of war from Michael. (S4) (S)(R)

9.00 Poker Face

7.00 **The Simpsons** *Thirty Minutes Over Tokyo:* The family become stranded in Japan. Featuring the guest voice of George Takei. (S)(R) **7.30** *Bart Gets an F:* Bart pulls out all the stops to pass a school exam. (S)(R)

8.00 **Rob & Romesh vs Heavy Metal** Comedians Rob Beckett and Romesh Ranganathan are challenged to perform Metallica's *Enter Sandman* at the Download Festival in front of 4,000 fans. (S)(R)(AD)

9.00 **NEW SERIES Poker Face** 1/12. The acclaimed crime drama returns, as Natasha Lyonne's Charlie encounters a new cast of guest stars and strange crimes. *See feature, page 7.*

10.00 **Poker Face** New episode 2/12. Crime drama starring Natasha Lyonne as a casino cocktail waitress with an uncanny knack for identifying lies. (S2)
11.00 **Poker Face** New episode 3/12. Crime drama. (S2)
11.50 **Gangs of London** Series finale 8/8. The extent of the conspiracy is revealed. (S3) (S)
■ Entire series on Box Sets
12.55 AM **The Essex Murders** (S)(R)
1.55 **Curb Your Enthusiasm** (S)(R)
3.05 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 15/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
12.10am Scotcast (S)(R) **12.40** Who Do You Think You Are? (S)(R)(AD) **1.40** Celebrity Bridge of Lies (S)(R) **2.25** Weather for the Week Ahead (S) **2.30-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm The View (S) **11.20** Question Time (S) **12.20am** Newscast (S) **12.55-1.55am** Who Do You Think You Are? (S)(R)(AD)

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
11.00pm The Crime I Can't Forget (S)(R) **12.00m't** Upstart Crow (S)(R) **12.30-12.55am** BBC News (S)

WALES
Sky **968**, Freesat **968**
10.00-10.30pm Scrum V: The Warm Up (S)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cymry ar Gynfas **12.30** Heno **1.00** Colleen Ramsey: Bywyd a Bwyd **1.30** Gerddi Cymru **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Prosiect Pum Mil **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cysgu O Gwmpas (AD) **6.30** Clwb Rygbi **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Iolo: Natur Fregus Cymru New edition (AD) **10.00** Amour & Mynydd **11.00-11.35pm** Arfordir Cymru: Sir Benfro (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** With comedian Jack Whitehall.
8.00 **Dragons' Den US: Shark Tank** New edition 21/24. Featuring an innovative system that helps create a custom pillow based on sleep profiles.
8.40 **The Catch Up**
8.45 **Zen Motoring**
9.00 **Man Like Mobeen** New episodes 3/6. The gang debate what to do with the stolen money. **9.25** 4/6. On a plane alone, Mobeen reflects on some teenage memories. (S5)
9.50 **NEW Spinster** Comedy short starring Amy Molloy.
10.05 **FILM Baby Done** Romantic comedy starring Rose Matafeo and Matthew Lewis. (2020, 15, 91min) ★★★
11.30 **Charlotte in Sunderland**
12.30 AM **Man Like Mobeen**
1.20 **Ashley Cain: Into the Danger Zone**
2.20 **Just Act Normal**
3.05 **to 4.00** AM **Who Stole Tamara Ecclestone's Diamonds?**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Heir Hunters**
11.00 **A New Life in the Sun**
12.00 NOON **A Place in the Sun**
2.35 PM **Come Dine with Me** Five editions from north Kent.
5.15 **Four in a Bed** The contest begins at Hazel's Roost in Bainbridge, North Yorkshire. **5.45** From Rhandregynwen Hall in Llanymynech, Powys. **6.20** The rivals head to the Smart and Simple hotel in Tunbridge Wells, Kent. **6.50** The final visit is to the Pearfield B&B in Hampshire.
7.25 **Four in a Bed** The winning guest house is announced.
7.55 **Kirstie and Phil's Love It or List It** Helping the Tuck family in Long Eaton, who have grown weary of their three-bedroom home.
9.00 **NEW £5 Million Restoration: Historic House Rescue** A team set about transforming a derelict medieval manor house near Leeds into a heritage holiday home, drawing upon a £5million sum raised by The Landmark Trust.
10.00 **The Good Doctor** *Frontline – Part One:* 1/20. Shaun treats a patient with an illness he has never seen before. (S4)
11.00 **Emergency Helicopter Medics** Double bill.
1.10 AM **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Pubs, Ponds and Power: The Story of the Village** The history of Milton Abbas in Dorset.
7.30 **Wainwright Walks** Climbing Castle Crag in Borrowdale Valley, Cumbria.
8.00 **FILM Jesus Christ Superstar** Musical based on the Andrew Lloyd Webber and Tim Rice stage show, starring Ted Neeley and Carl Anderson. (1973, PG, 107min) ★★★
9.40 **Abi Morgan: This Cultural Life** New edition The screenwriter and playwright talks about her influences.
10.10 **FILM The Invisible Woman** Fact-based period drama directed by and starring Ralph Fiennes, with Felicity Jones and Kristin Scott Thomas. (2013, 12, 109min) ★★★★
11.55 **Big Night of Musicals by the National Lottery**
1.25 AM **Wainwright Walks**
1.55 **Pubs, Ponds and Power...**
2.25 **to 3.25** AM **Shipwrecks: Britain's Sunken History**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Married at First Sight Australia** Reality series.
12.40 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Double bill.
7.30 **Married at First Sight Australia** Series finale Part two of two. The participants reflect on their experiences.
9.15 **The Inbetweeners** 5/6. Will helps to co-ordinate the school's Duke of Edinburgh award scheme. **9.50** 6/6. Will becomes stressed as the friends prepare for their exams. (S2)
10.25 **Gogglebox** Opinions on *Million Pound Cube* and *Strictly Come Dancing*.
11.30 **Naked Attraction**
12.35 AM **First Dates**
1.40 **Rick and Morty**
2.10 **YOLO: Rainbow Trinity** New episode 4/8. (S3)
2.20 **Mike Tyson Mysteries** New episode 4/20. (S3)
2.35 **Married at First Sight Australia** As 7.30pm.
4.05 **The Goldbergs**
4.55 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Customs UK**
10.00 **Bondi Rescue**
11.00 **Bull** 20/22. (S6)
12.00 NOON **The Good Doctor** (S4)
1.00 PM **The Rookie: Feds** (S1)
2.00 **FBI** 3/22. Maggie Bell and OA Zidan investigate the mysterious murders of 18 young women. (S1)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare** Six editions of the documentary.

10.00 FBI: International

7 PM

7.00 Nothing to Declare Officials are worried about a girl's mental health. **7.30** Officers become suspicious about a Ferrari.

8 PM

8.00 FBI: Most Wanted *Karma:* 7/22. The team must put Thanksgiving plans on hold to look into a shooting at a Buddhist temple. (S4)

9 PM

9.00 Law & Order: Special Victims Unit New episode *Rorschach:* 6/20. A woman is found gravely injured in a remote campsite. (S26)

10 PM

10.00 FBI: International *Trust:* 15/22. A Hungarian police officer is accused of murdering a couple in Budapest. (S2)
11.00 **The Good Doctor** 12/20. (S3)
12.00 M'T **FBI** 7/19. (S2)
1.00 AM **Chicago Med** New episode 2/22. (S10)
2.00 **Chicago Fire** New episode
3.00 **Chicago PD** New episode
4.00 **Highway Patrol**
5.00 **to 6.00** AM **UK Border Force**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.50 **Boardwalk Empire** (S3&4)
10.05 **Billions** 11&12/12. (S2)
12.20 PM **Game of Thrones** (S3)
1.20 **Das Boot** 2&3/8. (S2)
3.30 **Boardwalk Empire** 12/12. Nucky cedes control of one of his assets to Rothstein. (S3)
4.40 1/12. Chalky prepares to open the Onyx Club on the Boardwalk. (S4)
5.45 **Billions** 11/12. Chuck and his father find they have much riding on the rise or fall of Ice Juice's new IPO. (S2)

10.00 Penelope

7 PM

6.50 Billions *Ball in Hand:* 12/12. The explosive power struggle between Axelrod and Rhoades continues. (S2)

8 PM

8.00 Game of Thrones *Valar Dohaeris:* 1/10. Daenerys arrives in Slaver's Bay, and Jon tries to earn the trust of Mance Rayder. (S3)

9 PM

9.00 Big Little Lies *Somebody's Dead:* 1/7. First episode. The seemingly perfect lives of three mothers begin to unravel. (S1)

10 PM

10.00 Penelope New episodes 5/8. Penelope looks for a sense of purpose. **10.30** 6/8. A group of teenagers interrupt Penelope's plans. (S1)
11.00 **Homicide: Life on the Street**
11.50 **Gangs of London** Series finale 8/8. (S3)
■ Entire series on Box Sets
12.55 AM **The Gilded Age** (S1&2)
3.35 **Game of Thrones** As 8pm.
4.50 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S5)
8.00 **Manifest** 12/13. (S3)
9.00 **Stargate SG-1** (S6)
11.00 **Supergirl** 12/23. (S3)
12.00 NOON **Manifest** 13/13. (S3)
1.00 PM **Hawaii Five-0** (S5)
3.00 **Magnum P.I.** 16/20. (S5)
4.00 **S.W.A.T.** 15/23. (S2)
5.00 **Supergirl** 11/23. Kara teams up with Saturn Girl, Livewire and Psi on a crucial mission. (S3)
6.00 **Stargate SG-1** 21/22. Sam's future is ominously predicted when Jonas's clairvoyant abilities are unearthed. (S6)

4.00 S.W.A.T

7 PM

7.00 Stargate SG-1 *Full Circle:* 22/22. Daniel and Ska'ra return to help SG-1 find the Eye of Ra. (S6)

8 PM

8.00 Rob & Romesh vs Heavy Metal Rob and Romesh must perform Metallica's *Enter Sandman* at the Download Festival.

9 PM

9.00 NEW SERIES Poker Face 1/12. The return of the crime drama starring Natasha Lyonne. *See feature, page 7.*

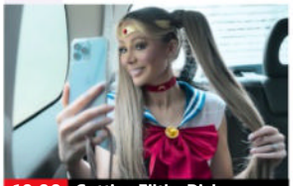
10 PM

10.00 Poker Face New episode 2/12. Natasha Lyonne stars as a cocktail waitress with an uncanny knack for identifying lies. (S2)
11.00 **Poker Face** New episode 3/12. Crime drama. (S2)
11.50 **The Force: Manchester**
12.55 AM **Hawaii Five-0** (S5)
2.00 **Hacks** New episode 6/10. Comedy drama. (S4)
2.40 **Road Wars**
3.10 **Magnum P.I.** 16/20. (S5)
4.05 **S.W.A.T.** 15/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
9.55 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Celebrity Wheel of Fortune**
3.00 **Hart of Dixie** 4/22. Zoe sees Wade with a woman. (S2)
4.00 **Gilmore Girls** 4/22. Lorelai finds it difficult to commit to Christopher. (S7)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With guests Chris Bisson, Ruth Madeley and Ardal O'Hanlon.


10.00 Getting Filthy Rich

7 PM

7.00 Deal or No Deal Stephen Mulhern hosts as Elia takes on the Banker for the chance to win a life-changing cash prize.

8 PM

8.00 Wheel of Fortune Accountant John, primary school teacher Jess and care home assistant Paris compete to win £50,000.

9 PM

9.00 Family Guy 13/21. Brian and Stewie stow away on a train back to Quahog. **9.30** 6/21. Death turns up to claim Peter. (S2)

10 PM

10.00 Olivia Attwood: Getting Filthy Rich 2/6. Olivia meets people who are getting rich from sexualising cosplay.
11.00 **Family Guy** 7/21. (S2)
11.30 **American Dad!** (S6)
12.35 AM **Bob's Burgers** (S11)
1.35 **Extraordinary** 5/8. (S1)
2.05 **The Stand Up Sketch Show**
2.35 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.25 **The Royal** *Holding on Tight.*
11.30 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.40 **Downton Abbey** 2/9. Carson suffers a panic attack in front of the family. (S2)
6.00 **Heartbeat** *Vendetta:* Blaketon offers to search for a woman's missing son.

8.00 Vera

7 PM

7.00 Heartbeat *Sleeping Dogs:* A face from the dead returns as Bernie prepares to receive his inherited fortune.

8 PM

8.00 Vera *Blood Will Tell:* DCI Vera Stanhope investigates the case of a murdered entrepreneur whose legacy of debts and ruined lives leaves no shortage of suspects.

10 PM

10.00 Scott & Bailey 3/8. The detectives investigate the murder of a wealthy man whose double life left him vulnerable. (S3)
11.00 **Scott & Bailey** 4/8. Helen turns up at Janet's house. (S3)
11.55 **Cracker** 2/9. (S2)
12.55 AM **Where the Heart Is**
1.50 **The Royal** *Holding on Tight.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **First Minister's Questions** Coverage of questions in the Scottish Parliament.
1.00 PM **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Show People: Licensed to Thrill**
8.00 **Beechgrove Garden** New edition Brian Cunningham develops the new rain garden.
8.30 **Landward** New edition Dougie Vipond ventures to Galloway to see one of the country's largest dairy herds.
9.00 **Mrs Brown's Boys** 2/7. Cathy goes to extreme lengths to impress her boyfriend. (S3)
9.30 **Two Doors Down** 6/6. A new couple on the street are invited to Beth's house. (S3)
10.00 **Paramedics on Scene**
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Scot Squad** 4/4. (S1)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S5)
9.15 **The Conners** (S5)
10.15 **Entourage** (S1)
11.20 **Insecure** 2&3/8. (S2)
12.35 PM **Curb Your Enthusiasm** (S11)
2.05 **Entourage** (S1)
3.10 **Silicon Valley** (S5)
4.20 **Insecure** 2&3/8. (S2)
5.30 **The Office (US)** (S4)
6.30 **The Conners** (S5)
7.30 **Curb Your Enthusiasm** 5/10. Larry runs afoul of the rules and regulations at a sushi restaurant. **8.15** 6/10. Larry requests a new chauffeur and imparts some constructive criticism to his chiropractor. (S11)
9.00 **Girls** 9&10/10. (S2)
10.20 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
11.20 **Barry** 1&2/8. (S3)
12.40 AM **Silicon Valley** (S5)
1.55 **Curb Your Enthusiasm**
3.15 **to 5.00** AM **How to Make It in America**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Andrea Bocelli: The Journey**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of Architecture**
12.00 NOON **Portrait Artist...**
1.00 PM **Tales of the...**
2.00 **Wonderland: From JM Barrie to JRR Tolkien**
3.00 **The Art of Architecture**
4.00 **Discovering**
5.00 **Portrait Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Classic Movies: Kind Hearts and Coronets** New edition
9.00 **FILM Ten Little Indians** Mystery. (1974, PG) ★
10.50 **The Directors**
11.50 **Romance on Film**
1.20 AM **Backstage**
2.20 **The V&A Presents Alice: Curiouser and Curiouser**
4.10 **Inside Art**
5.05 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Nothing to Declare**
10.00 **Send in the Dogs**
11.00 **Border Security: America's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **Send in the Dogs**
3.00 **Nothing to Declare**
4.00 **Primeval** 5/6. (S5)
5.00 **Stargate SG-1** (S3)
6.00 **Stargate Atlantis** (S4)
7.00 **Star Trek: Voyager** *Collective:* 16/26. The *Delta Flyer* is captured by a Borg cube. (S6)
8.00 **Hawaii Five-0** (S10)
9.00 **Murdered at First Sight**
10.00 **How I Caught the Killer**
11.00 **Grimm** 12/22. (S2)
12.00 M'T **Stargate SG-1** (S3)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Backyard Builds**
8.10 **The Family Diaries**
9.10 **Taste of Ireland**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Atlanta** Reality series.
12.05 PM **The Family Diaries**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Vacation House Rules**
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **NEW SERIES The Real Housewives of New York City** Reality series.
6.00 **Buying and Selling**
7.00 **Taste of Ireland**
8.00 **Dinner Date**
9.00 **Instagram's Worst Con Artist** Documentary.
10.00 **The Real Housewives of Miami** Reality series.
11.00 **My Mum, Your Dad**
12.00 M'T **Only Way Is Essex**
1.00 AM **Backyard Builds**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 20/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 18/19. (S1)
1.00 PM **Hart to Hart** (S1)
2.00 **Father Dowling Mysteries** 3/8. (S1)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 3-6/22. (S10)
9.00 **Randall and Hopkirk (Deceased)** *The Trouble with Women:* 23/26. Jeff and Marty investigate a crooked gambling club. (S1)
10.00 **The New Avengers** *To Catch a Rat:* 7/13. (S1)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S10)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.15 **Minder**
7.15 **The Professionals**
8.20 **The Saint**
9.25 **Magnum, PI**
10.30 **Kojak**
11.30 **Giant Lobster Hunters**
12.35 PM **The Protectors**
1.10 **LIVE Racing: Chester**
4.00 **The Best of the 70s**
4.15 **River Monsters**
4.50 **The Professionals**
5.55 **The Chase** Quiz show.

9.00 The Rock

7.00 **The Motorbike Show** Henry Cole travels to the Isle of Man to interview David Knight and meet the Norton racing team.

8.00 **Underwater Grand Fishing Adventure** The clock is ticking for the lads to complete their mission of catching a koi each.

9.00 **FILM The Rock** Action thriller starring Sean Connery and Nicolas Cage. An FBI chemical weapons expert and a convict try to break into Alcatraz to foil a US Marine general who has seized the island. (1996, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Two and a Half Men** 11/24. A website mocks Charlie. **12.10** AM 12/24. One of Alan's old school friends visits. (S2)
12.40 **Wrestling: AEW Collision**
2.35 **Unwind with ITV**
3.00 **Teleshopping**
5.00 **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S1)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 14/26. (S5)
2.00 **Atlantis** 8/13. (S2)
3.00 **Stargate Universe** 19/20. (S1)
4.00 **Star Trek: Voyager** (S4)
5.00 **Star Trek: The Next Generation** 14/26. The crew suffer from amnesia. (S5)
6.00 **Star Trek: Enterprise** 25/26. Archer, Trip and Reed all encounter femmes fatales. (S1)

11.00 The Ark

7.00 **Atlantis** *The Madness of Hercules:* 8/13. Hercules faces a huge sacrifice to save Jason's life. (S2)

8.00 **Stargate Universe** *Incursion – Part One:* 19/20. The crew of the *Destiny* launch a pre-emptive attack. (S1)

9.00 **Grimm** *You Don't Know Jack:* 20/22. A string of murders triggers fears a Jack the Ripper copycat is operating in Portland. (S4)

10.00 **The Walking Dead** *The Cell:* 3/16. Daryl is taken by Negan to the Sanctuary, home of the Saviours. (S7)
11.00 **The Ark** 5/12. Garnet, Eva and Brice uncover long-hidden secrets that could endanger everything. **12.00** M'T 6/12. The crew follow a distress call to a desolate planet. (S2)
1.00 AM **True Blood** 9&10/12. (S3)
3.00 **Twin Peaks: The Return** (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S16)
9.00 **Father Brown**
10.00 **Miss Fisher's Murder Mysteries** 5/13. (S2)
11.00 **Hudson & Rex** 3/16. (S1)
12.00 NOON **The Mentalist** (S7)
1.00 PM **Death in Paradise** (S8)
2.00 **Murdoch Mysteries** (S16)
4.00 **Father Brown**
5.00 **Hudson & Rex** 3/16. Donovan asks Charlie to spy on his daughter. (S1)
6.00 **Body of Proof** 16/20. Megan and the team investigate a double murder. (S2)

10.00 Father Brown

7.00 **The Mentalist** *The Whites of His Eyes:* 8/13. Jane, Lisbon and the team protect a witness in a murder case. (S7)

8.00 **Death in Paradise** *Frappe Death Day:* 4/8. The team investigate the fatal shooting of a coffee plantation owner. (S8)

9.00 **Murdoch Mysteries** New episode *A Murder Most Convenient:* 14/22. Murdoch investigates a new automat diner. (S18)

10.00 **Father Brown** *The Crackpot of the Empire:* A former music hall comedian swears revenge on Father Brown.
11.00 **The Mentalist** As 7.00pm.
12.00 M'T **Body of Proof** As 6pm.
1.00 AM **Elementary** 2/24. Holmes is abducted, and Watson feels uncomfortable about a favour Shinwell asks her. (S5)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.15 **My Hero**
9.55 **Hi-de-Hi!**
10.35 **Porridge**
11.15 **Last of the Summer Wine**
12.30 PM **The Green Green Grass**
1.10 **My Hero**
1.50 **Dad's Army**
2.30 **Porridge**
3.10 **Hi-de-Hi!**
3.50 **Last of the Summer Wine**
5.10 **The Green Green Grass**
5.50 **Hi-de-Hi!**
6.25 **Porridge**

10.20 Mrs Brown's Boys

7.00 **Dad's Army** The vicar and the verger enlist in the Home Guard.
7.40 **Only Fools and Horses** Christmas special from 1983. Del and Rodney get a blast from the past.
8.20 **Only Fools and Horses** Rodney experiences the joys of dating.

9.00 **The Fast Show** Jesse shares more fashion tips.
9.40 **Bottom** Richie and Eddie become trapped on a fairground ride due for demolition.
10.20 **Mrs Brown's Boys** Agnes ends up at the wrong venue after trying to gatecrash Maria's hen do.
11.00 **Not Going Out** Lee and Tim try to befriend a lesbian couple that live in their building.
11.35 **Porridge**
12.15 AM **The Fast Show**
12.55 **Bottom**
1.35 **Bottom Live**
3.30 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Outback Pilots**
8.00 **Special Ops: Crime Squad UK**
10.00 **Speed with Guy Martin**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Celebrity Storage Hunters** Double bill.
2.00 PM **Speed with Guy Martin**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Cornwall** A look at the Cornish influence on composer Malcolm Arnold. **6.30** Rick finds out about the back-breaking work done by women in Cornwall's mines.

7.00 Would I Lie to You?

7.00 **Would I Lie to You?** Unseen material from the comedy panel show.
7.40 **Richard Osman's House of Games** Contestants include Martin Offiah and Rebecca Lucy Taylor. **8.20** With Dev Griffin, Debbie McGee, June Sarpong and Alex Horne.

9.00 **QI XL** Guests Sandi Toksvig, Al Murray and Dara O Briain join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Stephen Mangan hosts the satirical quiz, with Jo Caulfield and Steph McGovern.
11.00 **Silence is Golden** First edition of the game show hosted by Dermot O'Leary.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **Australian Ninja Warrior**
3.25 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Chateau DIY**
10.00 **A Place in the Sun**
12.00 NOON **Come Dine with Me** In south-east London.
2.30 PM **A Place in the Sun**
3.00 **Narrow Escapes**
4.00 **Chateau DIY**
5.00 **A Place in the Sun**
6.00 **Location, Location, Location** Property show.
7.00 **Grand Designs**
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer**
9.00 **George Clarke's Remarkable Renovations**
10.00 **Murder Case: The Digital Detectives** A man's burnt body is discovered on remote land in Scotland.
11.05 **FILM Hunter Killer** Thriller starring Gerard Butler and Gary Oldman. (2018, 15, 121 min) ★★★
1.30 AM **FILM Kindergarten Cop** Comedy thriller. (1990, 15, 111 min) ★★★
3.40 **to 4.40** AM **Taskmaster**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods**
10.00 **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Unseen Improvements:* 14/16. A stolen laptop leads the team back to Phineas's uncle. **7.00** *Blown Away:* 15/16. Members of an NCIS team are killed in an explosion. **8.00** *Rule 91:* 16/16. The team are shocked when Bishop is implicated in an NSA leak. (S18)
9.00 **Blue Bloods** *The Price of Justice:* 3/22. Danny and Baez are determined to get justice for a woman held hostage. (S7)
10.00 **Law & Order: Special Victims Unit** (S21)
1.50 AM **Quantum Leap** (S1)
2.45 **The Good Wife** (S4)
3.35 **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Entertainment News**
8.10 **Motorway Patrol**
8.45 **Casualty 24/7: Every...**
9.45 **Shoplifters: Caught Red Handed**
10.45 **Traffic Cops**
1.45 PM **Home and Away**
2.15 **FILM Deadly Divorce Party** Crime thriller. (2022, PG, 88min) ★★
4.00 **Nightmare Tenants, Slum Landlords**
5.00 **Dogs Behaving (Very) Badly** Documentary.
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark**
10.00 **Ambulance: Code Red**
11.00 **Skin A&E**
12.00 M'T **Don't Tell the Doctor**
1.00 AM **Junior Doctors Down Under**
2.00 **The Block** New editions
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Trucking Heavy**
10.15 **Traffic Cops**
11.15 **Police Interceptors**
12.15 PM **FILM Journey to Shiloh** Civil War Western starring James Caan. (1967, PG, 101 min) ★★
2.20 **FILM The Great Sioux Uprising** Western starring Jeff Chandler. (1953, U, 80min) ★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors** A motorist calls the police to report one of the officers for stealing.
7.00 **LIVE Snooker: World Seniors Championship** The second day's play from the Crucible Theatre in Sheffield, featuring last-16 games.
11.00 **Yellowstone** 4/10. (S2)
12.00 M'T **Outback Truckers**
1.55 AM **New York Undercover**
3.45 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.15 AM **MasterChef Australia** Culinary series.
7.20 **Simply Nigella**
8.00 **Tipping Point**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Michael McIntyre's The Wheel** With Mel B.
5.20 **Gavin & Stacey**
6.35 **Interior Design Masters with Alan Carr**
8.00 **Ambulance Australia** An ambulance bottleneck sends dispatch into overload.
9.00 **Katie Piper: Locked Up in Louisiana** Katie meets Candice, who is facing a second-degree murder charge.
10.00 **One Born Every Minute**
12.00 M'T **Missing Persons Investigation**
1.00 AM **MasterChef USA: United Tastes of America** Culinary series.
2.00 **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **At Home with the...**
8.30 **Doctors**
9.40 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Eldorado**
3.15 **Hetty Wainthropp Investigates**
4.20 **At Home with the Braithwaites**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Signora Volpe** New episode *A Deadly Net:* 2/3. Sylvia takes on a job for MI6. (S2)
10.00 **New Tricks** *Family Business:* An assault case is re-opened.
11.20 **Bergerac**
12.20 AM **Sister Boniface Mysteries** 3/10. (S1)
1.25 **The Last Detective**
3.00 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

THURSDAY Entertainment

Thursday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Portugal.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Celebrity Antiques Road Trip** Triple bill.
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Ghost Adventures** New edition The crew return to the Glen Tavern Inn in Santa Paula to help its staff find closure after the tragic loss of a beloved local medium.
10.00 **Celebrity Help! My House Is Haunted** New edition Actor Shaun Williamson is tormented by a spirit.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Classic Who Wants to Be a Millionaire?**
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room**
7.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
8.00 **The Chase** Double bill.
10.00 **Tenable** Warwick Davis hosts as a team of five family members compete in the quiz.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **Wild West...**
8.50 **Battle Honours**
10.00 **The Avengers**
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM The Quick & the Dead** Western. (1987, PG, 94min) ★★★
3.05 **FILM Decision at Sundown** Western. (1957, PG, 77min) ★★
4.50 **FILM Fury At Gunsight Pass** Western. (1955, b/w, 15, 67min) ★
6.30 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S5)
9.00 **FILM The Last Wagon** Western. (1956, PG, 99min) ★★★
11.15 **FILM Red Sun** Spaghetti Western. (1971, 15, 112min) ★
1.40 AM **FILM Jetstream** Thriller. (2012, 12) ★★
3.30 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Coast Guard Alaska**
11.00 **Saving Lives at Sea**
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Out of Control** Suspense thriller. (2009, PG, 90min) ★★
2.55 **FILM The Ex Next Door** Suspense thriller. (2019, PG, 90min) ★★
5.05 **FILM The Gourmet Detective: A Healthy Place to Die** Mystery. (2015, PG, 85min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM War for the Planet of the Apes** Adventure sequel. (2017, 12, 140min) ★★★★
11.55 **FILM Personal Shopper** Thriller. (2016, 15, 105min) ★★★★
2.15 AM **FILM A Dangerous Date** Suspense thriller. (2018, 12, 102min) ★★
4.00 **to 6.00** AM **FILM Flirting with Danger** Thriller. (2006, PG) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Blueprint to the Heart** Drama. (2020, PG, 90min) ★★
10.05 **FILM In the Key of Love** Drama. (2019, PG) ★★
12.00 NOON **FILM Written in the Stars** Drama. (2021, U, 89min) ★★
2.00 PM **FILM The Way to the Heart** Drama. (2022, PG, 86min) ★★
4.00 **FILM Love By Accident** Drama. (2020, PG) ★★
6.00 **FILM Wedding at Graceland** Drama sequel. (2019, PG, 90min) ★★
8.00 **FILM Wedding Do Over** Family drama. (2018, PG, 90min) ★★
9.55 **FILM A Whirlwind Wedding** Comedy. (2020, PG, 90min) ★★
11.55 **FILM Planning for Joy** Comedy. (2022, PG) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM The Way to the Heart** Drama. (2022, PG) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Surgical Spirit** (S3)
10.30 **Watching** 5/7. (S7)
11.00 **A Fine Romance** (S2)
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **Carry On Laughing**
1.00 **Please Sir!** 6/7. (S1)
1.50 **Roobarb**
2.00 **Bramwell** 5/7. (S1)
3.00 **Shine on Harvey Moon**
4.00 **Bubblegum & Cheese**
5.00 **A Fine Romance** (S2)
5.30 **The Monkees** (S1)
6.00 **Watching** 5/7. (S7)
6.30 **Lucky Feller**
7.00 **Bramwell** 5/7. (S1)
8.00 **Please Sir!** 6/7. (S1)
8.50 **Roobarb**
9.00 **Carry On Laughing** (S1)
9.30 **Thick as Thieves** (S1)
10.00 **Lucky Feller**
10.30 **The Cuckoo Waltz** (S1)
11.00 **Department S** (S2)
12.00 M'T **Sapphire and Steel**
1.00 AM **Shine on Harvey...**
2.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Bus-dwelling Virginia homesteaders struggle in the wilderness.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Two fishermen neglect their duties while vying for the position of captain. **8.00** News of Captain Phil's death reaches the fleet as the boats battle one last storm to finish the season.
9.00 **Expedition Unknown: Hunt for the Yeti**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Ottolenghi's Mediterranean Island Feast** From Mallorca.
7.00 **30 Minute Meals**
9.00 **Jamie's 15 Minute Meals**
11.00 **Great British Bake Off**
1.00 PM **Ottolenghi's Mediterranean Island Feast** From Mallorca.
2.00 **James Martin's French Adventure**
3.00 **30 Minute Meals**
5.00 **Jamie's 15 Minute Meals**
7.00 **Great British Bake Off**
9.00 **NEW SERIES Secrets of the Curry Kitchen** The secrets of the most popular dishes.
9.30 **Nadiya Bakes**
10.00 **James Martin's Islands to Highlands** James visits the Peak District.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food Nation**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 5/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 13/22. (S1)
11.00 **FILM Alien Convergence** Thriller. (2017, 15, 110min) ★★
1.00 PM **10.5 Apocalypse**
4.30 **The Twilight Zone** (S2)
5.00 **Star Trek** 3/30. (S1)
6.00 **Knight Rider** 14/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Impostor** Sci-fi thriller with Gary Sinise and Madeleine Stowe. (2002, 15, 96min) ★★
10.55 **FILM Universal Soldier: Regeneration** Thriller sequel starring Jean-Claude Van Damme. (2009, 18, 97min) ★★★
12.50 AM **FILM The Business** British gangster drama starring Danny Dyer. (2004, 18, 97min) ★★
2.45 **to 4.45** AM **FILM Fear is the Key** Action thriller. (1972, 15, 108min) ★

Legend Xtra

317 316 171 69 138 51

6.00 AM **The Gambler V: Playing for Keeps**
8.00 **FILM Monster Island** Thriller with Eric Roberts. (2019, PG, 90min) ★★
10.00 **Farscape** 18/22. (S4)
11.00 **FILM Super Cyclone** Sci-fi disaster movie. (2012, 12, 90min) ★
1.00 PM **FILM Meteor Moon** Sci-fi adventure. (2020, PG, 80min) ★★
3.00 **Farscape** 18/22. (S4)
4.00 **The A-Team** 10/14. (S1)
5.00 **The Gambler V: Playing for Keeps**
7.00 **Farscape** 19/22. (S4)
8.00 **The A-Team** 11/14. (S1)
9.00 **FILM Interview with a Hitman** Action thriller starring Luke Goss. (2012, 18, 95min) ★★
10.55 **FILM The Flock** Crime thriller. (2007, 18, 105min) ★★★★
1.00 **to 3.00** AM **FILM Interview with a Hitman** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **Alien Disclosure Files**
11.10 **Curse of Skinwalker...**
12.10 PM **The Proof Is Out There** Documentary.
1.05 **Secrets in the Jungle**
2.05 **Storage Hunters**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **Alien Disclosure Files**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens**
10.00 **The Proof Is Out There**
11.00 **Close Encounters**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **Alien Disclosure Files** Double bill.
2.00 **Weird or What?**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **World's Most Scenic Railway Journeys**
10.00 **Susan Calman's Grand Day Out** Eastbourne.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Wartime Britain** South Devon.
6.00 **WW2: The End** 1/2. The story of the conflict through the eyes of its combatants. **7.00** 2/2. The horrors that preceded the joy of VE and VJ Day.
8.00 **Ben Fogle: New Lives in the Wild** Double bill.
10.00 **The Canal Map of Britain** A look at Britain's beloved canal network.
11.00 **Prisoner: Cell Block H**
1.00 AM **Bargain-Loving Brits in the Sun**
3.00 **Susan Calman's Grand...**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun: Home or Away**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **Love Your Garden**
3.00 **Escape to the Country**
5.00 **A Place in the Sun: Home or Away**
6.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Christina on the Coast** New edition A couple's home needs major upgrades and a separate homeschooling space.
10.00 **Fixer to Fabulous** New edition A 24-hour renovation for a family.
11.00 **Home Town**
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home**
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper** Ravon has a unique growth on his leg.
7.00 **Say Yes to the Dress**
8.00 **I Didn't Know I Was Pregnant** Double bill.
9.00 **1000-lb Sisters**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **1000-lb Sisters**
3.00 **Sex Sent Me to the ER**
4.00 **I Didn't Know I Was Pregnant** Double bill.
5.00 **to 6.00** AM **Extreme Cheapskates**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S4)
7.30 **Friends** 21/24. Ross and Rachel reminisce. **8.00** 22/24. Joey loses Ross's wedding ring. **8.30** 23/24. Part one of two. Ross sets off to marry Emily. (S4)
9.00 **FILM Couples Retreat** Romantic comedy starring Jon Favreau, Vince Vaughn and Jason Bateman. (2009, 15, 113min) ★★★
11.15 **Whose Line Is It Anyway? USA**
12.15 AM **8 Out of 10 Cats**
1.15 **South Park** (S1)
2.40 **Lee Evans Live from the West End**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show** (S4&5)
10.00 **Becker** 7&8/22. (S1)
11.00 **Friends** 20-23/25. (S5)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: The Inspired Unemployed**
3.00 **Daria** 2&3/13. (S4)
4.00 **Guessable?**
5.00 **Becker** 7&8/22. (S1)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 18/23. Jess re-evaluates her and Nick's need for space. **9.30** 19/23. Schmidt is being sued. (S3)
10.00 **Friends** (S3&4)
2.00 AM **The Ren & Stimpy Show** 7&1/21. (S5)
3.00 **Al Murray: My Gaff, My Rules** Stand-up.
3.45 **Becker** 7&8/22. (S1)
4.30 **New Girl** 18&19/23. (S3)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Bondi Rescue**
12.00 NOON **DC's Legends of Tomorrow** (S5&6)
2.00 PM **Caught on Dashcam**
3.00 **Motorway Patrol**
4.00 **Bondi Rescue**
5.00 **Border Patrol**
6.00 **Supergirl** 11&12/20. (S1)
8.00 **Caught on Dashcam**
10.00 **The Force: North East**
11.00 **A Town Called Malice** *I Want to Know What Love Is:* 1/8. Thriller starring Jack Rowan. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With guests Stuart Broad and Tom Davis.
2.00 **Last King of the Cross**
3.10 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom Australia**
7.15 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Four editions.
5.00 **Catfish: On the Run**
6.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Rich Kids Go Skint** Eight more privileged youngsters spend a week on the breadline.
9.00 **Teen Mom: The Next Chapter** Mackenzie surprises her family.
10.00 **Dating Naked UK**
11.00 **Aussie Shore**
12.00 M'T **Love & Hip Hop: Atlanta** New edition Kirk hopes the court's verdict will get Jasmine off his case once.
1.00 AM **Just Tattoo of Us**
2.00 **Ink Master: Revenge**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Mega Shippers** Double bill.
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Divers** Part one of two. Mr Gold takes a huge gamble. **4.00** Part two of two. The *Mistress* is at breaking point.
5.00 **Building Off the Grid** An Indiana farming family create a grain bin retreat on their farm.
6.00 **Junkyard Empire** Andy fixes up a 2010 Dodge Viper.

9.00 Naked and Afraid

7.00 Wheeler Dealers Mike and Ant take a chance on a 2006 Porsche Cayenne Turbo S.

8.00 Hoffman Family Gold Todd calls the Alaska Troopers when Framer goes missing while out on a solo caribou hunt.

9.00 Naked and Afraid New edition Four survivalists try to endure 21 days in the ancient Mayan jungle, where humans were once sacrificed to the gods. Now, they must face mosquitos and wasps.

11.00 **Border Control Sweden** A bag left at Arlanda airport smells of death and contains something that looks like bones.
12.00 M'T **Expedition Bigfoot**
1.00 AM **Naked and Afraid**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** With Steve Aoki.
9.00 **Animal Cops Phoenix**
10.00 **Bad Dog!**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Animal Cops Phoenix**
2.00 **Killer Whales**
3.00 **Dogs 101** Double bill.
5.00 **Alaska: Homestead Rescue** The Raneys return to Alaska, but they find their homestead on complete disrepair.
6.00 **Tanked** Olympic basketball star Paul George commissions two tanks from the team.

9.00 Project Grizzly

7.00 Animal Cops Phoenix A dog with extremely matted fur and a harness embedded in its skin is brought to the shelter.

8.00 Project Grizzly Jeff Watson attempts to teach his grizzlies to forage for food in the wild.

9.00 Project Grizzly Jeff Watson's unconventional hunting lessons fail to prepare Bob and Screech to hunt game in the wild.

10.00 Alaskan Bush People Following the Browns, an Alaskan family who live off the grid and depend on each other to survive.

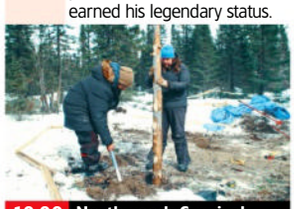
11.00 **Flying Wild Alaska**
12.00 M'T **Pit Bulls & Parolees: Tia's Tales** Tia, Tania and Mariah recount their biggest successes and losses.
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101** Grooming dogs.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Colossal Machines**
9.00 **To Catch a Smuggler: Tropical Takedown**
10.00 **Air Crash Investigation**
12.00 NOON **Shipwreck Graveyard**
1.00 PM **Back to the Titanic**
2.00 **Liberation: D-Day to Berlin**
4.00 **Seconds from Disaster** A look at the 1987 fire at King's Cross Tube station.
5.00 **Car S.O.S** Revisiting vehicles from the first four series.
6.00 **Lost Treasures of Egypt** How pharaoh Ramses the Great earned his legendary status.



10.00 Northwoods Survival

7.00 Air Crash Investigation The 1996 collision between a Kazakhstan Airlines jet and a Saudi Airways plane at 14,000ft.

8.00 Car S.O.S New edition Tim and Fuzz restore a 2002 Suzuki Jimny, gifted to retired NHS nurse Joanna by her late father.

9.00 Car S.O.S Tim Shaw and Fuzz Townshend are in Wolverhampton to take on a 1980 Jaguar XJ-S V12, a great British grand tourer.

10.00 Northwoods Survival New edition Margot and a friend make a final push to complete her cabin before winter fully sets in.

11.00 **Air Crash Investigation**
12.00 M'T **To Catch a Smuggler**
1.00 AM **History: The Interesting Bits** The US Presidency.
2.00 **Food Factory**
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory**
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Highlights**
7.20 **Storage Hunters**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Human Torpedoes of WW2** Documentary.
1.00 PM **Hitler: Uncovering His Fatal Obsession**
3.00 **WW2 Treasure Hunters**
4.00 **Dunkirk** Documentary.
5.00 **Hitler's Mega Plane**
6.00 **Hitler v Churchill: The Eagle and the Lion** 1/2.

8.00 The Sound and the Fury

7.00 Hitler v Churchill: The Eagle and the Lion 2/2. Exploring the rivalry between the leaders of Britain and Germany.

8.00 NEW SERIES The Sound and the Fury A look into some of the key events of World War Two, including the siege of Stalingrad.

9.00 The Sound and the Fury New edition Key events of World War Two, from the attack on Pearl Harbor to the battle of El Alamein.

10.00 The Sound and the Fury New edition Key events of World War Two, featuring the Japanese invasion of Manchuria.

11.00 **The Sound and the Fury** New edition A look into the key events of World War Two.
12.00 M'T **Kings of Pain** In a battle royale of pain administered by sharks, it's America v Australia.
1.00 AM **Hitler's Mega Plane**
2.00 **Hitler's British Island**
3.00 **The Sound and the Fury**
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Hunters**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Nazi Hunters** Franz Stangl.
5.00 **The World at War** Examining the devastating legacy of World War Two.
6.00 **Antiques Roadshow** Fiona Bruce presents the show from Brodie Castle in Moray.

8.00 Bangers & Cash...

7.00 Canal Boat Diaries Robbie Cumming gets stuck in the mud. **7.30** Robbie navigates the River Severn.

8.00 Bangers & Cash: Restoring Classics New edition The team fall for a Subaru Pick-up, but finding parts is tricky.

9.00 Bangers & Cash: Restoring Classics The team take on a 1963 Lotus Elan Series 1 and a 90's BMW 3 series.

10.00 Bangers & Cash: Restoring Classics Dave alerts the team to a 1979 Lotus Esprit S3, which is a serious risk.

11.00 **Bangers & Cash** Derek collects a Ford Thames 400E that once belonged to the pop band Edison Lighthouse.
12.00 M'T **Dream Car Fixers** Peter and Sheldon try to recreate an Anglia from 50 years ago.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Salvage Hunters: Classic Cars**
7.00 **Salvage Hunters: The Restorers**
8.00 **American Pickers**
9.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Documentary.
1.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **NEW SERIES Outback Crystal Hunters** The team tackle harsh terrain in the hunt for aquamarine.
9.00 **NEW SERIES Aussie Gold Hunters**
10.00 **The Ultimate Cycling Show** New edition
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Lancashire**
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here** New edition
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **New Scotland Yard Files** Examining the case surrounding the death of Geeta Aulakh.
8.00 **See No Evil** Atlanta entrepreneur Terry Porter is found shot dead.
9.00 **Storm of Suspicion** New edition After freezing temperatures in the mountains of North Carolina, the body of a man is discovered buried in the snow.
10.00 **Killers: Caught on Camera** New edition A woman is shot in her car by her husband in front of her daughter.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **See No Evil** As 8.00pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Crimes That Shook Australia** Double bill.
11.00 **Medical Detectives**
2.00 PM **Crimes That Shook Australia** Double bill.
4.00 **Medical Detectives** Examining a train crash in Alabama in 1993 which killed 47 people. **4.30** The investigators try to explain why a fire at King's Cross station turned into an inferno. **5.00** A discarded sleeping bag contains traces of a murder. **5.30** A woman's accidental death begins to look suspicious. **6.00** The discovery of evidence helps detectives piece together a case. **6.30** The body of a missing woman is found.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Send in the Dogs**
9.00 **The Force: Manchester**
10.00 **Brit Cops UK**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **Catching the Killer**
2.00 **Murders That Shocked the Nation** Lord Lucan.
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Murder Next Door**
10.00 **Murdered at First Sight**
11.00 **Catching the Killer**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murdered at First Sight**
3.00 **Ireland's Most Evil Killers** Catherine Nevin.
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Britain's Biggest Dig**
9.30 **A Cold War of Spies**
10.35 **Auschwitz: Inside Man**
11.50 **WW2: Battle of Crete**
1.00 PM **America the Bountiful** Capri learns about corn in Arizona.
1.35 **Britain's Biggest Dig**
2.55 **A Cold War of Spies**
3.55 **Auschwitz: Inside Man**
5.05 **WW2: Battle of Crete**
6.15 **Britain's Biggest Dig**
7.35 **A Cold War of Spies** A look at the imbalance between US and Soviet missiles in the 1960s.
8.35 **Auschwitz: Inside Man** A look into the untold story of Witold Pilecki.
9.50 **WW2: Battle of Crete** A look at the massacres that occurred from both sides after the German and Italian occupation.
10.55 **A Cold War of Spies**
12.00 M'T **Auschwitz: Inside Man** As 8.35pm.
1.15 **to 2.00** AM **America the Bountiful**

THURSDAY

Thursday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Nineties**
7.00 **Discovering: Michelle Yeoh**
8.00 **The Directors**
9.00 **Charlie Hustle & the Matter of Pete Rose**
10.00 **Hostages**
11.05 **Dark Horses: Italy's World Cup Triumph**
12.00 NOON **Urban Secrets**
1.00 PM **Discovering: Richard Attenborough**
2.00 **Discovering: John Mills**
3.00 **The Commandant's Shadow**
5.00 **The Fog of War** Documentary about former US Secretary of Defense Robert McNamara.
7.00 **Spitfire** The story of the aircraft.
9.00 **Lancaster** The story of the legendary bomber.
11.00 **The Anarchists** Series finale 6/6. The Anarchapulco community begins to question the viability of their principles.
12.00 M'T **The Inventor: Out for Blood In Silicon Valley**
2.10 AM **Look Away**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Michelle Yeoh**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Patrick Aryee's Wild World**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Orangutan Jungle School**
10.00 **The Wadden Sea**
11.00 **Wild Family Ties**
12.00 NOON **Africa's Wild Horizons**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Orangutan Jungle School**
4.00 **The Wadden Sea**
5.00 **Australia's Hidden Islands**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life** Double bill.
8.00 **Living Beach** Unusual scientific events that have shaped many of Hawaii's beaches.
9.00 **Macro Worlds** A look at the creatures found in a meadow.
10.00 **Africa's Wild Horizons**
11.00 **Australia's Hidden Islands**
12.00 M'T **Wild Family Ties**
1.00 AM **Africa's Claws and Jaws**
2.00 **Living Beach** As 8.00pm.
3.00 **Macro Worlds** As 9.00pm.
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Ice**
9.00 **The Story of the Spitfire**
10.00 **Mystery Places**
11.00 **Ancient Aliens**
1.00 PM **Cursed Treasures**
2.00 **WW2 Treasure Hunters**
3.00 **Empire Builders**
4.00 **The Story of the Spitfire**
5.00 **Swamp Mysteries with Troy Landry** Troy gets a call from a local rancher with a big problem.
6.00 **Mystery Places**
7.00 **Alien Files: Unsealed**
8.00 **The Secret Nazi Expeditions** The story of how Heinrich Himmler established a team to research witchcraft.
9.00 **Scary Tales of New York** The 1927 murder of Albert Snyder.
10.10 **Secrets in the Ice** Mysteries regarding prehistoric warfare.
11.05 **Colosseum**
12.00 M'T **Ancient Aliens**
2.00 AM **WW2 Treasure Hunters**
3.00 **Empire Builders**
4.00 **Alien Files: Unsealed**
5.00 **to 6.00** AM **Swamp Mysteries with Troy Landry**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files: DNA...**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **When Missing Turns to Murder**
10.00 **Sin City Murders**
11.00 **An Hour to Kill**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **The Real Murders of Atlanta**
3.00 **When Missing Turns to Murder**
4.00 **Sin City Murders**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files: DNA Speaks**
7.00 **The First 48 Presents: Critical Minutes** Documentary.
8.00 **Imperfect Murder**
9.00 NEW SERIES **The First 48 Presents: Critical Minutes**
10.00 NEW SERIES **Fugitive Hunters: Mexico** Documentary.
11.00 **Court Cam**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **The First 48 Presents...**
2.00 **Fugitive Hunters: Mexico**
3.00 **Green Eyed Killers**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **America's National Parks**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Safari Live: Gauntlet**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa** bonds are made between a pair of lazy lemur brothers and rambunctious wallabies.
8.00 **When Predators Attack** The world's deadliest snakes.
9.00 **South Africa: Land of Extremes** Exotic fauna, including both giant and pygmy versions of common species.
10.00 **Ice Road Rescue: Highway Havoc** Highlights of the series.
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Lawless Island**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Tony Robinson's VE Day: Minute by Minute**
8.00 **How Do They Do It?**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Doing Da Vinci**
5.00 **Mysteries at the Museum**
6.00 **Al Murray's Road to Berlin**
8.00 **Tony Robinson's VE Day: Minute by Minute** The actor looks at the key events that made VE Day such a momentous 24 hours.
9.00 **Combat Dealers: Reloaded** A look at Army Paratroopers' vital role in defeating the Germans in World War Two.
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.25 **Parkinson** Double bill.
1.50 PM **Bargain Hunt**
3.50 **Parkinson** As 3.50pm.
5.05 **Doctor Who** 13-16/25. (S7)
7.25 **Bargain Hunt** Two teams are challenged to scour an antiques fair in the grounds of Deene Park in Northamptonshire. **8.25** Two teams scour the East Sussex town of Lewes, hoping to pick up bargains to sell for profit at auction.
9.25 **Parkinson** Actors Ewan McGregor and Nicole Kidman talk about their respective careers, and Anne Robinson reflects on her autobiography. Plus, music by Andrea Bocelli. **10.40** With actor Ricky Tomlinson, stand-up comedian Billy Connolly and his wife Pamela Stephenson. Plus, music from David Gray.
11.50 **Doctor Who**
2.05 AM **Bargain Hunt**
3.00 **Parkinson**
4.55 **to 6.00** AM **Bargain Hunt**

+1 hour 266 376

ID

154 141 166

8.00 AM **Homicide City: Charlotte**
9.00 **The Perfect Murder**
11.00 **Evil Lives Here**
1.00 PM **A Crime to Remember**
3.00 **Forbidden: Dying for Love**
5.00 **The Perfect Suspect**
7.00 **Disappeared** Double bill looking at the twists and turns of missing person cases.
9.00 **Murder at Carter Caves** A couple go missing from their rural Kentucky home, leaving behind a mysterious crime scene. Clues emerge across state lines and an unlikely source reveals the shocking truth.
10.00 **How (Not) to Get Rid of a Body** When a young couple go missing in Eureka, Utah, detectives from neighbouring counties work together to track down their bodies.
11.00 **Feuds Turned Fatal** A feud between a man and his stepfather boils over.
12.00 M'T **I Almost Got Away with It**
2.00 AM **The Perfect Suspect**
4.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **Massive Engineering Mistakes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Massive Engineering Mistakes**
4.00 **Last Chance Garage**
5.00 **Richard Hammond's Workshop** The team try to win a rare 1950s Porsche 356.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried** Double bill.
8.00 **Last Chance Garage** Tony Jr rescues a 1992 Jeep found on the roadside.
9.00 **Motor Pickers** Double bill.
10.00 **Massive Engineering Mistakes**
11.00 **Shed and Buried**
12.00 M'T **Last Chance Garage**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **World's Top 5**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **Touch** Icelandic drama. (2024, 15, 121min) ★★★★
9.10 **Transformers One** Animation. (2024, PG, 104min) ★★★★
11.00 **Between the Temples** Comedy drama. (2024, 15) ★★★★
1.00 PM **Cleaner** As 8.00pm.
2.45 **The Damned** Horror mystery. (2024, 15, 89min) ★★★★
4.25 **Greedy People** Comedy. (2024, 15, 108min) ★★★★
6.20 **The Parenting** Horror comedy. (2025, 15, 94min) ★★★

6.20 The Parenting

8.00 Cleaner Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. With Clive Owen and Matthew Tuck. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Twisters Disaster drama sequel starring Daisy Edgar-Jones and Glen Powell. A meteorologist crosses paths with a storm-chasing social media star in Oklahoma. With Anthony Ramos. (2024, 12, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Omni Loop** Sci-fi drama starring Mary-Louise Parker, Ayo Edebiri and Carlos Jacott. (2024, 12, 112min) ★★★★
2.00 AM **Smile 2** Horror thriller sequel starring Naomi Scott. (2024, 18, 127min) ★★★★
4.10 **The Damned** As 2.45pm.
5.50 **to 6.40** AM **Sky Cinema Preview**

Sky Cinema Hits

303 303 403 503 517

6.45 AM **Sweethearts** Comedy. (2024, 15, 94min) ★★★
8.40 **The Radleys** As 12.05am.
10.40 **A Quiet Place** As 6.15pm.
12.25 PM **A Quiet Place: Day One**
2.20 **Fight or Flight** Action thriller. (2025, 15, 98min) ★★★
4.15 **The Beekeeper** Action thriller starring Jason Statham. (2023, 15, 105min) ★★★
6.15 **A Quiet Place** Horror starring Emily Blunt and John Krasinski. (2018, 15, 90min) ★★★★

9.55 Monkey Man

8.00 A Quiet Place: Day One Horror thriller prequel starring Lupita Nyong'o. A cancer patient attempts to survive Earth's first contact with sightless creatures which hunt by sound. (2024, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 Monkey Man Action thriller starring Dev Patel and Sharlto Copley. A man unleashes a campaign of vengeance against the men who killed his mother. (2024, 18, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Radleys** Horror comedy starring Damian Lewis. (2024, 15, 115min) ★★★
2.05 **The American Society of Magical Negroes** Fantasy. (2024, 12, 104min) ★★★★
4.05 **Some Other Woman** Thriller. (2023, 15, 85min) ★★★
5.45 **to 6.00** AM **The Cinema List: Black British Actors**

Sky Cinema Drama

310 310 410 510 524

6.25 AM **Horizon: An American Saga – Chapter 1** As 8.00pm.
9.30 **Freud's Last Session** As 1.15am.
11.25 **Jackie** Biopic of Jackie Kennedy. (2016, 15, 100min) ★★★★
1.15 PM **Lady Bird** Comedy drama. (2017, 15, 94min) ★★★★★
3.00 **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★
4.50 **To Olivia** Biographical drama. (2021, PG, 90min) ★★★★
6.35 **The Man with the Answers** Greek romantic drama starring Vasilis Magouliotis. A former diving champion and an eccentric student take an adventurous road trip of rediscovery. Subtitled. (2021, 12, 80min) ★★★
8.00 **Horizon: An American Saga – Chapter 1** Epic Western starring Kevin Costner. A seasoned cowboy goes on the run with a prostitute and a young boy after killing a fellow gunman. (2024, 15, 181min) ★★★★
11.05 **The Sons of Katie Elder** Western. (1965, U, 122min) ★★★
1.15 AM **Freud's Last Session** Drama. (2023, 12, 109min) ★★
3.10 **The Man with the Answers**
4.40 **to 6.45** AM **Footloose** Teen dance drama remake. (2011, 12, 113min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.05 AM **Lisa Frankenstein** (2024)
8.50 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
10.50 **The Nun II** Horror thriller sequel. (2023, 15, 110min) ★★
12.45 PM **Chappie** Sci-fi thriller. (2015, 15, 120min) ★★
2.55 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★
4.35 **Five Nights at Freddy's** Horror thriller. (2023, 15, 109min) ★★
6.30 **The Purge** Horror thriller. (2013, 15, 85min) ★★★
8.00 **Terminator Salvation** Sci-fi action thriller sequel starring Christian Bale, Sam Worthington and Anton Yelchin. In 2018, resistance hero John Connor leads the fight back against the killer robots. (2009, 12, 110min) ★★★
10.00 **Dorian Gray** Gothic horror based on Oscar Wilde's novel, starring Ben Barnes and Colin Firth. (2009, 15, 112min) ★★★
12.00 M'T **Lisa Frankenstein** Comedy horror. (2024, 15, 101min) ★★★
1.50 AM **I Saw the TV Glow** Horror. (2024, 15, 100min) ★★★
3.35 **Abigail** Horror thriller. (2024, 18, 105min) ★★★★
5.30 **to 7.00** AM **AfrAId** Sci-fi horror thriller. (2024, 15, 84min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.05 AM **Batteries Not Included** Fantasy. (1987, PG) ★★★★
7.55 **Harriet the Spy** As 8.50pm.
9.40 **Pups United** (2015, U) ★★★
11.15 **Journey to the Center of the Earth** (2008, PG) ★★
12.50 PM **Journey 2: The Mysterious Island** (2012, PG) ★★★
2.30 **Stuart Little** Adventure. (1999, U, 84min) ★★★★★
4.00 **Stuart Little 2** (2002) ★★★★
5.25 **The NeverEnding Story** Fantasy. (1984, U) ★★★

7.05 Look Who's Talking Now

7.05 Look Who's Talking Now Comedy sequel. (1993, 12, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.50 Harriet the Spy Comedy adventure starring Michelle Trachtenberg as an 11-year-old aspiring writer whose spying activities make her an outcast. With Rosie O'Donnell. (1996, PG, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 Mee-Shee: The Water Giant Fantasy adventure. (2005, PG, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Reuniting the Rubins** Comedy drama with Timothy Spall. (2010, PG, 98min) ★
2.10 **A Tiger's Journey** Drama. (2023, PG, 94min) ★★★
3.50 **The Muppets Take Manhattan** Musical comedy. (1984, U, 94min) ★★★★
5.30 **to 6.20** AM **Sky Cinema Preview**

Sky Cinema Heroes

307 307 407 507 521

6.10 AM **Star Trek Into Darkness**
8.25 **Madame Web** Fantasy. (2024, 12, 116min) ★★★
10.25 **Pompeii** As 2.55am.
12.15 PM **Star Trek Into Darkness** Sci-fi adventure with Chris Pine. (2013, 12, 132min) ★★★★
2.30 **Cleaner** As 9.45pm.
4.15 **Hanna** Action thriller. (2011, 12, 106min) ★★★★
6.15 **Aeon Flux** Sci-fi action thriller starring Charlize Theron. (2005, 15, 93min) ★★

11.25 Gravity

11.25 Gravity Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91min) ★★★★★
1.00 AM **I Am Legend** Sci-fi thriller. (2007, 15, 101min) ★★★★
2.55 **Pompeii** Roman-era disaster movie. (2014, 12, 104min) ★★
4.55 **The Cinema List: Westerns**
5.10 **to 7.20** AM **Snow White and the Huntsman** Fantasy. (2012, 12, 127min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.40 AM **Talladega Nights: The Ballad of Ricky Bobby** Action comedy. (2006, 15) ★★★★
9.45 **Avanti!** Billy Wilder comedy. (1972, 15, 144min) ★★★
12.20 PM **Being John Malkovich** Comedy. (1999, 15) ★★★★★
2.25 **School of Rock** Comedy. (2003, PG, 109min) ★★★★
4.30 **How to Lose a Guy in 10 Days** Comedy. (2003, 12) ★★★
6.35 **Bernard and the Genie** Fantasy starring Lenny Henry.

8.00 Daddy's Home 2

8.00 Daddy's Home 2 Comedy sequel starring Will Ferrell and Mark Wahlberg. Having settled their differences, Brad and Dusty must now deal with their own fathers. (2017, 12, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

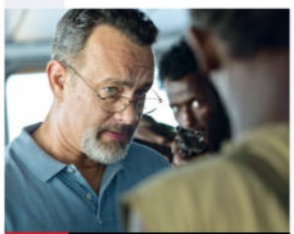
9.45 The Young Ones Pop musical starring Cliff Richard and Robert Morley. The leader of a youth club clashes with his property tycoon father. (1960, U, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Coming 2 America** Comedy sequel starring Eddie Murphy and Jermaine Fowler. (2021, 12, 108min) ★★★
1.40 AM **I Love My Dad** Comedy starring Patton Oswalt. (2022, 15, 96min) ★★★
3.20 **Bernard and the Genie**
4.40 **to 6.35** AM **Ferris Bueller's Day Off** Teen comedy from John Hughes, starring Matthew Broderick. (1986, 12, 103min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.35 AM **Along Came a Spider**
8.25 **Every Breath You Take**
10.15 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★
12.05 PM **Miami Vice** Crime thriller. (2006, 15, 133min) ★★★★
2.25 **Ocean's Thirteen** Thriller sequel. (2007, PG) ★★★
4.30 **Every Breath You Take** Thriller starring Casey Affleck. (2021, 15, 105min) ★★★
6.25 **Dead Shot** Action thriller. (2023, 15, 92min) ★★★



8.00 Captain Phillips

8.00 Captain Phillips Fact-based thriller starring Tom Hanks and Barkhad Abdi. Four Somali pirates hijack a US container ship, putting its veteran captain through a terrifying ordeal. (2013, 12, 129min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

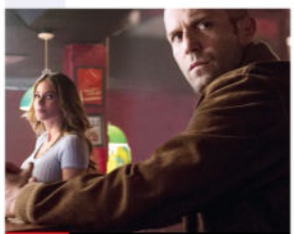
10.20 Along Came a Spider Crime thriller starring Morgan Freeman and Monica Potter. A forensic psychologist is called in to solve a kidnapping case. With Michael Wincott. (2001, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **K-19: The Widowmaker** Cold War thriller with Harrison Ford and Liam Neeson. (2002, 12, 138min) ★★★
2.35 **Against All Odds** Thriller with Jeff Bridges and Rachel Ward. (1984, 18, 116min) ★★
4.45 **to 6.25** AM **Ruthless** Thriller. (2023, 15, 92min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **San Demetrio London** World War Two docudrama. (1943, b/w, U, 104min) ★★★★
1.00 PM **The Black Arrow** Adventure. (1948, b/w, U) ★★★
2.35 **Time Lock** Suspense drama. (1957, b/w, PG, 73min) ★★
4.10 **Payroll** Crime thriller. (1961, b/w, PG, 105min) ★★★
6.25 **Hidden Figures** Fact-based drama with Taraji P Henson. (2016, PG, 127min) ★★★★



9.00 Wild Card

Hidden Figures (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Wild Card Action thriller starring Jason Statham, Milo Ventimiglia and Sofia Vergara. A Las Vegas bodyguard with a gambling problem finds himself on the wrong side of a mob boss. (2015, 15, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 Commando Action thriller starring Arnold Schwarzenegger and Rae Dawn Chong. (1985, 18, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 **to 3.30** AM **The Empty Man** Mystery horror starring James Badge Dale, Marin Ireland and Sasha Frolova. (2020, 18, 140min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Star Trek

302 302 402 502 516

7.45 AM **Star Trek II: The Wrath of Khan** As shown at 7.30pm.
9.40 **Star Trek III: The Search for Spock** As shown at 9.25pm.
11.30 **Star Trek IV: The Voyage Home** As shown at 11.15pm.
1.30 PM **Star Trek V: The Final Frontier** As shown at 1.15am.
3.20 **Star Trek VI: The Undiscovered Country** Sci-fi adventure. (1991, PG, 109min) ★★★★
5.15 **Star Trek The Motion Picture** Sci-fi adventure starring William Shatner. (1979, U, 132min) ★★★
7.30 **Star Trek II: The Wrath of Khan** Sci-fi adventure starring William Shatner and Leonard Nimoy. (1982, 12, 113min) ★★★★
9.25 **Star Trek III: The Search for Spock** Sci-fi adventure starring William Shatner and Leonard Nimoy. (1984, PG, 105min) ★★
11.15 **Star Trek IV: The Voyage Home** Sci-fi adventure. (1986, PG, 119min) ★★★★
1.15 AM **Star Trek V: The Final Frontier** Sci-fi adventure. (1989, PG, 100min) ★★
3.05 **Star Trek VI: The Undiscovered Country** (1991)
5.00 **to 7.00** AM **Star Trek: Generations** Sci-fi adventure. (1994, PG, 118min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.50 AM **Nobody's Fool** Comedy drama. (1994, 15, 111min) ★★★★
8.50 **Love Story** As 2.55am.
10.45 **A League of Their Own** Comedy starring Tom Hanks. (1992, PG, 124min) ★★★★
12.55 PM **Forrest Gump** Whimsical fable. (1994, 12, 136min) ★★★★
3.20 **Scent of a Woman** Coming-of-age drama. (1992, 15, 157min) ★★★★
5.55 **Parenthood** Ron Howard's comedy drama with Steve Martin. (1989, 15, 124min) ★★★★
8.00 **See No Evil, Hear No Evil** Comedy thriller starring Gene Wilder and Richard Pryor. (1989, 15, 107min) ★★★
9.45 **Death Becomes Her** Black comedy fantasy starring Meryl Streep, Goldie Hawn and Bruce Willis. (1992, PG, 103min) ★★★
11.30 **Dazed and Confused** Richard Linklater's comedy drama. (1993, 15, 102min) ★★★★
1.20 AM **Sixteen Candles** Teen comedy starring Molly Ringwald. (1984, 12, 89min) ★★★
2.55 **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
4.45 **to 6.55** AM **The Adventures of Baron Munchausen** Fantasy. (1988, PG, 126min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.30 AM **DC Super Hero Girls: Legends of Atlantis** Animation. (2018, PG, 75min) ★★★
7.50 **Scooby-Doo! The Sword and the Scoob** Animation. (2021, PG, 76min) ★★★
9.15 **Migration** As shown at 4.00pm.
10.40 **The Adventures of Tintin: The Secret of the Unicorn** Animated family adventure. (2011, PG, 106min) ★★★★★
12.35 PM **Turbo** Animated comedy. (2013, U, 92min) ★★★★
2.15 **The Lego Ninjago Movie** Animation. (2017, U, 101min) ★★
4.00 **Migration** Animated comedy. (2023, U, 83min) ★★★
5.30 **Monster House** Animation. (2006, PG, 91min) ★★★★
7.15 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
9.00 **The Inventor** Animation. (2023, PG, 100min) ★★★
10.55 **Spirit: Stallion of the Cimarron** Animation. (2002, U) ★★★
12.30 AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015, U) ★★★
1.30 **Tom and Jerry Cowboy Up!** Animation. (2021, U) ★★★
2.55 **Deep Sea** (2023, PG) ★★★
4.55 **to 6.35** AM **The Inseparables** Animation. (2023, U) ★★★

Movies 24

312 313 419

7.00 AM **You, Me, and That Mountain Retreat** Romantic comedy. (2023, PG, 86min) ★★
9.00 **Field Day** Comedy with Rachel Boston. (2023, PG, 84min) ★★
11.00 **Be Mine, Valentine** Romantic comedy. (2022, PG, 90min) ★★
1.00 PM **Been There All Along** Drama. (2023, PG, 89min) ★★
3.00 **Falling Together** Romantic drama. (2024, U, 90min) ★★
5.00 **A Taste of Christmas** Drama starring Krystal Joy Brown. (2023, PG, 90min) ★★
7.00 **Moriah's Lighthouse** Romantic comedy starring Rachelle Lefevre and Luke Macfarlane. (2022, PG, 84min) ★★
9.00 **Branching Out** Drama starring Sarah Drew, Cora Bella and Juan Pablo Di Pace. A single mother putting together a family tree decides to track down her daughter's biological father. (2024, PG, 90min) ★★
11.00 **A Bestselling Kind of Love** Drama. (2024, PG, 90min) ★★
1.00 AM **Learning to Love** Comedy drama. (2023, PG, 89min) ★★
3.00 **to 5.00** AM **The Story of Love** Comedy. (2022, PG, 91min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sherlock Holmes** (S1)
6.35 **Demobbed** Comedy. (1944, b/w, U, 96min) ★★
8.25 **Royal Family at War**
10.05 **First Comes Courage** World War Two spy drama. (1943, b/w, PG, 88min) ★★★
11.50 **The Hasty Heart** Wartime drama starring Richard Todd and Ronald Reagan. (1949, b/w, U, 107min) ★★★★★
1.55 PM **A Little of What You Fancy** Nostalgic documentary. (1968, PG, 75min) ★★★
3.00 **Crown Court** Triple bill.
4.30 **The Long Memory** Crime thriller starring John Mills. (1952, b/w, PG, 97min) ★★★
6.30 **Aberdeen: The Silver City**
6.55 **Those British Faces: A Tribute to Anna Neagle**
7.30 **The Cheaters** 9/12. (S1)
8.00 **The Brothers** 8/13. (S6)
9.05 **Travelling Man** 1/7. (S2)
10.10 **The Gold Robbers** 11/13. (S1)
11.15 **Playtime** Comedy with Jacques Tati. (1967, U, 114min) ★★★★
1.40 AM **The Miracle of the Bells** Drama. (1948, b/w, U) ★★★
4.00 **Be My Guest** Comedy drama. (1964, U, 90min) ★★
5.40 **to 6.00** AM **The British Timken Show 1967**

THURSDAY Sport 8 May

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE WTA & ATP Tennis** Coverage of the third day of the Internazionali BNL d'Italia staged at Foro Italico in Rome.
2.00 PM **Lions Squad Announcement** This year's British & Irish Lions squad to tour Australia is made public.
3.00 **LIVE IPL Punjab Kings v Delhi Capitals.** Coverage of the T20 match staged at HPCA Cricket Stadium in Dharamshala.
7.00 **LIVE EFL** The opening Championship play-off semi-final first-leg, with the team who finished sixth hosting the side who finished third. Kick-off **8.00pm**.
10.00 **LIVE Premier League Darts** Night 14 of the tournament at First Direct Arena in Leeds, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-finals are Rob Cross v Gerwyn Price, Nathan Aspinall v Luke Littler, Stephen Bunting v Chris Dobey and Michael van Gerwen v Luke Humphries.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years**
3.00 **PL Retro** A replay of Birmingham City v Aston Villa from 2002.
5.00 **Premier League Best Goals** A selection of great strikes from the 1996/97 season.
6.00 **Premier League 100 Club**
6.30 **Premier League 100: David James** The former goalkeeper looks back at his career.
7.00 **The Big Interview**
7.30 **Premier League Stories**
8.00 **Gary Neville's Soccerbox**
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Premier League Icons**
11.00 **Premier League Years** A look back at the 1996/97 season.
1.00 AM **PL Retro** Manchester United v Arsenal from 2003.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 1997/98**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** Championship play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2010 final.
12.00 NOON **EFL Highlights**
1.00 PM **WSL** Recent action.
2.00 **EFL Highlights**
3.00 **Bundesliga Highlights Show**
4.00 **EFL Highlights**
6.00 **Jimmy Glass: Great Escape**
6.30 **Bundesliga Weekly**
7.00 **LIVE EFL** All the action from the opening Championship play-off semi-final first-leg, with the team who finished sixth in the table hosting the side who finished third. Kick-off **8.00pm**.
10.30 **Jimmy Glass: Great Escape**
11.00 **Bundesliga Weekly**
11.30 **EFL Greatest Games**
12.00 M'T **EFL** Championship play-offs.
12.30 AM **Best Scottish Premiership Goals 2023/24**
1.00 **Best Scottish Premiership Goals 2022/23**
1.30 **Best Scottish Premiership Goals 2021/22** Archive action.
2.00 **SPFL Highlights**
2.45 **SPFL Greatest Games**
3.15 **SPFL Highlights**
4.15 **SPFL Greatest Games**
5.15 **to 6.00** AM **SPFL Highlights**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A replay of Kolkata Knight Riders v Chennai Super Kings.
10.10 **Ashes Greats** Player profiles.
10.30 **Best of ICC WT20**
11.00 **IPL** Action from Punjab Kings v Lucknow Super Giants.
12.00 NOON Sunrisers Hyderabad v Delhi Capitals.
1.00 PM Highlights from Mumbai Indians v Gujarat Titans.
1.55 Action from Kolkata Knight Riders v Chennai Super Kings.
2.50 **LIVE IPL Punjab Kings v Delhi Capitals.** Coverage of the T20 match staged at HPCA Cricket Stadium in Dharamshala.
7.00 **LIVE Pakistan Super League** Coverage of a match from the Twenty20 cricket league.
8.00 **Best of ICC WT20**
9.00 **IPL** Punjab Kings v Delhi Capitals.
10.00 Action from Kolkata Knight Riders v Chennai Super Kings.
11.00 **Pakistan Super League Highlights** Recent action.
12.00 M'T **IPL** Action from Punjab Kings v Lucknow Super Giants.
1.00 AM Another chance to see Punjab Kings v Delhi Capitals.
5.10 **Ashes Greats** Player profiles.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **Legends Tour**
7.00 **PGA Tour: The Cut**
7.30 **PGA Tour Champions**
8.30 **PGA Tour** Recent action.
9.30 **PGA Tour: The Cut**
10.00 **Legends Tour**
11.00 **LIVE DP World Tour** The opening day of the Turkish Open.
4.00 PM **LIVE PGA Tour** Coverage of day one of the Truist Championship in Chestnut Hill.
7.00 **LIVE PGA Tour** Further coverage of day one of the Truist Championship in Chestnut Hill.
11.00 **Champions Learning Centre**
11.30 **My Ryder Cup**
11.45 **Celebrity Kop Club**
12.00 M'T **PGA Champs 2010**
1.00 AM **DP World Tour**
2.00 **Golf Academy** Expert tips.
3.00 **LPGA Tour**
4.00 **Playing Lessons**
5.00 **to 6.00** AM **Legends Tour**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP**
10.00 **LIVE WTA & ATP** Coverage of the third day of the Internazionali BNL d'Italia.
6.00 PM **LIVE WTA & ATP** Continued coverage of day three of the Internazionali BNL d'Italia staged at Foro Italico in Rome.
10.00 **ATP Tour This Week**
10.30 **ATP** The Madrid Open.
11.30 **WTA** The Madrid Open.
12.30 AM **WTA All Access**
1.00 **WTA** The Rouen Open.
2.00 **Mirra Andreeva Podcast 2024**
2.15 **Bitesize Tennis**
2.45 **Tim Henman Podcast 2024**
3.00 **US Open Tennis Classic Matches**
4.00 **to 6.00** AM **ATP**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
7.00 **HSBC SVNS Highlights**
8.00 **Women's Cycling**
9.00 **Grand Slam Track Athletics**
10.00 **Discovery Golf**
10.30 **TNT Sports Reload**
11.00 **LIVE AFL Fremantle Dockers v Collingwood Magpies.** Coverage from Optus Stadium in Perth. Bounce-up **11.10am**.
2.00 PM **Premier League Netbusters**
2.30 **LIVE Cycling** Coverage of the fifth stage of the women's Vuelta España, a route of 120.4km.
4.30 **UEFA Champions League**
5.30 **Premier League: Big Interview**
6.00 **Premier League Netbusters**
6.30 **Kenny Allstar's Number 1's**
6.45 **No Filter Football**
7.00 **LIVE UEFA Europa League** Coverage of a semi-final second-leg. Kick-off **8.00pm**.
10.30 **Europa & Conference League**
11.30 **Premier League: Big Interview**
12.00 M'T **LIVE NBA** Coverage of a game in the play-offs.
2.30 AM **NBA Action** Highlights.
3.00 **Women's Cycling**
4.00 **Discovery Golf**
4.30 **to 6.00** AM **AFL**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP Classics**
10.00 **MotoGP Highlights**
12.00 NOON **Serie A – Full Impact**
12.30 PM **IFSC Climbing World Cup Highlights** From Bali, Indonesia.
1.30 **Cycling** Action from the women's fourth stage of the Vuelta España.
2.30 **UEFA Europa League & Conference League Magazine**
3.30 **Serie A – Full Impact**
4.00 **Discovery Golf** The latest news from the world of golf.
4.30 **TNT Sports Reload**
5.00 **MLB Highlights**
6.00 **UEFA Europa League & Conference League Magazine**
7.00 **LIVE UEFA Conference League** Coverage of a semi-final second-leg. Kick-off **8.00pm**.
10.30 **Serie A – Full Impact**
11.00 **AFL** A chance to see Fremantle Dockers v Collingwood Magpies.
12.30 AM **TNT Sports Reload**
1.00 **MLB: Off the Bat**
1.30 **MLB Highlights**
2.30 **LIVE MLB Arizona Diamondbacks v Los Angeles Dodgers.** Coverage of the National League West match from Chase Field. Start-time **2.40am**.
5.45 **to 6.00** AM **MLB Classic**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Premier League Darts** From Utilita Arena Birmingham.
10.00 **PDC Classics** Highlights.
11.00 **Darts Gold** Archive action.
12.00 NOON **The Rugby Championship** Highlights.
2.00 PM **Lions Squad Announcement**
3.00 **My Icon** Sporting influences.
3.30 **Super League Highlights**
3.45 **Top Rank Boxing Archive**
4.00 **State of Origin Rugby League** New South Wales Blues v Queensland Maroons from 2024.
7.00 **LIVE Premier League Darts** Coverage of night 14 of the tournament at First Direct Arena in Leeds, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-finals are Rob Cross v Gerwyn Price, Nathan Aspinall v Luke Littler, Stephen Bunting v Chris Dobey, and Michael van Gerwen v Luke Humphries. Humphries beat van Gerwen 6-5 in the final in Leeds last year to claim his fourth victory of the season.
11.00 **Lions Squad Announcement**
12.00 M'T **Darts Gold** Archive action.
1.00 AM **Premier League Darts**
5.00 **to 6.00** AM **Darts Gold**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE WTA & ATP Tennis** Coverage of day three of the Internazionali BNL d'Italia, a clay-court event staged at Foro Italico in Rome. The seeded players in the women's competition are due to enter the fray today, and will hope to follow in the footsteps of last year's number one seed Iga Swiatek, who made light of Bernarda Pera with a 6-0, 6-2 victory. Meanwhile, Britain's Katie Boulter saw her campaign falter at the first hurdle, as she was eliminated in straight sets by Rebecca Sramkova.
1.00 PM **LIVE PGA Tour Golf** Coverage of the opening day of the Truist Championship staged at Philadelphia Cricket Club in Chestnut Hill, Philadelphia.
4.00 **LIVE LPGA Tour Golf** Coverage of day one of the Mizuho Americas Open at Liberty National Golf Club in New Jersey.
7.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Pakistan Super League Highlights** Recent action.
8.00 **IPL** Recent highlights from India.
9.00 **Formula 1** Miami Grand Prix.
10.00 **Indycar** Action from Alabama.
11.00 **Fight Night International**
1.00 PM **ATP Tennis** Madrid Open.
2.00 **Pakistan Super League Highlights** Recent action.
3.50 **LIVE Pakistan Super League** Coverage of a match from the Twenty20 cricket league.
8.00 **Best of ICC WT20**
8.30 **IPL** Recent highlights from India.
9.30 **PGA Tour Champions**
10.30 **PGA Tour Golf** Highlights of the CJ Cup Byron Nelson.
11.30 **Pakistan Super League Highlights** Recent action.
12.30 AM **IPL** Recent highlights.
1.30 **PGA Tour Champions**
2.30 **Premier League Legends**
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **Legends Tour Golf**

TNT Sports 3

413 415 523 410 432

6.00 AM **Football** Action and features.
9.00 **Isuzu A-League Highlights**
9.30 **Ultimate Pool** Recent action.
11.00 **Sign Up – Into Football**
11.45 **TNT Sports Reload**
12.00 NOON **UEFA Champions League**
1.00 PM **MLB Highlights**
2.00 **Superbike World Championship Highlights**
3.00 **ABB FIA Formula E World Championship Highlights**
5.00 **NBA Action** Highlights.
5.30 **NBA** A play-off match.
7.00 **Sign Up – Into Football**
7.45 **LIVE UEFA Europa League** Coverage of a semi-final second-leg. Kick-off **8.00pm**.
10.00 **Women's Cycling** Vuelta España.
11.00 **Snooker World Championship**
12.00 M'T **UEFA Europa League**
2.00 AM **UEFA Conference League**
4.00 **Serie A – Full Impact**
4.30 **Isuzu A-League Highlights**
5.00 **to 6.00** AM **Grand Slam Track Athletics**

TNT Sports 4

414 416 524 411 434

6.00 AM **Motocross World Championship** In Portugal.
9.00 **Superbike World Championship**
10.00 **British Superbikes Highlights**
11.00 **FIM Speedway Grand Prix**
12.00 NOON **NBA Originals**
1.00 PM **NBA** A play-off match.
2.30 **Ultimate Pool** Recent action.
4.00 **HSBC SVNS Highlights**
5.00 **NBA Action** Highlights.
5.30 **NBA** A play-off match.
7.00 **Isuzu A-League Highlights**
7.30 **Premier League Reload**
7.45 **LIVE UEFA Conference League** Coverage of a semi-final second-leg. Kick-off **8.00pm**.
10.00 **MLB: Off the Bat**
10.30 **Women's Cycling** Vuelta España.
11.30 **Ultimate Pool** Recent action.
1.00 AM **HSBC SVNS Highlights**
2.00 **British Superbikes Highlights**
3.00 **Superbike World Championship**
4.00 **UFC Countdown** UFC 315.
5.00 **UEFA Champions League**
5.30 **to 6.00** AM **TNT Sports Reload**

Premier Sports 1

419 551

6.00 AM **World Surf League**
7.00 **DTM Highlights**
8.00 **Scottish Football Social Club**
9.00 **Transworld Sport** Magazine.
10.00 **PSA Squash Highlights**
11.00 **Football** Highlights and features.
12.30 PM **Top 14 Rugby Union**
1.00 **NASCAR Highlights**
2.00 **Euro Le Mans Highlights**
3.00 **LaLiga Match Highlights**
3.30 **URC in 60** Recent action.
4.30 **Football** Highlights and features.
6.00 **Viva LaLiga** The latest news.
7.30 **Top 14 Rugby Union Highlights**
8.00 **LaLiga Highlights**
9.00 **NASCAR Highlights**
10.00 **PSA Squash Highlights**
11.00 **URC in 60** Recent action.
12.00 M'T **Euro Le Mans Highlights**
1.00 AM **Women's Football Weekly**
1.30 **NHL: This is Hockey**
2.00 **LIVE NHL Ice Hockey** Coverage of a play-off match.
5.00 **NHL: This is Hockey**
5.30 **to 6.00** AM **Temples of Sport**

Premier Sports 2

420 552

6.00 AM **GP Confidential**
6.30 **Bike World** Magazine.
7.00 **Champions Cup**
9.00 **FastZone** Motorsports highlights.
9.30 **NHL Ice Hockey**
11.30 **Bike World** Magazine.
12.00 NOON **LaLiga** Another chance to see Real Valladolid v Barcelona.
2.00 PM **LaLiga News**
2.30 **FastZone** Motorsports highlights.
3.00 **Champions Cup** Bordeaux v Toulouse in a semi-final.
5.00 **EPCR Challenge Cup** Another chance to see Lyon v Racing 92.
6.55 **Bike World** Magazine.
7.25 **LaLiga Match Highlights**
7.55 **LaLiga** Real Madrid v Celta Vigo.
9.45 **LaLiga Specials**
10.00 **Transworld Sport** Magazine.
11.00 **Temples of Sport**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Temples of Sport**
3.30 **Football's Greatest**
4.00 **to 6.00** AM **LaLiga**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **GB3 Championship Highlights** Recent action.
7.00 **British GT Championship**
8.00 **Formula 1** Highlights.
10.00 **Indycar** Action from Alabama.
11.00 **Indy NXT** Grand Prix of Alabama.
12.00 NOON **Formula 1** From Miami.
1.00 PM **Ted's Notebook**
1.30 **Formula 1** The Miami Grand Prix.
3.45 **Ted's Notebook**
4.15 **F1 Explained: Formation Lap**
4.20 **Rachel & Lando Norris**
4.30 **F1 Academy Highlights**
6.30 **Formula 1** The Miami Grand Prix.
8.30 **Indycar** Action from Alabama.
11.00 **F1 Academy Highlights**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

9 May

Evening Planner

Horror

Speak No Evil

Sky Premiere, 12.05pm & 8pm

James McAvoy stars in this horror in which an American couple are invited to stay at a remote farmhouse in Cornwall.

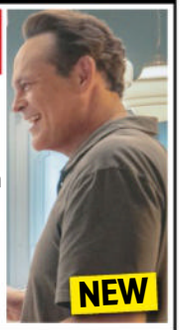
OnDemand

NETFLIX

Nonnas

Available today

Inspired by a true story, Vince Vaughn is Joe, who opens a restaurant in memory of his mother, with some Italian nonnas.



OnDemand

tv+

Long Way Home

Available today

Ewan McGregor and Charley Boorman set off on a 10,000-mile trip through Europe on vintage bikes.

OnDemand

Paramount+

Monster Summer

Available today

Mel Gibson stars in this fun *Stranger Things*-eque adventure as a retired cop fighting to save his town.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Lost and... †	8.00 Interior Design Masters with Alan Carr		9.00 Have I Got...	9.30 Austin	10.00 News; Local News	
	102 BBC2	7.00 Villages by the...	7.30 Beechgrove...	8.00 Gardeners' World		9.00 Black Snow		10.00 Red Dwarf	10.30 Newsnight
	103 ITV1	‹ 6.30 News †	7.30 Emmerdale	8.00 Coronation Street		9.00 Martin Clunes' Islands of the Atlantic		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Millionaire Hoarders		9.00 Gogglebox		10.00 Open House: The Great Sex...	
	105 5	7.00 Amazing Railway Adventures with...		8.00 Storms from Space: Into the Hurricane		9.00 Michael Portillo's Travel Diaries in...		10.00 The Best of Eurovision in the 70s	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Joe Lycett's United States of...		9.00 Hacks	9.40 Rob Beckett: Wallop		
ENTERTAINMENT	115 BBC3	7.00 Film: Paddington			8.30 Dragons' Den US...	9.10 Charlie Cooper's Myth Country			10.40 Ashley...
	116 BBC4	7.00 TOTP: 1997		8.00 TOTP: 1986	8.30 TOTP: 1985	9.10 TOTP 1985: Big Hits		10.10 TOTP: The Story of 1985	
	118 ITV2	7.00 Deal or No Deal		8.00 Wheel of Fortune		9.00 Film: Batman Begins			
	136 MORE4	‹ 6.50 Four in a Bed		7.55 Kirstie and Phil's Love It or List It		9.00 Panda		10.10 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Film: Paul			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
	108 SKY ATLANTIC	‹ 6.50 Billions		7.55 Game of Thrones		9.00 The Last of Us		10.05 The Undoing	
	110 U&GOLD	7.00 Dad's Army	7.40 Only Fools and Horses			9.00 The Fast Show	9.40 Bottom		10.20 Bottom Live: The Big...
	111 U&DAVE	7.00 Would I Lie to You?	7.41 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Scott & Bailey	
	120 ITV4	7.00 The Motorbike Show		8.00 Beat the Chasers		9.00 Film: Mission: Impossible			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Christmas Show		10.00 Whose Line Is It Anyway? USA	
	139 SKY SCI-FI	7.00 Atlantis		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Joe Lycett's United States of...		9.00 Hacks	9.40 Peacemaker		10.35 Resident...
	109 U&ALIBI	7.00 The Mentalist		8.00 Death in Paradise		9.00 Beyond Paradise		10.20 Father Brown	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Mick Fleetwood and Friends Celebrate the Music of Peter Green					
	132 U&W	‹ 6.35 Interior Design Masters with Alan Carr		8.00 Inside the Ambulance: Coast and...		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush: White Water		9.00 Expedition X		10.00 Blowing Up History	
	162 ANIMAL PLANET	7.00 Crikey! It's the Irwins		8.00 Dr Jeff: Rocky Mountain Vet		9.00 I Was Prey		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation				9.00 Miracle Landing on the Hudson		10.00 Destruction Decoded	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Strangest Things		9.00 Buried: Knights Templar and the Holy...		10.00 Ancient Aliens	
	155 U&YESTERDAY	7.00 Canal Boat Diaries		8.00 Abandoned Engineering		9.00 Tony Robinson's Marvellous Machines		10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	‹ 6.00 Schmeichel		8.00 Germanwings: What Happened on Flight 9525?				10.00 Film: Going Clear: Scientology and...	
FILMS – Sky Cinema	301 PREMIERE	‹ 5.50 Twisters		8.00 Speak No Evil				10.00 Trap	
	302 STAR TREK	7.00 Star Trek: First Contact				9.00 Star Trek: Insurrection			
	303 MEGA HITS	‹ 6.00 Godzilla x Kong: The New Empire		8.00 Barbie				10.05 Wonder Woman	
	304 GREATS	‹ 6.20 Ace Ventura Pet Detective		8.00 Ace Ventura: When Nature Calls			9.50 Twins		
	305 ANIMATION		7.20 Barnyard			8.55 Deep Sea			
	306 FAMILY	‹ 6.05 Jack the Giant Slayer		8.05 Pan				10.05 Reuniting the Rubins	
	307 HEROES	‹ 5.50 The Mummy		8.00 Cleaner			9.40 Mission: Impossible – Dead Reckoning Part One		
	308 COMEDY	‹ 5.45 The Holdovers		8.00 My Big Fat Greek Wedding 2			9.45 My Big Fat Greek Wedding 3		
	309 THRILLER	‹ 5.45 Captain Phillips		8.00 The Firm					
	310 DRAMA	‹ 6.25 Stand by Me		8.00 Valentine's Day				10.15 Ray	
	311 SCI-FI	‹ 6.15 Men in Black		8.00 Ready Player One				10.25 Abigail	
	313 FILM4	‹ 6.40 The Day After Tomorrow				9.00 Moonfall			
SPORT	401 MAIN EVENT	7.00 EFL – Live: Coverage of the second Championship play-off semi-final first-leg match (Kick-off 8.00)							10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Preview	7.30 Big Interview	8.00 Fantasy Show	8.30 Gary Neville's...	9.00 PL Preview	9.30 Big Interview	10.00 PL Icons	
	403 FOOTBALL	7.00 EFL – Live: Coverage of the second Championship play-off semi-final first-leg match (Kick-off 8.00)							10.30 EFL
	404 CRICKET	7.00 Ashes Greats	7.30 Best of ICC...	8.00 IPL					
	410 TNT SPORTS 1	7.00 Gallagher Premiership Rugby Union – Live: Leicester Tigers v Sale Sharks (Kick-off 7.45)						10.00 UEFA Magazine	10.30 UEFA Europa...
	411 TNT SPORTS 2	7.00 MotoGP	7.30 The Fantasy...	8.00 PL Preview	8.30 NBA on Fire	9.00 UFC Countdown		10.00 UFC	

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Dr Xand's Con or Cure** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From King's Lynn. (S)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Shakespeare & Hathaway: Private Investigators** *Some Cupid Kills:* Frank and Lu investigate the death of an actor. (S)(R)(AD)
2.45 **Escape to the Country** (S)(R)
3.45 **The Bidding Room** New edition Items include a dining table, a teddy and butcher's scales. (S)
4.30 **The Finish Line** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.30 Austin

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **The Bidding Room** (S)(R)
8.00 **Sign Zone: Chronicles of the Glens** Winter in the Glens of Antrim. (R)
8.30 **Sign Zone: Jules and Greg's Wild Swim** The Highlands. (S)(R)(AD)
9.00 **BBC News** (S)
12.30 PM **Political Thinking with Nick Robinson** Discussion show. (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Lightning** Double bill. (S)(R)
2.45 **Saved and Remade** (S)(R)
3.30 **Between the Covers** (S)(R)
4.00 **Expedition Volcano** (S)(R)(AD)
5.00 **Flog It!** Paul Martin presents from the Highcliffe Castle, Dorset. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Anna Haugh's Big Irish Food Tour** New edition 5/15. With garden designer Diarmuid Gavin. (S)

9.00 Black Snow

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Gary Barlow's Food and Wine Tour: Australia** New edition 2/6. The musician visits Melbourne, where he catches up with Dannii Minogue, as well as a barista for an award-winning coffee. (S)(AD)
3.00 **Jeopardy!** Quiz show hosted by Stephen Fry. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Islands of the Atlantic

CHANNEL 4

104/108 | 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 14-17/22. (S2) (S)(R)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 6-9/24. (S7) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** New edition In Rugby, Debs and Mick have lots to celebrate at the end of their summer adventure. (S)(AD)
5.00 **Chateau DIY** Series finale At Château de Lalacelle in Normandy, Terry and Ashley conclude their major garden makeover. (S)(AD)
6.00 **A Place in the Sun** New edition Ben Hillman helps a couple to find a holiday home near Torrevieja on Spain's Costa Blanca. (S)

8.00 Millionaire Hoarders

7 PM

7.00 The One Show Alex Jones and Roman Kemp present the topical show. (S)

7.30 Lost and Found in the Lakes Helen Skelton leads a team of experts searching for lost treasures around the Lake District. (S)(R)(AD)

7.00 Villages by the Sea Archaeologist Ben Robinson explores St Margaret's on the Kent coast. (S)(R)

7.30 Beechgrove Garden New edition Brian Cunningham continues to develop a new rain garden. (S)

7.30 Emmerdale Noah delivers alarming news, the police gather suspects, while Dawn and Jimmy are horrified by the scene. (S)(AD)

7.00 News (S)

7.55 The Political Slot Mel Stride, Shadow Chancellor of the Exchequer, discusses the Conservative Party's opposition to the rise in National Insurance contributions on businesses. (S)

8 PM

8.00 Interior Design Masters with Alan Carr New edition 5/8. The designers are tasked to create premium hospitality suites at Twickenham for diehard rugby fans by producing a swanky bar and a stylish dining area. (S)(AD)

8.00 Gardeners' World New edition At the RHS Malvern Spring Festival in Worcestershire, Adam Frost and Sue Kent explore show gardens bursting with clever ideas and creative planting, and share tips to try at home. (S)

8.00 Coronation Street Lauren lays a trap for her blackmailer, Mick plays a prank on Liam, Carl suggests Debbie needs extra help, and Todd discovers Millie vandalised the Shuttleworth's hearse. (S)(AD)

8.00 Millionaire Hoarders New edition Collectibles and curiosities expert Ronnie Archer-Morgan sifts through the belongings of horse museum owner Sally to help her raise much-needed funds to secure the museum's future. (S)(AD)

9 PM

9.00 Have I Got News for You New edition 6/10. Actor David Tennant hosts, with panellists including Miles Jupp. (S)

9.30 Austin New episode 6/8. Julian gets fired by his publisher. (S1) (S)
■ Entire series on BBC iPlayer

9.00 Black Snow Series finale *Sapphire:* 6/6. Cormack continues to grapple with his own troubled family history as what really happened to Zoe is revealed. (S2) (S)(AD)
■ Entire series on BBC iPlayer

9.00 Martin Clunes' Islands of the Atlantic New edition 2/3. Martin takes a lesson in rallying on the steep roads of Madeira and heads out in search of sperm whales on a visit to the Azores. (S)(AD)
■ Entire series on ITVX

9.00 Gogglebox New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10 PM

10.00 BBC News (S)
10.30 Local News (S)
10.40 NEW Eurovision: When Graham Met Remember Monday With Graham Norton. (S)
10.55 Man Like Mobeen 3/6. Tensions run high as the gang debate what to do with the stolen money. (S5) (S)(R)(AD)
11.20 Man Like Mobeen 4/6. On a plane alone, Mobeen reflects on teenage memories. (S5) (S)(R)(AD)
11.45 FILM Highlander Sci-fi thriller about a small group of immortal warriors destined to battle through the centuries. Stars Christopher Lambert and Sean Connery. (S)(AD) (1986, 15, 115min) ★★★★
1.40 AM Weather for the Week Ahead
1.45 to 6.00 AM BBC News (S)

10.00 Red Dwarf *Justice:* 3/6. The crew land on a prison planet where crime is impossible. (S4) (S)(R)
10.30 Newsnight (S)
11.00 FILM La La Land Musical starring Emma Stone and Ryan Gosling. An actress and a jazz musician fall in love and attempt to realise their respective dreams in LA. (S)(AD) (2016, 12, 120min) ★★★★★
1.00 AM Sign Zone: Who Do You Think You Are? Mishal Husain. (S)(R)(AD)
2.00 Sign Zone: Robson Green's Weekend Escapes (S)(R)(AD)
2.30 Sign Zone: VE Day 80 – We Were There (S)(R)(AD)
3.30 to 6.00 AM Previews (S)

10.00 ITV News (S)
10.30 Local News (S)
10.45 FILM The Equalizer Action thriller starring Denzel Washington. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. (S)(AD) (2014, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.00 AM Teleshopping
3.00 Martin Clunes' Islands of the Atlantic 1/3. The actor embarks on an epic journey to explore the ocean's islands, beginning with Sao Tome and Principe, and the Bijagos Islands. (S)(SL)(R)(AD)
3.50 Unwind with ITV (S)
5.05 to 6.00 AM Katie Piper's Weekend Escape (S)(SL)(R)

10.00 NEW SERIES Open House: The Great Sex Experiment 1/8. Married couple Chloe and Paul from Liverpool want to see if an open relationship can allow Chloe to explore whether she might also be attracted to women. (S)(AD)
11.10 That's the Way, A-Ha, A-Ha, Joe Lycett The comedian performs in London's West End. (S)(R)
12.10 AM FILM Good Boys Comedy starring Jacob Tremblay. (S)(AD) (2019, 15, 90min) ★★★
1.40 FILM Primal Action thriller starring Nicolas Cage. (S)(SL) (2019, 15, 100min) ★★★
3.20 Kirstie and Phil's Love It or List It: Brilliant Builds (S)(SL)(R)(AD)
3.45 to 6.00 AM Come Dine with Me

+1 hour 203 | 303 | 35 | 112 | 251

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.00 NOON **LIVE Snooker: World Seniors Championship** Coverage of day three from the Crucible Theatre in Sheffield, featuring the quarter-finals. Four-time champion Jimmy White's tournament came to an end at this stage last year when he was beaten 3-0 by eventual title-winner Igor Figueiredo. (S)
5.00 PM **News** (S)
6.00 **Secrets of the Royal Traditions** The history of state visits, as well as the secrets of more everyday traditions, such as how royal make-up can send messages of defiance. (S)(R)
6.55 **News** (S)

8.00 Storms from Space

7.00 **Amazing Railway Adventures with Nick Knowles** The presenter embarks on a journey from Mount Vesuvius to Mount Etna. (S)(R)
7.55 **News** (S)

8.00 **NEW Storms from Space: Into the Hurricane** How meteorologists use specially equipped aircraft and cutting-edge weather satellites to collect data to warn of when and where a hurricane will hit land. (S)

9.00 **Michael Portillo's Travel Diaries in Prague** 1/3. Michael explores the capital of Czechia, including an exploration of the city's stunning architecture and sampling Prague's most famous export. (S)(R)

10.00 **The Best of Eurovision in the 70s** A look at an iconic decade of the song contest, with archive performances from ABBA, Brotherhood of Man, Dana, Mary Hopkin, Cliff Richard and The New Seekers. (S)(R)

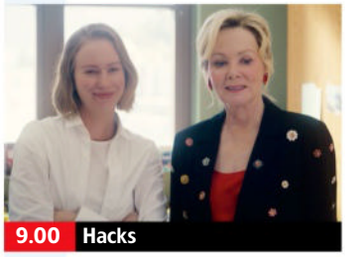
11.30 **NEW The Greatest Hits of 70s Pop** A nostalgic look back at some of the biggest pop music hits of the 1970s. (S)
1.25 AM **PlayOJO Live Casino Show**
3.25 **Princess Grace of Monaco: The Reluctant Royal** Exploring the life of Grace Kelly. (S)(R)
4.40 **Me & My 10 Kids** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S7) (S)(R)
11.00 **Wild Family Ties** (S)(R)
12.00 NOON **The Flash** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S5) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 6/23. (S2) (S)(R)(AD)
5.00 **The Simpsons** *Simpson and Delilah:* Homer becomes a virile high-flyer after buying a hair growth product. (S)(R) **5.30** *Simpsons Bible Stories:* Homer, Marge and the kids have biblical dreams. (S)(R)
6.00 **The Office (US)** 11/19. Michael treks into the woods on a survival adventure. (S)(R) **6.30** 12/19. Jan decides to sue Dunder Mifflin. (S4) (S)(R)



9.00 Hacks

7.00 **The Simpsons** *Two Cars in Every Garage and Three Eyes on Every Fish:* Mr Burns campaigns to become state governor. (S)(R) **7.30** *Dancin' Homer:* Homer becomes the local baseball team's mascot. (S)(R)

8.00 **Joe Lycett's United States of Birmingham** 3/4. Joe's quest continues into the American Midwest, tackling iconic artworks, the world's largest BBQ competition and an underwater ghost town. (R)

9.00 **Hacks** New episode *Mrs Table:* 6/10. Comedy drama starring Jean Smart and Hannah Einbinder. (S4)
9.40 **Rob Beckett: Wallop** The comedian's first stand-up special, recorded at the Cliffs Pavilion in Southend-on-Sea. (S)(R)
10.55 **Sex and the City** *A Vogue Idea:* 17/18. Carrie faces the wrath of her new editor after submitting her first article for *Vogue*. With Candice Bergen. (S4) (S)(R)

11.35 **Sex and the City** 18/18. Feeling lonely, Carrie decides to drop in on Big and is shocked to find him all packed and ready to leave New York. (S4) (S)(R)
12.15 AM **The Force: Manchester** (R)
1.15 **Road Wars** (S)(R)
2.10 **Hawaii Five-0** 6/25. (S5) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 16/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-8.00pm Landward (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Bikes! North West 200 (S) **11.20** NEW Eurovision: When Graham Met Remember Monday (S) **11.35** Man Like Mobeen (S)(R)(AD) **12.30am** The Hit List (S)(R) **1.15** Celebrity Bridge of Lies (S)(R) **2.00-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.30-8.00pm Best of Weatherman Walking: Coastal Delights New edition (S) **10.55** Rewind: 60 Years of Welsh Pop – Eurovision Special (S)(R) **11.25** Man Like Mobeen (S)(R)(AD) **12.15am** Matt Willis: Fighting Addiction (S)(R)(AD) **1.15-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
5.00pm Flog It! (S)(R) **5.25** Villages by the Sea (S)(R) **5.55** LIVE Scrum V (S) **8.00** Richard Osman's House of Games (S)(R) **8.30** Gardeners' World New edition (S) **9.30-10.30pm** Black Snow Series finale (S)(AD)

ITV1

As main ITV1 except:
WALES
7.00-7.30pm Vanished Wales New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Richard Holt: Yr Academi Felys **12.30** Heno **1.00** Ceffylau Cymru **1.30** Cartrefi Cymru **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Alun, Chris a Kiri yn Seland Newydd **4.00** Awr Fawr **5.00** Stwnsh **6.00** Pen Llyn Harri Parri (AD) **6.30** Garddio a Mwy **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Y Fets **8.55** Newyddion a'r Tywydd **9.00** Strip New edition **9.15** Strip New edition **9.35** Y Llinell Las (AD) **10.35-11.40pm** Marw Gyda Kris

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **FILM Paddington** Comedy starring Hugh Bonneville and featuring the voice of Ben Whishaw. A bear from the Peruvian jungle starts a new life in London, but catches the eye of a sinister taxidermist. (2014, PG, 95min) ★★★★★
8.25 **The Catch Up**
8.30 **Dragons' Den US: Shark Tank** New edition 22/24. Featuring a beverage inspired by Vietnamese heritage.
9.10 **Charlie Cooper's Myth Country** 1/3. Exploring local legends, myths and folklore. **9.40** 2/3. Why humans feel the need to leave marks on the landscape. **10.10** 3/3. The actor looks for King Arthur's treasure.
10.40 **Ashley Cain: Into the Danger Zone**
11.40 **Glow Up: Britain's Next Make-Up Star**
12.40 AM **Charlotte in Sunderland** Double bill.
1.40 **Just Act Normal** (S1)
2.20 **to 3.50** AM **Charlie Cooper's Myth Country**

MORE4

136/137 127 147 18 124 15

8.55 AM **Heir Hunters**
11.00 **A New Life in the Sun**
12.00 NOON **A Place in the Sun**
2.35 PM **Come Dine with Me** Five editions from Merseyside.
5.15 **Four in a Bed** The contest begins at Langsmeade House in Thame, Oxfordshire. **5.45** From the Stratford House Guesthouse in Stratford-upon-Avon. **6.20** The third visit is to Edmund House in Deal, Kent. **6.50** The final visit is to the Five Bells Pub in Berkshire.
7.25 **Four in a Bed** The winning guest house is announced.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer visit the Payne-Durkins on the rural outskirts of Leeds.
9.00 **Panda** New episode *Poly Killer:* 2/6. The pacifist ex-cop returns to duty, working with Lola to solve a murder committed during a party where every guest is polyamorous and in love with the host. Subtitled. (S1)
10.10 **24 Hours in A&E** A man is rushed in after a head-on collision with his windscreen. **11.15** The stories of two motorcyclists reveal how bonds can be strengthened through adversity.
12.20 AM **999: On the Front Line**
1.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped Gets Chocolatey**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1997** With Gary Barlow, Natalie Imbruglia Moby and Celine Dion. **7.30** Featuring Errol Brown, Ocean Colour Scene, Hanson, Pulp and Aqua.
8.00 **TOTP: 1986** Performances by Billy Ocean, Falco and Whitney Houston.
8.30 **TOTP: 1985** Featuring Phil Collins, Kirsty MacColl, Billy Ocean and Elaine Paige.
9.10 **TOTP 1985: Big Hits** Music by Wham!, The Smiths, The Cure and Doug E Fresh.
10.10 **TOTP: The Story of 1985** Recalling the year of Live Aid, when the ambitious A-ha, King and Dead or Alive competed for attention with passionate politicos Billy Bragg and The Style Council.
11.10 **Stock Aitken Waterman at the BBC** Performances by artists whose hits were written by the songwriting trio.
12.40 AM **TOTP: 1997**
1.40 **TOTP: 1986** As 8.00pm.
2.10 **TOTP: 1985** As 8.30pm.
2.50 **to 3.50** AM **TOTP 1985: Big Hits**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **The Simpsons**
9.00 **The Big Bang Theory**
10.00 **Young Sheldon**
11.00 **Married at First Sight Australia** Reality series.
12.40 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Five episodes, including at: **8.00** *The Man in the Blue Flannel Pants:* Homer is promoted to accounts manager at the power plant. **8.30** *The Ten-Per-Cent Solution:* Krusty's future looks bleak when his TV show is cancelled.
9.00 **FILM Paul** Sci-fi comedy starring Simon Pegg and Nick Frost. A couple of British sci-fi fans go on a tour of America's UFO hotspots and pick up an extraterrestrial hitchhiker. (2011, 15, 104min) ★★★★
11.00 **Naked Attraction**
1.05 AM **Gogglebox**
2.05 **First Dates**
3.05 **Ramsay's Kitchen Nightmares USA**
4.00 **The Goldbergs**
4.50 **to 6.00** AM **The Neighborhood**

+1 hr 235/236 306 30 123 256

Friday primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **The Real A&E**
8.00 **Border Patrol**
9.00 **Customs UK**
10.00 **Bondi Rescue**
11.00 **Bull** 21/22. (S6)
12.00 NOON **The Good Doctor** (S4)
1.00 PM **The Rookie: Feds** 4/22. Simone and Laura learn vital details regarding an abusive relationship. (S1)
2.00 **FBI** 4/22. The team race to track down a sniper. (S1)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Chicago Fire

7 PM

7.00 Nothing to Declare Customs officials arrest a heroin smuggler. **7.30** A man tries to hide duck eggs from officials.

8 PM

8.00 Chicago Med New episode *Bite Your Tongue:* 2/22. Ripley faces suspension over what happened to Pawel. (S10)

9 PM

9.00 Chicago Fire New episode *Ride the Blade:* 2/22. Damon disobeys a direct order from Kidd. (S13)

10 PM

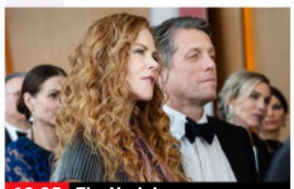
10.00 Chicago PD New episode *Blood Bleeds Blue:* 2/22. The intelligence unit must persevere during a high stakes manhunt. (S12)
11.00 **Matlock** 17/19. A pregnant woman seeks assistance. (S1)
12.00 M'T **FBI** 8/19. (S2)
1.00 AM **FBI: Most Wanted** (S4)
2.00 **The Good Doctor** 9/20. (S4)
3.00 **The Cleaning Lady** 6/12. (S2)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **UK Border Force**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
8.00 **Boardwalk Empire** (S4)
10.10 **Billions** 1&2/12. (S3)
12.20 PM **Game of Thrones** (S3)
1.25 **Das Boot** 4&5/8. (S2)
3.35 **Boardwalk Empire** 2/12. Dr Valentin Narcisse clashes with Chalky and Nucky. **4.40** 3/12. Guest stars Patricia Arquette. (S4)
5.45 **Billions** 1/12. Chuck receives a mandate from a new boss. **6.50** 2/12. Chuck tries to cash in a favour owed to him by an honourable judge. (S3)


10.05 The Undoing

7.55 Game of Thrones *Dark Wings, Dark Words:* 2/10. Jaime finds a way to pass the time, and Arya encounters outlaw group the Brotherhood Without Banners. (S3)

9.00 The Last of Us 4/7. Post-apocalyptic drama starring Pedro Pascal and Bella Ramsey. (S2)

10.05 The Undoing 1/6. First episode of the drama starring Hugh Grant and Nicole Kidman. (S1)
11.10 **Homicide: Life on the Street** 6/22. A newspaper features a story about Kellerman. (S5)
12.15 AM **The Wire** 11/13. (S4)
1.25 **Gangs of Milan: Blocco 181**
3.35 **The Pacific** 6/10. (S1)
4.45 **to 6.00** AM **Game of Thrones**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S5)
8.00 **Manifest** 13/13. (S3)
9.00 **Stargate SG-1** (S7)
11.00 **Supergirl** 13/23. (S3)
12.00 NOON **The Flash** 1/18. (S7)
1.00 PM **Hawaii Five-0** (S5)
3.00 **Magnum P.I.** 17/20. (S5)
4.00 **S.W.A.T.** 16/23. (S2)
5.00 **Supergirl** 12/23. Morgan Edge barely survives an assassination attempt. (S3)
6.00 **Stargate SG-1** 1/22. Part one of two. Dr Daniel Jackson helps the team trap the Goa'uld system lord Anubis. (S7)

10.35 Resident Alien

7.00 Stargate SG-1 *Homecoming:* 2/22. Part two of two. Anubis prepares to attack Kelowna. (S7)

8.00 Joe Lycett's United States of Birmingham 3/4. The comedian's quest continues into the American Midwest.

9.00 Hacks New episode *Mrs Table:* 6/10. Comedy drama starring Jean Smart. (S4)
9.40 Peacemaker *Best Friends, For Never:* 2/8. Tension and mistrust build within the team. (S1)
10.35 Resident Alien *Family Day:* 5/16. Harry and Asta's trip is interrupted by an uninvited relative. (S2)
11.30 **Resident Alien** 6/16. Harry travels to New York to look for one of his people, but things go horribly wrong. (S2)
12.30 AM **Strike Back: Silent War**
1.30 **Road Wars** Double bill.
3.00 **Magnum P.I.** 17/20. (S5)
4.00 **S.W.A.T.** 16/23. (S2)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **World's Funniest Videos**
10.00 **Dress to Impress**
12.00 NOON **Dinner Date**
1.00 PM **Deal or No Deal**
2.00 **Wheel of Fortune**
3.00 **Hart of Dixie** 5/22. Zoe thinks her home is haunted. (S2)
4.00 **Gilmore Girls** 5/22. Lorelai and Christopher have a major disagreement. (S7)
5.00 **Dinner Date**
6.00 **Celebrity Catchphrase** With Gyles Brandreth, Cliff Parisi and Perri Shakes-Drayton.

7.00 Deal or No Deal

7.00 Deal or No Deal Stephen Mulhern hosts as Amy takes on the Banker for the chance to win a life-changing prize.

8.00 Wheel of Fortune Graham Norton invites Samantha, Chris and Laura to spin the wheel to win a possible £50,000.

9.00 FILM Batman Begins Dark comic-book thriller tracing the origins of Batman, starring Christian Bale and Liam Neeson. Billionaire Bruce Wayne creates an alter-ego to strike fear into the crooks and thugs of crime-riddled Gotham City. (2005, 12, 140min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **Family Guy** 14&8/21. (S2)
12.45 AM **American Dad!** (S6)
1.50 **Bob's Burgers** 5&6/22. (S11)
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.25 **The Royal** *For Those in Peril.*
11.30 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.45 **Downton Abbey** 3/9. The wounded officers arrive at Downton. (S2)
6.00 **Heartbeat** *Another Little Piece of My Heart:* Rosie gets a shock while walking her aunt's dog.

8.00 Midsomer Murders

7.00 Heartbeat *Seeds of Destruction:* PC Younger's career is put on the line after a man he arrested for poisoning dies.

8.00 Midsomer Murders *Harvest of Souls:* When the owner of an equestrian centre is trampled by his horse, DCI Barnaby and DS Nelson must unravel a feud from the past, where nothing is as it seems.

10.00 Scott & Bailey 5/8. The investigation into Joe Bevan progresses as the body count rises, while Rachel avoids Sean. (S3)
11.00 **Scott & Bailey** 6/8. A care home resident dies. (S3)
11.55 **Cracker** 3/9. (S2)
12.55 AM **Where the Heart Is**
1.50 **The Royal** *For Those in Peril.*
2.45 **Unwind with ITV**
3.00 **Teleshopping**
4.30 **to 5.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **LIVE Football: Sportscene – Premiership Play-off** Coverage of the second-leg of the quarter-final as the team that finished third in the Championship hosts the fourth-placed side. Kick-off is at 7.45.
10.00 **Still Game** 2/6. Jack and Victor suffer a freezing winter. (S1)
10.30 **Sacked in the Morning** New edition 2/10. Craig Levein and Amy Irons chat to former Liverpool and Republic of Ireland star Jason McAteer.
11.00 PM **to 12.00** M'T **Pitch Invasion: How the Scottish and Irish Changed Football** 2/3. How players brought aggression and physicality to the game.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Silicon Valley** (S5)
9.15 **The Conners** (S5)
10.15 **Entourage** (S1)
11.20 **Insecure** 4&5/8. (S2)
12.35 PM **Curb Your Enthusiasm** (S11)
2.05 **Entourage** (S1)
3.05 **Silicon Valley** (S5)
4.20 **Insecure** 4&5/8. (S2)
5.35 **The Office (US)** (S4)
6.30 **The Conners** (S5)
7.30 **Curb Your Enthusiasm** 7/10. Larry befriends a city councillor. **8.10** 8/10. Larry carries out some damage control to remain in Irma's good graces. (S11)
9.00 **The Righteous Gemstones** 9/9. (S4)
10.00 **Rob Beckett: Wallop**
11.10 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.10 AM **Sex and the City**
1.30 **And Just Like That...**
3.10 **Divorce** 3&4/6. (S3)
4.20 **to 5.00** AM **How to Make It in America**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Reinventing the Orchestra**
6.55 **Golden Age: Milos at Blenheim Palace**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Art of Architecture**
12.00 NOON **Portrait Artist...**
1.00 PM **Tales of the...**
2.00 **Dickens: Phantoms and Fictions**
3.00 **The Art of Architecture**
4.00 **Discovering**
5.00 **Portrait Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Mick Fleetwood and Friends Celebrate the Music of Peter Green**
10.55 **Santana: Greatest Hits**
12.35 AM **Jeff Beck Live**
2.35 **Discovering**
3.00 **From the Artists Den**
4.00 **Stories from the National Gallery**
5.00 **to 6.00** AM **The Art of Architecture**

Sky Mix

151 158 135 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Nothing to Declare**
10.00 **Send in the Dogs**
11.00 **Border Security: America's Front Line**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **Send in the Dogs**
3.00 **Nothing to Declare**
4.00 **Primeval** 6/6. (S5)
5.00 **Stargate SG-1** (S3)
6.00 **Stargate Atlantis** (S4)
7.00 **Star Trek: Voyager** (S6)
8.00 **Hawaii Five-0** (S10)
10.00 **S.W.A.T.** *Never Again:* 6/23. Chris considers an unorthodox offer. (S2)
11.00 **Grimm** *Face Off:* 13/22. Nick finds out about Renard and Juliette. (S2)
12.00 M'T **Stargate SG-1** (S3)
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Be

131/132 125 119 28 119 22

7.30 AM **Unwind**
7.40 **Backyard Builds**
8.10 **Billie and Greg: The Family Diaries**
9.10 **Taste of Ireland**
10.10 **Buying and Selling**
11.10 **The Real Housewives of Atlanta** Reality series.
12.05 PM **Billie and Greg...**
1.10 **The Only Way Is Essex**
2.10 **Dinner Date**
3.10 **Scott's Vacation House Rules**
4.05 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City** New edition Reality show.
6.00 **Buying and Selling**
7.00 **Taste of Ireland**
8.00 **Dinner Date**
9.00 **Botched** Double bill.
10.55 **My Mum, Your Dad**
11.55 **The Only Way Is Essex**
12.55 AM **Backyard Builds**
1.25 **Unwind**
1.30 **Teleshopping**
2.30 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S1)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 21/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 19/19. (S1)
1.00 PM **Hart to Hart** (S1)
2.00 **Father Dowling Mysteries** 4/8. (S1)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 7-10/22. Four episodes. (S10)
9.00 **Randall and Hopkirk (Deceased)** *Vendetta for a Dead Man:* 24/26. Jeannie's life is in serious danger. (S1)
10.00 **The New Avengers** *Tale of the Big Why:* 8/13. (S1)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S10)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

- **6.00** AM **Football League Legends**
- **6.10** **Minder**
- **7.15** **The Professionals**
- **8.20** **The Saint**
- **9.25** **Magnum, PI**
- **10.30** **Kojak**
- **11.35** **Giant Lobster Hunters**
- **12.35** PM **The Protectors**
- **1.10** **LIVE Racing** Coverage from Chester and Ascot.
- **4.00** **The Derby Through the Years**
- **4.20** **River Monsters**
- **4.50** **The Professionals**
- **6.00** **The Chase** Quiz show.

9.00 Mission: Impossible

7.00 The Motorbike Show Henry Cole rides a 1960s drag bike at North Weald airstrip and tells the story of the Brough Superior.

8.00 Beat the Chasers Bradley Walsh hosts as contestants from across the UK take on a team of five of the Chasers.

9.00 FILM Mission: Impossible Brian De Palma's action thriller based on the cult 1960s TV series, starring Tom Cruise, Jon Voight and Emmanuelle Béart. An undercover agent devises a plan to expose the traitor who betrayed him and his colleagues. (1996, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- **11.15** **Wrestling: AEW Dynamite**
- **1.15** AM **Dark Side of the Ring**
- **2.10** **Ligue 1 Highlights**
- **2.40** **Unwind with ITV**
- **3.00** **Teleshopping**
- **5.00** **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

- **6.00** AM **Most Haunted**
- **8.00** **Teleshopping**
- **11.00** **Star Trek: Enterprise** (S1)
- **12.00** NOON **Star Trek: Voyager**
- **1.00** PM **Star Trek: The Next Generation** 15/26. (S5)
- **2.00** **Atlantis** 9/13. (S2)
- **3.00** **Stargate Universe** 20/20. (S1)
- **4.00** **Star Trek: Voyager** (S4)
- **5.00** **Star Trek: The Next Generation** 15/26. Data and Troi become possessed. (S5)
- **6.00** **Star Trek: Enterprise** 26/26. Part one of two. The ship is ordered to return to Earth. (S1)

11.00 True Blood

7.00 Atlantis *The Gorgon's Gaze:* 9/13. Pasiphae tries to force Ariadne to renounce the throne. (S2)

8.00 Stargate Universe *Incursion – Part Two:* 20/20. Rush makes a deadly discovery on board the *Destiny*. (S1)

9.00 Grimm *Headache:* 21/22. As Hank and Nick edge closer to identifying the serial killer, Wu's life is placed in jeopardy. (S4)

10.00 The Walking Dead *Service:* 4/16. Negan demands the residents of Alexandria hand over all their guns. (S7)

11.00 True Blood 11/12. Eric plans to capture Russell by offering him the vampire's ultimate fantasy. **12.00** M'T 12/12. Eric grapples with his conscience as he puts his plan to kill Russell into effect. (S3)

- **1.00** AM **Wynonna Earp** (S2)
- **3.00** **Twin Peaks: The Return** (S1)
- **4.00** **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

- **7.15** AM **Murdoch Mysteries** (S16)
- **9.00** **Father Brown**
- **10.00** **Miss Fisher's Murder Mysteries** 6/13. (S2)
- **11.00** **Hudson & Rex** 4/16. (S1)
- **12.00** NOON **The Mentalist** (S7)
- **1.00** PM **Death in Paradise** (S8)
- **2.00** **Murdoch Mysteries** (S16)
- **4.00** **Father Brown**
- **5.00** **Hudson & Rex** 4/16. A university professor is found dead in his classroom. (S1)
- **6.00** **Body of Proof** 17/20. Megan and Kate try to identify the victims of a car crash. (S2)

6.00 Body of Proof

7.00 The Mentalist *Copper Bullet:* 9/13. Jane enlists Lisbon, Wylie and Cho to thwart Peterson's crusade to destroy Abbott. (S7)

8.00 Death in Paradise *Beyond the Shining Sea – Part One:* 5/8. Jack investigates the murder of a festival queen. (S8)

9.00 Beyond Paradise 2/6. An amateur psychic's unsettling predictions for a recently bereaved woman's future start to come true. (S2)

10.20 Father Brown *The Rod of Asclepius:* Lady Felicia's reckless driving lands her in hospital.

- **11.20** **The Mentalist** As 7pm.
- **12.15** AM **Body of Proof** As 6pm.
- **1.10** **Elementary** 3/24. Holmes learns a secret about Gregson's girlfriend when she hires him for a case. (S5)
- **2.10** **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

- **7.10** AM **Last of the Summer Wine**
- **8.20** **The Green Green Grass**
- **9.00** **My Hero**
- **9.40** **Hi-de-Hi!**
- **10.20** **Porridge**
- **11.00** **Last of the Summer Wine**
- **12.20** PM **The Green Green Grass**
- **1.00** **Dad's Army**
- **2.20** **Porridge**
- **3.00** **Hi-de-Hi!**
- **3.40** **Last of the Summer Wine**
- **5.00** **The Green Green Grass**
- **5.40** **Hi-de-Hi!**
- **6.20** **Porridge**

6.20 Porridge

7.00 Dad's Army Mainwaring's bumbling platoon have a steam engine problem.

7.40 Only Fools and Horses The Trotters attend Grandad's funeral – and meet a long-lost uncle. **8.20** Uncle Albert has a nasty fall into the cellar at the Nag's Head.

9.00 The Fast Show An actor spends six hours having make-up applied.

9.40 Bottom The boys decide to go trick-or-treating on Halloween.

10.20 Bottom Live: The Big Number 2 Tour Richie and Eddie try to invite The Queen for supper.

- **12.50** AM **The Fast Show** As 9pm.
- **1.25** **The Outlaws** Frank looks back on his glory days in the 1980s and reflects on his choices.
- **2.35** **Avoidance** Jonathan worries that Spencer will end up with a new father figure.
- **3.05** **to 4.00** AM **Miranda**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

- **7.10** AM **Outback Pilots**
- **8.00** **Special Ops: Crime Squad UK**
- **10.00** **Speed with Guy Martin**
- **11.00** **Rick Stein's Cornwall**
- **12.00** NOON **Celebrity Storage Hunters** With Nick Helm.
- **1.00** PM **Storage Hunters UK**
- **2.00** **Speed with Guy Martin: F1 Special** With David Coulthard.
- **3.00** **Top Gear** Double bill.
- **5.00** **Hairy Bikers' Best of British**
- **6.00** **Rick Stein's Cornwall** Rick chats to author Patrick Gale. **6.30** The chef visits the fishing port of Boscastle.

2.00 Speed with Guy Martin

7.00 Would I Lie to You? Unseen material from the comedy panel show.

7.40 Richard Osman's House of Games Contestants include Charlie Baker and Val McDermid. **8.20** With Dev Griffin, Debbie McGee, Alex Horne and June Sarpong.

9.00 QI XL Guests Ronni Ancona, Dave Gorman and Lee Mack join regular panellist Alan Davies and host Stephen Fry.

10.00 Have I Got a Bit More News for You Katherine Ryan hosts the satirical quiz, with Richard Osman and Desiree Burch.

- **11.00** **8 Out of 10 Cats** With Paul Hollywood, Gabby Logan, Joe Wilkinson and Aisling Bea.
- **11.50** **Mock the Week**
- **12.30** AM **Would I Lie to You?**
- **1.50** **Australian Ninja Warrior**
- **3.15** **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

7 PM

8 PM

9 PM

10 PM

4seven

137/138 163 143 49 127 16

- **9.00** AM **Chateau DIY**
- **10.00** **A Place in the Sun**
- **12.00** NOON **Come Dine with Me** From Milton Keynes.
- **2.30** PM **A Place in the Sun**
- **3.00** **Narrow Escapes**
- **4.00** **Chateau DIY**
- **5.00** **A Place in the Sun**
- **6.00** **Location, Location, Location Revisited**
- **7.00** **George Clarke's Old House, New Home**
- **8.00** **George Clarke's Remarkable Renovations** Restoring a barber's shop and its attached 17th-century building in Amersham.
- **9.00** **Grand Designs**
- **10.00** **Night Coppers**
- **11.05** **Gogglebox**
- **12.05** AM **Celebrity Gogglebox**
- **1.10** **Taskmaster**
- **2.15** **Ramsay's Kitchen Nightmares USA**
- **3.10** **Stacey Solomon's Renovation Rescue**
- **4.10** **to 4.40** AM **Jamie's One-Pan Wonders**

5USA

141/169 129 120/162 21 129 29

- **9.00** AM **Entertainment News**
- **9.10** **Blue Bloods** 6/22. (S2)
- **10.00** **Murder, She Wrote**
- **12.00** NOON **Law & Order**
- **6.00** PM **NCIS** *Blood in the Water:* 1/21. The NCIS team search for Gibbs. **7.00** *Nearly Departed:* 2/21. The agents try to find the serial killer Gibbs was looking for. **8.00** *Road to Nowhere:* 3/21. Gibbs and Parker try to find one of the serial killer's victims. (S19)
- **9.00** **Person of Interest** *Witness:* 7/23. A teacher goes into hiding after witnessing a shooting. **10.00** *Foe:* 8/23. A former East German secret agent embarks on a killing spree. (S1)
- **11.00** **Law & Order: Special Victims Unit** (S21)
- **2.45** AM **The Good Wife**
- **3.35** **to 4.00** AM **Car Pound Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

- **8.00** AM **Entertainment News**
- **8.10** **Motorway Patrol**
- **8.40** **Shop Smart, Save Money** Barbeques.
- **9.40** **Caught Red Handed**
- **10.45** **Traffic Cops** Triple bill.
- **1.45** PM **Home and Away**
- **2.15** **FILM The Murder In-Law** (2023, PG) ★★
- **4.00** **Nightmare Tenants, Slum Landlords**
- **5.00** **Dogs Behaving (Very) Badly**
- **6.00** **Home and Away**
- **7.00** **GPs: Behind Closed Doors** Medical series.
- **8.00** **Casualty 24/7: Every Second Counts**
- **9.00** **999: Emergency Call Out** Documentary.
- **10.00** **Trauma Room One**
- **11.00** **FILM Flowers in the Attic** (2014, 12) ★★★
- **12.55** AM **A Suburban Nightmare** True-crime.
- **2.55** **Police Interceptors**
- **3.50** **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

- **9.00** AM **Entertainment News**
- **9.15** **Trucking Hell**
- **9.30** **Motorway Hell**
- **10.00** **Trucking Heavy**
- **11.00** **Police Interceptors**
- **12.00** NOON **FILM Death of a Gunfighter** Western. (1969, PG, 90min) ★★
- **1.55** PM **FILM The Great Northfield Minnesota Raid** Western starring Cliff Robertson. (1971, 15, 90min) ★★★
- **4.00** **Trucking Heavy**
- **5.00** **Traffic Cops**
- **6.00** **Police Interceptors**
- **7.00** **LIVE Snooker: World Seniors Championship** Coverage of day three from the Crucible.
- **11.00** **Yellowstone** *Touching Your Enemy:* 5/10. (S2)
- **12.00** M'T **Motorway Cops: Catching America's Speeders** Documentary.
- **1.00** AM **Scam City**
- **2.00** **New York Undercover**
- **3.50** **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

- **6.10** AM **MasterChef Australia** Culinary show.
- **7.30** **Simply Nigella**
- **8.00** **Tipping Point**
- **11.00** **DIY SOS: The Big Build**
- **12.00** NOON **DIY SOS: Homes for Veterans**
- **1.00** PM **Tipping Point**
- **4.00** **Michael McIntyre's The Wheel** With Bill Bailey.
- **5.20** **Gavin & Stacey**
- **6.35** **Interior Design Masters with Alan Carr**
- **8.00** **Inside the Ambulance: Coast and Country**
- **9.00** **999 Rescue Squad** A skier suffers a suspected brain injury. **10.00** A forester is badly injured in an accident involving a chainsaw.
- **11.00** **The Catherine Tate Show** Triple bill.
- **12.40** AM **MasterChef USA: United Tastes of America** Culinary series.
- **1.40** **to 3.00** AM **Changing Rooms Australia**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

- **7.30** AM **At Home with the...**
- **8.25** **Doctors**
- **9.35** **Holby City**
- **10.35** **Classic Casualty**
- **11.40** **The Bill**
- **12.40** PM **Classic EastEnders**
- **2.00** **Eldorado**
- **3.15** **Hetty Wainthropp Investigates**
- **4.20** **At Home with the Braithwaites**
- **5.25** **Keeping Up Appearances**
- **6.00** **Birds of a Feather**
- **6.40** **Last of the Summer Wine** Double bill.
- **8.00** **Father Brown**
- **10.00** **New Tricks** *Trust Me:* A kidnapping case from 1992 is re-opened when a body identified as the victim is discovered to be someone else entirely.
- **11.20** **Bergerac**
- **12.20** AM **Sister Boniface Mysteries** 4/10. (S1)
- **1.25** **The Last Detective**
- **3.00** **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

FRIDAY Entertainment

Friday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In Lancashire.
7.00 **Teleshopping**
8.00 **Salvage Hunters Celebrity Special**
9.00 **Salvage Hunters**
10.00 **Money for Nothing**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Celebrity Antiques Road Trip** Triple bill.
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Ambulance** A call is received about a patient who jumped off a bridge. **10.30** An asylum seeker struggling with isolation causes concern.
11.30 **Helicopter ER**
12.30 AM **Ghost Bait**
1.00 **Celebrity Help! My House Is Haunted**
2.00 **Teleshopping**
4.00 **Salvage Hunters Celebrity Special**
5.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
10.00 **The Bidding Room**
11.00 **Bob's Full House**
11.45 **Bruce Forsyth's Generation Game**
1.00 PM **Classic Who Wants to Be a Millionaire?**
2.00 **Family Fortunes**
3.00 **Bob's Full House**
3.45 **Bruce Forsyth's Generation Game**
5.00 **Bullseye** Double bill.
6.00 **The Bidding Room**
7.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
8.00 **The Chase** Double bill.
10.00 **Tenable** Warwick Davis hosts as five bed specialists compete.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Weakest Link** Anne Robinson hosts the quiz.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Double bill.
4.00 **Catchphrase**
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **Wild West Chronicles** Double bill.
9.10 **FILM Decision at Sundown** Western. (1957, PG, 77min) ★★
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Good Day For a Hanging** Western. (1958, U, 85min) ★★
3.00 **FILM Any Gun Can Play** Spaghetti Western. (1967, 12, 98min) ★★
5.20 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **FILM The Comancheros** Western starring John Wayne and Lee Marvin. (1961, PG, 102min) ★★★
10.20 **FILM All the Pretty Horses** Western. (2000, 15, 118min) ★★
1.00 AM **FILM The Road** Sci-fi drama. (2009, 15, 111min) ★★★★
3.30 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Coast Guard Alaska**
11.00 **Saving Lives at Sea**
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM An Organised Killer** Crime thriller. (2021, 12, 85min) ★★
2.55 **FILM Fatal Performance** Thriller. (2013, PG) ★★
5.05 **FILM The Gourmet Detective: Death Al Dente** Murder mystery. (2015, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Knight and Day** Comedy thriller starring Tom Cruise and Cameron Diaz. (2010, 12, 105min) ★★★
11.20 **FILM Escape Plan 2: Hades** Thriller sequel. (2018, 15, 96min) ★★
1.20 AM **FILM Match Point** Psychological thriller. (2005, 12, 124min) ★★★
4.00 **to 6.00** AM **FILM Crimes of Passion** Thriller. (2005, PG) ★★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Just for the Summer** Drama. (2020, PG, 90min) ★★
10.05 **FILM Love Takes Flight** Drama. (2019, PG) ★★
12.05 PM **FILM The Story of Us** Romantic comedy. (2019, PG, 85min) ★★
2.00 **FILM Hometown Hero** Drama. (2016, PG) ★★
4.00 **FILM A Tail of Love** Drama. (2022, U) ★★
5.55 **FILM Cabin Connection** Romantic drama. (2022, PG, 89min) ★★
8.00 **FILM Dream Wedding** Romantic drama. (2023, U, 89min) ★★
9.55 **FILM Love Blossoms** Romantic drama. (2017, PG, 80min) ★★
11.55 **FILM Just My Type** Romantic comedy. (2020, PG, 84min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Hometown Hero** Drama. (2016, PG, 90min) ★★
+1 hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
9.00 **Stereo Underground**
10.00 **Surgical Spirit**
10.30 **Watching** 6/7. (S7)
11.00 **A Fine Romance** (S3)
11.30 **The Monkees** (S1)
12.00 NOON **The Cuckoo...**
12.30 PM **Carry On Laughing**
1.00 **Please Sir!** 7/7. (S1)
1.50 **Roobarb**
2.00 **Bramwell** 6/7. (S1)
3.00 **Shine on Harvey Moon**
4.00 **Stereo Underground**
5.00 **A Fine Romance** (S3)
5.30 **The Monkees** (S1)
6.00 **Watching** 6/7. (S7)
6.30 **Lucky Feller**
7.00 **Bramwell** 6/7. (S1)
8.00 **Please Sir!** 7/7. (S1)
8.50 **Roobarb**
9.00 **Carry On Laughing**
9.30 **Thick as Thieves** (S1)
10.00 **Lucky Feller**
10.30 **The Cuckoo Waltz** (S1)
11.00 **Department S** (S2)
12.00 M'T **Sapphire and Steel**
1.00 AM **Shine on Harvey...**
2.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Motor Pickers** A young woman seeks a spacious hatchback of her own. **9.30** A client wants a saloon car with good looks and lots of power. **10.00** A buyer wants an electric car that's fun to drive and has space for his growing family. **10.30** A client is willing to spend £85,000 on a performance sports car.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Secrets of the Curry Kitchen**
6.30 **Nadiya Bakes**
7.00 **30 Minute Meals**
9.00 **Jamie's 15 Minute Meals**
11.00 **Great British Bake Off**
1.00 PM **Secrets of the Curry Kitchen**
1.30 **Nadiya Bakes**
2.00 **James Martin's French Adventure**
3.00 **30 Minute Meals**
5.00 **Jamie's 15 Minute Meals**
7.00 **Great British Bake Off**
9.00 **Mary Berry's Foolproof Cooking** Dishes for outdoor entertaining and lazy summer days. **9.30** Some dishes perfect for families.
10.00 **Paul Hollywood: City Bakes** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food Nation**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 6/26. (S5)
9.00 **Six Million Dollar Man**
10.00 **Knight Rider** 14/22. (S1)
11.00 **FILM Meteorites!** Thriller with Tom Wopat. (1998, PG, 85min) ★
1.00 PM **FILM The Bull of the West** Western. (1972, 12, 90min) ★★
3.00 **FILM Coward of the County** Drama. (1981, PG, 104min) ★★
5.00 **Star Trek** 4/30. (S1)
6.00 **Knight Rider** 15/22. (S1)
7.00 **Six Million Dollar Man**
8.00 **Walker, Texas Ranger**
9.00 **FILM Flight of the Intruder** War drama. (1991, 15, 113min) ★
11.15 **FILM Eye of the Tiger** Thriller with Gary Busey. (1986, 18, 90min) ★
1.05 AM **FILM Last Passenger** Thriller. (2011, 15, 95min) ★★★
3.00 **to 4.50** AM **FILM Death Trench** Horror. (2017, 18, 88min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **The Gambler V: Playing for Keeps**
8.00 **FILM Meteor Moon** Sci-fi adventure. (2020, PG, 80min) ★★
10.00 **Farscape** 19/22. (S4)
11.00 **The Gambler V: Playing for Keeps**
1.00 PM **FILM Riddles of the Sphinx** Action adventure starring Dina Meyer. (2008, 12, 89min) ★★
3.00 **Farscape** 19/22. (S4)
4.00 **The A-Team** 11/14. (S1)
5.00 **The Gambler V: Playing for Keeps**
7.00 **Farscape** 20/22. (S4)
8.00 **The A-Team** 12/14. (S1)
9.00 **FILM Drive Hard** Thriller starring John Cusack and Thomas Jane. (2014, 15, 92min) ★
10.55 **FILM Crank 2: High Voltage** Thriller sequel starring Jason Statham. (2009, 18, 91min) ★★
1.00 **to 3.00** AM **FILM Drive Hard** As 9.00pm.
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Storage Wars: Texas**
8.00 **Pawn Stars**
8.55 **Hardcore Pawn**
10.15 **Alien Disclosure Files**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **Mysteries from Above** Buried treasure.
1.05 **Secrets in the Jungle**
2.05 **Storage Hunters**
3.05 **Junk and Disorderly**
4.00 **Ancient Aliens**
6.00 **UFO Files**
7.00 **Junk and Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **Bermuda Triangle: Into Cursed Waters**
10.00 **Weird Britain**
12.00 M'T **Believers: Extreme Hauntings**
1.00 AM **Alien Disclosure Files**
2.00 **Weird or What?**
3.00 **Hardcore Pawn**
3.25 **Ancient Aliens**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **The Railway Map of Britain**
10.00 **Susan Calman's Grand Day Out** Barry Island.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
6.00 **Europe's Greatest Train Journeys** In Corsica.
7.00 **Ben Fogle: New Lives in the Wild** Ben heads back to Rathlin Island to revisit Rauri. **8.00** Ben revisits British caveman Will Lord in the Suffolk countryside.
9.00 **Ellis** 1/3. Drama starring Sharon D Clarke. (S1)
11.00 **Prisoner: Cell Block H**
1.00 AM **The Madame Blanc Mysteries** 4/6. (S4)
2.00 **Bargain-Loving Brits in the Sun** Documentary.
3.00 **Susan Calman's Grand Day Out** Barry Island.
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun: Home or Away**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
12.00 NOON **My Lottery Dream Home**
2.00 PM **Love Your Garden**
3.00 **Escape to the Country**
5.00 **A Place in the Sun: Home or Away**
6.00 **A Place in the Sun**
8.00 **Love Your Garden** Alan Titchmarsh and the team head to Woking to transform the garden of a retired serviceman who lost his left arm in the Falklands conflict.
9.00 **My Lottery Dream Home** Four editions.
11.00 **Home Town**
12.00 M'T **Good Bones**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **My Lottery Dream Home** Double bill.
9.00 **Curvy Brides Boutique**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish: Mary**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper** Alan has a growth on his bicep but is scared of doctors.
7.00 **Too Large** At 708 pounds, Jessica has a host of life-threatening illnesses, and a hospitalisation throws her weight loss off track.
8.00 **My 600lb Life**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant**
1.30 **Extreme Cheapskates**
2.00 **to 6.00** AM **My 600lb Life**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Takeshi's Castle**
12.00 NOON **Guessable?**
1.00 PM **Friends** (S4&5)
8.00 **Friends** 6/24. Emily asks Ross to move away. **8.30** 7/24. Ross moves into Chandler and Joey's flat. (S5)
9.00 **Michael McIntyre's Big Christmas Show**
10.00 **Whose Line Is It Anyway? USA** New edition
10.30 **Whose Line Is It Anyway? USA**
11.00 **Kevin Bridges Live in Glasgow** Stand-up.
12.00 M'T **8 Out of 10 Cats**
1.00 AM **South Park** (S1&2)
3.00 **Beavis and Butt-Head**
3.10 **Reno 911!** 3/11. (S8)
3.30 **Key & Peele**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 9&10/22. (S1)
11.00 **Friends** (S5&6)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: The Inspired Unemployed**
3.00 **Daria** 4&5/13. (S4)
4.00 **Guessable?**
5.00 **Becker** 9&10/22. (S1)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 20/23. Cece sends a drunken text. **9.30** 21/23. (S3)
10.00 **Friends** 2-5/24. (S4)
12.00 M'T **Al Murray: My Gaff, My Rules**
1.30 AM **Frank Skinner Live from the Birmingham NIA**
2.30 **Ahir Shah: Dots**
3.20 **CC Live: Stand Up Shorts** With Ali Woods.
3.45 **Becker** 9&10/22. (S1)
4.30 **New Girl** 20&21/23. (S3)
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Bondi Rescue**
12.00 NOON **DC's Legends of Tomorrow** (S6)
2.00 PM **Caught on Dashcam**
3.00 **Motorway Patrol**
4.00 **Bondi Rescue**
5.00 **Border Patrol**
6.00 **Supergirl** 13&14/20. (S1)
8.00 **Caught on Dashcam**
10.00 **The Force: North East** A raid on the house of a suspected dealer leads officers to a drugs den.
11.00 **A Town Called Malice**
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With guests Jimmy Carr and Maisie Adam.
2.00 **Last King of the Cross**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

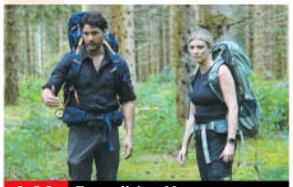
6.00 AM **MTV Cribs**
6.25 **Teen Mom Australia**
7.15 **Teen Mom OG**
9.00 **Teen Mom 2**
11.00 **Catfish: The Dramatic**
12.00 NOON **Catfish: On the Run** Reality series.
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Help! I'm in a Secret Relationship!**
9.00 **Skin A&E** Dr Adil treats a patient with five lipomas.
10.00 **FILM Resident Evil: Extinction** Sci-fi horror thriller sequel starring Milla Jovovich, Oded Fehr and Ali Larter. (2007, 15, 90min) ★★
12.00 M'T **Beavis and Butt-Head** 11&12/31. (S3)
12.30 AM **Tate McRae: I Want My MTV**
1.00 **Just Tattoo of Us**
2.00 **Ink Master: Revenge**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaskan Bush People**
9.00 **Mega Shippers** Double bill.
11.00 **Wheeler Dealers**
1.00 PM **Alaska: Homestead Rescue** Documentary.
3.00 **Gold Divers** Double bill.
5.00 **Building Off the Grid** A family build a glamping escape in the Texas Hill Country.
6.00 **Junkyard Empire** Andy plans to transplant a Dodge Hell Cat engine into his Plymouth Barracuda but his mechanics are not convinced it will work.



9.00 Expedition X

7.00 **Wheeler Dealers** Mike and Ant get hold a great British sports car never to have been built in the UK, a 1969 Datsun Roadster.

8.00 **Gold Rush: White Water** Problems with the new dredge push the crew to the brink, but a Red Zone win lifts morale.

9.00 **Expedition X** New edition Heather and Phil track down a legendary and potentially supernatural creature.

10.00 **Blowing Up History** A team of experts use cutting-edge technology to investigate the Red Pyramid in Egypt.

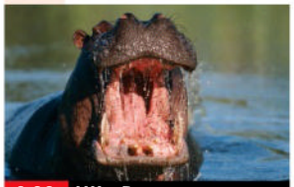
11.00 **Border Control Sweden** Alex searches for cannabis at a party cruise.
12.00 M'T **Expedition Bigfoot**
1.00 AM **Expedition X** As 9pm.
2.00 **Blowing Up History** As 10pm.
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** With Paul George.
9.00 **Animal Cops Phoenix**
10.00 **Bad Dog!**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **Tanked**
1.00 PM **Animal Cops Phoenix**
2.00 **Flying Wild Alaska**
3.00 **Pit Bulls & Parolees: Tia's Tales** Documentary.
4.00 **Dogs 101** How different breeds of dogs behave.
5.00 **Alaska: Homestead Rescue** The Raneys move an entire cabin into the flood zone.
6.00 **Tanked** With Erika Girardi.



9.00 I Was Prey

7.00 **Crikey! It's the Irwins** Robert takes on the challenge of relocating Bosco, the zoo's most aggressive crocodile.

8.00 **Dr Jeff: Rocky Mountain Vet** A dog is brought in with a suspected broken leg, but Dr Jeff diagnoses a more serious condition.

9.00 **I Was Prey** During a canoe safari trip in Zimbabwe, a husband and wife are attacked by an angry hippopotamus.

10.00 **Alaskan Bush People** Alaskan survivor family the Browns discuss the difficulties of maintaining their remote lifestyle.

11.00 **Project Grizzly** Jeff Watson tries to teach his grizzlies how to forage in the wild. **12.00** M'T Jeff teaches Bob and Screech to hunt in the wild.
1.00 AM **Alaskan Bush People**
2.00 **Dogs 101** As 4.00pm.
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **Animal Cribs**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Colossal Machines**
9.00 **Air Crash Investigation: Special Report**
10.00 **Air Crash Investigation**
12.00 NOON **Lost Treasures of Angkor: Ancient Laos Revealed** Double bill.
2.00 PM **Liberation: D-Day to Berlin** Double bill of editions.
4.00 **Construction Fails**
5.00 **Car S.O.S** Tim and Fuzz restore a 2002 Suzuki Jimny.
6.00 **Lost Treasures of Egypt** How Tutankhamun transformed the worship of the gods.

7.00 Air Crash Investigation

7.00 **Air Crash Investigation** Examining the 1974 plane crash during the Vietnam War that claimed the lives of more than 250 people.

8.00 **Air Crash Investigation** Why a Boeing 737 Max 8, one of the best-selling new airplanes on Earth, plunged into the Java Sea.

9.00 **Miracle Landing on the Hudson** Documentary charting how US Airways Flight 1549 was forced to land on the Hudson River.

10.00 **Destruction Decoded** A look at history's most devastating dam collapses, which can be as catastrophic as a tsunami.

11.00 **Air Crash Investigation**
12.00 M'T **To Catch a Smuggler: Tropical Takedown**
1.00 AM **History: Interesting Bits**
2.00 **Food Factory**
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory**
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **The Sound and the Fury**
8.45 **Storage Wars**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Swamp People: Serpent Invasion**
1.00 PM **Storm Stories**
2.00 **The Secret Nazi Expeditions**
4.00 **Walking Through History**
5.00 **Pawn Stars** Rick heads to the range to see a set of Bolivian thunder mugs.
6.00 **American Pickers** A retired Air Force general reveals the story of his American Dream.

10.00 Ancient Aliens

7.00 **Forged in Fire** The competitors are tasked with forging signature blades using metal from household items.

8.00 **Strangest Things** Three carvings that could shed light on the mysteries of Stonehenge and a plate with Nazi connections.

9.00 **Buried: Knights Templar and the Holy Grail** Mikey Kay and Garth Baldwin investigate the mystery of the Knights Templar.

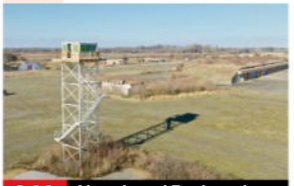
10.00 **Ancient Aliens** New edition The top 10 UFO crashes, including a mysterious craft that washed ashore in Japan.

11.00 **Encounter: UFO** Powerful and credible first-hand accounts of UFO encounters and abductions.
12.00 M'T **Kings of Pain** A tiny fish that has venom to die for.
1.00 AM **Pawn Stars** As 5.00pm.
2.00 **Commando Missions**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Nazi Hunters** As 4.00pm.
11.00 **Churchill's Bid to Abolish Britain** Documentary.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Nazi Hunters** German architect Albert Speer.
5.00 **Churchill's Bid to Abolish Britain** Documentary.
6.00 **Antiques Roadshow** Fiona Bruce visits Powis Castle.



8.00 Abandoned Engineering

7.00 **Canal Boat Diaries** An epic aqueduct near Stratford-upon-Avon. **7.30** Robbie Cumming begins a 170-mile journey.

8.00 **Abandoned Engineering** New edition A nuclear-armed facility in Arkansas, America's last line of defence in the Cold War.

9.00 **Tony Robinson's Marvellous Machines** Exploring machines that help us mere mortals become superhuman.

10.00 **Bangers & Cash: Restoring Classics** The team take on the restoration of an Austin Montego.

11.00 **Bangers & Cash** Going under Derek's hammer is a Ford Escort XR3 and a MGA.
12.00 M'T **Dream Car Fixers** Sheldon and Peter attempt to complete their client's Triumph collection.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Salvage Hunters: Classic Cars**
7.00 **Salvage Hunters: The Restorers**
8.00 **The Ultimate Cycling Show**
9.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Documentary.
1.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Shed and Buried**
9.00 **The Repair Shop** A bookbinder is tasked with fixing a 50-year-old kite made of paper. **10.00** The team restore a vintage harmonium.
11.00 **Giro D'Italia Highlights**
12.00 M'T **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Lancashire**
11.00 **Disappeared**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 NEW SERIES **The Playboy Murders**
10.00 **The Playboy Murders**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Uncovering Melanie's Murderer** How traditional investigative techniques can now be significantly enhanced by the scientific power of DNA profiling.
8.00 **See No Evil** Using surveillance cameras to uncover the truth about Louise Dickey.
9.00 **Storm of Suspicion** New edition A mother and daughter are brutally murdered in their Palm Beach home.
10.00 **Cold Cases Reopened** Patricia Ann Jacob's body is discovered on the bank of the Neches River in Texas.
11.00 **Bloodline Detectives**
1.00 AM **Storm of Suspicion**
2.00 **Cold Cases Reopened**
3.00 **See No Evil** As 8pm.
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Crimes That Shook Australia** Double bill.
11.00 **Medical Detectives**
2.00 PM **Crimes That Shook Australia** Double bill.
4.00 **Medical Detectives** Police dogs trace a killer's scent and reveal a twisted perpetrator. **4.30** An investigation into a blaze which killed a middle-aged woman. **5.00** A victim is unsuspectingly poisoned with arsenic. **5.30** Investigators use a reconstructive process to bring a killer to justice. **6.00** A psychiatrist helps to distinguish fact from fiction. **6.30** Vital clues are gleaned from the body of a 16-year-old girl.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **Road Wars**
8.00 **Send in the Dogs**
9.00 **The Force: Manchester**
10.00 **Brit Cops UK**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **Catching the Killer**
2.00 **Murders That Shocked the Nation**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers** John Cannan.
9.00 **Killer Siblings**
10.00 **Fred West: The Glasgow Girls**
1.00 AM **Killer in My Village**
2.00 **Murdered at First Sight**
3.00 **Ireland's Most Evil Killers** Eric Locke.
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** As 1pm.
8.35 **King Arthur's Britain: The Truth Unearthed**
9.50 **A Cold War of Spies**
10.50 **Playing to Survive: Von Cramm vs Hitler**
1.00 PM **America the Bountiful** Learning about ramps in West Virginia.
1.35 **King Arthur's Britain: The Truth Unearthed**
2.55 **A Cold War of Spies**
3.55 **Playing to Survive: Von Cramm vs Hitler**
6.05 **King Arthur's Britain: The Truth Unearthed**
7.20 **A Cold War of Spies**
8.20 NEW **Playing to Survive: Von Cramm vs Hitler** Exploring the life of German aristocrat Gottfried von Cramm.
10.25 **A Cold War of Spies**
11.30 **America the Bountiful**
12.00 M'T **Playing to Survive: Von Cramm vs Hitler**
1.15 **to 2.00** AM **America the Bountiful**

FRIDAY

Friday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Nineties**
7.00 **Discovering: Kevin Bacon**
8.00 **The Directors**
9.00 **Charlie Hustle & the Matter of Pete Rose**
10.00 **Hostages**
11.05 **Dark Horses: Italy's World Cup Triumph**
12.00 NOON **Laurel and Hardy: Their Lives and Magic**
2.00 PM **Natalie Wood: What Remains Behind**
4.00 **The Directors**
5.00 **Discovering: Kevin Bacon**
6.00 **Schmeichel**
8.00 **Germanwings: What Happened on Flight 9525?** The circumstances surrounding the deliberate crashing of an Airbus.
10.00 **Going Clear: Scientology and the Prison of Belief** Looking at the history of the Church of Scientology's leaders.
12.15 AM **Who Killed the KLF?**
2.00 **Taylor Mac's 24-Decade History of Popular Music**
4.00 **The Directors**
5.00 to 6.00 AM **Discovering: Kevin Bacon**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Patrick Aryee's Wild World**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Orangutan Jungle School**
10.00 **The Wadden Sea**
11.00 **Wild Family Ties**
12.00 NOON **Africa's Wild Horizons**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Orangutan Jungle School**
4.00 **The Wadden Sea**
5.00 **Australia's Hidden Islands**
6.00 **Africa's Wild Horizons**
7.00 **Monkey Life** Double bill.
8.00 **Wild Tales from the Farm** The sheep stage a breakout.
9.00 **Survival of the Beast** Documentary exploring the survival skills of Earth's animals.
10.00 **Africa's Wild Horizons**
11.00 **Australia's Hidden Islands**
12.00 M'T **Wild Family Ties**
1.00 AM **Africa's Claws and Jaws**
2.00 **Wild Tales from the Farm**
3.00 **Survival of the Beast**
4.00 **Hope for Wildlife**
5.00 to 6.00 AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets in the Ice**
9.00 **Human Torpedoes of WW2**
10.00 **Mystery Places**
11.00 **Ancient Aliens**
1.00 PM **Cursed Treasures**
2.00 **WW2 Treasure Hunters**
3.00 **Empire Builders**
4.00 **Human Torpedoes of WW2**
5.00 **Swamp Mysteries with Troy Landry** Troy heads deep into the bayou to confront beasts.
6.00 **Mystery Places**
7.00 **Alien Files: Unsealed**
8.00 **Greatest Heists with Pierce Brosnan** The 1972 United California Bank Job.
9.00 **Secrets of the Hells Angels** A focus on methamphetamine dealer Pat Matter.
10.00 **Secrets in the Ice** The lost legacy of the Donner Party.
11.00 **Sex: A Bonkers History**
12.00 M'T **Ancient Aliens**
2.00 AM **WW2 Treasure Hunters**
3.00 **Empire Builders**
4.00 **Alien Files: Unsealed**
5.00 to 6.00 AM **Swamp Mysteries with Troy Landry**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files: DNA Speaks** Documentary.
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **When Missing Turns to Murder**
10.00 **Sin City Murders**
11.00 **An Hour to Kill**
12.00 NOON **Murder By Medic**
1.00 PM **Green Eyed Killers**
2.00 **The Real Murders of Atlanta**
3.00 **When Missing Turns to Murder**
4.00 **Sin City Murders**
5.00 **Accident, Suicide or Murder?**
6.00 **Cold Case Files: DNA Speaks**
7.00 **The First 48 Presents: Critical Minutes** Documentary.
8.00 **Imperfect Murder**
9.00 **Court Cam** New editions
10.00 **Ross Kemp: Mafia and Britain**
11.00 **Fugitive Hunters: Mexico**
12.00 M'T **Crimes That Shook Britain**
1.00 AM **Court Cam**
2.00 **Interrogation Cam**
2.30 **Interrogation Files**
3.00 **Green Eyed Killers**
4.00 **When Missing Turns to Murder**
5.00 to 6.00 AM **An Hour to Kill**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Africa's Deadliest**
10.00 **America's National Parks**
11.00 **Exotic Animal ER**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **The Kangaroo King**
3.00 **Monster Snakes**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa** The vets have a full plate, including surgery on a painted dog.
8.00 **Africa's Big Five** The natural history of Africa's five principle wild animals – rhinos, elephants, leopards, lions and buffalos.
9.00 **Africa's Lost Eden** Experts begin a project to bring life back to Gorongosa National Park.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom: Uprising**
1.00 AM **Lawless Island**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 to 5.00 AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Combat Dealers: Reloaded**
8.00 **How Do They Do It?**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Doing Da Vinci**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Gravitational waves, which are helping scientists explore the cosmos in new ways.
8.00 **Combat Dealers: Reloaded** Bruce Crompton and his team buy and restore some of World War Two's rarest tanks.
9.00 **Secret Space Escapes** A collision causes the hull of the Mir space station to leak oxygen.
10.00 **How Do They Do It?**
11.00 **A Crime to Remember**
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 to 5.00 AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Doctor Who**
11.20 **Parkinson** Double bill.
2.00 PM **Bargain Hunt**
4.00 **Parkinson** As 9.30pm.
5.20 **Doctor Who** Four episodes of the sci-fi drama, including at: **7.00** *Inferno – Part Two:* 20/25 The Doctor is disturbed by an unusual screeching noise. (S7)
7.30 **Bargain Hunt** Philip Serrell and Charles Hanson guide two teams who are on the lookout for bargains at an antiques fair in Swinderby, Lincolnshire. **8.30** Tim Wonnacott presents as Philip Serrell and Charles Hanson help two teams to find bargains at the old RAF base in Swinderby, Lincolnshire.
9.30 **Parkinson** With Samuel L Jackson, Ben Elton, Robbie Coltrane and Diana Krall. **10.50** With Cilla Black, Liza Tarbuck and Michael Crawford.
12.05 AM **Doctor Who**
2.20 **Bargain Hunt**
3.15 **Parkinson** Double bill.
5.25 to 6.00 AM **Doctor Who**

+1 hour 266 376

ID

154 141 166

8.00 AM **The Perfect Suspect**
9.00 **A Crime to Remember**
11.00 **Forbidden: Dying for Love**
1.00 PM **Reasonable Doubt**
3.00 **Murder Under the Friday Night Lights** Double bill.
5.00 **Murder in the Heartland**
7.00 **I'd Kill for You** The case of Miami teenager Christin Bilotti. **8.00** The story of how a man's romantic relationships with three women sparked jealousy, and resulted in a fatal outcome for one of those involved.
9.00 **Megan Thee Stallion vs Tory Lanez: Five Shots** The Deputy DA who prosecuted Megan Thee Stallion's case recounts the inside story. **10.00** Tory Lanez and his supporters cast doubts on the evidence from the shooting.
11.00 **Fatal Affairs** When a new girl arrives in town, she attracts the local, married heartthrob.
12.00 M'T **The Playboy Murders**
2.00 AM **Murder in the Heartland**
4.00 to 6.00 AM **I'd Kill for You**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **Mega Shippers**
9.00 **Massive Engineering Mistakes**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Massive Engineering Mistakes**
4.00 **Last Chance Garage**
5.00 **Richard Hammond's Workshop** Richard restores a 1947 Delahaye sports car.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried** Double bill.
8.00 **Last Chance Garage**
9.00 **Motor Pickers** Double bill.
10.00 **Bennetts British Superbikes** Action from the opening round of the season at Oulton Park.
11.00 **Shed and Buried**
12.00 M'T **Last Chance Garage**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 to 5.00 AM **World's Top 5**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.40 AM **The Parenting** Horror comedy. (2025, 15) ★★★
8.20 **Between the Temples** Comedy drama with Jason Schwartzman. (2024, 15, 111 min) ★★★★
10.20 **The Damned** As 3.45am.
12.05 PM **PREMIERE Speak No Evil**
2.05 **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
4.05 **Cleaner** As 11.50pm.
5.50 **Twisters** Disaster drama sequel with Daisy Edgar-Jones. (2024, 12, 122min) ★★★★

8.00 Speak No Evil

8.00 PREMIERE Speak No Evil Horror starrring James McAvoy and Aisling Franciosi. A dream holiday turns into a nightmare when an American family stay at a British couple's idyllic estate. (2024, 15, 110min) ★★★★ *See review, page 24.*
SEX ●●● VIOLENCE ●●● LANG ●●●

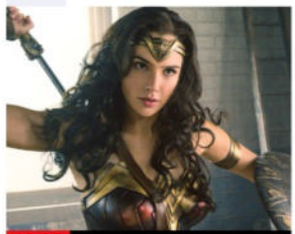
10.00 Trap Director M Night Shyamalan's thriller starring Josh Hartnett. A serial killer attempts to evade a police blockade while attending a concert with his daughter. (2024, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Cleaner** Action thriller starring Daisy Ridley and Clive Owen. (2025, 15, 97min) ★★★
1.35 AM **Smile 2** Horror sequel. (2024, 18, 127min) ★★★★
3.45 **The Damned** Horror mystery. (2024, 15, 89min) ★★★★
5.25 to 7.15 AM **A Mistake** Drama. (2024, 15, 101min) ★★★

Sky Cinema Mega Hits

303 303 403 503 517

6.00 AM **Sky Cinema Preview**
7.00 **IF** As shown at 1.55pm.
9.00 **Furiosa: A Mad Max Saga**
11.30 **Wonder Woman** As 10.05pm.
1.55 PM **IF** Fantasy adventure. (2024, U, 104min) ★★★
3.55 **Godzilla** Thriller remake starring Aaron Taylor-Johnson. (2014, 12, 118min) ★★★
6.00 **Godzilla x Kong: The New Empire** Fantasy adventure starring Rebecca Hall. (2023, 12, 115min) ★★★



10.05 Wonder Woman

8.00 Barbie Fantasy comedy starring Margot Robbie and Ryan Gosling. The living doll's perfect life is turned upside down when she suffers an existential crisis. (2023, 12, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Wonder Woman Fantasy adventure starring Gal Gadot and Chris Pine. An Amazon princess leaves her isolated island during World War One, aiming to bring the conflict to an end. (2017, 12, 121 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Madame Web** Fantasy starring Dakota Johnson. (2024, 12, 116min) ★★★
2.50 **Furiosa: A Mad Max Saga** Fantasy with Anya Taylor-Joy. (2023, 15, 148min) ★★★★
5.30 to 6.00 AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.45 AM **Ray** As shown at 10.15pm.
9.25 **Funny Girl** As 12.55am.
12.05 PM **The Man with the Answers** Drama. (2021, 12, 80min) ★★★
1.40 **Footloose** Teen dance drama remake. (2011, 12, 113min) ★★★
3.45 **Scent of a Woman** Coming-of-age drama. (1992, 15, 157min) ★★★★
6.25 **Stand by Me** Nostalgic drama. (1986, 15, 89min) ★★★★★

8.00 **Valentine's Day** Romantic comedy about the intersecting paths of a series of LA couples on 14 February, starring Ashton Kutcher, Jennifer Garner, Anne Hathaway, Julia Roberts, Jessica Biel and Jamie Foxx. (2010, 12, 125min) ★★★
10.15 **Ray** Biopic starring Jamie Foxx as soul music legend Ray Charles, who overcame poverty, racism and the loss of his sight to forge a ground-breaking musical career. (2004, 15, 152min) ★★★★

12.55 AM **Funny Girl** Musical biopic of Ziegfeld Follies star Fanny Brice, starring Barbra Streisand. (1968, U, 169min) ★★★★
3.35 **Stand by Me** As 6.25pm.
5.15 to 7.05 AM **Beach Rats** Drama starring Harris Dickinson. (2017, 15, 98min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.00 AM **Something in the Dirt** Sci-fi comedy drama. (2022, 15, 116min) ★★★★
9.00 **Riddick** As shown at 1.55am.
11.05 **I Saw the TV Glow** Horror. (2024, 15, 100min) ★★★
12.50 PM **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
2.50 **The Purge** Horror thriller. (2013, 15, 85min) ★★★

4.20 **Congo** Jungle adventure. (1995, 12, 108min) ★★★
6.15 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
8.00 **Ready Player One** Steven Spielberg's fantasy adventure starring Tye Sheridan and Olivia Cooke. Gamers explore a virtual world in the quest for a deceased tycoon's fortune. (2018, 12, 140min) ★★★★
10.25 **Abigail** Horror starring Melissa Barrera and Dan Stevens. (2024, 18, 105min) ★★★★

12.20 AM **AfrAId** Sci-fi horror starring John Cho. (2024, 15, 84min) ★★
1.55 **Riddick** Sci-fi thriller sequel. (2013, 15, 122min) ★★★
4.00 **Ouija: Origin of Evil** Horror prequel. (2016, 15, 99min) ★★★
5.45 to 7.15 AM **Sick** Horror thriller. (2022, 18, 83min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.20 AM **Beethoven** As 1.30am.
8.05 **Ride On** Action drama. (2023, PG, 126min) ★★★
10.25 **Reuniting the Rubins** (2010)
12.20 PM **A Tiger's Journey** Drama. (2023, PG, 94min) ★★★
2.00 **Patch Adams** Fact-based comedy drama starring Robin Williams. (1998, 12, 115min) ★★
4.00 **The BFG** Fantasy adventure. (2016, PG, 117min) ★★★★
6.05 **Jack the Giant Slayer** Fantasy. (2013, 12, 114min) ★★★

4.00 The BFG

8.05 **Pan** Fantasy adventure prequel to *Peter Pan,* starring Levi Miller and Hugh Jackman. An orphan is transported to a magical land and goes in search of the truth about his mother. With Garrett Hedlund. (2015, PG, 111min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

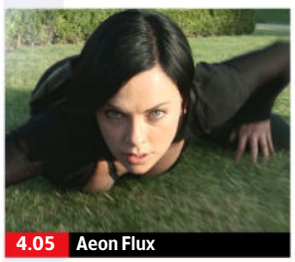
10.05 **Reuniting the Rubins** Family comedy drama starring Timothy Spall. A former lawyer attempts to grant his dying mother's wish to bring her warring grandchildren together for Passover. (2010, PG, 98min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Muppets Take Manhattan** Musical comedy. (1984, U, 94min) ★★★★
1.30 AM **Beethoven** Comedy. (1992, U, 87min) ★★★
3.00 **Step Dogs** Family comedy. (2013, U, 82min) ★
4.35 **to 6.35** AM **Patch Adams**

Sky Cinema Heroes

307 307 407 507 521

7.20 AM **Cinema List: Westerns**
7.40 **The Huntsman: Winter's War**
9.45 **Cleaner** As 8.00pm.
11.35 **Mission: Impossible – Dead Reckoning Part One**
2.20 PM **Charlie's Angels** Comedy thriller with Drew Barrymore. (2000, 15, 97min) ★★★★
4.05 **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
5.50 **The Mummy** Action adventure starring Brendan Fraser. (1999, 15, 124min) ★★★★


4.05 Aeon Flux

8.00 **Cleaner** Action thriller starring Daisy Ridley. Environmental activists hijack an energy company's gala and take 300 hostages. With Clive Owen and Matthew Tuck. (2025, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Mission: Impossible – Dead Reckoning Part One** Action thriller starring Tom Cruise. The IMF team race to acquire two halves of an interlocking key that can regain control of a lethal artificial intelligence. (2023, 12, 163min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **I Am Legend** Sci-fi horror thriller starring Will Smith. (2007, 15, 101min) ★★★★
2.10 **Snow White and the Huntsman** Fantasy adventure. (2012, 12, 127min) ★★★
4.20 **to 6.15** AM **The Huntsman: Winter's War** Fantasy. (2016, 12, 114min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.35 AM **The American Society...**
8.30 **How to Lose a Guy in 10 Days** Comedy. (2003, 12) ★★★
10.35 **I Love My Dad** Comedy. (2022, 15, 96min) ★★★
12.15 PM **The Estate** Comedy. (2022, 15, 96min) ★★
2.00 **Daddy's Home 2** Comedy. (2017, 12, 100min) ★★★
3.45 **Mean Girls** Musical adaptation. (2023, 12, 112min) ★★★
5.45 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★

8.00 My Big Fat Greek Wedding 2

8.00 **My Big Fat Greek Wedding 2** Comedy sequel with Nia Vardalos. A woman discovers her parents were never legally married, and sets about organising their wedding. (2016, 12, 94min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **My Big Fat Greek Wedding 3** Romantic comedy sequel starring Nia Vardalos. Following the death of her father, Toula honours his dying wish to take the family to his childhood village. (2023, 12, 92min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Ferris Bueller's Day Off** Teen comedy from John Hughes. (1986, 12, 103min) ★★★★
1.25 AM **The American Society of Magical Negroes** Fantasy comedy starring Justice Smith. (2024, 12, 104min) ★★★★
3.20 **48 Hrs** Action comedy thriller. (1982, 15, 97min) ★★★★★
5.05 **to 7.25** AM **The Holdovers**

Sky Cinema Thriller

309 309 409 509 523

6.25 AM **Kindred** As 1.55pm.
8.15 **Rumble Through the Dark**
10.20 **Out of the Blue** Romantic thriller. (2022, 15, 104min) ★★
12.15 PM **Dead Shot** Action thriller. (2023, 15, 92min) ★★★
1.55 **Kindred** Psychological horror. (2021, 15, 101min) ★★★
3.45 **Rumble Through the Dark** Thriller starring Aaron Eckhart. (2023, 15, 116min) ★★★
5.45 **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★

10.40 The Equalizer 3

8.00 **The Firm** Legal thriller based on the John Grisham bestseller, starring Tom Cruise, Jeanne Tripplehorn and Gene Hackman. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. With Holly Hunter. (1993, 15, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **The Equalizer 3** Thriller sequel starring Denzel Washington and Dakota Fanning. Former government assassin Robert McCall takes on the mafia in southern Italy. (2023, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Ruthless** Action thriller. (2023, 15, 92min) ★★★
2.15 **The Punisher** Action thriller. (2004, 18, 123min) ★★★
4.25 **to 6.10** AM **Dangerous Waters** Survival thriller. (2023, 15, 101min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **3.10 to Yuma** Western. (1957, b/w, PG) ★★★★
12.50 PM **Arthur's Hallowed Ground** Comedy drama. (1986, PG, 71min) ★★
2.20 **Lawrence of Arabia** Director David Lean's epic biopic. (1962, PG, 221min) ★★★★★
6.40 **The Day After Tomorrow** Disaster drama with Dennis Quaid and Jake Gyllenhaal. (2004, 12, 124min) ★★★★

11.35 The Shape of Water

The Day After Tomorrow (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Moonfall** Sci-fi thriller starring Patrick Wilson and Halle Berry. A mysterious force knocks the moon from its orbit and two astronauts join forces to avert catastrophe. With John Bradley and Donald Sutherland. (2022, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Shape of Water** Director Guillermo del Toro's Oscar and Bafta-winning fantasy drama starring Sally Hawkins, Michael Shannon, Octavia Spencer and Richard Jenkins. (2017, 15, 123min) ★★★★★
2.00 **to 4.00** AM **Frank** Comedy drama with Domhnall Gleeson and Michael Fassbender. (2014, 15, 93min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Star Trek

302 302 402 502 516

7.00 AM **Star Trek: First Contact**
8.55 **Star Trek: Insurrection** (1998)
10.40 **Star Trek: Nemesis** (2002)
12.40 PM **Star Trek Into Darkness**
2.55 **Star Trek Beyond** Sci-fi adventure starring Chris Pine. (2016, 12, 122min) ★★★★
5.00 **Star Trek: Generations** Sci-fi adventure starring Patrick Stewart and William Shatner. (1994, PG, 118min) ★★★

7.00 **Star Trek: First Contact** Sci-fi adventure starring Patrick Stewart. Captain Jean-Luc Picard and the *Enterprise* crew travel back in time to 21st-century Earth to thwart the Borg, the Federation's deadliest enemies. (1996, 12, 110min) ★★★★
9.00 **Star Trek: Insurrection** Sci-fi adventure with Patrick Stewart. (1998, PG, 105min) ★★★
10.55 **Star Trek: Nemesis** Sci-fi adventure with Patrick Stewart. (2002, 12, 116min) ★★★

12.55 AM **Star Trek Into Darkness** Sci-fi adventure sequel starring Chris Pine. The USS *Enterprise* pursues a rogue Federation officer. (2013, 12, 132min) ★★★★
3.15 **Star Trek Beyond** As 2.55pm.
5.30 **to 6.10** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

6.55 AM **Earth Girls Are Easy**
8.45 **Sixteen Candles** Teen comedy. (1984, 12, 89min) ★★★
10.25 **Dazed and Confused** Richard Linklater's comedy drama. (1993, 15, 102min) ★★★★
12.10 PM **Death Becomes Her** Black comedy fantasy starring Meryl Streep. (1992, PG, 103min) ★★★
2.10 **Parenthood** Comedy drama. (1989, 15, 124min) ★★★★

4.20 **See No Evil, Hear No Evil** Comedy thriller starring Gene Wilder and Richard Pryor. (1989, 15, 107min) ★★★
6.20 **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★
8.00 **Ace Ventura: When Nature Calls** Comedy sequel with Jim Carrey. (1995, PG, 89min) ★★★
9.50 **Twins** Action comedy. (1988, PG, 107min) ★★★
11.40 **Earth Girls Are Easy** Musical. (1988, PG, 100min) ★★★

1.25 AM **The Adventures of Baron Munchausen** Epic fantasy adventure starring John Neville. (1988, PG, 126min) ★★★★
3.35 **Drop Dead Fred** Comedy. (1991, 12, 99min) ★★
5.20 **to 7.25** AM **Howard the Duck** Sci-fi comedy. (1986, PG) ★★★

Sky Cinema Animation

305 305 412 500 514

6.35 AM **Mavka: The Forest Song**
8.30 **Tom and Jerry Cowboy Up!** Animation. (2021, U) ★★★
10.00 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** Animation. (2015, U, 49min) ★★★
11.00 **Despicable Me** As 4.00pm.
12.45 PM **Monster House** Animated comic horror adventure. (2006, PG, 91min) ★★★★

2.30 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
4.00 **Despicable Me** Animation. (2010, U, 94min) ★★★★
5.40 **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★★
7.20 **Barnyard** Animated comedy. (2006, PG, 90min) ★
8.55 **Deep Sea** Animated adventure. (2023, PG, 112min) ★★★
10.50 **The Inseparables** Animation. (2023, U, 90min) ★★★
12.25 AM **Mavka: The Forest Song** Animation. (2023, PG) ★★

2.10 **Straight Outta Nowhere: Scooby-Doo! Meets Courage the Cowardly Dog** Animation. (2021, PG, 78min) ★★★
3.35 **Fox and Hare Save the Forest** Animation. (2024, U) ★★★
4.50 **to 6.25** AM **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★

Movies 24

312 313 419

7.00 AM **Paging Mr Darcy** Romantic drama. (2024, PG, 84min) ★★
9.00 **Two Tickets to Paradise** Drama. (2022, PG, 84min) ★★
11.00 **To Her, With Love** Romantic drama. (2022, PG, 84min) ★★
1.00 PM **Planning on Forever** Romantic comedy drama. (2022, PG, 89min) ★★
3.00 **A Scottish Love Scheme** Drama. (2024, PG, 84min) ★★

5.00 **Love & Jane** Romantic fantasy starring Alison Sweeney. (2024, PG, 84min) ★★
7.00 **Luckless in Love** Romantic comedy drama starring Paniz Zade and Brett Donahue. (2023, PG, 86min) ★★
9.00 **The Reluctant Royal** Romantic comedy starring Andrew W Walker and Emilie de Ravin. A working class mechanic discovers his estranged father is a duke who wants him to take up the title. (2025, PG, 84min) ★★

11.00 **The Real West** Romantic comedy. (2024, PG, 84min) ★★
1.00 AM **Lease on Love** Romantic comedy. (2022, PG, 86min) ★★
3.00 **to 5.00** AM **Junebug** Fantasy drama. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Pointing Finger** Drama. (1933, b/w, U, 68min) ★★★
7.20 **The Wedding of Lilli Marlene** Musical drama sequel. (1953, b/w, PG, 89min) ★★
9.05 **Date with Disaster** Drama. (1957, b/w, U, 61min) ★★★
10.20 **Song of the Range** Musical. (1944, b/w, U, 55min) ★★★
11.30 **Beat the Devil** Comedy thriller. (1953, b/w, U, 89min) ★★★

1.15 PM **The Black Knight** Arthurian adventure. (1954, U, 85min) ★
3.00 **The Writing on the Wall**
3.45 **Cromwell** Historical drama. (1970, PG, 141min) ★★★
6.25 **The Spider and the Fly** Thriller. (1949, b/w, PG, 95min) ★★★
8.25 **Strange But True**
9.00 **Cellar Club with Caroline Munro**
9.05 **Doomwatch** 9/13. (S2)
10.05 **Cellar Club with Caroline Munro**
10.10 **The Living Dead at Manchester Morgue** Horror. (1974, 18, 95min) ★★★

12.00 M'T **Cellar Club with Caroline...**
12.05 AM **Hero of the Hour**
2.10 **Woman in the Dark** Crime drama starring Fay Wray. (1934, b/w, PG, 68min) ★★★
3.40 **Lady of Deceit** Film noir thriller. (1947, b/w, PG, 95min) ★★★
5.30 **to 6.00** AM **Time to Remember**

FRIDAY Sport 9 May

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
6.30 **LIVE Ladies European Tour Golf** Coverage of day one of the Aramco Korea Championship staged at New Korea Country Club in Seoul, South Korea.
10.30 **LIVE WTA & ATP Tennis** Day four of the Internazionali BNL d'Italia at Foro Italico in Rome. The men's top seed at last year's event, Novak Djokovic, claimed a 6-3, 6-1 win over Corentin Moutet at this corresponding stage to book his place in round three, while British star Jack Draper saw his challenge come to an end as he was defeated by the number two seed, Daniil Medvedev.
3.00 PM **LIVE IPL Lucknow Super Giants v Royal Challengers Bengaluru.** Coverage of the T20 match at BRSABV Ekana Cricket Stadium in Lucknow.
7.00 **LIVE EFL** Coverage of the second Championship play-off semi-final first-leg, with the team who finished fifth hosting the side who finished fourth. Kick-off **8.00pm**.
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **Total Football** Live press conferences and interviews.
5.00 PM **Best PL Goals 2000/01** A selection of memorable strikes.
6.00 **Premier League 100: Dion Dublin** The former Manchester United player's career.
6.30 **Premier League 100: Darren Bent** The striker looks back at his time in the top flight.
7.00 **Premier League Preview**
7.30 **The Big Interview** Featuring a star of the past or present.
8.00 **Fantasy Show** Insight and tips ahead of the weekend's fixtures.
8.30 **Gary Neville's Soccerbox**
9.00 **Premier League Preview**
9.30 **The Big Interview**
10.00 **Premier League Icons** Eric Cantona and David Beckham.
11.00 **Premier League Years** A look back at the 1998/99 season.
1.00 AM **PL Retro** Manchester United v Manchester City at Old Trafford.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** Championship play-offs.
8.30 **Best Moments from the Championship Play-Off Final**
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2011 final.
12.00 NOON **EFL** Recent action.
2.00 PM **Bundesliga Weekly**
2.30 **WSL** Man United v Man City.
3.00 **Scottish Premiership Round-Up**
3.15 **SPFL Highlights**
3.30 **EFL** A Championship play-off.
4.00 **Bundesliga Highlights Show**
5.00 **Bundesliga Weekly**
5.30 **WSL** Recent action.
6.00 **Scottish Premiership Round-Up**
6.15 **SPFL Highlights**
6.30 **EFL** A Championship play-off.
7.00 **LIVE EFL** Coverage of the second Championship play-off semi-final first-leg. Kick-off **8.00pm**.
10.30 **EFL** A Championship play-off.
11.00 **EFL Greatest Games**
12.00 M'T **EFL** Championship.
12.30 AM **EFL Cup** The 2014 final.
2.30 **EFL Trophy** Archive action.
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 24/25**
5.30 **to 6.00** AM **Best Moments from the League 1 & 2 Play-Off Final (1993-2019)**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **IPL** A chance to see Punjab Kings v Delhi Capitals at HPCA Cricket Stadium in Dharamshala.
10.10 **Ashes Greats** Player profiles.
10.30 **Best of ICC WT20**
11.00 **IPL** Recent highlights from India.
2.50 PM **LIVE IPL Lucknow Super Giants v Royal Challengers Bengaluru.** Coverage of the T20 match at BRSABV Ekana Cricket Stadium in Lucknow.
7.00 **Ashes Greats** Adam Gilchrist's performances in 2001.
7.10 Glenn McGrath in 2001.
7.20 Andrew Flintoff in 2005.
7.30 **Best of ICC WT20** Australia v Pakistan in the 2010 semi-finals.
7.45 Highlights of New Zealand v Sri Lanka from 2012.
8.00 **IPL** Punjab Kings v Delhi Capitals.
9.00 Lucknow Super Giants v Royal Challengers Bengaluru.
10.00 Kolkata Knight Riders v Chennai Super Kings.
11.00 **IPL** Recent highlights from India.
1.00 AM **IPL** A chance to see Lucknow Super Giants v Royal Challengers Bengaluru at BRSABV Ekana Cricket Stadium in Lucknow.
5.10 **Ashes Greats** Player profiles.
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour Champions Learning Centre** Expert tips.
6.30 **LIVE Ladies European Tour** Coverage of day one of the Aramco Korea Championship staged at New Korea Country Club in Seoul, South Korea.
10.30 **PGA Tour Champions Learning Centre** Golf tips and advice.
11.00 **LIVE DP World Tour** Day two of the Turkish Open at Regnum Carya Golf & Spa Resort.
4.00 PM **LIVE PGA Tour** Day two of the Truist Championship staged at Philadelphia Cricket Club in Chestnut Hill, Philadelphia.
11.00 **Legends Tour**
12.00 M'T **PGA Champs Official Film 2012** From South Carolina.
1.00 AM **DP World Tour**
2.00 **Playing Lessons** Expert tips.
3.00 **PGA Tour** Highlights.
4.00 **Nick Dougherty's Tee Time Tips**
5.00 **to 6.00** AM **PGA Tour Champions**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP**
10.00 **LIVE WTA & ATP** Day four of the Internazionali BNL d'Italia at Foro Italico in Rome.
10.00 PM **ATP** Recent finals.
12.00 M'T **WTA** Highlights.
2.00 AM **Billie Jean King: My Story**
2.15 **Martina Navratilova: Unstoppable** An interview.
2.30 **WTA & ATP Sizzle Reel 2024**
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP**

Sky Sports Mix

416 412 510 429 449

6.00 AM **Pakistan Super League**
7.00 **IPL** Punjab Kings v Delhi Capitals.
8.00 **LIVE Super Rugby Fijian Drua v Blues.** Kick-off is at **8.05am**.
10.00 **Super League Highlights**
10.30 **LIVE Super Rugby NSW Waratahs v Queensland Reds.** From Sydney. Kick-off **10.35am**.
12.30 PM **Super League Highlights**
1.00 **Pakistan Super League**
2.00 **IPL** Punjab Kings v Delhi Capitals.
3.00 **PGA Tour Champions**
4.00 **EFL Greatest Games**
5.00 **Indycar** The Children's of Alabama Indy Grand Prix.
6.00 **Formula 1** The Miami Grand Prix.
7.00 **Premier League Darts**
11.00 **IPL** Recent action from India.
1.00 AM **Indycar** From Alabama.
2.00 **Formula 1** Miami Grand Prix.
3.00 **EFL Greatest Games**
4.00 **PL Greatest Games**
5.00 **to 6.00** AM **PGA Tour Golf**

TNT Sports 1

410 413 521 408 430

6.00 AM **Women's Cycling**
7.00 **Premier League Reload**
7.15 **Sign Up – Into Football**
8.00 **Discovery Golf**
8.30 **Snooker World Championship**
9.30 **Grand Slam Track Athletics**
10.30 **Women's Cycling** Vuelta España.
11.30 **Playing for Our Future – Cycling** Documentary.
11.45 **LIVE Cycling** The sixth stage of the women's Vuelta España.
1.45 PM **LIVE Men's Giro d'Italia** The first stage of the race in Italy.
5.00 **The Fantasy Show**
5.30 **Premier League Features**
7.00 **LIVE Gallagher Premiership Rugby Union Leicester Tigers v Sale Sharks.** From Welford Road Stadium. Kick-off **7.45pm**.
10.00 **UEFA Champions League**
10.30 **UEFA Europa League & Conference League Highlights**
11.00 **MLB Highlights**
12.00 M'T **LIVE MLB Cleveland Guardians v Philadelphia Phillies.** Start-time **12.10am**.
3.15 AM **MLB: Off the Bat**
3.45 **Superbike Rewind**
4.00 **to 7.00** AM **LIVE AFL Melbourne Demons v Hawthorn Hawks.** Bounce-up **4.20am**.

TNT Sports 2

411 414 522 409 431

6.00 AM **Superbike World Championship Highlights**
7.00 **MotoGP Highlights**
8.00 **LIVE MotoGP** The Grand Prix of France MotoGP, Moto2 and Moto3 first free practice sessions.
10.45 **MotoGP Rewind**
12.00 NOON **Superbike Rewind**
12.15 PM **LIVE MotoGP** The Grand Prix of France MotoGP, Moto2 and Moto3 first practice sessions.
3.15 **MotoGP Rewind**
3.45 **LIVE MotoE** The Grand Prix of France qualifying sessions ahead of the first round of the season at Le Mans Bugatti Grand Prix Race Circuit. Start-time **4.00pm**.
4.45 **Superbike Rewind**
5.00 **British Superbikes Highlights**
6.00 **MLB Highlights**
7.00 **MotoGP** The latest news.
7.30 **The Fantasy Show**
8.00 **Premier League Preview**
8.30 **NBA on Fire** The latest news.
9.00 **UFC Countdown**
10.00 **UFC** Sandhagen v Figueiredo.
1.00 AM **NBA** A play-off match.
2.30 **LIVE NBA** Coverage of a game in the end-of-season play-offs.
5.00 **NBA Action** Highlights.
5.30 **to 6.00** AM **NBA on Fire**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night International**
8.00 **Women's State of Origin** Queensland Maroons v New South Wales Sky Blues.
9.00 **Fight Night International**
10.00 **Super League Highlights**
11.00 **LIVE NRL South Sydney Rabbitohs v Brisbane Broncos.** Coverage from the 10th round of fixtures at Accor Stadium in Sydney. Kick-off **11.00am**.
1.00 PM **Premier League Darts**
5.00 **Fight Night International** A chance to see Jose Ramirez v Jose Pedraza from March 2022.
6.00 **Super League Highlights**
6.30 **Fight Night International** The August 2022 super-lightweight fight between Jose Pedraza and Richard Commey in Tulsa.
7.30 **Premier League Darts** Another chance to see night 14 of the tournament at First Direct Arena in Leeds, with a format featuring quarter-finals, semi-finals and a final all in one night.
11.30 **Super League Highlights**
12.00 M'T **One Championship Weekly**
12.30 AM **Darts Gold** Archive action.
1.00 **Premier League Darts**
5.00 **to 6.00** AM **Darts Gold**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE WTA & ATP Tennis** Coverage of day four of the Internazionali BNL d'Italia staged at Foro Italico in Rome. The men's top seed at last year's event, Novak Djokovic, claimed a 6-3, 6-1 win over Corentin Moutet at this corresponding stage to book his place in round three.
1.00 PM **LIVE PGA Tour Golf** Day two of the Truist Championship staged at Philadelphia Cricket Club in Chestnut Hill, Philadelphia.
4.00 **LIVE LPGA Tour Golf** Coverage of day two of the Mizuho Americas Open at Liberty National Golf Club in New Jersey.
7.00 **EFL Greatest Games**
7.15 **Bundesliga Legends**
7.20 **LIVE Bundesliga VfL Wolfsburg v TSG 1899 Hoffenheim.** Coverage of the German top-flight match at Volkswagen Arena, as the teams play their penultimate game of the season. Kick-off **7.30pm**.
9.30 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Graham Hill: World Champion** A profile.
6.30 **Indycar** Action from Alabama.
7.30 **Formula 1** Miami Grand Prix.
9.30 **GB3 Championship Highlights**
10.30 **British GT Championship**
11.30 **F1 Academy Highlights**
1.30 PM **Indycar** Recent action.
2.30 **LIVE Indycar** The Sonsio Grand Prix first practice session.
4.00 **Indy NXT** Grand Prix of Alabama.
5.00 **Formula 1** Miami Grand Prix.
6.00 **LIVE Indycar** The Sonsio Grand Prix second practice session.
7.00 **Toleman Story**
7.45 **Formula 1** Season highlights.
8.00 **Indycar** The Children's of Alabama Indy Grand Prix.
9.00 **LIVE Indycar** The Sonsio Grand Prix qualifying session.
11.00 **Formula 1** Season highlights.
11.30 **LIVE Indy NXT** The Indianapolis Grand Prix. Start-time **12.00m't**.
1.00 **to 6.00** AM **The Home of F1**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Europa League**
8.00 **UEFA Conference League**
10.00 **Serie A – Full Impact**
10.30 **Premier League Reload**
10.45 **TNT Sports Reload**
11.00 **IFSC Climbing World Cup**
12.00 NOON **LIVE Men's Giro d'Italia** The first stage of the race in Italy.
5.00 PM **NBA** Action and features.
7.30 **AFL** St Kilda Saints v Carlton Blues.
9.00 **MotoGP** Grand Prix of France.
9.30 **Cycling** Women's Vuelta España.
10.30 **Men's Giro d'Italia**
11.30 **The Breakaway**
12.00 M'T **Women's Cycling**
1.00 AM **Premiership Rugby Union**
2.00 **The Breakaway**
2.30 **MotoGP** Grand Prix of France.
3.00 **LIVE V8 Supercars Championship** The Snowy River Caravans Tasmania Super 440.
4.00 **Fight Week** UFC 315 preview.
4.30 **UFC Countdown**
5.30 **to 6.00** AM **UEFA Champions League – Stories of the Finals**

TNT Sports 4

414 416 524 411 434

6.00 AM **Ultimate Pool**
7.30 **HSBC SVNS Highlights**
8.30 **TNT Sports Reload**
9.00 **AFL** Dockers v Magpies.
10.30 **LIVE AFL St Kilda Saints v Carlton Blues.** Coverage from Melbourne. Bounce-up **10.40am**.
1.30 PM **MLB Highlights**
2.30 **UEFA Europa League & Conference League Highlights**
3.00 **UEFA Champions League**
4.00 **UEFA Europa League**
6.00 **UEFA Conference League**
8.00 **TNT Sports Reload**
8.30 **Ultimate Pool** Recent action.
10.00 **Grand Slam Track Athletics**
11.00 **Snooker World Championship**
12.00 M'T **The Fantasy Show**
12.30 AM **Premier League Preview**
1.00 **AFL** St Kilda Saints v Carlton Blues.
2.30 **Men's Giro d'Italia**
3.30 **Fishing: On the Bank**
4.30 **What I Wore** John Barnes.
5.00 **to 6.00** AM **Premiership Rugby Union**

Premier Sports 1

419 551

6.00 AM **DTM Highlights**
7.00 **Scottish Football Social Club**
8.00 **Transworld Sport** Magazine.
9.00 **PSA Squash Highlights**
10.00 **World Surf League**
11.00 **UK Independent Kart Racing**
12.30 PM **Women's Football Weekly**
1.00 **Le Mans Highlights**
2.30 **LaLiga Specials**
2.45 **NHL: This is Hockey**
3.15 **LIVE Ice Hockey: IIHF World Championships Switzerland v Czechia.** Face-off **3.20pm**.
6.00 **NHL: This is Hockey**
6.30 **Top 14 Rugby Union Highlights**
7.00 **LIVE United Rugby Championship Munster v Ulster.** Kick-off **7.35pm**.
10.00 **Top 14 Rugby Union Highlights**
10.30 **Le Mans Highlights**
12.00 M'T **World Surf League**
1.00 AM **Football's Greatest**
1.30 **NHL: This is Hockey**
2.00 **to 6.00** AM **LIVE NHL Ice Hockey** A play-off match.

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
7.00 **NHL Ice Hockey** Play-offs.
9.00 **Temples of Sport**
9.30 **Champions Cup** Semi-finals.
1.30 PM **FastZone** Motorsport action.
2.00 **LaLiga News**
2.30 **Bike World** Magazine.
3.00 **Temples of Sport**
3.30 **United Rugby Championship** A replay of Ospreys v Dragons.
5.30 **LIVE United Rugby Championship Sharks v Ospreys.** Coverage of the match staged at Hollywoodbets Kings Park Stadium. Kick-off **6.00pm**.
8.00 **Temples of Sport**
8.30 **NHL: This is Hockey**
9.30 **NHL Ice Hockey** Another chance to see a play-off match.
11.30 **Temples of Sport**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Temples of Sport**
3.30 **Football's Greatest**
4.00 **to 6.00** AM **LaLiga**

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KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

BBC iPLAYER Horrible Science

Friday, 5.30pm, CBBC & BBC iPlayer

If you like *Horrible Histories*, then you will love *Horrible Science*. Inspired by the books by Nick Arnold, with the same blend of hilarious gags and catchy songs, learning about science topics from gravity, space and the planets, and the human body has never been more entertaining.

Highlights include Sir Isaac Newton demonstrating the force of gravity on a rollercoaster, and astronauts revealing the effects of space travel on the human body.

This promises to be an entertaining watch for everyone – and who knows, even the grown-ups might learn a thing or two!

Paramount+ PAW Patrol: Aqua Pups

Available from Wednesday, Paramount+

It's time to dive into some aquatic adventures with the rescue pups as they meet up with some new mer-pup pals in this collection of sea-escapades.

Chase and his friends learn the legend of a pup who went to live with the mer-pups in Puplantis – and after they discover that land pups and aqua pups can visit each other's homes, the adventures really start!

More great shows to watch this week...

Moodbusters: Live Lesson NEW

Friday, 11am, CBBC & BBC iPlayer

With the help of Pudsey Bear, Rhys Stephenson and Evie Pickerell show us some moves that can recharge our minds and bodies.

Ready, Steady, Wiggle! NEW

From Monday, Sky Kids

As they prepare for their first UK tour in more than five years, the Aussie entertainers invite us to Wiggle House for some musical fun.

Tim Rex in Space NEW

Weekdays, 7.55am, Milkshake! on 5

The adventures of a Tyrannosaurus Rex called Tim as he solves kid-shaped problems – in space!

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of an American actor (7,8). Answers at the bottom of the page – no cheating!

ACROSS

1 C4 reality show hosted by Fred Sirieix, *First* ----- (5)
4 Peggy --------, Oscar-winner for 1985 movie *A Passage to India* (8)
6 US crime-drama series, *Law & Order: Special Victims* ---- (4)
7 On-demand factual series presented by YouTuber Benjamin Cook (4)
8 *Pam &* -----, biographical-drama miniseries (5)
9 Short-lived 1990s soap on BBC1 (8)
12 Chart-topping song by Sir Paul McCartney's band Wings in 1977 (4,2,7)
15 Knighted Scottish actor and comedian (5,8)
18 Former children's TV programme presented by Brian Cant (4,4)
19 See picture clue: *Gossip Girl* star ----- Lively (5)
22 Detective series starring Brenda Blethyn (4)
23 ---- McClure, character in *The Simpsons* (4)
24 US comedy-drama series with Issa Rae (8)
25 Michelin-starred celebrity chef, ----- Pierre White (5)

DOWN

1 Played Marcus Brody in two *Indiana Jones* films, -------- Elliott (7)
2 See picture clue: Star of 2012 comedy movie *Magic Mike*, Channing ----- (5)
3 2005 sci-fi film *Star Wars: Episode III – Revenge of the* ---- (4)
4 Acting brothers Ben and Casey's surname (7)
5 Queen singer who died in 1991, ------- Mercury (7)
10 ITV medical drama that ran from 2003 to 2011, *The* ----- (5)
11 *The Sopranos* boss (4)
13 English comic and actor, ----- Adefope (5)
14 Newfoundland dog in the *Peter Pan* story (4)
15 ------- *Dollar Babies*, 1973 Alice Cooper album (7)
16 Hit 1976 album by Jean-Michel Jarre (7)
17 Japanese second wife of John Lennon (4,3)
20 Post-apocalyptic movie with Cillian Murphy from 2002, *28 Days* ----- (5)
21 *Clarkson's* ----, Prime Video factual series with Jeremy Clarkson (4)

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, BBC, PARAMOUNT+, MILKSHAKE! ON 5.

CROSSWORD SOLUTION

ANSWER: Gillian Anderson **ACROSS:** 1 Dates 4 Ashcroft 6 Unit 7 Tofu 8 Tommy 9 Eldorado 12 Mull of Kintyre 15 Billy Connolly 18 Play Away 19 Blake 22 Vera 23 Troy 24 Insecure 25 Marco
DOWN: 1 Denholm 2 Tatum 3 Sith 4 Affleck 5 Freddie 10 Royal 11 Tony 13 Lolly 14 Nana 15 Billion 16 Oxygène 17 Yoko Ono 20 Later 21 Farm

Coming soon

Rochelle Neil and Tom Hughes as Kadene and Logan

Hugh Bonneville plays Brian Boyce

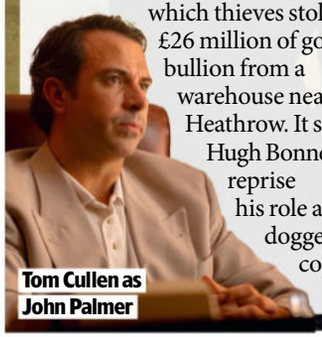
FIRST LOOK

The Gold 2

Hugh Bonneville is back for a sequel to the drama about the Brink's-Mat robbery

More intrigue awaits as BBC1's crime drama *The Gold* returns for a second series later this year.

The six-parter is inspired once more by the real-life fallout from the 1983 Brink's-Mat robbery, in which thieves stole £26 million of gold bullion from a warehouse near Heathrow. It sees Hugh Bonneville reprise his role as dogged cop Brian Boyce, who continues to lead the hunt for the robbers and the missing loot along with colleagues Tony Brightwell (Emun Elliott) and Nicki Jennings (Charlotte Spencer).



Tom Cullen as John Palmer

A MANHUNT ENSUES

The last run ended with some of those involved in the crime being brought to justice, but the police realised that half the gold remained missing. The cops are now engaged in a fresh manhunt, in which they sift through the murky world of organised crime and money laundering.

Tom Cullen is also back as John Palmer, who melted down some of the gold, while Stefanie Martini returns as his wife Marnie. Meanwhile, new faces include Stephen Campbell Moore, Joshua McGuire, Tom Hughes and Rochelle Neil.

'The second and final part of *The Gold* sees the story of the robbery, and everything that stemmed from it, become even more expansive, surprising and international,' says writer Neil Forsyth. 'It has been a real thrill for me to see the scripts brought to life so brilliantly.'

WHAT'S NEXT FOR...

Jamie Oliver

In C4's **Jamie: Eat Yourself Healthy**, the chef will work with experts as he offers up a range of recipes and tips to help people address their health issues and improve their lifestyles by changing their diets.

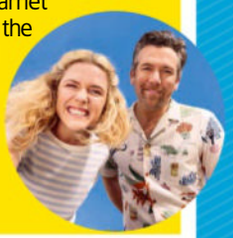
Jimmy Carr

The comic will helm Comedy Central's series **Am I the A**hole?**, as members of the public and a panel of comedians reveal controversial stories about their lives and Carr must decide if they are at fault.

Coming Back

Filming is under way on a second run of BBC3 comedy **Things You Should Have Done**, as Chi (Lucia Keskin, right) continues to try to fulfil her late parents' list of life plans for her, while Bridget Christie joins the cast as her counsellor.

Australian romantic comedy **Colin from Accounts**, following Gordon and Ashley (Patrick Brammall and Harriet Dyer), who share the care of a disabled dog, will return for a third run, but will the pair marry? The previous series aired on BBC2.



Next week *On sale Tuesday 6 May*

Murderbot

In Apple TV+'s sci-fi series, Alexander Skarsgård is a robot who must hide that it has free will.

Welcome to Wrexham

Disney+'s docuseries sees Wrexham AFC face fresh tests.

BAFTA Television Awards

Alan Cumming hosts the glittering BBC1 ceremony.

Long Bright River

Amanda Seyfried stars as a cop who finds a personal link to a series of murders in C4's thriller.

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- Held face to face, she excitedly calls
- Against your shoulder, she fusses then calms

14 inches (35.5 cm) in length. This doll is not a toy, but a fine collectable. Not intended for children under 14.

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